Dietary Information Booklet

Please ask to speak with a manager if you need any further guidance

At Pizza Hut Restaurants, we offer a range of food and dining options to cater for your lifestyle choices - we call this 'Taste Freedom'. However, with freedom comes responsibility and your health and wellbeing is our number one priority.

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, with the exception of our gluten free dishes that contain 20ppm or less of gluten, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy. Finally please note due to the seriousness of allergies and food intolerances our restaurant teams will not be able to help select dishes.

If you, or anyone with you today, has a food allergy, please check this booklet for information on the 14 allergens and the full list of ingredients.

From time to time, suppliers and items on our menu will change and this can result in a change of ingredients and potentially allergens. Please check before each visit.

Allergy data in the table has been derived from specifications obtained from the suppliers of the products. We have taken all reasonable steps to ensure that this table is accurate at the time of publishing (October 2024).

The Nut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

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		T	ne 'e' indicate	es the	t the all	ergen	is cor	ntaine	d and	presen	t in this	item							eres
The 'o' means that this allergen is present in	the ma												k that this	allerger	n could c	ross-co	ontamin	ate the f	ood
The O means that this allergen is present if		Suitable		n y/Su	рріу спа	aiii, tiit	Eleiole	e our s	suppiii	ers belle	ve inere	: 15 a 11 5	K ulat ulis	allerger	i could c	1055-00	Jiitaiiiiii	ate the h	00u.
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs (contains less than 20ppm of gluten)	Wheat	Barley Barley	g glu &	Oats	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphites above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
Fries	Yes	No	No	•			Sides	Π		0	Ι	Ι	I	I		I	I		Π
Onion Rings	Yes	No	No																
Garlic Bread				•						0									
	Yes	No	No	•				0		0									
Garlic Bread with Cheese	Yes	No	No	•				0		•									
Mozzarella Sticks with a Sweet Chilli dip	Yes	No	No	•				0		•						0			
Cheesy Triangles with a Sweet Chilli dip	Yes	No	No	•						•									
Cheesy Triangles with a Cranberry dip	Yes	No	No	•						•									
Halloumi Fries with a Sweet Chilli dip	Yes	No	No	•						•									
Vegan Southern Fried Nuggets	Yes	Yes	No	•						0									
Mini Corn on the Cob	Yes	Yes	Yes					•		0									
Cheesy Bite Bites / Loaded Cheesy Bite Bites / Sweet Chilli Loaded Cheesy Bite Bites	Yes	No	No	•				•		•									
Pigs & Blanket Loaded Cheesy Bite Bites	No	No	No	•				•		•			•						
Loaded Bacon Cheesy Bite Bites	No	No	No	•				•		•									
Chicken Wings	No	No	Yes							0									
Chicken Bites	No	No	No	•				•		0									
Hot Honey Chicken Bites	No	No	No	•				•		0									
Hot Honey BBQ Chicken Wings	No	No	Yes							0									
					Di	ps &	Bits S	Statio	n										
Heinz BBQ Sauce	Yes	Yes	Yes																
Heinz Tomato Ketchup	Yes	Yes	Yes												•				
BBQ Sauce	Yes	Yes	Yes																
Tomato Ketchup	Yes	Yes	Yes																
Chilli Flakes	Yes	Yes	Yes																
					D)ine-i	n Dip	Pots							,			,	
Sour Cream	Yes	No	Yes						•	•						•			
Sweet Chilli	Yes	Yes	Yes							0									
Hot Honey	Yes	No	Yes							0									
Frank's RedHot®	Yes	Yes	No	0				0		0	0				0	0			
Cranberry	Yes	Yes	Yes							0									
		r			Та	keaw	ay Di	p Pot	S			1		Г	Т	1		ı	ı
Heinz Garlic Sauce Dip Pot	Yes	No	Yes					•	•						•	•			
Heinz BBQ Sauce Dip Pot	Yes	Yes	Yes																
Heinz Sweet Chilli	Yes	Yes	Yes																
							d Stat												
			1		Dre	ssed	Sala	d Lin	es										
Potato Salad	Yes	No	Yes						•							•			
Coleslaw	Yes	No	Yes						•							•	-		
Sweetcorn	Yes	Yes	Yes														-		
Diced Beetroot	Yes	Yes	Yes																
Jalapeños	Yes	Yes	Yes																L
					Fr	esh S	Salad	Line	S					ı					
Carrots, Cherry Tomatoes, Cucumbers, Lettuce Mix, Peppers, Red Onions, Spinach, Rocket	Yes	Yes	Yes																
						Drie	d Ite	ms											
Bacon Bits	Yes	Yes	No	•	•			•											
Croutons	Yes	Yes	No	•															
Tortilla Chips	Yes	Yes	Yes																
Crispy Onions	Yes	Yes	No	•															
Sultanas	Yes	Yes	Yes		<u></u>							<u> </u>				<u> </u>	<u> </u>		_
					D	ressi	ngs 8	Dips	3										
Thousand Island Dressing	Yes	Yes	Yes																
Blue Cheese Dressing	Yes	Yes	Yes																
Garlic Mayonnaise	Yes	Yes	Yes													•			
Light Mayonnaise	Yes	Yes	Yes																
Ranch Dressing	Yes	Yes	Yes										•			•			
Low Fat French Dressing	Yes	Yes	Yes										-			•	-		
Salsa	Yes	Yes	Yes							1					•			1	1

