Dietary Information Booklet

Please ask to speak with a manager if you need any further guidance

At Pizza Hut Restaurants, we offer a range of food and dining options to cater for your lifestyle choices - we call this 'Taste Freedom'. However, with freedom comes responsibility and your health and wellbeing is our number one priority.

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy. Finally please note due to the seriousness of allergies and food intolerances our restaurant teams will not be able to help select dishes.

If you, or anyone with you today, has a food allergy, please check this booklet for information on the 14 allergens and the full list of ingredients.

Allergy data in the table has been derived from specifications obtained from the suppliers of the products. We have taken all reasonable steps to ensure that this table is accurate at the time of publishing (March 2024).

The Nut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

Contents

Allergen Information Pages 2 - 6
Ingredient Information Pages 7 - 15
Nutritional Information Pages 16 - 21



FOOD ALLERGIES

FOOD ALLERGIES
If you, or anyone with you today has a food allergy please ask a member of the team for our Allergen Guide, or scan the QR code for the full Dietary Information Booklet. We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy.



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				es that the a												
The 'o' means that this allergen is present in				ory/supply ch	nain, ther	efore ou	r supplier	s believe				rgen cou	ld cross	-contan	ninate the	food.
	Sui	table for	?	_		1		۲	Do	es it contair Φ	1?		1	1		
Dish Name	Vegetarians	Vegans	Coeliacs	Cereals containing gluten above 20 ppm		Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphur Dioxide above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
		ı	Г	T	Si	des				1		I		ı	Γ	1
Fries	Yes	No	No	•			0									
Onion Rings	Yes	No	No	•			0									
Garlic Bread	Yes	No	No	•	0		0									
Garlic Bread with Cheese	Yes	No	No	•	0		•									
Mozzarella Sticks	Yes	No	No	•	0		•						0			
Cheesy Triangles	Yes	No	No	•			•									
Halloumi Fries	Yes	No	No	•			•									
Hot Honey Halloumi Fries	Yes	No	No	•			•									
Vegan Southern Fried Nuggets	Yes	Yes	No	•			0									
Mini Corn on the Cob	Yes	Yes	Yes		•		0									
Cheesy Bite Bites / Loaded Cheesy Bite Bites / Loaded Spicy Cheesy Bite Bites	Yes	No	No	•	•		•									
(New Recipe) Loaded Bacon Cheesy Bite Bites	No	No	No	•	•		•									
Chicken Wings	No	No	Yes				0									
Chicken Bites	No	No	No	•	•		0									
Hot Honey Chicken Bites	No	No	No	•	•		0									
Hot Honey BBQ Chicken Wings	No	No	Yes				0									
				D	ips & B	its Stat	ion									
BBQ Sauce	Yes	Yes	Yes													
Tomato Ketchup	Yes	Yes	Yes													
Italian Hard Cheese	Yes	No	Yes			0	•									
Chilli Flakes	Yes	Yes	Yes													
				Т	akeawa	y Dip P	ots									
Heinz Garlic Sauce Dip Pot	Yes	No	Yes		•	•						•	•			
Heinz BBQ Sauce Dip Pot	Yes	Yes	Yes													
Heinz Sour Cream & Chive Dip Pot	Yes	No	No	•		•	•									
Heinz Sweet Chilli	Yes	Yes	Yes													
					Salad	Station	1									
				Dr	essed \$	Salad Li	ines									
Potato Salad	Yes	No	Yes			•							•			
Coleslaw	Yes	No	Yes			•							•			
Sweetcorn	Yes	Yes	Yes													
Diced Beetroot	Yes	Yes	Yes													
Jalapeños	Yes	Yes	Yes													
				F	resh Sa	alad Lin	es									
Carrots, Cherry Tomatoes, Cucumbers, Lettuce Mix, Peppers, Red Onions	Yes	Yes	Yes													
					Dried	ltems										
Bacon Bits	Yes	Yes	No	•	•											
Croutons	Yes	Yes	No	•												
Tortilla Chips	Yes	Yes	Yes													
Crispy Onions	Yes	Yes	No	•												
Sultanas	Yes	Yes	Yes													
				I	Dressin	gs & Di	ps									
Thousand Island Dressing	Yes	Yes	Yes													
Blue Cheese Dressing	Yes	Yes	Yes													
Garlic Mayonnaise	Yes	Yes	Yes										•			
Light Mayonnaise	Yes	Yes	Yes													
Ranch Dressing	Yes	Yes	Yes							•			•			
Low Fat French Dressing	Yes	Yes	Yes										•			
Salsa	Yes	Yes	Yes									•				
						1			1	1						

PRINTED IN MARCH 2024 PAGE 2 PZH4561~14256

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		The '	' indicate	es that the a	allergen is	s contain	ed and p	resent i	n this ite	em.						PERTENSION OF
The 'o' means that this allergen is present in	n the manut										this alle	rgen cou	ld cross	-contan	ninate the	food.
	Sui	table for	?						Do	es it contair	1?					
Dish Name	Vegetarians	Vegans	Coeliacs	Cereals containing gluten above 20 ppm	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphur Dioxide above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
		<u> </u>		<u>'</u>		Builder				•						
					Pizza	Bases										
Original Pan	Yes	Yes	No	•	•		0									
All American Thin	Yes	Yes	No	•	•		0									
NEW Handcrafted "Replaces All American Thin in the following locations: Enfield, Finchley Lido, Harlow, Ipswich, Kings Lynn, Norwich and Norwich Longwater.	Yes	No	No	•	•		•									
Stuffed Crust	Yes	No	No	•	•		•									
Cheesy Bites	Yes	No	No	•	•		•									
Gluten Free Flatbread	Yes Yes	Yes	Yes No				0									
Big New Yorker	Yes	No	No	•	•		0									
2.9.10.1.10.10.1		110	110			se Sauc										
Unseasoned Tomato																
(used on Gluten Free, Flatbread, Kids Pizzas)	Yes	Yes	Yes				0									
Seasoned Tomato (used on All American Thin, Handcrafted, Original Pan, Stuffed Crust, Cheesy Bites, Big New Yorker)	Yes	Yes	Yes				0									
BBQ	Yes	Yes	Yes		•		0									
					Ch	eese										
Mozzarella	Yes	No	Yes				•									
Goats' Cheese	Yes	No	Yes				•									
Triple Cheese Blend Mozzarella Pearls	Yes Yes	No No	Yes				•									
(Served as part of the Handcrafted base above)	Van	Vaa	Vaa													
Vegan Ch**se	Yes	Yes	Yes		Di 7		0									
Chicken Breast	No	No	Yes		Pizza	Fopping:	0							Τ		Τ
Ham	No	No	Yes				0									
Pepperoni	No	No	Yes				0						•			
Beef	No	No	Yes		•		0									
(New Recipe) Bacon	No	No	Yes				0									
Cup 'n' Crisp Pepperoni	No	No	Yes		•		0						•			
Spicy Pork	No	No	Yes		•		0									
Black Olives	Yes	Yes	Yes				0									
Peppers	Yes	Yes	Yes				0									
Mushrooms	Yes	Yes	Yes				0									
Red Onions	Yes	Yes	Yes				0									
Caramelised Onions	Yes	Yes	Yes		-	-	0			•						
Sweetcorn	Yes	Yes	Yes	-			0									
Cherry Tomatoes	Yes Yes	Yes Yes	Yes Yes				0									
Pineapple Rocket	Yes	Yes	Yes				0									
Spinach	Yes	Yes	Yes		-	_	0									
Jalapeños	Yes	Yes	Yes				0									
Green Chilli	Yes	Yes	Yes				0									
(New Recipe) Beyond Pepperoni®**#	Yes	Yes	Yes				0						•			
Go Extra Spicy (Frank's RedHot® Drizzle, Green Chilli & Chilli Flakes)	Yes	Yes	Yes	0	0		0	0				0	0			
Go Extra Cheesy (Add Triple Cheese - a blend of Mozzarella, Monterey Jack and Red Leicester)	Yes	No	Yes				•									
Go Extra Spicy and Extra Cheesy	Yes	No	Yes	0	0		•	0				0	0			
**PLEASE NOTE: Peas are in the legume family	, and people	e with alle							careful v	when introdu	icing pea	protein	due to th	e possibi	lity of a pe	a allergy
			"A	n olive is us		ntify Beyo		eroni®.								
Garlic Spread	Yes	No	Yes		ızza ur	EEIG IIII	sn O							I		
Garno Opreau	Yes	Yes	Yes				0									
Dried Parslev	. 50		Yes		•		0									
Dried Parsley BBQ Drizzle	Yes	Yes							-				-			1
	Yes Yes	Yes	Yes				0			•						
BBQ Drizzle				0	0		0	0		•		0	•			L
BBQ Drizzle Balsamic Drizzle	Yes	Yes	Yes	0				0		1		0	0			

PRINTED IN MARCH 2024 PAGE 3 PZH4561~14256

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		table for	·? 	Φ			_	<u>ب</u>	Doe	es it contain ©	n? 			I		
Dish Name	Vegetarians	Vegans	Coeliacs	Cereals containing gluten above 20 ppm	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphur Dioxide above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
				Tomato sa	uce ba			d otherv		the menu				_		
Allergen Information for Pizza			T	nclude Piz	za Bas	es. Plea	T .	Pizza Ba	se sec	tion and f	actor in	the ba		have c	hosen.	1
Pepperoni Feast	No	No	Yes				•						•			
Loaded Pepperoni Feast Hot Honey Pepperoni Feast	No No	No No	Yes Yes		•		•						•			
Hawaiian	No	No	Yes		•								•			
Chicken Supreme	No	No	Yes													
Meat Feast	No	No	Yes		•		•						•			
Supreme	No	No	Yes		•		•						•			
(New Recipe) BBQ Americano	No	No	Yes		•		•									
Veggie	Yes	No	Yes				•									
Margherita	Yes	No	Yes				•									
The G.O.A.T.	Yes	No	Yes				•			•						
Hot 'N' Spicy Veg	Yes	No	Yes				•									
Hot 'N' Spicy Chicken	No	No	Yes				•									
Meat Feast Hot	No	No	Yes		•		•						•			
Farmhouse	No	No	Yes				•									
Beyond Pepperoni [®] Feast**#	Yes	No	Yes				•						•			
Vegan Margherita	Yes	Yes	Yes				0									
Vegan Veggie	Yes	Yes	Yes				0									
Vegan Hot 'N' Spicy Veg	Yes	Yes	Yes				0									
Vegan Beyond Pepperoni® Feast**#	Yes	Yes	Yes				0						•			
	Flatbrea	d Comb	ination	s (Tomato	sauce l	oase un	less sta	ted othe	rwise o	on the me	nu)	<u> </u>			<u> </u>	
Virtuous Veg Flatbread	Yes	No	No	•	•		•			•						
Vegan Virtuous Veg Flatbread	Yes	Yes	No	•	•		0			•						
Chicken Delight Flatbread	No	No	No	•	•		•			•			•			
The Little G.O.A.T. Flatbread	Yes	No	No	•	•		•			•						
BBQ Chicken 'N' Ham Flatbread	No	No	No	•	•		•									
	ı	Т	_	ed with Ma	rinara s	sauce u	nless st	ated oth	erwise	·)			ı	1	I	1
Meat Feast Melt	No	No	No	•	•		•						•			
Pepperoni Melt BBQ Chicken Melt	No	No	No	•	•		•						•			
(served with BBQ sauce)	No	No	No	•	•		•									
Toasted Three Cheese Melt	Yes	No	No	•	•		•									
Beyond Pepperoni® Melt**	Yes	No	No	•	•		•						•			
Fries (served with Melts for dine in)	Yes	No	No	•			0									
Marinara Sauce	Yes	No	No				0									
**PLEASE NOTE: Peas are in the legume family	, and people	e with alle		other legume in olive is use					careful w	vhen introdu	icing pea	protein	due to th	e possib	ility of a pe	a allergy
					Buffe	t Pizza										
Margherita	Yes	No	No	•	•		•							T		
Pepperoni	No	No	No	•	•		•						•			
(New Recipe) BBQ Americano	No	No	No	•	•		•									
Veggie	Yes	No	No	•	•		•									
Veggie Hot	Yes	No	No	•	•		•									
Hawaiian	No	No	No	•	•		•									
Classic Chicken	No	No	No	•	•		•									
Spicy Chicken	No	No	No	•	•		•									
Three Cheese & Caramelised Onion	Yes	No	No	•	•		•			•						
BBQ Beef & Onion	No	No	No	•	•		•									
The G.O.A.T.	Yes	No	No	•	•		•			•						
Chicken Feast	No	No	No	•	•		•									L
Fo	or Guest Bu	iffet pizz	as, pleas	e see the bu			isplay in t	the restau	rant for a	allergen info	ormation					
			No	•	Buffe	t Sides								T		
Garlio Broadsticks	Voc	Voo													1	1
Garlic Breadsticks Cheesy Garlic Breadsticks	Yes Yes	Yes	No	•			0									
Garlic Breadsticks Cheesy Garlic Breadsticks Tomato Pasta	Yes Yes Yes			_	•							•				

PRINTED IN MARCH 2024 PAGE 4 PZH4561~14256

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	Sui	itable for	?			1	1	_	Do	es it contair	?		1			
Dish Name	Vegetarians	Vegans	Coeliacs	Cereals containing gluten above 20 ppm	Soya	ББ Ш	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphur Dioxide above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
Lasagne	No	No	No	•	F	asia		Ι	T	T		T				
Classic Mac 'N' Cheese	Yes	No	No			•							•			-
Classic Mac N Cheese	res	INO	INO		ni & Ma	ega Mor							•			
			-	Pizza (with				auce)								
Original Pan	Yes	Yes	No	•	•		0		1							
Thin	Yes	Yes	No		•		0									
Gluten Free base	Yes	Yes	Yes				0									
Mozzarella	Yes	No	Yes				•									
Vegan Ch**se	Yes	Yes	Yes				0									
Chicken Breast	No	No	Yes				0									
Ham	No	No	Yes				0									
Pepperoni	No	No	Yes				0						•			
Beef	No	No	Yes		•		0									
(New Recipe) Bacon	No	No	Yes				0									
Spicy Pork	No	No	Yes		•		0									
Black Olives	Yes	Yes	Yes				0			-						
Peppers	Yes	Yes	Yes				0									-
Mushrooms	Yes	Yes	Yes				0									-
Red Onions	Yes	Yes	Yes				0			_						
Caramelised Onions Sweetcorn	Yes Yes	Yes	Yes Yes				0			•						-
Cherry Tomatoes	Yes	Yes	Yes				0									
Pineapple	Yes	Yes	Yes				0									
Rocket	Yes	Yes	Yes				0									
Spinach	Yes	Yes	Yes				0									
Jalapeños	Yes	Yes	Yes				0									
Green Chilli	Yes	Yes	Yes				0									
(New Recipe) Beyond Pepperoni®**#	Yes	Yes	Yes				0						•			
*PLEASE NOTE: Peas are in the legume family	, and people	e with alle		other legume in olive is use	ed to ide				careful	when introdu	cing pea	a protein o	due to the	e possibi	lity of a pe	a allergy
Spaghetti Bolognese	No	No	No	•			0									
Mozzarella (served with Spaghetti Bolognese)	Yes	No	Yes				•									
Mac 'N' Cheese	Yes	No	No	•			•						•			
Chicken 'N' Fries	No	No	No	•	•		0								0	
/egan Southern Fried Nuggets 'N' Fries	Yes	No	No	•	_		0									
	'	-			S	ides				'						
Fries	Yes	No	No	•			0									
Onion Rings	Yes	No	No	•			0									
Mini Corn on the Cob	Yes	Yes	Yes		•		0									
Garlic Bread	Yes	No	No	•	0		0									
					Dı	rinks										
Milk	Yes	No	Yes				•									
Apple Juice / Orange Juice	Yes	Yes	Yes		L	<u> </u>										
Fruit Shoots - All Flavours	Yes	Yes	Yes							.fruitshoot.	com/gb					
Tango Orange / Tango Apple / 7UP Zero / Pepsi Max / Diet Pepsi	Yes	No	Yes	Refer dire						.co.uk, 7UF	o - www	/.7up.co.	uk, Tan	go - ww	w.tango.	co.uk
Robinsons Squash - All flavours	Yes	Yes	Yes	Refer dire	ectly to t	he sunn	lier - Rol	oinsons	- www -	robinsonss	guash.c	o.uk		-		
						serts		220								
Chocolate Brownie (Served with Vanilla Ice Cream and Chocolate Sauce)	Yes	No	Yes		•	•	•			0						0
chilly Billy Apple & Blackcurrant Ice Lolly	Yes	Yes	Yes													0
				lo	ce Crea	ım Fact	ory									
Ice Cream Mix	Yes	No	Yes				•									
Raspberry Sauce	Yes	Yes	Yes				0									
Chocolate Sauce	Yes	No	Yes		•		•									

