# Dietary Information Booklet

Please ask to speak with a manager if you need any further guidance

At Pizza Hut Restaurants, we offer a range of food and dining options to cater for your lifestyle choices - we call this 'Taste Freedom'. However, with freedom comes responsibility and your health and wellbeing is our number one priority.

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy. Finally please note due to the seriousness of allergies and food intolerances our restaurant teams will not be able to help select dishes.

If you, or anyone with you today, has a food allergy, please check this booklet for information on the 14 allergens and the full list of ingredients.

From time to time, suppliers and items on our menu will change and this can result in a change of ingredients and potentially allergens. Please check before each visit.

Allergy data in the table has been derived from specifications obtained from the suppliers of the products. We have taken all reasonable steps to ensure that this table is accurate at the time of publishing (August 2024).

The Nut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

#### Contents

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		The '	' indicate	es that the a	lleraen is	contair	ned and p	resent i	n this ite	m.						PERTENSION OF
The 'o' means that this allergen is present in	the manuf										this alle	rgen cou	ld cross	-contan	ninate the	food.
		table for								es it contair		<b>J</b>				
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs	Cereals containing gluten above 20 ppm	Soya	Едд	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphur Dioxide above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
						des										
Fries	Yes	No	No	•			0									
Onion Rings	Yes	No	No	•			0									
Garlic Bread	Yes	No	No	•	0		0									
Garlic Bread with Cheese	Yes	No	No	•	0		•									
Mozzarella Sticks with a Sweet Chilli dip	Yes	No	No	•	0		•						0			
Cheesy Triangles with a Sweet Chilli dip	Yes	No	No	•			•									
Halloumi Fries with a Sweet Chilli dip	Yes	No	No	•			•									
Vegan Southern Fried Nuggets	Yes	Yes	No	•			0									
Mini Corn on the Cob	Yes	Yes	Yes		•		0									
Cheesy Bite Bites / Loaded Cheesy Bite Bites / Sweet Chilli Loaded Cheesy Bite Bites	Yes	No	No	•	•		•									
Loaded Bacon Cheesy Bite Bites	No	No	No	•	•		•									
Chicken Wings	No	No	Yes				0					-				
Chicken Bites	No	No	No	•	•		0									
Hot Honey Chicken Bites	No	No	No	•	•		0									
Hot Honey BBQ Chicken Wings	No	No	Yes		ips & B	ite Stat	O					<u> </u>				
Heinz PPO Sauce	Voo	Von	No		ips & b	its Stat	ion							I		1
Heinz BBQ Sauce	Yes Yes	Yes	No Yes	0								_				-
Heinz Tomato Ketchup  BBQ Sauce		Yes										•				
Tomato Ketchup	Yes	Yes	Yes Yes													
Chilli Flakes	Yes	Yes	Yes													
Cilili I lakes	165	163	163		Dine-in	Din Po	te									
Sour Cream	Yes	No	Yes		Dc	D.p. o	•						•	Τ		
Sweet Chilli	Yes	Yes	Yes				0						_			
Hot Honey	Yes	No	Yes				0									
Frank's RedHot®	Yes	Yes	No	0	0		0	0				0	0			
					akeawa	y Dip P				l.						
Heinz Garlic Sauce Dip Pot	Yes	No	Yes		•	•						•	•	Π		
Heinz BBQ Sauce Dip Pot	Yes	Yes	Yes													
Heinz Sweet Chilli	Yes	Yes	Yes													
					Salad	Station										
				Dr	essed \$	Salad Li	nes									
Potato Salad	Yes	No	Yes			•							•			
Coleslaw	Yes	No	Yes			•							•			
Sweetcorn	Yes	Yes	Yes													
Diced Beetroot	Yes	Yes	Yes													
Jalapeños	Yes	Yes	Yes									<u> </u>				
				F	resh Sa	alad Lin	es									
Carrots, Cherry Tomatoes, Cucumbers, Lettuce Mix, Peppers, Red Onions, Spinach, Rocket	Yes	Yes	Yes													
					Dried	Items										
Bacon Bits	Yes	Yes	No	•	•											
Croutons	Yes	Yes	No	•												
Tortilla Chips	Yes	Yes	Yes													
Crispy Onions	Yes	Yes	No	•												
Sultanas	Yes	Yes	Yes		<u> </u>					<u> </u>	<u> </u>					
				I	Dressin	gs & Di	ps									
Thousand Island Dressing	Yes	Yes	Yes													
Blue Cheese Dressing	Yes	Yes	Yes													
Garlic Mayonnaise	Yes	Yes	Yes										•			
Light Mayonnaise	Yes	Yes	Yes													
Ranch Dressing	Yes	Yes	Yes							•			•			
Low Fat French Dressing	Yes	Yes	Yes									-	•			
Salsa	Yes	Yes	Yes									•				

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		The '	' indicate	es that the a	llergen is	contain	ned and p	resent i	n this ite	m.						
The 'o' means that this allergen is present in	the manuf										this alle	rgen cou	ld cross	-contan	ninate the	food.
	Sui	table for	?						Do	es it contair	?					
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs	Cereals containing gluten above 20 ppm	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphur Dioxide above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
					Pizza	Builder										
					Pizza	Bases										
Original Pan	Yes	Yes	No	•	•		0									
NEW Handcrafted with Garlic Sprinkle	Yes	No	No	•	•		•									
NEW Handcrafted without Garlic Sprinkle	Yes	Yes	No	•	•		0									
Stuffed Crust	Yes	No	No	•	•		•									
Cheesy Bites Gluten Free	Yes Yes	No Yes	No Yes	•	•		•									
Flatbread	Yes	Yes	No		•		0									
		1.00	110			se Sauc										
Unseasoned Tomato																
(used on Gluten Free, Flatbread, Kids Pizzas)	Yes	Yes	Yes				0									
Seasoned Tomato (used on Handcrafted, Original Pan, Stuffed Crust, Cheesy Bites)	Yes	Yes	Yes				0									
BBQ Sauce (For all Bases except Gluten Free)	Yes	Yes	No	0	•		0									
BBQ Sauce (Gluten Free) (Only for Gluten Free Pizza Bases)	Yes	Yes	Yes				0									
					Ch	eese										
Mozzarella	Yes	No	Yes				•									
Goats' Cheese	Yes	No	Yes				•									
Triple Cheese Blend	Yes	No	Yes				•									
Vegan Ch**se	Yes	Yes	Yes		Dizzo I	Conning	0									
Chicken Breast	No	No	Yes		FIZZA I	Topping:	r							Ι		
Ham	No	No	Yes				0									
Pepperoni	No	No	Yes				0						•			
Beef	No	No	Yes		•		0									
Bacon	No	No	Yes				0									
Cup 'n' Crisp Pepperoni	No	No	Yes		•		0						•			
Spicy Pork	No	No	Yes		•		0									
Spicy 'Nduja	No	No	Yes				0									
Black Olives	Yes	Yes	Yes				0									
Peppers	Yes	Yes	Yes				0									
Mushrooms	Yes	Yes	Yes				0									
Red Onions	Yes	Yes	Yes	-			0									
Caramelised Onions Sweetcorn	Yes Yes	Yes	Yes				0			•						
Cherry Tomatoes	Yes	Yes	Yes				0									
Pineapple	Yes	Yes	Yes				0									
Rocket	Yes	Yes	Yes				0									
Spinach	Yes	Yes	Yes				0									
Roquito® Chilli Peppers	Yes	Yes	Yes				0									
Jalapeños	Yes	Yes	Yes				0									
Green Chilli	Yes	Yes	Yes				0									
Go Extra Cheesy (Add Triple Cheese - a blend of Mozzarella, Monterey Jack and Red Leicester)	Yes	No	Yes		1		•									
Garlia Saraa d	Yes	Ne	Voc	P	rızza dri	zzle fini	T									
Garlic Spread  Dried Parsley	Yes	No Yes	Yes				0									
BBQ Drizzle				_												
(For all Bases except Gluten Free)  BBQ Drizzle (Gluten Free)	Yes	Yes	No Yes	0	•		0									
(Only for Gluten Free Pizzas)						_			-				-			
Sour Cream Drizzle  Balsamic Drizzle	Yes Yes	No Yes	Yes			•	•		-	_			•			
Frank's RedHot® & Ranch Drizzle	Yes	Yes	No	0	0		0	0		•		0	•			
Frank's RedHot® Drizzle	Yes	Yes	No	0	0		0	0		_		0	0			
Hot Honey Drizzle	Yes	No	Yes		<u> </u>		0					-				
,				L		1										

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		The '	' indicate	es that the a	llergen is	contair	ned and p	resent i	n this ite	m.						
The 'o' means that this allergen is present in	n the manuf										this alle	rgen cou	ld cross	-contan	ninate the	food.
	Sui	table for	?						Doe	es it contair	1?					
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs	Cereals containing gluten above 20 ppm	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphur Dioxide above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
Allergen Information for Pizza				Tomato sa include Piz								the ba	se you	have c	hosen.	
Pepperoni	No	No	Yes				•						•			
(New Recipe) Pepperoni Feast	No	No	Yes		•		•						•			
Pepperoni & Spicy 'Nduja	No	No	Yes		•		•						•			
The Spicy G.O.A.T.	Yes	No	Yes				•									
Chicken & Bacon Club	No	No	No	•	•	•	•						•			
Chicken Fajita	No	No	Yes			•	•						•			
Hawaiian	No	No	Yes				•									
Chicken Supreme	No	No	Yes				•									
Meat Feast	No	No	Yes		•		•						•			
Supreme	No	No	Yes		•		•						•			
BBQ Americano	No	No	Yes		•		•									
Veggie	Yes	No	Yes				•									
Margherita	Yes	No	Yes				•									
The G.O.A.T.	Yes	No	Yes				•			•						
Veggie Supreme	Yes	No	Yes				•									
Veggie Sizzler	Yes	No	Yes				•									
Meat Feast Sizzler	No	No	Yes		•		•						•			
Farmhouse	No	No	Yes				•									
Vegan Margherita	Yes	Yes	Yes				0									
Vegan Veggie	Yes	Yes	Yes				0									
Vegan Veggie Supreme	Yes	Yes	Yes				0									
Vegan Veggie Sizzler	Yes	Yes	Yes				0									
	Г			s (Tomato		oase un	T	ted othe	erwise		nu)	I	I	1		1
Virtuous Veg Flatbread	Yes	No	No	•	•		•			•						
Vegan Virtuous Veg Flatbread	Yes	Yes	No	•	•	_	0			•			_			
(New Recipe) Chicken Delight Flatbread	No	No	No	•	•	•	•			_			•			
The Little G.O.A.T. Flatbread  BBQ Chicken 'N' Ham Flatbread	Yes No	No No	No No	•	•		•			•						
BBQ CIIICKEII N Haili Hatbreau	140			ed with Ma		Salice II		ated oth	orwise	)						
Meat Feast Melt	No	No	No	• WILLI WIE	•	auce u		ated oti	ici wisc				•	Ι		1
Pepperoni Melt	No	No	No													
BBQ Chicken Melt	No	No	No	•	•		•						_			
(served with BBQ sauce) Toasted Three Cheese Melt	Yes	No	No	•	•		•									
Fries (served with Melts for dine in)	Yes	No	No	•	_		0									
Marinara Sauce	Yes	No	No				0									
					Buffe	t Pizza										
Margherita	Yes	No	No	•	•		•									
Pepperoni	No	No	No	•	•		•						•			
BBQ Americano	No	No	No	•	•		•									
Veggie	Yes	No	No	•	•		•									
Veggie Hot	Yes	No	No	•	•		•									
Hawaiian	No	No	No	•	•		•									
Classic Chicken	No	No	No	•	•		•									
Spicy Chicken	No	No	No	•	•		•									
Three Cheese & Caramelised Onion	Yes	No	No	•	•		•			•						
BBQ Beef & Onion	No	No	No	•	•		•									
The G.O.A.T.	Yes	No	No	•	•		•			•						
Chicken Feast	No	No	No	•	•		•									
Pepperoni & Spicy 'Nduja	No	No	No	•	•		•						•			
The Spicy G.O.A.T.	Yes	No	No	•	•		•									
Chicken & Bacon Club	No	No	No	•	•	•	•		l			1	•			1
Chicken Fajita	140															

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due to risk of cross-contamination triey may co			' indicate	es that the a	llergen is	contair	and and r	rosent i	n this ita	ım						The Color
The 'o' means that this allergen is present in	the manut										this alle	raen coi	ıld cross	-contan	ninate the	food
The o means that this anergen is present in		table for		Тугацрріу сі	nam, me	eiore our	зиррпег	3 Delieve		es it contair		ilgen coc	na Cross	-contan	illiate the	1000.
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs	Cereals containing gluten above 20 ppm	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphur Dioxide above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
				1	Buffe	t Sides		1					T	T		
Garlic Breadsticks	Yes	Yes	No	•	•		0									
Cheesy Garlic Breadsticks	Yes	No	No	•	•		•									
Tomato Pasta	Yes	Yes	No	•	•		0					•				
Four Cheese & Broccoli Pasta	Yes	No	No	•	D.	asta	•									
Lasagne	No	No	No	•	F	a51a	•		Г	Ι		Т	T	T		
Classic Mac 'N' Cheese	Yes	No	No			•	•						•			
Olassic Mac IV Olleese	103	140	140		ini & Me	ga Mon										
			F	Pizza (with				auce)								
Original Pan base	Yes	Yes	No	•	•		0									
Thin base	Yes	Yes	No	•	•		0									
Gluten Free base	Yes	Yes	Yes				0									
Mozzarella	Yes	No	Yes				•									
Vegan Ch**se	Yes	Yes	Yes				0			-						
Chicken Breast Ham	No No	No No	Yes Yes				0									
Pepperoni	No	No	Yes				0						•			
Beef	No	No	Yes		•		0									
Bacon	No	No	Yes				0									
Spicy Pork	No	No	Yes		•		0									
Spicy 'Nduja	No	No	Yes				0									
Black Olives	Yes	Yes	Yes				0									
Peppers	Yes	Yes	Yes				0									
Mushrooms Red Onions	Yes Yes	Yes Yes	Yes Yes				0									
Caramelised Onions	Yes	Yes	Yes				0			•						
Sweetcorn	Yes	Yes	Yes				0			_						
Cherry Tomatoes	Yes	Yes	Yes				0									
Pineapple	Yes	Yes	Yes				0									
Rocket	Yes	Yes	Yes				0									
Spinach	Yes	Yes	Yes				0									
Roquito® Chilli Peppers	Yes	Yes	Yes				0									
Jalapeños	Yes	Yes	Yes		M	ains	0									
Spaghetti Bolognese	No	No	No	•			0					Т				
Mac 'N' Cheese	Yes	No	No				•						•			
Chicken 'N' Fries	No	No	No		•		0								0	
Vegan Southern Fried Nuggets 'N' Fries	Yes	No	No	•			0									
					Si	des										
Fries	Yes	No	No	•			0									
Onion Rings	Yes	No	No	•			0					_				
Mini Corn on the Cob  Garlic Bread	Yes	Yes No	Yes No		•		0									
Gariic Bread	Yes	INO	INO	•	O	inks	0									
Milk	Yes	No	Yes				•									
Apple Juice / Orange Juice	Yes	Yes	Yes													
Fruit Shoots - All Flavours	Yes	Yes	Yes	Refer dire	ectly to t	he supp	lier - Fru	it Shoot	- www	fruitshoot.	com/gb					
				ain drinks												
7UP Zero / Pepsi Max / Diet Pepsi	Yes	No	Yes	Refer dire	ectly to t	he supp	lier - Pep	osi - ww	w.pepsi	.co.uk, 7UF	o - wwv	v.7up.co	.uk	1		I
Tango Orange / Tango Apple	Yes	No	Yes	D-f "	-41 /							<u> </u>				
Robinsons Squash - All flavours	Yes	Yes	Yes	Refer dire		he suppl	iier - Rob	oinsons	- www.r	obinsonss	quash.	co.uk				
Chocolate Brownie (Served with Vanilla	,,,	T				อยเเร						T				
Ice Cream and Chocolate Sauce)	Yes	No	Yes		•	•	•			0						0
Chilly Billy Apple & Blackcurrant Ice Lolly	Yes	Yes	Yes													0
				I	ce Crea	m Facto	ory									
Ice Cream Mix	Yes	No	Yes				•			-						
Raspberry Sauce Chocolate Sauce	Yes Yes	Yes No	Yes Yes		•		0		-							
Bubblegum Sauce	Yes	Yes	Yes		-		•									
Strawberry Crunch	Yes	No	Yes				0									
Milk Chocolate Beans	Yes	No	Yes		•		•									
Milk Chocolate Chips	Yes	No	Yes		•		•									
Gold Stars Mixed Coloured Stars	Yes Yes	No Yes	Yes Yes		0		0									
Mixed Coloured Stars  Mixed Chocolate Chips	Yes	No	Yes		•		0									
Milk Chocolate Chunks	Yes	No	Yes		•	0	•									
Marshmallows	Yes	No	Yes		0	0	0									
Gold Fudge	Yes	No	Yes				•									

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due to risk of cross-contamination they may co	ontain dairy	/-														
		The '	' indicate	es that the a	llergen i	s contair	ed and p	oresent i	n this ite	m.						
The 'o' means that this allergen is present in	the manuf	facturing	site/facto	ry/supply ch	nain, the	refore ou	r supplier	s believe	there is	a <b>risk</b> that	this alle	ergen cou	ıld <b>cross</b>	-contan	ninate the	food.
	Sui	table for	?						Do	es it contai	n?					
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs	Cereals containing gluten above 20 ppm	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphur Dioxide above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
	Ho	t Cooki	e Dougl	h - All Size	s (Serv	ed with	Vanilla	Ice Crea	am and							
Chocolate Chip Cookie Dough	Yes	No	No	•	•	0	•									0
White Chocolate & Caramel Cookie Dough	Yes	No	No	•	•	0	•									0
White Chocolate, Caramel & Cinnamon Cookie Dough	Yes	No	No	•	•	0	•									0
Loaded Cookie Dough made with KitKat®	Yes	No	No	•	•	0	•									0
Loaded Cookie Dough made with ROLO®	Yes	No	No	•	•	0	•									0
					Des	serts										
I Can't Believe It's Not Cheesecake Chocolate Brownie (Served with Vanilla	Yes	Yes	No	•	•	0	0			0						0
Ice Cream and Chocolate Sauce)	Yes	No	Yes		•	•	•			0						0
Chilly Billy Apple & Blackcurrant Ice Lolly	Yes	Yes	Yes			A 1 11/1										0
Vanilla Ice Cream	Yes	No	Yes	<b>L</b>	Jessert	Additio		Ι	T	I	Τ	Τ	T	T		Γ
							•									
Take Away Vanilla Ice Cream  Chocolate Sauce	Yes	No	Yes				•									
	Yes	No			•		•									
Salted Caramel Sauce	Yes	No	Yes		D.	rinks	•									
						Drinks										
	All fountain drinks contain a source of Phenylalanine.															
7UP Zero / Pepsi Max / Diet Pepsi	Yes	No	Yes	Refer dire	ectly to t	he supp	lier - Per	osi - ww	w.pepsi	.co.uk, 7U	P - wwv	v.7up.co	.uk, Tan	go - ww	w.tango.	co.uk
Tango Orange / Tango Apple	Yes	No	Yes													
Flavour Shots – Cherry/Vanilla/Lime/ Strawberry	Yes	No	Yes	Defeat dire			liar Dal			ahinaanaa						
Robinsons Squash - All Flavours  Belu Still / Sparkling Water	Yes Yes	Yes Yes	Yes Yes	Refer dire						obinsonss	quasn.	JO.UK				
Lipton Peach Ice Tea	Yes	Yes	Yes	Refer dire				u ******	.bcia.oi	9		-				
Bottle of Pepsi	Yes	Yes	Yes	Refer dire	ectly to t	he supp	lier - Per	osi - ww	w.pepsi	.co.uk						
Irn Bru	Yes	Yes	Yes	Refer dire	ectly to t	he supp	lier - A.G	Barr -	www.ag	barr.co.uk		_	T	T	1	
Apple Juice / Orange Juice J2O - All Flavours	Yes Yes	Yes Yes	Yes Yes	Refer dire	ctly to t	he sunn	lier - 120	) - \404044	i20 co u	ık						
Gingerella	Yes	Yes	Yes	t						.karmacola	a.co.uk					
Soda Folk – Cream Soda	Yes	Yes	Yes							odafolk.co						
Bottle of 7UP Zero / Pepsi Max Tango Orange / Pepsi	Yes	Yes	Yes							.co.uk, 7Ul	P - wwv	v.7up.co	.uk, Tan	go - ww	w.tango.	co.uk
Bottle of Diet Pepsi	Yes	No	Yes	Refer dire		he supp Drinks	lier - Per	osi - ww	w.pepsi	.co.uk						
Black Tea	Yes	Yes	Yes													
Tea with Milk Hot Chocolate	Yes Yes	No No	Yes Yes				•							-		
Black Americano	Yes	Yes	Yes				•									
Americano with Milk	Yes	No	Yes				•									
Caffe Latte	Yes	No	Yes				•									
Cappuccino Espresso Shot	Yes Yes	No Yes	Yes Yes				•									
			. 50		Alcoho	lic Drini	(S									
Pinot Grigio / Merlot / White Zinfandel	No	No	Yes	Refer dire	ectly to t	he supp	lier - Ma	tthew CI	ark - w	ww.matthe	wclark.	co.uk				
Prosecco	No	No	Yes	res Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk												
Budweiser	Yes	Yes	No	No Refer directly to the supplier - Budweiser - www.budweiser.com/en/company/products/budweiser												
San Miguel	Yes	Yes	No	No Refer directly to the supplier - San Miguel - www.sanmiguel.com												
BrewDog Punk IPA	Yes	Yes	No	Refer dire	ectly to t	he supp	lier - Bre	wDog -	www.Br	ewDog.co	m					
Kopparberg Strawberry & Lime	Yes	Yes	Yes	Refer dire	ectly to t	he supp	lier - Kop	oparberç	g - www	.kopparbe	rg.co.uk	/faqs/				
Kopparberg Mixed Fruit Tropical	Yes	Yes	Yes	Refer dire	ectly to t	he supp	lier - Kop	oparberç	g - www	.kopparbe	rg.co.uk	/faqs/				
Bulmers	Yes	Yes	Yes	Refer dire	ectly to t	he supp	lier - Bul	mers - v	vww.bul	mers.co.ul	k/nutritio	onal-val	ues			