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due to risk of cross-contamination they may or	ontain da	airy.																回場	
		Th	ne '•' indicate	es tha	t the all	ergen	is cor	ntaine	d and	present	t in this i	tem.							
The 'o' means that this allergen is present in				ory/su	pply cha	ain, the	erefore	e our s	supplie	ers belie	ve there	is a ris	k that this	allerge	n could o	cross-co	ntamin	ate the f	ood.
Dish Name	Vegetarians	Vegans / pring Plant Based	Coeliacs (contains less than 20ppm of gluten)	Wheat	Barley Barley		Oats ne	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphites above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
						Pizza	Buil	lder											
						Pizz	a Bas	ses											
Original Pan	Yes	Yes	No	•	0	0	0	•		0									
NEW Handcrafted with Garlic Sprinkle NEW Handcrafted without Garlic Sprinkle	Yes	No Yes	No No	•	0	0	0	•		0									
Stuffed Crust	Yes	No	No	•	0	0	0	•		•									
Cheesy Bites	Yes	No	No	•	0	0	0	•		•									
Gluten Free	Yes	Yes	Yes							0									
Flatbread	Yes	Yes	No	•	0	0	0	•		0									
Unaccepted Toward					Pi	zza B	ase S	Sauce	S										
Unseasoned Tomato (used on Gluten Free, Flatbread, Kids Pizzas)	Yes	Yes	Yes							0									
Seasoned Tomato (used on Handcrafted, Original Pan, Stuffed Crust, Cheesy Bites)	Yes	Yes	Yes							0									
BBQ Sauce (For all Bases except Gluten Free)	Yes	Yes	No	•	•			•		0									
BBQ Sauce (Gluten Free) (Only for Gluten Free Pizza Bases)	Yes	Yes	Yes							0									
Mozzarella	Yes	No	Yes			C	hees	В		•									
Goats' Cheese	Yes	No	Yes							•									
Triple Cheese Blend	Yes	No	Yes							•									
Vegan Ch**se	Yes	Yes	Yes							0									
Castello Blue Cheese	Yes	No	Yes			<u></u>		_		•									
Chicken Breast	No	No	Yes			Pizza	lopp	oings					l	I	Τ	I	I		I
Ham	No	No	Yes							0									
Pepperoni	No	No	Yes							0						•			
Beef	No	No	Yes		<20ppm			•		0									
Bacon	No	No	Yes		- 17					0									
Cup 'n' Crisp Pepperoni	No	No	Yes					•		0						•			
Spicy Pork	No	No	Yes					•		0									
Spicy 'Nduja Pork Sausage	No No	No No	Yes No	•						0									
Black Olives	Yes	Yes	Yes	•						0			•						
Peppers	Yes	Yes	Yes							0									
Mushrooms	Yes	Yes	Yes							0									
Red Onions	Yes	Yes	Yes							0									
Caramelised Onions	Yes	Yes	Yes							0			•						
Sweetcorn Cherry Tomatoes	Yes	Yes	Yes Yes							0									
Pineapple	Yes	Yes	Yes							0									
Rocket	Yes	Yes	Yes							0									
Spinach	Yes	Yes	Yes							0									
Roquito® Chilli Peppers	Yes	Yes	Yes							0									
Jalapeños	Yes	Yes	Yes							0									
Green Chilli Go Extra Cheesy (Add Triple Cheese - a blend of Mozzarella, Monterey Jack and	Yes	Yes No	Yes Yes							0									
Red Leicester)	162	INU	165		Pi	zza di	rizzle	finis	h										
Garlic Spread	Yes	No	Yes							0									
Dried Parsley	Yes	Yes	Yes							0									
BBQ Drizzle (For all Bases except Gluten Free) BBQ Drizzle (Gluten Free)	Yes	Yes	No	•	•			•		0									
(Only for Gluten Free Pizzas)	Yes	Yes	Yes							0									
Sour Cream Drizzle	Yes	No	Yes						•	•						•			
Balsamic Drizzle	Yes	Yes	Yes	_				_		0			•		_	_			
Frank's RedHot® Drizzle Hot Honey Drizzle	Yes Yes	Yes No	No Yes	0				0		0	0				0	0			
Cranberry	Yes	Yes	Yes							0									
						-													