PRINTED IN MARCH 2024 PAGE 5 PZH4561~14256

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		The '	' indicate	es that the a	llergen is	s contair	ed and p	resent i	n this ite	m.						
The 'o' means that this allergen is present in	n the manuf	acturing	site/facto	ry/supply ch	nain, the	refore ou	r supplier	s believe	there is	a risk that	this alle	rgen cou	ıld cross	-contan	ninate the	food.
	Sui	table for	?						Do	es it contair	1?					
Dish Name	Vegetarians	Vegans	Coeliacs	Cereals containing gluten above 20 ppm	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphur Dioxide above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
Strawberry Crunch	Yes	No	Yes				0									
Milk Chocolate Beans	Yes	No	Yes		•		•									
Milk Chocolate Chips	Yes	No	Yes		•		•									
Gold Stars Mixed Coloured Stars	Yes	No	Yes		0		0									
Mixed Coloured Stars Mixed Chocolate Chips	Yes Yes	Yes No	Yes Yes				0									
mixed endediate empe				h - All Size	_	ed with		Ice Crea	am and	Sauce)					l	
Chocolate Chip Cookie Dough	Yes	No	No	•	•	0	•									0
White Chocolate & Caramel Cookie Dough	Yes	No	No	•	•	0										0
White Chocolate & Caramel & Cinnamon	165	INU	INU	•	•	0	•									0
Cookie Dough	Yes	No	No	•	•	0	•									0
Loaded Cookie Dough made with ROLO®	Yes	No	No	•	•	0	•									0
					Des	serts										
I Can't Believe It's Not Cheesecake	Yes	Yes	No	•	•	0	0			0				_		0
Chocolate Brownie (Served with Vanilla Ice Cream and Chocolate Sauce)	Yes	No	Yes		•	•	•			0						0
Chilly Billy Apple & Blackcurrant Ice Lolly	Yes	Yes	Yes													0
					Dessert	Additio	ns									
Vanilla Ice Cream	Yes	No	Yes				•									
Take Away Vanilla Ice Cream	Yes	No	Yes				•									
Chocolate Sauce	Yes	No	Yes		•		•									
Salted Caramel Sauce	Yes	No	Yes				•									
					Dr	inks										
						Drinks										
Tango Orange / Tango Apple /				ain drinks												
7UP Zero / Pepsi Max / Diet Pepsi Flavour Shots – Cherry/Vanilla/Lime/	Yes	No	Yes	Refer dire	ectly to t	he supp	lier - Pep	osi - www	w.pepsi	.co.uk, 7UF	o - www	v.7up.co	.uk, Tan	go - ww	w.tango.	co.uk
Strawberry	Yes	No	Yes		L					L	<u> </u>					
Robinsons Squash - All Flavours	Yes	Yes	Yes							obinsonss	quash.c	co.uk				
Belu Still / Sparkling Water Bottle of Pepsi	Yes Yes	Yes Yes	Yes Yes	Refer dire												
Irn Bru	Yes	Yes	Yes							barr.co.uk						
Apple Juice / Orange Juice	Yes	Yes	Yes	110.01 0.10	Jony to t	о одрр	70	, Duii		Joannoolan						
J2O - All Flavours	Yes	Yes	Yes	Refer dire	ectly to t	he supp	lier - J20) - www.j	j20.co.ι	ık						
Gingerella	Yes	Yes	Yes							.karmacola						
Soda Folk - Cream Soda Bottle of 7UP Zero / Pepsi Max	Yes	Yes	Yes							odafolk.co						
Tango Orange / Pepsi	Yes	Yes	Yes	Refer dire	ectly to t	he supp	lier - Pep	osi - ww	w.pepsi	.co.uk, 7UF	o - wwv	v.7up.co	.uk, Tan	go - ww	w.tango.	co.uk
Bottle of Diet Pepsi	Yes	No	Yes	Refer dire	ectly to t	he supp	lier - Pep	osi - www	w.pepsi	.co.uk						
Diagi: To	V	Vc -	V		Hot	Drinks										
Black Tea Tea with Milk	Yes Yes	Yes No	Yes Yes				•									
Hot Chocolate	Yes	No	Yes				•									
Black Americano	Yes	Yes	Yes													
Americano with Milk	Yes	No	Yes				•									
Caffe Latte	Yes	No	Yes				•							-		
Cappuccino Espresso Shot	Yes Yes	No Yes	Yes Yes				•									
.,					Alcoho	lic Drinl	(S									
Pinot Grigio / Merlot / White Zinfandel	No	No	Yes						_	ww.matthe		_				
Prosecco	No	No	Yes							ww.matthe			, .			
Budweiser	Yes	Yes	No							oudweiser.		compar	ny/produ	icts/bud	weiser	
San Miguel	Yes	Yes	No	7 11 0												
BrewDog Punk IPA	Yes	Yes	No			ne supp	ier - Bre									
Konnarhora Stroubount 9 Lines	Yes	Yes	Yes	L Potor dire						konnarher	a co uk	/rags/				
Kopparberg Strawberry & Lime						he supp										
Kopparberg Strawberry & Lime Kopparberg Mixed Fruit Tropical Bulmers	Yes Yes	Yes	Yes	Refer dire	ectly to t	he supp	lier - Kop	parberg	g - www	.kopparber	g.co.uk	/faqs/				

PRINTED IN MARCH 2024 PAGE 6 PZH4561~14256

FOOD ALLERGIES

	Sides Fries
	Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast
Fries	extract, Spice extracts (paprika, black pepper), Dextrose.
	Onion Rings
Onion Rings	Diced Onions (53%), Wheat flour, Vegetable oils (rapeseed, sunflower, in varying proportions), Gelling agent (E401), Salt, Yeast, Sugar, Flavouring (Paprika extract; Turmeric extract)
	Garlic Bread
Garlic Bread	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Fat Spread (17%) [Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3%) (Puree and Chopped), Yeast, Salt, Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains Wheat). May contain Soya and Milk.
	Garlic Bread with Cheese
Garlic Bread	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Fat Spread (17%) [Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3%) (Puree and Chopped), Yeast, Salt, Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains Wheat). May contain Soya and Milk.
Mozzarella Cheese (optional)	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
	Mozzarella Sticks
Mozzarella Sticks	Breading (52%) (Wheat Flour, Water, Sunflower Oil, Maize Starch, Salt, Yeast, Potato Flake, Dehydrated Onion, Pea Protein, Dehydrated Parsley, Raising Agents (E450, E500), Stabiliser (E461), Black Pepper, Garlic Powder, Flavourings, Dextrose, Colour (E101)), Mozzarella Cheese (48%)(Milk) (contains Anti-Caking Agent(Potato Starch)).
	Cheesy Triangles
Cheesy Triangles	Processed cheese (Milk) (57%) [FDM (45%), Rennet from microbiological Origin] [Cheese (Milk) (65%), Water, Butter (Milk), Milk protein, Maize starch, Emulsifying salts (E452, E331), Salt, Thickener (E407)], Flour (Wheat, Maize), Water, Rapeseed oil, Modified maize starch, Salt, Milk protein (Milk), Yeast, Parsley, Raising agents (E450, E500), Garlic powder, Onion powder.
	Halloumi Fries
Halloumi Fries	Halloumi Cheese (MILK) (67%) ((Cows MILK, Sheeps MILK, Goats MILK, Mint), Stabiliser (E461)), Vegetable Oils (Rapeseed, Sunflower)- in varying proportions, Water, Batter (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Modified Starch, Maize Flour, Raising Agents (E450, E500), Dextrose, Red Bell Pepper, Quinoa, WHEAT Gluten, Parsley), Rusk (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Salt)
	Hot Honey Halloumi Fries
Halloumi Fries	Halloumi Cheese (MILK) (67%) ((Cows MILK, Sheeps MILK, Goats MILK, Mint), Stabiliser (E461)), Vegetable Oils (Rapeseed, Sunflower)- in varying proportions, Water, Batter (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Modified Starch, Maize Flour, Raising Agents (E450, E500), Dextrose, Red Bell Pepper, Quinoa, WHEAT Gluten, Parsley), Rusk (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Salt)
Spicy Honey Drizzle	Honey (99.98%), Chilli Extract (0.02%)
Chilli Flakes	Crushed Chillies
	Vegan Southern Fried Nuggets
Vegan Southern Fried Nuggets	Mycoprotein (53%), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil, Breadcrumb (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine, Yeast, Salt), Wheat Starch, Potato Protein, Wheat Gluten, Salt, Firming Agents: Calcium Chloride, Calcium Acetate; Water, Natural Flavouring, Pea Fibre, Spices (Paprika, Fennel, Black Pepper), Yeast Extract, Stabilisers: Carrageenan, Sodium Alginate; Black Pepper, Rice Flour, Dextrose, Acid: Citric Acid; Garlic Extract, Onion Oil.
	Chicken Wings
Chicken Wings	Chicken, Sugar, Salt, Potato Starch, Dextrose, Maize Flour, Onion Powder, Fructose, Yeast Extract, Garlic Powder, Smoke Flavouring, Cornflour, Cayenne Pepper, Black Pepper, Honey Powder, Paprika Extract, Rapeseed Oil, Flavouring, Cocoa Powder, Black Pepper Extract, Pimento Extract, Sage Extract, Sunflower Oil.
	Chicken Bites
Chicken Bites	Chicken, Wheat Flour, Rapeseed Oil, Water, Rice Starch, Salt, Dextrose, Stabilisers: E451, E450, E452; Wheat Gluten, Onion Powder, Black Pepper, Garlic Powder, Raising Agents: E341(i), E450(i); Yeast Extract, Modified Maize Starch, Sunflower Oil, Cayenne Pepper, Flavouring, Black Pepper Extract.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
	Hot Honey Chicken Wings
Chicken Wings	Chicken, Sugar, Salt, Potato Starch, Dextrose, Maize Flour, Onion Powder, Fructose, Yeast Extract, Garlic Powder, Smoke Flavouring, Cornflour, Cayenne Pepper, Black Pepper, Honey Powder, Paprika Extract, Rapeseed Oil, Flavouring, Cocoa Powder, Black Pepper Extract, Pimento Extract, Sage Extract, Sunflower Oil.
Spicy Honey Drizzle	Honey (99.98%), Chilli Extract (0.02%)
Chilli Flakes	Crushed Chillies
Chicken Bites	Hot Honey Chicken Bites Chicken, Wheat Flour, Rapeseed Oil, Water, Rice Starch, Salt, Dextrose, Stabilisers: E451, E450, E452; Wheat Gluten, Onion Powder, Black Pepper, Garlic Powder, Raising Agents: E341(i), E450(i); Yeast Extract, Modified Maize Starch, Sunflower Oil, Cayenne Pepper, Flavouring, Black Pepper Extract.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Spicy Honey Drizzle	Honey (99.98%), Chilli Extract (0.02%)
Chilli Flakes	Crushed Chillies Mini Corn on the cob
Corn on the cob	Sweetcorn.
Vegetable oil spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
vegetable on spray	Independent on, Emiliannet, 3038 Economic (E222), Monto, and Dispreciation of the Control Enter 1).

FOOD ALLERGIES

Stuffed Crust Dough	Whoat Flour (Mhoat) Water Veget (Pakers Veget Debudgating America 401) Call Vegetable Oil Comm. America 4.11 - 200
Vegetable Oil Spray	Wheat Flour (Wheat), Water, Yeast: (Bakers Yeast, Rehydrating Agent;e491), Salt, Vegetable Oil, Sugar, Ascorbic Acid e300 Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i> Loaded Cheesy Bite Bites
Stuffed Crust Dough	Wheat Flour (Wheat), Water, Yeast: (Bakers Yeast, Rehydrating Agent;e491), Salt, Vegetable Oil, Sugar, Ascorbic Acid e300
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i> Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk,
Triple Cheese Blend	Salt, Starter Cultures)
	Loaded Spicy Cheesy Bite Bites
Stuffed Crust Dough Vegetable Oil Spray	Wheat Flour (Wheat), Water, Yeast: (Bakers Yeast, Rehydrating Agent;e491), Salt, Vegetable Oil, Sugar, Ascorbic Acid e300 Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starto
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Triple Cheese Blend	Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures)
Jalapeños	Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
Frank's RedHot®	Fermented Red Cayenne Peppers (35%), Spirit Vinegar, Water, Salt, Garlic Powder.
Stuffed Crust Dough	Loaded Bacon Cheesy Bite Bites (New Recipe) Wheat Flour (Wheat), Water, Yeast: (Bakers Yeast, Rehydrating Agent;e491), Salt, Vegetable Oil, Sugar, Ascorbic Acid e300
Vegetable Oil Spray	Rapesed oil, Emulsifier: Soya Lecthin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Triple Cheese Blend	Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk,
Bacon	Salt, Starter Cultures) Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water
	Dips & Bits Station
BBQ Sauce	Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Onion Powder, Preservative (Potassium Sorbate), Chilli Powder.
Tomato Ketchup	Water, Concentrated Tomato Purée, Sugar, Spirit Vinegar, Maize Starch, Salt, Seasoning [Maltodextrin, Salt, Spice Extract, Colour (Paprika Extract)], Spice Blend [Salt, Tomato Powder, Flavouring].
Italian Hard Cheese Chilli Flakes	97% Cow's Milk, 2.5% salt, 0.5% microbial rennet. <i>May contain Egg.</i> Crushed Chillies
C.IIII. I MACS	Takeaway Dip Pots
einz Garlic & Herb Sauce Dip Pot	Refined Soya Oil, Water, Spirit Vinegar, Sugar, Garlic, Lemon Juice (from concentrate), Modified Starch, Egg Yolk, Salt, Garlic Juice, Shallots, Mustard Seeds, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Chives, Celery Juice, Onion, Garlic Extract, Spices, Flavouring, Antioxidant (Calcium Disodium EDTA).
Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot	Tomato Purée, Spirit Vinegar, Sugar, Molasses, Water, Modified Starch, Salt, Spices, Garlic, Thickener: Xanthan Gum; Smoke Flavouring, Flavouring. Rapeseed Oil, Water, Spirit Vinegar, Sour Cream (Milk), Sugar, Egg Yolk, Modified Starch, Salt, Lemon Juice (from concentrate), Flavourings (contain Milk, Barley), Thickener (Xanthan Gum), Chive, Preservative (Potassium Sorbate), Antioxidant (Calcium Disodium EDTA).
Heinz Sweet Chilli Dip Pot	Sugar, water, spirit vinegar, modified cornflour, garlic, chillies, red peppers, tomato paste, salt, spice
	Salad Station
	Dressed Salad Lines Potato (64%), Water, Rapeseed oil, Spirit vinegar, Sugar, White wine vinegar, Onion, Pasteurised liquid whole Egg, Salt, Chive, Stabilisers (Guar gum, Xanthan gum),
Potato Salad	1POLATO (04%), Water, Rabeseed Oil, Spirit Viriedal, Sudar, Write Wire Viriedal, Oritor, Pasteurised Ildulu Wirole Edd , Salt, Crive, Stabilisers (dual duff), Adritian duff),
Coleslaw	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum),
Coleslaw Sweetcorn	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg , Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water
Sweetcorn Diced Beetroot	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg , Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid
Sweetcorn	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapessed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
Sweetcorn Diced Beetroot	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg , Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapessed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers Red Onions
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Smoky Flavour Sprinkles (Bacon Bits)	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers Red Onions Carrots Dried Items Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Hydrolysed Vegetable Protein (Soya), Smoked Salt), Salt, Yeast.
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Smoky Flavour Sprinkles (Bacon Bits) Croutons	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapessed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers Red Onions Carrots Dried Items Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonate Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Hydrolysed Vegetable Protein (Soya), Smoked Salt), Salt, Yeast. Wheat Flour, Vegetable Oil, Salt, Yeast
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Smoky Flavour Sprinkles (Bacon Bits) Croutons Tortilla Chips	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers Red Onions Carrots Dried Items Fortified Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonate Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Vegetable Oil, Salt, Yeast Maize Flour (Corn); Sunflower Oil; Salt
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Smoky Flavour Sprinkles (Bacon Bits) Croutons	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapessed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers Red Onions Carrots Dried Items Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonate Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Hydrolysed Vegetable Protein (Soya), Smoked Salt), Salt, Yeast. Wheat Flour, Vegetable Oil, Salt, Yeast
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Smoky Flavour Sprinkles (Bacon Bits) Croutons Tortilla Chips Crispy Onions	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers Red Onions Carrots Dried Items Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonat Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Hydrolysed Vegetable Protein (Soya), Smoked Salt), Salt, Yeast. Wheat Flour, Vegetable Oil, Salt, Yeast Maize Flour (Corn); Sunflower Oil; Salt Onion, Palm Oil, Wheat Flour, Salt Sultanas Dressings & Dips
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Smoky Flavour Sprinkles (Bacon Bits) Croutons Tortilla Chips Crispy Onions	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers Red Onions Carrots Dried Items Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonate Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Vegetable Oil, Salt, Yeast Maize Flour (Corn); Sunflower Oil; Salt Onion, Palm Oil, Wheat Flour, Salt Sultanas Dressings & Dips Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Tomato Paste, White Wine Vinegar, Modified Starch, Salt, Gherkins, Dried Onion, Lemon Juice Concentrate, Preservative (Potassium Sorbate), Stabilisers (Xanthan Gum, Guar Gum), Acidity Regulator (Lactic Acid), Dried Red Pepper, Dried Garlic, Dried Parsley, Colour (Paprika Extract)
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Smoky Flavour Sprinkles (Bacon Bits) Croutons Tortilla Chips Crispy Onions Sultanas	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers Red Onions Carrots Dried Items Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonate Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Hydrolysed Vegetable Oil, Salt, Yeast Wheat Flour, Vegetable Oil, Salt, Yeast Wheat Flour, Vegetable Oil, Salt, Yeast Maize Flour (Corn); Sunflower Oil; Salt Onion, Palm Oil, Wheat Flour, Salt Sultanas Dressings & Dips Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Tomato Paste, White Wine Vinegar, Modified Starch, Salt, Gherkins, Dried Onion, Lemon Juice Concentrate, Preservative (Potassium Sorbate), Stabilisers (Xanthan Gum, Guar Gum), Acidity Regulator (Lactic Acid), Dried Red Pepper, Dried Garlic, Dried Parsley, Colour (Paprika Extrac), Natural Flavouring, Preservative (Potassium Sorbate), Dried Onion, Dried Garlic, Papeseed Oil, Water, Glucose-Fructose Syrup, White Wine Vinegar, Modified Starch, Salt, Natural Flavouring, Preservative (Potassium Sorbate), Dried Onion, Dried Garlic,
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Smoky Flavour Sprinkles (Bacon Bits) Croutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers Red Onions Carrots Dried Items Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonat Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Hydrolysed Vegetable Protein (Soya), Smoked Salt), Salt, Yeast. Wheat Flour, Vegetable Oil, Salt, Yeast Maize Flour (Corn); Sunflower Oil; Salt Onion, Palm Oil, Wheat Flour, Salt Sultanas Dressings & Dips Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Tomato Paste, White Wine Vinegar, Modified Starch, Salt, Gherkins, Dried Onion, Lemon Juice Concentrate, Preservative (Potassium Sorbate), Stabilisers (Xanthan Gum, Guar Gum), Acidity Regulator (Lactic Acid), Dried Red Pepper, Dried Garlic, Dried Parsley, Colour (Paprika Extract Natural Flavouring.
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Smoky Flavour Sprinkles (Bacon Bits) Croutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing Blue Cheese Dressing	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers Red Onions Carrots Dried Items Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonate), Malt Flour, Hydrolysed Vegetable Protein (Soya), Smoked Salt), Salt, Yeast. Wheat Flour, Hydrolysed Vegetable Protein (Soya), Smoked Salt), Salt, Yeast. Wheat Flour, Vegetable Oil, Salt, Yeast Malize Flour (Corn); Sunflower Oil; Salt Onion, Palm Oil, Wheat Flour, Salt Sultanas Dressings & Dips Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Tomato Paste, White Wine Vinegar, Modified Starch, Salt, Gerkins, Dried Onion, Lemon Juice Concentrate, Preservative (Potassium Sorbate), Stabilisers (Xanthan Gum, Guar Gum), Acidity Regulator (Lactic Acid), Dried Red Pepper, Dried Garlic, Dried Parsley, Colour (Paprika Extract Natural Flavouring. Rapeseed Oil, Water, Spirit Vinegar, Glucose-Fructose Syrup, Spirit Vinegar, Modified Starch, Salt, Natural Flavouring, Preservative (Potassium Sorbate), Dried Onion, Dried Garlic, Rapeseed Oil, Water, Spirit Vinegar, Glucose-Fructose Syrup, Spirit Vinegar, Modified Starch, Salt, Natural Flavouring, Preservative (Potassium Sorbate), Dried Onion, Dried Garlic, Muster, Rapeseed Oil, Water, Spirit Vinegar, Glucose-Fructose Syrup, Spirit Vinegar, Modified Starch, Salt, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Acidity Regulator (Lactic A
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Smoky Flavour Sprinkles (Bacon Bits) Croutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing Blue Cheese Dressing Garlic Mayonnaise	Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapessed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beettroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers Red Onions Carrots Dried Items Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonate Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Hydrolysed Vegetable Portein (Soya), Smoked Salt), Salt, Yeast. Wheat Flour, Vegetable Oil, Salt, Yeast Maize Flour (Corn); Sunflower Oil; Salt Onion, Palm Oil, Wheat Flour, Salt Sultanas Dressings & Dips Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Tomato Paste, White Wine Vinegar, Modified Starch, Salt, Gherkins, Dried Onion, Lemon Juice Concentrate, Preservative (Potassium Sorbate), Stabilisers (Xanthan Gum), Acidity Regulator (Lactic Acid), Dried Red Pepper, Dried Garlic, Dried Parsley, Colour (Paprika Extrac Natural Flavouring, Preservative (Potassium Sorbate), Dried Onion, Dried Garlic, Stabiliser (Xanthan Gum), Acidity Regulator (Lactic Acid), Dried Parsley. Rapeseed Oil, Water, Spirit Vinegar, Glucose-Fructose Syrup, Salt, Garlic Powder, Modified Starch, Stabilisers (Xanthan Gum), Preservative (Potassium Sorbate), Dried Onion, Dried Garlic, Stabiliser (Xanthan Gum), Acidity Regulator (Lactic Acid), Dried Parsley.
Sweetcorn Diced Beetroot Jalapeños Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Smoky Flavour Sprinkles (Bacon Bits) Croutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing Blue Cheese Dressing Garlic Mayonnaise Light Mayonnaise	Comflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate). Mustard flour, Concentrated lemon juice. Sweetcorn, Water Beetroot, Acetic Acid Jalapeno Pepper, Water, Vineqar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). Fresh Salad Lines Iceberg and Cos Lettuce Cherry Tomatoes Cucumbers Green Peppers, Red Peppers, Yellow Peppers Red Onions Carrots Dried Items Fortified Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonate Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Hydrolysed Vegetable Protein (Soya), Smoked Salt), Salt, Yeast Maize Flour (Corn); Sunflower Oil; Salt Onion, Palm Oil, Wheat Flour, Salt Sultanas Dressings & Dips Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Tomato Paste, White Wine Vinegar, Modified Starch, Salt, Gherkins, Dried Onion, Lemon Juice Concentrate, Preservative (Potassium Sorbate), Stabilisers (Xanthan Gum, Guar Gum), Acidity Regulator (Lactic Acid), Dried Rep Pepper, Dried Garlic, Dried Parsley, Colour (Paprika Extract), Stabiliser (Xanthan Gum), Acidity Regulator (Lactic Acid), Dried Parsley, Mater, Rapeseed Oil, Water, Spirit Vinegar, Modified Starch, Salt, Natural Flavouring, Preservative (Potassium Sorbate), Dried Onion, Dried Garlic, Stabiliser (Xanthan Gum), Acidity Regulator (Lactic Acid), Dried Parsley. Rapeseed Oil, Water, Glucose-Fructose Syrup, Spirit Vinegar, Modified Starch, Salt, Natural Flavouring, Preservative (Potassium Sorbate), Dried Onion, Circked Black Pepper, Preservative (Sodium Metabisulphite)), Modified Starch, Salt, Lemon Juice