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## FOOD ALLERGIES

	Fries
Fries	Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), You extract, Spice extracts (paprika, black pepper), Dextrose.  Onion Rings
Onion Rings	Diced Onions (53%), Wheat flour, Vegetable oils (rapeseed, sunflower, in varying proportions), Gelling agent (E401), Salt, Yeast, Sugar, Flavouring (Paprika extract; Turme extract)
	Garlic Bread
Garlic Bread	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Fat Spread (17%) [Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3%) (Puree and Chopped), Yeast, Salt, Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains Wheat). May contain Soya and Milk.
	Garlic Bread with Cheese
Garlic Bread	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Fat Spread (17%) [Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3%) (Puree and Chopped), Yeast, Salt, Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains Wheat). May contain Soya and Milk.
Mozzarella Cheese (optional)	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
	Mozzarella Sticks
Mozzarella Sticks	Breading (52%) (Wheat Flour, Water, Sunflower Oil, Maize Starch, Salt, Yeast, Potato Flake, Dehydrated Onion, Pea Protein, Dehydrated Parsley, Raising Agents (E450, E50 Stabiliser (E461), Black Pepper, Garlic Powder, Flavourings, Dextrose, Colour (E101)), Mozzarella Cheese (48%)(Milk) (contains Anti-Caking Agent(Potato Starch)).
Sweet Chill Dip	Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)  Cheesy Triangles
Cheesy Triangles	Processed cheese (Milk) (57%) [FDM (45%), Rennet from microbiological Origin] [Cheese (Milk) (65%), Water, Butter (Milk), Milk protein, Maize starch, Emulsifying salts (E452, E331), Salt, Thickener (E407)], Flour (Wheat, Maize), Water, Rapeseed oil, Modified maize starch, Salt, Milk protein (Milk), Yeast, Parsley, Raising agents (E450, E500 Garlic powder, Onion powder.
Sweet Chill Dip	Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)  Halloumi Fries
	Halloumi Cheese (MILK) (67%) ((Cows MILK, Sheeps MILK, Goats MILK, Mint), Stabiliser (E461)), Vegetable Oils (Rapeseed, Sunflower)- in varying proportions, Water, Bat
Halloumi Fries	(WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Modified Starch, Maize Flour, Raising Agents (E450, E500), Dextrose, Red Bell Pepper, Quinoa, WHEAT Gluten, Parsley Rusk (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Salt)
Sweet Chill Dip	Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)
	Vegan Southern Fried Nuggets
egan Southern Fried Nuggets	Mycoprotein (53%), Wheat Flour, (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil, Breadcrumb (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine, Yeast, Salt), Wheat Starch, Potato Protein, Wheat Gluten, Salt, Firming Agents: Calcium Chloride, Calcium Acetate; Water, Natural Flavouring, Pea Fibre, Spices (Paprika, Fennel, Black Pepper), Yeast Extract, Stabilisers: Carrageenan, Sodium Alginate; Black Pepper, Rice Flour, Dextrose, Acid: Citric Acid; Garlic Extract, Onion Oil.
Corn on the cob	Mini Corn on the cob  Sweetcorn.
Vegetable oil spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
	Cheesy Bite Bites Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mc
Stuffed Crust Dough	and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).  Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
String Cheese for Crust	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate
Garlic Spread	Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i> Loaded Cheesy Bite Bites
Stuffed Crust Dough	Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mc and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapesed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Triple Cheese Blend	Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures)
	Sweet Chili Loaded Cheesy Bite Bites
Stuffed Crust Dough	Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mc
Vegetable Oil Spray	and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).  Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
	Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures)
Triple Cheese Blend	With Class Factor Company Madified Andre Comb College Vision and Additional College Co
Triple Cheese Blend Sweet Chilli	Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)
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Sweet Chilli	Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)  Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar  Loaded Bacon Cheesy Bite Bites
Sweet Chilli Sliced Roquito Peppers Stuffed Crust Dough Vegetable Oil Spray	Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)  Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar  Loaded Bacon Cheesy Bite Bites  Ingredients: WHEAT Flour (WHEAT Flour, Calcium Cabonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mc and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).  Rapeseed Oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Sweet Chilli Sliced Roquito Peppers Stuffed Crust Dough Vegetable Oil Spray String Cheese for Crust	Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)  Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar  Loaded Bacon Cheesy Bite Bites  Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mc and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471), Flour Treatment Agent: Ascorbic Acid (E300).  Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).  Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch  Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate
Sweet Chilli Sliced Roquito Peppers Stuffed Crust Dough Vegetable Oil Spray	Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)  Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar  Loaded Bacon Cheesy Bite Bites  Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Moand Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).  Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).  Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch

#### FOOD ALLERGIES

	Chicles Cores Call Datate Charle Davies Mains Flow Onion Davides Founder Callin Davides Canalis Flowering Complete Compl
Chicken Wings	Chicken, Sugar, Salt, Potato Starch, Dextrose, Maize Flour, Onion Powder, Fructose, Yeast Extract, Garlic Powder, Smoke Flavouring, Cornflour, Cayenne Pepper, Black Pepper, Honey Powder, Paprika Extract, Rapeseed Oil, Flavouring, Cocoa Powder, Black Pepper Extract, Pimento Extract, Sage Extract, Sunflower Oil.
Chicken Bites	Chicken Bites  Chicken, Wheat Flour, Rapeseed Oil, Water, Rice Starch, Salt, Dextrose, Stabilisers: E451, E450, E452; Wheat Gluten, Onion Powder, Black Pepper, Garlic Powder, Raising Agents: E341(i), E450(i); Yeast Extract, Modified Maize Starch, Sunflower Oil, Cayenne Pepper, Flavouring, Black Pepper Extract.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).  Hot Honey Chicken Wings
Chicken Wings	Chicken, Sugar, Salt, Potato Starch, Dextrose, Maize Flour, Onion Powder, Fructose, Yeast Extract, Garlic Powder, Smoke Flavouring, Cornflour, Cayenne Pepper, Black Pepper, Honey Powder, Paprika Extract, Rapeseed Oil, Flavouring, Cocoa Powder, Black Pepper Extract, Pimento Extract, Sunflower Oil.
Spicy Honey Drizzle	Honey (99.98%), Chilli Extract (0.02%)
Chilli Flakes	Crushed Chillies  Hot Honey Chicken Bites
	Chicken, Wheat Flour, Rapeseed Oil, Water, Rice Starch, Salt, Dextrose, Stabilisers: E451, E450, E452; Wheat Gluten, Onion Powder, Black Pepper, Garlic Powder, Raising
Chicken Bites Vegetable Oil Spray	Agents: E341(i), E450(i); Yeast Extract, Modified Maize Starch, Sunflower Oil, Cayenne Pepper, Flavouring, Black Pepper Extract.  Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Spicy Honey Drizzle	Honey (99.98%), Chilli Extract (0.02%)
Chilli Flakes	Crushed Chillies  Dips & Bits Station
Heinz BBQ Sauce	Tomato puree, spirit vinegar, sugar, molasses, water, modified cornflour, salt, spices, garlic, thickener (xanthan gum), smoke flavouring, flavourings
Heinz Tomato Ketchup	Tomatoes (148 g per 100 g ketchup), spirit vinegar, sugar, salt, spice and herb extracts (contains <b>celery</b> ), spice  Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Oni
BBQ Sauce	Powder, Preservative (Potassium Sorbate), Chilli Powder.
Tomato Ketchup	Water, Concentrated Tomato Purée, Sugar, Spirit Vinegar, Maize Starch, Salt, Seasoning [Maltodextrin, Salt, Spice Extract, Colour (Paprika Extract)], Spice Blend [Salt, Tom Powder, Flavouring].
Chilli Flakes	Crushed Chillies
	Dine In Dip Pots  Rapeseed Oil, Water, Spirit Vinegar, Dextrose, EGG Yolk, Yoghurt Powder, Onion Powder, Salt, Chives, Acidity Regulator (Lactic Acid), MILK Protein, Stabilisers (Xanthan
Sour Cream Sweet Chilli	Gum, Guar Gum), Modified Starch, Preservative (Potassium Sorbate), MUSTARD Flour, Calcium Disodium EDTA.  Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried
Hot Honey	Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)  Honey, Birds Eye Chilli Extract (0.2%), Guajillo Chilli Extract (0.06%)
Frank's RedHot®	Fermented Red Cayenne Peppers (35%), Spirit Vinegar, Water, Salt, Garlic Powder.
	Takeaway Dip Pots
Heinz Garlic Sauce Dip Pot	Refined <b>Soya</b> Oil, Water, Spirit Vinegar, Sugar, Garlic, Lemon Juice (from concentrate), Modified Starch, <b>Egg</b> Yolk, Salt, Garlic Juice, Shallots, <b>Mustard</b> Seeds, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Chives, <b>Celery</b> Juice, Onion, Garlic Extract, Spices, Flavouring, Antioxidant (Calcium Disodium EDTA).
Heinz BBQ Sauce Dip Pot Heinz Sweet Chilli Dip Pot	Tomato Purée, Spirit Vinegar, Sugar, Molasses, Water, Modified Starch, Salt, Spices, Garlic, Thickener: Xanthan Gum; Smoke Flavouring, Flavouring.  Sugar, water, spirit vinegar, modified cornflour, garlic, chillies, red peppers, tomato paste, salt, spice  Salad Station
	Dressed Salad Lines
Potato Salad	Potato (64%), Water, Rapeseed oil, Spirit vinegar, Sugar, White wine vinegar, Onion, Pasteurised liquid whole Egg, Salt, Chive, Stabilisers (Guar gum, Xanthan gum), Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice.
Coleslaw	Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole <b>Egg</b> , Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gun Preservative (Potassium sorbate), <b>Mustard</b> flour, Concentrated lemon juice.  Sweetcorn, Water
Diced Beetroot	Beetroot, Acetic Acid
Jalapeños	Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).  Fresh Salad Lines
Lettuce Mix	Iceberg and Cos Lettuce
Cherry Tomatoes	Cherry Tomatoes
Cucumber Mixed Peppers	Cucumbers Green Peppers, Red Peppers, Yellow Peppers
Red Onion	Red Onions
Shredded Carrot	Carrots
Spinach	Spinach
Rocket	Rocket Leaves Dried Items
1 5 6 : 11 (0	Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium
moky Flavour Sprinkles (Bacon Bits)	Carbonate, Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Hydrolysed Vegetable Protein (Soya), Smoked Salt), Salt, Yeast.
Croutons	Wheat Flour, Vegetable Oil, Salt, Yeast
Tortilla Chips	Maize Flour (Corn); Sunflower Oil; Salt
Crispy Onions Sultanas	Onion, Palm Oil, Wheat Flour, Salt Sultanas
	Dressings & Dips
Thousand Island Dressing	Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Tomato Paste, White Wine Vinegar, Modified Starch, Salt, Gherkins, Dried Onion, Lemon Juice Concentrate, Preservative (Potassium Sorbate), Stabilisers (Xanthan Gum, Guar Gum), Acidity Regulator (Lactic Acid), Dried Red Pepper, Dried Garlic, Dried Parsley, Colour (Paprika Extract), Natural Flavouring.
Blue Cheese Dressing	Rapeseed Oil, Water, Glucose-Fructose Syrup, White Wine Vinegar, Modified Starch, Salt, Natural Flavouring, Preservative (Potassium Sorbate), Dried Onion, Dried Garlic, Stabiliser (Xanthan Gum), Acidity Regulator (Lactic Acid), Dried Parsley.
Garlic Mayonnaise	Rapeseed Oil, Water, Spirit Vinegar, Glucose-Fructose Syrup, Salt, Garlic Powder, Modified Starch, Stabilisers (Xanthan Gum, Guar Gum), Preservative (Potassium Sorbate)  Mustard Flour, Caramelised Sugar Syrup, Acidity Regulator (Lactic Acid).
Light Mayonnaise	Water, Rapeseed Oil (39%), Glucose-Fructose Syrup, Spirit Vinegar, Modified Starch, Salt, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Colour (Paprika
Ranch Dressing	Extract).  Rapeseed Oil, Water, White Wine Vinegar, Glucose-Fructose Syrup, Dijon Mustard (Water, Mustard Seeds (29%), Spirit Vinegar, Salt, Acidity Regulator (Citric Acid), Preservative (Sodium Metabisulphite)), Modified Starch, Salt, Lemon Juice Concentrate, Dried Onion, Dried Garlic, Preservative (Potassium Sorbate), Cracked Black Peppe Dried Parsley, Stabiliser (Xanthan Gum), Natural Flavouring.
Low Fat French Dressing	Water, Glucose-Fructose Syrup, White Wine Vinegar, Rapeseed Oil, Garlic Puree (Water, Dried Garlic, Acidity Regulator (Citric Acid)), Salt, Dijon Mustard (Water, Mustard Seed, Spirit Vinegar, Salt), Parsley, Stabilisers (Xanthan Gum, Guar Gum), Cracked Black Pepper, Dried Onion, Basil, Preservative (Potassium Sorbate), Caramelised Sugar
	Syrup, Acidity Regulator (Lactic Acid), White Pepper, Colour (Curcumin).

#### FOOD ALLERGIES

	Pizza Builder
	Pizza Bases
	Original Pan
Orginal Pan	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E190), Vegetable Rapeseed Oil, Salt, Premix: (Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)), Sugar, Flour Treatment Agent (ascorbic acid E300).
Soya Oil Vegetable Oil Spray	100% Refined Soya Oil Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
	SOYA OIL USED ON OUR PAIN DOUGH PIZZA BASE DOES NOT CONTAIN ANY SOYA. THE SOYA OIL IS 100% REFINED, THEREFORE IS NOT ALLERGENIC.
	NEW Handcrafted with Garlic Sprinkle
Handcrafted Dough	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Rice Flour, Dried WHEAT Sourdough, Dust Suppressant: Potato Starch, Sunflower Oil, WHEAT Flour; Thickener: Guar Gum; Flour Treatment Agent: Ascorbic Acid (E300).
Rice Cones	100% Rice. May contain gluten.
Vegetable Oil	Rapeseed Oil, Emulsifiers (Soy Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)).
Garlic Sprinkle	Maltodextrin, Cheese Powder (from Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
	NEW Handcrafted without Garlic Sprinkle
Handcrafted Dough	WHEAT Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Rice Flour, Dried WHEAT Sourdough, Dust Suppressant: Potato Starch,
	Sunflower Oil, WHEAT Flour, Thickener: Guar Gum; Flour Treatment Agent: Ascorbic Acid (E300).
Rice Cones	100% Rice. May contain gluten.
Vegetable Oil	Rapeseed Oil, Emulsifiers (Soy Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)).  Stuffed Crust
Stuffed Crust Dough	Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch  Cheesy Bites
Stuffed Crust Dough	Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch  Gluten Free
	Gluten Free Blend (Tapioca Starch, Rice Flour, Maize Starch, Psyllium Husk Powder, Sugar, Buckwheat Flour, Thickeners (Xanthan Gum, Hydroxypropyl Methyl Cellulose),
Gluten Free Dough	Salt), Water, Rapesed Oil, Yeast, Pea Protein.
	Flatbread
Pan Dough	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E190), Vegetable Rapeseed Oil, Salt, Premix: (Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)), Sugar, Flour Treatment Agent (ascorbic acid E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: <b>Soya</b> Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
	Pizza Base Sauces
Unseasoned Tomato Sauce (used on Gluten Free Bases, Flatbreads, Kids Pizza Bases)	Tomato Concentrate (Tomato Paste, Citric Acid).
Seasoned Tomato Sauce (used on Handcrafted, Original Pan, Stuffed Crust, Cheesy Bites)	Tomato Concentrate (Tomato Paste, Citric Acid), Sugar (White), Sugar, Herbs (Oregano, Basil, Marjoram, Thyme), Maltodextrin, Salt, Yeast Extract, Rapeseed Oil, Thickener (Guar Gum), Anti-Caking Agent (Silicon Dioxide).
BBQ Sauce (For all Bases except Gluten Free)	Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium). **Below 20ppm**
BBQ Sauce (Gluten Free) - Only for Gluten-Free Pizza Bases	Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Onion Powder, Preservative (Potassium Sorbate), Chilli Powder.
	Cheese
Mozzarella Cheese	Mozzarella with added starch (Mozzarella Cheese (Milk, Salt, Cultures), Potato Starch)
Goats' Cheese	Goat Milk, Salt, Lactic Culture, Coagulant, Ripening Culture
	Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk,
Triple Cheese Blend	Salt, Starter Cultures)

