DIETARY INFORMATION

PLEASE ASK TO SPEAK WITH A MANAGER IF YOU NEED ANY FURTHER GUIDANCE

At Pizza Hut Restaurants, we offer a range of food and dining options to cater for your lifestyle choices - we call this 'Taste Freedom'. However, with freedom comes responsibility and your health and wellbeing is our number one priority.

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, with the exception of our gluten free dishes that contain 20ppm or less of gluten, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy. Finally please note due to the seriousness of allergies and food intolerances our restaurant teams will not be able to help select dishes.

If you, or anyone with you today, has a food allergy, please check this Allergen Guide for information on the 14 allergens or for the full list of ingredients please scan the QR code below.

From time to time, suppliers and items on our menu will change and this can result in a change in ingredients and potentially allergens. Please check before each visit.

Allergy data in the table has been derived from specifications obtained from the suppliers of the products. We have taken all reasonable steps to ensure that this table is accurate at the time of publishing (November 2025).

The Nut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

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PRINTED NOVEMBER 2025



The 'o' means that this allergen is present i	in the m	anufacti	ring site/fact	tory/sup	nly chai	n, the	refore	Oursi	ıpnlie	's believe	e there i	s a riek	that this	allergen	could c	088-00	ntamina	te the fo	nod
o means that this altergen is present t		Suitable	for?	J. graup	المانان وبط	.,е	5,016	our St	-bbuel	2 Pelleve	ci E I	J 4 115K	andt tillS i	unorgeri	Joana CI	JJ3-601	IIIIId		Ju.
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs (contains less than 20ppm of gluten)	Wheat	Cerea taining Barley Barley	Sye Blute	Oats	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphites above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
						Si	ides												
Fries	Yes	No	No	•						0									
Cheesy Fries	Yes	No	No	•						•									
Onion Rings	Yes	No	No	•						0									
Garlic Bread	Yes	No	No	•				0		0									
Garlic Bread with Cheese Mozzarella Sticks with a choice of dip,	Yes	No	No	•				0		•									
for dips see below Cheesy Triangles with a choice of dip,	Yes	No No	No No	•				0		•						0			
for dips see below Halloumi Fries with a choice of dip,																			
for dips see below	Yes	No	No	•						•									
Vegan Southern Fried Nuggets	Yes	Yes	No	•						0									
Mini Corn on the Cob	Yes	Yes	Yes					•		0									
Cheesy Bite Bites (CBBs) Loaded CBBs Loaded Sweet Chilli CBBs NEW Loaded Brie & Cranberry CBBs	Yes	No	No	•	0	0	0	•		•									
Loaded Smashburger Cheesy Bite Bites	No	No	No	•	<20ppm			•	•	•						•			
Loaded Bacon CBBs NEW Brie, Bacon & Cranberry CBBs NEW Festive Feast CBBs	No	No	No	•	0	0	0	•		•									
Roasted Chicken Wings	No	No	Yes	0				0	0	0					0				
BBQ Chicken Wings	No	No	Yes							0									
Chicken Bites	No	No	No	•				•	0	0					0				
Breaded Chicken Tenders	No	No	No	•						0					•			0	
Hot Honey Breaded Chicken Tenders	No	No	No	•						0					•			0	
Hot Honey Chicken Bites	No	No	No	•				•	0	0					0				
Hot Honey BBQ Chicken Wings	No	No	Yes							0									
					Dip	s & B	its S	tatior	1										
Heinz BBQ Sauce	Yes	Yes	Yes												_				
Heinz Tomato Ketchup BBQ Sauce	Yes	Yes Yes	Yes Yes												•				
Tomato Ketchup	Yes	Yes	Yes																
Chilli Flakes	Yes	Yes	Yes																
		100			Di	ne-in	Dip	Pots											
Sour Cream	Yes	No	Yes						•	•						•			П
Sweet Chilli (Hammond's Brand)	Yes	Yes	Yes							0									
Hot Honey	Yes	No	Yes							0									
Nacho Cheese Sauce Dip	Yes	No	Yes							•									
Burger Sauce Dip	Yes	No	Yes						•	0						•			
Cholula [®] Original Dip	Yes	Yes	Yes																
					Tak	eawa	y Dip	Pots	5										
leinz Garlic Sauce Dip Pot (rectangular)	Yes	No	Yes					•	•						•	•			
Heinz BBQ Sauce Dip Pot (rectangular)	Yes	Yes	Yes																
Heinz Sweet Chilli (rectangular)	Yes	Yes	Yes																
NEW Mango Habanero Dip	Yes	Yes	Yes																
NEW Koroan BBO Sauce Din	Yes	Yes	Yes					_											
NEW Korean BBQ Sauce Dip	Yes	Yes	Yes Yes					•											
NEW Spicy Cranberry Dip NEW Sweet Chilli Dip (Oval pot)	Yes	Yes No	Yes																
NEW Garlic Buttermilk Mayo (Oval pot)	Yes	No	Yes						•	•									
NEW BBQ Dip (Oval pot)	Yes	Yes	Yes						_	_									
NEW Ketchup (Oval pot)	Yes	Yes	Yes																
··· · · · · · · · · · · · · · · · · ·						Salad	Stati	ion											
					Dres	sed (Salad	Line	s										
Potato Salad	Yes	No	Yes						•							•			
Coleslaw	Yes	No	Yes						•							•			
Sweetcorn	Yes	Yes	Yes																
Diced Beetroot	Yes	Yes	Yes																
Jalapeños	Yes	Yes	Yes		-														\vdash
Roquito® Chilli Peppers	Yes	Yes	Yes		-														
Black Olives	Yes	Yes	Yes		Ero	sh Sa	alad I	lines											
Carrots, Cherry Tomatoes, Cucumbers, Lettuce Mix, Peppers, Red Onions, Spinach, Rocket	Yes	Yes	Yes		- 116														
						Dried	d Iten	าร										,	
Bacon Bits	Yes	Yes	No		•			I		- 1									



		Т	he '•' indicat	tes that	the alle	rgen i	s cont	ained	and p	resent i	in this ite	em.							
The 'o' means that this allergen is present	in the m												that this a	allergen	could c	ross-co	ntamina	te the fo	ood.
		Suitable	for?																_
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs (contains less than 20ppm of gluten)	Wheat	Cerea taining X B B		Oats	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphites above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	
Tortilla Chips	Yes	Yes	Yes																
Crispy Onions	Yes	Yes	No	•															
Sultanas	Yes	Yes	Yes																
NEW Sriracha Seasoning	Yes	Yes	Yes														<u> </u>		
NEW Garlic & Herb Seasoning	Yes	Yes	Yes																L
	T				Dr	essin	gs &	Dips				I		I	T	T	_		_
Thousand Island Dressing	Yes	Yes	Yes														├─	-	+
Blue Cheese Dressing Garlic Mayonnaise	Yes	Yes	Yes Yes													•	-	_	+
Light Mayonnaise	Yes	Yes	Yes													•	1		+
Ranch Dressing	Yes	Yes	Yes										•			•	_		t
Low Fat French Dressing	Yes	Yes	Yes													•			t
Salsa	Yes	Yes	Yes												•				T
Sour Cream	Yes	No	Yes						•	•						•			
NEW Mango Habanero Drizzle	Yes	Yes	Yes																
NEW Buffalo Ranch Drizzle	Yes	Yes	Yes																L
NEW Korean BBQ Sauce Drizzle	Yes	Yes	Yes					•	\Box								<u> </u>	<u> </u>	1
NEW Swicy Cranberry Drizzle	Yes	Yes	Yes																L
							Build												
						Pizza	Bas	es											
Original Pan	Yes	Yes	No	•	0	0	0	•	\sqcup	0					-		 	 	+
Handcrafted with Garlic Sprinkle	Yes	No	No	•	0	0	0	•	\vdash	•					-	-			+
Handcrafted without Garlic Sprinkle	Yes	Yes	No	•	0	0	0	•		0							├─	-	╀
Stuffed Crust	Yes	No	No	•	0	0	0	•		•						_	-		+
Pepperoni Stuffed Crust Cheesy Bites	No Yes	No No	No No	•	0	0	0	•		•						•	-	_	+
Gluten Free	Yes	Yes	Yes	•		0	0	•		0							 		+
Flatbread	Yes	Yes	No	•	0	0	0	•		0									$^{+}$
Flatzz	Yes	Yes	No	•	0	0	0	•		0									†
					Piz	za Ba	se Sa	auces	•										
Unseasoned Tomato (used on Gluten Free, Flatbread, Kids Pizzas)	Yes	Yes	Yes							0									
Seasoned Tomato (used on Handcrafted, Original Pan, Stuffed Crust, Cheesy Bites)	Yes	Yes	Yes							0									
BBQ Sauce (For all Bases except Gluten Free)	Yes	Yes	No	•	•			•		0									
BBQ Sauce (Gluten Free) (Only for Gluten Free Pizza Bases)	Yes	Yes	Yes							0									
Bechamel sauce (used on Handcrafted, Original Pan, Stuffed Crust, Cheesy Bites)	Yes	No	No	•						•									
						Ch	eese			,									
Mozzarella	Yes	No	Yes							•							 	<u> </u>	-
Goats' Cheese Triple Cheese Blend	Yes	No	Yes						\vdash	•					-	-	-	-	+
Vegan Ch**se	Yes	No Yes	Yes Yes		-				\vdash	0							+	_	+
Brie Cheese	Yes	No	Yes						\vdash	•									+
	<u> </u>				Р	izza	Горрі	ngs		-									
Chicken Breast	No	No	Yes							0									T
Ham	No	No	Yes							0									Ι
Pepperoni	No	No	Yes							0						•			ſ
Beef	No	No	Yes		<20ppm			•		0									
Bacon	No	No	Yes		_oppill				\vdash	0									t
Cup 'n' Crisp Pepperoni	No	No	Yes					•		0						•			
Spicy Pork	No	No	Yes					•		0									Ι
Spicy 'Nduja	No	No	Yes							0									
Pork Sausage	No	No	No	•						0			•						L
Black Olives	Yes	Yes	Yes							0							<u> </u>	<u> </u>	1
Peppers	Yes	Yes	Yes							0							<u> </u>	<u> </u>	1
• • • • • • • • • • • • • • • • • • • •	Yes	Yes	Yes						$\vdash \vdash$	0							 	<u> </u>	+
Mushrooms					1	1			1 1	0									1
Mushrooms Red Onions	Yes	Yes	Yes							_			_				1		
Mushrooms Red Onions Caramelised Onions	Yes	Yes	Yes							0			•						+
Mushrooms Red Onions Caramelised Onions Sweetcorn	Yes Yes	Yes Yes	Yes Yes							0			•						
Mushrooms Red Onions Caramelised Onions	Yes	Yes	Yes										•						



			he 'e' indica																
The 'o' means that this allergen is present i				tory/sup	ply chai	n, the	refore	our su	pplier	rs believe	e there	is a risk	that this	allergen	could cı	'oss-coi	ntamina	te the fo	od
		Suitable	g τος?		Cerea	als					Ę		۶						Т
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs (contains less than 20ppm of gluten)	Wheat	taining Barley	glute	Oats	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphites above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	
Spinach	Yes	Yes	Yes							0									H
Roquito [®] Chilli Peppers	Yes	Yes	Yes							0									t
Jalapeños	Yes	Yes	Yes							0									
Green Chilli	Yes	Yes	Yes							0									
Gherkins Character Character	Yes	Yes	Yes							0									L
o Extra Cheesy (Add Triple Cheese - blend of Mozzarella, Monterey Jack and Red Leicester)	Yes	No	Yes							•									
Spicy Chicken	No	No	Yes							0									L
Spicy Cauliflower	Yes	Yes	Yes					•		0									L
Sunblushed Tomatoes	Yes	Yes	Yes							0								-	╀
NEW Sage & Onion Stuffing	Yes	Yes	Yes					•		0									╀
NEW Brown Sugar Bacon	No	No	Yes		D:-			fin in h		0									L
Garlic Spread	Yes	No	Yes		PIZ	za dri	ZZIE 1	iiiiish		0									
Dried Parsley	Yes	Yes	Yes							0									+
BBQ Drizzle	Yes	Yes	No	•				•		0									T
(For all Bases except Gluten Free) BBQ Drizzle (Gluten Free) (Only for Gluten Free Pizzas)	Yes	Yes	Yes	•	•			_		0									
Burger Sauce Drizzle	Yes	No	Yes						•	•						•			T
Sour Cream Drizzle	Yes	No	Yes						•	•						•			
Balsamic Drizzle	Yes	Yes	Yes							0			•						
Hot Honey Drizzle	Yes	No	Yes							0									Ĺ
Fajita Seasoning	Yes	Yes	Yes		-					0									_
Nut-Free Pesto	Yes	No No	Yes nbinations	(Tom-	to so	co ha		lees	etata	d other	wise	n the m	ion.i.)						L
Allergen Information for Pizza														r in the	base y	ou hav	e chos	en.	
BBQ Americano	No	No	Yes		<20nnm			•		•									
Beef Burger	No	No	Yes		<20ppm <20ppm			•	•	•						•			
Breaded Chicken Burger	No	No	No	•					•	•					•	•		0	\vdash
Chicken & Bacon Club	No	No	No	•	•			•	•	•						•			
Chicken Fajita Chicken Sizzler	No No	No No	Yes Yes						•	•						•			\vdash
Chicken Supreme	No	No	Yes							•									
Farmhouse	No	No	Yes							•									
Hawaiian	No	No	Yes							•									
Hot Honey Pepperoni Feast	No	No	Yes					•		•						•			
Margherita	Yes	No	Yes		-					•									L
Meat Feast Sizzler	No	No	Yes		<20ppm			•		•						•		-	\vdash
Meat Feast Sizzler Pepperoni	No No	No No	Yes Yes		-chhiii			•		•						•		-	\vdash
Pepperoni Feast	No	No	Yes					•		•						•			+
Pepperoni & Spicy 'Nduja	No	No	Yes					•		•						•			t
Supreme	No	No	Yes		<20ppm			•		•						•			T
The G.O.A.T.	Yes	No	Yes		<20ppm					•			•						\vdash
The Spicy G.O.A.T.	Yes	No	Yes							•									T
Veggie Burger	Yes	No	Yes						•	•						•			
Veggie Supreme	Yes	No	Yes							•									L
Veggie Sizzler	Yes	No	Yes							•									L
Vegan Margherita	Yes	Yes	Yes Yes							0									H
Vegan Veggie Supreme Vegan Veggie Sizzler	Yes	Yes	Yes							0									+
Cholula® Chicken Sizzler	No	No	Yes							•									t
Cholula® Cauliflower Sizzler	Yes	No	Yes					•		•									
NEW Posh Margherita NEW Chicken Pesto	Yes No	No No	Yes Yes							•			•						\vdash
NEW Brie, Bacon & Cranberry (Bechamel base)	No	No	No	•						•			_						
NEW Brie & Cranberry (Bechamel base)	Yes	No	No	•						•									
NEW Festive Feast (Bechamel base)	No	No	No	•				•		•									
,	Flath	read C	ombinatio	ns (Tor	nato sa	auce l	oase	unles	s sta	ted oth	erwise	on the	menu)		·				İ
Vinture ve Ven Flethmend	Yes	No	No	•	0	0	0	•		•			•						Г
Virtuous Veg Flatbread																			



		Т	he '•' indica	tes that	the aller	gen i	s con	ainec	l and p	oresent i	n this it	em.							
The 'o' means that this allergen is present i	in the m	anufactu	uring site/fact	tory/sup	ply chair	n, the	refore	our si	upplier	rs believe	e there i	s a risk	that this a	allergen	could c	oss-co	ntamina	te the fo	od.
		Suitable																	
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs (contains less than 20ppm of gluten)	Wheat	Cerea graining Barley Barley		Oats	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphites above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	o til
	\ \ \ \ \	Pla	(con than	ş	Bar	Œ.	ő			(e.g	Fish	2	Stabo	S		2		•	
The Little G.O.A.T. Flatbread	Yes	No	No	•	0	0	0	•		•			•						
BBQ Chicken 'N' Ham Flatbread	No	No	No	•	<20ppm	0	0	•		•									
Cholula® Chicken Sizzler	No	No	No	•	0	0	0	•		•									
Cholula® Cauliflower Sizzler	Yes	No	No	•	0	0	0	•		•									
						M	lelts												
Meat Feast Melt with a choice of dip, for dips see Dips & Bits section	No	No	No	•	<20ppm	0	0	•		•						•			
Pepperoni Melt with a choice of dip,	No	No	No	•	0	0	0	•		•						•			
for dips see Dips & Bits section BBQ Chicken Melt with a choice of dip,	No	No	No		•	0	0	•		•									
for dips see Dips & Bits section oasted Three Cheese Melt with a choice				•	<20ppm			•		-									
for dips see Dips & Bits section	res	No	No	•	0	0	0	•		•									
Fries (served with Melts for dine in)	Yes	No	No	•						0									
Marinara Sauce	Yes	No	No			FI	atzz			0									
Duo Pepperoni	No	No	No	•	0	0	0	•		•						•			
Triple Cheese	Yes	No	No	•	0	0	0	•		•									
Chicken Fajita	No	No	No	•	0	0	0	•	•	•									
Pesto Vegetable	Yes	No	No	•	0	0	0	•		•			•						
Margherita	Yes	No	No	•			et Piz							l			Ι	Ι	
Pepperoni	No	No	No	•	0	0	0	•		•									
BBQ Americano	No	No	No	•	•	0	0	•		•									
					<20ppm														
Beef Burger	No	No	No	•	<20ppm	0	0	•	•	•						•			
Veggie Veggie Hot	Yes	No No	No No	•	0	0	0	•		•									
Hawaiian	No	No	No	•	0	0	0	•		•									
Hot Honey Pepperoni Feast	No	No	No	•	0	0	0	•		•						•			
Classic Chicken	No	No	No	•	0	0	0	•		•									
Spicy Chicken	No	No	No	•	0	0	0	•		•									
Three Cheese & Caramelised Onion	Yes	No	No	•	0	0	0	•		•			•						
BBQ Beef & Onion	No	No	No	•	<20ppm	0	0	•		•									
The G.O.A.T.	Yes	No	No	•	0	0	0	•		•			•						
Chicken Feast Pepperoni & Spicy 'Nduja	No No	No No	No No	•	0	0	0	•		•						•			
The Spicy G.O.A.T.	Yes	No	No	•	0	0	0	•		•									
Chicken & Bacon Club	No	No	No	•	•	0	0	•	•	•						•			
Chicken Fajita	No	No	No	•	0	0	0	•	•	•						•			
Cholula® Chicken Sizzler	No	No	No	•	0	0	0	•		•									
Cholula® Cauliflower Sizzler	Yes	No	No	•	0	0	0	•		•									
NEW Posh Margherita	Yes	No	No	•	0	0	0	•		•			•						
NEW Chicken Pesto	No	No	No	•	0	0	0	•		•			•						
NEW Brie, Bacon & Cranberry (Bechamel base)	No	No	No	•	0	0	0	•		•							L	L	
NEW Brie & Cranberry	Yes	No	No	•	0	0	0	•		•									
(Bechamel base) NEW Festive Feast																			
(Bechamel base)	No	No	No	•	0	0	0	•		•									
						Buffe	t Sid	es											
Garlic Breadsticks	Yes	Yes	No	•	0	0	0	•		0									
Cheesy Garlic Breadsticks Tomato Pasta	Yes	No Yes	No No	•	0	0	0	•		0					•				
Four Cheese & Broccoli Pasta	Yes	No	No	•				•		•					•				
						P	asta			_									
	No	No	No	•	•				•	•									
Lasagne		No	No	•	•					•						•			
Lasagne Classic Mac 'N' Cheese	Yes				Takaan	av M	lac 'N	l' Che	ese										
Classic Mac 'N' Cheese					Iakeaw	ay iv			'	1									1
Classic Mac 'N' Cheese Takeaway Mac 'N' Cheese	Yes	No	No	•	Takeaw	ray II				•						•			
Classic Mac 'N' Cheese		No No	No No		Takeaw	ray iv				•						•			
Classic Mac 'N' Cheese Takeaway Mac 'N' Cheese Take Away Cholula® Chicken Macaroni Cheese Take Away Cholula® Cauliflower	Yes			•	lakeaw	ray iv		•											
Classic Mac 'N' Cheese Takeaway Mac 'N' Cheese Take Away Cholula® Chicken Macaroni Cheese	Yes No	No	No	•					er	•						•			
Classic Mac 'N' Cheese Takeaway Mac 'N' Cheese Take Away Cholula® Chicken Macaroni Cheese Take Away Cholula® Cauliflower Macaroni Cheese	Yes No Yes	No No	No No	•	Mini (with ur	& Me	ega M	onst		•						•			
Classic Mac 'N' Cheese Takeaway Mac 'N' Cheese Take Away Cholula® Chicken Macaroni Cheese Take Away Cholula® Cauliflower	Yes No	No	No No	•	Mini	& Me	ega M	onst		•						•			



The 'o' means that this allergen is present	in the m									present			that this	allergen	could o	ross-co	ntamina	te the fo	nod
The o means that this allergen is present		anutactu Suitable		ory/sup	piy cnai	n, thei	гетоге	our st	ippliei	rs believ	e there	s a risk	tnat this a	allergen	could c i	ross-co	ntamina	te the to	000.
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs (contains less than 20ppm of gluten)		Cerea taining	glut		Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphites above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
	эбэл	Veg Plant	Cod (conta than 2 glu	Wheat	Barley	Rye	Oats	Š	ш	N (e.g. 0	Fish /	Mo	Sulp	Ses	ပိ	M	ĭ	Pea	z
Mozzarella	Yes	No	Yes							•									
Vegan Ch**se	Yes	Yes	Yes							0									
Chicken Breast	No	No	Yes							0									
Ham Pepperoni	No No	No No	Yes Yes							0						•			
					•											•			
Beef	No	No	Yes		<20ppm			•		0									
Bacon	No	No	Yes							0									
Spicy (Nduia	No No	No No	Yes Yes					•		0									
Spicy 'Nduja Pork Sausage	No	No	No	•						0			•						
Black Olives	Yes	Yes	Yes	_						0			•						
Peppers	Yes	Yes	Yes							0									
Mushrooms	Yes	Yes	Yes							0									
Red Onions	Yes	Yes	Yes							0									
Caramelised Onions	Yes	Yes	Yes							0			•						
Sweetcorn	Yes	Yes	Yes							0									
Cherry Tomatoes	Yes	Yes	Yes							0									
Pineapple	Yes	Yes	Yes							0						-		-	
Rocket	Yes	Yes	Yes						_	0									
Spinach Gherkins	Yes	Yes	Yes Yes						-	0									
Roquito® Chilli Peppers	Yes	Yes	Yes							0									
Jalapeños	Yes	Yes	Yes							0									
Spicy Chicken	No	No	Yes							0									\vdash
Spicy Cauliflower	Yes	Yes	Yes					•		0									
Spaghetti Bolognese	No	No	No	•	•	IVI	ains	Ι		0						Ι	Ι	Ι	
Mac 'N' Cheese	Yes	No	No	•	•					•						•			
Chicken 'N' Fries	No	No	No	•				•		0					•			0	
egan Southern Fried Nuggets 'N' Fries	Yes	No	No	•						0									
						Si	ides												
Fries	Yes	No	No	•						0									
Onion Rings	Yes	No	No	•						0									_
Mini Corn on the Cob	Yes	Yes	Yes					•		0									
Garlic Bread	168	No	No	•		Dr	inks	0		0									
Milk	Yes	No	Yes				IIIKS	Π		•									Π
Apple Juice / Orange Juice	Yes	Yes	Yes																
Fruit Shoots - All Flavours	Yes	Yes	Yes	Refer	directly	to the	e sup	plier -	www	/.fruitsh	oot.com	1							
			All four	ıtain dı	inks c	ontaiı	n a so	ource	of Pl	henylal	anine.								
7UP Zero / Pepsi Max / Diet Pepsi	Yes	No	Yes	Refer	directly	to the	e sup	plier -	Peps	si - www	v.pepsi.	co.uk, 7	UP - ww	w.7up.	co.uk				
Tango Orange / Tango Apple	Yes	No	Yes							ı.tango.									
Robinsons Squash - All flavours	Yes	Yes	Yes	Refer	directly				www	robins.	onssqu	ash.co.ı	ık/our-pr	oducts					
Chocolate Brownie (Served with Vanilla						Des	sert											I	
Ice Cream and Chocolate Sauce)	Yes	No	Yes					•	•	•									C
Chilly Billy Apple & Blackcurrant Ice Lolly	Yes	Yes	Yes																С
Mini Donuts with Raspberry Dip	Yes	No	No	•			•	•	•	•									
Mini Donuts with Chocolate Dip	Yes	No	No	•	loc	Cros	m Fa	ctory	•	•									
Ice Cream Mix	Yes	No	Yes		ice	Crea	ии га	ctory		•									
Raspberry Sauce	Yes	Yes	Yes							0									
Chocolate Sauce	Yes	No	Yes					•		•									t
Bubblegum Sauce	Yes	Yes	Yes							0									t
Strawberry Crunch	Yes	No	Yes							0									
Milk Chocolate Beans	Yes	No	Yes					•		•									
Milk Chocolate Chips	Yes	No	Yes					•		•									
Gold Stars	Yes	No	Yes					0		0									
Mixed Coloured Stars	Yes	Yes	Yes							0									1
Mixed Chocolate Chips	Yes	No	Yes					•		•						-		-	-
Triple Chocolate Chunks	Yes	No	Yes					•	0	•									\vdash
Marshmallows Gold Fudge	Yes	No No	Yes Yes					0		0									-
Gold Fudge	168		ookie Doug	gh - All	Sizes	(Serv	ed w	_	nilla		am and	d Sauce	e)						
Charaleta Chin Cashia Daveh	Yes	No	No	•				•	0	•									C
Chocolate Chip Cookie Dough	100																		