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ue to risk of cross-contamination they may o	ontain u	airy.		_		_	_		_			_				_			_
		Th	ne '•' indicat	es tha	at the all	ergen	is co ı	ntaine	d and	presen	t in this i	tem.							
The 'o' means that this allergen is present in	the ma	nufactur	ing site/facto	ory/su	pply cha	in, the	erefor	e our s	suppli	ers belie	ve there	is a ris	k that this	allerge	n could o	cross-co	ntamin	ate the f	ood.
		Suitable																	
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs (contains less than 20ppm of gluten)	Wheat	Barley Barley		Oats	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphites above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
Allergen Information for Pizza			binations											or in th	e hase	vou ha	ve cho	sen	
Pepperoni	No	No	Yes	IIICIU	UE FIZZ	a Das	563. 1	leas	5 366	• F122a 1	Dase se	CHOIL	and race	OI III (II	le base	you na	VE CITO	5611.	
(New Recipe) Pepperoni Feast	No	No	Yes					•		•						•			
Pepperoni & Spicy 'Nduja	No	No	Yes					•		•						•			
The Spicy G.O.A.T.	Yes	No	Yes							•						_			
Chicken & Bacon Club	No	No	No	•	•			•	•	•						•			
Chicken Fajita	No	No	Yes						•	•						•			
Hawaiian	No	No	Yes							•									
Chicken Supreme	No	No	Yes							•									
Meat Feast	No	No	Yes		•			•		•						•			
Suprama		No	Voo		<20ppm														
Supreme	No	No	Yes		<20ppm			•		•						•			
BBQ Americano	No	No	Yes				_	•		•									_
Margherita The G O A T	Yes	No	Yes							•									
The G.O.A.T.	Yes	No	Yes							•			•						
Veggie Supreme	Yes	No No	Yes Yes	_			_			•									
Veggie Sizzler Meat Feast Sizzler					•					_						_			
	No	No	Yes		<20ppm			•		•						•			
Farmhouse	No	No	Yes							•									
Pigs & Blanket	No	No	No	•						•			•						
Cheeseboard	Yes	No	Yes							•									
Vegan Margherita	Yes	Yes	Yes							0									
Vegan Veggie Supreme	Yes	Yes	Yes							0									
Vegan Veggie Sizzler	Yes	Yes	Yes							0									
			mbination	s (To	Т			unle	ss st	ated ot	herwise	on th	e menu)						1
Virtuous Veg Flatbread	Yes	No	No	•	0	0	0	•		•			•						
Vegan Virtuous Veg Flatbread	Yes	Yes	No	•	0	0	0	•		0			•						
Chicken Delight Flatbread	No	No	No	•	0	0	0	•	•	•			_			•			
The Little G.O.A.T. Flatbread				•	0	0	0			•			•						
	Yes	No	No No																
BBQ Chicken 'N' Ham Flatbread	Yes No	No	No No	•	0	0	0	•		•									
BBQ Chicken 'N' Ham Flatbread	No	No	No		0	N	O Melts	•											
				•			0	•		•						•			
BBQ Chicken 'N' Ham Flatbread Meat Feast Melt Pepperoni Melt	No	No	No		0	N	O Melts	•								•			
BBQ Chicken 'N' Ham Flatbread Meat Feast Melt	No No	No No	No No	•	O <20ppm	0	o Melts			•						_			
BBQ Chicken 'N' Ham Flatbread Meat Feast Melt Pepperoni Melt BBQ Chicken Melt	No No	No No	No No No	•	O <20ppm O	0	O Melts O	•		•						_			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce)	No No No	No No No	No No No	•	O <20ppm O	0 0	O Alelts O O	•		•						_			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt	No No No Yes	No No No No	No No No No	•	O <20ppm O	0 0	O Alelts O O	•		•						_			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in)	No No No No Yes Yes	No No No No No	No No No No No No	•	O <20ppm O	0 0 0	O Alelts O O	•		•						_			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in)	No No No No Yes Yes	No No No No No	No No No No No No	•	O <20ppm O	0 0 0	0 //elts 0 0 0 0 0	•		•						_			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce	No No No No Yes Yes Yes	No No No No No	No No No No No No No No No	•	<20ppm O O	o o o Bufff	o Melts o o o o	•		•						_			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce	No No No No Yes Yes Yes	No	No	•	O <20ppm O O O	O O O O O O O O O O O O O O O O O O O	O Alelts O O O	• • • • · · · · · · · · · · · · · · · ·		•						•			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni	No No No No Yes Yes Yes No	No	No	•	<20ppm O O O O O O O O O O O O O O O O O O	Bufff	O Alelts O O O	zza		•						•			