## FOOD ALLERGIES

Vhilst our vegan items have vegan recipes,	due to risk of cross-contamination they may contain dairy
Chicken Preset	Pizza Toppings  Chicken Proof (00%) Calt Stabiliers (E4E0): E4E0): E4E0): E4E0)
Chicken Breast	Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i)
Ham	Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250).
Pepperoni	Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250).
Beef (with added Soya protein)	Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'qluten-free')
Bacon (New Recipe)	Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water
Cup 'N' Crisp Pepperoni	Meat (Beef, Pork), Beef Fat, Soy Protein, Salt, Mustard Powder, Dextrose, Sunflower Oil, Spice Extracts, Colour (Paprika Extract), Onion Powder, Garlic Powder, Cayenne Chilli Powder, Black Pepper, Lactic Acid Starter Culture, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). Made with 100g of beef & pork per 100g of finished product.
Spicy Pork	Pork, Pork Fat, Water, Textured <b>Soya</b> Protein, <b>Soya</b> Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract.
Spicy 'Nduja	Pork, spices, jalapeno, salt (partly smoked), acid (E 575), rice starch, thickener (E 412), spice extracts, antioxidants (E 301, E 392), preservative (E 250). Made with 110 g pork per 100 g finished product.
Black Olives	Water, Olives, Salt, Stabiliser (Ferrous Gluconate)
Mixed Peppers	Green peppers, Red Peppers, Yellow Peppers
Mushrooms	Mushrooms
Red Onion  Caramelised Onions	Red Onion  Red Onions, Balsamic vinegar Of Modena (Aceto balsamico di Modena I.G.P.:Wine vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224(Potassium Metabisulphite)), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains Sulphites.
Sweetcorn	Sweetcon, Water, Salt
Cherry Tomatoes	Cherry Tomatoes
Pineapple	Pineapple, Pineapple Juice, Citric Acid.
Rocket	Rocket Leaves
Spinach Roquito® Chilli Peppers	Spinach Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar
Jalapeños	Neu noquinow Jaiopenio Pepper, Sugar, water, viniegai Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
Green Chilli	Green Chilli
Fajita Seasoning	Chilli pepper (28%), spices and herbs (18%)(cumin, paprika, oregano, coriander leaf, cayenne pepper, cinnamon), salt, onion, garlic, sugar, lime juice powder, lemon juice powder, anti-caking agent (silicon dioxide), natural flavouring
Smoky Flavour Sprinkles (Bacon Bits)	Fortified Wheat Flour, (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Hydrolysed Vegetable Protein (Soya), Smoked Salt), Salt, Yeast.
	Go Extra Cheesy  Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey (E160b
Triple Cheese Blend	Salt, Starter Cultures)
	Pizza Drizzle Finish
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Dried Parsley	Parsley  Water Tomate Parte Curar Spirit Vinegar Clusese Eructore Surun Say Sayes (Mater Saya Extract Billater Saya Beans Salt Wheat Elever (Mith Calcium Iron Nicein
BBQ Drizzle (For all bases eccept Gluten Free)	Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium). **Below 20ppm**
BBQ Drizzle (Only for Gluten Free Pizzas)	Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Onion Powder, Preservative (Potassium Sorbate), Chilli Powder.
Sour Cream Drizzle	Rapeseed Oil, Water, Spirit Vinegar, Dextrose, EGG Yolk, Yoghurt Powder, Onion Powder, Salt, Chives, Acidity Regulator (Lactic Acid), MILK Protein, Stabilisers (Xanthan Gum, Guar Gum), Modified Starch, Preservative (Potassium Sorbate), MUSTARD Flour, Calcium Disodium EDTA.
Balsamic Drizzle	Balsamic Vinegar Of Modena (Aceto Balsamico di Modena I.G.P.:Wine Vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains Sulphites.
Frank's RedHot® and Ranch Drizzle	Fermented Red Cayenne Peppers (35%), Spirit Vinegar, Water, Salt, Garlic Powder, Rapeseed Oil, Water, White Wine Vinegar, Sugar, Dijon Mustard (Water, <b>Mustard</b> Seeds (29%), Spirit Vinegar, Salt, Acidity Regulator (Citric Acid), Preservative ( <b>Sodium Metabisulphite</b> )), Modified Starch, Salt, Lemon Juice Concentrate, Dried Onion, Dried Garlic, Preservative (Potassium Sorbate), Cracked Black Pepper, Dried Parsley, Stabiliser (Xanthan Gum), Natural Flavouring.
Frank's RedHot® Drizzle	Fermented Red Cayenne Peppers (35%), Spirit Vinegar, Water, Salt, Garlic Powder.
Hot Honey Drizzle	Honey, Birds Eye Chilli Extract (0.2%), Guajillo Chilli Extract (0.06%)  Melts
	Meat Feast Melt
Thin & Crispy Dough	Wheat flour, water, fully refined soybean oil, salt, yeast.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.  Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid
Pepperoni	Starter Culture, Preservative (E250).
Ham	Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250).  Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar
Beef (with added Soya protein)	Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free')
Spicy Pork (with added Soya protein)	Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Garlic Sprinkle	Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
Marinara Dip	Tomatoes, Salt, Sunflower Oil, Sugar, Herbs & Spices (Oregano, Dried Basil, Black Pepper, Garlic), Acidity regulator E330 (Citric Acid)
	Pepperoni Melt
Thin & Crispy Dough	Wheat flour, water, fully refined soybean oil, salt, yeast.
Vegetable Oil Spray Mozzarella Cheese	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).  Magrarella Choose (Pactourised Milk Salt Lactic Cultures) Potato Starch
	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.  Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid
Pepperoni	Starter Culture, Preservative (E250).
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
	IAA-IA- destrice Channel Describes (Forms ACID) Colt Valuate blood Describe Describes Anni Coldina Anna (Cilina Discides)
Garlic Sprinkle	Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).  Tomatoes, Salt, Sunflower Oil, Sugar, Herbs & Spices (Oregano, Dried Basil, Black Pepper, Garlic), Acidity

# FOOD ALLERGIES

Thin & Crispy Dough	Wheat flour, water, fully refined soybean oil, salt, yeast.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
BBQ Sauce	Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium). *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free')
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Chicken Breast Red Onion	Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i)  Red Onion
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Garlic Sprinkle	Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
BBQ Dip	Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium). *Below 20ppm*
	Toasted Three Cheese Melt
Thin & Crispy Dough	Wheat flour, water, fully refined soybean oil, salt, yeast.
Vegetable Oil Spray  Triple Cheese Blend	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).  Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures)
String Cheese	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Garlic Sprinkle	Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).  Tomatoes, Salt, Sunflower Oil, Sugar, Herbs & Spices (Oregano, Dried Basil, Black Pepper, Garlic), Acidity
Marinara Dip	regulator E330 (Citric Acid)
	Fries (served with Melts for dine in)
Fries	Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Ye
THES	extract, Spice extracts (paprika, black pepper), Dextrose.
	Buffet Sides  Garlic Breadsticks
Pan dough	Wheat flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)], Sugar, Flour Treatment Agent (ascorbic acid E300).
Soya Oil	100% Refined Soya Oil
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate)
Vegetable Oil Spray	Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i> Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Dried Parsley	Parsley Parsley
•	Cheesy Breadsticks
Pan dough	Wheat flour, Water, Yeast: (Bakers Yeast, Rehydrating AgentE491), Rapeseed Oli, Salt, Premix: [Salt, Calcium Supharte, Emulsiries; E481, E472e, E471, Flour Treatment
Soya Oil	Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)], Sugar, Flour Treatment Agent (ascorbic acid E300).  100% Refined Sova Oil
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Triple Cheese Blend	Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter Cultures)
Dried Parsley	Parsley
	Tomato Pasta
Tomato Pasta	Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, Celer
Vegetable Oil Spray	White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme.  Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).  Four Cheese & Broccoli Pasta
Four Cheese & Broccoli Pasta	Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (22%), Whole Pasteurised Milk, Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk) (3%), Spinach (3%), Full Cream Milk Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (Milk Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's Milk), Regato Cheese (Milk)), Cheese Stock (Processed Cheese Powder (Milk) (Cheese (Milk), Enulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Scaling Salt (E339), Dried Glucose Syrup, Water, Yeast Extract, Scaling Starch, Vegetable (Dried Onion, Dried Parsnip, Dried Parsley), Sunflower Oil, Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract), Garlic, Lemon Juice from Concentrate, Black Pepper.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).  Pasta
	Lasagne
Lasagne	Water, Tomato, Beef (15%), Egg Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, Wheat Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Beef Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnips), Sunflower Oil, Starch, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetable Oil (Sunflower Oil, Rapesseed Oil), Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder, Mace Powder), Herbs (Dried Parsley, Lovage Powder)), Basil, Stabilisers (Xanthan Gum, Guar Gum), Black Pepper, BARLEY Malt Extract.
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
	Classic Mac & Cheese
	Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK), (10%), Single Cream (MILK), Mozzarella Cheese (MILK) (2.5%), Semi Skimmed MILK Powder, Cheddar Cheese Flavour Base (Reconstituted Cheese (MILK), Whey Powder (MILK), Flavourings, Salt, Lactic acid, MUSTARD Flour), Modifie Maize Starch, Full Fat Soft Cheese (MILK), Cream (MILK), Salt, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable Oils (Sunflower Oil, Rapeseed Oil),
Mac 'N' Cheese	Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turmer Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Pa Cloves, Ginger, Garlic, BARLEY Malt Extract), Garlic Puree, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder).

## FOOD ALLERGIES

	Mini and Mega Monster
	Pizza ( with unseasoned tomato sauce)
	Original Pan Base
Pan Dough	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent;E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)], Sugar, Flour Treatment Agent (ascorbic acid E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and diglycerides fatty acid esters (E471).
Unseasoned tomato sauce	Tomato Concentrate (Tomato Paste, Citric Acid).
	Thin Base
Pan dough	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)], Sugar, Flour Treatment Agent (ascorbic acid E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and diglycerides fatty acid esters (E471).
Unseasoned tomato sauce	Tomato Concentrate (Tomato Paste, Citric Acid).
	Gluten Free Base
Gluten Free dough	Gluten Free Blend (Tapioca Starch, Rice Flour, Maize Starch, Psyllium Husk Powder, Sugar, Buckwheat Flour, Thickeners (Xanthan Gum, Hydroxypropyl Methyl Cellulose), Salt), Water, Rapeseed Oil, Yeast, Pea Protein.
Unseasoned tomato sauce	Tomato Concentrate (Tomato Paste, Citric Acid).
	Cheese
Mozzarella Cheese	Mozzarella with added starch (Mozzarella Cheese (Milk, Salt, Cultures), Potato Starch)
Vegan Ch**se	Water, Coconut Oil, Modified Starch, Starch, Sea Salt, Flavourings, Preservative: Sorbic Acid, Colour: B-Carotene, Vitamin B12.
	Toppings
Chicken Breast	Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i)
Ham	Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250).
Pepperoni	Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250).
Beef (with added Soya protein)	Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free')
Bacon (New Recipe)	Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water
Spicy Pork (with added Soya protein)	Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract.
Spicy 'Nduja	Pork, spices, jalapeno, salt (partly smoked), acid (E 575), rice starch, thickener (E 412), spice extracts, antioxidants (E 301, E 392), preservative (E 250). Made with 110 g pork per 100 g finished product.
Black Olives	Water, Olives, Salt, Stabiliser (Ferrous Gluconate)
Peppers	Green peppers, Red Peppers, Yellow Peppers
Mushrooms	Mushrooms
Red Onion	Red Onion
Caramelised Onions	Red Onions, Balsamic vinegar Of Modena (Aceto balsamico di Modena I.G.P.:Wine vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224(Potassium Metabisulphite)), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains Sulphites.
Sweetcorn	Sweetcorn, Water, Salt
Cherry Tomatoes	Cherry Tomatoes
Pineapple	Pineapple, Pineapple Juice, Citric Acid.
Rocket	Rocket Leaves
Spinach	Spinach
Roquito® Chilli Peppers	Red Roguito® Jalapeño Pepper, Sugar, Water, Vinegar
Roquito Cillii Feppers	Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).

#### FOOD ALLERGIES

Spaghetti Bolognese	Mains  Bolognese Sauce (64%): Water, Tomato Passata, Minced Beef (19%), Onions, Carrots (7%), Tomato Puree, Modified Maize Starch, Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Beef Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnip), Sunflower Oil, Potato Starch, Spices (Garlic, Lovage, Nutmeg), Beef Powder, Caramelised Sugar, Flavouring), Brown Sugar, Wheat Flour (Wheat Four, Calcium Carbonate, Iron, Niacin, Thiamin), Sunflower Oil, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnips), Sunflower Oil, Spices (Turmeric, Pepper, Garlic, Mace, Nutmeg), Herbs (Parsley, Lovage)), Basil, Stabilisers (Xanthan Gum, Guar Gum), Barley Malt Extract, Black Pepper.
Mac 'N' Cheese	Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK), (10%), Single Cream (MILK), Mozzarella Cheese (MILK) (2.5%), Semi Skimmed MILK Powder, Cheddar Cheese Flavour Base (Reconstituted Cheese (MILK), Whey Powder (MILK), Flavourings, Salt, Lactic acid, MUSTARD Flour), Modified Maize Starch, Full Fat Soft Cheese (MILK), Cream (MILK), Salt, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable Oils (Sunflower Oil, Rapeseed Oil), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turmeric, Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Paste, Cloves, Ginger, Garlic, BARLEY Malt Extract), Garlic Puree, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder).
Mozzarella Cheese ( with Mac 'n' Cheese)	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Cheese)	Chicken 'N' Fries
Chicken Strips	Chicken Inner Fillet, Water, Wheat Flour, Rice Flour, Breadcrumb (Wheat Flour, Dextrose, Refined Soybean Oil*, Salt, Yeast), Wheat Starch, Wheat, Salt, Refined Soybean Oil*, Garlic Powder, Yeast Extract (contains Salt), Maltodextrin, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spices (Black Pepper, Celery, Turmeric), Onion Powder, Sugar, Dextrose, Refined Sunflower Oil, Spice Extract (Black Pepper, Capsicum, Celery), Acidity Regulator (Citric Acid). (*The Soyabean Oil used in this product is fully refined, therefore is not an allergen) May Contain Peanuts/ their derivatives.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Fries	Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
	Vegan Southern Fried Nuggets 'N' Fries
Vegan Southern Fried Nuggets	Mycoprotein (53%), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil, Breadcrumb (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine, Yeast, Salt), Wheat Starch, Potato Protein, Wheat Gluten, Salt, Firming Agents: Calcium Chloride, Calcium Acetate; Water, Natural Flavouring, Pea Fibre, Spices (Paprika, Fennel, Black Pepper), Yeast Extract, Stabilisers: Carrageenan, Sodium Alginate; Black Pepper, Rice Flour, Dextrose, Acid: Citric Acid; Garlic Extract, Onion Oil.
Fries	Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
	Sides
Fries	Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
Onion Rings	Diced Onions (53%), Wheat flour, Vegetable oils (rapeseed, sunflower, in varying proportions), Gelling agent (E401), Salt, Yeast, Sugar, Flavouring (Paprika extract; Turmeric extract)
Mini Corn on the Cob (with Vegetable Oil Spray)	Sweetcorn. Rapeseed oil, Emulsifier: <b>Soya</b> Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Garlic Bread	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Fat Spread (17%) [Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3%) (Puree and Chopped), Yeast, Salt, Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains Wheat). May contain Soya and Milk.
	Drinks
Milk	100% Semi Skimmed Milk
Apple Juice	Apple Juice from Concentrate (100%)
Orange Juice Fruit Shoots - All flavours	Orange juice from concentrate (100%) Refer directly to the supplier- Fruit Shoot - www.fruitshoot.com/qb
Tango Orange/ Tango Apple/ 7Up	Refer directly to the supplier - Pepsi - www.pepsi.co.uk/7up - www.7up.co.uk/
Zero/ Pepsi Max/ Diet Pepsi Flavour Shot - Cherry, Lime,	Water, dextrin, flavourings, acid: citric acid, sweeteners: acesulfame K, sucralose, preservatives: potassium
Strawberry Flavour Shot - Vanilla	sorbate, sodium benzoate Water, Natural Vanilla Flavouring with other Natural Flavourings, Sweeteners (Acesulfame K, Sucralose), Colour (Plain Caramel), Acid (Citric Acid), Preservative (Potassium Sorbate).
Robinsons Squash - All Flavours	Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk
Chilly Billy Ice Lolly Blackcurrant & Apple	Kids Desserts  Apple juice (88%), Blackcurrant juice (11.75%), Stabiliser (carob gum) 0.25%, antioxidant (ascorbic acid). <i>may contain hazelnuts</i>
	Kids Chocolate Brownie
Chocolate Brownie	Sugar, Pasteurised Free Range EGG, Milk Chocolate (17%) [Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)], Dark Chocolate (8%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Fat Reduced Cocoa Powder (3.7%), Raising Agents (E450, E501). May contain Nuts
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
	Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream

#### FOOD ALLERGIES

Mined Cloured Sir SPOS / Pastes Storm, Rei Froid Co. Transcriptor. (Colores (Spot), Dictors (Spot) Colores (Spot), Dictors (Spot) Colores (Spot), Dictors (Spo		Ice Cream Factory
Honor Conceils for the provision in processors and total business of the control	Ice Cream Mix	
Bulbergum Stude  Stemanny Druch  Mich Covolate English  Stemanny Druch  Steman	Raspberry Sauce	thickener (pectins), preservative (potassium sorbate), natural flavouring, natural raspberry flavouring with other natural flavourings
Semblerry Control Processor States   Semblerry Control Processor States   Semblerry Control Report   S	Chocolate Sauce	lecithins), Natural vanilla flavouring), Modified starch, Fat reduced cocoa powder, Preservative (Potassium sorbate), Natural flavouring.
Milk Chooses Copy  Milk Chooses	Bubblegum Sauce	
Miles Chocolate Capital  May Character Capita	Strawberry Crunch	
South Start  South Vegetable Dis Ciscount, Clevel Rise Tout When Timberer Scalaum Canton Methyl Catholone (Scare) Agents Steely, Anni Carria, Agent Phase Alamman States, Carametric dataget prop. (Scare) Agents and Start St	Milk Chocolate Beans	
Mined Cloured Sir SPOS / Pastes Storm, Rei Froid Co. Transcriptor. (Colores (Spot), Dictors (Spot) Colores (Spot), Dictors (Spot) Colores (Spot), Dictors (Spo	Milk Chocolate Chips	Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, whey powder (Milk), Lactose (Milk), Emulsifier: Soya Lecithin; Flavouring.
Med Chocolita Chips  Mile Chocolita Chips  M	Gold Stars	Sugar, Vegetable Oils (Coconut, Shea), Rice Flour, Water, Thickener (Sodium Carboxy Methyl Cellulose), Glazing Agents (Shellac, Acacia Gum), Anti Caking Agent (Potassiu Aluminum Silicate), Caramelised Sugar Syrup, Glucose Syrup, Flavouring, Colours (Iron Oxide and Hydroxides), Tapioca Starch, Safflower Concentrate.
Miller Clocolate Charles State State Commission State	Mixed Coloured Stars	Sugar, Palm Fat RSPO SG, Potato Starch, Rice Flour, Corn Starch, Colours: E163, E162, E160a, E100, E172; Natural Flavour
March Choociate Chunks  March Choociate Chunks  March Choociate Chunks  Minic Granutard Supp, Sweetened Condensed Mills (Mills, Suppa) Fordam (Supp. Playouting)  White Granutard Supp, Sweetened Condensed Mills (Mills, Suppa) Fordam (Supp. Supp. Water) (Autorea Symp. Pain Ol.), Salted Butter (Mills, Salt), Colour  working and American Suppa. Sweetened Condensed Mills (Mills, Suppa) Fordam (Supp. Supp. Water) (Autorea Symp. Pain Ol.), Salted Butter (Mills, Salt), Colour  working and March Mills (Mills, Suppa) Fordam (Supp. Supp. Water) (Autorea Symp. Pain Ol.), Salted Butter (Mills, Salt), Colour  Wheat Blour (WMEAT Flour, Cacitum-cathooste, Ion), Natural Trainman, Supp. Chocole Edup  Chocolate Chip Coole Dough  Wheat Blour (WMEAT Flour, Cacitum-cathooste, Ion), Natural Trainman, Supp. Coron butter, Salt reduced excess powder.  Wheat Blour (WMEAT Flour, Cacitum-cathooste, Ion), Natural Flouristics (Mills), Salter American (Mills, Salt, Water, Rainman) (Photopolathas), Solidium orbitalists, Solidium orbitalists, Solidium orbitalists, Mills, Salter Saltium (Mills), Mills, Salter Saltium (Mills), Mills, Salter Saltium (Mills), Mills, Mills, Saltium (Mills), Mills, Mills, Saltium (Mills), Mills, Mills, Saltium (Mills), Mills, Mills, Saltium (Mills), Mills, Mil	Mixed Chocolate Chips	White Chocolate Chips (50%) Sugar, Cocoa Butter, Whole Milk Powder, Lactose (Milk), Whey Powder (Milk), Emulsifier: Soya Lecithin (E322), Vanilla Extract.Dark Chcolate Chips (50%) Sugar, Vegetable Fat (Palm), Fat-Reduced Cocoa Powder, Emulsifiers: Soya Lecithin (E322) and Sorbitan Tristearate (E492), Natural Flavouring.
Potassian Aluminum Sistate (1935), timo dodes and hydroxides (1722). Natural Randoming  Sugar, Okucose Fructore syrup. Visiter, Mailes starch, Detroses: Exploids Starch, Celling agent, Carageernan Hydrolysed Rice protein, Natural Randoming, Colour, E162.  Tot Cookie Dough United Starts and Starce  Wheat floor WHILET floor, Calcium carbonate, Iron Natura, Tharman, Spark, Dark chockines (21%) Cooker mass, Sugar, Cooke butter, Earl relevant out provided in Control of Participal Mailes, South and Endowed International Control of Participal Mailes, South Annual Control of Participal Mailes, South and Endowed International Control (Participal Mailes, South Annual Mailes, Maile	Mixed Chocolate Chunks	Dark Chocolate Chunks 33% - (Sugar, Cocoa Butter, Cocoa Mass, Emulsifier: (Soya); Flavouring)
Whete Cookin Dough (All sizes somed with Venilla for Consument Suzery Chocolate Chip Cookin Dough WhetaT Tour (WHEAT Tour, Calcium carbonates from Nacin, Thiammer, Sugar, Dark shorocine) (21%) (Scora mes, Sugar, Coras butter, Fatreduced cocas powder, Chocolate Chip Cookin Dough Chrowless (1974) (Canada Chip Cookin Dough) WhetaT Tour (WHEAT Tour, Calcium), Date (1974) (Mall), Sugar, Sammer Mills (WhetaT Marked Chip) Venilla fee Cream Garn, Card Garn, Austratha Garn, Carragement, Natural Talvouring May contain Natural Area of Sign. Chocolate Sauce (Rowe)  WhetaT Tour (WHEAT Tour, Calcium carbonates), Natural Talvouring May contain Natural Venilla (Natural Natural Venilla) (Sugar, Sammer)  Milks, Control Lapson, Card Foot, Lapson, Card Marked, Natural Venilla (Sugar, Corca Butter, Vinice Milk Powder, Cooki Lapson, Card Foot, Lapson, Card Lap	Gold Fudge	
Chocolate Chip Cookin Pough  Wheat flour WHAAT flour, Calcium carbonate lowns, Name, Thermine's Sugar, Dock relocated (21%) (Carran mars, Sugar, Cooks publier, Fait refused occop powder, immufoler SOVA scribing, Butter (MML), Mindocerier, Multi-file (MML), Vegetable dis (24%) and in Represent oils, Who provide (MML), Sugar Summad Milk (Morphine SOVA) and the Cookin Review of Sovarian (MML), Vegetable dis (24%) and in Represent oils, Who provide (MML), Sugar Summad Milk (Morphine Sovarian (MML), Vegetable dis (24%) and in Represent (MML) (MML) and in Cookin Review of Sovarian (MML), Vegetable dis (24%) and in Review of Sovarian (MML), Vegetable dis (24%) and in Review of Sovarian (MML), Vegetable oils, Vegetable dis (24%) and in Review of Sovarian (MML), Vegetable oils, Vegetable dis (24%) and vegetable oils, Vegetable	Marshmallows	Sugar, Glucose-fructose syrup, Water, Maize starch, Dextrose, Tapioca starch, Gelling agent: Carrageenan, Hydrolysed Rice protein, Natural flavouring, Colour: E162.
Whete Toxoclate Chip Codie Dough  Whete Toxoc (WHAT Toxoc Cardiam cathonates), Taxocomis Internations, Supp. Cards and Supp. Conces butter, 54 restauded crans powder, Chipdiphosphates, Sodiam cathonates), Taxocomis May contain New and Supp.  Varial see Cream  Varial see Cream  Chocolate Sauce (Mova)  Chocolate Sauce (Mova)  Chocolate Sauce (Mova)  White Chocolate Sauce (Mova)  White Sauce (Mova)  White Chocolate Sauce (Mov		
Chrocolate Chip Cookie Dough  Fundatifier (SDVA lectricity), Maltocolatinin, Butterfit (MULD, Vigepable to Silvain on II, Rapseced oil), Whey powder (MULD, Sajar, Pain Oil, Deatroes, Sabilitiers of Cardio, Market (Multan, Vigepable to Silvain of Multan, Sait, Water, Raising agent (Diphophates, Sodium conformate), Howard and Hill Keylinghing Cream (144) (Milk), Sugar, Salmined Milk Powder, Dried Glucose Syrup, Emulafier (Monto- and Diplycerides of Fatry Acids), Sabelilisers (Cardio Gum, Carragenena), Natural Varialiser (Grover), Salmined Milk Powder, Salmined Milk (Multan (144)), Salmined Milk Powder, Control (MULL), Sugar, Pain Oil, Beatroes, Sabilisers (Gardio, Multan, Salmined Milk), Concor (Salmined Milk), Concor		
Vanilla ke Cream  Gun, Guar Gunr, Xnarhañ Gunr, Carragenean, Natural Favouring Water, Simmed Milk Powder (Milk), Whey Powder (Milk), Guar, Caugar, Patin Oil, Dectroes, Subblisers (Guar)  Gunr, Carragement, Lousel Bean Gunn, Emissifier (Mono- and Dojkycerides of Fathy Acids), Favouring, Natural Colouses (Amartin, Curramin)  Glutones Syrup, Water, Berlgian Milk Chocolate (Sugar, Coros Butter, Whole Milk Powder, Corosa Liquor, Emissifier Milk Amerikan)  White Chocolate & Caramel Cookie Dough  Wheat Hour (WHAT Flour, Calcium reabonate, Inc.)  White Chocolate & Caramel Cookie Dough  Whater Hour (WHAT Flour, Calcium reabonate, Inc.)  White Chocolate & Caramel Cookie Dough  Whater Hour (WHAT Flour, Calcium reabonate, Flourosimp, Milk)  Sall Reding agent (Diplocoplate), Sodium actionates, Flourosimp, Milk Gunry, Order (Milk), Sugar, Simmed Milk Powder, District (Milk), Vegetable oils (Palm oil, Rapeseed oil), Why powder (Milk)  Sall Reding agent (Diplocoplate), Sodium actionates, Flourosimp, Milk Gunry, Order (Milk), Milk), Sugar, Simmed Milk Powder, District (Bucuse Sysup, Emissifier (Mono- and Diplocenties of Fathy Acids, Flourosim, Sall Caramels (Milk), Sugar, Simmed Milk Powder (Milk), Wager State (Milk), Vegetable oils (Palm oil, Rapeseed oil), Why powder (Milk)  Salted Caramel Sauce  Salted Caramel Sauce  White Chocolate & Caramel Caramels (Milk), Milk), Sugar, Simmed Milk Powder (Milk), Sugar,	Chocolate Chip Cookie Dough	Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent
White Chocolate & Caramel Cookie Dough Wheat Flour (WHAT flour, Calcium carbonate, Iron, Nixion, Thiamine), Supar, White Chocolate (12%) (Sugar, Cocco buttlet, Whole MILK, Dowder, Sweet why powder MILK, Coccount out, Burtlerol MILK, Caramel pieces (8%) (Sugar, Clococa) MILK, Caccount out, Burtlerol MILK, Clarifford, Supar, White Chocolate (12%) (Sugar, Clococa) White Chocolate & Caramel MILK, Caccount out, Burtlerol MILK, Martla Rivouring, Glazing agent (Caramella was), Writer, Multer (MILK), Vegerballe oils (Palm oil, Repersed oil), Why prowder (MILK) Alter (MILK), Milk, Sugar, Schimmed Milk Powder, Divide Glucoca, Syrup, Emillate (Alter), Vegerballe oils (Palm oil, Repersed oil), Why prowder (MILK), Wasperballe oils (Palm oil, Repersed oil), Why prowder (MILK), Wasperballe oils (Palm oil, Repersed oil), Why prowder (MILK), Wasperballe oils (Palm oil, Repersed oil), Why prowder (MILK), Wasperballe oils (Palm oil, Repersed oil), Why prowder (MILK), Wasperballe oils (Palm oil, Repersed oil), Why prowder (MILK), Wasperballe oils (Palm oil, Repersed oil), Why prowder (MILK), Wasperballe oils (Palm oil, Repersed oil), Why prowder (MILK), Wasperballe oils (Palm oil, Repersed oil), Wasperballe, Oils (Palm oil), Repersed oils, Wasperballe, Oils (Palm oil), Repersed oil), Wasperballe, Oils (Palm oils), Repersed oils), Wasperballe, Oils (Palm oils), Repersed oils), Wasperballe, Oils, Oils (Palm oils), Vall oils, O	Vanilla Ice Cream	Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar
Whee Chocolate & Caramel Cookie Dough White Chocolate & Caramel Cookie Dough White Chocolate (2), Lactose MILK, District (2007) Lecthins), Natural vanilla flavouring, Bown sugar, a Riskel, Caramel places (3), Glorga (citizons et you, Conden MILK, Coconat oil, Butteroil (MILK), Astural fisvouring, Clazing agent (Caramaba was), Water, Butterfat (MILK), Vegetable oils, Palm oil Rapeseed oil, Whey prowder (MILK) Salm, Raising agent (Diphosphates, Sodium cardiometer), Browning May contain Milks and digg.  Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Simmed Milk Powder, Diried Glurose Syrup, Emulsifier (Mono- and Diphyerides of Fatty Acids), Stabilisers (Carab Gum, Carageenan, Locust Benn Gum), Emulsifier (Mono- and Diphyerides of Fatty Acids), Flavouring, Natural Colours (Annata Colours), Annata (Caramel Sauce Caramel Cookie Dough White Chocolate & Caramel Cookie Dough White Chocolate & Caramel Cookie Dough White Chocolate & Caramel Sauce Caramel Cookie Dough White Chocolate & Caramel Cookie Dough White Chocolate Chip Cookie Dough White Chocolate Chip Cookie Dough White Chocolate Chip Cookie Dough Salman Carameler Cookie Dough Chip Chocolate Chip Cookie Dough White Chocolate Chip Cookie Dough Chip Chocolate Chip Cookie Dough White Chip Cookie Dough Chip Chocolate Chip Cookie Dough White Cho	Chocolate Sauce (Rowse)	(Milk), Cocoa Liquor, Com Flour, Natural Vanilla Flavouring.
Salted Caramel Sauce  White Supar, Destroes, Oligofuctore, Dark Muscroade Sugar, Butter (MIIK), Modified Starch, Whole MIIK Powder (MIIK), Sugar, Palm Oil, Destroes, Stabilisers (Guar Gum, Xantta Calous), Kantauter (Cours), Cana Molasses, Preservative (Potassesium Sorbata), Balawater (MIIK), Modified Starch, Whole MIIK Powder (MIIK), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xantta Calous), Kantauter (MIIK), Machine Starch, Whole MIIK Powder (MIIK), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xantta Calous), Kantauter (MIIK), Caram Melands, Salt, Salted Caramel and Clinnamon Cookie Dough  Milk Chocolate, Caramel and Clinnamon Cookie Dough  Wheat flour (WHEAT Flour, Calcium carbonates), Flavouring, Mayor, Ontain Milks Ambouring, Brown sugar, Butter (MIIK), Caramel pieces (SR) (Sugar, Cucros butter, Whole MIIK), Salter (MIIK), Salter		Wheat flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, White Chocolate (12%) (Sugar, Cocoa butter, Whole MILK powder, Sweet whey powder (MILK), Lactose (MILK), MILK fat, Emulsifier (SOYA Lecithins), Natural vanilla flavouring), Brown sugar, Butter (MILK), Caramel pieces (8%) (Sugar, Glucose syrup, Condense MILK, Coconut oil, Butteroil (MILK), Natural flavouring, Glazing agent (Carnauba wax)), Water, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK)
Gum), Cane Molasses, Preservative (Potassium sonbate), Flavouring (Caramelised Sugar Syrup).  White Chocolate & Caramel  White Chocolate & Caramel  Cookie Dough  Wheat flour (WHEAT flour, Calcium carbonate, Inon, Niacin, Thiamine), Sugar, White Chocolate (12%) (Sugar, Cocoa butter, Whole MILK powder, Sweet whey powder MILK, Caramel pieces (8%) (Sugar, Glucose syrup, Conden MILK, Lasting agent (Caramales wax), Water, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK, Sugar, Skinmed MIIK, Powder, MILK), Sugar, Skinmed MIIK Powder, Dired Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Guo Gum, Carageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annato, Curcumin).  Salted Caramel Sauce  Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (MIIK), Modified Starch, Whole MIIK Powder (MILK), Sait, Vegetable Oil, Stabilisers (Gua Gum, Carageenan, Encust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Caramelised Sugar Syrup, Milk Modified Starch, Whole MIIK Powder (MIIK), Sait, Vegetable Oil, Stabilisers (Guar Gum, Xant Gum, Cane Molassee, Preservative (Potassism Sorbate), Flavouring, Caramelised Sugar Syrup, Silvouring, Caramelised Sugar Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Garo Gum, Carageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Garo Gum, Caramelised Sugar Syrup, Emuls	Vanilla Ice Cream	Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar
Whete Chocolate & Caramel Cookie Dough  Whete Tour (Askium carbonate, Iron, Niacin, Thiamine), Sugar, White Chocolate (12%) (Sugar, Cocca butter, Whole MILK powder, Sweet whey powder (MILK), Latorse (MILK), MILK), Alter Milk powder, Sweet whey powder (MILK) (Autoral Browning), Buttlewolf (MILK), Natural Browning), Buttlewolf (MILK), Water Buttlewolf (MILK), Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Died Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids, Stabilisers (Carob Gurn, Guar Gurn, Locust Bean Gurn, Emulsifier (Mono- and Diglycerides of Fatty Acids, Whysey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Carob Gurn, Garne), Natural Elavouring, Water, Skimmed Milk Powder, MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Carob Gurn, Garne), Carobase, Preservative (Potassium Sorbatol, Elavouring, Caramelised Sugar, Syrup).  Water, Sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (MILK), Modified Starch, Whole Milk Powder (MILK), Salt, Vegetable Oil, Stabilisers (Guar Gurn, Carob Gurn, Caromelised Sugar Syrup, Glucose Syrup, Elavouring, Austral Carobase, Carobase Syrup, Elavouring, Mater Chocolate Chip Cookie Dough  Wheat flour (WHEAT flour, Calcium carbonate), Flavouring Water, Skimmed Milk Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Gurd Gurn, Guar Gurn, Suntan	Salted Caramel Sauce	
Salted Caramel Sauce   Gum, Guar Gum, Xanthañ Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annato, Curcumin).    Salted Caramel Sauce   Gum, Carrageenan, Locust Bean Gum), Emulsifier (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanti Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).    Sugar, Vegetable Oils (Coconut, Shea), Rice Flour, Water, Thickener (Sodium Carboxy Methyl Cellulose), Glazing Agents (Shellac, Acacia Gum), Anti Caking Agent (Potass Aluminum Silicale), Caramelised Sugar Syrup, Glucose Syrup, Flavouring, Colours (Iron Oxide and Hydroxides), Tapioca Starch, Saffower Concentrate.    Sugar, Vegetable Oils (Coconut, Shea), Rice Flour, Water, Thickener (Sodium Carboxy Methyl Cellulose), Glazing Agents (Shellac, Acacia Gum), Anti Caking Agent (Potass Aluminum Silicale), Caramelised Sugar Syrup, Glucose Syrup, Flavouring, Colours (Iron Oxide and Hydroxides), Tapioca Starch, Saffower Concentrate.    Chocolate Chip Cookie Dough		Wheat flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, White Chocolate (12%) (Sugar, Cocoa butter, Whole MILK powder, Sweet whey powder (MILK), Lactose (MILK), MILK fat, Emulsifier (SOYA Lecithins), Natural vanilla flavouring), Brown sugar, Butter (MILK), Caramel pieces (8%) (Sugar, Glucose syrup, Condense MILK, Coconut oil, Butteroil (MILK), Natural flavouring, Glazing agent (Carnauba wax)), Water, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK)
Cinnamon Sugar  Cinnamon Sugar  White sugar, Cinnamon, Processing Aids: Sunflower Seed Oil, Silicon Dioxide (ESS1)  Sugar, Vegetable Oils (Coconut, Shea), Rice Flour, Water, Thickener (Sodium Carboxy Methyl Cellulose), Glazing Agents (Shellac, Acacia Gum), Anti Caking Agent (Potass Aluminum Silicate), Caramelised Sugar Syrup, Glucose Syrup, Flavouring, Colours (Iron Oxide and Hydroxides), Tapioca Starch, Safflower Concentrate.  Loaded Cookie Dough Meat flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA) lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring, May contain Nuts and Egg.  Vanilla Ice Cream  Vanilla Ice Cream  Varier (Sodium Carboarden), Natural Flavouring Water, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Carageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Round Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).  Salted Caramel Sauce  Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).  Nestlé ROLO® Topping  Ingredients: sugar, glucose syrup, cocoa butter, MILK powders (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Funds (From MILK), whey powder (from MILK), Supar, Palm Oil, Devotase, Stabilisers (Caramelised Sugar Syrup).  Loaded Cookie Dough  Wheat flour (WHEAT flour, Calcium carbonate, Ions, Niacin, Thiamine), Sugar, Dark chocolate (21%) (Coc	Vanilla Ice Cream	Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar
Sugar, Vegetable Oils (Coconut, Shea), Rice Flour, Water, Thickener (Sodium Carboxy Methyl Cellulose), Glazing Agents (Shellac, Acacia Gum), Anti Caking Agent (Potass Aluminum Silicate), Caramelised Sugar Syrup, Glucose Syrup, Flavouring, Colours (Iron Oxide and Hydroxides), Tapioca Starch, Safflower Concentrate.  Loaded Cookie Dough made with Rolo®  Wheat flour (WHEAT flour, Calcium carbonate; Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA) lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring, May contain Nuts and Egg.  Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Gua Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).  Water, Sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthan Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).  Ingredients: sugar, glucose syrup, cocoa butter, MILK powders (whole and skimmed), cocoa mass, vegetable fats (palm, shea), invert sugar syrup, butterfat (firon MILK), May contain GUTEN.  Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.  Loaded Cookie Dough  Chocolate Chip Cookie Dough  Wheat flour (WHEAT flour, Calcium carbonate), Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecithin)), Butter (MILK), Malk Agentales), Pa		
Aluminum Silicate), Caramelised Sugar Syrup, Glucose Syrup, Flavouring, Colours (Iron Oxide and Hydroxides), Tapioca Starch, Safflower Concentrate.  Loaded Cookie Dough made with Rolo®  Wheat flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA (ecithin)), Butter (fill (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring, May contain Nuts and Egg.  Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Gua Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).  Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanti Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).  Ingredients: sugar, glucose syrup, cocoa butter, MILK powders (whole and skimmed), cocoa mass, vegetable fats (palm, shea), invert sugar syrup, butterfat (from MILK), May contain GLUTEN.  Important Young children (less than 4 years) have limited chewing ability and could choke on small sweets.  Loaded Cookie Dough made with KitKat®  Wheat flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (Molasse), Sodium carbonates, Flavouring May contain Nuts and Egg.  Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob	Cinnamon Sugar	
Wheat flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring May contain Nuts and Egg.  Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).  Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xantl Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).  Ingredients: sugar, glucose syrup, cocoa butter, MILK powders (whole and skimmed), cocoa mass, vegetable fats (palm, shea), invert sugar syrup, butterfat (from MILK), alcose and proteins from whey (from MILK), whey powder (from MILK), sweetened condensed skimmed MILK (skimmed MILK, sugar), emulsifier (fecithins), salt, flavouring May contain Nuts and Egg.  Vanilla Ice Cream  Wheat flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring May contain Nuts and Egg.  Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavourin	Gold Stars	
Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring, May contain Nuts and Egg.  Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Gua Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).  Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xantl Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).  Ingredients: sugar, glucose syrup, cocoa butter, MILK powders (whole and skimmed), cocoa mass, vegetable fats (palm, shea), invert sugar syrup, butterfat (from MILK), May contain GLUTEN.  Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.  Loaded Cookie Dough Made with KitKato®  Wheat flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Color (Diphosphates, Sodium carbonates), Flavouring May contain Nuts and Egg.  Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Gua Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Gua Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Gua Gum, Guar Gum, Xanthan Gum, C		
Salted Caramel Sauce  Nestlé ROLO® Topping  Water, Surmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm OİI, Dextrose, Stabilisers (Gua Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).  Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanti Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).  Ingredients: sugar, glucose syrup, cocoa butter, MILK powders (whole and skimmed), cocoa mass, vegetable fats (palm, shea), invert sugar syrup, butterfat (from MILK), lactose and proteins from whey (from MILK), whey powder (from MILK), sweetened condensed skimmed MILK (skimmed MILK, sugar), emulsifier (lecithins), salt, flavouring Aug contain GLUTEN.  Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.  Loaded Cookie Dough made with Kitkat®  Wheat flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain Nuts and Egg.  Vanilla Ice Cream  Nestlé KitKat® Sauce  Nestlé KitKat® Sauce  Nestlé KitKat® Sauce  Nestlé KitKat® Sauce  Nestlé KitKat® Topping  Water, Sainman Milk powder, biscuit granules 5% (sugar, WHEAT flour, vegetable oils (rapeseed, sunflower), lactose (MILK), MILK proteins, BARLEY malt extract, salt, raising agent (Sodium bicarbonate), whey powder (MILK), anhydrous MILK fat, fat reduced-cocoa powder+ 3.8%, cocoa mass+ 3%, emulsifier (lecithins), salt autural vanilla flavouring. May contain NUTS and SOYA.  Wafer pieces [WHEAT flour, sugar, palm fat, WHEAT starch, emulsifier (SOYA lecithins), salt), sugar,	Chocolate Chip Cookie Dough	Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent
Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).  Ingredients: sugar, glucose syrup, cocoa butter, MILK powders (whole and skimmed), cocoa mass, vegetable fats (palm, shea), invert sugar syrup, butterfat (from MILK), lactose and proteins from whey (from MILK), whey powder (from MILK), sweetened condensed skimmed MILK (skimmed MILK, sugar), emulsifier (lecithins), salt, flavouring May contain GLUTEN.  Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.  Loaded Cookie Dough made with KitKat®  Wheat flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring May contain Nuts and Egg.  Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Gua Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).  Sugar, sunflower oil, skimmed MILK powder, biscuit granules 5% (sugar, WHEAT flour, vegetable oils (rapeseed, sunflower), lactose (MILK), MILK proteins, BARLEY malt extract, salt, raising agent (sodium bicarbonate), whey powder (MILK), anhydrous MILK fat, fat reduced-cocoa powder+ 3.8%, cocoa mass+ 3%, emulsifier (lecithins), salt natural vanilla flavouring, May contain NUTS and SOYA.  Wafer pieces [WHEAT flour, sugar, palm fat, WHEAT starch, emulsifier (SOYA lecithins), salt), sugar, cocoa butter, cocoa mass, skimmed MILK powder, whey powder proc	Vanilla Ice Cream	Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar
Nestlé ROLO® Topping  Iactose and proteins from whey (from MILK), whey powder (from MILK), sweetened condensed skimmed MILK (skimmed MILK, sugar), emulsifier (lecithins), salt, flavouring May contain GLUTEN.  Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.  Loaded Cookie Dough made with KitKat®  Wheat flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain Nuts and Egg.  Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Gua Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).  Nestlé KitKat® Sauce  Nestlé KitKat® Topping  Water Flour, sugar, palm fat, WHEAT starch, emulsifier (SOYA lecithins), salt], sugar, cocoa butter, cocoa mass, skimmed MILK powder, whey powder proc	Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xantha Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).
Wheat flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain Nuts and Egg.  Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring. Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Gua Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).  Sugar, sunflower oil, skimmed MILK powder, biscuit granules 5% (sugar, WHEAT flour, vegetable oils (rapeseed, sunflower), lactose (MILK), MILK proteins, BARLEY malt extract, salt, raising agent (sodium bicarbonate), whey powder (MILK), anhydrous MILK fat, fat reduced-cocoa powder+ 3.8%, cocoa mass+ 3%, emulsifier (lecithins), salt natural vanilla flavouring. May contain NUTS and SOYA.  Nestlé Kitkat® Topping	Nestlé ROLO® Topping	lactose and proteins from whey (from MILK), whey powder (from MILK), sweetened condensed skimmed MILK (skimmed MILK, sugar), emulsifier (lecithins), salt, flavouring May contain GLUTEN.
Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain Nuts and Egg.  Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring. Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Gua Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).  Sugar, sunflower oil, skimmed MILK powder, biscuit granules 5% (sugar, WHEAT flour, vegetable oils (rapeseed, sunflower), lactose (MILK), MILK proteins, BARLEY malt extract, salt, raising agent (sodium bicarbonate), whey powder (MILK), anhydrous MILK fat, fat reduced-cocoa powder+ 3.8%, cocoa mass+ 3%, emulsifier (lecithins), salt natural vanilla flavouring. May contain NUTS and SOYA.  Wafer pieces [WHEAT flour, sugar, palm fat, WHEAT starch, emulsifier (SOYA lecithins), salt), sugar, cocoa butter, cocoa mass, skimmed MILK powder, whey powder proc		Loaded Cookie Dough made with KitKat®
Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring. Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Gua Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).  Sugar, sunflower oil , skimmed MILK powder, biscuit granules 5% (sugar, WHEAT flour, vegetable oils (rapeseed, sunflower), lactose (MILK), MILK proteins, BARLEY malt extract, salt, raising agent (sodium bicarbonate), whey powder (MILK), anhydrous MILK fat, fat reduced-cocoa powder+ 3.8%, cocoa mass+ 3%, emulsifier (lecithins), salt natural vanilla flavouring. May contain NUTS and SOYA.  Nestlé Kitkat® Topping  Wafer pieces [WHEAT flour, sugar, palm fat, WHEAT starch, emulsifier (SOYA lecithins), salt), sugar, cocoa butter, cocoa mass, skimmed MILK powder, whey powder proc	Chocolate Chip Cookie Dough	Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent
Nestlé KitKat® Sauce extract, salt, raising agent (sodium bicarbonate), whey powder (MILK), anhydrous MILK fat, fat reduced-cocoa powder+ 3.8%, cocoa mass+ 3%, emulsifier (lecithins), salt natural vanilla flavouring. May contain NUTS and SOYA.  Nestlé KitKat® Topping  wafer pieces [WHEAT flour, sugar, palm fat, WHEAT starch, emulsifier (SOYA lecithins), salt), sugar, cocoa butter, cocoa mass, skimmed MILK powder, whey powder proc	Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring.Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar
Nestlé KitKat® Topping wafer pieces [WHEAT flour, sugar, palm fat, WHEAT starch, emulsifier (SOYA lecithins), saltl, sugar, cocoa butter, cocoa mass, skimmed MILK powder, whey powder proc	Nestlé KitKat® Sauce	Sugar, sunflower oil, skimmed MILK powder, biscuit granules 5% (sugar, WHEAT flour, vegetable oils (rapeseed, sunflower), lactose (MILK), MILK proteins, BARLEY malt extract, salt, raising agent (sodium bicarbonate), whey powder (MILK), anhydrous MILK fat, fat reduced-cocoa powder+ 3.8%, cocoa mass+ 3%, emulsifier (lecithins), salt, natural vanilla flavouring. May contain NUTS and SOYA
(MILK), vegetable fats (palm, shea), butter oil (MILK), emulisifier (lecithins), natural vanilla flavouring. May contain TREE NUTS	Nestlé KitKat® Topping	wafer pieces [WHEAT flour, sugar, palm fat, WHEAT starch, emulsifier (SOYA lecithins), salt), sugar, cocoa butter, cocoa mass, skimmed MILK powder, whey powder produced in the cocoa mass and sugar