S'mores Cookie Dough No No No No O O O O O O O O O O O O O O	The 'o' means that this allergen is present i	n the m	anufactu	ring site/fac	tory/sup	ply chai	n, there	efore	our su	ıppliei	rs believ	e there	is a risk	that this	allergen	could c	ross-co	ntamina	te the fo	od.
Semones Cosinia Dought No.			Suitable	for?																
Semones Cosinia Dought No.	Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs (contains less than 20ppm of gluten)	Wheat	taining	glute		Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphites above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
Lacidad Cookie Dough made with ROLO" Yes No No	S'mores Cookie Dough	No	No						•	0	•									0
Desert Car's Believe It's Not Cheesecabe Ves Ves No 0 0 0 0 0 0 0 0 0	Loaded Cookie Dough made with KitKat®	Yes	No	No	•	•			•	0	•									0
Can'te Believe Ht Not Cheesecake	Loaded Cookie Dough made with ROLO®	Yes	No	No	•				•	0	•									0
So Scribble Biscoff® Cheescable 10							Des	serts	5											
8. Iso Gream (Served with chocolate Sauce) (Min Donuts with Raspberry Dip	I Can't Believe It's Not Cheesecake	Yes	Yes	No	•				•	0	0			0						0
Chocolate Brownic & Loc Cream (Server Wint Chocolate Surger Ves No No No No No No No N		Yes	No	No	•				•	0	•			•						0
Mini Donutis with Reaplery Dip	Chocolate Brownie & Ice Cream	Yes	No	Yes					•	•	•									0
Mint Denuts with Checotate Dip		Yes	No	Nο				_		_										1
Vest					_				_		_									_
Vanilla Ice Craam	•				_			•	•	Ť	_									
Take Away Vanilla Loc Cream Chocolate Sauce Yes No Yes No Yes No Yes No Yes No Yes Soft Drinks All fountain drinks contain a source of Penerylalanine. TUP Zero / Pepal Max / Diet Pepal Yes No Yes No Yes No Yes Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - Lipton - www. laplaco.cu.k Refer directly to the supplier - Lipton - www. laplaco.cu.k Refer directly to the supplier - Pepal - www. pepal.co. u.k Refer directly to the supplier - Pepal - www. pepal.co. u.k Refer directly to the supplier - Pepal - www. pepal.co. u.k Refer directly to the supplier - Pepal - www. pepal.co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - Pepal - www. pepal.co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - Pepal - www. pepal.co. u.k Refer directly to the supplier - Refer on www. Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - Refer New Lango, co. u.k Refer directly to the supplier - Refer N	Oliny Billy Apple & Blackcurrant loc Lony	100	100	100		De	ssert	Addi	tions											
Take Away Vanilla Loc Cream Chocolate Sauce Yes No Yes No Yes No Yes No Yes No Yes Soft Drinks All fountain drinks contain a source of Penerylalanine. TUP Zero / Pepal Max / Diet Pepal Yes No Yes No Yes No Yes Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - Lipton - www. laplaco.cu.k Refer directly to the supplier - Lipton - www. laplaco.cu.k Refer directly to the supplier - Pepal - www. pepal.co. u.k Refer directly to the supplier - Pepal - www. pepal.co. u.k Refer directly to the supplier - Pepal - www. pepal.co. u.k Refer directly to the supplier - Pepal - www. pepal.co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - Pepal - www. pepal.co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - Pepal - www. pepal.co. u.k Refer directly to the supplier - Refer on www. Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - New Lango, co. u.k Refer directly to the supplier - Refer New Lango, co. u.k Refer directly to the supplier - Refer N	Vanilla Ice Cream	Yes	No	Yes							•									
Chocolate Sauce Salted Caramel Sauce Ves No Yes Soft Drinks Soft Drinks All fountain drinks contain a source of Phenylalanie. TUP Zero / Pepsi Max / Diet Pepsi Tango Orange / Tango Appei Yes No Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk, TUP - www.7up.co.uk Tango Orange / Tango Appei Flavour Shots - Cherry/familial.lime/ Saushari - All Flavours Robinsons Squash - All Flavours Robinsons Squash - All Flavours Flavour Stawberry Robinsons Squash - All Flavours Refer directly to the supplier - Pepsi - www.pepsi.co.uk, TUP - www.7up.co.uk Refer directly to the supplier - Pepsi - www.pepsi.co.uk Bottle of Pepsi Max / Destruction - Ves Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Refer directly to the supplier - Pepsi - www.pepsi.co.uk Refer directly to the supplier - Pepsi - www.pepsi.co.uk Refer directly to the supplier - All Flavours Robinsons Squash - All Flavours Refer directly to the supplier - Pepsi - www.gabarr.co.uk Refer directly to the supplier - All Flavours Refer directly to the supplier - All Flavours Refer directly to the supplier - Pepsi - www.gabarr.co.uk Refer directly to the supplier - Pepsi - www.gabarr.co.uk Refer directly to the supplier - Pepsi - www.gabarr.co.uk Refer directly to the supplier - All Flavours Refer directly to the supplier - Pepsi - www.gabarr.co.uk Refer directly to the supplier - Pepsi - www.gabarr.co.uk Refer directly to the supplier - Pepsi - www.gabarr.co.uk Refer directly to the supplier - Pepsi - www.gabarr.co.uk Refer directly to the supplier - Pepsi - www.gabarr.co.uk Refer directly to the supplier - Pepsi - www.gabarr.co.uk Refer di																				
Common C	·	Yes	No	Yes					•		•									
### Soft Drinks ### Soft Drink	Salted Caramel Sauce	Yes	No	Yes							•									
All fountain drinks contain a source of Phenylalanine. TUP Zero / Pepsi Max / Diet Pepsi Yes No Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk, 7UP - www.7up.co.uk Tango Orango / Tango Apple Yes No Yes Refer directly to the supplier - www.lango.co.uk Flavour Shots - Cherry/Manilla/Lime/ Strawberry Robinsons Squssh - All Flavours Robinsons Squssh - All Flavours Part System Yes Yes Yes Refer directly to the supplier - Bebu - www.belu.org Lipton Peach Ice Tea Yes Yes Yes Refer directly to the supplier - Lipton - www.liptonicedtea.com Bottle of Pepsi Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk In Bru Yes Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Applo Julice / Orango Julice Yes Yes Yes Refer directly to the supplier - All Yes Yes Yes Refer directly to the supplier - All Yes Yes Yes Refer directly to the supplier - Soda Folk - www.sodafolk.com Gingerella Yes Yes Yes Yes Refer directly to the supplier - All Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Gingerella Yes Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Bottle of Tango Orange Yes Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Bottle of Tango Orange Yes Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Black Tea Yes Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Tea with Milk Yes No Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Black Tea Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Tea with Milk Yes No Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Proadmin Milk Yes No Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Proadmin Milk Yes No Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Proadmin Milk Yes No Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Proadmin Milk Yes No Yes Yes Yes Yes Refer directly to the supplier - Maller Yes Yes Yes							Dri	inks												
Tugo Orange / Tango Apple Yes No Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk, 7UP - www.7up.co.uk Tango Orange / Tango Apple Yes No Yes Refer directly to the supplier - www.tango.co.uk Televour Shots - Cherry/Nanillat.Ime/							Soft I	Drink	(S											
Tango Orange / Tango Apple Yes No Yes Refer directly to the supplier - www.tango.co.uk Flavour Shots - Cherry/Wanillat.Ime/ Yes No Yes Sough - All Flavours Yes Yes Refer directly to the supplier - Belu Stati / Sparkling Water Yes Yes Yes Refer directly to the supplier - Belu - www.belu.org Lipton Peach Ice Tea Yes Yes Yes Refer directly to the supplier - Lipton - www.liptonecdtea.com Lipton Peach Ice Tea Yes Yes Yes Refer directly to the supplier - Lipton - www.liptonecdtea.com Im Bru Yes Yes Yes Yes Refer directly to the supplier - Lipton - www.liptonecdtea.com Im Bru Yes Yes Yes Yes Refer directly to the supplier - Also Sear - www.agbarr.co.uk Apple Julice / Orange Julice Yes Yes Yes Yes Refer directly to the supplier - Also Sear - www.agbarr.co.uk Apple Julice / Orange Julice Yes Yes Yes Yes Refer directly to the supplier - Also Sear - www.agbarr.co.uk Apple Julice / Orange Julice Yes Yes Yes Yes Refer directly to the supplier - Also Sear - www.agbarr.co.uk Apple Julice / Orange Julice Yes Yes Yes Refer directly to the supplier - Also Sear - www.agbarr.co.uk Apple Julice / Orange Julice Yes Yes Yes Refer directly to the supplier - Soda Folk - www.sodafolk.com Bottle of Tup Zear / Pepsi Max / Pepsi Yes Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsic.co.uk Bottle of Tup Gorange Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsic.co.uk Black Tea Yes Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsic.co.uk Hot Drinks				All four	ntain dr	inks co	ontain	a sc	ource	of Pl	henylal	anine.								
Flavour Shorts - Cherry/VanillatLime/ Strawberry Yes No Yes Ves Nester directly to the supplier - Belu - www.belu.org	7UP Zero / Pepsi Max / Diet Pepsi	Yes	No	Yes	Refer	directly	to the	sup	plier -	Peps	si - wwv	v.pepsi.	co.uk, 7	UP - ww	w.7up.c	co.uk				
Robinsons Squash - All Flavours Yes Yes Yes Yes Refer directly to the supplier - Belu - www.belu.org Lipton Peach Lo Tea Yes Yes Yes Refer directly to the supplier - Lipton - www.bilptonicedtea.com Botto of Pepsi Yes Yes Yes Refer directly to the supplier - Lipton - www.bilptonicedtea.com Botto of Pepsi Yes Yes Yes Refer directly to the supplier - Lipton - www.bilptonicedtea.com Botto of Pepsi Yes Yes Yes Refer directly to the supplier - Lipton - www.bilptonicedtea.com Botto of Pepsi Yes Yes Yes Refer directly to the supplier - A.G. Barr - www.agbarr.co.uk Apple Julce / Orango Julce Yes Yes Yes Refer directly to the supplier - A.G. Barr - www.agbarr.co.uk Apple Julce / Orango Julce Yes Yes Yes Refer directly to the supplier - No. Gingerella Yes Yes Yes Refer directly to the supplier - Journal of the work admission on u.k Botto of Julce / Depsi Wes Yes Yes Refer directly to the supplier - Soda Folk - www.sodafolk.com Bottle of Tango Orange Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk / TUP - www.7up.co.uk Bottle of Diet Pepsi Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk / TUP - www.7up.co.uk Bottle of Diet Pepsi Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Bottle of Diet Pepsi Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Bottle of Diet Pepsi Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Bottle of Diet Pepsi Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Bottle of Diet Pepsi Yes Yes Yes Yes Yes No Yes Refer directly to the supplier - Matthew Clark - www.matthe	Tango Orange / Tango Apple	Yes	No	Yes	Refer	directly	to the	sup	plier -	www	ı.tango.	co.uk								
Belu Still / Sparkling Water		Yes	No	Yes																
Lipton Peach Ice Tea	Robinsons Squash - All Flavours	Yes	Yes	Yes	Refer	directly	to the	sup	plier											
Bottle of Pepsi Yes Yes Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk	Belu Still / Sparkling Water	Yes	Yes	Yes	Refer	directly	to the	sup	plier -	Belu	- www.	belu.or	g							
Irn Bru Ves Yes Yes Refer directly to the supplier - A.G. Barr - www.agbarr.co.uk Apple Jutice / Orange Jutice Yes Yes Yes Yes Yes Yes Yes Yes Yes Ye	Lipton Peach Ice Tea	Yes	Yes	Yes	Refer	directly	to the	sup	plier -	Lipto	n - ww	w.lipton	icedtea	.com						
Apple Juice / Orange Juice	Bottle of Pepsi	Yes	Yes	Yes	Refer	directly	to the	sup	plier -	Peps	si - wwv	v.pepsi.	co.uk							
J2O - All Flavours Yes Yes Yes Refer directly to the supplier - J2O - www.j2O.co.uk	Irn Bru	Yes	Yes	Yes	Refer	directly	to the	sup	plier -	A.G.	Barr - v	www.ag	barr.co	uk	,	,	,	,		,
Gingerella Yes Yes Yes Refer directly to the supplier - Karma Cola - www.karmacola.co.uk Soda Folk - Cream Soda Yes Yes Yes Refer directly to the supplier - Soda Folk - www.sodafolk.com Bottle of 7UP Zero / Pepsi Max / Pepsi Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk, 7UP - www.7up.co.uk Bottle of Tango Orange Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Bottle of Diet Pepsi Yes No Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Black Tae With Milk Yes No Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Black Tae with Milk Yes No Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk Prosecco No No No Yes No Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk Budweiser Yes Yes No Refer directly to the supplier - San Miguel - www.sanmiguel.com Kopparberg Strawberry & Lime Yes Yes No Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/fags/ Kopparberg Mixed Fruit Tropical Yes Yes No Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/fags/ Kopparberg Mixed Fruit Tropical Yes Yes No Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/fags/ Kopparberg Mixed Fruit Tropical Yes Yes No Refer directly to	Apple Juice / Orange Juice	Yes	Yes	Yes																<u> </u>
Soda Folk - Cream Soda Yes Yes Yes Refer directly to the supplier - Soda Folk - www.sodafolk.com	J2O - All Flavours	Yes	Yes	Yes	Refer	directly	to the	sup	plier -	J20 ·	- www.j	20.co.u	k							
Bottle of Tup Zero / Pepsi Max / Pepsi Yes Yes Yes Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk, Tup - www.Tup.co.uk	-				Refer	directly	to the	sup	plier -	Karn	na Cola	- www	.karmad	cola.co.ul	(
Bottle of Tango Orange Yes Yes No Yes Refer directly to the supplier - www.tango.co.uk Bottle of Diet Pepsi Yes No Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Hot Drinks Black Tea Yes Yes No Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk Proseco No No No Yes No Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk Budweiser Yes Yes No Refer directly to the supplier - San Miguel Yes Yes No Refer directly to the supplier - San Miguel - www.sanmiguel.com BrewDog Punk IPA Yes Yes No Refer directly to the supplier - San Miguel - www.sanmiguel.com Kopparberg Mixed Fruit Tropical Yes Yes Yes Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/fage/ Kopparberg Mixed Fruit Tropical Yes Yes Yes Refer directly to the supplier - Camden Brewery - www.camdentownbrewery.com/ Magners No No Refer directly to the supplier - Camden Brewery - www.camdentownbrewery.com/		Yes			_								-	-						
Bottle of Diet Pepsi Yes No Yes Refer directly to the supplier - Pepsi - www.pepsi.co.uk Black Tea Yes Yes Yes Yes	· · · · · · · · · · · · · · · · · · ·												co.uk,	UP - ww	w.7up.c	co.uk				
Black Tea Yes Yes Yes Ves I I I I I I I I I I I I I I I I I I I	Bottle of Tango Orange		Yes		Refer	directly	to the	sup	plier -	www	ı.tango.	co.uk								
Black Tea Yes Yes Yes No Yes Yes Yes No Yes No Yes No Yes No Yes Yes Yes No Yes No Yes Yes Yes No Yes No Yes Yes Yes Yes No Yes Yes Yes Yes No Yes Yes Yes No Yes Ye	Bottle of Diet Pepsi	Yes	No	Yes	Refer	directly				Peps	si - wwv	v.pepsi.	co.uk							
Tea with Milk Yes No Yes Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk Prosecco No No No Yes Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk Budweiser Yes Yes No Refer directly to the supplier - San Miguel - www.sanmiguel.com BrewDog Punk IPA Yes Yes No Refer directly to the supplier - BrewDog - www.BrewDog.com Kopparberg Strawberry & Lime Yes Yes Yes Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/fags/ Kopparberg Mixed Fruit Tropical Yes Yes Yes Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/fags/ Bulmers Yes Yes Yes Refer directly to the supplier - Sauden Brewery - www.compantownorewery.com/ Magners No No Refer directly to the supplier - Camden Brewery - www.camdentownbrewery.com/							Hot E	Orink	s					_						
Hot Chocolate Yes No Yes Yes Yes Yes Solution Slack Americano Yes	* * * * * * * * * * * * * * * * * * * *			Yes																ـــــ
Black Americano Yes Yes Yes Yes I I I I I I I I I I I I I I I I I I I											•						_			<u> </u>
Americano with Milk Yes No Yes Yes Yes Yes Yes Please see side of the wine can Pinot Grigio / Merlot / White Zinfandel No No Yes Yes Yes No Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk Refer directly to the supplier - Budweiser - www.budweiser.com/en/company/products/budweiser San Miguel Yes Yes Yes No Refer directly to the supplier - San Miguel - www.sanmiguel.com BrewDog Punk IPA Yes Yes Yes No Refer directly to the supplier - BrewDog - www.BrewDog.com Kopparberg Strawberry & Lime Yes Yes Yes Yes Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/ Kopparberg Mixed Fruit Tropical Yes Yes Yes Yes Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/ Refer directly to the supplier - Bulmers - www.bulmers.co.uk/nutritional-values Camden Pale Ale Yes Yes No Refer directly to the supplier - Bulmers - www.camdentownbrewery.com/ Refer directly to the supplier - Camden Brewery - www.camdentownbrewery.com/											•					-				
Caffe Latte Yes No Yes No Yes																-	-		-	
Cappuccino Yes No Yes Yes Yes Alcoholic Drinks NICE Wine Sauvignon / Pale Rosé / Merlot Pinot Grigio / Merlot / White Zinfandel No No Yes Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk Prosecco No No Yes Refer directly to the supplier - Budweiser - www.budweiser.com/en/company/products/budweiser San Miguel Yes Yes No Refer directly to the supplier - San Miguel - www.sanmiguel.com BrewDog Punk IPA Yes Yes No Refer directly to the supplier - BrewDog - www.BrewDog.com Kopparberg Strawberry & Lime Yes Yes Yes Refer directly to the supplier - BrewDog - www.kopparberg.co.uk/faqs/ Kopparberg Mixed Fruit Tropical Yes Yes Yes Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/ Bulmers Yes Yes Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/ Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/ Refer directly to the supplier - Bulmers - www.bulmers.co.uk/nutritional-values Camden Pale Ale Yes Yes No Refer directly to the supplier - Bulmers - www.bulmers.co.uk/nutritional-values Refer directly to the supplier - Camden Brewery - www.camdentownbrewery.com/ Magners No No Yes Refer directly to the supplier - Magners - www.magners.co.uk/											_					-	-		-	_
Refer directly to the supplier - Budweiser - www.budweiser.com/en/company/products/budweiser																				\vdash
Alcoholic Drinks NICE Wine Sauvignon / Pale Rosé / Merlot Pinot Grigio / Merlot / White Zinfandel No No No Yes Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk Prosecco No No Yes Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk Budweiser Yes Yes No Refer directly to the supplier - Budweiser - www.budweiser.com/en/company/products/budweiser San Miguel Yes Yes No Refer directly to the supplier - San Miguel - www.sanmiguel.com BrewDog Punk IPA Yes Yes No Refer directly to the supplier - BrewDog - www.BrewDog.com Kopparberg Strawberry & Lime Yes Yes Yes Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/ Kopparberg Mixed Fruit Tropical Yes Yes Yes Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/ Bulmers Yes Yes Yes Refer directly to the supplier - Bulmers - www.bulmers.co.uk/nutritional-values Camden Pale Ale Yes Yes No Refer directly to the supplier - Bulmers - www.bulmers.co.uk/nutritional-values Camden Pale Ale Yes Yes Refer directly to the supplier - Camden Brewery - www.camdentownbrewery.com/ Magners No No Yes Refer directly to the supplier - Magners - www.magners.co.uk/	• • • • • • • • • • • • • • • • • • • •										•									
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INGREDIENT INFORMATION (updated November 2025)

FOOD ALLERGIES

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as MILK) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy.



The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only.

The below Huttitorial information for our mer	to is provided as a guide. All our dishes are fillished by hand, therefore these are approximate values only.
Fries	
Fries	Potatoes, Sunflower oil, WHEAT (GLUTEN) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
Cheesy Fries	
Fries	Potatoes, Sunflower oil, WHEAT (GLUTEN) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
Cheese Sauce	Water, Cheese (pasteurized cow's MILK (EU), salt, starter culture, microbial rennet, colour: carotenes), Modified starch, Emulsifying salts (diphosphates, polyphosphates), Vegetable oil (palm oil), Yeast extract, salt, Dried red pepper, thickener: sodium alginate, preservatieve: potassium sorbate, dried jalapeno pepper, Colour (paprika extract, beta-caroten
Garlic Sprinkle	Maltodextrin, Cheese Powder (from MILK), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
Crispy Onions	Onion, Palm Oil, WHEAT Flour, Salt
Onion Rings	
Onion Rings	Diced Onions (53%), WHEAT flour, Vegetable oils (rapeseed, sunflower, in varying proportions), Gelling agent (E401), Salt, Yeast, Sugar, Flavouring (Paprika extract Turmeric extract)
Garlic Bread	
Garlic Bread	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Fat Spread (17%) [Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3%) (Puree and Chopped), Yeast, Sal Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains WHEAT). May contain SOYA and MILK.
Garlic Bread with Cheese	
Garlic Bread	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Fat Spread (17%) [Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3%) (Puree and Chopped), Yeast, Sal Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains WHEAT). May contain SOYA and MILK.
Mozzarella Cheese (optional)	Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch.
Mozzarella Sticks	
Mozzarella Sticks	Breading (52%) (WHEAT Flour, Water, Sunflower Oil, Maize Starch, Salt, Yeast, Potato Flake, Dehydrated Onion, Pea Protein, Dehydrated Parsley, Raising Agents (E450, E500), Stabiliser (E461), Black Pepper, Garlic Powder, Flavourings, Dextrose, Colour (E101)), Mozzarella Cheese (48%)(MILK) (contains Anti-Caking Agent (Potato Starch)).
Cheesy Triangles	
Cheesy Triangles	Processed cheese (MILK) (57%) [FDM (45%), Rennet from microbiological Origin] [Cheese (MILK) (65%), Water, Butter (MILK), MILK protein, Maize starch, Emulsifying salts (E452, E331), Salt, Thickener (E407)], Flour (WHEAT, Maize), Water, Rapeseed oil, Modified maize starch, Salt, MILK protein (MILK), Yeast, Parsle Raising agents (E450, E500), Garlic powder, Onion powder.
Halloumi Fries	
Halloumi Fries	Halloumi Cheese (MILK) (67%) ((Cows MILK, Sheeps MILK, GOATS MILK, Mint), Stabiliser (E461)), Vegetable Oils (Rapeseed, Sunflower)- in varying proportions, Water, Batter (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Modified Starch, Maize Flour, Raising Agents (E450, E500), Dextrose, Red Bell Pepper, Quinoa, WHEAT GLUTEN, Parsley), Rusk (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Salt)
Mini Corn on the cob	
Corn on the cob	Sweetcorn.
Vegetable oil spray Cheesy Bite Bites	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Stuffed Crust Dough	Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono-and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471e); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
String Cheese for Crust	Mozzarella (Pasteurised MILK, Salt, Cultures), Potato Starch
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
Loaded Sweet Chilli Cheesy Bite Bites	
Stuffed Crust Dough	Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Este of Mono-and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
String Cheese for Crust Garlic Spread	Mozzarella (Pasteurised MILK, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
Triple Cheese Blend	Mozzarella (Pasteurised MILK, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised MILK, Salt, Starter cultures, Annatto (E160b), Monterey Jack
Sweet Chilli (Hammond's Brand)	(Pasteurised MILK, Salt, Starter Cultures) Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste,
· · · · · · · · · · · · · · · · · · ·	Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)
Sliced Roquito Peppers Loaded Bacon Cheesy Bite Bites	Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar
Stuffed Crust Dough	Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Este of Mono-and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Dighycerides Fatty Acid Esters (E471).
String Cheese for Crust	Mozzarella (Pasteurised MILK, Salt, Cultures), Potato Starch
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
Triple Cheese Blend	Mozzarella (Pasteurised MILK, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised MILK, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised MILK, Salt, Starter Cultures)
Bacon	Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water
Loaded Smashburger Cheesy Bite Bit Stuffed Crust Dough	Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Este
Vegetable Oil Spray	of Mono- and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
String Cheese for Crust	Mozzarella (Pasteurised MILK, Salt, Cultures), Potato Starch Reduced Feb Squad Magazina (Vascarella Cila (Researed Cila Pelas Cil) Mater Salt Faulsifica (Magazina de Fetta Asida). Proposation (Pastesium)
Garlic Spread Triple Chasse Bland	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK Mozzarella (Pasteurised MILK, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised MILK, Salt, Starter cultures, Annatto (E160b), Monterey Jack
Triple Cheese Blend	(Pasteurised MILK, Salt, Starter Cultures) Beef, Beef Fat, Water, SOYA Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic
Beef (with added SOYA protein)	Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted BARLEY* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'GLUTEN-free')