BBQ Chicken 'N' Ham Flatbread Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot	No No No No Yes Yes Yes No No Yes Yes	No N	No N	•	O <20ppm O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O O <td> N</td> <td>O Aelts O O O O O O O O O O O O O O O O O O O</td> <td>• • • • • • • • • • • • • • • • • • •</td> <td></td> <td>0 0</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>•</td> <td></td> <td></td> <td></td>	N	O Aelts O O O O O O O O O O O O O O O O O O O	• • • • • • • • • • • • • • • • • • •		0 0						•			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot Hawaiian	No No No No Yes Yes Yes No	No N	No N	•	O	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	O Aelts O O O O O O O O O O O O O O O O O O O	• • • • • • • • • • • • • • • • • • •		•						•			
BBQ Chicken 'N' Ham Flatbread Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot Hawaiian Classic Chicken	No No No No No No No Yes Yes No	No N	No N	•	O	N	O Aleits O O O O O O O O O O O O O O O O O O O	• • • • • • • • • • • • • • • • • • •								•			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot Hawaiian Classic Chicken Spicy Chicken	No No No No No No No No Yes Yes No	No N	No N	•	O O O O O O O O O O O O O O O O O O O	N	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	• • • • • • • • • • • • • • • • • • •								•			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot Hawaiian Classic Chicken Spicy Chicken Three Cheese & Caramelised Onion	No No No No No No Yes Yes No No No Yes No No Yes No No No No No Yes	No N	No N	•	O O O O O O O O O O O O O O O O O O O	N	0	• • • • • • • • • • • • • • • • • • •								•			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot Hawaiian Classic Chicken Spicy Chicken Three Cheese & Caramelised Onion BBQ Beef & Onion	No No No No No No No No Yes Yes No	No N	No N	•	O O O O O O O O O O O O O O O O O O O	N	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	• • • • • • • • • • • • • • • • • • •					•			•			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot Hawaiian Classic Chicken Spicy Chicken Three Cheese & Caramelised Onion BBQ Beef & Onion The G.O.A.T.	No No No No No No No Yes Yes No No No No Yes No No No Yes No No Yes	No N	No N	•	O	N	0	• • • • • • • • • • • • • • • • • • •					•			•			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot Hawaiian Classic Chicken Spicy Chicken Three Cheese & Caramelised Onion BBQ Beef & Onion The G.O.A.T. Chicken Feast	No No No No No No No Yes Yes No No No No Yes No No No No No No Yes No	No N	No N	•	O	Bufff	0 0 0 0 0 0 0 0 0 0 0 0 0	• • • • • • • • • • • • • • • • • • •								•			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot Hawaiian Classic Chicken Spicy Chicken Three Cheese & Caramelised Onion BBQ Beef & Onion The G.O.A.T. Chicken Feast Pepperoni & Spicy 'Nduja	No No No No No No No Yes Yes No No No Yes No	No N	No N	•	O O O O O O O O O O O O O O O O O O O	N	0 0 0 0 0 0 0 0 0 0 0 0 0	• • • • • • • • • • • • • • • • • • •								•			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot Hawaiian Classic Chicken Spicy Chicken Three Cheese & Caramelised Onion BBQ Beef & Onion The G.O.A.T. Chicken Feast Pepperoni & Spicy 'Nduja The Spicy G.O.A.T.	No No No No No No No Yes Yes No No No Yes No No No Yes No No Yes No No Yes No No Yes	No N	No N	•	O	N	O	• • • • • • • • • • • • • • • • • • •								•			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot Hawaiian Classic Chicken Spicy Chicken Three Cheese & Caramelised Onion BBQ Beef & Onion The G.O.A.T. Chicken Feast Pepperoni & Spicy 'Nduja The Spicy G.O.A.T. Chicken & Bacon Club	No No No No No No No No Yes Yes No No No Yes No No No Yes No No No Yes No	No N	No N	•	O	N	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0								•			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot Hawaiian Classic Chicken Spicy Chicken Three Cheese & Caramelised Onion BBQ Beef & Onion The G.O.A.T. Chicken Feast Pepperoni & Spicy 'Nduja The Spicy G.O.A.T. Chicken & Bacon Club Chicken Fajita	No No No No No No No No Yes Yes No No No Yes No No No Yes No No No Yes No	No N	No N		O	N	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	•				•			•			
Meat Feast Melt Pepperoni Melt BBQ Chicken Melt (served with BBQ sauce) Toasted Three Cheese Melt Fries (served with Melts for dine in) Marinara Sauce Margherita Pepperoni BBQ Americano Veggie Veggie Hot Hawaiian Classic Chicken Spicy Chicken Three Cheese & Caramelised Onion BBQ Beef & Onion The G.O.A.T. Chicken Feast Pepperoni & Spicy 'Nduja The Spicy G.O.A.T. Chicken & Bacon Club	No No No No No No No No Yes Yes No No No Yes No No No Yes No No No Yes No	No N	No N	•	O	N	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0 0								•			