FOOD ALLERGIES

	Pizza Builder Pizza Bases
	Original Pan
Orginal Pan	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E190), Vegetable Rapeseed Oil, Salt, Premix: (Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)}, Sugar, Flour Treatment Agent (ascorbic acid E300).
Soya Oil Vegetable Oil Spray	100% Refined Soya Oil Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
	SOYA OIL USED ON OUR PAN DOUGH PIZZA BASE DOES NOT CONTAIN ANY SOYA. THE SOYA OIL IS 100% REFINED, THEREFORE IS NOT ALLERGENIC.
	All American Thin
All American Thin Vegetable Oil Spray	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E491), Salt, Vegetable Oil, Sugar, Ascorbic Acid e300 Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Polenta	Maize, May contain Gluten.
	NEW Handcrafted
NEW Handcrafted *Replaces All American Thin in the following locations: Enfield, Finchley Lido, Harlow, Ipswich, Kings Lynn, Norwich and Norwich Longwater.	Wheat flour, water, rapeseed oil, yeast, rice flour, salt, inactive wheat sourdough in powder (water, wheat flour, lactic acid bacterial cultures, yeast), flour treatment agents: 300; glucose oxidase, xylanase, alpha-amylase.
Rice Cones	100% Rice. May contain gluten.
Vegetable Oil Garlic Sprinkle	Rapeseed Oil, Emulsifiers (Soy Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)). Maltodextrin, Cheese Powder (from Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
Mozzarella Pearls	Cow's Milk, Salt, Liquid Microbial Rennet, Citric Acid (E330
	Stuffed Crust
Stuffed Crust Dough Base Vegetable Oil Spray	Wheat Flour (Wheat), Water, Yeast: (Bakers Yeast, Rehydrating Agent;e491), Salt, Vegetable Oil, Sugar, Ascorbic Acid e300 Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate),
String Cheese for Crust	Natural Flavouring, Natural Colour (Beta Carotene), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i> Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
g	Cheesy Bites
Stuffed Crust Dough	Wheat Flour (Wheat), Water, Yeast: (Bakers Yeast, Rehydrating Agent;e491), Salt, Vegetable Oil, Sugar, Ascorbic Acid e300
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate),
Garlic Spread	Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
	Gluten Free Gluten Free Blend (Tapioca Starch, Rice Flour, Maize Starch, Psyllium Husk Powder, Sugar, Buckwheat Flour, Thickeners (Xanthan Gum, Hydroxypropyl Methyl Cellulose),
Gluten Free Dough	Salt), Water, Rapeseed Oil, Yeast, Pea Protein.
	Flatbread
Pan Dough	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E190), Vegetable Rapeseed Oil, Salt, Premix: (Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)}, Sugar, Flour Treatment Agent (ascorbic acid E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
	Big New Yorker
San Francisco Dough Base	Wheat Flour, water, rapeseed oil, yeast, rice flour, salt, inactive wheat sourdough in powder (water, wheat flour, lactic acid bacterial cultures, yeast), flour treatment agents: 300; glucose oxidase, xylanase, alpha-amylase.
Polenta	100% Maize. May contain gluten.
Vegetable Oil	Rapeseed Oil, Emulsifiers (Soy Lestinin (E322), Mono and Diglycerides Fatty Acid Esters (E471)).
Garlic Sprinkle	Maltodextrin, Cheese Powder (from Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). Pizza Base Sauces
Inseasoned Tomato Sauce (used on Gluten Free Bases, Flatbreads, Kids Pizza Bases)	Tomato Concentrate (Tomato Paste, Citric Acid).
Seasoned Tomato Sauce (used on All American Thin, Handcrafted, Original Pan, Stuffed rust, Cheesy Bites, Big New Yorker)	Tomato Concentrate (Tomato Paste, Citric Acid), Sugar (White), Sugar, Herbs (Oregano, Basil, Marjoram, Thyme), Maltodextrin, Salt, Yeast Extract, Rapeseed Oil, Thickener (Guar Gum), Anti-Caking Agent (Silicon Dioxide).
BBQ Sauce (For all Bases except Gluten Free)	Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium).
BBQ Sauce (For Gluten Free Base only)	Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Onio Powder, Preservative (Potassium Sorbate), Chilli Powder.
Mozzarella Cheese	Cheese Mozzarella with added starch (Mozzarella Cheese (Milk, Salt, Cultures), Potato Starch)
Goats' Cheese	Goat Milk, Salt, Lactic Culture, Coagulant, Ripening Culture
Triple Cheese Blend	Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures)
Mozzarella Pearls (Served as part of the Handcrafted base above)	Milk, Salt, Acidity Regulator: Citric Acid
Vegan Ch**se	Water, Coconut Oil, Modified Starch, Starch, Sea Salt, Flavourings, Preservative: Sorbic Acid, Colour: B-Carotene, Vitamin B12.
	Meat
Chicken Breast	Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i)
Ham	Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250).
Pepperoni	Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250).
	Meat (Beef, Pork), Beef Fat, Soy Protein, Salt, Mustard Powder, Dextrose, Sunflower Oil, Spice Extracts, Colour (Paprika Extract), Onion Powder, Garlic Powder, Cayenne Chil Powder, Black Pepper, Lactic Acid Starter Culture, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). Made with 100g of beef & pork per 100g of finished
Cup 'N' Crisp Pepperoni	product.
Cup 'N' Crisp Pepperoni Beef (with added Soya protein)	Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar
	Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be sugar, Flavouring).

FOOD ALLERGIES

Vegetables & Fruit Water, Olives, Salt, Stabiliser (Ferrous Gluconate)
Green peppers, Red Peppers, Yellow Peppers
Mushrooms
Red Onion
Red Onions, Balsamic vinegar Of Modena (Aceto balsamico di Modena I.G.P.:Wine vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224(Potassium Metabisulphite)), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains Sulphites.
Sweetcorn, Water, Salt
Cherry Tomatoes
Pineapple, Pineapple Juice, Citric Acid.
Rocket Leaves Spinach
Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
Green Chilli
Water, Refined Coconut Oil, Rapeseed Oil, Pea Protein*, Rice Starch, Cocoa Butter, Flavouring, Stabiliser (Methylcellulose), Salt, Pea Starch, Spices (Paprika, Mustard), Rice Protein, Mung Bean Starch, Yeast Extract, Garlic Powder, Vegetable Concentrates (Carrot, Red Pepper), Colours (Beetroot Red, Lycopene from Red Tomatoes), Maltodextrin, Flavour Enhancer (Glutamic Acid), Onion Powder.
Go Extra Spicy Fermented Red Cayenne Peppers (35%), Spirit Vinegar, Water, Salt, Garlic Powder.
Fernienteu Reu Cayerine Peppers (53 %), Spinit Vinegar, Water, Sair, Gaint Powder. Green Chilli
Crushed Chillies
Go Extra Cheesy
Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk,
Salt, Starter Cultures) Pizza Drizzle Finish
Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palan Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate),
Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium).
Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Onion Powder, Preservative (Potassium Sorbate), Chilli Powder.
Balsamic Vinegar Of Modena (Aceto Balsamico di Modena I.G.P.:Wine Vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224), Glucose Syrup, Sugar, Modified Com Starch, Xanthan Gum Stabilizer. Contains Sulphites.
Rapeseed Oil, Water, White Wine Vinegar, Sugar, Dijon Mustard (Water, Mustard Seeds (29%), Spirit Vinegar, Salt, Acidity Regulator (Citric Acid), Preservative (Sodium Metabisulphite)), Modified Starch, Salt, Lemon Juice Concentrate, Dried Onion, Dried Garlic, Preservative (Potassium Sorbate), Cracked Black Pepper, Dried Parsley, Stabiliser (Xanthan Gum), Natural Flavouring.
Fermented Red Cayenne Peppers (35%), Spirit Vinegar, Water, Salt, Garlic Powder.
Honey (99.98%), Chilli Extract (0.02%)
Parsley
Melts
Meat Feast Melt Wheat flour, water, fully refined soybean oil, salt, yeast.
Miles Trout, water, Tuly relined Solved Toll, Sale, Yeass. Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250).
Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250).
Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free')
Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract
Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk
Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). Tomatoes, Salt, Sunflower Oil, Sugar, Herbs & Spices (Oregano, Dried Basil, Black Pepper, Garlic), Acidity
regulator E330 (Citric Acid) Pepperoni Melt
Wheat flour, water, fully refined soybean oil, salt, yeast.
Rapesed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250).
Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). Tomatoes, Salt, Sunflower Oil, Sugar, Herbs & Spices (Oregano, Dried Basil, Black Pepper, Garlic), Acidity
regulator E330 (Citric Acid)
BBQ Chicken Melt Wheat flour, water, fully refined soybean oil, salt, yeast.
Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium). *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free')
Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i)
Red Onion Peducad Est Spread Margaring (Vagatable Oile (Panassed Oil Palm Oil) Water Salt Emulcifier (Manassand Di Chyorides of Eath, Acide) Prospective (Potassium Sorbata)
Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin

FOOD ALLERGIES

Trojec Cheese More Personal Control of Security (Miss. Security (Miss. Security Cheese More Personal Control of Security (Miss. Security Cheese) More Personal	TI: 0.0: - :	Toasted Three Cheese Melt
Topic Checke Belled Shring Checke Miczardia Prostourized Mik. Salt Stater Cultures, Postalo Stater, Not Licenser Prostaurized Mik. Salt Stater Cultures, Amartia (19 50), Montrory Jack Prostaurized Salt Stater Cultures, Amartia (19 50), Montrory Jack Prostaurized Salt Stater Cultures, Amartia (19 50), Montrory Jack Prostaurized Salt Stater Cultures, Amartia (19 50), Montrol Stater Cultures, Amartia (19 5	Thin & Crispy Dough	Wheat flour, water, fully refined soybean oil, salt, yeast. Page code oil Empleifor Save Legithin (5223) Mano, and Dialycorides Eath, Acid Ectors (5471)
Setting Cheese Mozzard Dissources (Alley Setting Dissources (Alley Setting Collaboration Collaborat		
Series Genetic Garlis Sprindle Reduced Facility Protection of Tatly Acids, Priservative Protession Solve Garlis Sprindle Reduced Facility Protection of Tatly Acids, Priservative Protession Solve Garlis Sprindle Marinar Dig	Triple Cheese Blend	
Sarits Sprinde Marinera Dip	String Cheese	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
Marieura Dip Tionatose. Salt, Stanlower Oil, Supar, Herbs. & Spiese. (Oregano. Delet Baul, Back Pepper, Carlici, Acidity replace* 2530 (Clink Acid) Tionatose. Science 1530 (Clink Acid) Tionatose. Science 1530 (Clink Acid) Wheel House, under, fully reflected science oil, subject to Spiese. Wespetable Oils Prov. Mozzarella Chesel Beyond Pepperonia Mozzarella Chesel Mozzar	Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
register E30 (CREA Actio) Beyond Pepperonil Met. Westerlike GL Spray Mazzeriaci Cheese Burster Government (Cheese Power Seath Miss (Seath Care Design Action (CREA) More and Delivering Estats Acid Esters (E47). Mazzeriaci Cheese Burster Green (Cheese) Water, Referred Consum CUR, Represent (Miss Late Lance Cheese) Water, Referred Consum CUR, Represent Miss (Seath Lance Cheese) Water, Referred Consum CUR, Represent Miss (Seath Lance Cheese) Water, Referred Consum CUR, Represent Miss (Seath Lance Cheese) Water, Referred Consum CUR, Represent Miss (Seath Lance Cheese) Water, Referred Consum CUR, Represent Miss (Seath Lance Cheese) Water, Referred Consum CUR, Represent Miss (Seath Lance Cheese) Water, Referred Consum CUR, Represent Miss (Seath Lance Cheese) Gentle Spread Gentle Spread Gentle Spread Gentle Spread Consum Curry (Cheese) Fires Prostocos Sunflowers (Cheese) Fires Prostocos Sunflowers (Cheese) Gentle Spread Gentle Spread Wheet Blour, Water, Yeast, (Balers Yeast, Referred miss Miss) Wheet Blour, Water, Yeast, (Balers Yeast, Referred miss Miss) Wheet Blour, Water, Yeast, (Balers Yeast, Referred miss Miss) Wheet Blour, Water, Yeast, (Balers Yeast, Referred miss Miss) Wheet Blour, Water, Yeast, (Balers Yeast, Referred miss Miss) Wheet Blour, Water, Yeast, (Balers Yeast, Referred miss Miss) Wheet Blour, Water, Yeast, (Balers Yeast, Referred miss) Wheet Blour, Water, Yeast, (Balers Yeast, Referred miss) Wheet Blour, Water, Yeast, (Balers Yeast, Referred miss) Wheet Blour, Water, Yeast, (Balers Yeast, Referred miss) Wheet Blour, Water, Yeast, (Balers Yeast, Referred miss) Wheet Blour, Water, Yeast, (Balers Yeast, Referred miss) Wheet Blour, Water, Yeast, (Balers Yea	Garlic Sprinkle	
Think Crispy Dough Westelbis (1987) West	Marinara Dip	regulator E330 (Citric Acid)
Vegetable Oil Spray Mozzarella Cheese Mozzarella	This & Colores Based	, 11
Mozzarella Cheese (Paptersian de Mozzarella Cheese (Paptersian de Mitter, Edward Corona Data). State (Septemb Cheese (Paptersia, Mustaerd), Receits (Mung Bean Starch Yeast Estract, Garler Provider Vegetables Concentrates (Larnot Red Pappers). Colours (Beatron Red, Lycopene from Red Tomatocal), Malbode Pappers). Provider Vegetables (Concentrates (Larnot Red Pappers). Colours (Beatron Red, Lycopene from Red Tomatocal), Malbode Colours (Beatron Red), Cheene Provider). Malbode Colours (Beatron Red), Cheene Provider). Red Colours (Beatron Red), Cheene Provider). Red Colours (Beatro Concentrate). Red Colours). Red Colours (Beatro Colours). Red Colours). Red Colours). Red Colours (Beatro Colours). Red Colours (Red Colours). Red Colours).		
Water, Refined Coronat Oil, Sapacsed Oil, Pica Protein, Rice Starch, Corosa Burner, Revouring, Stabilistic Methylocidusios, Salt, Para Starch, Sprices (Paprias, Murtarut), R. More Property, Many Beach Starch, Verant Estat, Calif. Optional Proteins (Paprias, Murtarut), R. Grant Poperty, Many Starch, Verant Color, Coronatory, Verant Color, Color, Coronatory, Verant Color, Co		
Service Spread Service First Spread Margarine (Vegetable Oils (Rapeaced OI), Palm OII), Water Salt, Emulatifier (Mono- and Di-Glycendes of Fatty Acids), Preservative (Potassium Sorbi Matural Rabousing, Natural Closur (Beat accounter), Colif Parelley (Sp. Rabely (1938), Acidify Regulator CIST) (CIST), Acids (Parelley Colif Rabousing) First Spread Margarine (Vegetable Oil Spread Margarine) (Sugary Horbs Spreece) (Sugary Horbs Spreec		Water, Refined Coconut Oil, Rapeseed Oil, Pea Protein*, Rice Starch, Cocoa Butter, Flavouring, Stabiliser (Methylcellulose), Salt, Pea Starch, Spices (Paprika, Mustard), Rice Protein, Mung Bean Starch, Yeast Extract, Garlic Powder, Vegetable Concentrates (Carrot, Red Pepper), Colours (Beetroot Red, Lycopene from Red Tomatoes), Maltodextrin,
Sariic Sprinke Mariana Dip Gariic Sprinke Mariana Dip Arriana Dip Arriana Dip Arriana Dip Arriana Dip Arriana Dip Prationes, Sarii Sprinke Mariana Dip Prationes, Sarii Sprinke Arriana Dip Prationes, Sarii Sprinke Soya Oil Salii Sprinke Sarii S	Mixed Peppers	
Marinara Dip		Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk
Pries (served with Melts for cline in) Pries (served with Melts for cline in) Potatoses, sunflower oil, Wheat (Gutten) Hour, Salt, Modified starch, Spices (black, pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E4500), E500(0), Served Starch, Spice or stracts, Spice extracts, Spice extracts, Spice stracts, Spice s	Garlic Sprinkle	
Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spice schack, pepper, Chilip pepper), Garlic powder, Onion powder, Raising agents (£4500), £500(0). **Ratination of Carlic Breadstricks** Brandough Wheat flour, Water, Yesst: (Bakers Yeast, Rehydrating Agent£491), Rapsceed Oil, Salt, Premix: (Salt, Calcium Sulphate, Emulsifiers, £481, £472e, £471, Flour Treatment £500, Enzyme (Jalpha Amylase, Xylanses, Glucose Ondose, Proteose, Cellulaepid, Sugar, Flour Treatment Agent (ascorbic acid £300). Soya Oil 100% Refined Soya Oil	Marinara Dip	regulator E330 (Citric Acid)
etrract, Spice extracts (paprika, black peppen). Destrose. Buffet Sides Garlic Breadsticks Wheat flour, Water, Yeast, (Bakers Yeast, Rehydrating Agentt E491), Rapeseed Oil, Salt, Premix. [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment E300, Enzyme (Alpha Amylass, Cylanase, Glucose Oxidase, Proteose, Cellulase), Sugar, Flour Treatment Agent (ascorbic acid E300). Garlic Spread Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mon- and Di-Gycerides of Fatty Acids), Preservative (Potassium Sorbs Martar Flavouring, Natural Calous (Cellulase)), Sugar, Plansiery (15%), Acids (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mon- and Di-Gycerides of Fatty Acids), Preservative (Potassium Sorbs Martar Flavouring, Natural Calous (Cellulase)), Protein Paristy Paristy Paristy Pandough Wheat flour, Water, Yeast, (Bakers Yeast, Rehydrating Agent, E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers, E481, E472e, E471, Flour Treatment Soya Oil Garlic Spread Reduced Fat Spread Margarine (Vegetable Oils Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mon- and Di-Gycerides of Fatty Acids), Preservative (Potassium Sorbs Martar Flavouring, Natural Calous (Reduce Caroteney), Garlic Puried (12%), Pastery (15%), Acidity (Mon- and Di-Gycerides of Fatty Acids), Preservative (Potassium Sorbs Martar Flavouring, Natural Calous (Reduce Caroteney), Garlic Puried (12%), Pastery (15%), Acidity (Mon- and Di-Gycerides of Fatty Acids), Preservative (Potassium Sorbs Martar Flavouring, Natural Calous (Reduce Caroteney), Garlic Puried (12%), Pastery (15%), Acidity Regulator Citric Acid. May Carotin Milk Province (15%), Pastery (15%), Acidity (15%), Acid		
Pan dough Pan do	Fries	extract, Spice extracts (paprika, black pepper), Dextrose.
Wheat flour, Water, Yeast: (Bakers Yeast, Rehydrating Agents: Agi), Agneseed Oil, Salt, Permix: (Salt, Calcium Sulphate, Emulsifiers: Edal; Ed72e, Ed71, Flour Treatment Soya Oil Garlic Spread Garli		
Soy Oil 100% Refined Soy Oil 1		
Reduced fat Spread Marganine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, SLIS, Motify (Reputation), Natural Flavouring, Natural Colour (Beta Cantenen), Ganfic Purier (128), Parsley (15%), Parsley (15%), Regulstor Citric Acid. may contain milk Wegetable Oil Spray Pandough Wheat flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent.E491), Rapeseed Oil, Emulsifiers (Power of Natural Flavouring), Natural Flavouring, Natural Colour (Beta Cantenen), Ganfic Purier (1286), Parsley (15%), Acidity Regulstor Citric Acid. may contain milk Wegetable Oil Spray Gerine Soya Oil Garlic Spread Garlic Spread Headuced fat Spread Marganine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Gycerides of Fatty Acids), Preservative (Potassium Sorbs, Natural Flavouring, Natural Colour (Beta Cantenen), Ganfic Purier (1286), Parsley (15%), Acidity Regulstor Citric Acid. may contain milk Vegetable Oil Spray Triple Cheese Blend Dried Parsley Parsley Tomato Pasta Tomato Pasta Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomatoe (31%), Tomatoe Passta (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, Ce Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomatoe (31%), Tomatoe Passta (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, Ce Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (22%), Whole Passetyred Milk, Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk) (3%), Single Vegetable Oil Spray Vegetable Oil Spray Rapeseed oil, Emulsifier: Soya Lecithin (5222), Mono- and Diplycerides Fatty Acid Esters (471). Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (22%), Whole Passetyred Milk, Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk), Regator Cheese (Milk), Cheese (Milk), Cheese (Milk), Regator Cheese (Milk), Mature Cheddar Cheese (Milk), Single Passed oil, Emulsifier: Soya Lecithin (5222), Mono- and Diplycerides Fatty Acid Esters (6471). Pasta Cassic Mac 'N' Cheese Cooked Macaroni Pasta (37%	Pan dough	
Vegetable Oil Spray Parley Parley Parley Parley Parley Parley Parley Parley Repseed oil, Emulsifier, Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Pand dough Wheat flour, Water, Yeast. (Bakers Yeast, Rehydrating Agent.E491), Rapeseed Oil, Splt, Permix: (Salt, Calcium Sulphate, Emulsifiers, E481, E472e, E471, Flour Treatment Jone Carlos (Parley Carlos) Reduced Fat Spread Marganine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Cycerides of Fatty Acids), Preservative (Potassium Sorbs Natural Falvouring, Natural Colour (Beta Carotene), Galfic Purley (12%), Parley (1.5%), Acidity Regulator Citric Acid. may contain milk Vegetable Oil Spray Reduced Fat Spread Marganine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Cycerides of Fatty Acids), Preservative (Potassium Sorbs Natural Falvouring, Natural Colour (Beta Carotene), Galfic Purley (12%), Parley (1.5%), Acidity Regulator Citric Acid. may contain milk Vegetable Oil Spray Triple Cheese Blend Dried Parley Tomato Pasta Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomato Pasta Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomato Pasta Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomato Pasta Vegetable Oil Spray Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomato Pasta Four Cheese and Broccoil Pasta Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (23%), Mono- and Diojycerides Fatty Acid Esters (E471). Four Cheese and Broccoil Pasta Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (23%), Mono- and Diojycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum Wheat Semolina), Water, Maltive Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pectorino Cheese (Shee)), Mono- and Diojycerides Fatty Acid Esters (E471). Pasta Four Cheese and Broccoil Pasta Sunflower Oil, Natural Flavouring, Mascarpone Cheese (Milk), Rick (Pink), Single Cream (Milk), Mature Cheddar Cheese (Milk)	Soya Oil	
Vegetable Oil Spray Dried Parsley Parsley Cheesy Breadsticks Pand outp Parsley Cheesy Breadsticks Pand outp Wheat flour, Water, Yeast. (Bakers Yeast, Rehydrating Agentic#9), Rapeseed Oil, Early, Water, State State, State State, Calcium Sulphate, Emulsifiers, E481, E472e, E471, Flour Treatment Syay Oil Garlic Spread Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Sati, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbe Austral Favouring, Natural Colour (Beta Carotenes), Carlic Purise (12%), Pansley (1 5%), Acidily Regulator Citric Acid, may contain milk Vegetable Oil Spray Repeseed oil, Emulsifier- Syay Lecthin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Triple Cheese Blend Dried Parsley Parsley Tomato Pasta Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomatoe (31%), Tomato Passata (12%), Onion, Tomato Purse, Sunflower Oil, Oilve Oil, Water, Carrots, Ce White Sugar, Garlic, Salt, Modified Maze Starch, Oregano, Black Pepper, Thyme. Vegetable Oil Spray Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomatoe (31%), Tomato Passata (12%), Onion, Tomato Purse, Sunflower Oil, Oilve Oil, Water, Carrots, Ce White Sugar, Carlic, Salt, Modified Maze Starch, Oregano, Black Pepper, Thyme. Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (23%), Monioe Pastate Milk, Broccoil (3%), Single Cream (Milk), Mature Chedidar Cheese (Milk) (3%), Single Cream (Milk), Mature Chedidar Cheese (Milk) (3%), Single Cream (Milk), Mature Chedidar Cheese (Milk), Single Cream (Milk), Mature Chedidar Cheese (Milk), Single Vegetable Oil Syray Regato Cheese (Milk) Chedid Cheese Stock (Proceseed Cheese Powder (Milk), Cheedin Cheese, Spp. Direct Oregates Study, Nature Chedidar Cheese (Milk), Single Cream (Milk), Mature Chedidar Cheese (Milk), Single Vegetable Soulion (Salt, Maltodorrin, Potato Starch, Veast Exact, Sugar, Vegetable Oil Syray Regato Cheese (Milk), Chean (Milk), Chean (Milk), Single Cream (Milk), Mature Chedidar Cheese (Milk), Sing	Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate),
Dried Parsley Pan dough Pa		
Pan dough Soya Oil Garlic Spread Garlic Spre		
Garlic Spread Garlic Garlic Spread Garlic Ga	Direct disiey	
Reduced Fat Spread Margarine (Vegetable Oils (Rappessed Oil, Palm Oil), Watter, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbs, Natural Flavouring, Natural Flavouring), Natural Flavouring, Natural Flavo	Pan dough	Wheat flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent; E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent; E491, E472e, E471, Flour Treatment E472e, E471, Flour Treatment E472e, E471, Flour Treatment E472e, E472e, E471, Flour Treatment E472e, E4
Vegetable Oil Spray Triple Cheese Blend Dried Parsley Four Cheese and Broccoli Pasta Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (23%), Mondie and Diglycerides Fathy (dig Esters (E471)). Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (23%), Tomatoes (31%), Tomatoe Passata (12%), Onion, Tomato Puree, Sunflower Oil, Oilve Oil, Water, Carrots, Ce White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Vegetable Oil Spray Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (23%), Mondie Pastae (14%), Onion, Tomato Puree, Sunflower Oil, Oilve Oil, Water, Carrots, Ce White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Vegetable Oil Spray Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (23%), Whole Pasteurised Milk, Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk) (3%), Silk (Silk), Individual Cheese (Milk), Mondie Pastae (Milk), Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk) (3%), Silk (Silk), Individual Cheese (Milk), C	Soya Oil	
Vegetable Oil Spray	Garlic Spread	
Triple Cheese Blend Dried Parsley Parsley Tomato Pasta Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomatoes (31%), Tomatoe Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, Ce White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Vegetable Oil Spray Rapesed oil, Emulsifier: Soya Leithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Four Cheese and Broccoli Pasta Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (32%), Tomatoe Satury, Addition (Milk), Emulsiying Salt: (E339), Dired Glucoes Syrup, Water, Vesst Extract, Sugar, Natural Cheese (Milk), Cheese (Milk), Emulsiying Salt: (E339), Dired Glucoes Syrup, Water, Yeast Extract, Sugar, Vegetable (Dired Onion, Dired Parsnip, Dired Parsley), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Meace (Milk), Cheese (Milk), Salt, Sunflower Oil, Surgedable Golion (Salt, Maltodextin, Potato Starch, Vesst Extract, Salt a Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Hauture Cheddar Cheese (Milk), 10%), Single Cream (MIlk), Mozzarella Cheese (Milk), Cheese Mac 'N' Cheese Mac 'N' Cheese Mac 'N' Cheese Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MIlk), 10%), Single Cream (MIlk), Mozzarella Cheese (MIlk), 25%, Skimmed MILK Powder, Cheddar Cheese (Pasteuriste, Salt), Vegetable Oils (Sunflower Oil, Rapeseed Oil, Maltodextin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Mulkor Oils, Cappedable Oils (Sunflower Oil, Rapeseed Oil), Vegetable Oils (Sunflower Oil, Rapeseed Oil),	Vegetable Oil Spray	
Dried Parsley Parsley Parsley Tomato Pasta Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomatoes (31%), Tomato Passaa (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, Ce White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Vegetable Oil Spray Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (23%), Mohle Pasteurised Milk, Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk) (3%), Sid (3%), Full (2cam Milk Proveder, Garden Peas (28)), Modified Maize Starch (Milk Protein Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Meleys Milk), Regato Cheese (Milk)) (Chedar Cheese Powder (Milk) (Cheese (Milk), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (Milk), Recotta Cheese (Milk), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract), Salfic, Lemon Juice from Concentrate, Black Pepper. Vegetable Oil Spray Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Pasta Classic Mac' N' Cheese Mac' N' Cheese Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK), (10%), Single Cream (MILK), Mozzarella Cheese (MILK), Mozzarella Cheese (MILK), Mozga Extract, Ground Lovage, Ground Turner, Greyor of Milk (Sunflower Oil, Rapeseed Oil), Starch, Full Fat Soft Cheese (MILK), Cream (MILK), Salt, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable (Dile (Sunflower Oil, Rapeseed Oil), Self, Maltodextrin, Potato Starch, Vest Extract, Sugar, Onion Powder, Parsip Powder, Sunflower Oil, Cound Lovage, Ground Turner, Ground Turner, Ground Furner, G		Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk,
Tomato Pasta Tomato Pasta Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, Co White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Vegetable Oil Spray Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Four Cheese and Broccoli Pasta Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (22%), Whole Pasteurised Milk, Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk), (3%), S. (3%), Full Cream Milk Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (Milk) Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's Milk), Regato Cheese (Milk), Cheeses (Milk), Emulsifying Salt. (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Salt, Cleaned Oilon, Dried Parsipe), Sunflower (Milk), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract), Garlic, Lemon Juice from Concentrate, Black Pepper. Vegetable Oil Spray Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Pasta Classic Mac 'N' Cheese Mac 'N' Cheese Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK), 110%), Single Cream (MILK), Mozzarella Cheese (MILK), Salt, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable Oils (Sunflower Oil, Rapeseed Oil), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Veast Extract, Usagr, Onion Powder, Parsin pPowder, Sunflower Oil, Lovage Estract, Ground Lovage, Ground Turn Ground White Pepper, Garlic, Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Cloves, Ginger, Garlic, BarkLEY Malt Extract), Garlic Puree, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder), Cheddar Chee	<u> </u>	
Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, Ce White Sugar, Garlic, Sait, Modified Maize Starch, Oregano, Black Pepper, Thymos. Rapeseed oil, Emulsifier: Soya Lecithin (6322), Mono- and Diglycerides Fatty Acid Esters (E471). Four Cheese and Broccoli Pasta Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (22%), Whole Pasteurised Milk, Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk), (3%), S., Full Cream Milk Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (Milk Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Milk), Sufflower Oil, Pastar Islaworing), Mascarapne Cheese Powder (Milk) (Cheese (Milk), Emulsifying Sait (E339), Dried Glucose Syrup, Water, Yeast Extract, Said, Sufflower Oil, Sayar, Vegetable (Dried Onion, Dried Parsing), Dried Parsing), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper. Vegetable Oil Spray Mac 'N' Cheese Mac 'N' Cheese Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK), 10%), Single Cream (MILK), Mozzarella Cheese (MILK), Sair, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable Oils Sunflower Oil, Rapeseed Oil, Vegetable Bouillon (Sait, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsinip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turn Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Sait, Tamarind Cloves, Ginger, Garlic, Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Sait, Tamarind Cloves, Ginger, Garlic, Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, Paprika Powder), Cheddar Cheese (Pasteurised Milk, Salt, La	Dried Parsley	
White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapesed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Four Cheese and Broccoli Pasta Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (22%), Whole Pasteurised Milk, Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk) (3%), Single Cream (Milk), Mature Cheddar Cheese (Milk), Regato Cheese (Milk) (10%), Regato Cheese (Milk) (10%), Regato Cheese (Milk) (10%), Regato Cheese (Milk), Cheese (Milk), Regato Cheese (M		
Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Four Cheese and Broccoli Pasta Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (22%), Whole Pasteurised Milk, Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk) (3%), S (3%), Full Cream Milk Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (Milk Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's Milk), Red gado Cheese (Milk)), Cheddar Cheese Stock (Processed Cheese (Milk), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (Milk), Ricotta Cheese (Milk), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Ex Sugar, Vegetable (Dried Onion, Dried Parsnip, Dried Parsley), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract, Garlic, Lemon Juice from Concentrate, Black Pepper. Vegetable Oil Spray Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Pasta Classic Mac 'N' Cheese Mac 'N' Cheese Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK) (10%), Single Cream (MILK), Mozzarella Cheese (MILK) (15%), Skimmed MILK Powder, Cheddar Cheese (MILK), Maltodextrin, Potato Starch, Veast Extract, Sugar, Onion Powder, Parsnip Powder, Sulfower Oil, Jovage Extract, Ground Lovage, Ground Turn Ground White Pepper, Garlic Powder, Maltodextrin, Potato Starch, Veast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turn Ground White Pepper, Garlic Powder, Maltodextrin, Solt Sarch, Veast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Rapsesed Oil), Maltodextrin, Salt Maltodextrin, Salt Lactic Cultures), Potato Starch. Lasagne Lasagne Lasagne Water, Tomato, Beef (15%), Egg Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimme	Tomato Pasta	
Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (22%), Whole Pasteurised Milk, Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk) (3%), S (3%), Full Cream Milk Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (Milk Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's Milk), Cheese (Milk), Emulsifying Salt: (6339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (Milk), Ricotta Cheese (Milk), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract), Garlic, Lemon Juice from Concentrate, Black Pepper, Vegetable Oil Spray Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Pasta Classic Mac 'N' Cheese Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK), (10%), Single Cream (MILK), Mozzarella Cheese (MILK) (12.5% Skimmed MILK Powder, Cheddar Cheese Flavour Base (Reconstituted Cheese (MILK), Whey Powder (MILK), Flavourings, Salt, Lactic acid, MUSTARD Flour), Modified I Starch, Full Fat Soft Cheese (MILK), Caram (MILK), Salt, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable Oils (Sunflower Oil, Rapeseed Oil), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Veast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turn Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Cloves, Ginger, Garlic, BARLEY Malt Extract), Garlic Powee, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder). Mozzarella Cheese Water, Tomato, Beef (15%), Egg Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, Wheat Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiam	Vegetable Oil Spray	
G3%), Full Cream Milk Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (Milk Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's Milk), Regato Cheese (Milk)) (Chedar Cheese Powder (Milk) (Cheese (Milk), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetable (Dried Onion, Dried Parsnip, Dried Parsley), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper. Vegetable Oil Spray		Four Cheese and Broccoli Pasta
Pasta Classic Mac 'N' Cheese Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheeddar Cheese (MILK) (10%), Single Cream (MILK), Mozzarella Cheese (MILK) (2.5% Skimmed MILK Powder, Cheddar Cheese Flavour Base (Reconstituted Cheese (MILK), Whey Powder (MILK), Flavourings, Salt, Lactic acid, MUSTARD Flour), Modified I Starch, Full Fat Soft Cheese (MILK), Cream (MILK), Salt, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable Oils (Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turn Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Cloves, Ginger, Garlic, BARLEY Malt Extract), Garlic Puree, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder). Mozzarella Cheese Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch. Lasagne Water, Tomato, Beef (15%), Egg Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, Wheat Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Salt, Vegetables (Onions, Parsnips), Sunflower Oil, Starch, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder, Pe		Sunflower Oil, Natural Flavouring), Mascarpone Cheese (Milk), Ricotta Cheese (Milk), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetable (Dried Onion, Dried Parsnip, Dried Parsley), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper.
Classic Mac 'N' Cheese Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK) (10%), Single Cream (MILK), Mozzarella Cheese (MILK) (2.5% Skimmed MILK Powder, Cheddar Cheese Flavour Base (Reconstituted Cheese (MILK), Whey Powder (MILK), Flavourings, Salt, Lactic acid, MUSTARD Flour), Modified I Starch, Full Fat Soft Cheese (MILK), Cream (MILK), Salt, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable Oils (Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turn Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Cloves, Ginger, Garlic, BARLEY Malt Extract), Garlic Puree, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder). Mozzarella Cheese Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch. Lasagne Water, Tomato, Beef (15%), Egg Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, Wheat Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Salt Yeast Extract, Sugar, Natural Flavouring), Brown Sugar, Vegetables (Oilons, Parsnips), Sunflower Oil, Starch, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetable (Oilons (Sunflower Oil, Spices (Garlic, Lovage Leaves, Nutmer), Salt, Vegetable Bouillor (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Pow	Vegetable Oil Spray	
Skimmed MILK Powder, Cheddar Cheese Flavour Base (Reconstituted Cheese (MILK), Whey Powder (MILK), Flavourings, Salt, Lactic acid, MUSTARD Flour), Modified I Starch, Full Fat Soft Cheese (MILK), Cream (MILK), Salt, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable Oils (Sunflower Oil, Rapeseed Oil), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Turn Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Cloves, Ginger, Garlic, BARLEY Malt Extract), Garlic Puree, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder). Mozzarella Cheese Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch. Lasagne Water, Tomato, Beef (15%), Egg Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, Wheat Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Salt Yest Extract, Beef Extract, Sugar, Natural Flavouring), Vegetables (Onions, Parsnips), Sunflower Oil, Starch, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetable Oil (Sunflower Oil, Rapesseed Oil), Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillor (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder, Garlic Powder, Garlic Powder, Garlic Powder, Garlic Powder, Garlic Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetab		
Lasagne Water, Tomato, Beef (15%), Egg Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, Wheat Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Sa Yeast Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnips), Sunflower Oil, Starch, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillor (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Perper Powder, Garlic Powder), Sunflower Oil, Spices (Turmeric Powder, Perper Powder, Garlic Powder)	Mac 'N' Cheese	Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turmeric, Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Paste
Water, Tomato, Beef (15%), Egg Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, Wheat Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Sa Yeast Extract, Beef Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnips), Sunflower Oil, Starch, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillor (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder)	Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, Wheat Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Sa Yeast Extract, Beef Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnips), Sunflower Oil, Starch, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetable Oil (Sunflower Oil, Rapesseed Oil), Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillor (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Pow		Lasagne
Mace Powder, Nutmeg Powder), Herbs (Dried Parsley, Lovage Powder)), Basil, Stabilisers (Xanthan Gum, Guar Gum), Black Pepper, BARLEY Malt Extract.	Lasagne	Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder, Garlic Powder, Garlic Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder, Farsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder, Garlic Powder, Garlic Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder, Garlic Powder, Garlic Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder, Garlic Powder, Garlic Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder, Ga
Mozzarella Cheese Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.	Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk Salt Lactic Cultures) Potato Starch