Red Onion	Red Onions
Gherkins	Gherkins, Water, Spirit Vinegar, Salt
Burger Sauce	Rapeseed Oil, Water, Sugar, EGG Yolk, Modified Maize Starch E1422, Tomato Paste, Salt, MUSTARD Flour, Acidity Regulator: E260, Spirit Vinegar, Paprika, Natural Dill Flavouring [Salt, Flavouring Preparation (Dill Extract), Silicon Dioxide (E551)], Horseradish Powder, Stabiliser: Xanthan Gum E415, Dried Onion, Natural Tarragon Flavouring with other Natural Flavourings [Salt, Flavouring Preparation (Tarragon Extract), Silicon Dioxide (E551)], Preservative: Potassium Sorbate E202, Natural Flavouring [Salt, Flavouring Preparations, Silicon Dioxide (E551), Propylene Glycol (E1520)], Natural Paprika Flavouring [Extractives of Paprika, Sunflower Oil], Lactic Acid E270, Cayenne Pepper, Black Pepper, Antioxidant: Calcium Disodium EDTA E385
Brie & Cranberry Cheesy Bite Bites	
Stuffed Crust Dough	Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester
	of Mono- and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
NEW Brie Cheese	Pasteurized cow's MILK, Salt, Starters (MILK)
NEW Spicy Cranberry Sauce Bacon, Brie & Cranberry Cheesy Bite B	Sugar, Water, Cranberry Puree (20%), Glucose-Fructose Syrup, Red Grape Vinegar, Modified Maize Starch, Tomato Paste, Onion, Ginger Puree, Salt, Garlic, Red Chilli Puree (Red Chilli, Water, Rapeseed Oil, Acidity Regulator (Citric Acid), Salt, White Wine Vinegar, Thickener (Guar Gum), Preservative (Potassium Sorbate)), Dried Chillies, Preservative (Potassium Sorbate)
Stuffed Crust Dough	Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester
Vegetable Oil Spray	of Mono- and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
NEW - Brown Sugar Bacon	Pork, Brown Sugar, Salt, Emulsifier: Sodium Tripolyphosphate (E451), Smoke Flavouring, Preservative: Sodium Nitrite (E250)
NEW - Brie Cheese	Pasteurized cow's MILK, Salt, Starters (MILK) Sugar, Water, Cranberry Puree (20%), Glucose-Fructose Syrup, Red Grape Vinegar, Modified Maize Starch, Tomato Paste, Onion, Ginger Puree, Salt, Sugar, Water, Cranberry Puree (20%), Glucose-Fructose Syrup, Red Grape Vinegar, Modified Maize Starch, Tomato Paste, Onion, Ginger Puree, Salt, Sugar, Water, Cranberry Puree (20%), Glucose-Fructose Syrup, Red Grape Vinegar, Modified Maize Starch, Tomato Paste, Onion, Ginger Puree, Salt, Sugar, Water, Cranberry Puree (20%), Glucose-Fructose Syrup, Red Grape Vinegar, Modified Maize Starch, Tomato Paste, Onion, Ginger Puree, Salt, Sugar, Water, Cranberry Puree (20%), Glucose-Fructose Syrup, Red Grape Vinegar, Modified Maize Starch, Tomato Paste, Onion, Ginger Puree, Salt, Sugar, Water, Cranberry Puree (20%), Glucose-Fructose Syrup, Red Grape Vinegar, Modified Maize Starch, Tomato Paste, Onion, Ginger Puree, Salt, Sugar, Water, Cranberry Puree (20%), Glucose-Fructose Syrup, Red Grape Vinegar, Modified Maize Starch, Tomato Paste, Onion, Ginger Puree, Salt, Sugar, Water, Cranberry Puree,
NEW - Spicy Cranberry Sauce	Garlic, Red Chilli Puree (Red Chilli, Water, Rapeseed Oil, Acidity Regulator (Citric Acid), Salt, White Wine Vinegar, Thickener (Guar Gum), Preservative (Potassium Sorbate)), Dried Chillies, Preservative (Potassium Sorbate)
Festive Feast Cheesy Bite Bites	Ingradiants WHEAT Flaur AWHEAT Flaur Colaium Carbanata Isaa Nilasia Thiansia) Water Vand Court Bound Cil Coll Foods Co.
Stuffed Crust Dough	Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono- and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
Chicken Breast	MOZZarella Chieses (Pasteurised Milk, Sait, Lactic Cultures), Potato Starch. Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i)
NEW Brown Sugar Bacon	Pork, Brown Sugar, Salt, Emulsifier: Sodium Tripolyphosphate (E451), Smoke Flavouring, Preservative: Sodium Nitrite (E250)
NEW Sage & Onion Stuffing	Water, Sunflower Oil, Onion (12%), Breadcrumb (Rice Flour, Gram Flour, Maize Starch, Salt, Dextrose), Modified Starch, Textured SOY Protein Concentrate, Thickener (Methyl Cellulose), Salt, Natural Flavourings, Sage (0.5%), Parsley, Black Pepper, Thyme, Oregano
NEW Spicy Cranberry Sauce	Sugar, Water, Cranberry Puree (20%), Glucose-Fructose Syrup, Red Grape Vinegar, Modified Maize Starch, Tomato Paste, Onion, Ginger Puree, Salt, Garlic, Red Chilli Puree (Red Chilli, Water, Rapeseed Oil, Acidity Regulator (Citric Acid), Salt, White Wine Vinegar, Thickener (Guar Gum), Preservative (Potassium Sorbate)), Dried Chillies, Preservative (Potassium Sorbate)
BBQ Chicken Wings	
BBQ Chicken Wings	Chicken, Sugar, Salt, Potato Starch, Dextrose, Maize Flour, Onion Powder, Fructose, Garlic Powder, Yeast Extract, Cornflour, Maltodextrin, Cayenne Pepper, Black Pepper, Smoke Flavouring, Rapeseed Oil, Paprika Extract, Cocoa Powder, Sunflower Oil, Honey, Flavouring, Black Pepper Extract, Pimento Extract, Sage Extract.
Roasted Chicken Wings	
Roasted Chicken Wings	Chicken wings (86%), water, salt, modified starch and starch, dextrose, stabilisers E450, natural flavours. May contain GLUTEN, MILK, EGG, SOYA, CELERY
Hot Honey Chicken Wings	
Roasted Chicken Wings	Chicken wings (86%), water, salt, modified starch and starch, dextrose, stabilisers E450, natural flavours. May contain GLUTEN, MILK, EGG, SOYA, CELERY
Spicy Honey Drizzle	Honey (99.98%), Chilli Extract (0.02%)
Chilli Flakes	Crushed Chillies
Breaded Chicken Tenders	
Chicken Strips	Chicken Inner Fillet (58%), Water, WHEAT Flour, Rice Flour, Breadcrumb (WHEAT Flour, Dextrose, Fully Refined Soybean Oil, Salt, Yeast), WHEAT Starch, WHEAT GLUTEN, Fully Refined Soybean Oil, Salt, Garlic Powder, Maltodextrin, Yeast Extract (contains Salt), Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spices (Black Pepper, CELERY, Turmeric), Sugar, Onion Powder, Refined Sunflower Oil, Dextrose, Spice Extract (Black Pepper, Capsicum, CELERY), Acidity Regulator (Citric Acid), Vegetable Oils (Palm, Rice Bran), Modified Starches, Stabiliser (E451), Raising Agents (E450, E500).
Hot Honey Breaded Chicken Tenders	
Chicken Strips	Chicken Inner Fillet (58%), Water, WHEAT Flour, Rice Flour, Breadcrumb (WHEAT Flour, Dextrose, Fully Refined Soybean Oil, Salt, Yeast), WHEAT Starch, WHEAT GLUTEN, Fully Refined Soybean Oil, Salt, Garlic Powder, Maltodextrin, Yeast Extract (contains Salt), Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spices (Black Pepper, CELERY, Turmeric), Sugar, Onion Powder, Refined Sunflower Oil, Dextrose, Spice Extract (Black Pepper, Capsicum, CELERY), Acidity Regulator (Citric Acid), Vegetable Oils (Palm, Rice Bran), Modified Starches, Stabiliser (E451), Raising Agents (E450, E500).
Spicy Honey Drizzle	Honey (99.98%), Chilli Extract (0.02%)
Chilli Flakes	Crushed Chillies Chicken fillet (57%) WHEAT four (calcium iron vitamin B3 vitamin B1) sunflower oil water starch salt breadcrumb (WHEAT four (calcium iron
Breaded Chicken Bites	Chicken fillet (57%), WHEAT flour (calcium, iron, vitamin B3, vitamin B1), sunflower oil, water, starch, salt, breadcrumb (WHEAT flour (calcium, iron, vitamin B3, vitamin B1), sult, yeast), yeast extract, aromatic plants, WHEAT gluten, sugar, spices, natural flavourings, dextrose, raising agents (E341i, E450i, E500ii), stabilisers (E451, E452), May contain GLUTEN, MILK, EGG, SOYA, CELERY
Hot Honey Breaded Chicken Bites	
Breaded Chicken Bites	Chicken fillet (57%), WHEAT flour (calcium, iron, vitamin B3, vitamin B1), sunflower oil, water, starch, salt, breadcrumb (WHEAT flour (calcium, iron, vitamin B3, vitamin B1), salt, yeast), yeast extract, aromatic plants, WHEAT gluten, sugar, spices, natural flavourings, dextrose, raising agents (E341i, E450i, E500ii), stabilisers (E451, E452). May contain GLUTEN, MILK, EGG, SOYA, CELERY
Spicy Honey Drizzle	Honey (99.98%), Chilli Extract (0.02%)
Chilli Flakes	Crushed Chillies
Takeaway Mac & Cheese	
Takeaway Mac & Cheese - Classic	
Mac 'N' Cheese (200g)	Water, Cooked Macaroni Pasta (36%) (Water, Durum WHEAT Semolina), Mature Cheddar Cheese (MILK) (10%), Single Cream (MILK), Adcrem (MILK Protein, Palm Oil, Lactose (MILK)), Modified Maize Starch, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Unsalted Butter (MILK), Salt, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yellow MUSTARD Seeds, Ground White Pepper.
Mozzarella Cheese	Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch.
Take Away Cholula® Chicken Macaroni	Cheese
Mac 'N' Cheese (200g)	Water, Cooked Macaroni Pasta (36%) (Water, Durum WHEAT Semolina), Mature Cheddar Cheese (MILK) (10%), Single Cream (MILK), Adcrem (MILK Protein, Palm Oil, Lactose (MILK)), Modified Maize Starch, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Unsalted Butter (MILK), Salt, WHEAT Flour (WHEAT Flour, Calcium
	Carbonate, Iron, Niacin, Thiamin), Yellow MUSTARD Seeds, Ground White Pepper.
Mozzarella Cheese	Carbonate, Iron, Niacin, Thiamin), Yellow MUSTARD Seeds, Ground White Pepper. Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch.

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Jalapeños	Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
Roquito® Chilli Peppers	Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar
Cholula®	Water, Chilli Peppers (5%) (Arbol, Piquin), Salt, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Rice Flour, Spices, Apple Cider Vinegar, Natural Flavourings
Spicy Chicken	Chicken, Sriracha seasoning [Sugar, Spices, Unmodified Starch Maize, Garlic Powder, Chili Powder, Red Bell Pepper, Onion Powder, Citric Acid (E 330), Colour
Take Away Cholula® Cauliflower Maca	(E160c), Chilli Extract, Stabiliser (E415), Flavouring, Lemon Oil), Potato Starch, Salt, Cayenne Chilli Powder, Stabilizers (E450(v), E450(i), E451).
Mac 'N' Cheese (200g)	Water, Cooked Macaroni Pasta (36%) (Water, Durum WHEAT Semolina), Mature Cheddar Cheese (MILK) (10%), Single Cream (MILK), Adcrem (MILK) Protein, Palm Oil, Lactose (MILK)), Modified Maize Starch, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Unsalted Butter (MILK), Salt, WHEAT Flour (WHEAT Flour, Calcium
Mozzarella Cheese	Carbonate, Iron, Niacin, Thiamin), Yellow MUSTARD Seeds, Ground White Pepper. Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch.
Jalapeños	Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
Roquito® Chilli Peppers	Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar
Cholula®	Water, Chilli Peppers (5%) (Arbol, Piquin), Salt, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Rice Flour, Spices, Apple Cider Vinegar, Natural Flavourings
Spicy Cauliflower	Cauliflower, Vegetable Oil (rapeseed Oil or Sunflower Oil in various proportions), Tamary GLUTEN Free (Water, SOYA Beans, Salt, Alcohol), Rice Vinegar, Garlic Puree, Ginger Puree, Polenta, Red Chilli Puree, Red Pepper Powder, Cornflour, Salt.
Dips & Bits Station	
Heinz BBQ Sauce	Tomato puree, spirit vinegar, sugar, molasses, water, modified cornflour, salt, spices, garlic, thickener (xanthan gum), smoke flavouring, flavourings
Heinz Tomato Ketchup	Tomatoes (148 g per 100 g ketchup), spirit vinegar, sugar, salt, spice and herb extracts (contains CELERY), spice
Chilli Flakes	Crushed Chillies
Dine In Dip Pots	
Sour Cream	Rapeseed Oil, Water, Spirit Vinegar, Dextrose, EGG Yolk, Yoghurt Powder, Onion Powder, Salt, Chives, Acidity Regulator (Lactic Acid), MILK Protein, Stabilisers (Xanthan Gum, Guar Gum), Modified Starch, Preservative (Potassium Sorbate), MUSTARD Flour, Calcium Disodium EDTA.
Sweet Chilli (Hammond's Brand)	Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)
Hot Honey	Honey, Birds Eye Chilli Extract (0.2%), Guajillo Chilli Extract (0.06%)
Burger Sauce	Rapeseed Oil, Water, Sugar, EGG Yolk, Modified Maize Starch E1422, Tomato Paste, Salt, MUSTARD Flour, Acidity Regulator: E260, Spirit Vinegar, Paprika, Natural Dill Flavouring [Salt, Flavouring Preparation (Dill Extract), Silicon Dioxide (E551)], Horseradish Powder, Stabiliser: Xanthan Gum E415, Dried Onion, Natural Tarragon Flavouring with other Natural Flavourings [Salt, Flavouring Preparation (Tarragon Extract), Silicon Dioxide (E551)], Preservative: Potassium Sorbate E202, Natural Flavouring [Salt, Flavouring Preparations, Silicon Dioxide (E551)], Propylene Glycol (E1520)], Natural Paprika Flavouring [Extractives of Paprika, Sunflower Oil], Lactic Acid E270, Cayenne Pepper, Black Pepper, Antioxidant: Calcium Disodium EDTA E385
Nacho Cheese	Water, Cheese (pasteurized cow's MILK (EU), salt, starter culture, microbial rennet, colour: carotenes), Modified starch, Emulsifying salts (diphosphates, polyphosphates), Vegetable oil (palm oil), Yeast extract, salt, Dried red pepper, thickener: sodium alginate, preservatieve: potassium sorbate, dried jalapeno pepper, Colour (paprika extract, beta-caroten
Cholula® Dip	Water, Chilli Peppers (5%) (Arbol, Piquin), Salt, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Rice Flour, Spices, Apple Cider Vinegar, Natural Flavourings
	Water, Glucose-Fructose Syrup, Mango Puree (16%), Sugar, Spirit Vinegar, Modified Maize Starch, Habanero Chilli, Salt, Tomato Paste, Dried Onion,
NEW Mango Habanero Dip	Lemon Juice Concentrate, Toasted Onion Powder, Garlic Puree, Preservative (Potassium Sorbate), Cayenne Pepper, Dried Red Bell Peppers, Acidity Regulator (Acetic Acid), Colour (Paprika Extract). Water, Rapeseed Oil, Dextrose, Frank's Redhot® Sauce (Fermented Red Cayenne Peppers, Spirit Vinegar, Water, Salt, Garlic Powder), Spirit Vinegar,
NEW Buffalo Ranch Dip	Modified Maize Starch, Garlic Puree, Salt, Acidity Regulator (Lactic Acid), Herbs, Stabiliser (Xanthan Gum), Preservatives (Potassium Sorbate), Dried Onion, Ground Black Pepper, Natural Flavouring, Colour (Paprika Extract), Antioxidant (Calcium disodium EDTA)
NEW Korean BBQ Sauce Dip	Water, Sugar, Bramley Apples, Soy Sauce (Water, Soybeans (SOYA), Salt, Spirit Vinegar), Maize Starch, Garlic Puree, Ginger Puree, Spice (Red Chilli Pepper, Paprika), Acidity Regulator Malic Acid(E296), Salt, Yeast Extract, Natural Flavouring.
NEW Spicy Cranberry Dip	Sugar, Water, Cranberry Puree (20%), Glucose-Fructose Syrup, Red Grape Vinegar, Modified Maize Starch, Tomato Paste, Onion, Ginger Puree, Salt, Garlic, Red Chilli Puree (Red Chilli, Water, Rapeseed Oil, Acidity Regulator (Citric Acid), Salt, White Wine Vinegar, Thickener (Guar Gum), Preservative (Potassium Sorbate)), Dried Chillies, Preservative (Potassium Sorbate)
Takeaway Dip Pots	
Heinz Garlic Sauce Dip Pot	Refined SOYA Oil, Water, Spirit Vinegar, Sugar, Garlic, Lemon Juice (from concentrate), Modified Starch, EGG Yolk, Salt, Garlic Juice, Shallots, MUSTARD Seeds, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Chives, CELERY Juice, Onion, Garlic Extract, Spices, Flavouring, Antioxidant (Calcium Disodium EDTA).
Heinz BBQ Sauce Dip Pot	Tomato Purée, Spirit Vinegar, Sugar, Molasses, Water, Modified Starch, Salt, Spices, Garlic, Thickener: Xanthan Gum; Smoke Flavouring, Flavouring.
Heinz Sweet Chilli Dip Pot	Sugar, water, spirit vinegar, modified cornflour, garlic, chillies, red peppers, tomato paste, salt, spice
NEW Mango Habanero Dip	Water, Glucose-Fructose Syrup, Mango Puree (16%), Sugar, Spirit Vinegar, Modified Maize Starch, Habanero Chilli, Salt, Tomato Paste, Dried Onion, Lemon Juice Concentrate, Toasted Onion Powder, Garlic Puree, Preservative (Potassium Sorbate), Cayenne Pepper, Dried Red Bell Peppers, Acidity Regulator (Acetic Acid), Colour (Paprika Extract).
NEW Buffalo Ranch Dip	Water, Rapeseed Oil, Dextrose, Frank's Redhot® Sauce (Fermented Red Cayenne Peppers, Spirit Vinegar, Water, Salt, Garlic Powder), Spirit Vinegar, Modified Maize Starch, Garlic Puree, Salt, Acidity Regulator (Lactic Acid), Herbs, Stabiliser (Xanthan Gum), Preservatives (Potassium Sorbate), Dried Onion, Ground Black Pepper, Natural Flavouring, Colour (Paprika Extract), Antioxidant (Calcium disodium EDTA)
NEW Korean BBQ Sauce Dip	Water, Sugar, Bramley Apples, Soy Sauce (Water, Soybeans (SOYA), Salt, Spirit Vinegar), Maize Starch, Garlic Puree, Ginger Puree, Spice (Red Chilli Pepper, Paprika), Acidity Regulator Malic Acid(E296), Salt, Yeast Extract, Natural Flavouring.
NEW Spicy Cranberry Dip	Sugar, Water, Cranberry Puree (20%), Glucose-Fructose Syrup, Red Grape Vinegar, Modified Maize Starch, Tomato Paste, Onion, Ginger Puree, Salt, Garlic, Red Chilli Puree (Red Chilli, Water, Rapeseed Oil, Acidity Regulator (Citric Acid), Salt, White Wine Vinegar, Thickener (Guar Gum), Preservative (Potassium Sorbate), Dried Chillies, Preservative (Potassium Sorbate)
NEW -Sweet Chilli Dip (Oval pot)	Water, Sugar, Glucose-Fructose Syrup, Spirit Vinegar, Onion Puree, Tomato Paste, Modified Maize Starch, Honey, Rapeseed Oil, Salt, Dried Garlic, Stabiliser (Xanthan Gum), Colour (Paprika Extract), Preservative (Potassium Sorbate), Dried Crushed Chillies, Cayenne Pepper.
NEW Garlic Buttermilk Mayo (Oval pot)	Water, Rapeseed Oil (34.8%), Cultured ButterMILK (9%), Dextrose, Modified Maize Starch, Spirit Vinegar, Salt, Free Range EGG Yolk (0.9%), Garlic Puree (0.8%), Acidity Regulator (Lactic Acid), Dried Garlic (0.4%), Onion Powder, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Black Pepper
NEW BBQ Dip (Oval pot)	Water, Sugar, Cane Molasses, Spirit Vinegar, Tomato Paste, Modified Maize Starch, Smoked Paprika, Spices, Salt, Caramelised Sugar Syrup, Natural Flavouring, Rapeseed Oil, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Smoked Salt, Rice Flour
NEW Ketchup (Oval pot)	Water, Tomato Paste (24%), Glucose-Fructose Syrup, Spirit Vinegar, Sugar, Modified Maize Starch, Salt, Preservative (Potassium Sorbate), Natural Flavouring.
Salad Station	
Dressed Salad Lines	
	Potato (64%), Water, Rapeseed oil, Spirit vinegar, Sugar, White wine vinegar, Onion, Pasteurised liquid whole EGG, Salt, Chive, Stabilisers (Guar gum, Xanthan
Potato Salad Coleslaw	gum), Cornflour, MUSTARD flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole EGG, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum,
	Xanthan gum), Preservative (Potassium sorbate), MUSTARD flour, Concentrated lemon juice.
Sweetcorn Diced Beetroot	Sweetcorn, Water Restroct Acetic Acid
Jalapeños	Beetroot, Acetic Acid Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
Roquito® Chilli Peppers	Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar
Black Olives	Water, Olives, Salt, Stabiliser (Ferrous Gluconate)
Fresh Salad Lines	
Lettuce Mix	Iceberg and Cos Lettuce
Lettuce IVIIX	

Cucumber	Cucumbers
Mixed Peppers	Green Peppers, Red Peppers, Yellow Peppers
Red Onion	Red Onions
Shredded Carrot	Carrots
Spinach	Spinach
Rocket	Rocket Leaves
Dried Items	IUCAEL LEGYES
Smoky Flavour Sprinkles (Bacon Bits)	WHEAT Flour (Contains Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Palm), Seasoning (Rusk [WHEAT Flour (Contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt], Sugar, WHEAT Maltodextrin, Yeast Powder, Yeast Extract Powder, Salt [Including Smoked Salt], Colours [Beetroot Extract, Paprika Extract], BARLEY Malt Flour, Natural Flavourings), Salt, Yeast.
Croutons	WHEAT Flour (Contains, Calcium Carbonate, Iron, Niacin, Thiamine), Vegetable Oil (Palm), Salt, Yeast.
Tortilla Chips	Maize Flour (Corn); Sunflower Oil; Salt
Crispy Onions	Onion, Palm Oil, WHEAT Flour, Salt
Sultanas	Sultanas
NEW Sriracha Chili Flakes	Sugar, Salt, Garlic Granules (15%), Dried Chillies (10%), Dried Red Bell Peppers, Paprika, Acid (Citric Acid), Colour (Paprika Extract), Flavourings, Anticaking Agents (Calcium Silicate, Silicon Dioxide), Sunflower Oil.
NEW Garlic & Herb Seasoning	Maltodextrin, Dried Onion, Dried Garlic (9%), Black Pepper, Salt, Chilli Powder (Chilli Pepper, Cumin, Salt, Oregano, Garlic), Lemon Peel Powder (4%), Dried Chillies (4%), Bay Leaves, Cayenne Pepper, Paprika, Ground Coriander Seed, Basil, Oregano, Sunflower Oil, Colour (Paprika Extract), Anti-caking Agent (Silicon Dioxide), Dried Lemon Juice Concentrate.
Dressings & Dips	
Thousand Island Dressing	Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Tomato Paste, White Wine Vinegar, Modified Starch, Salt, Gherkins, Dried Onion, Lemon Juice Concentrate, Preservative (Potassium Sorbate), Stabilisers (Xanthan Gum, Guar Gum), Acidity Regulator (Lactic Acid), Dried Red Pepper, Dried Garlic, Dried Parsley, Colour (Paprika Extract), Natural Flavouring.
Blue Cheese Dressing	Rapeseed Oil, Water, Glucose-Fructose Syrup, White Wine Vinegar, Modified Starch, Salt, Natural Flavouring, Preservative (Potassium Sorbate), Dried Onion, Dried Garlic, Stabiliser (Xanthan Gum), Acidity Regulator (Lactic Acid), Dried Parsley.
Garlic Mayonnaise	Rapeseed Oil, Water, Spirit Vinegar, Glucose-Fructose Syrup, Salt, Garlic Powder, Modified Starch, Stabilisers (Xanthan Gum, Guar Gum), Preservative (Potassium Sorbate), MUSTARD Flour, Caramelised Sugar Syrup, Acidity Regulator (Lactic Acid).
Light Mayonnaise	Water, Rapeseed Oil (39%), Glucose-Fructose Syrup, Spirit Vinegar, Modified Starch, Salt, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Colour (Paprika Extract).
Ranch Dressing	Rapeseed Oil, Water, White Wine Vinegar, Glucose-Fructose Syrup, Dijon MUSTARD (Water, MUSTARD Seeds (29%), Spirit Vinegar, Salt, Acidity Regulator (Citric Acid), Preservative (Sodium Metabisulphite)), Modified Starch, Salt, Lemon Juice Concentrate, Dried Onion, Dried Garlic, Preservative (Potassium Sorbate), Cracked Black Pepper, Dried Parsley, Stabiliser (Xanthan Gum), Natural Flavouring.
Low Fat French Dressing	Water, Glucose-Fructose Syrup, White Wine Vinegar, Rapeseed Oil, Garlic Puree (Water, Dried Garlic, Acidity Regulator (Citric Acid)), Salt, Dijon MUSTARD (Water, MUSTARD Seed, Spirit Vinegar, Salt), Parsley, Stabilisers (Xanthan Gum, Guar Gum), Cracked Black Pepper, Dried Onion, Basil, Preservative (Potassium Sorbate), Caramelised Sugar Syrup, Acidity Regulator (Lactic Acid), White Pepper, Colour (Curcumin).
Salsa	Tomato Paste, Vegetables, Paprika, Onion, Water, Vinegar, Glucose-Fructose Syrup, Modified Starch, Salt, Herbs (Parsley, Oregano), Garlic, Spices, (CELERY). Acid; Lactic Acid, Preservative, Potassium Sorbate, Sweetener, Saccharin.
Sour Cream	Rapeseed Oil, Water, Spirit Vinegar, Dextrose, EGG Yolk, Yoghurt Powder, Onion Powder, Salt, Chives, Acidity Regulator (Lactic Acid), MILK Protein, Stabilisers (Xanthan Gum, Guar Gum), Modified Starch, Preservative (Potassium Sorbate), MUSTARD Flour, Calcium Disodium EDTA.
NEW Mango Habanero Drizzle	Water, Glucose-Fructose Syrup, Mango Puree (16%), Sugar, Spirit Vinegar, Modified Maize Starch, Habanero Chilli, Salt, Tomato Paste, Dried Onion, Lemon Juice Concentrate, Toasted Onion Powder, Garlic Puree, Preservative (Potassium Sorbate), Cayenne Pepper, Dried Red Bell Peppers, Acidity Regulator (Acetic Acid), Colour (Paprika Extract).
NEW Buffalo Ranch Drizzle	Water, Rapeseed Oil, Dextrose, Frank's Redhot® Sauce (Fermented Red Cayenne Peppers, Spirit Vinegar, Water, Salt, Garlic Powder), Spirit Vinegar, Modified Maize Starch, Garlic Puree, Salt, Acidity Regulator (Lactic Acid), Herbs, Stabiliser (Xanthan Gum), Preservatives (Potassium Sorbate), Dried Onion, Ground Black Pepper, Natural Flavouring, Colour (Paprika Extract), Antioxidant (Calcium disodium EDTA)
NEW Korean BBQ Sauce Drizzle	Water, Sugar, Bramley Apples, Soy Sauce (Water, Soybeans (SOYA), Salt, Spirit Vinegar), Maize Starch, Garlic Puree, Ginger Puree, Spice (Red Chilli Pepper, Paprika), Acidity Regulator Malic Acid(E296), Salt, Yeast Extract, Natural Flavouring.
NEW Spicy Cranberry Drizzle	Sugar, Water, Cranberry Puree (20%), Glucose-Fructose Syrup, Red Grape Vinegar, Modified Maize Starch, Tomato Paste, Onion, Ginger Puree, Salt, Garlic, Red Chilli Puree (Red Chilli, Water, Rapeseed Oil, Acidity Regulator (Citric Acid), Salt, White Wine Vinegar, Thickener (Guar Gum), Preservative (Potassium Sorbate)), Dried Chillies, Preservative (Potassium Sorbate)
Pizza Builder	
Pizza Bases	
Original Pan	
Orginal Pan	WHEAT Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E190), Vegetable Rapeseed Oil, Salt, Premix: (Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)), Sugar, Flour Treatment Agent (ascorbic acid E300).
Pan Oil	Rapeseed Oil, Antifoaming Agent (E900)
Vegetable Oil Spray	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
PLEASE NOTE: THE SOYA OIL USED ON O	UR PAN DOUGH PIZZA BASE DOES NOT CONTAIN ANY SOYA. THE SOYA OIL IS 100% REFINED, THEREFORE IS NOT ALLERGENIC.
Handcrafted with Garlic Sprinkle	
Handcrafted Dough	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Rice Flour, Dried WHEAT Sourdough, Dust Suppressant: Potato Starch, Sunflower Oil, WHEAT Flour; Thickener: Guar Gum; Flour Treatment Agent: Ascorbic Acid (E300).
Rice Cones	100% Rice. May contain GLUTEN.
Vegetable Oil	Rapeseed Oil, Emulsifiers (SOY Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)).
Garlic Sprinkle	Maltodextrin, Cheese Powder (from MILK), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
Handcrafted without Garlic Sprinkle	MULTIPLE AND THE COLUMN
Handcrafted Dough	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Rice Flour, Dried WHEAT Sourdough, Dust Suppressant: Potato Starch, Sunflower Oil, WHEAT Flour; Thickener: Guar Gum; Flour Treatment Agent: Ascorbic Acid (E300).
Rice Cones Vegetable Oil	100% Rice. May contain GLUTEN . Rapeseed Oil, Emulsifiers (SOY Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)).
Stuffed Crust	
Stuffed Crust Dough	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Monoand Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
String Cheese for Crust	Mozzarella (Pasteurised MILK, Salt, Cultures), Potato Starch
Pepperoni Stuffed Crust	
Stuffed Crust Dough	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Monoand Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
String Cheese for Crust	Mozzarella (Pasteurised MILK, Salt, Cultures), Potato Starch Pork Meat, Pork Fat, Salt, MUSTARD Powder, Dextrose, Flavouring, Smoke Flavouring, Rosemary Extract, Antioxidant (Sodium Ascorbate), Lactic Acid Starter
Pepperoni	Culture, Preservative (Sodium Nitrite). Made with 137g of pork per 100g of finished product.