#### FOOD ALLERGIES

	I Can't Believe Its Not Cheesecake
I Cant Believe its not Cheesecake	Biscuit Base (30%) [Fortified Wheat Flour, (Wheat Flour, Calcium Carbonate, Iron, Thiamin, Niacin), Vegetable Oils (SG RSPO Palm, Rapeseed), Sugar, Invert Sugar Syrup, Raising Agents; E500ii, E503ii, Salt], Lotus Original Caramelised Biscuit Spread (23%) [Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm Oil From Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)], Non-Dairy Cream (16%) [Lentil Protein Preparation (Water, 1.1% Lentil Protein), Palm Fat, Rapeseed Oil, Sugar, Modified Corn Starch, Emulsifiers (Sunflower Lecithin, Sugar Esters of Fatty Acids, Mono-and Diglycerides of Fatty Acids), Stabilisers (Guar Gum, Locust Bean Gum), Natural Flavours, Salt, Colourant (Beta-Carotene).], Food Preparation With Coconut Oil (16%) [Water, Coconut Oil (23%), Starch, Sea Salt, Acidity Regulator: Glucono-Delta-Lactone, Flavourings, Olive Extract, Vitamin B12.], Sugar, Caramelised Biscuit (5%) [Wheat Flour, Sugar, Vegetable Oils (Palm (RSPO certified), Rapeseed), Candy Sugar Syrup, Raising Agent; E500 Soya Flour, Salt, Cinnamon], Starch, Partially Inverted Sugar Syrup, Tapioca Starch, Natural Vanilla Flavouring, Preservative (Potassium Sorbate (E202)). May contain Milk, Eggs, Sulphur Dioxide and Nuts.  Chocolate Brownie
	Chocolate brownie
Chocolate Brownie	Sugar, Pasteurised Free Range EGG, Milk Chocolate (17%) [Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)], Dark Chocolate (8%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Fat Reduced Cocoa Powder (3.7%), Raising Agents (E450, E501). May contain Nuts
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Chocolate Sauce (Rowse)	Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (Milk), Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring  Chilly Billy Ice Lolly Blackcurrant & Apple
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Apple	Apple juice (88%), Blackcurrant juice (11.75%), Stabiliser (carob gum) 0.25%, antioxidant (ascorbic acid). <i>may contain hazelnuts</i>
	Ice Cream
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
	Take Away Vanilla Ice Cream
Take Away Vanilla Ice Cream	Whole Milk, Sugar, Double Cream (Milk), Buttermilk Powder, Emulsifier: Mono-& Diglycerides of Fatty Acids, Flavouring, Stabilisers: Sodium Alginate, Guar Gum, Colours: Curcumin, Annatto Norbixin, Plain Caramel.
	Sauces Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream
Chocolate Sauce (Rowse)	(Milk), Cocoa Liquor, Com Flour, Natural Vanilla Flavouring
Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthar Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).  Drinks
	Soft Drinks
Tango Orange/ Tango Apple/ 7Up	Refer directly to the supplier - Pepsi - www.pepsi.co.uk/7up - www.7up.co.uk
Zero/ Pepsi Max/ Diet Pepsi	
Flavour Shot - Cherry, Lime, Strawberry	Water, dextrin, flavourings, acid: citric acid, sweeteners: acesulfame K, sucralose, preservatives: potassium sorbate, sodium benzoate
	Water Natural Vanilla Flavouring with other Natural Flavourings Supertoners (Accoulfame K. Sucraleco), Colour (Blain Caramel), Acid (Citric Acid), Proconcative (Detactive
Flavour Shot - Vanilla	Water, Natural Vanilla Flavouring with other Natural Flavourings, Sweeteners (Acesulfame K, Sucralose), Colour (Plain Caramel), Acid (Citric Acid), Preservative (Potassium Sorbate).
Flavour Shot - Vanilla Robinsons Squash - All Flavours	Water, Natural Vanilla Flavouring with other Natural Flavourings, Sweeteners (Acesulfame K, Sucralose), Colour (Plain Caramel), Acid (Citric Acid), Preservative (Potassium Sorbate).  Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk
	Sorbate).
Robinsons Squash - All Flavours Belu Still Water / Sparkling Water Lipton Peach Iced Tea	Sorbate).  Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk  Refer directly to the supplier - Belu - www.belu.com  Refer directly to the supplier - Lipton - www.liptonicedtea.com
Robinsons Squash - All Flavours Belu Still Water / Sparkling Water Lipton Peach Iced Tea Bottle of Pepsi	Sorbate).  Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk  Refer directly to the supplier - Belu - www.belu.com  Refer directly to the supplier - Lipton - www.liptonicedtea.com  Refer directly to the supplier - Pepsi - www.pepsi.co.uk
Robinsons Squash - All Flavours Belu Still Water / Sparkling Water Lipton Peach Iced Tea Bottle of Pepsi Irn Bru	Sorbate).  Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk  Refer directly to the supplier - Belu - www.belu.com  Refer directly to the supplier - Lipton - www.liptonicedtea.com  Refer directly to the supplier - Pepsi - www.pepsi.co.uk  Refer directly to the supplier - Agbarr - www.agbarr.co.uk
Robinsons Squash - All Flavours Belu Still Water / Sparkling Water Lipton Peach Iced Tea Bottle of Pepsi Irn Bru Apple Juice	Sorbate).  Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk  Refer directly to the supplier - Belu - www.belu.com  Refer directly to the supplier - Lipton - www.liptonicedtea.com  Refer directly to the supplier - Pepsi - www.pepsi.co.uk  Refer directly to the supplier - Agbarr - www.agbarr.co.uk  Apple Juice from Concentrate (100%)
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Robinsons Squash - All Flavours Belu Still Water / Sparkling Water Lipton Peach Iced Tea Bottle of Pepsi Irn Bru Apple Juice Orange Juice JZO - all flavours Gingerella	Sorbate).  Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk  Refer directly to the supplier - Belu - www.belu.com  Refer directly to the supplier - Lipton - www.liptonicedtea.com  Refer directly to the supplier - Pepsi - www.pepsi.co.uk  Refer directly to the supplier - Agbarr - www.agbarr.co.uk  Apple Juice from Concentrate (100%)  Orange juice from concentrate (100%)  Refer directly to the supplier - J20 - www.j20.co.uk  Refer directly to the supplier - Lipton - www.karmacola.co.uk
Robinsons Squash - All Flavours Belu Still Water / Sparkling Water Lipton Peach Iced Tea Bottle of Pepsi Irn Bru Apple Juice Orange Juice J2O - all flavours Gingerella Soda Folk - Cream Soda	Sorbate).  Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk  Refer directly to the supplier - Belu - www.belu.com  Refer directly to the supplier - Lipton - www.liptonicedtea.com  Refer directly to the supplier - Pepsi - www.pepsi.co.uk  Refer directly to the supplier - Agbarr - www.agbarr.co.uk  Apple Juice from Concentrate (100%)  Orange juice from concentrate (100%)  Refer directly to the supplier - J20 - www.j20.co.uk  Refer directly to the supplier - Sarma Cola - www.karmacola.co.uk  Refer directly to the supplier - Soda Folk - www.sodafolk.com
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#### **FOOD ALLERGIES**