FOOD ALLERGIES

	Big and Little Kids
	Pizza (with unseasoned tomato sauce)
	Original Pan
Pan Dough	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)], Sugar, Flour Treatment Agent (ascorbic acid E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and diglycerides fatty acid esters (E471).
Unseasoned tomato sauce	Tomato Concentrate (Tomato Paste, Citric Acid).
BBQ Sauce	Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium).
	Thin
Pan dough	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)], Sugar, Flour Treatment Agent (ascorbic acid E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and diglycerides fatty acid esters (E471).
Unseasoned tomato sauce	Tomato Concentrate (Tomato Paste, Citric Acid).
BBQ Sauce	Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium).
	Gluten Free
Gluten Free dough	Gluten Free Blend (Tapioca Starch, Rice Flour, Maize Starch, Psyllium Husk Powder, Sugar, Buckwheat Flour, Thickeners (Xanthan Gum, Hydroxypropyl Methyl Cellulose), Salt), Water, Rapeseed Oil, Yeast, Pea Protein.
Unseasoned tomato sauce	Tomato Concentrate (Tomato Paste, Citric Acid).
BBQ Sauce	Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Onion Powder, Preservative (Potassium Sorbate), Chilli Powder.
	Cheese
Mozzarella Cheese	Mozzarella with added starch (Mozzarella Cheese (Milk, Salt, Cultures), Potato Starch)
Vegan Ch**se	Water, Coconut Oil, Modified Starch, Starch, Sea Salt, Flavourings, Preservative: Sorbic Acid, Colour: B-Carotene, Vitamin B12.
	Toppings
Chicken Breast	Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i)
Ham	Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250).
Pepperoni	Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250).
Beef (with added Soya protein)	Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free')
Bacon (New Recipe)	Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water
Spicy Pork (with added Soya protein)	Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract.
Black Olives	Water, Olives, Salt, Stabiliser (Ferrous Gluconate)
Peppers	Green peppers, Red Peppers, Yellow Peppers
Mushrooms	Mushrooms
Red Onion	Red Onion
Caramelised Onions	Red Onions, Balsamic vinegar Of Modena (Aceto balsamico di Modena I.G.P.:Wine vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224(Potassium Metabisulphite)), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains Sulphites.
Sweetcorn	Sweetcorn, Water, Salt
Cherry Tomatoes	Cherry Tomatoes
Pineapple	Pineapple, Pineapple Juice, Citric Acid.
Rocket	Rocket Leaves
Spinach	Spinach
Jalapeños	Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
Green Chilli	Green Chilli
Beyond Pepperoni® (new recipe)	Water, Refined Coconut Oil, Rapeseed Oil, Pea Protein*, Rice Starch, Cocoa Butter, Flavouring, Stabiliser (Methylcellulose), Salt, Pea Starch, Spices (Paprika, Mustard), Rice Protein, Mung Bean Starch, Yeast Extract, Garlic Powder, Vegetable Concentrates (Carrot, Red Pepper), Colours (Beetroot Red, Lycopene from Red Tomatoes), Maltodextrin, Flavour Enhancer (Glutamic Acid), Onion Powder.

FOOD ALLERGIES

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	Mains
Spaghetti Bolognese	Bolognese Sauce (64%): Water, Tomato Passata, Minced Beef (19%), Onions, Carrots (7%), Tomato Puree, Modified Maize Starch, Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Beef Extract, Sugar, Natural Flavouring), Vegetables (Onions, Parsnip), Sunflower Oil, Potato Starch, Spices (Garlic, Lovage, Nutmeg), Beef Powder, Caramelised Sugar, Flavouring), Brown Sugar, Wheat Flour (Wheat Four, Calcium Carbonate, Iron, Niacin, Thiamin), Sunflower Oil, Oregano, Salt, Vegetables Bouillon (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnips), Sunflower Oil, Spices (Turmeric, Pepper, Garlic, Mace, Nutmeg), Herbs (Parsley, Lovage)), Basil, Stabilisers (Xanthan Gum, Guar Gum), Barley Malt Extract, Black Pepper.
Mozzarella Cheese (served with Spaghetti Bolognese)	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Mac 'N' Cheese	Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK), (10%), Single Cream (MILK), Mozzarella Cheese (MILK) (2.5%), Semi Skimmed MILK Powder, Cheddar Cheese Flavour Base (Reconstituted Cheese (MILK), Whey Powder (MILK), Flavourings, Salt, Lactic acid, MUSTARD Flour), Modified Maize Starch, Full Fat Soft Cheese (MILK), Cream (MILK), Salt, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable Oils (Sunflower Oil, Rapeseed Oil), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turmeric, Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Paste, Cloves, Ginger, Garlic, BARLEY Malt Extract), Garlic Puree, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder).
Mozzarella Cheese (with Mac 'n' Cheese)	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
,	Chicken 'N' Fries
	Chicken Inner Fillet, Water, Wheat Flour, Rice Flour, Breadcrumb (Wheat Flour, Dextrose, Refined Soybean Oil*, Salt, Yeast), Wheat Starch, Wheat, Salt, Refined Soybean Oil*,
Chicken Strips	Garlic Powder, Yeast Extract (contains Salt), Maltodextrin, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spices (Black Pepper, Celery, Turmeric), non-Powder, Sugar, Dextrose, Refined Sunflower Oil, Spice Extract (Black Pepper, Capsicum, Celery), Acidity Regulator (Citric Acid). (*The Soyabean Oil used in this product is fully refined, therefore is not an allergen) <i>May Contain Peanuts/ their derivatives</i> .
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Fries	Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
	Vegan Southern Fried Nuggets 'N' Fries
Vegan Southern Fried Nuggets	Mycoprotein (53%), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil, Breadcrumb (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine, Yeast, Salt), Wheat Starch, Potato Protein, Wheat Gluten, Salt, Firming Agents: Calcium Chloride, Calcium Acetate; Water, Natural Flavouring, Pea Fibre, Spices (Paprika, Fennel, Black Pepper), Yeast Extract, Stabilisers: Carrageenan, Sodium Alginate; Black Pepper, Rice Flour, Dextrose, Acid: Citric Acid; Garlic Extract, Onion Oil.
Fries	Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
	Sides
Fries	Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
Onion Rings	Diced Onions (53%), Wheat flour, Vegetable oils (rapeseed, sunflower, in varying proportions), Gelling agent (E401), Salt, Yeast, Sugar, Flavouring (Paprika extract; Turmeric extract)
Mini Corn on the Cob (with Vegetable Oil Spray)	Sweetcorn. Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Garlic Bread	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Fat Spread (17%) [Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3%) (Puree and Chopped), Yeast, Salt, Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains Wheat). May contain Soya and Milk.
	Drinks
Milk	100% Semi Skimmed Milk
Apple Juice	Apple Juice from Concentrate (100%)
Orange Juice	Orange juice from concentrate (100%)
Fruit Shoots - All flavours	Refer directly to the supplier- Fruit Shoot - www.fruitshoot.com/gb
Tango Orange/ Tango Apple/ 7Up Zero/ Pepsi Max/ Diet Pepsi	Refer directly to the supplier - Pepsi - www.pepsi.co.uk/7up - www.7up.co.uk/ Tango - www.tango.co.uk
Flavour Shot - Cherry, Lime, Strawberry	Water, dextrin, flavourings, acid: citric acid, sweeteners: acesulfame K, sucralose, preservatives: potassium sorbate, sodium benzoate
Flavour Shot - Vanilla	Water, Natural Vanilla Flavouring with other Natural Flavourings, Sweeteners (Acesulfame K, Sucralose), Colour (Plain Caramel), Acid (Citric Acid), Preservative (Potassium Sorbate).
Robinsons Squash - All Flavours	Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk
	Kids Desserts
Chilly Billy Ice Lolly Blackcurrant & Apple	Apple juice (88%), Blackcurrant juice (11.75%), Stabiliser (carob gum) 0.25%, antioxidant (ascorbic acid). <i>may contain hazelnuts</i>
	Kids Chocolate Brownie
Chocolate Brownie	Sugar, Pasteurised Free Range EGG, Milk Chocolate (17%) [Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)], Dark Chocolate (8%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Fat Reduced Cocoa Powder (3.7%), Raising Agents (E450, E501). May contain Nuts
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Chocolate Sauce (Rowse)	Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (Milk), Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring

FOOD ALLERGIES

	Desserts Ice Cream Factory
Ice Cream Mix	Skimmed Milk, Cream (10%) (Milk), Sugar, Fructose, Whey Powder (Milk), Emulsifier (E471), Stabilisers (E466, E412, E407, E401, E410), Flavouring, Salt
Raspberry Sauce	Glucose syrup, water, raspberry puree from concentrate (10%), sugar, dextrose, modified starch, acidity regulators (citric acid, sodium citrates), colour (anthocyanins), thickener (pectins), preservative (potassium sorbate), natural flavouring, natural raspberry flavouring with other natural flavourings
Chocolate Sauce	Glucose syrup, Sugar, Water, Sweetened condensed Milk, Couverture Milk chocolate (6 %) (Sugar, Cocoa butter, Whole Milk powder, Cocoa mass, Emulsifier (Soya lecithins Natural vanilla flavouring), Modified starch, Fat reduced cocoa powder, Preservative (Potassium sorbate), Natural flavouring.
Strawberry Crunch	Sugar, Glucose syrup, Water, Colour (E162), Natural flavouring, Coconut oil, Glazing agent (E901).
Milk Chocolate Beans	Sugar, Cocoa butter, Whey powder (Milk), Fat-reduced cocoa powder, Whole Milk powder, Emulsifier (Soya lecithin), Glazing agents (Arabic gum, Carnauba wax, Bees wax) Colours (E101, E141, E160a, E162, E163, E171, E172).
Milk Chocolate Chips	Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, whey powder (Milk), Lactose (Milk), Emulsifier: Soya Lecithin; Flavouring.
Gold Stars	Sugar, Vegetable Oils (Coconut, Shea), Rice Flour, Water, Thickener (Sodium Carboxy Methyl Cellulose), Glazing Agents (Shellac, Acacia Gum), Anti Caking Agent (Potassium Aluminum Silicate), Caramelised Sugar Syrup, Glucose Syrup, Flavouring, Colours (Iron Oxide and Hydroxides), Tapioca Starch, Safflower Concentrate.
Mixed Coloured Stars	Sugar, Palm Fat RSPO SG, Potato Starch, Rice Flour, Corn Starch, Colours: E163, E162, E160a, E100, E172; Natural Flavour
Mixed Chocolate Chips	White Chocolate Chips (50%) Sugar, Cocoa Butter, Whole Milk Powder, Lactose (Milk), Whey Powder (Milk), Emulsifier: Soya Lecithin (E322), Vanilla Extract.Dark Chcolate Chips (50%) Sugar, Vegetable Fat (Palm), Fat-Reduced Cocoa Powder, Emulsifiers: Soya Lecithin (E322) and Sorbitan Tristearate (E492), Natural Flavouring.
	Hot Cookie Dough Chocolate Chip Cookie Dough
	Wheat flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifie
Chocolate Chip Cookie Dough	(SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring. <i>May contain Nuts and Egg.</i>
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring.Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Chocolate Sauce (Rowse)	Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (Milk Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring.
	White Chocolate & Caramel Cookie Dough
White Chocolate & Caramel Cookie Dough	Wheat flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, White Chocolate (12%) (Sugar, Cocoa butter, Whole MILK powder, Sweet whey powder (MILK), Lactose (MILK), MILK fat, Emulsifier (SOYA Lecithins), Natural vanilla flavouring), Brown sugar, Butter (MILK), Caramel pieces (8%) (Sugar, Glucose syrup, Condensed MILK, Coconut oil, Butteroil (MILK), Natural flavouring, Glazing agent (Carnauba waxy), Water, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK, Salt, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain Nuts and Egg.
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthar Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).
	White Chocolate, Caramel and Cinnamon Cookie Dough
White Chocolate & Caramel Cookie Dough	Wheat flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, White Chocolate (12%) (Sugar, Cocoa butter, Whole MILK powder, Sweet whey powder (MILK), Lactose (MILK), MILK fat, Emulsifier (SOYA Lecithins), Natural vanilla flavouring), Brown sugar, Butter (MILK), Caramel pieces (8%) (Sugar, Glucose syrup, Condensed MILK, Coconut oil, Butteroil (MILK), Natural flavouring, Glazing agent (Carnauba wax)), Water, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK, Salt, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain Nuts and Egg.
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthar Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).
Cinnamon Sugar	White sugar, Cinnamon, Processing Aids: Sunflower Seed Oil, Silicon Dioxide (E551)
Gold Stars	Sugar, Vegetable Oils (Coconut, Shea), Rice Flour, Water, Thickener (Sodium Carboxy Methyl Cellulose), Glazing Agents (Shellac, Acacia Gum), Anti Caking Agent (Potassium Aluminum Silicate), Caramelised Sugar Syrup, Glucose Syrup, Flavouring, Colours (Iron Oxide and Hydroxides), Tapioca Starch, Safflower Concentrate.
	Loaded Cookie Dough made with Rolo®
Chocolate Chip Cookie Dough	Wheat flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifie (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain Nuts and Egg.
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring.Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthar Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).
Nestlé ROLO® Topping	Ingredients: sugar, glucose syrup, cocoa butter, MILK powders (whole and skimmed), cocoa mass, vegetable fats (palm, shea), invert sugar syrup, butterfat (from MILK), lactose and proteins from whey (from MILK), whey powder (from MILK), sweetened condensed skimmed MILK (skimmed MILK, sugar), emulsifier (lecithins), salt, flavouring. May contain GLUTEN. Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.

FOOD ALLERGIES

wintst our vegan items have vegan recipes,	due to risk of cross-contamination they may contain dairy
	I Can't Believe Its Not Cheesecake
I Cant Believe its not Cheesecake	Colourant (Beta-Carotene).], Food Preparation With Coconut Oil (16%) [Water, Coconut Oil (23%), Starch, Sea Salt, Acidity Regulator: Glucono-Delta-Lactone, Flavourings, Olive Extract, Vitamin B12.], Sugar, Caramelised Biscuit (5%) [Wheat Flour, Sugar, Vegetable Oils (Palm (RSPO certified), Rapeseed), Candy Sugar Syrup, Raising Agent; E500, Soya Flour, Salt, Cinnamon], Starch, Partially Inverted Sugar Syrup, Tapioca Starch, Natural Vanilla Flavouring, Preservative(Potassium Sorbate (E202)). May contain Milk, Eggs, Sulphur Dioxide and Nuts.
	Chocolate Brownie
Chocolate Brownie	Sugar, Pasteurised Free Range EGG, Milk Chocolate (17%) [Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)], Dark Chocolate (8%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Fat Reduced Cocoa Powder (3.7%), Raising Agents (E450, E501). May contain Nuts
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Chocolate Sauce (Rowse)	Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (Milk). Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring Ice Cream
	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob
Vanilla Ice Cream	Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
	Take Away Vanilla Ice Cream
Take Away Vanilla Ice Cream	Whole Milk, Sugar, Double Cream (Milk), Buttermilk Powder, Emulsifier: Mono-& Diglycerides of Fatty Acids, Flavouring, Stabilisers: Sodium Alginate, Guar Gum, Colours: Curcumin, Annatto Norbixin, Plain Caramel.
	Chilly Billy Ice Lolly Blackcurrant & Apple
Chilly Billy Ice Lolly Blackcurrant &	Apple juice (88%), Blackcurrant juice (11.75%), Stabiliser (carob gum) 0.25%, antioxidant (ascorbic acid). <i>may contain hazelnuts</i>
Apple	Sauces
	Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (Milk)
Chocolate Sauce (Rowse)	Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring
Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthan Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup). Drinks
	Soft Drinks
Tango Orange/ Tango Apple/ 7Up	
Zero/ Pepsi Max/ Diet Pepsi	Refer directly to the supplier - Pepsi - www.pepsi.co.uk/ rup - www.rup.co.uk/ rango - www.tango.co.uk
Flavour Shot - Cherry, Lime, Strawberry	Water, dextrin, flavourings, acid: citric acid, sweeteners: acesulfame K, sucralose, preservatives: potassium sorbate, sodium benzoate
Flavour Shot - Vanilla	Water, Natural Vanilla Flavouring with other Natural Flavourings, Sweeteners (Acesulfame K, Sucralose), Colour (Plain Caramel), Acid (Citric Acid), Preservative (Potassium Sorbate).
Robinsons Squash - All Flavours	Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk
Belu Still Water / Sparkling Water	Refer directly to the supplier - Belu - www.belu.com
Bottle of Pepsi	Refer directly to the supplier - Pepsi - www.pepsi.co.uk
Irn Bru	Refer directly to the supplier - Agbarr - www.agbarr.co.uk
Apple Juice	Apple Juice from Concentrate (100%)
Orange Juice	Orange juice from concentrate (100%)
J2O - all flavours Gingerella	Refer directly to the supplier - J20 - www.j20.co.uk Refer directly to the supplier - Karma Cola - www.karmacola.co.uk
Soda Folk - Cream Soda	Refer directly to the supplier - Solda Folk - www.sodafolk.com
Bottle of 7Up Zero / Pepsi Max /	Refer directly to the supplier - Pepsi - www.pepsi.co.uk/ 7up - www.7up.co.uk/ Tango - www.tango.co.uk
Tango Orange / Pepsi Bottle of Diet Pepsi	Refer directly to the supplier - Pepsi - www.pepsi.co.uk
Dottic Or Diet i epsi	Hot Drinks
Black Tea	100% Black Tea
Tea with Milk	100% Black Tea, 100% Semi Skimmed Milk
Hot Chocolate	Sugar, Whey Powder (Milk), Low Fat Cocoa Powder, Skimmed Milk Powder, Acidity Regulator E331, Salt, Flavouring, Anti-Caking Agent E551. Roasted & Ground Coffee, 100% Semi Skimmed Milk
Americano with Milk, Caffe Latte, Cappuccino	noosieu & Ground Conee, 100% senii skiiiilleu Willk
Black Americano, Espresso Shot	Roasted & Ground Coffee Alcoholic Drinks
Pinot Grigio / Merlot / White Zinfandel	Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk/
Prosecco	Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk/
Budweiser	Refer to label on bottle or directly to the supplier - Budweiser - www.budweiser.com/en/company/products/budweiser
San Miguel	Refer directly to the supplier - San Miguel - www.sanmiguel.com Refer directly to the supplier - Resuded - www.BrawDoo.com
Brewdog Punk IPA Kopparberg Strawberry & Lime	Refer directly to the supplier - Brewdog - www.BrewDog.com Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/
Kopparberg Mixed Fruit Tropical	
Bulmer's	Refer directly to the supplier - Bulmer's - www.Bulmers.co.uk/nutritional-values
Dunite 3	neter directly to the supplied bullier's www.bulliners.co.uky.nutritional values