Cheesy Bites	
Stuffed Crust Dough	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Monoand Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium
·	Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
String Cheese for Crust	Mozzarella (Pasteurised MILK, Salt, Cultures), Potato Starch
GLUTEN Free	
GLUTEN Free Dough	GLUTEN Free Blend (Tapioca Starch, Rice Flour, Maize Starch, Psyllium Husk Powder, Sugar, Buckwheat Flour, Thickeners (Xanthan Gum, Hydroxypropyl Methyl Cellulose), Salt), Water, Rapeseed Oil, Yeast, Pea Protein.
Flatbread	
Pan Dough	WHEAT Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E190), Vegetable Rapeseed Oil, Salt, Premix: (Salt, Calcium Sulphate, Emulsifiers; E481, E472e,
-	E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)}, Sugar, Flour Treatment Agent (ascorbic acid E300).
Vegetable Oil Spray Pizza Base Sauces	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Unseasoned Tomato Sauce (used on GLUTEN Free Bases, Flatbreads, Kids Pizza Bases)	Tomato Concentrate (Tomato Paste, Citric Acid).
Seasoned Tomato Sauce (used on Handcrafted, Original Pan, Stuffed Crust, Cheesy Bites)	Tomato Concentrate (Tomato Paste, Citric Acid), Sugar (White), Sugar, Herbs (Oregano, Basil, Marjoram, Thyme), Maltodextrin, Salt, Yeast Extract, Rapeseed Oil, Thickener (Guar Gum), Anti-Caking Agent (Silicon Dioxide).
BBQ Sauce (For all Bases except GLUTEN Free)	Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, SOYA Extract [Water, SOYA Beans, Salt, WHEAT* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, BARLEY* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium). *Below 20ppm
BBQ Sauce (GLUTEN Free) - Only for	Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried
GLUTEN-Free Pizza Bases	Garlic, Onion Powder, Preservative (Potassium Sorbate), Chilli Powder.
NEW Bechamel Base Sauce	Reconstituted Skimmed MILK, Water, Cream (MILK), Palm Oil, Modified Starch, WHEAT flour (GLUTEN), Flavourings (Contains MILK), Salt, Stabiliser (Pentasodium
Cheese Mozzarella Cheese	Mozzarella with added starch (Mozzarella Cheese (MILK, Salt, Cultures), Potato Starch)
GOATS' Cheese	GOAT MILK, Salt, Lactic Culture, Coagulant, Ripening Culture GOAT MILK, Salt, Lactic Culture, Coagulant, Ripening Culture
	Mozzarella (Pasteurised MILK, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised MILK, Salt, Starter cultures, Annatto (E160b), Monterey Jack
Triple Cheese Blend	(Pasteurised MILK, Salt, Starter Cultures)
Vegan Ch**se (Violife)	Water, Coconut Oil, Modified Starch, Starch, Sea Salt, Flavourings, Preservative: Sorbic Acid, Colour: B-Carotene, Vitamin B12.
Vegan Ch**se (Ornua, contingency)	Water, Modified Potato Starch, Coconut Oil, Emulsifier (E341), Salt, Natural Flavouring, Fructose, Colour (E160a), Preservative (E202). Anticaking: Potato Starch.
NEW - Brie Cheese	Pasteurized cow's MILK, Salt, Starters (MILK)
Pizza Toppings	Chicles Descrit (000/) Cala Carbillage (EAFO): EAFO): EAFO): EAFO):
Chicken Breast Ham	Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i) Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250).
	Meat (Pork, Beef), Beef Fat, Spice Blend (MUSTARD, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring,
Pepperoni	Lactic Acid Starter Culture, Preservative (E250).
Beef (with added SOYA protein)	Beef, Beef Fat, Water, SOYA Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted BARLEY* Malt Extract *BELOW 20PPM (Foods that contain 20 parts per million or less can be labelled as 'GLUTEN-free')
Bacon	Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water
Cup 'N' Crisp Pepperoni	Meat (Beef, Pork), Beef Fat, Soy Protein, Salt, MUSTARD Powder, Dextrose, Sunflower Oil, Spice Extracts, Colour (Paprika Extract), Onion Powder, Garlic Powder, Cayenne Chilli Powder, Black Pepper, Lactic Acid Starter Culture, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). Made with 100g of beef & pork per 100g of finished product.
Spicy Pork	Pork, Pork Fat, Water, Textured SOYA Protein, SOYA Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract.
Spicy 'Nduja	Pork, spices, jalapeno, salt (partly smoked), acid (E 575), rice starch, thickener (E 412), spice extracts, antioxidants (E 301, E 392), preservative (E 250). Made with
	110 g pork per 100 g finished product.
Black Olives	Water, Olives, Salt, Stabiliser (Ferrous Gluconate)
Mixed Peppers	Green peppers, Red Peppers, Yellow Peppers
Mushrooms Red Onion	Mushrooms Red Onion
	Red Onions, Balsamic vinegar Of Modena (Aceto balsamico di Modena I.G.P.:Wine vinegar, Concentrated Grape Must, Caramel E-150d Preservative
Caramelised Onions	E-224(Potassium Metabisulphite)), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains SULPHITES.
Sweetcorn	Sweetcorn, Water, Salt
Cherry Tomatoes	Cherry Tomatoes
Pineapple	Pineapple, Pineapple Juice, Citric Acid.
Rocket	Rocket Leaves
Spinach Requite® Chilli Penners	Spinach Pad Paguita® Inlanção Pappar Sugar Mater Vinegar
Roquito® Chilli Peppers Jalapeños	Red Roquito* Jalapeño Pepper, Sugar, Water, Vinegar Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
Gherkins	Gherkins, Water, Spirit Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
	Chicken, Sriracha seasoning [Sugar, Spices, Unmodified Starch Maize, Garlic Powder, Chili Powder, Red Bell Pepper, Onion Powder, Citric Acid (E 330), Colour
Spicy Chicken	(E160c), Chilli Extract, Stabiliser (E415), Flavouring, Lemon Oil], Potato Starch, Salt, Cayenne Chilli Powder, Stabilizers (E450(v), E450(i), E451).
Spicy Cauliflower	Cauliflower, Vegetable Oil (rapeseed Oil or Sunflower Oil in various proportions), Tamary GLUTEN Free (Water, SOYA Beans, Salt, Alcohol), Rice Vinegar, Garlic Puree, Ginger Puree, Polenta, Red Chilli Puree, Red Pepper Powder, Cornflour, Salt.
Sunblushed Tomatoes NEW Brown Sugar Bacon	Cherry tomatoes, Rapeseed Oil, Salt, Garlic, Oregano Pork, Brown Sugar, Salt, Emulsifier: Sodium Tripolyphosphate (E451), Smoke Flavouring, Preservative: Sodium Nitrite (E250)
-	Water, Sunflower Oil, Onion (12%), Breadcrumb (Rice Flour, Gram Flour, Maize Starch, Salt, Dextrose), Modified Starch, Textured SOY Protein
NEW Sage & Onion Stuffing	Concentrate, Thickener (Methyl Cellulose), Salt, Natural Flavourings, Sage (0.5%), Parsley, Black Pepper, Thyme, Oregano
Go Extra Cheesy	
Triple Cheese Blend	Mozzarella (Pasteurised MILK, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised MILK, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised MILK, Salt, Starter Cultures)
Pizza Drizzle Finish	1. Section of the control of the con
	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium
Garlic Spread	Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
Dried Parsley	Parsley
BBQ Drizzle (For all bases eccept GLUTEN Free)	Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, SOYA Extract [Water, SOYA Beans, Salt, WHEAT* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1)]], Salt, Glucose, Spirit Vinegar, BARLEY* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium). *Below 20ppm
BBQ Drizzle (Only for GLUTEN Free Pizzas)	Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Onion Powder, Preservative (Potassium Sorbate), Chilli Powder.

Sour Cream Drizzle	Rapeseed Oil, Water, Spirit Vinegar, Dextrose, EGG Yolk, Yoghurt Powder, Onion Powder, Salt, Chives, Acidity Regulator (Lactic Acid), MILK Protein, Stabilisers (Xanthan Gum, Guar Gum), Modified Starch, Preservative (Potassium Sorbate), MUSTARD Flour, Calcium Disodium EDTA.
Balsamic Drizzle	Balsamic Vinegar Of Modena (Aceto Balsamico di Modena I.G.P.:Wine Vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains SULPHITES .
Hot Honey Drizzle	Honey, Birds Eye Chilli Extract (0.2%), Guajillo Chilli Extract (0.06%)
Burger Sauce Drizzle	Rapeseed Oil, Water, Sugar, EGG Yolk, Modified Maize Starch E1422, Tomato Paste, Salt, MUSTARD Flour, Acidity Regulator: E260, Spirit Vinegar, Paprika, Natural Dill Flavouring [Salt, Flavouring Preparation (Dill Extract), Silicon Dioxide (E551)], Horseradish Powder, Stabiliser: Xanthan Gum E415, Dried Onion, Natural Tarragon Flavouring with other Natural Flavourings [Salt, Flavouring Preparation (Tarragon Extract), Silicon Dioxide (E551)], Preservative: Potassium Sorbate E202, Natural Flavouring [Salt, Flavouring Preparation, Silicon Dioxide (E551)], Propylene Glycol (E1520)], Natural Paprika Flavouring [Extractives of Paprika, Sunflower Oil], Lactic Acid E270, Cayenne Pepper, Black Pepper, Antioxidant: Calcium Disodium EDTA E385
Cholula® Drizzle	Water, Chilli Peppers (5%) (Arbol, Piquin), Salt, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Rice Flour, Spices, Apple Cider Vinegar, Natural Flavourings
Fajita Seasoning	Chilli pepper (28%), spices and herbs (18%)(cumin, paprika, oregano, coriander leaf, cayenne pepper, cinnamon), salt, onion, garlic, sugar, lime juice powder, lemon juice powder, anti-caking agent (silicon dioxide), natural flavouring
Melts	
Meat Feast Melt Thin & Crispy Dough	WHEAT flour, water, fully refined soybean oil, salt, yeast.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Mozzarella Cheese	Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch.
Pepperoni	Meat (Pork, Beef), Beef Fat, Spice Blend (MUSTARD, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250).
Ham	Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250).
Beef (with added SOYA protein)	Beef, Beef Fat, Water, SOYA Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted BARLEY* Malt Extract *BELOW 20PPM (Foods that contain 20 parts per million or less can be labelled as 'GLUTEN-free')
Spicy Pork (with added SOYA protein)	Pork, Pork Fat, Water, Textured SOYA Protein, SOYA Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
Garlic Sprinkle	Maltodextrin, Cheese Powder (From MILK), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
Pepperoni Melt Thin & Crispy Dough	WHEAT flour water fully refined soybean oil salt years
Thin & Crispy Dough Vegetable Oil Spray	WHEAT flour, water, fully refined soybean oil, salt, yeast. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Mozzarella Cheese	Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch.
Pepperoni	Meat (Pork, Beef), Beef Fat, Spice Blend (MUSTARD, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250).
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
Garlic Sprinkle	Maltodextrin, Cheese Powder (From MILK), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
BBQ Chicken Melt	
Thin & Crispy Dough	WHEAT flour, water, fully refined soybean oil, salt, yeast. Pageond ill Empleifor COVA logithin (C32) Many and Diplomitide Foth Acid Estate (C474)
Vegetable Oil Spray	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, SOYA Extract (Water, SOYA Beans, Salt, WHEAT* Flour (With Calcium, Iron,
BBQ Sauce	Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, BARLEY* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium). *BELOW 20PPM (Foods that contain 20 parts per million or less can be labelled as 'GLUTEN-free')
Mozzarella Cheese	Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch.
Chicken Breast Red Onion	Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i) Red Onion
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
Garlic Sprinkle	Maltodextrin, Cheese Powder (From MILK), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
Toasted Three Cheese Melt	WHEAT flour, water, fully refined soybean oil, salt, yeast.
Thin & Crispy Dough Vegetable Oil Spray	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Triple Cheese Blend	Mozzarella (Pasteurised MILK, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised MILK, Salt, Starter cultures, Annatto (E160b), Monterey Jack
	(Pasteurised MILK, Salt, Starter Cultures)
String Cheese	Mozzarella (Pasteurised MILK, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium
Garlic Spread	Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
Garlic Sprinkle	Maltodextrin, Cheese Powder (From MILK), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
Fries (served with Melts for dine in)	Potatoes, Sunflower oil, WHEAT (GLUTEN) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i),
Fries	E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
Flatzz	
Duo pepperoni	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Rice Flour, Dried WHEAT Sourdough, Dust Suppressant: Potato
Handcrafted Dough	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Inlamin), Water, Rapeseed Uli, Yeast, Rice Flour, Dried WHEAT Sourdough, Dust Suppressant: Potato Starch, Sunflower Oil, WHEAT Flour; Thickener: Guar Gum; Flour Treatment Agent: Ascorbic Acid (E300).
Rice Cones	100% Rice. May contain GLUTEN .
Vegetable Oil Garlic Sprinkle	Rapeseed Oil, Emulsifiers (Soy Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)). Maltodeytrin, Cheese Powder (from MILK), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Digvide)
Mozzarella Cheese	Maltodextrin, Cheese Powder (from MILK), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch.
Pepperoni	Meat (Pork, Beef), Beef Fat, Spice Blend (MUSTARD, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250).
Cup 'N' Crisp Pepperoni	Meat (Beef, Pork), Beef Fat, Soy Protein, Salt, MUSTARD Powder, Dextrose, Sunflower Oil, Spice Extracts, Colour (Paprika Extract), Onion Powder, Garlic Powder, Cayenne Chilli Powder, Black Pepper, Lactic Acid Starter Culture, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). Made with 100g of beef & pork per 100g of finished product.
Triple Cheese	
Handcrafted Dough	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Rice Flour, Dried WHEAT Sourdough, Dust Suppressant: Potato
nandoraneu bougn	Starch, Sunflower Oil, WHEAT Flour; Thickener: Guar Gum; Flour Treatment Agent: Ascorbic Acid (E300).
Diag Orași	100% Rice. May contain GLUTEN .
Rice Cones Vegetable Oil	
Rice Cones Vegetable Oil Garlic Sprinkle	Rapeseed Oil, Emulsifiers (Soy Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)). Maltodextrin, Cheese Powder (from MILK), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
Vegetable Oil	Rapeseed Oil, Emulsifiers (Soy Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)). Maltodextrin, Cheese Powder (from MILK), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). Mozzarella (Pasteurised MILK, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised MILK, Salt, Starter cultures, Annatto (E160b), Monterey Jack
Vegetable Oil Garlic Sprinkle	Rapeseed Oil, Emulsifiers (Soy Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)). Maltodextrin, Cheese Powder (from MILK), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).

Rice Cones	100% Rice. May contain GLUTEN .
Vegetable Oil	Rapeseed Oil, Emulsifiers (Soy Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)).
Mozzarella Cheese	Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch.
Chicken Breast	Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i)
Red Onion	Red Onion
Mixed Peppers	Green peppers, Red Peppers, Yellow Peppers
Roquito® Chilli Peppers	Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar
rioquitos crimir opporo	Chilli pepper (28%), spices and herbs (18%)(cumin, paprika, oregano, coriander leaf, cayenne pepper, cinnamon), salt, onion, garlic, sugar, lime juice powder,
Fajita Seasoning	lemon juice powder, anti-caking agent (silicon dioxide), natural flavouring
One of Delay	Rapeseed Oil, Water, Spirit Vinegar, Dextrose, EGG Yolk, Yoghurt Powder, Onion Powder, Salt, Chives, Acidity Regulator (Lactic Acid), MILK Protein, Stabilisers
Sour Cream Drizzle	(Xanthan Gum, Guar Gum), Modified Starch, Preservative (Potassium Sorbate), MUSTARD Flour, Calcium Disodium EDTA.
Pesto Vegetable	
Handcrafted Dough	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Rice Flour, Dried WHEAT Sourdough, Dust Suppressant: Potato
Handcrafted Bodgif	Starch, Sunflower Oil, WHEAT Flour; Thickener: Guar Gum; Flour Treatment Agent: Ascorbic Acid (E300).
Rice Cones	100% Rice. May contain GLUTEN.
Vegetable Oil	Rapeseed Oil, Emulsifiers (SOY Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)).
Mozzarella Cheese	Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch.
Red Onion	Red Onion
Mixed Peppers	Green peppers, Red Peppers, Yellow Peppers
Sunblushed Tomatoes	Cherry tomatoes, Rapeseed Oil, Salt, Garlic, Oregano
Black Olives	Water, Olives, Salt, Stabiliser (Ferrous Gluconate)
Data and a Data-da	Balsamic Vinegar Of Modena (Aceto Balsamico di Modena I.G.P.:Wine Vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224), Glucose Syrup,
Balsamic Drizzle	Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains SULPHITES.
NUT-Free Pesto	Basil Puree, salt, sunflower oil, vegetarian med hard fat cheese (MILK)
Buffet Sides	
Garlic Breadsticks	
Don dough	WHEAT flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour
Pan dough	Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)], Sugar, Flour Treatment Agent (ascorbic acid E300).
Pan Oil	Rapeseed Oil, Antifoaming Agent (E900)
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium
Garlic Spread	Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
Vegetable Oil Spray	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Dried Parsley	Parsley
Cheesy Garlic Breadsticks	
Pan dough	WHEAT flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour
i ali dodgii	Treatment Agent
Pan Oil	Rapeseed Oil, Antifoaming Agent (E900)
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium
	Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain MILK
Vegetable Oil Spray	Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Triple Cheese Blend	Mozzarella (Pasteurised MILK, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised MILK, Salt, Starter cultures, Annatto (E160b), Monterey Jack
·	(Pasteurised MILK, Salt, Starter Cultures)
Dried Parsley	
·	(Pasteurised MILK, Salt, Starter Cultures) Parsley
Dried Parsley	(Pasteurised MILK, Salt, Starter Cultures) Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water,
Dried Parsley Tomato Pasta Tomato Pasta	(Pasteurised MILK, Salt, Starter Cultures) Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme.
Dried Parsley Tomato Pasta Tomato Pasta Vegetable Oil Spray	(Pasteurised MILK, Salt, Starter Cultures) Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water,
Dried Parsley Tomato Pasta Tomato Pasta	(Pasteurised MILK, Salt, Starter Cultures) Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme.
Tomato Pasta Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta	(Pasteurised MILK, Salt, Starter Cultures) Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK)) Cheddar Cheese Stock (Processed Cheese Powder (MILK) (Cheese (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Ricotta Cheese (MILK), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Veast Extract, Sugar, Vegetable (Dried Onion, Dried Parsnip, Dried Parsnip), Dried Parsnip, D
Dried Parsley Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta	(Pasteurised MILK, Salt, Starter Cultures) Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK)) Cheddar Cheese Stock (Processed Cheese Powder (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Ricotta Cheese (MILK), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetable (Dried Onion, Dried Parsnip, Dried Parsney), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper.
Dried Parsley Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta	(Pasteurised MILK, Salt, Starter Cultures) Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK)) Cheddar Cheese Stock (Processed Cheese Powder (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Ricotta Cheese (MILK), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetable (Dried Onion, Dried Parsnip, Dried Parsney), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper.
Dried Parsley Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta	(Pasteurised MILK, Salt, Starter Cultures) Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK)) Cheddar Cheese Stock (Processed Cheese Powder (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Ricotta Cheese (MILK), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetable (Dried Onion, Dried Parsnip, Dried Parsney), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper.
Dried Parsley Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne	(Pasteurised MILK, Salt, Starter Cultures) Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (MILK) Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK)) Cheddar Cheese Stock (Processed Cheese Powder (MILK) (Cheese (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Ricotta Cheese (MILK), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Veast Extract, Sugar, Vegetable (Dried Onion, Dried Parsnip, Dried Parsley), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Tomato, Beef (15%), EGG Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, WHEAT Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Beef Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnips), Sunflower Oil, Starch, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillon
Dried Parsley Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Lasagne	(Pasteurised MILK, Salt, Starter Cultures) Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (3%), Spinach (33%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK)), Cheddar Cheese Stock (Processed Cheeve Powder (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Ricotta Cheese (MILK), Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetable (Dried Onion, Dried Parsin), Dried Parsley), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Tomato, Beef (15%), EGG Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Regetables (Onions, Parsnips), Sunflower Oil, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Flavouring, Wegetables (Onions, Parsnips), Sunflower Oil, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Yeast
Dried Parsley Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Mozzarella Cheese	(Pasteurised MILK, Salt, Starter Cultures) Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (3%), Spinach (33%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK)), Cheddar Cheese Stock (Processed Cheeve Powder (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Ricotta Cheese (MILK), Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetable (Dried Onion, Dried Parsin), Dried Parsley), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Tomato, Beef (15%), EGG Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Regetables (Onions, Parsnips), Sunflower Oil, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Flavouring, Wegetables (Onions, Parsnips), Sunflower Oil, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Yeast
Dried Parsley Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Lasagne Mozzarella Cheese Mac & Cheese	Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK)), Regato Cheese (MILK)), Cheddar Cheese Setoke (Processed Cheese Powder (MILK), Cheese (MILK), Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Ricotta Cheese (MILK), Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Ricotta Cheese (MILK), Salt, Sunflower Oil, Spices (Lovage Powder, Gurine Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Tomato, Beef (15%), EGG Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, WHEAT Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Sugar, Natural Flavouring), Prown Sugar, Vegetables (Onions, Parsnips), Sunflower Oil, Starch, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Flavouring), Prown Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Papper Powder, Garlic Powder, Mace Powder, Nutmeg Powder), Herbs (Dried Parsley, Lovage Powder)), Basil, Stabilisers (Xanthan Gum, Guar Gum), Black Pepper, BARLEY Malt Extract. Mozzarella Cheese (Pasteurised MILK, Salt, L
Tomato Pasta Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Mozzarella Cheese Mac & Cheese Mac 'N' Cheese	(Pasteurised MILK, Salt, Starter Cultures) Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK), (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK)), Chader Cheese Semoder (MILK), Emulsifying Salt: (E339), Dired Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Ricotta Cheese (MILK), Emulsifying Salt: (E339), Dired Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Ricotta Cheese (MILK), Salt, Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Tomato, Beef (15%), EGG Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Fill Fat Soft Cheese (MILK), Red Wine, WHEAT Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetable Oil (Sunflower Oil, Spaesed Oil), Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Garlic, Lovage Leaves, Muter, Pepper Powder, Garlic Powder, Mace Powder, Mater Powder), Herbs (Dried
Dried Parsley Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Mozzarella Cheese Mac & Cheese Mozzarella Cheese	Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOVA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK), (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (25%), Modified Maize Starch, Addream (MILK Protein, Palm Oil, Lactose), Cheese Cheese (MILK), (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (25%), Modified Maize Starch, Addream (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Sult, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), (Cheese (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Sunflower Oil, Spikes (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Tomato, Beef (15%), EGG Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, WHEAT Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Sugar, Natural Flavouring), Brown Sugar, Yegetable Oil (Sunflower Oil, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Risvouring, Seat Starct, Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Paper Powder, Garlic Flower, March Powder, Parsnip Powder, Sunflower Oil, Spices (Turmeric Powder, Paper Powder, Garlic, Flower, P
Tomato Pasta Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Mozzarella Cheese Mac & Cheese Mozzarella Cheese Mini and Mega Monster	Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOVA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK), (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (25%), Modified Maize Starch, Addream (MILK Protein, Palm Oil, Lactose), Cheese Cheese (MILK), (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (25%), Modified Maize Starch, Addream (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Sult, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), (Cheese (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Sunflower Oil, Spikes (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Macre, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Tomato, Beef (15%), EGG Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, WHEAT Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Sugar, Natural Flavouring), Brown Sugar, Yegetable Oil (Sunflower Oil, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Risvouring, Seat (Surandaria), Sugar, Vegetable (Orion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Paper Powder, Garlic Powder, Cheddar Cheese (MILK), Water Powder, Parsnip Powder, Caramelised Sugar, Natural Rosavouring, St
Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Mozzarella Cheese Mac * N' Cheese Mini and Mega Monster Pizza (with unseasoned tomato sauco Original Pan Base	Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOVA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK), (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (25%), Modified Maize Starch, Addream (MILK Protein, Palm Oil, Lactose), Cheese Cheese (MILK), (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (25%), Modified Maize Starch, Addream (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Sult, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), (Cheese (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Sunflower Oil, Spikes (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Macre, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Tomato, Beef (15%), EGG Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, WHEAT Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Sugar, Natural Flavouring), Brown Sugar, Yegetable Oil (Sunflower Oil, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Risvouring, Seat (Surandaria), Sugar, Vegetable (Orion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Paper Powder, Garlic Powder, Cheddar Cheese (MILK), Water Powder, Parsnip Powder, Caramelised Sugar, Natural Rosavouring, St
Dried Parsley Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Mozzarella Cheese Mac & Cheese Mozzarella Cheese Mini and Mega Monster Pizza (with unseasoned tomato sauce	Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapessed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK), (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK), (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (MILK, Broccoli (5%), Single Cream (MILK), Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK), Cheese (Shee): MILK), Cheese (Shee): MILK), Regato Cheese (MILK), Cheese (Shee): MILK), Cheese (MILK), Cheese (MILK), Cheese (MILK), Cheese (MILK), Cheese (MILK), Cheese (MILK), Salt, Sunflower (1), Natural Flavouring, Mascanpone Cheese (MILK), Ricotta Cheese (MILK), Salt, Sunflower (1), Natural Flavouring, Mascanpone Cheese (MILK), Ricotta Cheese (MILK), Salt, Sunflower (1), Spices (Lovage Powder, Turmeric, Pepper Powder, Gardir Cheeder, Mace, Natural, Cheese (MILK), Salt, Salt Salt,
Dried Parsley Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Lasagne Mozzarella Cheese Mac & Cheese Mozzarella Cheese Mini and Mega Monster Pizza (with unseasoned tomato sauco Original Pan Base	Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapessed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoil (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK)), Cheddar Cheese Stock (Processed Cheese Powder (MILK) (Cheese (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascapone Cheese (MILK), Ricotta Cheese (MILK), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetable (Dried Onion, Dried Parsnip, Dried Parsley), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Macure, Marcha, Charact, Sarlic, Lemon Juice from Connecntrate, Black Pepper. Rapessed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Tomato, Beef (15%), EGG Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Extract, Sugar, Natural Flavouring, Vegetable (Onion, Porsnips), Sunflower Oil, Sapres, Granic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring, Brown Sugar, Vegetable (Onion, Ryarnips), Sunflower Oil, Rapessed Oil, Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Patato Starch, Neast Extract, Sugar, Neatrales (Dinion Powder, Parsnip Powder), Sunflower Oil, Rapessed Oil, Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Patato
Tomato Pasta Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Lasagne Mozzarella Cheese Mac 'N' Cheese Mozzarella Cheese Mini and Mega Monster Pizza (with unseasoned tomato saucoriginal Pan Base Pan Dough	Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapessed oil, Emulsifier: SOVA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (3%), Spinach (3%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem; (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mik (Pecorino Cheese (Sheer) Family), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Adcrem; (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mik (Pecorino Cheese (Milk), Single Cream (MILK), Mature Cheddar Cheese (MILK), Single Cream (MILK), Single Cream (MILK), Single Cream (MILK), Mature Cheddar Cheese (MILK), Single Cream (MILK), Mozzarella Cheese (MILK), Single Cream (MILK)
Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Mozzarella Cheese Mac 'N' Cheese Mini and Mega Monster Pizza (with unseasoned tomato saucoriginal Pan Base Pan Dough Vegetable Oil Spray	Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomatoe Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Gardic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapessed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (3%), Spinach (3%), Full Cream MILK Fowder, Garden Peas (25%), Modified Maize Starch, Addrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK)), Cheddar Cheese (Shee), Modified Maize Starch, Addrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK), Cheese (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Cheese (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Cheese (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring, Mascarpone Cheese (MILK), Sundlower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Maker, Nature), Lovage Levae, Mature Cheeddar Cheese (MILK), Full Fats Oft Cheese (MILK), End Vierne, WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Boullon (Maltodextrin, Salt, Yeast Extract, Beef Extract, Sugar, Natural Rosated Onions Flavouring), Brown Sugar, Vegetable In Qual Cheese (MILK), Salt, Vesat Extract, Beef Extract, Sugar, Natural Rosated Onions Flavouring), Brown Sugar, Vegetable In Qual Cheese (MILK), Salt, Lactic Cultures), Potato Starch, Salt, Vegetables (Onion Powder, Parsinje), Sunflower Oil, Saltese (Garlie Puree, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Wast Extract, Growder, Papers Powder,
Tomato Pasta Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Mozzarella Cheese Mac & Cheese Mac 'N' Cheese Mini and Mega Monster Pizza (with unseasoned tomato sauce Original Pan Base Pan Dough Vegetable Oil Spray Unseasoned tomato sauce Thin Base	Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomatoe Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Gardic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapessed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (3%), Spinach (3%), Full Cream MILK Fowder, Garden Peas (25%), Modified Maize Starch, Addrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK)), Cheddar Cheese (Shee), Modified Maize Starch, Addrem (MILK Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's MILK), Regato Cheese (MILK), Cheese (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Cheese (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (MILK), Cheese (MILK), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring, Mascarpone Cheese (MILK), Sundlower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Maker, Nature), Lovage Levae, Mature Cheeddar Cheese (MILK), Full Fats Oft Cheese (MILK), End Vierne, WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Boullon (Maltodextrin, Salt, Yeast Extract, Beef Extract, Sugar, Natural Rosated Onions Flavouring), Brown Sugar, Vegetable In Qual Cheese (MILK), Salt, Vesat Extract, Beef Extract, Sugar, Natural Rosated Onions Flavouring), Brown Sugar, Vegetable In Qual Cheese (MILK), Salt, Lactic Cultures), Potato Starch, Salt, Vegetables (Onion Powder, Parsinje), Sunflower Oil, Saltese (Garlie Puree, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Wast Extract, Growder, Papers Powder,
Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Mozzarella Cheese Mac 'N' Cheese Mini and Mega Monster Pizza (with unseasoned tomato sauce Original Pan Base Pan Dough Vegetable Oil Spray Unseasoned tomato sauce	Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoe (31%), Tomatoe Passata (12%), Onion, Tomatoe Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoli (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (33%), Spinach (38%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Addrem (MILK Protein, Palm Oil, Lactose), Cheeses Crumb Mik (Peoper) MILK), Regato Cheese (Mercorino Cheeses (Mercorino), Cheese (Mercorino), Cheese (Mercorino), Cheese (Mercorino), Matural Flavouring), Mascarpone Cheese (Milk), Ricotta Cheeses (Milk), Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (Milk), Ricotta Cheeses (Milk), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Matlodextrin, Potato Starch, Veast Estract, Sugar Vegetable (Dired Onion), Dried Pasris, Dried Pasrish, Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garife Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Tomato, Beef (15%), EGG Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skinmed MILK Powder, Mature Cheddar Cheese (MILK), Full fat Soft Cheeses (Milk), Red Wine, WHEAT Flour (WHEAT Flour, Iron, Calcium Carbonate, Naisch, Thiamin), Beef Bouillon (Maltodextrin, Salt, Pasta Estract, Beef Estract, Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetables (Oil) (Sunflower) (Ji, Rapeseed Oil), Salt, Garlic Powder, Magar, Vegetables (Oil) (Sunflower) (Ji, Rapeseed Oil), Salt, Carlic Powder, Magar, Vegetables (Oil) (Sunflower) (Ji, Rapeseed Oil), Vegetable Oils (Milk), Salt, Vegetable Oils (Sunflower), Sugar, Onion Powder, Parsin Po
Tomato Pasta Tomato Pasta Tomato Pasta Vegetable Oil Spray Four Cheese & Broccoli Pasta Four Cheese & Broccoli Pasta Vegetable Oil Spray Pasta Lasagne Lasagne Mozzarella Cheese Mac & Cheese Mac 'N' Cheese Mini and Mega Monster Pizza (with unseasoned tomato sauco Original Pan Base Pan Dough Vegetable Oil Spray Unseasoned tomato sauce Thin Base Pan dough	Parsley Cooked Penne Pasta (Water, Durum WHEAT Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, CELERY, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Water, Cooked Penne Pasta (Water, Durum WHEAT Semolina) (22%), Whole Pasteurised MILK, Broccoll (5%), Single Cream (MILK), Mature Cheddar Cheese (MILK) (33%), Spinach (38%), Full Cream MILK Powder, Garden Peas (2%), Modified Maize Starch, Addrem (MILK Protein, Palm Oil, Lactose), Cheeses Crumb Mix (Peccrino Cheese (Peres) MILK), Repers of Milks (Peccrino Cheese (Peres) MILK), Repers of Milks (Peccrino Cheese (Peres) MILK), (Peccrino Cheese (Peres) MILK), (Peccrino Cheese (Peres) MILK), Repers of Milks (Peccrino Cheese (Peres) MILK), Repers of Milks (Peccrino Cheese (Peres) MILK), Repers of Milks (Peccrino Cheeses), Peccrino Cheeses (Peres) MILK), Repers of Milks (Peccrino Cheeses), Peccrino Cheeses (Peres) MILK), Repers of Milks (Peccrino Cheeses), Peccrino Cheeses (Peres) MILK), Repers of Milks (Peccrino Cheeses), Peccrino Cheeses (Peres), Milks (Peccrino Cheeses), Peccrino Cheeses (Peres), Milks (Peccrino Cheeses), Peccrino Cheeses (Peres), Milks (Peccrino Cheeses), Peccrino Cheeses, Peccrino