The below nutritional information for our me	nu is provid	led as a g	uide. All οι	ır dishes are f	inished by h	nand, there	fore these	are appr	oximate	values o	nly.	
	Average Weight of Portion (g)	Energy per Portion	Protein per Portion (g)	Carbohydrate per Portion (g)	Sugar per Portion (g)	Fat per Portion (g)	Saturated Fat per Portion (g)	Salt per Portion (g)				
	Fortion (g)	(kcal)	Fortion (g)	(9)			FOILIOIT (g)	(g)				
Sides												
Fries Onion Rings	230 158	384 338	5.1 5.5	51 47	1.2 7.0	17 15	2.1 1.7	2.3 1.4				
Garlic Bread	120	360	9.0	47	3.4	14	4.3	0.84				
Garlic Bread with Cheese	181	530	20	49	4.6	27	12	1.7				
Mozzarella Sticks with Sweet Chilli Dip	198	501	18	56	22.5	22	9.0	2.9				
Cheesy Triangles with Sweet Chilli Dip	168	475	14	44	21.4	26	11	3.0				
Halloumi Fries with Sweet Chilli Dip	145	374	14	35	23.1	20	9	2.1				
Vegan Southern Fried Nuggets Mini Corn on the Cob	120 267	248 207	12 6.4	18 29	0.6 18	13 4.8	1.0 0.8	1.1 0.01				
Cheesy Bite Bites	240	534	24	75	2.2	15	6.2	2.1				
Loaded Cheesy Bite Bites	270	634	30	76	2.4	23	10	2.6				
Sweet Chilli Loaded Cheesy Bite Bites	297	669	30	85	9.8	23	10	2.7				
Loaded Bacon Cheesy Bite Bites	297	711	34	77	2.5	29	15	3.1				
BBQ Chicken Wings	121	247	24	6.7	4.4	14	3.4	2.0				
Hot Honey BBQ Chicken Wings	132	281	24	15	12.1	14	3	2.0				
Chicken Bites Hot Honoy Chicken Bites	158 169	359 394	22	30 38	0	16 17	1.7	1.6				
Hot Honey Chicken Bites	Dips & Bits			38	8.5	17	2	1.7			+	+
Heinz BBQ Sauce	100	138	1	34	29	0	0	1				
Heinz Tomato Ketchup	100	102	1	23	23	0	0	2				
BBQ Sauce	100	119	1.5	27	22	0.4	0.1	1.2				
Tomato Ketchup	100	99	2.0	21	21	0.3	0.1	0.90				
Chilli Flakes	Dina In Di	3 n Dots	0.1	0.3	0.1	0.2	0	0				
Sour Cream	Dine In Di	266	0.64	3.6	2.8	27.7	2.0	0.41				
Sweet Chilli	60	98	0.04	24.2	20.3	0	0.0	0.34				
Hot Honey	60	197	0.30	49.2	48.6	0.30	0.12	0.02				
Frank's RedHot®	50	13	1.25	0.9	0.2	0.3	0.1	4.2				
	Takeaway I											
Heinz Garlic Sauce Dip Pot	25	89	0.2	2.0	1.1	9.0	1.4	0.35				
Heinz BBQ Sauce Dip Pot Heinz Sweet Chill Dip Pot	25 25	29 47	0.4	6.4 11.5	5.0 10.5	0.1	0.0	0.24 0.38				
*Nutritional values don't account for the dips chosen by the consume	Weight of	Energy	Protein	Carbohydrate		Fat per	Saturated	Salt per				
	Portion (g)	per Portion	per Portion (a)	per Portion	Sugar per Portion (g)	Portion (g)	Fat per	Portion				
	Portion (g)	Portion (kcal)	per Portion (g)									
	Portion (g)  Salad St	Portion (kcal) ation		per Portion			Fat per	Portion				
Potato Salad	Salad St Dressed S	Portion (kcal) ation Salads	Portion (g)	per Portion (g)	Portion (g)	Portion (g)	Fat per Portion (g)	Portion (g)				
	Salad St. Dressed S 63 50	Portion (kcal) ation Salads 102 68	0.8 0.4	per Portion (g) 9.1 3.1	1.7 2.4	6.7 5.9	Fat per Portion (g) 0.49 0.43	Portion				
Coleslaw Sweetcorn	Salad St. Dressed S 63 50 26	Portion (kcal) ation Salads 102 68 20	0.8 0.4 0.70	9.1 3.1 3.5	1.7 2.4 0.93	6.7 5.9 0.4	Fat per Portion (g) 0.49 0.43 0.24	0.38 0.07 0.01				
Coleslaw Sweetcorn Diced Beetroot	Salad St. Dressed S 63 50 26 24	Portion (kcal) ation Salads 102 68 20 12	0.8 0.4 0.70 1.0	9.1 3.1 3.5 1.6	1.7 2.4 0.93 1.1	6.7 5.9 0.4 0.1	Portion (g)  0.49  0.43  0.24  0.07	0.38 0.07 0.01				
Coleslaw Sweetcorn	Salad St.  Dressed S  63  50  26  24  16	Portion (kcal) ation Salads 102 68 20 12	0.8 0.4 0.70	9.1 3.1 3.5	1.7 2.4 0.93	6.7 5.9 0.4	Fat per Portion (g) 0.49 0.43 0.24	0.38 0.07 0.01				
Colesiaw Sweetcorn Diced Beetroot Jalapenos	Salad St.  Dressed S 63 50 26 24 16 Fresh S	Portion (kcal) ation Galads 102 68 20 12 1	0.8 0.4 0.70 1.0 0.07	9.1 3.1 3.5 1.6 0.07	1.7 2.4 0.93 1.1 0	6.7 5.9 0.4 0.1	0.49 0.43 0.24 0.07	0.38 0.07 0.01 0.02 0.48				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix	Salad St	Portion (kcal) ation Galads 102 68 20 12 1 aladd	0.8 0.4 0.70 1.0 0.07	9.1 3.1 3.5 1.6 0.07	1.7 2.4 0.93 1.1 0	6.7 5.9 0.4 0.1	Pat per Portion (g) 0.49 0.43 0.24 0.07 0.03	0.38 0.07 0.01 0.02 0.48				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes	Salad St.  Dressed S 63 50 26 24 16 Fresh S	Portion (kcal) ation Galads 102 68 20 12 1	0.8 0.4 0.70 1.0 0.07	9.1 3.1 3.5 1.6 0.07	1.7 2.4 0.93 1.1 0	6.7 5.9 0.4 0.1	0.49 0.43 0.24 0.07	0.38 0.07 0.01 0.02 0.48				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix	Salad St. Dressed S 63 50 26 24 16 Fresh S 17	Portion (kcal) ation 5alads 102 68 20 12 1 alad 2 6	0.8 0.4 0.70 1.0 0.07	9.1 3.1 3.5 1.6 0.07	1.7 2.4 0.93 1.1 0	6.7 5.9 0.4 0.1 0 0	Pat per Portion (g) 0.49 0.43 0.24 0.07 0.03	0.38 0.07 0.01 0.02 0.48				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion	Portion (g)  Salad St  Dressed S  63  50  26  24  16  Fresh S  17  33  35  26  21	Portion (kcal) ation 5alads 102 68 20 12 1 alad 2 6 3 4	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.3	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2	6.7 5.9 0.4 0.1 0.1 0 0.1 0	0.49 0.43 0.24 0.07 0.03	0.38 0.07 0.01 0.02 0.48 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot	Portion (g)  Salad St.  Dressed S 63 50 26 24 16 Fresh S 17 33 35 26 21 18	Portion (kcal) ation Salads 102 68 20 12 1 aladd 2 6 3 4 8 9	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.2 0.3 0.1	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3	6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0	Fat per Portion (g)  0.49 0.43 0.24 0.07 0.03  0 0 0 0	0.38 0.07 0.01 0.02 0.48 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach	Portion (g)  Salad St  Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18	Portion (kcal) addition (kcal) alads 102 68 20 12 1 alad 2 6 6 3 4 4 8 8 9 9 4	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.3 0.1 0.5	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3	6.7 5.9 0.4 0.1 0 0 0.1 0 0 0.1 0 0 0.1	0.49 0.43 0.24 0.07 0.03 0 0 0 0	0.38 0.07 0.01 0.02 0.48 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach	Portion (g)  Salad St.  Dressed S 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20	Portion (kcal) addition is alads 102 68 20 12 1 alads 2 6 6 3 3 4 8 9 9 4 4 4	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.2 0.3 0.1	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3	6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0	Fat per Portion (g)  0.49 0.43 0.24 0.07 0.03  0 0 0 0	0.38 0.07 0.01 0.02 0.48 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket	Portion (g)  Salad St.  Dressed S 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 Dried It	Portion (kcal) attion salads 102 68 20 12 1 alad 2 6 6 3 4 8 9 9 4 4 4 ems	0.8 0.4 0.70 1.0 0.07 0.2 0.2 0.2 0.2 0.5 0.7	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0	1.7 2.4 0.93 1.1 0 0.5 0.6 2.3 0.0	6.7 5.9 0.4 0.1 0.1 0 0 0.1 0 0 0.1 0 0 0.1	0.49 0.43 0.24 0.07 0.03	0.38 0.07 0.01 0.02 0.48 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits	Portion (g)  Salad St.  Dressed S 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20	Portion (kcal) addition is alads 102 68 20 12 1 alads 2 6 6 3 3 4 8 9 9 4 4 4	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.3 0.1 0.5	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3	6.7 5.9 0.4 0.1 0 0 0.1 0 0 0.1 0 0 0.1	0.49 0.43 0.24 0.07 0.03 0 0 0 0	0.38 0.07 0.01 0.02 0.48 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Tortilla Chips	Portion (g)  Salad St.  Dressed S 63 50 26 24 16 Fresh S 17 33 35 26 20 Dried It	Portion (kcal) ation (scalads 102 68 20 12 1 alad 2 6 68 8 9 4 4 4 ems 69 31 64	0.8 0.4 0.70 1.0 0.07 0.2 0.2 0.2 0.2 0.3 0.1 0.5 0.7 0.1 0.5 0.5	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1	1.7 2.4 0.93 1.1 0 0.5 0.6 1.2 2.3 0.0 0.0	6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0 0.1 0 0 0.1 0.1	0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Trottilla Chips Crispy Onions	Portion (g)  Salad St.  Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20 Dried It 13 6	Portion (kcal) ation (salads 102 68 20 12 1 alad 2 6 6 3 3 4 4 8 9 4 4 4 ems 69 31 64 35	0.8 0.4 0.70 1.0 0.07 0.2 0.2 0.2 0.2 0.3 0.1 0.5 0.7	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0 0.0	6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0.1	0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Portion (g)  0.38 0.07 0.01 0.02 0.48  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Trottilla Chips Crispy Onions	Portion (g)  Salad St.  Dressed S 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 Dried It 13 7 13 6 16	Portion (kcal) ation (kcal) ation (acads 102	0.8 0.4 0.70 1.0 0.07 0.2 0.2 0.2 0.2 0.3 0.1 0.5 0.7 0.1 0.5 0.5	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1	1.7 2.4 0.93 1.1 0 0.5 0.6 1.2 2.3 0.0 0.0	6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0 0.1 0 0 0.1 0.1	0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas	Portion (g)  Salad St.  Dressed S 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 Dried It 13 7 13 6 Dressings	Portion (kcal) ation (kcal) ation 68 20 12 1 alad 2 6 3 4 4 8 9 4 4 4 4 4 6 6 9 31 64 4 35 4 3 & Dips	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.2 0.3 0.1 0.5 0.7 1.0 0.5 0.7	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1 6.6 4.7 8.2 2.4	1.7 2.4 0.93 1.1 0 0.5 0.6 1.2 2.3 0.0 0.0 0.5	6.7 5.9 0.4 0.1 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0.1 0.1	0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Trottilla Chips Crispy Onions Sultanas Thousand Island Dressing	Portion (g)  Salad St.  Dressed S 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20 20 pried It 13 7 13 6 16 Dressings 30	Portion (kcal) ation (scalads 102 68 20 12 1 alad 2 6 63 4 4 8 9 9 4 4 4 4 4 8 8 9 9 4 4 4 4 8 8 9 9 4 4 4 8 8 9 8 9	0.8 0.4 0.70 1.0 0.07 0.2 0.2 0.2 0.2 0.5 0.7 1.2 0.8 0.4 0.4 0.4	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1 6.6 4.7 8.2 2.4 11	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0 0.0 0.5 0.1 0.2	6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0 0 0	0.49 0.43 0.24 0.07 0.03  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Portion (g)  0.38 0.07 0.01 0.02 0.48  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket  Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas  Thousand Island Dressing Blue Cheese Dressing	Portion (g)  Salad St.  Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20 Dried It 13 6 Dressings 30 27	Portion (kcal) ation (kcal) ation (acade series ation	Portion (g)  0.8 0.4 0.70 1.0 0.07  0.1 0.2 0.2 0.2 0.3 0.1 0.5 0.7  1.2 0.8 0.8 0.4 0.4 0.4 0.21	9.1 3.1 3.5 1.6 0.07  0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1  6.6 4.7 8.2 2.4 11	Portion (g)  1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0 0.0 0.5 0.1 1.2 2.3 1.1 0.2 2.3 2.1	6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 7.2 11	Pat per Portion (g)  0.49 0.43 0.24 0.07 0.03  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Portion (g)  0.38 0.07 0.01 0.02 0.48  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing Blue Cheese Dressing Garlic Mayonnaise	Portion (g)  Salad St.  Dressed S 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 Dried It 13 7 13 6 Dressings 30 27 29	Portion (kcal) ation (kcal) 102 68 20 12 1 alad 2 6 8 8 9 4 4 4 4 4 8 8 9 4 4 4 4 8 8 8 9 8 9	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.2 0.3 0.1 0.5 0.7 0.7 0.1 0.5 0.7 0.1 0.5 0.7 0.1 0.5 0.7 0.7 0.1 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1 6.6 4.7 8.2 2.4 11	1.7 2.4 0.93 1.1 0.5 0.6 1.2 2.3 0.0 0.0 0.5 0.6 1.2 2.3 1.1 0.5 0.5 0.1 0.2 0.5 0.1 0.2 0.5 0.5 0.1 0.2 0.5 0.5 0.5 0.6 0.5 0.6 0.7 0.7 0.8 0.8 0.9 0.9 0.9 0.9 0.9 0.9 0.9 0.9 0.9 0.9	6.7 5.9 0.4 0.1 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0.1	O.49	Portion (g)  0.38 0.07 0.01 0.02 0.48  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot	Portion (g)  Salad St.  Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20 Dried It 13 6 Dressings 30 27	Portion (kcal) ation (kcal) ation (acade series ation	Portion (g)  0.8 0.4 0.70 1.0 0.07  0.1 0.2 0.2 0.2 0.3 0.1 0.5 0.7  1.2 0.8 0.8 0.4 0.4 0.4 0.21	9.1 3.1 3.5 1.6 0.07  0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1  6.6 4.7 8.2 2.4 11	Portion (g)  1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0 0.0 0.5 0.1 1.2 2.3 1.1 0.2 2.3 2.1	6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 7.2 11	Pat per Portion (g)  0.49 0.43 0.24 0.07 0.03  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Portion (g)  0.38 0.07 0.01 0.02 0.48  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos  Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket  Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas  Thousand Island Dressing Blue Cheese Dressing Garlic Mayonnaise Light Mayonnaise	Portion (g)  Salad St.  Dressed S 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20 20 Dried It 13 7 13 6 Dressings 30 27 29 34	Portion (kcal) ation (scalads 102 68 20 12 1 alad 2 6 6 3 4 4 8 9 9 4 4 4 4 8 8 69 31 64 35 43 8 Dips 80 125 127 138	0.8 0.4 0.70 1.0 0.07 0.2 0.2 0.2 0.2 0.5 0.7 1.2 0.8 0.4 0.4 0.4	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1 6.6 4.7 8.2 2.4 11	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0 0.0 0.5 1.1 1.5 2.1 2.1 2.0 5 2.0	6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0.1	Pat per Portion (g)  0.49 0.43 0.24 0.07 0.03  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Portion (g)  0.38 0.07 0.01 0.02 0.48  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				

#### **FOOD ALLERGIES**

The below nutritional information for our mo	enu is provid	led as a g	uide. All ou	r dishes are f	inished by h	nand, there	fore these		oximate	values on	ly.	
	Weight of	Number	Energy per	Protein per	Carbohydra	Sugar per	Fat per	Saturate d Fat	Salt per			
	Pizza (g)	of Slices per Pizza	Slice (kcal)	Slice (g)	te per Slice (g)	Slice (g)	Slice (g)	per Slice				
		Pizza					l	(a)				
Individual Pan (9")	400	epperoni 6	181	7.2	18	0.8	8.7	2.9	0.77	l	<u> </u>	<u> </u>
Sharing Pan (13")	810	8	272	11	29	1.2	12	4.1	1.2			
Individual Handcrafted (11") Sharing Handcrafted (14")	398 704	6 8	161 213	6.9 9.2	18 24	1.5 2.0	6.4 8.7	2.6 3.6	0.84			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	394	6	158	6.9	18	1.4	6.3	2.6	0.76			1
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Individual Stuffed Crust (11")	698 550	8	210 238	9.2 12	23 23	2.0	8.6 11	3.5 5.1	1.0			
Sharing Stuffed Crust (14")	912	8	291	14	30	2.0	13	5.9	1.3			
Cheesy Bites (14") Gluten Free (9" Square)	912 351	8	291 164	14 4.5	30 20	2.7 1.6	13 7.1	5.9 2.6	1.3 0.70			
	Pepp	eroni Feas	t									
Individual Pan (9") Sharing Pan (13")	452 891	6 8	214 310	8.8 13	18 29	0.91 1.3	12 16	3.8 5.1	0.98 1.4			+
Individual Handcrafted (11")	450	6	194	8.6	18	1.5	9.3	3.5	1.05			
Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic Sprinkle	785 412	8	252 172	1.2 7.4	24 18	2.1 1.4	12.0 7.7	4.6 2.7	1.4 0.90			+
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	721	8	224	10	23	2.0	10	3.5	1.2			+
Individual Stuffed Crust (11")	568	6	252	12	23	2.0	12	5.2	1.2			
Sharing Stuffed Crust (14") Cheesy Bites (14")	935 935	8	305 305	14 14	30 30	2.7 2.7	14 14	5.8 5.8	1.5 1.5			-
Gluten Free (9" Square)	403	6	197	6.1	20	1.7	9.9	3.5	0.90			
Individual Pan (9")	Pepperon 463	i & Spicy 'I	Nduja 218	9.0	18	0.9	11.9	4.0	1.00			
Sharing Pan (13")	934	8	326	13	29	1.3	17	5.6	1.5			
Individual Handcrafted (11") Sharing Handcrafted (14")	461 828	6 8	197 267	8.8 12	18 24	1.5 2.1	9.6 13	3.7 5.1	1.1 1.5		<del>                                     </del>	
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	457	6	195	8.7	18	1.5	9.5	3.6	0.99			
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Individual Stuffed Crust (11")	822 613	8	264 274	11.8 13	23 23	2.0 2.0	13.3 14	5.1 6.2	1.4 1.3			+
Sharing Stuffed Crust (11")	1036	8	345	17	30	2.0	17	7.4	1.7		<del>                                     </del>	+
Cheesy Bites (14")	1036	8	345	17	30	2.7	17	7.4	1.7			
Gluten Free (9" Square)	414 The 5	6 Spicy GOAT	201	6.3	20	1.6	10.3	3.6	0.94			
Individual Pan (9")	498	6	204	8.5	21	3.8	9.2	3.8	0.74			
Sharing Pan (13") Individual Handcrafted (11")	996 496	8	298 183	12 8.3	33 21	4.8 4.4	13 6.9	5.3 3.5	1.1 0.8			+
Sharing Handcrafted (14")	890	8	239	11	28	5.6	9	4.7	1.0			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	492 884	6 8	180 236	8.2 10.9	21 27	4.4 5.5	6.8 9.1	3.5 4.7	0.73 1.0			
Individual Stuffed Crust (11")	648	6	260	13	26	4.9	11	6.0	1.0			
Sharing Stuffed Crust (14") Cheesy Bites (14")	1098 1098	8	317 317	16 16	34 34	6.3 6.3	13 13	7.0 7.0	1.2 1.2			
Gluten Free (9" Square)	449	6	186	5.8	23	4.6	7.6	3.5	0.67			+
Individual Pan (9")	Chicken 530	& Bacon C	226	9.1	20	1.5	12.2	3.7	0.81			
Sharing Pan (13")	1110	8	331	14	31	2.4	17	5.0	1.2			1
Individual Handcrafted (11")	528 1004	6	206 272	8.8 12	20 26	2.2 3.2	9.9 13	3.4 4.5	0.9 1.2			1
Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic Sprinkle	524	8	203	8.8	19	2.1	9.8	3.3	0.80			-
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	998	8	269	12.1	26	3.1	12.8	4.5	1.1			
Individual Stuffed Crust (11") Sharing Stuffed Crust (14")	680 1212	6 8	282 350	14 17	25 32	2.7 3.9	14 17	5.9 6.8	1.1			+
Cheesy Bites (14")	1212	8	350	17	32	3.9	17	6.8	1.4			
Individual Pan (9")	535	ken Fajita 6	216	8.6	20	2.4	11.1	3.0	0.81			_
Sharing Pan (13")	1083	8	316	13	32	3.6	15	4.0	1.2			
Individual Handcrafted (11") Sharing Handcrafted (14")	533 977	6 8	196 257	8.4 11	20 27	3.0 4.4	8.8 11	2.7 3.5	0.9			+
Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic Sprinkle	529	6	193	8.3	20	3.0	8.7	2.7	0.81			
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	971 685	8	254 273	11.4 13	26 25	4.3 3.5	11.2	3.5	1.0		<u> </u>	<del> </del>
Individual Stuffed Crust (11") Sharing Stuffed Crust (14")	1185	8	335	16	33	5.0	13 15	5.2 5.8	1.1		<del>                                     </del>	+
Cheesy Bites (14")	1185	8	335	16	33	5.0	15	5.8	1.3			
Gluten Free (9" Square)	486 H	6 lawaiian	199	5.9	22	3.2	9.5	2.7	0.75			
Individual Pan (9")	456	6	166	7.6	19	1.7	6.4	2.0	0.77			
Sharing Pan (13") Individual Handcrafted (11")	936 454	8	249 158	7.6	30 21	2.8 2.6	9.0 4.6	2.7 1.8	1.2 1.2		<del> </del>	+
Sharing Handcrafted (14")	830	8	211	10	28	4.0	6.0	2.4	1.8			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	450 824	6 8	142 187	7.3 9.8	19 25	2.3 3.5	4.0 5.1	1.7 2.2	0.77 1.0		<del></del>	+
Individual Stuffed Crust (11")	606	6	222	12	25	2.9	8.4	4.2	1.1			+
Sharing Stuffed Crust (14")	1038	8	268	15	31	4.2	9.1	4.5	1.3			
Cheesy Bites (14") Gluten Free (9" Square)	1038 407	8	268 149	15 4.9	31 20	4.2 2.5	9.1 4.8	4.5 1.7	1.3 0.70			<u>+</u>
		en Suprem	ie									
Individual Pan (9") Sharing Pan (13")	494 1037	6 8	168 256	8.7 14	19 29	1.2 1.8	6.3 8.9	2.0	0.62 1.0			+
Individual Handcrafted (11")	492	6	148	8.4	19	1.8	4.1	1.7	0.69			
Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic Sprinkle	931 488	8	197 145	12 8.4	24 18	2.6 1.8	5.2 4.0	2.2 1.7	1.1 0.61		-	+
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	925	8	194	12	24	2.6	5.1	2.2	0.99			1
Individual Stuffed Crust (11") Sharing Stuffed Crust (14")	644 1139	6 8	224 275	13 17	23 30	2.3 3.3	8.4 9.1	4.2 4.5	0.91			+
Cheesy Bites (14")	1139	8	275	17	30	3.3	9.1	4.5	1.1			
Gluten Free (9" Square)	445	6	151		20	1.9	4.7	1.9				

#### **FOOD ALLERGIES**

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy.