FOOD ALLERGIES

The below nutritional information for ou	ır menu is provid	led as a α	uide. All ou	ir disnes are t	inisnea by i	iano, mere			oximate	values or	ılv.	
		Energy				iarra, arere]	
	Average Weight of	per	Protein per	Carbohydrate per Portion	Sugar per	Fat per	Saturated Fat per	Salt per Portion				
	Portion (g)	Portion	Portion (g)	(g)	Portion (g)	Portion (g)	Portion (g)	(g)				
		(kcal)										
Fries	Side 230		F 1	51	1.2	17	2.1	2.3				
Fries Onion Rings	158	384 338	5.1 5.5	47	7.0	17	1.7	1.4				
Mini Corn on the Cob	267	207	6.4	29	18	4.8	0.8	0.01				
BBQ Chicken Wings	121	247	24	6.7	4.4	14	3.4	2.0				
Hot Honey BBQ Chicken Wings	132	281	24	15	12.1	14	3	2.0				
Chicken Bites Hot Honey Chicken Bites	158 169	359 394	22	30 38	0	16 17	1.7	1.6				
Garlic Bread	120	360	9.0	47	8.5 3.4	14	4.3	1.7 0.84				
Garlic Bread with Cheese	181	530	20	49	4.6	27	12	1.7				
Vegan Southern Fried Nuggets	120	248	12	18	0.6	13	1.0	1.1				
Mozzarella Sticks	138	403	18	32	2.2	22	8.9	2.6				
Cheesy Triangles Halloumi Fries	108 85	377 275	14 14	20 11	1.1 2.7	26 20	11 9	2.7 1.8				
Hot Honey Halloumi Fries	96	309	14	19	10.4	20	9	1.8				
Cheesy Bite Bites	240	534	24	75	2.2	15	6.2	2.1				
Loaded Cheesy Bite Bites	270	634	30	76	2.4	23	10	2.6				
Loaded Spicy Cheesy Bite Bites	309	640	30	76	2.7	23	11	4.8	-			
Loaded Bacon Cheesy Bite Bites (New Recipe)	297	711	34	77	2.5	29	15	3.1				
BBQ Sauce	Dips & Bits	119	1.5	27	22	0.4	0.1	1.2				
Tomato Ketchup	100	99	2.0	21	21	0.4	0.1	0.90				
Italian Hard Cheese	1	5	0.4	0	0	0.3	0.2	0.03				
Chilli Flakes	1	3	0.1	0.3	0.1	0.2	0	0				
Crimi rianes	Takeaway [Dip Pots										
		- 00	0.0	2.0	1.1						1	- 1
Heinz Garlic Sauce Dip Pot	25	89	0.2	2.0	1.1	9.0	1.4	0.35				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot	25 25	29	0.4	6.4	5.0	0.1	0	0.24				
Heinz Garlic Sauce Dip Pot	25 25 25 25 25	29 102 47	0.4 0.3 0.1	6.4 1.9 11.5	5.0 1.2 10.5	0.1 11 0.0	0 1.2 0.0	0.24 0.44 0.38				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot	25 25 25 25 25	29 102 47 s should be Energy per Portion	0.4 0.3 0.1	6.4 1.9 11.5	5.0 1.2 10.5	0.1 11 0.0	0 1.2 0.0	0.24 0.44 0.38				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot	25 25 25 25 25 sumer. These values Weight of Portion (g)	29 102 47 s should be Energy per Portion (kcal)	0.4 0.3 0.1 taken from '	6.4 1.9 11.5 Tabletop Sauce	5.0 1.2 10.5 es' and added	0.1 11 0.0 I to the produ	0 1.2 0.0 uct nutrition. Saturated Fat per	0.24 0.44 0.38 als. Salt per Portion				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot	25 25 25 25 25 sumer. These value: Weight of Portion (g) Salad St	29 102 47 s should be Energy per Portion (kcal)	0.4 0.3 0.1 taken from '	6.4 1.9 11.5 Tabletop Sauce	5.0 1.2 10.5 es' and added	0.1 11 0.0 I to the produ	0 1.2 0.0 uct nutrition. Saturated Fat per	0.24 0.44 0.38 als. Salt per Portion				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot	25 25 25 25 25 sumer. These values Weight of Portion (g)	29 102 47 s should be Energy per Portion (kcal)	0.4 0.3 0.1 taken from '	6.4 1.9 11.5 Tabletop Sauce	5.0 1.2 10.5 es' and added	0.1 11 0.0 I to the produ	0 1.2 0.0 uct nutrition. Saturated Fat per	0.24 0.44 0.38 als. Salt per Portion				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw	25 25 25 25 25 sumer. These value: Weight of Portion (g) Salad St. Dressed S 63 50	29 102 47 s should be Energy per Portion (kcal) ation Salads 102 68	0.4 0.3 0.1 e taken from 'Protein per Portion (g)	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1	5.0 1.2 10.5 es' and addec Sugar per Portion (g) 1.7 2.4	0.1 11 0.0 I to the produ Fat per Portion (g)	0 1.2 0.0 Just nutrition Saturated Fat per Portion (g) 0.5 0.4	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta	25 25 25 25 25 sumer. These value: Weight of Portion (g) Salad St Dressed 5 63 50 59	29 102 47 s should be Energy per Portion (kcal) ation Salads 102 68 95	0.4 0.3 0.1 etaken from ' Protein per Portion (g) 0.8 0.4 2.7	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1	5.0 1.2 10.5 s's' and addec Sugar per Portion (g) 1.7 2.4 2.1	0.1 11 0.0 I to the produ Fat per Portion (g) 6.7 5.9 3.0	0 1.2 0.0 Saturated Fat per Portion (g) 0.5 0.4 0.3	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta Sweetcorn	25 25 25 25 25 25 25 25 25 25 25 25 25 2	29 102 47 s should be Energy per Portion (kcal) ation Galads 102 68 95 20	0.4 0.3 0.1 etaken from (Protein per Portion (g) 0.8 0.4 2.7 0.7	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1 13	5.0 1.2 10.5 sis' and addec Sugar per Portion (g) 1.7 2.4 2.1 0.9	0.1 11 0.0 It to the produ Fat per Portion (g) 6.7 5.9 3.0 0.4	0 1.2 0.0 uct nutrition. Saturated Fat per Portion (g) 0.5 0.4 0.3 0.2	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta Sweetcorn Diced Beetroot	25 25 25 25 25 sumer. These value: Weight of Portion (g) Salad St Dressed 5 63 50 59	29 102 47 s should be Energy per Portion (kcal) ation Salads 102 68 95	0.4 0.3 0.1 etaken from ' Protein per Portion (g) 0.8 0.4 2.7	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1	5.0 1.2 10.5 s's' and addec Sugar per Portion (g) 1.7 2.4 2.1	0.1 11 0.0 I to the produ Fat per Portion (g) 6.7 5.9 3.0	0 1.2 0.0 Saturated Fat per Portion (g) 0.5 0.4 0.3	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta Sweetcorn Diced Beetroot Jalapenos	25 25 25 25 25 25 25 25 25 25 25 25 25 2	29 102 47 s should be Energy per Portion (kcal) ation Galads 102 68 95 20 12 1	0.4 0.3 0.1 taken from Protein per Portion (g) 0.8 0.4 2.7 0.7 1.0	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1 13 3.5 1.6 0.1	5.0 1.2 10.5 es' and addec Sugar per Portion (g) 1.7 2.4 2.1 0.9 1.1	0.1 11 0.0 I to the produ Fat per Portion (g) 6.7 5.9 3.0 0.4 0.1	0 1.2 0.0 set nutrition. Saturated Fat per Portion (g) 0.5 0.4 0.3 0.2 0.1	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30 0 0 0.48				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta Sweetcorn Diced Beetroot Jalapenos Lettuce Mix	25 25 25 25 25 25 25 25 25 25 25 25 25 2	29 102 47 s should be Energy per Portion (kcal) ation 5alads 102 68 95 20 12 1 1 1 alad	0.4 0.3 0.1 taken from Protein per Portion (g) 0.8 0.4 2.7 0.7 1.0 0.1	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1 13 3.5 1.6 0.1	5.0 1.2 10.5 ss' and addec Sugar per Portion (g) 1.7 2.4 2.1 0.9 1.1	0.1 11 0.0 1 to the produ Fat per Portion (g) 6.7 5.9 3.0 0.4 0.1	0 1.2 0.0 uct nutrition. Saturated Fat per Portion (g) 0.5 0.4 0.3 0.2 0.1 0	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30 0 0 0.48				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes	25 25 25 25 25 25 Sumer. These value: Weight of Portion (g) Salad St. Dressed 9 63 50 59 26 24 16 Fresh S 17 33	29 102 47 s should be Energy per Portion (kcal) 102 68 95 20 12 1 1 1 1 1 1 2 6	0.4 0.3 0.1 Protein per Portion (g) 0.8 0.4 2.7 0.7 1.0 0.1	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1 13 3.5 1.6 0.1	5.0 1.2 10.5 ss' and addec Sugar per Portion (g) 1.7 2.4 2.1 0.9 1.1 0	0.1 11 0.0 1 to the produ Fat per Portion (g) 6.7 5.9 3.0 0.4 0.1 0.1	0 1.2 0.0 uct nutrition. Saturated Fat per Portion (g) 0.5 0.4 0.3 0.2 0.1 0	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30 0 0.48				
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Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Bacon Bits	25 25 25 25 25 Sumer. These value: Weight of Portion (g) Salad St. Dressed S 63 50 59 26 24 16 Fresh S 17 33 35 26 21 18 Dried It	29 102 47 47 s should be Energy per Portion (kcal) ation salads 102 68 95 20 12 1 1 alad 2 6 3 4 8 9 9 9	0.4 0.3 0.1 taken from ' Protein per Portion (g) 0.8 0.4 2.7 0.7 1.0 0.1 0.2 0.2 0.2 0.2 0.3 0.1 1.2	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1 13 3.5 1.6 0.1 0.2 1.0 0.5 0.7 1.7 2.3	5.0 1.2 10.5 es' and addec Sugar per Portion (g) 1.7 2.4 2.1 0.9 1.1 0	0.1 11 0.0 1 to the produ Fat per Portion (g) 6.7 5.9 3.0 0.4 0.1 0.1 0 0.1	0 1.2 0.0 1.2 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30 0 0 0.48 0 0 0 0 0				
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Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas	25 25 25 25 25 25 25 Sumer. These value: Weight of Portion (g) Salad St. Dressed S 50 59 26 24 16 Fresh S 17 33 35 26 21 18 Dried It 13 7 13 6 16 Dressings	29 102 47 47 s should be Energy per Portion (kcal) ation 68 95 20 12 1 alad 2 6 6 3 4 8 9 ems 69 31 64 35 43 & Dips	0.4 0.3 0.1 taken from Protein per Portion (g) 0.8 0.4 2.7 0.7 1.0 0.1 0.2 0.2 0.2 0.3 0.1 1.2 0.8 0.8 0.4 0.4 0.4	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1 13 3.5 1.6 0.1 0.2 1.0 0.5 0.7 1.7 2.3 6.6 4.7 8.2 2.4	5.0 1.2 10.5 ss' and addec Sugar per Portion (g) 1.7 2.4 2.1 0.9 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3	0.1 11 0.0 10 to the produ Fat per Portion (g) 6.7 5.9 3.0 0.4 0.1 0.1 0 0 0.1 0 0 0.1 0 0 0 0.1	0 1.2 0.0 0.0 sct nutrition. Saturated Fat per Portion (g) 0.5 0.4 0.3 0.2 0.1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30 0 0 0 0 0 0 0 0 0 0 0 0 0				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Bacon Bits Croutons Crotilla Chips Crispy Onions Sultanas Thousand Island Dressing	25 25 25 25 25 25 25 Sumer. These value: Weight of Portion (g) Salad St. Dressed S 63 50 59 26 24 16 Fresh S 17 33 35 26 21 18 Dried It 13 7 13 6 Dressings 30	29 102 47 47 s should be Energy per Portion (kcal) addition addits addition addition addition addition addition addition addition	0.4 0.3 0.1 Protein per Portion (g) 0.8 0.4 2.7 0.7 1.0 0.1 0.2 0.2 0.2 0.2 0.3 0.1 1.2 0.8 0.8 0.8 0.4 0.4 0.4 0.4	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1 13 3.5 1.6 0.1 0.2 1.0 0.5 0.7 1.7 2.3 6.6 4.7 8.2 2.4 11	5.0 1.2 10.5 es' and addec Sugar per Portion (g) 1.7 2.4 2.1 0.9 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3	0.1 11 0.0 1 to the produ Fat per Portion (g) 6.7 5.9 3.0 0.4 0.1 0.1 0 0 0.1 0 0 0.1 0 0 0.8 2.7 2.6 0	0 1.2 0.0 0.0 uct nutrition. Saturated Fat per Portion (g) 0.5 0.4 0.3 0.2 0.1 0 0 0 0 0 0 0 0 0 0 0 0 0	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30 0 0 0 0 0 0 0 0 0 0 0 0 0				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing Blue Cheese Dressing Blue Cheese Dressing	25 25 25 25 25 25 25 25 25 25 25 25 25 2	29 102 47 47 s should be Energy per Portion (kcal) ation alads 102 68 95 20 12 1 alad 2 6 3 4 4 8 9 ems 69 31 64 35 43 8 Dips 80 125	0.4 0.3 0.1 Protein per Portion (g) 0.8 0.4 2.7 0.7 1.0 0.1 0.2 0.2 0.2 0.2 0.3 0.1 1.2 0.8 0.8 0.4 0.4 0.4 0.4 0.4 0.4	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1 13 3.5 1.6 0.1 0.2 1.0 0.5 0.7 1.7 2.3 6.6 4.7 8.2 2.4 11	5.0 1.2 10.5 es' and addec Sugar per Portion (g) 1.7 2.4 2.1 0.9 1.1 0 0.5 0.6 1.2 2.3 0.5 0.1	0.1 11 0.0 1 to the produ Fat per Portion (g) 6.7 5.9 3.0 0.4 0.1 0.1 0 0.1 0 0 0.1 0 0.1 0.1 0.1 0.1	0 1.2 0.0 1.2 0.0 uct nutrition. Saturated Fat per Portion (g) 0.5 0.4 0.3 0.2 0.1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30 0 0 0 0 0 0 0 0 0 0 0 0 0				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing Biue Cheese Dressing Garlic Mayonnaise	25 25 25 25 25 25 25 25 Sumer. These value: Weight of Portion (g) Salad St. Dressed S 50 59 26 24 16 Fresh S 17 33 35 26 21 18 Dried It 13 7 13 6 16 Dressings 30 27 29	29 102 47 as should be Energy per Portion (kcal) ation Sealads 102 68 95 20 12 1 alad 2 6 3 4 8 9 ems 69 31 44 8 9 ems 69 31 34 35 43 & Dips 80 125	0.4 0.3 0.1 taken from Protein per Portion (g) 0.8 0.4 2.7 1.0 0.1 0.1 0.2 0.2 0.3 0.1 1.2 0.8 0.8 0.4 0.4 0.4 0.4 0.6	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1 13 3.5 1.6 0.1 0.2 1.0 0.5 0.7 1.7 2.3 6.6 4.7 8.2 2.4 11 3.4 5.2 1.2	5.0 1.2 10.5 es' and addec Sugar per Portion (g) 1.7 2.4 2.1 0.9 1.1 0 0.5 0.6 1.2 2.3 0.5 0.1 0.2 1.1 0.5	0.1 11 0.0 1 to the produ Fat per Portion (g) 6.7 5.9 3.0 0.4 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0 0 0.7 2.6 0	0 1.2 0.0 1.2 0.0 0.0 1.2 0.0 0.0 0.2 0.1 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30 0 0 0 0 0 0 0 0 0 0 0 0 0				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing Blue Cheese Dressing Garlic Mayonnaise Light Mayonnaise Light Mayonnaise Light Mayonnaise	25 25 25 25 25 25 25 25 25 25 25 25 25 2	29 102 47 47 s should be Energy per Portion (kcal) addion salads 102 68 95 20 112 1 alad 2 6 3 4 8 9 9 ems 69 31 64 35 43 & Dips 80 125 127 138	0.4 0.3 0.1 Protein per Portion (g) 0.8 0.4 2.7 0.7 1.0 0.1 0.2 0.2 0.2 0.2 0.3 0.1 1.2 0.8 0.8 0.8 0.4 0.4 0.4 0.6 0.2	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1 13 3.5 1.6 0.1 0.2 1.0 0.5 0.7 1.7 2.3 6.6 4.7 8.2 2.4 11 3.4 5.2 1.2 4.3	5.0 1.2 10.5 es' and addec Sugar per Portion (g) 1.7 2.4 2.1 0.9 1.1 0 0.5 0.5 0.6 1.2 2.3 0.5 0.1 0.2 1.0 0.5 0.5	0.1 11 0.0 1 to the produ Fat per Portion (g) 6.7 5.9 3.0 0.4 0.1 0.1 0 0 0.1 0 0 0.8 2.7 2.6 0	0 1.2 0.0 1.2 0.0 uct nutrition. Saturated Fat per Portion (g) 0.5 0.4 0.3 0.2 0.1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30 0 0 0 0 0 0 0 0 0 0 0 0 0				
Heinz Garlic Sauce Dip Pot Heinz BBQ Sauce Dip Pot Heinz Sour Cream & Chive Pot Heinz Sweet Chill Dip Pot *Nutritional values don't account for the dips chosen by the cons Potato Salad Coleslaw BBQ Pasta Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing Blue Cheese Dressing Blue Cheese Dressing Garlic Mayonnaise	25 25 25 25 25 25 25 25 Sumer. These value: Weight of Portion (g) Salad St. Dressed S 50 59 26 24 16 Fresh S 17 33 35 26 21 18 Dried It 13 7 13 6 16 Dressings 30 27 29	29 102 47 as should be Energy per Portion (kcal) ation Sealads 102 68 95 20 12 1 alad 2 6 3 4 8 9 ems 69 31 44 8 9 ems 69 31 34 35 43 & Dips 80 125	0.4 0.3 0.1 taken from Protein per Portion (g) 0.8 0.4 2.7 1.0 0.1 0.1 0.2 0.2 0.3 0.1 1.2 0.8 0.8 0.4 0.4 0.4 0.4 0.6	6.4 1.9 11.5 Tabletop Sauce Carbohydrate per Portion (g) 9.1 3.1 13 3.5 1.6 0.1 0.2 1.0 0.5 0.7 1.7 2.3 6.6 4.7 8.2 2.4 11 3.4 5.2 1.2	5.0 1.2 10.5 es' and addec Sugar per Portion (g) 1.7 2.4 2.1 0.9 1.1 0 0.5 0.6 1.2 2.3 0.5 0.1 0.2 1.1 0.5	0.1 11 0.0 1 to the produ Fat per Portion (g) 6.7 5.9 3.0 0.4 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0 0 0.7 2.6 0	0 1.2 0.0 1.2 0.0 0.0 1.2 0.0 0.0 0.2 0.1 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0	0.24 0.44 0.38 als. Salt per Portion (g) 0.38 0.07 0.30 0 0 0 0 0 0 0 0 0 0 0 0 0				

FOOD ALLERGIES

The below nutritional information for our me	nu is provid	led as a g	uide. All ou	r dishes are	finished by h	nand, there	fore these	are appr	oximate	values only	/.	
	Weight of	Number of Slices	Energy per	Protein per	Carbohydra te per Slice	Sugar per	Fat per	Saturate d Fat per	Salt per			
	Pizza (g)	per Pizza	Slice (kcal)	Slice (g)	(g)	Slice (g)	Slice (g)	Slice (g)	Slice(g)			
	Penr	Pizza peroni Feas	t									
Individual Pan (9")	400	6	181	7.2	18	0.8	8.7	2.9	0.77			
Sharing Pan (13") Individual Thin (11")	810 397	8	272 163	7.2	29 19	1.2 0.9	12 6.0	4.1 2.6	1.2 0.84			
Sharing Thin (14")	640	8	198	8.8	22	1.3	8.1	3.6	1.1			
Individual Stuffed Crust (11")	550	6	235	12	23	0.9	11	5.2	1.3			
Sharing Stuffed Crust (14") Cheesy Bites (14")	912 912	8	287 287	14 14	29 29	1.3	13 13	6.0	1.6 1.6			
Gluten Free (9" Square)	351	6	164	4.5	20	1.6	7.1	2.6	0.69			
Individual Pan (9")	Loaded F 452	Pepperoni 6	east 214	8.8	18	0.91	12	3.8	0.98			
Sharing Pan (13")	891	8	310	13	29	1.3	16	5.1	1.4			
Individual Thin (11") Sharing Thin (14")	449 721	6 8	195 235	8.8 11	20 22	1.0 1.4	8.9 11.3	3.5 4.6	1.05 1.3			
Individual Stuffed Crust (11")	602	6	268	13	23	1.0	13.6	6.1	1.5			
Sharing Stuffed Crust (14")	993 993	8	325	16	29	1.4	16	7.0	1.8			
Cheesy Bites (14") Gluten Free (9" Square)	403	8	325 197	16 6.1	29 20	1.4 1.7	16 9.9	7.0 3.5	1.8 0.90			
Individual Pan (9")	Hot Honey 443	Pepperon 6	i Feast 192	7.2	20	2.8	9.0	2.6	0.93			
Sharing Pan (13")	879	8	279	11	31	3.2	12	3.5	1.4			
Individual Thin (11")	440	6	173	7.2	21	2.9	6.3	2.3	1.00			
Sharing Thin (14") Individual Stuffed Crust (11")	709 593	8	205 246	8.7 12	24 25	3.3 2.9	8.0 11	3.0 4.9	1.3			
Sharing Stuffed Crust (14")	981	8	294	14	31	3.3	12	5.4	1.8			-
Cheesy Bites (14") Gluten Free (9" Square)	981 394	8	294 175	14 4.5	31 22	3.3 3.5	12 7.4	5.4 2.3	1.8 0.85			
	Н	lawaiian					!					
Individual Pan (9") Sharing Pan (13")	456 936	6 8	166 249	7.6 11	19 30	1.7 2.8	6.4 9.0	2.0	0.77 1.2			
Individual Thin (11")	453	6	147	7.6	20	1.8	3.7	1.7	0.85			
Sharing Thin (14") Individual Stuffed Crust (11")	766	8	175	9.4	23	2.9	4.6	2.2	1.1			
Sharing Stuffed Crust (14")	606 1038	6 8	219 265	12 15	23 30	1.8 2.9	8.4 9.1	4.3 4.7	1.3 1.6			
Cheesy Bites (14")	1038	8	265	15	30	2.9	9.1	4.7	1.6		-	
Gluten Free (9" Square)	407 Fa	6 rmhouse	149	4.9	20	2.5	4.8	1.7	0.70			
Individual Pan (9")	439	6	162	7.6	18	0.9	6.4	2.0	0.78			
Sharing Pan (13") Individual Thin (11")	884 436	8	242 143	11 7.6	29 19	1.3 1.0	8.9 3.7	2.7 1.7	1.1 0.89			1
Sharing Thin (14")	714	8	168	9.2	22	1.4	4.6	2.2	0.93			
Individual Stuffed Crust (11") Sharing Stuffed Crust (14")	589 986	6 8	216 257	12 14	23 29	1.0 1.4	8.4 9.1	4.3 4.6	1.3 1.6			
Cheesy Bites (14")	986	8	257	14	29	1.4	9.1	4.6	1.6			
Gluten Free (9" Square)	390 Chick	6 en Suprem	145	4.9	20	1.7	4.8	1.7	0.72			
Individual Pan (9")	494	6 6	168	8.7	19	1.2	6.3	2.0	0.62			
Sharing Pan (13")	1037	8	256	14	29	1.8	8.9	2.7	1.0			
Individual Thin (11") Sharing Thin (14")	499 867	6 8	149 181	8.7 12	20	1.3 1.9	3.7 4.6	1.7 2.2	0.75 0.93			
Individual Stuffed Crust (11")	644	6	222	13	23	1.3	8.4	4.3	1.2			
Sharing Stuffed Crust (14") Cheesy Bites (14")	1139	8	271	17	30 30	1.9	9.1	4.6	1.4			
Gluten Free (9" Square)	1139 445	8	271 151	17 6.0	20	1.9 1.9	9.1 4.7	4.6 1.9	1.4 0.56			
Ladicidus I Day (01)		eat Feast	107	9.2	10	1.1	0.3	2.2	0.90	1		
Individual Pan (9") Sharing Pan (13")	468 970	6 8	197 303	14	19 30	1.1 1.6	9.3 14	3.2 4.7	1.4			
Individual Thin (11")	465	6	178	9.2	20	1.1	6.6	2.9	1.0			-
Sharing Thin (14") Individual Stuffed Crust (11")	800 618	8	228 250	12 14	23 23	1.7	10 11	4.2 5.5	1.3			
Sharing Stuffed Crust (14")	1072	8	318	18	30	1.7	14	6.6	1.7			
Cheesy Bites (14") Gluten Free (9" Square)	1072 419	8	318 180	18 6.5	30 20	1.7 1.8	14 7.7	6.6 2.9	1.7 0.83			
·	S	upreme				,						
Individual Pan (9") Sharing Pan (13")	477 987	6 8	196 301	8.5 13	19 30	1.2 1.9	9.5 14	3.2 4.7	0.78 1.3			
Individual Thin (11")	474	6	177	8.5	20	1.9	6.8	2.9	0.93			
Sharing Thin (14")	817	8	227	11	23	1.9	10	4.1	1.2			-
Individual Stuffed Crust (11") Sharing Stuffed Crust (14")	627 1089	6 8	250 316	13 16	23 30	1.3 1.9	12 14	5.5 6.6	1.3 1.6			
Cheesy Bites (14")	1089	8	316	16	30	1.9	14	6.6	1.6			
Gluten Free (9" Square)	428 BBO	6 Americano	179	5.7	20	2.0	7.9	2.8	0.71			
Individual Pan (9")	508	6	191	9.4	21	2.4	7.5	2.7	0.79			
Sharing Pan (13") Individual Thin (11")	1054 505	8	289 172	15 9.4	33 22	3.7 2.5	10 4.8	3.6 2.4	1.2 0.90			
Sharing Thin (14")	884	8	214	13	26	3.8	6.1	3.1	1.1			
Individual Stuffed Crust (11")	658	6	244	14	25	2.5	9.5	5.0	1.3			
Sharing Stuffed Crust (14") Cheesy Bites (14")	1156 1156	8	304 304	18 18	33 33	3.8 3.8	11 11	5.6 5.6	1.6 1.6			
Gluten Free (9" Square)	459	6	175	6.6	23	3.4	5.9	2.4	0.75			
Individual Pan (9")	488	Veggie 6	162	6.4	19	1.5	6.3	2.0	0.58	T		
Sharing Pan (13")	1019	8	245	9.6	31	2.4	8.8	2.7	0.89			
Individual Thin (11") Sharing Thin (14")	485 849	6 8	143 170	6.4 7.7	21 24	1.6 2.5	3.6 4.5	1.7 2.1	0.66 0.79			
Individual Stuffed Crust (11")	638	6	215	1.7	24	1.6	8.3	4.3	1.1			
Sharing Stuffed Crust (14")	1121	8	260	13	31	2.5	9.0	4.6	1.3			
Cheesy Bites (14") Gluten Free (9" Square)	1121 439	8	260 108	13 2.7	31 16	2.5 1.7	9.0	4.6 1.2	1.3 0.39			
	.55											