GLUTEN Free Base	
GLUTEN Free dough	GLUTEN Free Blend (Tapioca Starch, Rice Flour, Maize Starch, Psyllium Husk Powder, Sugar, Buckwheat Flour, Thickeners (Xanthan Gum, Hydroxypropyl Methyl Cellulose), Salt), Water, Rapeseed Oil, Yeast, Pea Protein.
Unseasoned tomato sauce	Tomato Concentrate (Tomato Paste, Citric Acid).
Cheese	
Mozzarella Cheese Vegan Ch**se (Violife)	Mozzarella with added starch (Mozzarella Cheese (MILK, Salt, Cultures), Potato Starch) Water, Coconut Oil, Modified Starch, Starch, Sea Salt, Flavourings, Preservative: Sorbic Acid, Colour: B-Carotene, Vitamin B12.
Vegan Ch**se (Ornua, contingency)	Water, Modified Potato Starch, Coconut Oil, Emulsifier (E341), Salt, Natural Flavouring, Fructose, Colour (E160a), Preservative (E202). Anticaking: Potato Starch.
Toppings	
Chicken Breast	Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i)
Ham	Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250).
Pepperoni	Meat (Pork, Beef), Beef Fat, Spice Blend (MUSTARD, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250).
Beef (with added SOYA protein)	Beef, Beef Fat, Water, SOYA Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted BARLEY* Malt Extract *BELOW 20PPM (Foods that contain 20 parts per million or less can be labelled as 'GLUTEN-free')
Bacon (New Recipe)	Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water
Spicy Pork (with added SOYA protein)	Pork, Pork Fat, Water, Textured SOYA Protein, SOYA Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract. Pork, spices, jalapeno, salt (partly smoked), acid (E 575), rice starch, thickener (E 412), spice extracts, antioxidants (E 301, E 392), preservative (E 250). Made with
Spicy 'Nduja	110 g pork per 100 g finished product.
Black Olives	Water, Olives, Salt, Stabiliser (Ferrous Gluconate)
Peppers	Green peppers, Red Peppers, Yellow Peppers
Mushrooms	Mushrooms
Red Onion	Red Onion Pad Onione Palermis vincers Of Medons (Aceta halermise di Medons L.C. P. Wine vincers Concentrated Grane Must. Commel E 150d Presentative
Caramelised Onions	Red Onions, Balsamic vinegar Of Modena (Aceto balsamico di Modena I.G.P.:Wine vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224(Potassium Metabisulphite)), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains SULPHITES .
Sweetcorn	Sweetcorn, Water, Salt
Cherry Tomatoes	Cherry Tomatoes
Pineapple	Pineapple, Pineapple Juice, Citric Acid.
Rocket	Rocket Leaves Spingerh
Spinach Roquito® Chilli Penners	Spinach Red Roquito® Jalaneño Penner Sugar Water Vinegar
Roquito® Chilli Peppers Jalapeños	Red Roquito* Jalapeño Pepper, Sugar, Water, Vinegar Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
Gherkins	Gherkins, Water, Spirit Vinegar, Salt
Spicy Chicken	Chicken, Sriracha seasoning [Sugar, Spices, Unmodified Starch Maize, Garlic Powder, Chili Powder, Red Bell Pepper, Onion Powder, Citric Acid (E 330), Colour (E160c), Chilli Extract, Stabilizers (E415), Flavouring, Lemon Oill, Potato Starch, Salt, Cayenne Chilli Powder, Stabilizers (E450(v), E450(i), E451).
Spicy Cauliflower	Cauliflower, Vegetable Oil (rapeseed Oil or Sunflower Oil in various proportions), Tamary GLUTEN Free (Water, SOYA Beans, Salt, Alcohol), Rice Vinegar, Garlic Puree, Ginger Puree, Polenta, Red Chilli Puree, Red Pepper Powder, Cornflour, Salt.
Mains	
Spaghetti Bolognese	Bolognese Sauce (64%): Water, Tomato Passata, Minced Beef (19%), Onions, Carrots (7%), Tomato Puree, Modified Maize Starch, Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Beef Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnip), Sunflower Oil, Potato Starch, Spices (Garlic, Lovage, Nutmeg), Beef Powder, Caramelised Sugar, Flavouring), Brown Sugar, WHEAT Flour (WHEAT Four, Calcium Carbonate, Iron, Niacin, Thiamin), Sunflower Oil, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnips), Sunflower Oil, Spices (Turmeric, Pepper, Garlic, Mace, Nutmeg), Herbs (Parsley, Lovage)), Basil, Stabilisers (Xanthan Gum, Guar Gum), BARLEY Malt Extract, Black Pepper.
Mac 'N' Cheese	Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK) (10%), Single Cream (MILK), Mozzarella Cheese (MILK) (2.5%), Semi Skimmed MILK Powder, Cheddar Cheese Flavour Base (Reconstituted Cheese (MILK), Whey Powder (MILK), Flavourings, Salt, Lactic acid, MUSTARD Flour), Modified Maize Starch, Full Fat Soft Cheese (MILK), Salt, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbately, Vegetable Oils (Sunflower Oil, Rapeseed Oil), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turmeric, Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Paste, Cloves, Ginger, Garlic, BARLEY Malt Extract), Garlic Puree, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder).
Mozzarella Cheese (with Mac 'n' Cheese) Chicken 'N' Fries	Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch.
Chicken Strips	Chicken Inner Fillet (58%), Water, WHEAT Flour, Rice Flour, Breadcrumb (WHEAT Flour, Dextrose, Fully Refined Soybean Oil, Salt, Yeast), WHEAT Starch, WHEAT GLUTEN, Fully Refined Soybean Oil, Salt, Yeast), WHEAT Starch, WHEAT GLUTEN, Fully Refined Soybean Oil, Salt, Yeast), WHEAT Starch, WHEAT GLUTEN, Fully Refined Soybean Oil, Salt, Yeast), WHEAT Starch, WHEAT Starch, WHEAT Starch, WHEAT Starch, Solid Residual Soybean Oil, Salt, Yeast), WHEAT Starch, Solid Residual Starches, Spice (Solid Residual Soybean Oil, Salt, Yeast), WHEAT Starch, WHEAT Starch, WHEAT Starch, Spice Starch, Spice Starch, Spice Starch, WHEAT Starch, WHEAT Starch, WHEAT Starch, Spice Starch, WHEAT Starch, WHEAT Starch, WHEAT Starch, Spice Starch, WHEAT Starch, WHEAT Starch, WHEAT Starch, WHEAT Starch, Spice Starch, WHEAT Starch, Spice Starch, WHEAT Starch, WHEAT Starch, WHEAT Starch, Spice Starch, WHEAT
Fries	Potatoes, Sunflower oil, WHEAT (GLUTEN) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
Sides	EDOUGHJJ, 16000 GALIDEG SPILEE GALIDEG (PUPITRO) DIDER PEPPELJ, DEALUGE.
Fries	Potatoes, Sunflower oil, WHEAT (GLUTEN) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
Onion Rings	Diced Onions (53%), WHEAT flour, Vegetable oils (rapeseed, sunflower, in varying proportions), Gelling agent (E401), Salt, Yeast, Sugar, Flavouring (Paprika extract; Turmeric extract)
Mini Corn on the Cob (with Vegetable Oil Spray)	Sweetcorn. Rapeseed oil, Emulsifier: SOYA Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Garlic Bread	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Fat Spread (17%) [Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3%) (Puree and Chopped), Yeast, Salt, Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains WHEAT). May contain SOYA and MILK.
Drinks	
MILK	100% Semi Skimmed MILK
Apple Juice	Apple Juice from Concentrate (100%)
Orange Juice	Orange juice from concentrate (100%)
Fruit Shoots - All flavours Tango Orange/ Tango Apple/ 7Up Zero/	Refer directly to the supplier- Fruit Shoot - www.fruitshoot.com/gb Refer directly to the supplier - Pepsi - www.pepsi.co.uk/7up - www.7up.co.uk/
Pepsi Max/ Diet Pepsi Flavour Shot - Cherry, Lime, Strawberry,	Carbonated Water, GLUTEN Free WHEAT Dextrin, Flavourings*, Sweeteners: Acesulfame K, Sucralose, Acid: Citric Acid, Preservatives: Potassium Sorbate, Sodium
Vanilla Rehipsons Squash, All Flavours	benzoate. Flavourings: Vanilla, Cherry, Lime or Strawberry
Robinsons Squash - All Flavours Kids Desserts	Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk
Chilly Billy Ice Lolly Blackcurrant & Apple	Apple juice (88%), Blackcurrant juice (11.75%), Stabiliser (carob gum) 0.25%, antioxidant (ascorbic acid). may contain HAZELNUTS
Kids Chocolate Brownie	Fr. C.
Chocolate Brownie	Sugar, Pasteurised Free Range EGG , MILK Chocolate (17%) [Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (50YA Lecithin), Natural Vanilla Flavouring], Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)], Dark Chocolate (8%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (50YA Lecithin), Natural Vanilla Flavouring], GLUTEN Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Fat Reduced Cocoa Powder (3.7%), Raising Agents (E450, E501). May contain NUTS

Vanilla Ice Cream	Skimmed MILK, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring. Water, Skimmed MILK Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Chocolate Sauce (Rowse)	Glucose Syrup, Water, Belgian MILK Chocolate (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Liquor, Emulsifier: SOYA Lecithin, Natural Vanilla Extract), Single Cream (MILK), Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring
Kids Mini Donuts	, , , , , , , , , , , , , , , , , , ,
Do nuts	Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), White Sugar, Palm Oil, Water, Rapeseed Oil, Raising Agents (Disodium Diphosphate, Potassium Bicarbonate), Dried Skimmed MILK, SOYA Flour, Whey Powder (MILK), Dextrose, Dried EGG Yolk, Emulsifiers (SOYA Lecithin, Mono- and Diglycerides of Fatty Acid, Sodium Stearoyl-2-Lactylate), Cornflour, OAT Fibre, MILK Proteins.
Chocolate Sauce	Glucose syrup, Sugar, Water, Sweetened condensed MILK, Couverture MILK chocolate (6 %) (Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier (SOYA lecithins), Natural vanilla flavouring), Modified starch, Fat reduced cocoa powder, Preservative (Potassium sorbate), Natural flavouring.
Raspberry Sauce	Glucose syrup, water, raspberry puree from concentrate (10%), sugar, dextrose, modified starch, acidity regulators (citric acid, sodium citrates), colour (anthocyanins), thickener (pectins), preservative (potassium sorbate), natural flavouring, natural raspberry flavouring with other natural flavourings
Desserts	
Ice Cream Mix	Chimned MHM Cropp (400V) (MHM) Curry Friedrick When Devides (MHM) Friedricks (FA74) Chabilities (FA75) FA07 FA07 FA07 FA09 FA09 Fa19 FA09
Ice Cream Mix Raspberry Sauce	Skimmed MILK, Cream (10%) (MILK), Sugar, Fructose, Whey Powder (MILK), Emulsifier (E471), Stabilisers (E466, E412, E407, E401, E410), Flavouring, Salt Glucose syrup, water, raspberry puree from concentrate (10%), sugar, dextrose, modified starch, acidity regulators (citric acid, sodium citrates), colour (anthocyanins), thickener (pectins), preservative (potassium sorbate), natural flavouring, natural raspberry flavouring with other natural flavourings
Chocolate Sauce	Glucose syrup, Sugar, Water, Sweetened condensed MILK, Couverture MILK chocolate (6 %) (Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier (SOYA lecithins), Natural vanilla flavouring), Modified starch, Fat reduced cocoa powder, Preservative (Potassium sorbate), Natural flavouring.
Bubblegum Sauce	Sugar, Glucose Syrup, Water, Natural Flavouring, Colour: Anthocyanin (E163), Acid: Citric Acid, Preservative: Potassium Sorbate
Strawberry Crunch MILK Chocolate Beans	Sugar, Glucose syrup, Water, Colour (E162), Natural flavouring, Coconut oil, Glazing agent (E901). Sugar, Cocoa butter, Whey powder (MILK), Fat-reduced cocoa powder, Whole MILK powder, Emulsifier (SOYA lecithin), Glazing agents (Arabic gum, Carnauba wax,
MILK Chocolate Chips	Bees wax), Colours (E101, E141, E160a, E162, E163, E171, E172). Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, whey powder (MILK), Lactose (MILK), Emulsifier: SOYA Lecithin; Flavouring.
Gold Stars	Sugar, Vegetable Oils (Coconut, Shea), Rice Flour, Water, Thickener (Sodium Carboxy Methyl Cellulose), Glazing Agents (Shellac, Acacia Gum), Anti Caking Agent
Mixed Coloured Stars	(Potassium Aluminum Silicate), Caramelised Sugar Syrup, Glucose Syrup, Flavouring, Colours (Iron Oxide and Hydroxides), Tapioca Starch, Safflower Concentrate. Sugar, Palm Fat RSPO SG, Potato Starch, Rice Flour, Corn Starch, Colours: E163, E162, E160a, E100, E172; Natural Flavour
Mixed Chocolate Chips	White Chocolate Chips (50%) Sugar, Cocoa Butter, Whole MILK Powder, Lactose (MILK), Whey Powder (MILK), Emulsifier: SOYA Lecithin (E322), Vanilla Extract.
·	Dark Chcolate Chips (50%) Sugar, Vegetable Fat (Palm), Fat-Reduced Cocoa Powder, Emulsifiers: SOYA Lecithin (E322) and Sorbitan Tristearate (E492), Natural MILK Chocolate Chunks 34% - (Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Emulsifier: (SOYA); Flavouring) Dark Chocolate Chunks 33% - (Sugar, Cocoa
Triple Chocolate Chunks	Butter, Cocoa Mass, Emulsifier: (SOYA); Flavouring) White Chocolate Chunks 33% - (Sugar, Whole MILK Powder, Cocoa Butter, Emulsifier: (SOYA); Flavouring) Sugar, Glucose-fructose syrup, Water, Maize starch, Dextrose, Tapioca starch, Gelling agent: Carrageenan, Hydrolysed Rice protein, Natural flavouring, Colour:
Marshmallows	E162.
Gold Fudge	White Granulated Sugar, Sweetened Condensed MILK (MILK, Sugar), Fondant (Sugar, Glucose Syrup, Water), Glucose Syrup, Palm Oil, Salted Butter (MILK, Salt), Colour: Potassium Aluminium Silicate (E555), Iron Oxides and Hydroxides (E172), Natural Flavouring
Hot Cookie Dough (All sizes served with Chocolate Chip Cookie Dough	ı Vanilla Ice Cream and Sauce)
Chocolate Chip Cookie Dough	WHEAT flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain NUTS and EGG.
Vanilla Ice Cream	Skimmed MILK, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring.Water, Skimmed MILK Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Chocolate Sauce (Rowse)	Glucose Syrup, Water, Belgian MILK Chocolate (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Liquor, Emulsifier: SOYA Lecithin, Natural Vanilla Extract), Single Cream (MILK), Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring.
White Chocolate & Caramel Cookie Dou	
White Chocolate & Caramel Cookie Dough	WHEAT flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, White Chocolate (12%) (Sugar, Cocoa butter, Whole MILK powder, Sweet whey powder (MILK), Lactose (MILK), MILK fat, Emulsifier (SOYA Lecithins), Natural vanilla flavouring), Brown sugar, Butter (MILK), Caramel pieces (8%) (Sugar, Glucose syrup, Condensed MILK, Coconut oil, Butteroil (MILK), Natural flavouring, Glazing agent (Carnauba wax)), Water, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Raising agent (Diphosphates, Sodium carbonates), Flavouring.May contain NUTS and EGG.
Vanilla Ice Cream	Skimmed MILK, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed MILK Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (MILK), Modified Starch, Whole MILK Powder (MILK), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthan Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).
Loaded Cookie Dough made with KitKat	
Chocolate Chip Cookie Dough	WHEAT flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Wegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain NUTS and EGG.
Vanilla Ice Cream	Skimmed MILK, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring.Water, Skimmed MILK Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Nestlé KitKat® Sauce	Sugar, sunflower oil, skimmed MILK powder, biscuit granules 5% (sugar, WHEAT flour, vegetable oils (rapeseed, sunflower), lactose (MILK), MILK proteins, BARLEY malt extract, salt, raising agent (sodium bicarbonate), whey powder (MILK), anhydrous MILK fat, fat reduced-cocoa powder+ 3.8%, cocoa mass+ 3%, emulsifier (lecithins), salt, natural vanilla flavouring. May contain NUTS and SOYA.
Nestlé KitKat® Topping	wafer pieces [WHEAT flour, sugar, palm fat, WHEAT starch, emulsifier (SOYA lecithins), salt], sugar, cocoa butter, cocoa mass, skimmed MILK powder, whey powder product (MILK), vegetable fats (palm, shea), butter oil (MILK), emulsifier (lecithins), natural vanilla flavouring. May contain TREE NUTS
Loaded Cookie Dough made with Rolo®	
Chocolate Chip Cookie Dough	WHEAT flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring, May contain NUTS and EGG.
Vanilla Ice Cream	Skimmed MILK, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed MILK Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin). Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (MILK), Modified Starch, Whole MILK Powder (MILK), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthan
Salted Caramel Sauce	our y neutrino.
Nestlé ROLO® Topping	Ingredients: sugar, glucose syrup, cocoa butter, MILK powders (whole and skimmed), cocoa mass, vegetable fats (palm, shea), invert sugar syrup, butterfat (from MILK), lactose and proteins from whey (from MILK), whey powder (from MILK), sweetened condensed skimmed MILK (skimmed MILK, sugar), emulsifier (lecithins), salt, flavouring. May contain GLUTEN. Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets.
I Can't Believe Its Not Cheesecake	
Cheesecake	Biscuit Base (30%) [Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Thiamin, Niacin), Vegetable Oils (SG RSPO Palm, Rapeseed), Sugar, Invert Sugar Syrup, Raising Agents; E500ii, E503ii, Salt), Lotus Original Caramelised Biscuit Spread (23%) [Original Caramelised Biscuits (WHEAT Flour, Sugar, Vegetable Oils (Palm Oil From Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (SOYA Lecithin), Acid (Citric Acid)], Non-Dairy Cream (16%) [Lentil Protein Preparation (Water, 1.1% Lentil Protein), Palm Fat, Rapeseed Oil, Sugar, Modified Corn Starch, Emulsifiers (Sunflower Lecithin, Sugar Esters of Fatty Acids, Mono-and Diglycerides of Fatty Acids), Stabilisers (Guar Gum, Locust Bean Gum), Natural Flavours, Salt, Colourant (Beta-Carotene).], Food Preparation With Coconut Oil (16%) [Water, Coconut Oil (23%), Starch, Sea Salt, Acidity Regulator: Glucono-Delta-Lactone, Flavourings, Olive Extract, Vitamin B12.], Sugar, Caramelised Biscuit (5%) [WHEAT Flour, Sugar, Vegetable Oils (Palm (RSPO certified)), Rapeseed), Candy Sugar Syrup, Raising Agent; E500, SOYA Flour, Salt, Cinnamon), Starch, Partially Inverted Sugar Syrup, Tapioca Starch, Natural Vanilla Flavouring, Preservative(Potassium Sorbate (E202)). May contain MILK, EGGS, Sulphur Dioxide and NUTS.