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FOOD ALLERGIES

FOOD ALLERGIES
If you, or anyone with you today has a food allergy please ask a member of the team for our Allergen Guide, or scan the QR code for the full Dietary Information Booklet. We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy.



ue to risk of cross-contamination they may co	intaill ut	•	ie '•' indicate	es the	t the all	ergen	is co-	ntains	d and	nreconf	t in this	item							
The 'o' means that this allergen is present in	the ma												k that this	allerge	n could o	cross-c	ontamin	ate the f	food.
The Company distribution and got to proceed a		Suitable	for?	J. J. G.	ppij one	,	,, 0,0,,		зарра		10 111010			, anorgo					
Dish Name	Vegetarians	Vegans / Plant Based	Coeliacs (contains less than 20ppm of gluten)	Wheat 5	Parley Barley		Oats	Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphites above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
			-04			Buff	et Sic	des]	ш.								
Garlic Breadsticks	Yes	Yes	No	•	0	0	0	•		0									
Cheesy Garlic Breadsticks	Yes	No	No	•	0	0	0	•		•							—	<u> </u>	
Tomato Pasta	Yes	Yes	No	•				•		0					•		-	-	
Four Cheese & Broccoli Pasta	Yes	No	No	•		P	asta	•		•									
Lasagne	No	No	No	•	•		asia		•	•									П
Classic Mac 'N' Cheese	Yes	No	No	•	•				_	•						•			
					Min	i & M	ega N	Mons	ter										
				Pizza	(with u			d ton	nato										
Original Pan base Thin base	Yes Yes	Yes	No No	•	0	0	0	•		0							-		
Gluten Free base	Yes	Yes	Yes	•	0	0	0	•		0									
Mozzarella	Yes	No	Yes							•									
Vegan Ch**se	Yes	Yes	Yes							0									
Chicken Breast	No	No	Yes							0									
Ham	No	No	Yes							0									
Pepperoni	No	No	Yes							0						•	 	 	
Beef	No	No	Yes		<20ppm			•		0									
Bacon	No	No	Yes							0									
Spicy Pork	No	No	Yes					•		0									
Spicy 'Nduja	No	No	Yes							0			_				+	-	
Pork Sausage Black Olives	No Yes	No Yes	No Yes	•						0		_	•		-	-	+	+	
Peppers	Yes	Yes	Yes							0							+		
Mushrooms	Yes	Yes	Yes							0							1		
Red Onions	Yes	Yes	Yes							0									
Caramelised Onions	Yes	Yes	Yes							0			•						
Sweetcorn	Yes	Yes	Yes							0									
Cherry Tomatoes	Yes	Yes	Yes							0							<u> </u>	<u> </u>	
Pineapple	Yes	Yes	Yes							0							—		
Rocket	Yes	Yes	Yes							0							+	-	
Spinach Roquito® Chilli Peppers	Yes Yes	Yes	Yes Yes							0									
Jalapeños	Yes	Yes	Yes							0							_		
·						V	lains												
Spaghetti Bolognese	No	No	No	•	•					0									
Mac 'N' Cheese	Yes	No	No	•	•					•						•			
Chicken 'N' Fries	No	No	No	•				•		0					•		—	0	
/egan Southern Fried Nuggets 'N' Fries	Yes	No	No	•			ides			0									
Fries	Yes	No	No	•			iues			0							_		
Onion Rings	Yes	No	No	•						0							†	1	
Mini Corn on the Cob	Yes	Yes	Yes					•		0									
Garlic Bread	Yes	No	No	•				0		0									
			.			D	rinks	1											
Milk	Yes	No	Yes							•					-	-	-	-	
Apple Juice / Orange Juice Fruit Shoots - All Flavours	Yes Yes	Yes	Yes Yes	Refe	er direc	tly to t	he sı	Jpnlie	r - w/v	vw.fruits	hoot co	l m						Ь	
i iuit onoots - All i lavours	100	169	All fount			<u> </u>													
7UP Zero / Pepsi Max / Diet Pepsi	Yes	No	Yes	_									, 7UP - w	vww.7u _l	o.co.uk				
Tango Orange / Tango Apple	Yes	No	Yes	_						vw.tango									
Robinsons Squash - All flavours	Yes	Yes	Yes	Refe	er direc				r - wv	vw.robin	sonssq	uash.c	o.uk/our-	product	ts				
Chocolate Brownie (Served with Vanilla	Voc	No	Desserts Yes O																
Ice Cream and Chocolate Sauce)	Yes	No						•	•	•									0
Chilly Billy Apple & Blackcurrant Ice Lolly	Yes	Yes	Yes												L				0
Ice Cream Mix	Yes	No	Yes		Ic	e Crea	am F	actor	У	•									
100 Organi mix	Yes	Yes	Yes							0						L			
Raspberry Sauce		No	Yes					•		•									
Chocolate Sauce	Yes			_															1
Chocolate Sauce Bubblegum Sauce	Yes	Yes	Yes							0								-	
Chocolate Sauce Bubblegum Sauce Strawberry Crunch	Yes Yes	Yes No	Yes Yes					•		0									
Chocolate Sauce Bubblegum Sauce	Yes	Yes	Yes					•											