The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only Number of Slices Carbohydra Weight of Protein per d Fat Energy per Sugar per Fat per Salt per te per Slice Pizza (g) Slice (kcal) Slice (g) Slice (g) Slice (g) ner Slice Slice(g) per Pizza (g) (a) at Feast Individual Pan (9") 468 197 9.2 19 9.3 0.90 Sharing Pan (13") 970 303 14 30 14 Individual Handcrafted (11") 0.97 466 176 9.0 19 864 Sharing Handcrafted (14") 244 2.4 Individual Handcrafted (11") WITHOUT Garlic Sprinkle 462 174 8.9 18 6.9 2.8 0.89 858 618 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 1.3 24 24 Individual Stuffed Crust (11") 5.4 Sharing Stuffed Crust (14") Cheesy Bites (14") 1072 1072 14 14 Gluten Free (9" Square) 419 180 6.5 20 1.8 7.7 2.9 0.83 preme 3.2 4.7 Individual Pan (9") 489 199 8.5 19 1.2 9.8 0.83 1003 Sharing Pan (13") 304 1.9 14 487 897 ndividual Handcrafted (11") 178 8. 19 0.9 2. 11 Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic Sprinkle 483 176 8 2 19 1.8 74 29 0.82 891 242 255 323 10.5 4.1 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 25 24 1.1 Individual Stuffed Crust (11") 639 1105 13 12 14 5.4 1.1 Sharing Stuffed Crust (14") 6.5 Cheesy Bites (14") Gluten Free (9" Square) 3.3 1.4 0.77 31 20 14 8.1 BBQ American Individual Pan (9") 508 191 9.4 2.4 1054 499 950 Sharing Pan (13") Individual Handcrafted (11") 14.6 33 21 28 10.5 4.5 6.6 1.28 Sharing Handcrafted (14") 233 14.3 495 944 ndividual Handcrafted (11") WITHOUT Garlic Sprinkle 0.82 2.1 4.4 14.2 1.19 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 230 6.5 651 1156 26 9.1 14 19 311 34 5.2 5.0 1.5 Sharing Stuffed Crust (14") Cheesy I Bites (14") 1156 10.5 0.75 Gluten Free (9" Square) 459 6.6 5.9 eggie 6.3 8.8 488 0.58 0.89 Individual Pan (9") 162 19 6.4 Sharing Pan (13") 1019 245 9.6 31 Individual Handcrafted (11") 486 141 6.1 19 4.0 0.64 Sharing Handcrafted (14") 913 186 8 1 26 3.2 5.1 2 1 0.82 Individual Handcrafted (11") WITHOUT Garlic Sprinkle 0.56 0.73 482 139 6.1 19 3.9 5.0 1.6 907 638 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 183 8.0 25 24 Individual Stuffed Crust (11") 218 11 2.6 8.3 4.2 0.86 1121 1121 9.0 1.0 Sharing Stuffed Crust (14") Cheesy Bites (14") Gluten Free (9" Square) 439 108 16 0.39 3.5 argherita 398 796 Individual Pan (9") 169 18 2.7 3.5 Sharing Pan (13") 250 10 29 10 0.96 6.8 8.7 Individual Handcrafted (11") 394 149 18 16 5 1 0.71 690 6.4 3.0 0.90 Sharing Handcrafted (14") Individual Handcrafted (14") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 392 684 548 5.0 6.3 9.4 2.3 3.0 146 6.7 8.7 18 1.5 0.63 188 225 23 23 0.81 Individual Stuffed Crust (11") 0.93 4.8 898 898 Sharing Stuffed Crust (14") 269 269 10 10 Cheesy Bites (14") 0.43 Gluten Free (9" Square) The G.O.A.T Individual Pan (9") 517 184 7.8 0.67 Sharing Pan (13") 1088 281 11.0 4.3 1.03 33 21 28 20 Individual Handcrafted (11") 515 982 7.3 9.8 5.5 7.3 5.4 222 161 Sharing Handcrafted (14") 1.0 ndividual Handcrafted (11") WITHOUT Garlic Sprinkle 0.66 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 976 9. 28 5.6 4.1 0.89 Individual Stuffed Crust (11") 667 241 12 26 9.8 5.2 0.97 Sharing Stuffed Crust (14") 1190 300 14 6.0 34 6.7 11 1.2 6.7 11 1.2 1190 34 17 heesy Bites (14" 6.0 Gluten Free (9" Square) 126 3.6 468 Ve Supre Individual Pan (9") 162 19 1.4 6.8 0.59 6.2 2.0 Sharing Pan (13") 1011 491 241 30 2.1 2.7 0.9 Individual Handcrafted (11") 5.9 4.5 Sharing Handcrafted (14") 905 182 25 18 2.9 0.8 Individual Handcrafted (11") WITHOUT Garlic Sprinkle 487 2.0 4.4 0.59 139 179 5.9 7.7 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Individual Stuffed Crust (11") 899 54 2 1 0.8 643 24 4.2 0.9 3.6 Sharing Stuffed Crust (14") 1113 260 4.5 1.0 heesy Bites (14 Gluten Free (9" Square) 444 145 3.4 2.1 5.2 0.53

#### **FOOD ALLERGIES**

The below nutritional information for our me	nu is provid	led as a g	uide. All oເ	ır dishes are f	inished by h	nand, there	fore these	are appr	oximate	values or	ıly.	
		Number			Carbohydra			Saturate				
	Weight of Pizza (g)	of Slices	Energy per Slice (kcal)	Protein per Slice (g)	te per Slice	Sugar per Slice (g)	Fat per Slice (g)	d Fat per Slice	Salt per Slice(g)			
	_	per Pizza	Since (iteal)	5cc (g)	(g)	5cc (g)	5.i.ee (g)	(a)	5cc(g)			
Individual Day (OII)		gie Sizzler	100	C 1	19	2.0	6.3	2.0	0.00		T	
Individual Pan (9") Sharing Pan (13")	461 948	6 8	160 241	6.1 9	31	2.0 3.1	6.3	2.7	0.68 1.0			
Individual Handcrafted (11")	459	6	140	5.9	20	2.6	4.0	1.7	0.7			
Sharing Handcrafted (14")	842	8	182	8	26	3.9	5	2.1	1.0			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	455	6	137	5.9	19	2.6	3.9	1.6	0.67			
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	836	8	179	7.7	25	3.8	5.0	2.1	0.9			
Individual Stuffed Crust (11")	611	6	217	11	24	3.1	8	4.2	1.0			
Sharing Stuffed Crust (14") Cheesy Bites (14")	1050 1050	8	260 260	12 12	32 32	4.5 4.5	9	4.5 4.5	1.2			
Gluten Free (9" Square)	412	6	143	3.4	21	2.7	4.7	1.6	0.61			
(		Feast Sizzl										
Individual Pan (9")	480	6	193	8.9	19	1.1	9.0	3.1	0.97			
Sharing Pan (13")	1000	8	298	14	30	1.6	13	4.5	1.5			
Individual Handcrafted (11")	478	6	172	8.6	19	1.7	6.7	2.7	1.0			
Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic Sprinkle	894 474	8	239 170	12 8.6	25 18	2.4 1.6	10 6.6	4.0 2.7	1.5 0.96			
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	888	8	236	12.3	24	2.4	9.7	4.0	1.4			
Individual Stuffed Crust (11")	630	6	249	13	24	2.2	11	5.2	1.3			
Sharing Stuffed Crust (14")	1102	8	317	17	31	3.1	14	6.3	1.6			
Cheesy Bites (14")	1102	8	317	17	31	3.1	14	6.3	1.6			
Gluten Free (9" Square)	431	6 rmhouse	176	6.1	20	1.8	7.4	2.7	0.90			
Individual Pan (9")	439	6	162	7.6	18	0.9	6.4	2.0	0.78			
Sharing Pan (13")	884	8	242	11	29	1.3	8.9	2.7	1.1			+
Individual Handcrafted (11")	437	6	142	7.4	18	1.6	4.1	1.7	0.85			
Sharing Handcrafted (14")	778	8	183	9.6	24	2.1	5.2	2.2	1.1			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	433	6	139	7.3	18	1.5	4.0	1.7	0.77			
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	772	8	180	10	23	2.1	5.1	2.2	1.0		1	
Individual Stuffed Crust (11") Sharing Stuffed Crust (14")	589 986	6 8	219 261	12 14	23 30	2.1	8.4 9.1	4.2 4.5	1.1	1	1	
Sharing Stuffed Crust (14") Cheesy Bites (14")	986	8	261	14	30	2.8	9.1	4.5	1.3			
Gluten Free (9" Square)	390	6	145	4.9	20	1.7	4.8	1.7	0.72			
olater receip squarey		Number	1.15	1.5	Carbohydra	1	1.0	Saturate				
	Weight of	of Slices	Energy per	Protein per	te per Slice	Sugar per	Fat per	d Fat	Salt per			
	Pizza (g)	per Pizza	Slice (kcal)	Slice (g)	(g)	Slice (g)	Slice (g)	per Slice	Slice(g)			
	Veg	gan Pizzas						(a)		-	1	
	Vegar	n Margheri	ta									
Individual Pan (9")	380	6	163	4.0	20	0.6	7.1	3.6	0.68			
Sharing Pan (13")	732 374	8	231 140	6.3	31 20	0.9	8.8	3.8	0.92			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	620	8	169	3.7 4.8	25	1.2	4.7 5.0	3.3	0.84			
Gluten Free (9" Square)	331	6	146	1.3	22	1.3	5.5	3.2	0.65			
		an Veggie										
Individual Pan (9")	476	6	158	4.3	21	1.3	6.1	2.6	0.61			
Sharing Pan (13")	1013	8	245	6.9	33	2.1	9.1	3.9	0.94			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	470 901	6 8	135 183	4.0 5.4	21 28	1.9 2.8	3.8 5.3	3.3	0.59			
Gluten Free (9" Square)	427	6	141	1.6	22	2.1	4.5	2.3	0.55			
	Vegan V	eggie Supr	reme									
Individual Pan (9")	481	6	157	4.2	20	1.2	6.4	2.4	0.60			
Sharing Pan (13")	1005	8	240	6.7	32	2.0	9.2	3.6	0.92		1	
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	475	6	134	3.9	20	1.8	4.1	2.1	0.60			
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)	893 432	8	178 140	5.1 1.5	27 22	2.7	5.4 4.8	3.1 2.1	0.80			+
Sister Free (5 Square)	NEW - Veg			1.5		2.0	7.0	E. 1	0.54			
Individual Pan (9")	449	6	155	4.2	21	1.8	5.9	2.4	0.69			
Sharing Pan (13")							3.3		0.69			
	942	8	240	6.7	33	2.9	8.7	3.6	1.07			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	443	6	240 132	6.7 3.9	33 21	2.9 2.4	8.7 3.5	3.6 2.1	1.07 0.68			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	443 830	6 8	240 132 178	6.7 3.9 5.1	33 21 28	2.9 2.4 3.6	8.7 3.5 4.9	3.6 2.1 3.0	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	443	6 8 6	240 132	6.7 3.9 5.1 1.5	33 21	2.9 2.4	8.7 3.5 4.9 4.3	3.6 2.1	1.07 0.68			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	443 830 400 Average	6 8 6 Energy	240 132 178 138 Protein	6.7 3.9 5.1 1.5 Carbohydrate	33 21 28 22	2.9 2.4 3.6 2.6	8.7 3.5 4.9 4.3 Saturated	3.6 2.1 3.0 2.1 Salt per	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	443 830 400 Average Weight of	6 8 6 Energy per	240 132 178 138 Protein per	6.7 3.9 5.1 1.5 Carbohydrate per Portion	33 21 28 22 Sugar per	2.9 2.4 3.6 2.6	8.7 3.5 4.9 4.3 Saturated Fat per	3.6 2.1 3.0 2.1 Salt per Portion	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	443 830 400 Average	6 8 6 Energy	240 132 178 138 Protein	6.7 3.9 5.1 1.5 Carbohydrate	33 21 28 22	2.9 2.4 3.6 2.6	8.7 3.5 4.9 4.3 Saturated	3.6 2.1 3.0 2.1 Salt per	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)	443 830 400 Average Weight of	6 8 6 Energy per Portion (kcal)	240 132 178 138 Protein per	6.7 3.9 5.1 1.5 Carbohydrate per Portion	33 21 28 22 Sugar per Portion (g)	2.9 2.4 3.6 2.6	8.7 3.5 4.9 4.3 Saturated Fat per	3.6 2.1 3.0 2.1 Salt per Portion	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread	443 830 400 Average Weight of Portion (g) Flatbre 289	6 8 6 Energy per Portion (kcal) ads	240 132 178 138 Protein per Portion (g)	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g)	33 21 28 22 Sugar per Portion (g)	2.9 2.4 3.6 2.6 Fat per Portion (g)	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g)	3.6 2.1 3.0 2.1 Salt per Portion (g)	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread	443 830 400 Average Weight of Portion (g) Flatbre 289 295	6 8 6 Energy per Portion (kcal) ads 499 492	240 132 178 138 Protein per Portion (g)	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62	33 21 28 22 Sugar per Portion (g) 6.0 6.3	2.9 2.4 3.6 2.6 Fat per Portion (g)	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5	3.6 2.1 3.0 2.1 Salt per Portion (g) 1.9 2.0	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread	443 830 400 Average Weight of Portion (g) Flatbre 289 295 301	6 8 6 Energy per Portion (kcal) ads 499 492 439	240 132 178 138 Protein per Portion (g) 27 24 20	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7	2.9 2.4 3.6 2.6 Fat per Portion (g)	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8	3.6 2.1 3.0 2.1 Salt per Portion (g) 1.9 2.0 2.7	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Vegan Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread	443 830 400 Average Weight of Portion (g) Flatbre 289 295 301 289	6 8 6 Energy per Portion (kcal) ads 499 492 439 401	240 132 178 138 Protein per Portion (g) 27 24 20 13	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60 65	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7 6.0	2.9 2.4 3.6 2.6 Fat per Portion (g) 19 16 12 8.9	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8 5.2 6.4	3.6 2.1 3.0 2.1 Salt per Portion (g) 1.9 2.0 2.7 2.8	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread	443 830 400 Average Weight of Portion (g) Flatbre 289 295 301 289 285	6 8 6 Energy per Portion (kcal) ads 499 492 439 401 499	240 132 178 138 Protein per Portion (g) 27 24 20	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7	2.9 2.4 3.6 2.6 Fat per Portion (g)	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8	3.6 2.1 3.0 2.1 Salt per Portion (g) 1.9 2.0 2.7	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Vegan Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread	443 830 400 Average Weight of Portion (g) Flatbre 289 295 301 289	6 8 6 Energy per Portion (kcal) ads 499 492 439 401 499	240 132 178 138 Protein per Portion (g) 27 24 20 13	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60 65 61	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7 6.0	2.9 2.4 3.6 2.6 Fat per Portion (g) 19 16 12 8.9 16	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8 5.2 6.4	3.6 2.1 3.0 2.1 Salt per Portion (g) 1.9 2.0 2.7 2.8	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt	443 830 400  Average Weight of Portion (g)  Flatbre 289 295 301 289 285  Melt 277 312	6 8 6 Energy per Portion (kcal) ads 499 492 439 401 499 5 749	240 132 178 138 Protein per Portion (g) 27 24 20 13 33	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60 65 61	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 6.0	2.9 2.4 3.6 2.6 Fat per Portion (g) 19 16 12 8.9 16	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9	3.6 2.1 3.0 2.1 Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt BBQ Chicken Melt	443 830 400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326	6 8 6 Energy per Portion (kcal) ads 499 492 439 401 499 5 749 771 704	240 132 178 138 Protein per Portion (g) 27 24 20 13 33 31 37 34	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60 65 61	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 5.3 1.9	2.9 2.4 3.6 2.6 Fat per Portion (g) 19 16 12 8.9 16	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9	3.6 2.1 3.0 2.1 Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt	443 830 400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326 328	6 8 6 6 Energy per Portion (kcal) 499 492 439 401 499 5 749 771 704 898	240 132 178 138 Protein per Portion (g) 27 24 20 13 33	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60 65 61	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 6.0	2.9 2.4 3.6 2.6 Fat per Portion (g) 19 16 12 8.9 16	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9	3.6 2.1 3.0 2.1 Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt BBQ Chicken Melt	443 830 400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326	6 8 6 6 Energy per Portion (kcal) ads 499 492 439 401 499 5 749 771 704 898 is	240 132 178 138 Protein per Portion (g) 27 24 20 13 33 31 37 34	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60 65 61	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 5.3 1.1	2.9 2.4 3.6 2.6 Fat per Portion (g) 19 16 12 8.9 16	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9	3.6 2.1 3.0 2.1 Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt BBQ Chicken Melt	443 830 400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326 328 Mair	6 8 6 Energy per Portion (kcal) ads 499 492 439 401 499 5 749 771 704 898 89 815	240 132 178 138 Protein per Portion (g)  27 24 20 13 33 31 37 34 42 Protein	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60 65 61 68 70 84 71	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 5.3 6.1 19 4.8	2.9 2.4 3.6 2.6 Fat per Portion (g) 19 16 12 8.9 16 38 38 25 49	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9	3.6 2.1 3.0 2.1 Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7 4.5 4.9 4.0 5.0	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt BBQ Chicken Melt	443 830 400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326 328 Main	6 8 6 Energy per Portion (kcal) ads 499 492 439 401 499 5 771 704 898 5 Energy per	240 132 178 138 Protein per Portion (g)  27 24 20 13 33 31 37 34 42  Protein per	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60 65 61 68 70 84 71	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 5.3 6.1 19 4.8	2.9 2.4 3.6 2.6 Fat per Portion (g) 19 16 12 8.9 16 38 38 25 49	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9 17 16 12 24	3.6 2.1 3.0 2.1 Salt per Portion (g) 2.0 2.7 2.8 2.7 4.9 4.0 5.0	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt BBQ Chicken Melt	443 830 400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326 328 Mair	6 8 6 Energy per Portion (kcal) ads 499 492 439 401 499 5 749 771 704 898 89 815	240 132 178 138 Protein per Portion (g)  27 24 20 13 33 31 37 34 42 Protein	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60 65 61 68 70 84 71	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 5.3 6.1 19 4.8	2.9 2.4 3.6 2.6 Fat per Portion (g) 19 16 12 8.9 16 38 38 25 49	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9	3.6 2.1 3.0 2.1 Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7 4.5 4.9 4.0 5.0	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt BBQ Chicken Melt	443 830 400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326 328 Main	6 8 6 Energy per Portion (kcal) ads 499 439 439 401 499 5 779 704 898 s Energy per Portion	240 132 178 138 Protein per Portion (g)  27 24 20 13 33 31 37 34 42  Protein per	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60 65 61 68 70 84 71	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 5.3 6.1 19 4.8	2.9 2.4 3.6 2.6 Fat per Portion (g) 19 16 12 8.9 16 38 38 25 49	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9 17 16 12 24	3.6 2.1 3.0 2.1 Salt per Portion (g) 2.0 2.7 2.8 2.7 4.9 4.0 5.0	1.07 0.68 0.95			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)  Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread BBQ Chicken 'N' Ham Flatbread BBQ Chicken Seat Melt BBQ Chicken Melt Toasted 3 Cheese Melt	443 830 400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326 328 Main Average Weight of Portion (g)	6 8 6 Energy per Portion (kcal) ads 499 492 439 401 499 5 749 771 704 898 89 89 15 Energy per Portion (kcal)	240 132 178 138 Protein per Portion (g)  27 24 20 13 33 31 37 34 42  Protein per Portion (g)	6.7 3.9 5.1 1.5 Carbohydrate per Portion (g) 60 62 60 65 61 68 70 84 71 Carbohydrate per Portion (g)	33 21 28 22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 6.1 19 4.8	2.9 2.4 3.6 2.6 Fat per Portion (g) 19 16 12 8.9 16 38 25 49	8.7 3.5 4.9 4.3 Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9 17 16 12 24 Saturated Fat per Portion (g)	3.6 2.1 3.0 2.1 Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7 4.5 4.9 4.0 5.0	1.07 0.68 0.95			