So Scoffable Biscoff® Cheesecake & Id	re Croam
OU OCCURABLE DISCOME CHEESECARE & R	Biscuit Base (30%) [Fortified WHEAT Flour, Calcium Carbonate, Iron, Thiamin, Niacin), Vegetable Oils (SG RSPO Palm, Rapeseed), Sugar, Invert Sugar
Cheesecake	Syrup, Raising Agents; E500ii, E503ii, Salt], Lotus Original Caramelised Biscuit Spread (23%) [Original Caramelised Biscuits (WHEAT Flour, Sugar, Vegetable Oils (Palm Oil From Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Euclishier (SOYA Lecithin), Acid (Citric Acid)], Non-Dairy Cream (16%) [Lentil Protein Preparation (Water, 1.1% Lentil Protein), Palm Fat, Rapeseed Oil, Sugar, Modified Corn Starch, Emulsifiers (Sunflower Lecithin, Sugar Esters of Fatty Acids, Mono-and Diglycerides of Fatty Acids), Stabilisers (Guar Gum, Locust Bean Gum), Natural Flavours, Salt, Colourant (Beta-Carotene).], Food Preparation With Coconut Oil (16%) [Water, Coconut Oil (23%), Starch, Sea Salt, Acidity Regulator: Glucono-Delta-Lactone, Flavourings, Olive Extract, Vitamin B12.], Sugar, Caramelised Biscuit (5%) [WHEAT Flour, Sugar, Wegetable Oils (Palm (RSPO certified)), Rapeseed), Candy Sugar Syrup, Raising Agent; E500, SOVA Flour, Salt, Innamon], Starch, Partially Inverted Sugar Syrup, Tapioca Starch, Natural Vanilla Flavouring, Preservative(Potassium Sorbate (E202)). May contain MILK, EGGS, Sulphur Dioxide and NUTS.
Vanilla Ice Cream	Skimmed MILK, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Surangeman), Natural Flavouring, Water, Skimmed MILK Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (MILK), Modified Starch, Whole MILK Powder (MILK), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthan Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).
Chocolate Brownie	8, 7, -9,
Chocolate Brownie	Sugar, Pasteurised Free Range EGG, MILK Chocolate (17%) [Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)], Dark Chocolate (8%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], GLUTEN Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Fat Reduced Cocoa Powder (3.7%), Raising Agents (E450, E501). May contain NUTS
Vanilla Ice Cream	Skimmed MILK, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed MILK Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Chocolate Sauce (Rowse)	Glucose Syrup, Water, Belgian MILK Chocolate (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Liquor, Emulsifier: SOYA Lecithin, Natural Vanilla Extract), Single Cream (MILK), Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring
Mini Donuts	
Do nuts	Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), White Sugar, Palm Oil, Water, Rapeseed Oil, Raising Agents (Disodium Diphosphate, Potassium Bicarbonate), Dried Skimmed MILK, SOYA Flour, Whey Powder (MILK), Dextrose, Dried EGG Yolk, Emulsifiers (SOYA Lecithin, Mono- and Diglycerides of Fatty Acid, Sodium Stearoyl-2-Lactylate), Cornflour, OAT Fibre, MILK Proteins.
Chocolate Sauce	Glucose syrup, Sugar, Water, Sweetened condensed MILK, Couverture MILK chocolate (6 %) (Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier (SOYA lecithins), Natural vanilla flavouring), Modified starch, Fat reduced cocoa powder, Preservative (Potassium sorbate), Natural flavouring.
Raspberry Sauce	Glucose syrup, water, raspberry puree from concentrate (10%), sugar, dextrose, modified starch, acidity regulators (citric acid, sodium citrates), colour (anthocyanins), thickener (pectins), preservative (potassium sorbate), natural flavouring, natural raspberry flavouring with other natural flavourings
Chilly Billy Ice Lolly Blackcurrant & Ap	ple
Chilly Billy Ice Lolly Blackcurrant	Apple juice (88%), Blackcurrant juice (11.75%), Stabiliser (carob gum) 0.25%, antioxidant (ascorbic acid). may contain HAZELNUTS
& Apple Ice Cream	Appre June (1999), Blacked Half June (12.7.3%), Stabiliser (1998), Stabiliser (1998), Blacked Half (1998), Blacked Half (1998), Stabiliser (1998),
Vanilla Ice Cream	Skimmed MILK, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed MILK Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Take Away Vanilla Ice Cream	Stabilisers (Guar Guiri, Carrageerian, Eduscidean Guiri), Eminismer (World- and Digrycerides of Facty Actus), Havouring, Natural Colours (Annatto, Curcumin).
Take Away Vanilla Ice Cream	Whole MILK, Sugar, Double Cream (MILK), ButterMILK Powder, Emulsifier: Mono-& Diglycerides of Fatty Acids, Flavouring, Stabilisers: Sodium Alginate, Guar Gum, Colours: Curcumin, Annatto Norbixin, Plain Caramel.
Sauces	Colours, Carcanini, Annata Walsakii, Flairi Calainei.
Chocolate Sauce (Rowse)	Glucose Syrup, Water, Belgian MILK Chocolate (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Liquor, Emulsifier: SOYA Lecithin, Natural Vanilla Extract), Single Cream (MILK), Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring
Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (MILK), Modified Starch, Whole MILK Powder (MILK), Salt, Vegetable Oil, Stabilisers (Guar
Drinks	Gum, Xanthan Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).
Soft Drinks	
Tango Orange/ Tango Apple/ 7Up Zero/ Pepsi Max/ Diet Pepsi	Refer directly to the supplier - Pepsi - www.pepsi.co.uk/7up - www.7up.co.uk
Flavour Shot - Cherry, Lime, Strawberry, Vanilla	Carbonated Water, GLUTEN Free WHEAT Dextrin, Flavourings*, Sweeteners: Acesulfame K, Sucralose, Acid: Citric Acid, Preservatives: Potassium Sorbate, Sodium benzoate. Flavourings: Vanilla, Cherry, Lime or Strawberry
Robinsons Squash - All Flavours	Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk
Belu Still Water / Sparkling Water	Refer directly to the supplier - Belu - www.belu.com
Lipton Peach Iced Tea	Refer directly to the supplier - Lipton - www.liptonicedtea.com
Bottle of Pepsi	Refer directly to the supplier - Pepsi - www.pepsi.co.uk
Irn Bru	Refer directly to the supplier - Agbarr - www.agbarr.co.uk
Apple Juice	Apple Juice from Concentrate (100%)
Orange Juice	Orange juice from concentrate (100%)
J2O - all flavours Bottle of 7Up Zero / Pepsi Max / Tango	Refer directly to the supplier - J20 - www.j20.co.uk Refer directly to the supplier - Pepsi - www.pepsi.co.uk/ 7up - www.7up.co.uk
Orange / Pepsi	
Bottle of Diet Pepsi	Refer directly to the supplier - Pepsi - www.pepsi.co.uk
Hot Drinks Black Tea	100% Black Tea
Tea with MILK	100% Black Tea, 100% Semi Skimmed MILK
Hot Chocolate	Sugar, Whey Powder (MILK), Low Fat Cocoa Powder, Skimmed MILK Powder, Acidity Regulator E331, Salt, Flavouring, Anti-Caking Agent E551.
Americano with MILK, Caffe Latte, Cappuccino	Roasted & Ground Coffee, 100% Semi Skimmed MILK
Black Americano, Espresso Shot	Roasted & Ground Coffee
Alcoholic Drinks	
Pinot Grigio / Merlot / White Zinfandel	Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk/
Nice Wine	Refer to label on can or directly to the supplier - Nice Drinks - www.nice-drinks.co.uk/
Prosecco	Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk/
Budweiser	Refer to label on bottle or directly to the supplier - Budweiser - www.budweiser.com/en/company/products/budweiser
San Miguel	Refer directly to the supplier - San Miguel - www.sanmiguel.com
Brewdog Punk IPA	Refer directly to the supplier - Brewdog - www.BrewDog.com
Kopparberg Strawberry & Lime	Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/
Kopparberg Mixed Fruit Tropical	Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/
Bulmer's	Refer directly to the supplier - Bulmer's - www.Bulmers.co.uk/nutritional-values

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	Average Weight of Portion (g)	Energy per Portion (kcal)	Protein per Portion (g)	Carbohydrate per Portion (g)	Sugar per Portion (g)	Fat per Portion (g)	Saturated Fat per Portion (g)	Salt per Portion (g)
Sides	or Fortion (g)	rortion (kcai)	Fortion (g)	per rortion (g)	Fortion (g)	Fortion (g)	per rortion (g)	Fortion (g)
Fries	230	384	5.1	51	1.2	17	2.1	2.3
Cheesy Fries	375	686	13.8	75	3.1	35	10.4	5.6
Onion Rings	158	338	5.5	47	7.0	15	1.7	1.4
Garlic Bread	120	360	9.0	47	3.4	14	4.3	0.84
Garlic Bread with Cheese	181	530	20	49	4.6	27	12	1.7
Cheesy Triangles	108	377	14	20	1	26	11	3
Halloumi Fries	85	275	14	11	3	20	9	2
Mini Corn on the Cob	267	207	6.4	29	18	4.8	0.8	0.01
Cheesy Bite Bites	240	534	24	75	2.2	15	6.2	2.1
Loaded Sweet Chilli Cheesy Bite Bites	297	669	30	85	9.8	23	10	2.7
Loaded Bacon Cheesy Bite Bites	297	711	34	77	2.5	29	15	3.1
Loaded Smashburger Cheesy Bite Bites	358	776	36.2	86	9.6	31	13.0	3.7
NEW Loaded Brie & CranberryCheesy Bite Bites	197	499	23.8	53	8.2	19	9.2	2.1
NEW Loaded Brie, Bacon & Cranberry Cheesy Bite Bites	205	530	25.6	53	8.5	22	10.0	2.3
NEW Loaded Festive FeastCheesy Bite Bites	215	507	26.8	55	8.2	19	8.6	2.3
New Chicken Bites	193	416	27	37.3	8.9	17	2.2	2.7
New Hot Honey Chicken Bites	182	380	27	29	0.7	17	2	2.7
BBQ Chicken Wings	121	247	24	6.7	4.4	14	3.4	2.0
Hot Honey BBQ Chicken Wings	132	281	24	15	12.1	14	3	2.0
Breaded Chicken Tenders	175	354	28.4	30	0.9	13	2.5	1.5
Hot Honey Breaded Chicken Tenders	197	454	28.6	43	13.9	18	2.8	1.5
Take Away Macaroni Cheese								
Take Away Macaroni Cheese - Classic	230	396	16.5	42	3.9	19	10.0	1.4
Take Away Cholula® Chicken Macaroni Cheese	314	461	24.7	48	6.9	20	10.3	3.2
Take Away Cholula® Cauliflower Macaroni Cheese	314	449	17.7	48	7.1	21	10.3	3.3
Dips & Bits Station								
Heinz BBQ Sauce	100	138	1	34	29	0	0	1
Heinz Tomato Ketchup	100	102	1	23	23	0	0	2
Chilli Flakes	1	3	0.1	0.3	0.1	0.2	0	0
Dine In Dip Pots								
Sour Cream	45	266	0.64	3.6	2.8	27.7	2.0	0.41
Sweet Chilli	60	98	0.16	24.2	20.3	0	0.0	0.34
Hot Honey	60	197	0.30	49.2	48.6	0.30	0.12	0.02
Burger Sauce	50	207	0.9	7	4.5	20	1.7	1.1
Nacho Cheese	50	89	5.2	2	0.3	7	4.6	1.5
Cholula® Original Dip	45	10	0.3	1	0.3	0	0.1	2.3
NEW Mango Habanero Drizzle	45	57	0.1	14	11.2	0	0.0	0.6
NEW Buffalo Ranch Drizzle	45	127	0.1	11	5.9	11	0.8	0.9
NEW Korean BBQ Sauce	45	74	0.6	18	15.0	0	0.0	0.7
New Spicy Cranberry	45	77	0.2	19	16.2	0	0.0	0.5
Takeaway Dip Pots								
Heinz Garlic Sauce Dip Pot	25	89	0.2	2.0	1.1	9.0	1.4	0.35
Heinz BBQ Sauce Dip Pot	25	29	0.4	6.4	5.0	0.1	0	0.24
Heinz Sweet Chill Dip Pot	25	47	0.1	11.5	10.5	0.0	0.0	0.38
NEW Mango Habanero Dip	35	44	0.1	10.9	8.7	0.0	0.0	0.44
NEW Buffalo Ranch Dip	35	99	0.1	8.9	4.6	8.6	1	0.68
NEW Korean BBQ Dip	35	58	0.5	13.8	11.7	0.1	0.0	0.55
NEW -Sweet Chilli Dip (30ml PP) (Oval)	35	64	0.1	14.8	12.9	0.4	0.0	0.37
NEW Garlic Buttermilk Mayo (30ml PP) (Oval)	35	128	0.2	4.8	2.7	12.0	1	0.34
NEW BBQ Dip (30ml PP) (Oval)	35	51	0.4	11.9	8.8	0.2	0.0	0.35
NEW Ketchup (30ml PP) (Oval)	35	39	0.5	8.9	6.5	0.0	0.0	0.47
New Spicy Cranberry	35	60	0.2	14.7	12.6	0.2	0.0	0.36
*Nutritional values don't account for the dips chose	en by the consum	er. These value	s should be take	en from 'Tabletop	Sauces' and ad	dded to the prod	luct nutritionals.	
Salad Station								
Dressed Salads								
Potato Salad	63	102	0.8	9.1	1.7	6.7	0.49	0.38
Coleslaw	50	68	0.4	3.1	2.4	5.9	0.43	0.07
Sweetcorn	26	20	0.70	3.5	0.93	0.4	0.24	0.01
Diced Beetroot	24	12	1.0	1.6	1.1	0.1	0.07	0.02
Jalapenos	16	1	0.07	0.07	0	0.1	0.03	0.48
Roquito® Chilli Peppers	16	14	0.11	3.34	3	0	0	0
Black Olives	15	21	0.14	0.11	0	2.1	0.21	0.14
		•						
Fresh Salad						1		
	17	2	0.1	0.2	0.2	0	0	0
Lettuce Mix	17	2	0.1 0.2	1.0	1.0	0 0.1	0	0
Lettuce Mix								
Fresh Salad Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers	33	6	0.2	1.0	1.0	0.1	0	0

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Shredded Carrot	18	9	0.1	2.3	2.3	0	0	0					
Spinach	20	4	0.5	0.0	0.0	0.1	0	0					
Rocket	20	4	0.7	0.1	0.0	0	0	0					
Oried Items													
Bacon Bits	13	70	1.2	7.7	0.3	3.8	1.7	0.33					
Croutons	7	33	0.8	5.0	0.1	1.1	0.5	0.16					
Tortilla Chips	13	64	0.8	8.2	0.2	2.7	0.3	0.09					
Crispy Onions	6	35	0.4	2.4	0.5	2.6	1.3	0.07					
Sultanas	16	43	0.4	11	11	0	0	0					
Dressings & Dips													
Thousand Island Dressing	30	80	0.21	3.4	1.5	7.2	0.9	0.37					
Blue Cheese Dressing	27	125	0.35	5.2	2.1	11	4.2	0.36					
Garlic Mayonnaise	29	127	0.58	1.2	0.5	13	1.8	0.31					
Light Mayonnaise	34	138	0.24	4.3	2.0	13	1.8	0.44					
Ranch Dressing	31	145	0.74	2.0	1.3	15	1.6	0.33					
Low Fat French Dressing	22	18	0.18	3.1	1.9	0.6	0.4	0.27					
Salsa	33	20	0.36	4.3	2.6	0	0	0.53					
Sour Cream	30	177	0.43	2.4	1.8	18	1	0.27					

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	Weight of Pizza (g)	Number of Slices per Pizza	Energy per Slice (kcal)	Protein per Slice (g)	Carbohydra te per Slice (g)	Sugar per Slice (g)	Fat per Slice (g)	Saturate d Fat per Slice (g)	Salt per Slice(
Pizza	1 1250 (R)	Sinces per F122d	(NCai)	Since (g)	per since (g)	(5)		bei suce (g)	
Pepperoni									
Individual Pan (9")	400	6	181	7.2	18	0.8	8.7	2.9	0.77
Sharing Pan (13")	810	8	272	11	29	1.2	12	4.1	1.2
Individual Handcrafted (11")	398	6	161	6.9	18	1.5	6.4	2.6	0.84
Sharing Handcrafted (14")	704	8	213	9.2	24	2.0	8.7	3.6	1.1
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	394	6	158	6.9	18	1.4	6.3	2.6	0.76
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	698	8	210	9.2	23	2.0	8.6	3.5	1.0
Individual Stuffed Crust (11")	550	6	238	12	23	2.0	11	5.1	1.1
Individual Pepperoni Stuffed Crust (11")	584	6	265	13	23	2.0	13	6.0	1.3
Sharing Stuffed Crust (14")	912	8	291	14	30	2.7	13	5.9	1.3
Sharing Pepperoni Stuffed Crust (14")	953	8	315	15	30	2.7	15	6.7	1.5
Cheesy Bites (14")	912	8	291	14	30	2.7	13	5.9	1.3
Gluten Free (9" Square)	351	6	164	4.5	20	1.6	7.1	2.6	0.70
Pepperoni Feast		T			1	I	İ		ı
Individual Pan (9")	452	6	214	8.8	18	0.91	12	3.8	0.98
Sharing Pan (13")	891	8	310	13	29	1.3	16	5.1	1.4
Individual Handcrafted (11")	450	6	194	8.6	18	1.5	9.3	3.5	1.05
Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic	785	8	252	1.2	24	2.1	12.0	4.6	1.4
Sprinkle	412	6	172	7.4	18	1.4	7.7	2.7	0.90
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	721	8	224	10	23	2.0	10	3.5	1.2
Individual Stuffed Crust (11")	568	6	252	12	23	2.0	12	5.2	1.2
Individual Pepperoni Stuffed Crust (11")	602	6	279	13	23	2.0	14	6.1	1.4
Sharing Stuffed Crust (14")	935	8	305	14	30	2.7	14	5.8	1.5
Sharing Pepperoni Stuffed Crust (14")	976	8	329	15	30	2.7	16	6.7	1.6
Cheesy Bites (14")	935	8	305	14	30	2.7	14	5.8	1.5
Gluten Free (9" Square)	403	6	197	6.1	20	1.7	9.9	3.5	0.90
Pepperoni & Spicy 'Nduja		T -			T	I	T		
Individual Pan (9")	463	6	218	9.0	18	0.9	11.9	4.0	1.00
Sharing Pan (13")	934	6	326 197	13 8.8	29	1.3	17	5.6 3.7	1.5
Individual Handcrafted (11") Sharing Handcrafted (14")	461 828	8	267	12	18 24	1.5 2.1	9.6	5.1	1.5
Individual Handcrafted (11") WITHOUT Garlic									
Sprinkle	457	6	195	8.7	18	1.5	9.5	3.6	0.99
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	822	8	264	11.8	23	2.0	13.3	5.1	1.4
Individual Stuffed Crust (11")	613	6	274	13	23	2.0	14	6.2	1.3
Individual Pepperoni Stuffed Crust (11")	647	6	301	15	23	2.1	16	7.1	1.5
Sharing Stuffed Crust (14")	1036	8	345	17	30	2.7	17	7.4	1.7
Sharing Pepperoni Stuffed Crust (14")	1077	8	369	18	30	2.8	20	8.2	1.8
Cheesy Bites (14")	1036	8	345	17	30	2.7	17	7.4	1.7
Gluten Free (9" Square)	414	6	201	6.3	20	1.6	10.3	3.6	0.94
The Spicy GOAT Individual Pan (9")	498	6	204	8.5	21	3.8	9.2	3.8	0.74
Sharing Pan (13")	996	8	298	12	33	4.8	13	5.3	1.1
Individual Handcrafted (11")	496	6	183	8.3	21	4.4	6.9	3.5	0.8
Sharing Handcrafted (14")	890	8	239	11	28	5.6	9	4.7	1.0
Individual Handcrafted (11") WITHOUT Garlic									
Sprinkle	492	6	180	8.2	21	4.4	6.8	3.5	0.73
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	884	8	236	10.9	27	5.5	9.1	4.7	1.0
Individual Stuffed Crust (11")	648	6	260	13	26	4.9	11	6.0	1.0
Individual Pepperoni Stuffed Crust (11")	682	6	287	14	26	5.0	14	6.9	1.2
Sharing Stuffed Crust (14")	1098	8	317	16	34	6.3	13	7.0	1.2
Sharing Pepperoni Stuffed Crust (14") Chaesy Rites (14")	1139	8	341	17	34	6.3	15	7.9	1.4
Cheesy Bites (14") Gluten Free (9" Square)	1098	8	317 186	16 5.8	34 23	6.3 4.6	7.6	7.0 3.5	0.67
Chicken & Bacon Club	443		100	3.8	23	4.0	7.0	3.3	0.07
Individual Pan (9")	530	6	226	9.1	20	1.5	12.2	3.7	0.81
Sharing Pan (13")	1110	8	331	14	31	2.4	17	5.0	1.2
Individual Handcrafted (11")	528	6	206	8.8	20	2.2	9.9	3.4	0.9
Sharing Handcrafted (14")	1004	8	272	12	26	3.2	13	4.5	1.2
Individual Handcrafted (11") WITHOUT Garlic									
Sprinkle	524	6	203	8.8	19	2.1	9.8	3.3	0.80
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	998	8	269	12.1	26	3.1	12.8	4.5	1.1
Individual Stuffed Crust (11")	680	6	282	14	25	2.7	14	5.9	1.1
Individual Pepperoni Stuffed Crust (11")	714	6	309	15	25	2.7	17	6.8	1.3
Sharing Stuffed Crust (14")	1212	8	350	17	32	3.9	17	6.8	1.4
Sharing Pepperoni Stuffed Crust (14")	1253	8	374	18	32	3.9	19	7.6	1.5

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·	Ü								ET KNOWN E
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Chicken Fajita	1 1220 (8)	Silves per rizza	(Redi)	Silec (8)	per since (g)	(6)		per since (g)	
Individual Pan (9")	535	6	216	8.6	20	2.4	11.1	3.0	0.81
Sharing Pan (13")	1083	8	316	13	32	3.6	15	4.0	1.2
Individual Handcrafted (11")	533	6	196	8.4	20	3.0	8.8	2.7	0.9
Sharing Handcrafted (14")	977	8	257	11	27	4.4	11	3.5	1.1
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	529	6	193	8.3	20	3.0	8.7	2.7	0.81
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	971	8	254	11.4	26	4.3	11.2	3.5	1.0
Individual Stuffed Crust (11")	685	6	273	13	25	3.5	13	5.2	1.1
Individual Pepperoni Stuffed Crust (11")	719	6	299	14	25	3.6	16	6.1	1.3
Sharing Stuffed Crust (14")	1185	8	335	16	33	5.0	15	5.8	1.3
Sharing Pepperoni Stuffed Crust (14")	1226	8	359	17	33	5.1	17	6.6	1.5
Cheesy Bites (14")	1185	8	335	16	33	5.0	15	5.8	1.3
Gluten Free (9" Square)	486	6	199	5.9	22	3.2	9.5	2.7	0.75
Hawaiian									
Individual Pan (9")	456	6	166	7.6	19	1.7	6.4	2.0	0.77
Sharing Pan (13")	936	8	249	11	30	2.8	9.0	2.7	1.2
Individual Handcrafted (11")	454	6	158	7.6	21	2.6	4.6	1.8	1.2
Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic	830	8	211	10	28	4.0	4.0	2.4	0.77
Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	450 824	8	142	7.3 9.8	19 25	2.3 3.5	5.1	2.2	1.0
Individual Stuffed Crust (11")	606	6	222	12	24	2.9	8.4	4.2	1.1
Individual Pepperoni Stuffed Crust (11")	640	6	249	13	24	2.9	11	5.1	1.3
Sharing Stuffed Crust (14")	1038	8	268	15	31	4.2	9.1	4.5	1.3
Sharing Pepperoni Stuffed Crust (14")	1079	8	292	16	31	4.3	11	5.4	1.5
Cheesy Bites (14")	1038	8	268	15	31	4.2	9.1	4.5	1.3
Gluten Free (9" Square)	407	6	149	4.9	20	2.5	4.8	1.7	0.70
Chicken Supreme									
Individual Pan (9")	494	6	168	8.7	19	1.2	6.3	2.0	0.62
Sharing Pan (13")	1037	8	256	14	29	1.8	8.9	2.7	1.0
Individual Handcrafted (11")	492	6	148	8.4	19	1.8	4.1	1.7	0.69
Sharing Handcrafted (14")	931	8	197	12	24	2.6	5.2	2.2	1.1
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	488	6	145	8.4	18	1.8	4.0	1.7	0.61
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	925	8	194	12	24	2.6	5.1	2.2	0.99
Individual Stuffed Crust (11")	644	6	224	13	23	2.3	8.4	4.2	0.91
Individual Pepperoni Stuffed Crust (11")	678	6	251	14	24	2.4	11	5.1	1.1
Sharing Stuffed Crust (14")	1139	8	275	17	30	3.3	9.1	4.5	1.1
Sharing Pepperoni Stuffed Crust (14")	1180	8	299	18	30	3.3	11	5.3	1.3
Cheesy Bites (14")	1139	8	275	17	30	3.3	9.1	4.5	1.1
Gluten Free (9" Square) Meat Feast	445	6	151	6	20	1.9	4.7	1.9	0.56
Individual Pan (9")	468	6	197	9.2	19	1.1	9.3	3.2	0.90
Sharing Pan (13")	970	8	303	14	30	1.6	14	4.7	1.4
Individual Handcrafted (11")	466	6	176	9.0	19	1.7	7.0	2.9	0.97
Sharing Handcrafted (14")	864	8	244	13	25	2.4	10	4.2	1.4
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	462	6	174	8.9	18	1.6	6.9	2.8	0.89
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	858	8	241	13	24	2.4	10	4.1	1.3
Individual Stuffed Crust (11")	618	6	253	14	24	2.2	11	5.4	1.2
Individual Pepperoni Stuffed Crust (11")	652	6	280	15	24	2.2	14	6.3	1.4
Sharing Stuffed Crust (14")	1072	8	322	18	31	3.1	14	6.5	1.6
Sharing Pepperoni Stuffed Crust (14")	1113	8	346	19	31	3.1	16	7.3	1.7
Cheesy Bites (14")	1072	8	322	18	31	3.1	14	6.5	1.6
Gluten Free (9" Square)	419	6	180	6.5	20	1.8	7.7	2.9	0.83
Supreme	400		400	0.5	40	4.3	0.0	2.2	0.00
Individual Pan (9") Sharing Pan (13")	489 1003	6 8	199 304	8.5 13	19 30	1.2	9.8 14	3.2 4.7	0.83
Individual Handcrafted (11")	487	6	178	8.2	19	1.9	7.5	2.9	0.9
Sharing Handcrafted (14")	897	8	245	12	25	2.7	11	4.2	1.2
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	483	6	176	8.2	19	1.8	7.4	2.9	0.82
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	891	8	242	11.7	25	2.6	10.5	4.1	1.1
Individual Stuffed Crust (11")	639	6	255	13	24	2.3	12	5.4	1.1
Individual Pepperoni Stuffed Crust (11")	673	6	282	14	24	2.4	14	6.3	1.3
Sharing Stuffed Crust (14")	1105	8	323	16	31	3.3	14	6.5	1.4
Sharing Pepperoni Stuffed Crust (14")	1146	8	347	17	31	3.3	17	7.3	1.6
Cheesy Bites (14")	1105	8	323	16	31	3.3	14	6.5	1.4
Gluten Free (9" Square)	440	6	182	5.8	20	2.0	8.1	2.9	0.77

