

# Adult Dosing Chart

## Dosage for adults from your healthcare professional

**PROFESSIONAL DISCRETIONARY DOSAGE:** If pain or fever persists at the total labeled daily dose, healthcare professionals may exercise their discretion and recommend up to 4000mg/day.<sup>†</sup>

**IMPORTANT INSTRUCTIONS FOR PROPER USE:** Read and follow the label on all TYLENOL® products. Do NOT use with any other product containing acetaminophen.

Use products **ONLY** as directed.

### TYLENOL® Regular Strength Tablets



AGE	12+ yrs**
DOSE	2 tablets Every 4 to 6 hours MAX: 10 tablets/day (3250mg/day)



### TYLENOL® Family, Children & Adults Oral Suspension



AGE	12+ yrs**
DOSE	20ml Every 4 hours MAX: 5 doses/day



DO NOT use any other dosing device.

### TYLENOL® Extra Strength Caplets



AGE	12+ yrs
DOSE	2 caplets Every 6 hours MAX: 6 caplets/day (3000mg/day)



### TYLENOL® Extra Strength Easy to Swallow Caplets



AGE	12+ yrs
DOSE	2 caplets Every 6 hours MAX: 6 caplets/day (3000mg/day)



### TYLENOL® Extra Strength Coated Tablets



AGE	12+ yrs
DOSE	2 tablets Every 6 hours MAX: 6 tablets/day (3000mg/day)



\*\*Additional dosing directions for children can be found on the label

**ACTIVE INGREDIENTS:** Acetaminophen

Today's date: \_\_\_\_\_

This dosing recommendation from your healthcare professional will expire in 14 DAYS.

<sup>†</sup>The efficacy and safety of TYLENOL® at 4000 mg/day are well established.

\*Product eligibility may vary by plan. Check with your benefits administrator to determine which expenses are eligible before you shop.

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## TYLENOL® Extra Strength Dissolve Packs



AGE	12+ yrs
DOSE	2 powders Every 6 hours MAX: 6 powders/day (3000mg/day)



## TYLENOL® Extra Strength Rapid Release Gels



AGE	12+ yrs
DOSE	2 gelcaps Every 6 hours MAX: 6 gelcaps/day (3000mg/day)



## TYLENOL® 8 HR Arthritis Pain Tablets



AGE	18+ yrs
DOSE	2 bi-layer tablets Every 6 hours MAX: 6 bi-layer tablets/day (3900mg/day)



## TYLENOL® 8 HR Muscle Aches & Pain Tablets



AGE	12+ yrs
DOSE	2 bi-layer tablets Every 6 hours MAX: 6 bi-layer tablets/day (3900mg/day)



## TYLENOL® PM Extra Strength



AGE	12+ yrs
DOSE	2 caplets At bedtime MAX: 2 caplets/day



**ACTIVE INGREDIENTS:** Adult TYLENOL®: Acetaminophen  
TYLENOL® PM: Acetaminophen + Diphenhydramine Citrate

Today's date: \_\_\_\_\_

This dosing recommendation from your healthcare professional will expire in 14 DAYS.