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due to risk of cross-contamination they may o	ontain d	airy.																回場	e est
		Th	ne 'e' indicat	es tha	t the all	lergen	is co	ntaine	d and	presen	t in this	item.							
The 'o' means that this allergen is present in				ory/su	pply cha	ain, the	erefor	e our	suppli	ers belie	ve there	is a ris	k that this	allerge	n could o	cross-co	ontamin	ate the f	food.
Dish Name	Vegetarians	Vegans / paring Plant Based	Coeliacs (contains less than 20ppm of gluten)		Cerentainin	ıg glu		Soya	Egg	Milk (e.g. cheese)	Fish / shellfish	Mollusc	Sulphites above 10 ppm	Sesame	Celery	Mustard	Lupin	Peanuts	Nuts
	Veg	Pa	C (con than	Wheat	Barley	Rye	Oats			(e.g	Fish	2	Scapo	တ		Σ		۵	
Mixed Chocolate Chips	Yes	No	Yes					•		•	_								
Triple Chocolate Chunks	Yes	No	Yes					•	0	•									
Marshmallows	Yes	No	Yes					0		0									
Gold Fudge	Yes	No	Yes				L.	0		•									
Oha a state Ohio Oa stie Daviel	1	T	okie Doug	Г	II Sizes	Ser	ved v	1	Т	T	eam ar	nd Saud	ce)	1	1	1		1	Τ.
Chocolate Chip Cookie Dough	Yes	No	No	•				•	0	•									0
White Chocolate & Caramel Cookie Dough	Yes	No	No	•	_			•	0	•									0
Loaded Cookie Dough made with KitKat®	Yes	No	No	•	•			•	0	•									0
Apple Crumble Cookie Dough	Yes	No	No	•				•	0	•									0
I Can't Paliava It's Not Changagaka	Von	Voc	No		Ι	De	sser	Т			Τ	Τ		T	T	T	I	T	
I Can't Believe It's Not Cheesecake So Scoffable Biscoff® Cheesecake & Ice Cream	Yes	Yes No	No No	•				•	0	0			•						0
Chocolate Brownie & Ice Cream (Served with chocolate sauce)	Yes	No	Yes					•	•	•									0
Chilly Billy Apple & Blackcurrant Ice Lolly	Yes	Yes	Yes																0
					D	esser	t Add	dition	s										
Vanilla Ice Cream	Yes	No	Yes							•									
Take Away Vanilla Ice Cream	Yes	No	Yes							•									
Chocolate Sauce	Yes	No	Yes					•		•									
Salted Caramel Sauce	Yes	No	Yes							•									
							rinks												
			All farms	halm a	ا ما ماده		t Drir		61	Dhamile	Janina								
7UP Zero / Pepsi Max / Diet Pepsi	Yes	No	All fount										x, 7UP - v	www 711	n co uk				
Tango Orange / Tango Apple	Yes	No	Yes							ww.tang			.,		p.oo.un				
Flavour Shots – Cherry/Vanilla/Lime/ Strawberry	Yes	No	Yes																
Robinsons Squash - All Flavours	Yes	Yes	Yes		er direc														