FOOD ALLERGIES

Gluten Free (9" Square)

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy.

The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only. Number Carbohydra Saturate Weight of Energy per Protein per Sugar per Fat per Salt per of Slices per Pizza te per Ślice d Fat per Slice (g) Slice (g) Slice (g) Slice(g) Pizza (g) (g) Slice (g) largherita Individual Pan (9") 398 796 169 250 7.0 0.9 0.64 0.96 18 29 Sharing Pan (13") Individual Thin (11") 395 626 548 898 4.7 5.8 9.4 0.73 7.0 2.4 Sharing Thin (14") 1.4 Individual Stuffed Crust (11") Sharing Stuffed Crust (14") Cheesy Bites (14") 1.4 1.4 10 10 Gluten Free (9" Square) 349 114 3.2 15 1.3 4.3 1.8 0.43 8 The G.O.A.T 3.0 5.3 3.0 5.3 Individual Pan (9") 184 7.8 0.67 21 33 22 27 1.0 Sharing Pan (13") 1088 5.1 Individual Thin (11") 166 Sharing Thin (14") 918 206 9.4 6.7 3.7 0.96 Individual Stuffed Crust (11") 25 34 34 667 238 3.0 1.2 12 10 1190 1190 296 296 6.2 1.5 Sharing Stuffed Crust (14") 11 11 Cheesy Bites (14") 468 Hot 'N Gluten Free (9" Square) 126 3.6 17 2.8 4.6 0.46 Spicy Chicker Individual Pan (9") Sharing Pan (13") 9.8 15 1.2 7.8 11 2.8 3.8 0.82 187 19 30 1095 528 925 681 Individual Thin (11") 168 20 0.93 Sharing Thin (14") 205 23 1.9 6.5 1.2 Individual Stuffed Crust (11") 10 Sharing Stuffed Crust (14") 1197 295 295 170 30 30 20 1.7 1.9 Cheesy Bites (14") Gluten Free (9" Square) 1197 18 7.0 1.9 6.2 0.76 Hot 'N' Spicy Ve Individual Pan (9") 0.76 Sharing Pan (13") Individual Thin (11") 259 156 1001 11 30 20 1.9 0.85 831 640 8.7 10 1.1 Sharing Thin (14") 184 2.0 Individual Stuffed Crust (11") 2.0 2.0 2.0 Sharing Stuffed Crust (14") 1103 274 30 30 11 5.6 1.6 14 Gluten Free (9" Square) 445 160 4.6 20 6.3 0.71 Meat Feast Hot Individual Pan (9") Sharing Pan (13") Individual Thin (11") 1078 327 197 16 10 30 20 16 5.7 1.7 523 1.2 8.1 1.2 Sharing Thin (14") Individual Stuffed Crust (11") 942 676 1.8 1.7 1.6 24 23 12 13 6.3 Sharing Stuffed Crust (14") Cheesy Bites (14") 1180 1180 343 343 30 30 16 16 Gluten Free (9" Square) 477 199 7.6 1.9 9.2 3.7 1.0 Bey Pepper Individual Pan (9") 414 168 6.3 9.5 19 1.0 7.3 0.66 30 20 23 Sharing Pan (13") 841 10 3.7 0.99 1.0 0.77 Individual Thin (11") 411 149 6.3 7.6 4.7 2.4 671 6.0 Sharing Thin (14") 0.93 23 30 30 564 943 943 1.2 1.4 1.4 Individual Stuffed Crust (11") 221 1.0 9.4 4.9 Sharing Stuffed Crust (14") 267 267 1.5 11 11 5.6 Cheesy Bites (14")

5.7

0.59

365

FOOD ALLERGIES

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy.

The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only. Number of Slices Carbohydra te per Slice Saturate d Fat per Weight of Energy per Protein per Sugar per Fat per Salt per Pizza (g) Slice (a) Slice (a) Slice(a) Slice (kcal) Slice (a) per Pizza (g) Slice (g) Vegan Pizzas Vegan Margherita 0.6 0.9 0.6 Individual Pan (9") 380 163 4.0 20 7.1 3.6 0.68 Sharing Pan (13") Individual Thin (11") 231 141 8.8 0.92 31 21 Sharing Thin (14" 562 0.9 4.4 0.76 0.65 Gluten Free (9" Square) 146 gan Veggi 6.1 9.1 Individual Pan (9") 476 158 4.3 21 33 2.6 3.9 0.61 2.1 Sharing Pan (13") Individual Thin (11") 1013 245 6.9 0.94 135 3.3 4.6 0.60 473 4. Sharing Thin (14") 0.78 843 166 4.9 2.1 Gluten Free (9" Square) 1.6 4.5 2.3 141 Vegan 'N' Spicy Individual Pan (9") 4.1 20 1.0 6.0 2.6 0.71 Sharing Pan (13") Individual Thin (11") 937 441 6.5 1.1 0.70 Sharing Thin (14") Gluten Free (9" Square) 767 0.91 0.65 24 22 4.4 Vegan Beyond Peppero i® Individual Pan (9") 164 20 0.7 7.2 Sharing Pan (13") Individual Thin (11") 835 399 665 6.9 32 21 24 4.9 0.71 141 174 0.8 4.4 4.2 Sharing Thin (14") 5.6 Gluten Free (9" Square) 147 2.9 0.64 Energy Carbohydrate Salt per Average Saturated per Portion Protein pe Sugar per Fat per Weight of Portion (g) per Portion Fat per Portion Portion (g) Portion (g) Portion (g) Portion (g (g) (g) (kcal) Flatbre 300 316 Chicken Delight Flatbread 59 64 6.2 10 5.6 10 The Little G.O.A.T Flatbread Virtuous Veg Flatbread 301 439 20 60 6.7 5.2 2.7 289 Vegan Virtuous Veg Flatbread 401 8.9 6.4 2.8 13 65 6.0 BBQ Chicken 'N' Ham Flatbread 285 519 61 6.0 16 5.9 Pepperoni Melt Meat Feast Melt 277 312 749 771 5.3 6.1 4.5 4.9 31 37 68 70 38 38 17 16 BBQ Chicken Melt 326 704 34 84 19 12 4.0 328 295 898 Toasted 3 Cheese Mel 4.8 49 24 16 5.0 Beyond Pepperoni Melt 688 6.4 Energy Average Carbohydrate Saturated Salt per Protein per Sugar per Fat per per Weight of per Portion Fat per Portion Portion (kcal) Portion (g) Portion (g) Portion (g) Portion (g) (g) Portion (g) (g) 13 2.9 416 29 43 29 552 Lasagne Classic Mac 'N' Cheese 460 811 38 10 38 22 3.8 Carbohydra Number Saturate Weight of Protein per Fat per Salt per Energy per Sugar per of Slices te per Ślice d Fat per Pizza (g) Slice (kcal) Slice (g) Slice (g) Slice (g) Slice(g) per Pizza Slice (g) (g) **Buffet Sides Buffet Pasta** 100 2.3 2.9 2.6 4.6 4.6 0.6 0.34 0.61 Tomato Pasta 12 Four Cheese & Broccoli Pasta **Garlic Breadsticks** Garlic Breadsticks - Large 20.1 57 1.7 7.6 7.3 0 2.1 0.4 0.17 Garlic Breadsticks - Small 1.7 0 1.6 0.3 0.16 eadstic esy Gar 8.0 7.6 0.1 0.32 Cheesy Garlic Breadsticks - Large 5.1 4.2 Cheesy Garlic Breadsticks - Small

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	Average Weight of Portion (g)	Energy per Portion (kcal)	Protein per Portion (g)	Carbohydrate per Portion (g)		Fat per	Saturated Fat per Portion (g)	Salt per Portion			
Pan Pizza Margherita	206	448	20	57	3.1	15	5.5	1.7			
Thin Pizza Margherita	206	448	20	57	3.1	15	5.5	1.7			
Gluten Free Margherita	181	394	14	43	6.2	17	8.0	1.5			
*Nutritionals do not i			e at the Salad	Station.							
	Main	ıS									
Chicken 'N' Fries	230	421	20	45	1.1	17	2.6	2.1			
Vegan Southern Fried Nuggets 'N' Fries	205	374	11	40	1.0	18	1.8	2.0			
Mac 'N' Cheese	230	406	19	43	5.0	19	11	1.9			
Spaghetti Bolognese with Cheese	280	281	18	29	6.4	9.6	5.0	1.0			
Cheesy Pasta	250	352	14	52	5.8	11	5.2	1.2			
	Side	-									
Fries	125	209	2.8	28	0.6	9.3	1.1	1.3			
Garlic Bread	60	180	4.5	23	1.7	7.2	2.2	0.43			
Onion Rings	79	169	2.8	23	3.5	7.4	0.9	0.71			
Mini Corn on the Cob	66	96	2.6	12	7.1	3.0	0.4	0			
	Drinl	-									
Semi Skimmed Milk	225	101	7.9	10	10	3.4	2.0	0.25			
Kids Orange Juice	230	94	1.6	21	21	0	0	0			
Kids Apple Juice	230	104	0	25	25	0	0	0			
Robinsons Squash - Orange	230	2	0	0	0	0	0	0.05			
Robinsons Squash - Apple & Blackcurrant	230	5	0	0	0	0	0	0.07			
	Desse										
Chilly Billy Blackcurrant & Apple Ice Lolly	80	30	0.2	7.6	7.6	0.1	<0.1	0			
Kids Chocolate Brownie	145	404	5.4	50	43	20	9.3	0.11			
	Ice Cream	Factory							l		

Our Food Team have worked hard to develop the perfect recipe for your Ice Cream Creation! The following nutritional information is based on our recommended portions.

Kids Ice Cream Factory												
	Average Weight of portion (g)	Energy per portion (kcal)	Protein per portion (g)	Carbohydrate per portion (g)	Sugar per portion (g)	Fat per portion (g)	Sat Fat per portion (g)	Salt per portion (g)				
Typical portion Ice Cream	129	151	4.3	18	17	6.6	4.6	0.27				
Typical portion Choc Sauce	8	24	0.1	5.4	4.5	0.2	0.1	0				
Toppings(3)	22	99	0.8	17	16	3.6	2.2	0.10				
TOTAL	159	274	5.2	40	38	10	7.0	0.37				
	Adults Ice Cre											
Typical portion Ice Cream	221	259	7.3	31	31	29	8.0	0.46				
Typical portion Choc Sauce	8	24	0.1	5.4	4.5	0.2	0.1	0				
Toppings(3)	22	99	0.8	17	16	3.6	2.2	0.10				
TOTAL	251	382	8.2	54	52	33	10	0.56				
	Per 10	10g										
Ice Cream Builder Ice Cream		117	3.3	14	13	5.1	3.6	0.21				
Raspberry Sauce		249	0.1	62	43	0.4	0.2	0.04				
Chocolate Sauce		297	1.4	67	56	2.6	1.6	0.03				
Strawberry Crunch		397	0	98	98	1.7	1.6	0				
Milk Chocolate Chips		523	6.7	60	59	28	17	0.17				
Mixed Chocolate Chips		530	3.8	64	62	28	21	0.12				
Milk Chocolate Beans		464	2.5	76	75	16	9.8	0.10				
Gold Stars		437	1.1	84	79	10	6.4	0.10				
Mixed Coloured Stars		421	0.3	93	83	5.1	2.6	0.01				

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	Average weight of Portion (g)	Energy per Portion (kcal)	Protein per Portion (g)	Carbohydrate per Portion (g)	Sugar per Portion (g)	Fat per Portion (g)	Saturated Fat per Portion (g)	Portion				
	Desse											
Hot Cookie Dough (served with a scoop of ice cream & drizzle of sauce for all)												
White Chocolate & Caramel Cookie Dough	196	609	6.7	89	60	25	14	1.1				
Chocolate Chip Cookie Dough	196	628	7.9	88	55	27	15	1.1				
White Chocolate, Caramel and Cinnamon Cookie Dough	206	650	6.8	98	68	25	14	1.0				
Loaded Cookie Dough made with Rolo®	212	690	8.2	97	66	30	17	1.2				
Takeaway Cookie Dough												
(Served with Take	Away Ice Crea	am Tub & a	a Drizzle of S	auce)								
White Chocolate & Caramel Cookie Dough	175	586	6.8	83	53	25	14	1.1				
Chocolate Chip Cookie Dough	175	604	7.9	82	48	27	15	1.1				
Loaded Cookie Dough made with Rolo®	178	615	7.2	88	56	26	15	1.23				
	Hot Des	serts			1							
Hot Chocolate Brownie (served with ice cream & sauce)	189	618	7.9	72	62	32	15	0.18				
Take Away Hot Chocolate Brownie (served with ice cream & sauce)	168	595	7.9	66	56	33	15	0.20				
Additional Take Away Vanilla Ice Cream Tub	65	118	2.5	12	12	6.5	3.8	0.09				
	Cold Des	sserts		•	<u> </u>					<u> </u>		
I Can't Believe Its Not Cheesecake	107	468	2.9	48	25	30	12	0.57				
Chilly Billy Blackcurrant & Apple Ice Lolly	80	30	0.2	7.6	7.6	0.1	<0.1	0				
Additional Scoop Vanilla Ice cream	86	141	2.5	19	19	6.5	3.2	0.03	-			
Additional Chocolate Sauce	15	48	0.4	9.2	6.0	1.1	0.7	0				
Additional Salted Caramel Sauce	15	37	0	7.7	7.5	0.5	0.2	0.20				