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FOOD ALLERGIES

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	Weight of Pizza (g)	Number of Slices per Pizza	Energy per Slice (kcal)	Protein per Slice (g)	Carbohydra te per Slice (g)	Sugar per Slice (g)	Fat per Slice (g)	Saturate d Fat per Slice (g)	Salt per Slice(g)
BBQ Americano									
Individual Pan (9")	508	6	191	9.4	21	2.4	7.5	2.7	0.79
Sharing Pan (13")	1054	8	289	14.6	33	3.7	10.5	3.6	1.20
Individual Handcrafted (11")	499	6	168	9.6	21	2.5	4.8	2.0	0.90
Sharing Handcrafted (14")	950	8	233	14.3	28	4.5	6.6	2.7	1.28
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	495	6	166	9.5	20	2.1	4.7	1.9	0.82
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	944	8	230	14.2	27	4.4	6.5	2.7	1.19
Individual Stuffed Crust (11")	651	6	245	14	26	3.6	9.1	4.4	1.12
Individual Pepperoni Stuffed Crust (11")	685	6	272	15	26	3.6	12	5.4	1.3
Sharing Stuffed Crust (14")	1156	8	311	19	34	5.2	10.5	5.0	1.5
Sharing Pepperoni Stuffed Crust (14")	1197	8	335	20	34	5.2	13	5.9	1.7
Cheesy Bites (14")	1156	8	311	19	34	5.2	10.5	5.0	1.5
Gluten Free (9" Square)	459	6	175	6.6	23	3.4	5.9	2.4	0.75
Veggie	488	6	162	6.4	19	1.5	6.3	2.0	0.58
Individual Pan (9") Sharing Pan (13")	1019	8	245	9.6	31	2.4	8.8	2.7	0.89
Individual Handcrafted (11")	486	6	141	6.1	19	2.1	4.0	1.7	0.64
Sharing Handcrafted (14")	913	8	186	8.1	26	3.2	5.1	2.1	0.82
Individual Handcrafted (11") WITHOUT Garlic	482	6	139	6.1	19	2.1	3.9	1.6	0.56
Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	907	8	183	8.0	25	3.1	5.0	2.1	0.73
Individual Stuffed Crust (11")	638	6	218	11	24	2.6	8.3	4.2	0.86
Individual Pepperoni Stuffed Crust (11")	672	6	245	12	24	2.7	11	5.1	1.1
Sharing Stuffed Crust (14")	1121	8	263	13	32	3.8	9.0	4.5	1.0
Sharing Pepperoni Stuffed Crust (14")	1162	8	288	14	32	3.9	11	5.3	1.2
Cheesy Bites (14")	1121	8	263	13	32	3.8	9.0	4.5	1.0
Gluten Free (9" Square)	439	6	108	2.7	16	1.7	3.5	1.2	0.39
Margherita		ı	ı		1	l			I
Individual Pan (9")	398	6	169	7.0	18	0.9	7.4	2.7	0.64
Sharing Pan (13")	796	8	250	10	29	1.3	10	3.5	0.96
Individual Handcrafted (11")	394	6	149	6.8	18	1.6	5.1	2.3	0.71
Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic	690 392	6	191 146	6.7	18	1.5	5.0	2.3	0.90
Sprinkle									
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	684	8	188	8.7	23	2.1	6.3	3.0	0.81
Individual Stuffed Crust (11")	548	6	225	11	23	2.1	9.4	4.8	0.93
Individual Pepperoni Stuffed Crust (11")	582	6	252	13	23	2.1	12	5.8	1.1
Sharing Stuffed Crust (14") Sharing Pepperoni Stuffed Crust (14")	898 939	8	269 293	13 14	30 30	2.8	10 13	5.3 6.2	1.1
Cheesy Bites (14")	898	8	269	13	30	2.8	10	5.3	1.1
Gluten Free (9" Square)	349	6	114	3.2	15	1.3	4.3	1.8	0.43
The G.O.A.T									
Individual Pan (9")	517	6	184	7.5	21	3.0	7.8	3.0	0.67
Sharing Pan (13")	1088	8	281	11.3	33	5.3	11.0	4.3	1.03
Individual Handcrafted (11")	515	6	164	7.3	21	3.6	5.5	2.7	0.74
Sharing Handcrafted (14")	982	8	222	9.8	28	5.7	7.3	3.7	1.0
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	511	6	161	7.2	20	3.5	5.4	2.7	0.66
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	976	8	219	9.7	28	5.6	7.2	3.7	0.89
Individual Stuffed Crust (11")	667	6	241	12	26	4.1	9.8	5.2	0.97
Individual Pepperoni Stuffed Crust (11")	701	6	268	13	26	4.1	12	6.1	1.2
Sharing Stuffed Crust (14")	1190	8	300	14	34	6.7	11	6.0	1.2
Sharing Pepperoni Stuffed Crust (14")	1231	8	324	15	35	6.7	13	6.9	1.4
Cheesy Bites (14")	1190	8	300	14	34	6.7	11	6.0	1.2
Gluten Free (9" Square)	468	6	126	3.6	17	2.8	4.6	2	0.46
Veggie Supreme		ı							ı
Individual Pan (9")	493	6	162	6.2	19	1.4	6.8	2.0	0.59
Sharing Pan (13")	1011	8	241	9	30	2.1	9	2.7	0.9
Individual Handcrafted (11")	491	6	142	5.9	19	2.0	4.5	1.7	0.7
Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic	905	8	182	8	25	2.9	6	2.2	0.8
Sprinkle	487	6	139	5.9	18	2.0	4.4	1.7	0.59
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	899	8	179	7.7	24	2.9	5.4	2.1	0.8
Individual Stuffed Crust (11") Individual Pepperoni Stuffed Crust (11")	643 677	6	219 245	11	24	2.5	9	4.2 5.1	0.9
Sharing Stuffed Crust (14")	1113	8	245	12	31	3.6	9	4.5	1.1
Sharing Stuffed Crust (14") Sharing Pepperoni Stuffed Crust (14")	1113	8	284	13	31	3.6	12	5.3	1.0
		8	260	12	31	3.6	9	4.5	1.0
Cheesy Bites (14")	1113								

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	Weight of Pizza (g)	Number of Slices per Pizza	Energy per Slice (kcal)	Protein per Slice (g)	Carbohydra te per Slice (g)	Sugar per Slice (g)	Fat per Slice (g)	Saturate d Fat per Slice (g)	Salt per Slice
Veggie Sizzler									
Individual Pan (9")	461	6	160	6.1	19	2.0	6.3	2.0	0.68
Sharing Pan (13")	948	8	241	9	31	3.1	9	2.7	1.0
Individual Handcrafted (11")	459	6	140	5.9	20	2.6	4.0	1.7	0.7
Sharing Handcrafted (14")	842	8	182	8	26	3.9	5	2.1	1.0
Individual Handcrafted (11") WITHOUT Garlic	455		427	F.0	10	3.6	2.0	1.6	0.67
Sprinkle	455	6	137	5.9	19	2.6	3.9	1.6	0.67
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	836	8	179	7.7	25	3.8	5.0	2.1	0.9
Individual Stuffed Crust (11")	611	6	217	11	24	3.1	8	4.2	1.0
Individual Pepperoni Stuffed Crust (11")	645	6	243	12	24	3.1	11	5.1	1.2
Sharing Stuffed Crust (14")	1050	8	260	12	32	4.5	9	4.5	1.2
Sharing Pepperoni Stuffed Crust (14")	1091	8	284	13	32	4.5	11	5.3	1.4
Cheesy Bites (14")	1050	8	260	12	32	4.5	9	4.5	1.2
Gluten Free (9" Square)	412	6	143	3.4	21	2.7	4.7	1.6	0.61
Meat Feast Sizzler									
Individual Pan (9")	480	6	193	8.9	19	1.1	9.0	3.1	0.97
Sharing Pan (13")	1000	8	298	14	30	1.6	13	4.5	1.5
Individual Handcrafted (11")	478	6	172	8.6	19	1.7	6.7	2.7	1.0
Sharing Handcrafted (14")	894	8	239	12	25	2.4	10	4.0	1.5
Individual Handcrafted (11") WITHOUT Garlic	474	6	170	8.6	18	1.6	6.6	2.7	0.96
Sprinkle									
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	888	8	236	12.3	24	2.4	9.7	4.0	1.4
Individual Stuffed Crust (11")	630	6	249	13	24	2.2	11	5.2	1.3
Individual Pepperoni Stuffed Crust (11")	664	6	276	14	24	2.2	13	6.2	1.5
Sharing Stuffed Crust (14")	1102	8	317	17	31	3.1	14	6.3	1.6
Sharing Pepperoni Stuffed Crust (14")	1143	8	341	18	31	3.1	16	7.1	1.8
Cheesy Bites (14")	1102	8	317	17	31	3.1	14	6.3	1.6
Gluten Free (9" Square)	431	6	176	6.1	20	1.8	7.4	2.7	0.90
Chicken Sizzler									1
Individual Pan (9")	466	6	164	7.3	19	1.9	6.3	1.8	0.71
Sharing Pan (13")	965	8	248	11.2	30	3.0	8.8	2.4	1.08
Individual Handcrafted (11")	464	6	145	7.2	19	2.4	4.1	1.7	0.79
Sharing Handcrafted (14")	859	8	192	9.9	26	3.6	5.2	2.2	1.06
Individual Handcrafted (11") WITHOUT Garlic	460	6	143	7.1	19	2.4	4.0	1.7	0.71
Sprinkle									
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	853	8	189	9.8	25	3.5	5.1	2.2	0.97
Individual Stuffed Crust (11")	616	6	222	11.8	24	2.9	8.4	4.2	1.02
Individual Pepperoni Stuffed Crust (11")	639	6	240	12.6	24	3.0	10.0	4.8	1.15
Sharing Stuffed Crust (14")	1067	8	270	14.6	32	4.3	9.1	4.5	1.26
Sharing Pepperoni Stuffed Crust (14")	1101	8	290	15.4	32	4.3	10.9	5.2	1.41
Cheesy Bites (14")	1073	8	273	14.6	32	4.3	9.2	4.5	1.35
Gluten Free (9" Square)	417	6	149	4.7	21	2.6	4.7	1.7	0.65
Farmhouse		T -							I
Individual Pan (9")	439	6	162	7.6	18	0.9	6.4	2.0	0.78
Sharing Pan (13")	884	8	242	11	29	1.3	8.9	2.7	1.1
Individual Handcrafted (11")	437	6	142	7.4	18	1.6	4.1	1.7	0.85
Sharing Handcrafted (14")	778	8	183	9.6	24	2.1	5.2	2.2	1.1
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	433	6	139	7.3	18	1.5	4.0	1.7	0.77
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	772	8	180	10	23	2.1	5.1	2.2	1.0
Individual Stuffed Crust (11")	589	6	219	12	23	2.1	8.4	4.2	1.1
Individual Stuffed Crust (11")	623	6	219	13	23	2.1	11	5.1	1.1
Sharing Stuffed Crust (14")	986	8	245	14	30	2.1	9.1	4.5	1.3
Sharing Pepperoni Stuffed Crust (14")	1027	8	285	15	30	2.8	9.1	5.3	1.5
Cheesy Bites (14")	986	8	285	14	30	2.8	9.1	4.5	1.3
Gluten Free (9" Square)	390	6	145	4.9	20	1.7	4.8	1.7	0.72
Hot Honey Pepperoni Feast	230	0	145	4.9	20	1./	4.8	1./	0.72
*	442		102	7.3	20	2.0	0.0	3.0	0.03
ndividual Pan (9")	443 870	6	193	7.2	20	2.9	9.0	2.6	0.92
Sharing Pan (13")	879	8	280	11	31	3.3	12	3.5	1.3
Individual Handcrafted (11")	441	6	172	7.0	20	3.5	6.7	2.3	1.00
Sharing Handcrafted (14")	773	8	220	9.1	26	4.1	8.6	3.0	1.3
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	437	6	169	7.0	20	3.5	6.6	2.3	0.92
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	767	8	217	9.1	25	4.1	8.5	2.9	1.2
Individual Stuffed Crust (11")	593	6	249	12	25	4.0	11.0	4.8	1.2
Individual Pepperoni Stuffed Crust (11")	627	6	276	13	25	4.0	13	5.7	1.4
Sharing Stuffed Crust (14")	981	8	298						
	1022	8	322	14	32	4.8	13	5.3	1.5
Sharing Pepperoni Stuffed Crust (14") Chaosy Ritos (14")		+		15	32	4.8	15	6.1	1.7
Cheesy Bites (14")	981	8	298	14	32	4.8	13	5.3	1.5

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	Weight of	Number of	Energy per Slice	Protein per	Carbohydra te	Sugar per Slice	Fat per Slice (g)	Saturate d Fat	Salt per Slice(g)
	Pizza (g)	Slices per Pizza	(kcal)	Slice (g)	per Slice (g)	(g)		per Slice (g)	,,
Beef Burger		1			I				I
Individual Pan (9")	510	6	208	8.0	19	1.9	10.7	3.1	0.91
Sharing Pan (13")	1029	8	299	11.9	30	2.6	14.1	4.2	1.32
Individual Handcrafted (11")	508	6	189	7.9	20	2.4	8.5	3.0	0.99
Sharing Handcrafted (14")	923	8	243	10.7	26	3.2	10.5	4.0	1.30
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	504	6	187	7.9	19	2.3	8.4	3.0	0.91
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	917	8	240	10.6	25	3.2	10.4	3.9	1.21
Individual Stuffed Crust (11")	660	6	266	12.6	25	2.9	12.8	5.5	1.21
Individual Pepperoni Stuffed Crust (11")	683	6	284	13.3	25	2.9	14.4	6.1	1.35
Sharing Stuffed Crust (14")	1131	8	321	15.4	32	3.9	14.4	6.3	1.50
Sharing Pepperoni Stuffed Crust (14")	1165	8	341	16.2	32	3.9	16.2	7.0	1.65
Cheesy Bites (14")	1137	8	324	15.4	32	4.0	14.5	6.3	1.59
Gluten Free (9" Square)	461	6	193	5.4	21	2.5	9.2	3.0	0.85
Breaded Chicken Burger					1				
Individual Pan (9")	551	6	219	9.0	21	1.8	10.7	2.9	0.93
Sharing Pan (13")	1067	8	304	12.5	32	2.5	13.6	3.8	1.31
Individual Handcrafted (11")	549	6	201	8.9	21	2.3	8.6	2.8	1.02
Sharing Handcrafted (14")	961	8	248	11.2	28	3.1	10.0	3.5	1.29
Individual Handcrafted (11") WITHOUT Garlic									
Sprinkle	545	6	198	8.8	21	2.3	8.5	2.8	0.94
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	955	8	245	11.2	27	3.0	9.9	3.5	1.20
Individual Stuffed Crust (11")	701	6	278	13.6	26	2.8	12.9	5.3	1.24
Individual Pepperoni Stuffed Crust (11")	724	6	296	14.3	26	2.9	14.5	5.9	1.38
Sharing Stuffed Crust (14")	1169	8	326	15.9	33	3.8	13.9	5.8	1.49
Sharing Pepperoni Stuffed Crust (14")	1203	8	346	16.7	34	3.8	15.7	6.5	1.64
Cheesy Bites (14")	1175	8	329	16.0	34	3.8	14.0	5.9	1.58
Veggie Burger					T				i e
Individual Pan (9")	502	6	196	7.2	19	1.8	9.9	2.8	0.84
Sharing Pan (13")	1012	8	278	10.4	30	2.5	12.7	3.6	1.20
Individual Handcrafted (11")	500	6	178	7.0	20	2.3	7.7	2.6	0.92
Sharing Handcrafted (14")	906	8	222	9.1	25	3.1	9.1	3.3	1.18
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	496	6	175	7.0	19	2.2	7.6	2.6	0.84
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	900	8	219	9.1	25	3.0	9.0	3.3	1.09
Individual Stuffed Crust (11")	652	6	254	11.7	24	2.8	12.0	5.1	1.14
Individual Pepperoni Stuffed Crust (11")	675	6	272	12.5	24	2.8	13.6	5.7	1.28
Sharing Stuffed Crust (14")	1114	8	300	13.8	31	3.7	13.0	5.6	1.38
Sharing Pepperoni Stuffed Crust (14")	1148	8	320	14.7	31	3.7	14.8	6.3	1.53
Cheesy Bites (14")	1120	8	303	13.9	32	3.8	13.1	5.7	1.47
Gluten Free (9" Square)	453	6	181	4.6	21	2.4	8.4	2.6	0.78
Cholula® Chicken Sizzler									
Individual Pan (9")	515	6	165	7.3	19	1.8	6.3	1.8	1.03
Sharing Pan (13")	1033	8	247	10.9	30	2.8	8.8	2.4	1.42
Individual Handcrafted (11")	513	6	147	7.2	20	2.3	4.1	1.7	1.11
Sharing Handcrafted (14")	929	8	192	9.6	26	3.4	5.2	2.2	1.40
Individual Handcrafted (11") WITHOUT Garlic									
Sprinkle	509	6	144	7.1	19	2.3	4.0	1.7	1.03
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	923	8	189	9.6	25	3.4	5.1	2.2	1.31
Individual Stuffed Crust (11")	665	6	223	11.9	24	2.8	8.4	4.2	1.33
Individual Pepperoni Stuffed Crust (11")	699	6	254	12.9	26	3.6	10.9	5.2	1.56
Sharing Stuffed Crust (14")	1135	8	273	14.6	31	4.1	9.8	4.9	1.61
Sharing Pepperoni Stuffed Crust (14")	1176	8	300	15.2	34	5.2	11.4	5.4	1.83
Cheesy Bites (14")	1135	8	270	14.3	32	4.1	9.1	4.5	1.59
Gluten Free (9" Square)	466	6	150	4.7	21	2.5	4.8	1.7	0.97
Cholula® Cauliflower Sizzler									
Individual Pan (9")	515	6	163	6.2	19	1.9	6.6	1.8	1.04
Sharing Pan (13")	1033	8	244	9.2	30	2.8	9.2	2.4	1.44
Individual Handcrafted (11")	513	6	144	6.0	20	2.4	4.4	1.7	1.12
Sharing Handcrafted (14")	929	8	189	7.9	26	3.5	5.6	2.2	1.42
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	509	6	142	6.0	19	2.3	4.3	1.7	1.04
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	923	8	186	7.8	25	3.4	5.5	2.2	1.33
Individual Stuffed Crust (11")	665	6	221	10.7	24	2.9	8.7	4.2	1.35
Individual Pepperoni Stuffed Crust (11")	699	6	252	11.7	26	3.6	11.2	5.2	1.58
Charina Chaffed Crast (4.41)	1135	8	270	12.8	31	4.1	10.2	4.9	1.63
Sharing Stuffed Crust (14")									
Sharing Pepperoni Stuffed Crust (14")	1176	8	297	13.5	33	5.3	11.8	5.4	1.85
				13.5 12.6 3.6		5.3 4.1 2.5	11.8 9.5 5.0	5.4 4.5 1.7	1.85 1.62 0.99

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The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only.

	Weight of		Energy per Slice	Protein per	Carbohydrate	Sugar per Slice (g)	Fat per Slice (g)	Saturated Fat	Salt per Slice(g
	Pizza (g)	per Pizza	(kcal)	Slice (g)	per Slice (g)		(8)	per Slice (g)	
NEW Brie, Bacon & Cranberry		1	T		T	T	1		T
Individual Pan (9")	508	6	234	9.6	20	2.4	12.0	4.3	0.93
Sharing Pan (13")	956	8	322	13.0	30	2.5	15.6	5.4	1.25
Individual Handcrafted (11")	502	6	213	9.4	20	2.8	9.7	4.1	0.93
Sharing Handcrafted (14")	844	8	263	11.6	25	3.1	11.9	5.1	1.14
Individual Stuffed Crust (11")	648	6 8	284	14.1	25	3.4	13.2 15.0	6.3 7.2	1.21
Sharing Stuffed Crust (14")	1046	8	336	16.4	32	3.8		7.2	1.41
Cheesy Bites (14") NEW Brie & Cranberry	1046	0	336	16.4	32	3.8	15.0	1.2	1.41
Individual Pan (9")	483	6	218	8.6	20	2.2	10.8	3.8	0.82
Sharing Pan (13")	921	8	305	12.0	30	2.4	14.2	4.9	1.13
Individual Handcrafted (11")	477	6	197	8.4	20	2.7	8.5	3.7	0.82
Sharing Handcrafted (14")	809	8	246	10.6	25	2.9	10.5	4.7	1.02
Individual Stuffed Crust (11")	623	6	268	13.1	25	3.2	11.9	5.9	1.10
Sharing Stuffed Crust (14")	1011	8	320	15.4	31	3.6	13.7	6.7	1.29
Cheesy Bites (14")	1011	8	320	15.4	31	3.6	13.7	6.7	1.29
NEW Festive Feast	<u>'</u>	'	<u>'</u>			<u>'</u>			
Individual Pan (9")	515	6	217	9.4	21	2.2	10.6	3.5	0.87
Sharing Pan (13")	986	8	305	13.6	31	2.3	13.9	4.6	1.19
Individual Handcrafted (11")	509	6	196	9.3	21	2.6	8.3	3.4	0.87
Sharing Handcrafted (14")	874	8	246	12.2	26	2.9	10.2	4.3	1.08
Individual Stuffed Crust (11")	655	6	267	14.0	26	3.2	11.8	5.6	1.15
Sharing Stuffed Crust (14")	1076	8	319	17.0	32	3.6	13.3	6.4	1.34
Cheesy Bites (14")	1076	8	319	17.0	32	3.6	13.3	6.4	1.34
NEW Posh Margherita									
Individual Pan (9")	422	6	175	6.1	19	1.7	7.9	2.0	0.78
Sharing Pan (13")	821	8	253	9.0	30	2.2	10.5	2.7	1.08
Individual Handcrafted (11")	420	6	156	6.0	20	2.2	5.7	1.9	0.86
Sharing Handcrafted (14")	717	8	198	7.7	25	2.9	6.9	2.4	1.06
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	416	6	154	5.9	19	2.2	5.6	1.9	0.78
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	711	8	195	7.7	25	2.8	6.8	2.4	0.97
Individual Stuffed Crust (11")	572	6	237	10.6	26	3.5	10.0	4.4	1.13
Sharing Stuffed Crust (14")	923	8	275	12.4	31	3.5	10.8	4.7	1.25
Cheesy Bites (14")	923	8	275	12.4	31	3.5	10.8	4.7	1.25
Gluten Free (9" Square)	373	6	160	3.5	21	2.4	6.4	1.9	0.72
NEW Chicken Pesto	452		404	7.4	10	4.7	0.0	2.4	0.04
Individual Pan (9") Sharing Pan (13")	453 893	8	181 264	7.4	19 30	2.2	8.0 10.6	2.1	0.81
Individual Handcrafted (11")	451	6	162	7.3	20	2.2	5.8	1.9	0.89
Sharing Handcrafted (14")	789	8	209	10.0	25	2.9	7.1	2.5	1.11
Individual Handcrafted (11")									
WITHOUT Garlic Sprinkle Sharing Handcrafted (14")	447	6	160	7.2	19	2.2	5.7	1.9	0.81
WITHOUT Garlic Sprinkle	783	8	206	9.9	25	2.8	7.0	2.4	1.02
Individual Stuffed Crust (11")	603	6 8	243	11.9	26	3.5	10.0	4.4	1.16
Sharing Stuffed Crust (14")	995		286	14.6	31	3.5	10.9	4.8	1.31
Cheesy Bites (14") Gluten Free (9" Square)	995	8	286 166	14.6 4.8	31 21	3.5 2.4	10.9 6.4	4.8 1.9	1.31 0.75
Vegan Pizzas	404	0	100	4.0	21	2.4	0.4	1.9	0.73
Vegan Margherita									
Individual Pan (9")	380	6	163	4.0	20	0.6	7.1	3.6	0.68
Sharing Pan (13")	732	8	231	6.3	31	0.6	8.8	3.8	0.68
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	374	6	140	3.7	20	1.2	4.7	3.2	0.68
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	620	8	169	4.8	25	1.6	5.0	3.3	0.84
Gluten Free (9" Square)	331	6	146	1.3	22	1.3	5.5	3.2	0.65
Vegan Veggie									
Individual Pan (9")	476	6	158	4.3	21	1.3	6.1	2.6	0.61
Sharing Pan (13")	1013	8	245	6.9	33	2.1	9.1	3.9	0.94
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	470	6	135	4.0	21	1.9	3.8	2.2	0.59
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	901	8	183	5.4	28	2.8	5.3	3.3	0.84
Gluten Free (9" Square)	427	6	141	1.6	22	2.1	4.5	2.3	0.55
Vegan Veggie Supreme									
Individual Pan (9")	481	6	157	4.2	20	1.2	6.4	2.4	0.60
Sharing Pan (13")	1005	8	240	6.7	32	2.0	9.2	3.6	0.92
Individual Handcrafted (11") WITHOUT Garlic	475	6	134	3.9	20	1.8	4.1	2.1	0.60
Sprinkle					1				