Belu Still / Sparkling Water Lipton Peach Ice Tea	Yes	Yes	Yes Yes	_						elu - ww oton - w			aa com						
Bottle of Pepsi	Yes	Yes	Yes							epsi - w									
Irn Bru	Yes	Yes	Yes						-	G. Barr									
Apple Juice / Orange Juice	Yes	Yes	Yes		L			L.,	L.,			<u> </u>							
J2O - All Flavours Gingerella	Yes Yes	Yes Yes	Yes Yes							0 - www			acola.co	ıık					
Soda Folk – Cream Soda	Yes	Yes	Yes							oda Folk				.ux					
Bottle of 7UP Zero / Pepsi Max / Pepsi	Yes	Yes	Yes	Ref	er direc	tly to	the s	upplie	r - Pe	epsi - w	ww.pep	si.co.uk	i, 7UP - v	vww.7u	p.co.uk				
Bottle of Tango Orange	Yes	Yes	Yes							ww.tang									
Bottle of Diet Pepsi	Yes	No	Yes	Ref	er airea		tne si Drin		r - Pe	epsi - w	ww.pep	SI.CO.UK	(
Black Tea	Yes	Yes	Yes							L	L				L		L		
Tea with Milk	Yes	No	Yes							•									
Hot Chocolate	Yes	No	Yes	_	-	-	-			•							-		
Black Americano Americano with Milk	Yes	Yes No	Yes Yes							•									
Caffe Latte	Yes	No	Yes																
Cappuccino Espresso Shot	Yes	No	Yes			-				•									
Espresso Shot	Yes	Yes	Yes			Alcoh	olic E	rinks									_		
Pinot Grigio / Merlot / White Zinfandel	No	No	Yes	Ref						atthew (Clark - v	www.ma	atthewcla	ark.co.u	k				
Prosecco	No	No	Yes										atthewcla						
Budweiser	Yes	Yes	No	Refe	er direc	tly to	the s	upplie	r - Bu	ıdweise	r - www	.budwe	eiser.com	/en/con	npany/p	roducts	/budwei	iser	
San Miguel	Yes	Yes	No	Ref	er direc	tly to	the s	upplie	r - Sa	an Migu	el - ww	w.sanm	iguel.con	n					
BrewDog Punk IPA	Yes	Yes	No	Ref	er direc	tly to	the s	upplie	r - Br	ewDog	- www.l	BrewDo	g.com						
Kopparberg Strawberry & Lime	Yes	Yes	Yes	Ref	er direc	tly to	the s	upplie	r - Ko	pparbe	rg - ww	w.kopp	arberg.co	o.uk/faq	s/				
Kopparberg Mixed Fruit Tropical	Yes	Yes	Yes	Refe	er direc	tly to	the s	upplie	r - Ko	pparbe	rg - ww	w.kopp	arberg.co	o.uk/faq	s/				
Bulmers	Yes	Yes	Yes	Ref	er direc	tly to	the s	upplie	r - Bı	ılmers -	www.b	ulmers.	co.uk/nu	tritional	-values				
Camden Pale Ale	Yes	Yes	No	Ref	er direc	tly to	the s	upplie	r - Ca	amden E	Brewery	/ - www	.camden	townbre	ewery.co	om/			
Magners	No	No	Yes	Ref	er direc	tly to	the s	upplie	r - M	agners -	- www.n	nagner	s.co.uk/						
						Alco	hol F	ree											
Corona Cero	Yes	Yes	No	Ref	er direc	tly to	the s	upplie	r - Co	orona - v	www.co	ronaex	tra.co.uk	/					