#### FOOD ALLERGIES

The below nutritional information for our me	enu is provic	ded as a g	uide. All ou	ır dishes are f	finished by I	nand, there	fore these	are appr	oximate	values only.	-
		Ni. and an			Carla a basalara			Saturate			
	Weight of Pizza (g)	Number of Slices per Pizza	Energy per Slice (kcal)	Protein per Slice (g)	Carbohydra te per Slice (g)	Sugar per Slice (g)	Fat per Slice (g)	d Fat per Slice (g)	Salt per Slice(g)		
	But	ffet Pizzas						(9)			
		argherita									
Individual Pan (9")	398	6	169	7.0	18	0.9	7.4	2.7	0.64		
Sharing Pan (13") Individual Handcrafted (11")	796 394	8	250 149	10 6.8	29 18	1.3 1.6	10 5.1	3.5 2.3	0.96 0.71		_
		epperoni					•				
Individual Pan (9")	400	6	181	7.2	18	0.8	8.7	2.9	0.77		
Sharing Pan (13") Individual Handcrafted (11")	810 398	8	272 161	11 6.9	29 18	1.2 1.5	12 6.4	4.1 2.6	1.2 0.84		
marriada nanacratea (11)		Americano		0.5		1.5	0.1	2.0	0.01		
Individual Pan (9")	508	6	191	9.4	21	2.4	7.5	2.7	0.79		
Sharing Pan (13") Individual Handcrafted (11")	1054 499	8	289 168	14.6 9.6	33 21	3.7 2.1	10.5 4.8	3.6 2.0	1.20 0.90	<del>                                     </del>	
marrada ranaciarea (11 )		Veggie		3.0			1.0	2.0	0.50		
Individual Pan (9")	488	6	162	6.4	19	1.5	6.3	2.0	0.58		
Sharing Pan (13") Individual Handcrafted (11")	1019 486	8	275 141	10.7 6.1	35 19	2.7	10.0 4.0	3.5 1.7	1.00 0.64	<del>                                     </del>	
	Ve	eggie Hot									
Individual Pan (9")	471	6	157	6.1	19	1.4	6.2	2.0	0.68		
Sharing Pan (13") Individual Handcrafted (11")	977 465	8	236 134	9.2 5.8	30 18	2.1 1.9	8.7 3.8	2.7 1.6	1.03 0.68		
	H	lawaiian	<u>'</u>				•				
Individual Pan (9")	456	6	166	7.6	19	1.7	6.4	2.0	0.77		
Sharing Pan (13") Individual Handcrafted (11")	936 454	8	249 158	11 7.6	30 21	2.8	9.0 4.6	2.7 1.8	1.2		
	Clas	sic Chicken			•						
Individual Pan (9")	463	6	162	7.4	19	1.2	6.3	2.0	0.59		
Sharing Pan (13") Individual Handcrafted (11")	965 457	8	245 139	7.1	29 18	1.8 1.8	8.8 3.9	2.7 1.6	0.89 0.57		
marriada nanaciatea (11)		cy Chicken	133	7.1	10	1.0	3.3	1.0	0.51		
Individual Pan (9")	461	6	161	7.2	19	1.2	6.3	2.0	0.70		
Sharing Pan (13") Individual Handcrafted (11")	948 458	8	242 142	10.8 7.2	29 20	1.8 1.3	8.8 3.6	2.7 1.7	1.06 0.82		
	Three Cheese			7.2	20	1.5	5.0	1.7	0.02		
Individual Pan (9")	458	6	183	7.2	21	3.4	7.7	2.8	0.66		
Sharing Pan (13") Individual Handcrafted (11")	936 452	8	274 160	10.5 6.9	33 20	5.6 3.9	10.6 5.3	3.7 2.4	0.98		
maividual Handcrafted (11 )		Beef & Onio		0.5	20	3.3	3.3	2.4	0.03		
Individual Pan (9")	429	6	173	6.9	20	2.4	7.0	2.3	0.70		
Sharing Pan (13") Individual Handcrafted (11")	870 426	8	261 150	10.5 6.6	32 20	3.3	10.0 4.6	3.3 2.0	1.04 0.69		
maividual Handerarted (11 )		ne G.O.A.T	130	0.0	20	3.0	4.0	2.0	0.03		
Individual Pan (9")	517	6	184	7.5	21	3.0	7.8	3.0	0.67		
Sharing Pan (13") Individual Handcrafted (11")	1088 515	8	281 164	11.3 7.3	33 21	5.3 3.6	11.0 5.5	4.3 2.7	1.03 0.74		
mainuai nanucraiteu (11 )		ni & Spicy 'I		7.3	21	3.0	3.3	2.1	0.74		
Individual Pan (9")	463	6	218	9.0	18	0.9	11.9	4.0	1.00		
Sharing Pan (13") Individual Handcrafted (11")	934 461	8	326 197	13 8.8	29 18	1.3 1.5	17 9.6	5.6 3.7	1.5 1.1		
Individual natidicialited (11)		Spicy GOA		0.0	10	1.5	9.0	5.7	1.1		
Individual Pan (9")	498	6	204	8.5	21	3.8	9.2	3.8	0.74		
Sharing Pan (13") Individual Handcrafted (11")	996 496	8	298 183	12 8.3	33 21	4.8 4.4	13 6.9	5.3 3.5	1.1 0.8	<del>                                     </del>	
maividuai ridiluciaiteu (11 )		n & Bacon C		0.5	41	4.4	0.9	3.3	U.0		
Individual Pan (9")	530	6	226	9.1	20	1.5	12.2	3.7	0.81		
Sharing Pan (13") Individual Handcrafted (11")	1110	8	331	14	31	2.4	17	5.0	1.2		
muividuai ridilutiditeu (TT )	528 Chi	6 cken Fajita	206	8.8	20	2.2	9.9	3.4	0.9		
Individual Pan (9")	535	6	216	8.6	20	2.4	11.1	3.0	0.81		
Sharing Pan (13")	1083	8	316	13	32	3.6	15	4.0	1.2		
Individual Handcrafted (11")	533	6 Energy	196	8.4	20	3.0	8.8	2.7	0.9		
	Average	per	Protein	Carbohydrate	Sugar per	Fat per	Saturated	Salt per			
	Weight of Portion (g)	Portion	per Portion (g)	per Portion (g)	Portion (g)	Portion (g)	Fat per Portion (g)	Portion (g)			
	Buffet S	(kcal)	. 5. a.511 (g)	(9)			. s. a.s.r (g)	(9)			
	Buffet P										
Tomato Pasta	82	100	2.3	12	2.9	4.6	0.6	0.34			
	97	105	4.2	11	2.6	4.6	2.4	0.61			
Four Cheese & Broccoli Pasta	CII:- D	adsticks		1		l		1			_
Four Cheese & Broccoli Pasta	Gariic Brea										
Garlic Breadsticks - Large	20.1	57	1.7	7.6	0	2.1	0.4	0.17			
Garlic Breadsticks - Large Garlic Breadsticks - Small	20.1 18.6	57 51	1.7	7.6 7.3	0	2.1 1.6	0.4	0.17 0.16			
Garlic Breadsticks - Large Garlic Breadsticks - Small	20.1	57 51	1.7								

#### **FOOD ALLERGIES**

The below nutritional information for our me	nu is provid	led as a g	uide. All ou	ir dishes are f	inished by I	hand, there	fore these	are appro	oximate v	alues onl	у.	
		Energy										
	Average Weight of	per	Protein per	Carbohydrate per Portion	Sugar per	Fat per	Saturated Fat per	Salt per Portion				
	Portion (g)	Portion	Portion (g)	(g)	Portion (g)	Portion (g)	Portion (g)	(g)				
	_	(kcal)	1 01 ti 011 (g)	(9)			. o. a.o. (g)	(9)				
	Mini & Mega											
Pan Pizza Margherita Thin Pizza Margherita	206 206	448 448	20	57 57	3.1 3.1	15 15	5.5 5.5	1.7 1.7				
Gluten Free Margherita	181	394	14	43	6.2	17	8.0	1.7				
*Nutritionals do not i					0.2	17	0.0	1.5				
	Mair											
Chicken 'N' Fries	230	421	20	45	1.1	17	2.6	2.1				
Vegan Southern Fried Nuggets 'N' Fries	205	374	11	40	1.0	18	1.8	2.0				
Mac 'N' Cheese	230	406	19	43	5.0	19	11	1.9				
Spaghetti Bolognese	250 Side	198	13	28	5.8	3.3	1.3	0.6				
Fries	125	209	2.8	28	0.6	9.3	1.1	1.3				
Garlic Bread	60	180	4.5	23	1.7	7.2	2.2	0.43				
Onion Rings	79	169	2.8	23	3.5	7.4	0.9	0.71				
Mini Corn on the Cob	66	96	2.6	12	7.1	3.0	0.4	0				
	Drin											
Semi Skimmed Milk	225	101	7.9	10	10	3.4	2.0	0.25				
Kids Orange Juice	230	94	1.6	21	21	0	0	0				
Kids Apple Juice	230	104	0	25	25	0	0	0				
Robinsons Squash - Orange	230	2	0	0	0	0	0	0.05				
Bohincone Coursels Apple & Blackeurrant	230	5	0	0	0	0	0	0.07				
Robinsons Squash - Apple & Blackcurrant	230	3	0	U	U	0	0	0.07				
	Desse			7.6	7.0	0.1	0.1	0		1		
Chilly Billy Blackcurrant & Apple Ice Lolly Kids Chocolate Brownie	80 145	30 404	0.2 5.4	7.6 50	7.6 43	0.1 20	<0.1 9.3	0.11				
Nus Chocolate Brownie	Ice Cream		5.4	30	45	20	9.5	0.11				
Our Food Team have worked hard to develop the perfect recipe for your I			following nut	ritional informa	tion is based	on our recon	nmended po	rtions.				
	Kids Ice Crea											
	Average	Energy	Protein	Carbohydrate	Sugar per	Fat per	Sat Fat	Salt per				
Typical portion Ice Cream	129	151	4.3	18	17	6.6	4.6	0.27				
Typical portion Choc Sauce	8	24	0.1					0				
Toppings(3)				5.4	4.5	0.2	0.1					
	22	99	0.8	17	16	3.6	2.2	0.10				
TOTAL	159	274	0.8 5.2									
TOTAL	159 Adults Ice Cre	274 am Builder	0.8 5.2	17 40	16 38	3.6 10	7.0	0.10 0.37				
TOTAL Typical portion Ice Cream	159 Adults Ice Cre 221	274 am Builder 259	0.8 5.2 7.3	17 40	16 38 31	3.6 10	2.2 7.0 8.0	0.10 0.37 0.46				
TOTAL Typical portion Ice Cream Typical portion Choc Sauce	159 Adults Ice Cre	274 am Builder	0.8 5.2	17 40	16 38 31 4.5	3.6 10 29 0.2	2.2 7.0 8.0 0.1	0.10 0.37				
TOTAL Typical portion Ice Cream	159 Adults Ice Cre 221 8	274 am Builder 259 24	0.8 5.2 r 7.3 0.1	17 40 31 5.4	16 38 31	3.6 10	2.2 7.0 8.0	0.10 0.37 0.46 0				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL	159 Adults Ice Cre 221 8 22	274 ram Builder 259 24 99 382	7.3 0.1 0.8 8.2	17 40 31 5.4 17 54	16 38 31 4.5 16 52	3.6 10 29 0.2 3.6 33	2.2 7.0 8.0 0.1 2.2 10	0.10 0.37 0.46 0 0.10 0.56				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3)	159 Adults Ice Cre 221 8 22 251	274 am Builder 259 24 99 382	7.3 0.1 0.8	17 40 31 5.4 17	16 38 31 4.5 16	3.6 10 29 0.2 3.6	2.2 7.0 8.0 0.1 2.2	0.10 0.37 0.46 0 0.10				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL	159 Adults Ice Cre 221 8 22 251	274 ram Builder 259 24 99 382	7.3 0.1 0.8 8.2	17 40 31 5.4 17 54	16 38 31 4.5 16 52	3.6 10 29 0.2 3.6 33	2.2 7.0 8.0 0.1 2.2 10	0.10 0.37 0.46 0 0.10 0.56				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL	159 Adults Ice Cre 221 8 22 251	274 ram Builder 259 24 99 382	7.3 0.1 0.8 8.2	17 40 31 5.4 17 54	16 38 31 4.5 16 52	3.6 10 29 0.2 3.6 33	2.2 7.0 8.0 0.1 2.2 10	0.10 0.37 0.46 0 0.10 0.56				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL	159 Adults Ice Cre 221 8 22 251	274 ram Builder 259 24 99 382	7.3 0.1 0.8 8.2	17 40 31 5.4 17 54	16 38 31 4.5 16 52	3.6 10 29 0.2 3.6 33	2.2 7.0 8.0 0.1 2.2 10	0.10 0.37 0.46 0 0.10 0.56				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL  Ice Cream Builder Ice Cream	159 Adults Ice Cre 221 8 22 251	274 am Builder 259 24 99 382 00g	7.3 0.1 0.8 8.2	17 40 31 5.4 17 54	16 38 31 4.5 16 52	3.6 10 29 0.2 3.6 33	2.2 7.0 8.0 0.1 2.2 10	0.10 0.37 0.46 0 0.10 0.56				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL	159 Adults Ice Cre 221 8 22 251	274 ram Builder 259 24 99 382	7.3 0.1 0.8 8.2	17 40 31 5.4 17 54	16 38 31 4.5 16 52	3.6 10 29 0.2 3.6 33	2.2 7.0 8.0 0.1 2.2 10	0.10 0.37 0.46 0 0.10 0.56				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL  Ice Cream Builder Ice Cream  Raspberry Sauce Chocolate Sauce Bubblegum Sauce	159 Adults Ice Cre 221 8 22 251	274 am Builder 259 24 99 382 00g 117 249 297 290	0.8 5.2 7.3 0.1 0.8 8.2 3.3	17 40 31 5.4 17 54 14 62 67 72	16 38 31 4.5 16 52 13 43 56 50	3.6 10 29 0.2 3.6 33 5.1 0.4 2.6 0.0	2.2 7.0 8.0 0.1 2.2 10 3.6 0.2 1.6 0.0	0.10 0.37 0.46 0 0.10 0.56 0.21				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL  Ice Cream Builder Ice Cream  Raspberry Sauce Chocolate Sauce	159 Adults Ice Cre 221 8 22 251	274  am Builder 259 24 99 382  00 117  249 297	0.8 5.2 7.3 0.1 0.8 8.2 3.3	17 40 31 5.4 17 54 14 62 67	16 38 31 4.5 16 52 13	3.6 10 29 0.2 3.6 33 5.1	2.2 7.0 8.0 0.1 2.2 10 3.6	0.10 0.37 0.46 0 0.10 0.56 0.21				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL  Ice Cream Builder Ice Cream  Raspberry Sauce Chocolate Sauce Bubblegum Sauce Strawberry Crunch	159 Adults Ice Cre 221 8 22 251	274 am Builder 259 24 99 382 00g 117 249 297 290 397	0.8 5.2 7 7.3 0.1 0.8 8.2 3.3 0.1 1.4 0.0	17 40 31 5.4 17 54 14 62 67 72 98	16 38 31 4.5 16 52 13 43 56 50 98	3.6 10 29 0.2 3.6 33 5.1 0.4 2.6 0.0 1.7	2.2 7.0 8.0 0.1 2.2 10 3.6	0.10 0.37 0.46 0 0.10 0.56 0.21 0.04 0.03 0.01 0				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3)  TOTAL  Ice Cream Builder Ice Cream  Raspberry Sauce Chocolate Sauce Bubblegum Sauce Strawberry Crunch  Milk Chocolate Chips	159 Adults Ice Cre 221 8 22 251	274 am Builder 259 24 99 382 00g 117 249 297 290 397	0.8 5.2 7.3 0.1 0.8 8.2 3.3 0.1 1.4 0.0 0	17 40 31 5.4 17 54 14 62 67 72 98	16 38 31 4.5 16 52 13 43 43 56 50 98	3.6 10 29 0.2 3.6 33 5.1 0.4 2.6 0.0 1.7	2.2 7.0 8.0 0.1 2.2 10 3.6	0.10 0.37 0.46 0 0.10 0.56 0.21 0.04 0.03 0.01 0				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL  Ice Cream Builder Ice Cream  Raspberry Sauce Chocolate Sauce Bubblegum Sauce Strawberry Crunch  Milk Chocolate Chips Mixed Chocolate Chips	159 Adults Ice Cre 221 8 22 251	274 am Buildet 259 24 99 382 00g 117 249 297 290 397	0.8 5.2 7.3 0.1 0.8 8.2 3.3 0.1 1.4 0.0 0	17 40 31 5.4 17 54 14 62 67 77 98 60 64	16 38 31 4.5 16 52 13 43 56 50 98	3.6 10 29 0.2 3.6 33 5.1 0.4 2.6 0.0 1.7	2.2 7.0 8.0 0.1 2.2 10 3.6 0.2 1.6 0.0 1.6	0.10 0.37 0.46 0 0.10 0.56 0.21 0.21 0.04 0.03 0.01 0.01 0.01 0.01				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL  Ice Cream Builder Ice Cream  Raspberry Sauce Chocolate Sauce Bubblegum Sauce Strawberry Crunch  Milk Chocolate Chips Miked Chocolate Beans	159 Adults Ice Cre 221 8 22 251	274 am Buildei 259 24 99 382 00g 117 249 297 290 397 523 530 464	0.8 5.2 7.3 0.1 0.8 8.2 3.3 0.1 1.4 0.0 0	17 40 31 5.4 17 54 14 14 62 67 72 98 60 64 76	16 38 31 4.5 16 52 13 43 56 50 98 59 62 75	3.6 10 29 0.2 3.6 33 5.1 0.4 2.6 0.0 1.7	2.2 7.0 8.0 0.1 2.2 10 3.6 0.2 1.6 0.0 1.6 17 21 9.8	0.10 0.37 0.46 0 0.10 0.56 0.21 0.04 0.03 0.01 0 0.17 0.12 0.10				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3)  TOTAL  Ice Cream Builder Ice Cream  Raspberry Sauce Chocolate Sauce Bubblegum Sauce Strawberry Crunch  Milk Chocolate Chips Mixed Chocolate Chips Milk Chocolate Beans Gold Stars	159 Adults Ice Cre 221 8 22 251	274 am Buildei 259 24 99 382 009 117 249 297 290 397 523 530 464 437	0.8 5.2 7.3 0.1 0.8 8.2 3.3 0.1 1.4 0.0 0 0	17 40 31 5.4 17 54 14 62 67 72 98 60 64 76 84	16 38 31 4.5 16 52 13 43 43 56 50 98 59 62 75	3.6 10 29 0.2 3.6 33 5.1 0.4 2.6 0.0 1.7 28 28 16	2.2 7.0 8.0 0.1 2.2 10 3.6 0.2 1.6 0.0 1.6 17 21 9.8	0.10 0.37 0.46 0 0.10 0.56 0.21 0.04 0.03 0.01 0 0.17 0.12 0.10 0.10				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL  Ice Cream Builder Ice Cream  Raspberry Sauce Chocolate Sauce Bubblegum Sauce Strawberry Crunch  Milk Chocolate Chips Miked Chocolate Beans	159 Adults Ice Cre 221 8 22 251	274 am Buildei 259 24 99 382 00g 117 249 297 290 397 523 530 464	0.8 5.2 7.3 0.1 0.8 8.2 3.3 0.1 1.4 0.0 0	17 40 31 5.4 17 54 14 14 62 67 72 98 60 64 76	16 38 31 4.5 16 52 13 43 56 50 98 59 62 75	3.6 10 29 0.2 3.6 33 5.1 0.4 2.6 0.0 1.7	2.2 7.0 8.0 0.1 2.2 10 3.6 0.2 1.6 0.0 1.6 17 21 9.8	0.10 0.37 0.46 0 0.10 0.56 0.21 0.04 0.03 0.01 0 0.17 0.12 0.10				
TOTAL  Typical portion Ice Cream Typical portion Choc Sauce Toppings(3) TOTAL  Ice Cream Builder Ice Cream  Raspberry Sauce Chocolate Sauce Bubblegum Sauce Strawberry Crunch  Milk Chocolate Chips Miked Chocolate Chips Mike Chocolate Beans Gold Stars Miked Coloured Stars	159 Adults Ice Cre 221 8 22 251	274 am Buildei 259 24 99 382 00g 1117 249 297 290 397 523 530 464 437 421	0.8 5.2 7.3 0.1 0.8 8.2 3.3 0.1 1.4 0.0 0 6.7 3.8 2.5 1.1	17 40 31 5.4 17 54 14 14 62 67 72 98 60 64 76 84 93	16 38 31 4.5 16 52 13 43 56 50 98 59 62 75 79 83	3.6 10 29 0.2 3.6 3.3 5.1 0.4 2.6 0.0 1.7 28 28 16 10 5.1	2.2 7.0 8.0 0.1 2.2 10 3.6 0.2 1.6 0.0 1.6 1.7 2.1 9.8 6.4	0.10 0.37 0.46 0 0.10 0.56 0.21 0.04 0.03 0.01 0 0.17 0.12 0.10 0.10 0.10 0.10				

#### **FOOD ALLERGIES**

The below nutritional information for our me	nu is provid	led as a g	uide. All ou	ır dishes are f	inished by I	nand, there	fore these	are appr	oximate	values onl	y.	
	Average weight of Portion (g)	Energy per Portion (kcal)	Protein per Portion (g)	Carbohydrate per Portion (g)	Sugar per Portion (g)	Fat per Portion (g)	Saturated Fat per Portion (g)	Salt per Portion (g)				
<u>Desserts</u>												
Hot Cookie Dough (served	with a scoop	of ice crear	m & drizzle o	f sauce for all)								
White Chocolate & Caramel Cookie Dough	196	609	6.7	89	60	25	14	1.1				
Chocolate Chip Cookie Dough	196	628	7.9	88	55	27	15	1.1				
White Chocolate, Caramel and Cinnamon Cookie Dough	206	650	6.8	98	68	25	14	1.0				
Loaded Cookie Dough made with Rolo®	212	690	8.2	97	66	30	17	1.2				
Loaded Cookie Dough made with KitKat®	201	675	7.3	86	57	32	16	0.75				
	akeaway Coo											
(Served with Take												
White Chocolate & Caramel Cookie Dough	175	586	6.8	83	53	25	14	1.1				
Chocolate Chip Cookie Dough	175	604	7.9	82	48	27	15	1.1				
Loaded Cookie Dough made with Rolo®	178	615	7.2	88	56	26	15	1.23				
NEW - Loaded Cookie Dough made with KitKat®	163	594	6.2	76	46	28	14	0.78				
	Desse											
I Can't Believe Its Not Cheesecake	107	468	2.9	48	25	30	12	0.57				
Hot Chocolate Brownie (served with ice cream & sauce)	189	618	7.9	72	62	32	15	3.00				
Take Away Hot Chocolate Brownie (served with ice cream & sauce)	168	595	7.9	66	56	33	15	0.20				
Chilly Billy Blackcurrant & Apple Ice Lolly	80	30	0.2	7.6	7.6	0.1	< 0.1	0				
Additional Take Away Vanilla Ice Cream Tub	65	118	2.5	12	12	6.5	3.8	0.09				
Additional Scoop Vanilla Ice cream	86	141	2.5	19	19	6.5	3.2	0.03				