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The below nutritional information for our menu is pro	ovided as a guide. All	our dishes are fin	ished by hand, the	erefore these are	approximate valu	ies only.			国級機能的
Sharing Handcrafted (14") WITHOUT Garlic	893	8	178	5.1	27	2.7	5.4	3.1	0.80
Sprinkle Cluton Erro (0" Square)	422		140		22	2.0	4.0	2.1	0.54
Gluten Free (9" Square)	432	6	140	1.5	22	2.0	4.8	2.1	0.54
Vegan Veggie Sizzler	1	_	I	I	I	Ι			
Individual Pan (9")	449	6	155	4.2	21	1.8	5.9	2.4	0.69
Sharing Pan (13")	942	8	240	6.7	33	2.9	8.7	3.6	1.07
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	443	6	132	3.9	21	2.4	3.5	2.1	0.68
Sharing Handcrafted (14")	020	0	470	F 4	20	2.6	4.0	2.0	0.05
WITHOUT Garlic Sprinkle	830	8	178	5.1	28	3.6	4.9	3.0	0.95
	Average Weight	Energy per	Protein per	Carbohydrate	Sugar per	Fat per	Saturated Fat	Salt per	
	of Portion (g)	Portion (kcal)	Portion (g)	per Portion (g)	Portion (g)	Portion (g)	per Portion (g)	Portion (g)	
Flatbreads									
Chicken Delight Flatbread	289	499	27	60	6.0	19	5.5	1.9	
The Little G.O.A.T Flatbread	295	492	24	62	6.3	16	8	2.0	
Virtuous Veg Flatbread	301	439	20	60	6.7	12	5.2	2.7	
Vegan Virtuous Veg Flatbread	289	401	13	65	6.0	8.9	6.4	2.8	
BBQ Chicken 'N' Ham Flatbread	285	499	33	61	6.0	16	5.9	2.7	
Cholula® Chicken Sizzler	343	484	27	64	9.0	12	5.1	3.5	
Cholula® Cauliflower Sizzler	343	472	20	64	9.2	14	5.1	3.6	
Melts									
Pepperoni Melt	277	749	31	68	5.3	38	17	4.5	
Meat Feast Melt	312	771	37	70	6.1	38	16	4.9	
BBQ Chicken Melt	326	704	34	84	19	25	12	4.0	
Toasted 3 Cheese Melt	328	898	42	71	4.8	49	24	5.0	
Flatzz						,			
Duo pepperoni	333	828	36	86	7.0	37	13	4.7	
Triple Cheese	321	759	36	86	6.3	29	14	3.6	
Chicken Fajita	364	745	34	89	11	27	9	3.4	
Pesto Vegetable	362	733	30	91	10.9	27	10	3.8	
Mains	302	, 33		32	10.3		10	3.0	
Lasagne	416	552	29	43	11	29	13	2.9	
Classic Mac 'N' Cheese	460	811	38	86	10	38	22	3.8	
Olabolo Mae 14 Olicebe									
	Weight of Pizza (g)	Number of Slices per Pizza	Energy per Slice (kcal)	Protein per Slice (g)	Carbohydrate per Slice (g)	Sugar per Slice (g)	Fat per Slice (g)	Saturate d Fat per Slice (g)	Salt per Slice(g)
Buffet Pizzas	1 10	· ·	. , ,		1 107	1.07		1 107	
Margherita									
Individual Pan (9")	398	6	169	7.0	18	0.9	7.4	2.7	0.64
Sharing Pan (13")	796	8	250	10	29	1.3	10	3.5	0.96
Individual Handcrafted (11")	394	6	149	6.8	18	1.6	5.1	2.3	0.71
	334		149	0.8	10	1.0	5.1	2.5	0.71
Pepperoni	400		101	7.2	10	0.8	0.7	2.0	0.77
Individual Pan (9")	400	6	181	7.2	18	0.8	8.7	2.9	0.77
Sharing Pan (13")	810	8	272	11	29	1.2	12	4.1	1.2
Individual Handcrafted (11")	398	6	161	6.9	18	1.5	6.4	2.6	0.84
BBQ Americano	500		101			T			0.00
Individual Pan (9")	508	6	191	9.4	21	2.4	7.5	2.7	0.79
Sharing Pan (13")	1054	8	289	14.6	33	3.7	10.5	3.6	1.20
Individual Handcrafted (11")	499	6	168	9.6	21	2.1	4.8	2.0	0.90
Veggie		_			I	1			
Individual Pan (9")	488	6	162	6.4	19	1.5	6.3	2.0	0.58
Sharing Pan (13")	1019	8	275	10.7	35	2.7	10.0	3.5	1.00
Individual Handcrafted (11")	486	6	141	6.1	19	2.1	4.0	1.7	0.64
	Weight of	Number of Slices		Protein per	Carbohydrate	Sugar per Slice (g)	Fat per Slice (g)	Saturated Fat	Salt per Slice(g)
v	Pizza (g)	per Pizza	(kcal)	Slice (g)	per Slice (g)	. 107		per Slice (g)	
Veggie Hot									
Individual Pan (9")	471	6	157	6.1	19	1.4	6.2	2.0	0.68
Sharing Pan (13")	977	8	236	9.2	30	2.1	8.7	2.7	1.03
Individual Handcrafted (11")	465	6	134	5.8	18	1.9	3.8	1.6	0.68
Hawaiian									
Individual Pan (9")	456	6	166	7.6	19	1.7	6.4	2.0	0.77
Sharing Pan (13")	936	8	249	11	30	2.8	9.0	2.7	1.2
Individual Handcrafted (11")	454	6	158	7.6	21	2.6	4.6	1.8	1.2
Classic Chicken									
Individual Pan (9")	463	6	162	7.4	19	1.2	6.3	2.0	0.59
Sharing Pan (13")	965	8	245	11.4	29	1.8	8.8	2.7	0.89
Individual Handcrafted (11")	457	6	139	7.1	18	1.8	3.9	1.6	0.57
Spicy Chicken									
Individual Pan (9")	461	6	161	7.2	19	1.2	6.3	2.0	0.70
Sharing Pan (13")	948	8	242	10.8	29	1.8	8.8	2.7	1.06
Individual Handcrafted (11")	458	6	142	7.2	20	1.3	3.6	1.7	0.82
Three Cheese & Caramelised Onion			·						<u> </u>
Individual Pan (9")	458	6	183	7.2	21	3.4	7.7	2.8	0.66
Sharing Pan (13")	936	8	274	10.5	33	5.6	10.6	3.7	0.98
Individual Handcrafted (11")	452	6	160	6.9	20	3.9	5.3	2.4	0.65
	774		1 100	0.5			J.J	4.7	0.03

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Beau Personal Property Beau Personal Property Beau Personal Property Beau Personal Property Beau Personal Property Beau Personal Property Beau Personal Property Beau Personal P	The below fluthtional information for our menu is provid	eu as a guide. All	our distres are firm	isiled by flarid, til	ereiore triese are	approximate valu	es only.			TELECORE AND A
Seming Print (TC)	BBQ Beef & Onion									
Information 100 10	Individual Pan (9")	429	6	173	6.9	20	2.4	7.0	2.3	0.70
Individual plant (17) 20 5 20 20 30 45 20 0.0 0.0	Sharing Pan (13")	870	8	261	10.5	32	3.3	10.0	3.3	1.04
Management Man		426	6	150	6.6	20	3.0	4.6	2.0	0.69
Mondation Roy 91										
Seary Puri (17)		517	6	184	7.5	21	3.0	7.8	3.0	0.67
Manufactor		+					 			
Peperal Spilory Yosigia		1	 							
Ministry Ministry		212	0	164	7.3	21	3.0	5.5	2.7	0.74
Seleng Part (159)		T	ı	I	T		I			I
Profession Pro		1								
The Specimen		 	+		+		 			+
Minimary 1997 1986	Individual Handcrafted (11")	461	6	197	8.8	18	1.5	9.6	3.7	1.1
Selection (Principate) 1966 8 298 12 31 48 13 53 51 10 10 10 10 10 10 10	The Spicy GOAT									
Production Profession Pro	Individual Pan (9")	498	6	204	8.5	21	3.8	9.2	3.8	0.74
Production Process P	Sharing Pan (13")	996	8	298	12	33	4.8	13	5.3	1.1
Marchage Part (17)	Individual Handcrafted (11")	496	6	183	8.3	21	4.4	6.9	3.5	0.8
Seneral (15)	Chicken & Bacon Club						,			
Samp Part (137)	Individual Pan (9")	530	6	226	9.1	20	1.5	12.2	3.7	0.81
Probability 1968 1968 1968 1968 1969 1969 1968 1969	• • • • • • • • • • • • • • • • • • • •	 		 			1			
Control Cont		 					<u> </u>			
Individual Part (PT)		320		200	0.0	40	4.4	9.3	J.4	0.5
Saming Pan (197)	•	F2F		246	0.6	20	3.4	44.4	2.0	0.04
Membra Mandreadmed (11*)					+					
Beef Burger	* ' '	1								
Manifact Part Par	<u> </u>	533	6	196	8.4	20	3.0	8.8	2.7	0.9
Sealing Pan (157)	-									
Month Amendame (117)	Individual Pan (9")	510	6	208	8.0	19	1.9	10.7	3.1	0.91
Method M	Sharing Pan (13")	1029	8	299	11.9	30	2.6	14.1	4.2	1.32
Individual Plan (P)	Individual Handcrafted (11")	508	6	189	7.9	20	2.4	8.5	3.0	0.99
Seming Pan (137)	Hot Honey Pepperoni Feast									
Marian M	Individual Pan (9")	443	6	193	7.2	20	2.9	9.0	2.6	0.92
Maring Pan (197)	Sharing Pan (13")	879	8	280	11	31	3.3	12	3.5	1.3
Mindround Mind		 	6	<u> </u>	+		 			1
Minimar Pari (17) Reference Refere	· · ·									
Sharing Pan (13')		414	6	165	6.7	10	1.2	6.2	2.1	0.67
Individual Handcrafted (117)		 					<u> </u>			
Production Pro		1	 		+					
Individual Pan (9") 515 6 165 73 19 18 63 18 103 135 136 136 136 136 136 136 136 136 137 137 136 137 137 136 137 1		412	6	146	6.5	19	1.9	4		0.75
Sharing Pan (13°) 1033 8 247 10.9 3.0 2.8 8.8 2.4 1.42 1.		T	I	I			1			ı
Individual Handcrafted (11") 513 6 147 7.2 20 2.3 4 2 1.11 Choulse Cauliflower Sizer	Individual Pan (9")	515	6	165	7.3	19	1.8	6.3	1.8	1.03
Probation Properties Prop	Sharing Pan (13")	1033	8	247	10.9	30	2.8	8.8	2.4	1.42
Individual Pan (9") 515 6	Individual Handcrafted (11")	513	6	147	7.2	20	2.3	4	2	1.11
Sharing Pan (13") 1033 8 244 9.2 30 2.8 9.2 2.4 1.44 1.7 1.12 1.13 1.14 1.14 1.14 1.15	Cholula® Cauliflower Sizzler									
Individual Handcrafted (117) 513 6 144 6.0 20 2.4 4.4 1.7 1.12 1.12 1.12 1.12 1.12 1.12 1.12 1.13 1	Individual Pan (9")	515	6	163	6.2	19	1.9	6.6	1.8	1.04
Posh Margherita Find Margh	Sharing Pan (13")	1033	8	244	9.2	30	2.8	9.2	2.4	1.44
Individual Pan (9")	Individual Handcrafted (11")	513	6	144	6.0	20	2.4	4.4	1.7	1.12
Individual Pan (9")	Posh Margherita	'		·			,	•		
Sharing Pan (13")		422	6	175	6.1	19	1.7	7.9	2.0	0.78
Individual Handcrafted (11*)		<u> </u>								1
Average weight of Portion (g) Protein per Portion (g) Protein per Portion (g) Protein per Portion (g) Protein (g) Protein per Portion (g) Protein (g) Prot										
Notifice Notifice	individual HandGalled (11.)									0./8
Buffet Pasta Sides										
Suffet Pasta Section	Portfold Colder	or Fortion (g)	rordon (KCdI)	rordon (g)	per rortion (g)	rordon (g)	rortion (g)	her corrion (8)	rortion (g)	
Tomato Pasta 82 100 2.3 12 2.9 4.6 0.6 0.34										
Four Cheese & Broccoli Pasta										
Garlic Breadsticks Garlic Breadsticks - Large 20.1 57 1.7 7.6 0 2.1 0.4 0.17 Garlic Breadsticks - Small 18.6 51 1.7 7.3 0 1.6 0.3 0.16 Cheesy Garlic Breadsticks Cheesy Garlic Breadsticks - Large 30.6 93 3.7 8.0 0.1 5.1 1.9 0.32 Cheesy Garlic Breadsticks - Large 30.6 93 3.7 8.0 0.1 5.1 1.9 0.32 Cheesy Garlic Breadsticks - Large 30.6 93 3.7 8.0 0.1 4.2 1.6 0.29 Mini & Mega Monster Par Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Thin Pizza Margherita 181 394 14 43 6.2 17 8.0 1.5 "Nutritionals do not include any choices made at the Salad Station. Main	Tomato Pasta	82	100	2.3	12	2.9	4.6	0.6	0.34	
Garlic Breadsticks - Large 20.1 57 1.7 7.6 0 2.1 0.4 0.17 Garlic Breadsticks - Small 18.6 51 1.7 7.3 0 1.6 0.3 0.16 Cheesy Garlic Breadsticks Cheesy Garlic Breadsticks - Large 30.6 93 3.7 8.0 0.1 5.1 1.9 0.32 Cheesy Garlic Breadsticks - Small 27.5 81 3.2 7.6 0.1 4.2 1.6 0.29 Mirit & Mega Monster Pan Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Thin Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Gluten Free Margherita 181 394 14 43 6.2 17 8.0 1.5 **Nutritionals do not include any choices made at the Salad Station. **Mains Chicken 'N' Fries 230 395 <td< td=""><td>Four Cheese & Broccoli Pasta</td><td>97</td><td>105</td><td>4.2</td><td>11</td><td>2.6</td><td>4.6</td><td>2.4</td><td>0.61</td><td></td></td<>	Four Cheese & Broccoli Pasta	97	105	4.2	11	2.6	4.6	2.4	0.61	
Garlic Breadsticks - Small 18.6 51 1.7 7.3 0 1.6 0.3 0.16 Cheesy Garlic Breadsticks - Large 30.6 93 3.7 8.0 0.1 5.1 1.9 0.32 Cheesy Garlic Breadsticks - Small 27.5 81 3.2 7.6 0.1 4.2 1.6 0.29 Mini & Mega Monster Pan Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Thin Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Gluten Free Margherita 181 394 14 43 6.2 17 8.0 1.5 "Nutritionals do not include any choices made at the Salad Station. Mains Chicken 'N' Fries 230 395 21.0 37 0.7 17 4.0 2.2 Mac 'N' Cheese 230 406 19 43 5.0 19 11	Garlic Breadsticks									
Garlic Breadsticks - Small 18.6 51 1.7 7.3 0 1.6 0.3 0.16 Cheesy Garlic Breadsticks - Large 30.6 93 3.7 8.0 0.1 5.1 1.9 0.32 Cheesy Garlic Breadsticks - Small 27.5 81 3.2 7.6 0.1 4.2 1.6 0.29 Mini & Mega Monster Pan Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Thin Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Gluten Free Margherita 181 394 14 43 6.2 17 8.0 1.5 *Nutritionals do not include any choices made at the Salad Station. Mains Chicken 'N' Fries 230 395 21.0 37 0.7 17 4.0 2.2 Mac 'N' Cheese 230 406 19 43 5.0 19 11 1.9	Garlic Breadsticks - Large	20.1	57	1.7	7.6	0	2.1	0.4	0.17	
Cheesy Garlic Breadsticks Cheesy Garlic Breadsticks - Large 30.6 93 3.7 8.0 0.1 5.1 1.9 0.32 Cheesy Garlic Breadsticks - Small 27.5 81 3.2 7.6 0.1 4.2 1.6 0.29 Mini & Mega Monster Pan Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Thin Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Gluten Free Margherita 181 394 14 43 6.2 17 8.0 1.5 *Nutritionals do not include any choices made at the Salad Station. Mains Chicken 'N' Fries 230 395 21.0 37 0.7 17 4.0 2.2 Mac 'N' Cheese 230 406 19 43 5.0 19 11 1.9 Spaghetti Bolognese 250 198 13 28 5.8 3.3 1.3 0.6 Sides <td>Garlic Breadsticks - Small</td> <td>18.6</td> <td>51</td> <td>1.7</td> <td>7.3</td> <td>0</td> <td>1.6</td> <td>0.3</td> <td>0.16</td> <td></td>	Garlic Breadsticks - Small	18.6	51	1.7	7.3	0	1.6	0.3	0.16	
Cheesy Garlic Breadsticks - Large 30.6 93 3.7 8.0 0.1 5.1 1.9 0.32 Cheesy Garlic Breadsticks - Small 27.5 81 3.2 7.6 0.1 4.2 1.6 0.29 Mini & Mega Monster Pan Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Thin Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Gluten Free Margherita 181 394 14 43 6.2 17 8.0 1.5 *Nutritionals do not include any choices made at the Salad Station. Mains Chicken 'N' Fries 230 395 21.0 37 0.7 17 4.0 2.2 Mac 'N' Cheese 230 406 19 43 5.0 19 11 1.9 Spaghetti Bolognese 250 198 13 28 5.8 3.3 1.3 0.6 Sides										
Cheesy Garlic Breadsticks - Small 27.5 81 3.2 7.6 0.1 4.2 1.6 0.29 Mini & Mega Monster Pan Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Thin Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Gluten Free Margherita 181 394 14 43 6.2 17 8.0 1.5 *Nutritionals do not include any choices made at the Salad Station. Mains Chicken 'N' Fries 230 395 21.0 37 0.7 17 4.0 2.2 Mac 'N' Cheese 230 406 19 43 5.0 19 11 1.9 Spaghetti Bolognese 250 198 13 28 5.8 3.3 1.3 0.6 Sides	•	30.6	93	3.7	8.0	0.1	5.1	1.9	0.32	
Mini & Mega Monster Pan Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Thin Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Gluten Free Margherita 181 394 14 43 6.2 17 8.0 1.5 *Nutritionals do not include any choices made at the Salad Station. Mains Chicken 'N' Fries 230 395 21.0 37 0.7 17 4.0 2.2 Mac 'N' Cheese 230 406 19 43 5.0 19 11 1.9 Spaghetti Bolognese 250 198 13 28 5.8 3.3 1.3 0.6 Sides		1								
Pan Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Thin Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Gluten Free Margherita 181 394 14 43 6.2 17 8.0 1.5 "Nutritionals do not include any choices made at the Salad Station. Mains Chicken 'N' Fries 230 395 21.0 37 0.7 17 4.0 2.2 Mac 'N' Cheese 230 406 19 43 5.0 19 11 1.9 Spaghetti Bolognese 250 198 13 28 5.8 3.3 1.3 0.6 Sides Fries 125 209 2.8 28 0.6 9.3 1.1 1.3	·	27.3	01	3.4	7.0	0.1	4.2	1.0	0.23	
Thin Pizza Margherita 206 448 20 57 3.1 15 5.5 1.7 Gluten Free Margherita 181 394 14 43 6.2 17 8.0 1.5 *Nutritionals do not include any choices made at the Salad Station. Mains Chicken 'N' Fries 230 395 21.0 37 0.7 17 4.0 2.2 Mac 'N' Cheese 230 406 19 43 5.0 19 11 1.9 Spaghetti Bolognese 250 198 13 28 5.8 3.3 1.3 0.6 Sides Fries 125 209 2.8 28 0.6 9.3 1.1 1.3		300	440	20	57	2.1	15		17	
Gluten Free Margherita 181 394 14 43 6.2 17 8.0 1.5 "Nutritionals do not include any choices made at the Salad Station. Mains Chicken 'N' Fries 230 395 21.0 37 0.7 17 4.0 2.2 Mac 'N' Cheese 230 406 19 43 5.0 19 11 1.9 Spaghetti Bolognese 250 198 13 28 5.8 3.3 1.3 0.6 Sides Fries 125 209 2.8 28 0.6 9.3 1.1 1.3		+								
*Nutritionals do not include any choices made at the Salad Station. Mains		1			+					
Mains Chicken 'N' Fries 230 395 21.0 37 0.7 17 4.0 2.2 Mac 'N' Cheese 230 406 19 43 5.0 19 11 1.9 Spaghetti Bolognese 250 198 13 28 5.8 3.3 1.3 0.6 Sides Fries 125 209 2.8 28 0.6 9.3 1.1 1.3			394	14	43	6.2	17	8.0	1.5	
Chicken 'N' Fries 230 395 21.0 37 0.7 17 4.0 2.2 Mac 'N' Cheese 230 406 19 43 5.0 19 11 1.9 Spaghetti Bolognese 250 198 13 28 5.8 3.3 1.3 0.6 Sides Fries 125 209 2.8 28 0.6 9.3 1.1 1.3	*Nutritionals do not include any choices made at the	Salad Station.								
Mac 'N' Cheese 230 406 19 43 5.0 19 11 1.9 Spaghetti Bolognese 250 198 13 28 5.8 3.3 1.3 0.6 Sides Fries 125 209 2.8 28 0.6 9.3 1.1 1.3	Mains									
Spaghetti Bolognese 250 198 13 28 5.8 3.3 1.3 0.6 Sides Fries 125 209 2.8 28 0.6 9.3 1.1 1.3	Chicken 'N' Fries	230	395	21.0	37	0.7	17	4.0	2.2	
Spaghetti Bolognese 250 198 13 28 5.8 3.3 1.3 0.6 Sides Fries 125 209 2.8 28 0.6 9.3 1.1 1.3	Mac 'N' Cheese	230	406	19	43	5.0	19	11	1.9	
Sides Fries 125 209 2.8 28 0.6 9.3 1.1 1.3		250	198	13	28	5.8	3.3	1.3	0.6	
Fries 125 209 2.8 28 0.6 9.3 1.1 1.3				`			·			
		125	209	2.8	28	0.6	93	1 1	13	
0.00 100 4.0 20 1.1 1.2 2.2 0.43		 	 		+		 			
	Out the Disease	1 30	100	4.3		1./	1.2	4.4	0.43	<u> </u>

Take Away Mini Donuts with Raspberry Sauce

Chilly Billy Blackcurrant & Apple Ice Lolly

Additional Chocolate Sauce

Additional Salted Caramel Sauce

Additional Take Away Vanilla Ice Cream Tub Additional Scoop Vanilla Ice cream

128

80

65

86

15

15

500

30

118

141

48

37

FOOD ALLERGIES

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your

	-			erefore these are					
Onion Rings	79	169	2.8	23	3.5	7.4	0.9	0.71	
Mini Corn on the Cob	66	96	2.6	12	7.1	3.0	0.4	0	
Drinks									
Semi Skimmed Milk	225	101	7.9	10	10	3.4	2.0	0.25	
Kids Orange Juice	230	94	1.6	21	21	0	0	0	
Kids Apple Juice	230	104	0	25	25	0	0	0	
Robinsons Squash - Orange	230	2	0	0	0	0	0	0.05	
Robinsons Squash - Apple & Blackcurrant	230	5	0	0	0	0	0	0.07	
Desserts	250						, and the second	0.07	
Chilly Billy Blackcurrant & Apple Ice Lolly	80	30	0.2	7.6	7.6	0.1	<0.1	0	
Kids Chocolate Brownie		404				20			
	145		5.4	50	43		9.3	0.11	
Kids Mini Donuts with Chocolate Sauce	91	310	2.7	52	31.9	10	4.4	0.2	
Kids Mini Donuts with Raspberry Sauce	91	294	2.3	51	30.5	9	4.0	0.2	
Ice Cream Factory									
Our Food Team have worked hard to develop the per	fect recipe for yo	our Ice Cream Cre	eation! The follow	ing nutritional inf	formation is base	d on our recomn	nended portions.		
Kids Ice Cream Factory									
Typical portion Ice Cream	129	151	4.3	18	17	6.6	4.6	0.27	
Typical portion Choc Sauce	8	24	0.1	5.4	4.5	0.2	0.1	0	
Toppings(3)	22	99	0.8	17	16	3.6	2.2	0.10	
TOTAL	159	274	5.2	40	38	10	7.0	0.37	
Adults Ice Cream Builder									
Typical portion Ice Cream	221	259	7.3	31	31	29	8.0	0.46	
Typical portion Choc Sauce	8	24	0.1	5.4	4.5	0.2	0.1	0	
Toppings(3)	22	99	0.8	17	16	3.6	2.2	0.10	
TOTAL	251		8.2	54	52	33	10		
	231	382	0.2	34	32	33	10	0.56	
Per 100g	I								
ce Cream Builder Ice Cream		117	3.3	14	13	5.1	3.6	0.21	
Raspberry Sauce		249	0.1	62	43	0.4	0.2	0.04	
Chocolate Sauce		297	1.4	67	56	2.6	1.6	0.03	
Bubblegum Sauce		290	0.0	72	50	0.0	0.0	0.01	
Strawberry Crunch		397	0	98	98	1.7	1.6	0	
Milk Chocolate Chips		523	6.7	60	59	28	17	0.17	
Mixed Chocolate Chips		530	3.8	64	62	28	21	0.12	
Milk Chocolate Beans		464	2.5	76	75	16	9.8	0.10	
Gold Stars		437	1.1	84	79	10	6.4	0.10	
Mixed Coloured Stars		421	0.3	93	83	5.1	2.6	0.01	
Mixed Chocolate Chunks		539	6.3	59	57	30.4	18.6	0.12	
Marshmallows		323	0.5	79	71	0.5	0.1	0.12	
Gold Fudge		399	1.5	71	60	12.2	6.3	0.02	
-	room 9 drizzlo			/1	00	12.2	0.5	0.02	
Hot Cookie Dough (served with a scoop of ice o			Ì			0.5			
White Chocolate & Caramel Cookie Dough	196	609	6.7	89	60	25	14	1.1	
Chocolate Chip Cookie Dough	196	628	7.9	88	55	27	15	1.1	
Loaded Cookie Dough made with KitKat®	201	675	7.3	86	57	32	16	0.75	
Loaded Cookie Dough made with Rolo®	212	690	8.2	97	66	30	17	1.2	
S'mores Cookie Dough	222	713	7.9	107	72.9	27	14.1	0.7	
Takeaway Cookie Dough (Served with Take Awa	y Ice Cream Tu	b & a Drizzle o	f Sauce)						
White Chocolate & Caramel Cookie Dough	175	586	6.8	83	53	25	14	1.1	
Chocolate Chip Cookie Dough	175	604	7.9	82	48	27	15	1.1	
Loaded Cookie Dough made with KitKat®	163	594	6.2	76	46	28	14	0.78	
Loaded Cookie Dough made with Rolo®	178	615	7.2	88	56	26	15	1.23	
S'mores Cookie Dough	181	648	6.7	98	64.1	24	12.7	0.8	
Desserts									
Can't Believe Its Not Cheesecake	107	468	2.9	48	25	30	12	0.57	
So Scoffable Biscoff® Cheesecake & Ice Cream	208	645	5.4	74	51	36	15	0.81	
Hot Chocolate Brownie (served with ice cream	189	618	7.9	72	62	36	15	3.00	
& sauce) Take Away Hot Chocolate Brownie (served with ice	168	595	7.9	66	56	33	15	0.20	
cream & sauce) Vini Donuts with Chocolate Sauce	131	479	5.0	72	40.8	19	8.3	0.3	
Mini Donuts with Raspberry Sauce	131	462	4.5	71	39.5	18	8.0	0.3	
Take Away Mini Donuts with Chocolate Sauce	128	507	6.1	66	33.0	24	10.7	0.4	

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