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FOOD ALLERGIES

Crisin Rings Ordina Nings Or		Sides Fries
Dison Riegs Week Flour Diverse Tions Californ Conference on No. Nation. Transport (Mineral Part Plans) (Septiment Properties of Parts And Parts Plans) (Septiment Properties of Parts And Parts Plans) (Septiment Parts Plans) (Parts Plans) (P	Fries	
Wheat Rharr Winear Planz, Carlam Cathonate, Iron, Nivole, Harrimin Water, Vergetable fast Spread (17%) (Vergetable Citils Plant Oil, Reported Cill, Water, Salt, Emander Plantaum, Solater, Reporting, Colorus (Couperable Citils Plantaum, Callar Florens, Salt Clegano, Preservables, Callar Cilly Plantaum, Callar Saltaum, Populater, Georgia of Flory Acids, Preservables (Particular) Solater, Reporting, Colorus (Couperable Citils Plantaum, Callar Saltaum, Populater) (International City) (Preservable City) (Preservable City) (Preservable City) (Preservable City) (Preservables City) (Pres	Onion Rings	Diced Onions (53%), Wheat flour, Vegetable oils (rapeseed, sunflower, in varying proportions), Gelling agent (E401), Salt, Yeast, Sugar, Flavouring (Paprika extract; Turmeri
Geric Bread Mozzarella Cheese Opptions) Mozzarella Cheese Opptions Mozzarella Sticks Mozzarella Sticks Mozzarella Cheese Opptions Mozzarella Che		
Morzarella Cheses (optional) Morzar	Garlic Bread	(Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3%) (Puree and Chopped), Yeast, Salt, Oregano,
Mozarella Cheese (potional) Mozarella Sidisa Mozarella S		Garlic Bread with Cheese
Mozzarela Sicks Smeet Chill Dip Forested feete (164). Beef Proport Garlier Product Research, State Variety Entre Draine Debystated Chrisis Pea Potent. Debystated Paring, Resing Appents (1550, 1550 Statistics (164)). Beef Proport Garlier (Product Resource), Debt State (161). Mozzarela Chrisis (164). Beef Proport Garlier (Product Resource), Debt State (161). Mozzarela Chrisis (164). Beef Proport Garlier (Product Resource), Debt State (161). Mozzarela Chrisis (164). Beef Proport Garlier, Ormano Paste, Dreid Cacherlo Christin, Sal. Proventeer Debrassoms Strategy and Water, Response of the Ormano Paste, Dreid Cacherlo Christin, Sal. Proventeer Debrassoms Strategy and State (Sal. Paste). Most State (Sal. Paste) State (Sal. Paste). Most State (Sal. Paste) State (Sal. Paste). Most State (Sal. Paste	Garlic Bread	(Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3%) (Puree and Chopped), Yeast, Salt, Oregano,
Morzarella Sticks Sabiliter (Sch1) Stack Propose Callier Housers Revolutione Cell Mails Starts, Edity Nation, Park Politics, Design Andreas, Training Agents, (Edit) Stack Propose Cell From Members (Sch1) Stack Propose Cell From Members (Sch1) Stack Propose Cell From Members (Sch1) Stack Propose Starts). Sweet Chill Dip Very Charles (Sch1) Stack Propose Starts), Starts (Andreas Starts, Spirit Vireign), Acidity Regulator (Acces Acid), Dried Red Bell Poppos, Dried Garlie, Tomato Paste, Dried Carlier, Staft, Processed Level (Millig, Millig, Protein, Maile Starts), Starts (Callier, Staft, Processed Level (Millig, Millig, Protein, Millig, Mil	Mozzarella Cheese (optional)	
Sweet Chill Dip Witer, Glorco-Furtoes Syrup, Surgar, Modified Maler, Wester, Sprawungs, Destrook, Colour (E. 101), Mozavella Cheese (#889), Millar, Contains Anit- Casing, Ageint Personal Cheese (#889), Closur Spraw, Acting Regulator (Arche Acid), Dried Red Red Perpops, Dried Garlier, Tomato Pasto, Dried Cheese (#889), Closur Spraw, Aciding Regulator (Arche Acid), Dried Red Red Perpops, Dried Garlier, Tomato Pasto, Dried Cheese (#889), (1975), 1970 (1974), Acid, Remote from microshootograd Origin] (Cheese (M88), (65%), Water, Butter (M88), Millar protein, Maire starch, Emulsifying calls, Casing Cheese (M88), (1975), 1970 (1974), Acid, Remote from microshootograd Origin] (Cheese (M88), 65%), Water, Butter (M88), Millar protein, Maire starch, Sant, Mills protein, Maire starch, Sant, Sant, Maire starch, Sant,		Mozzarella Sticks
Crushed Chillies, Salt, Presentable divosasium Sorbated, Colour Plagelias Estracti Processed cheese (Milk) (578), IPSM 4589), Remer from recobiological Origin) (Cheese (Milk) (598), Water, Butter (Milk), Milk protein, Maize starch, Emulsifying salts, Cheey Triangles Cheey Triangles Avaited, Glucos Fourches Synth, Supar, Modrified Maize Starch, Spirit Vinegua, Acidin Record and accusated, Salt, Milk protein (Milk), Year, Brasily, Railing agents, (EAS), ESSO, Child powder, Origin powder, Original (Milk), 1979, (Cheese Milk), 1979, 1979, (Cheese Milk), 19	Mozzarella Sticks	Breading (52%) (Wheat Flour, Water, Sunflower Oil, Maize Starch, Salt, Yeast, Potato Flake, Dehydrated Onion, Pea Protein, Dehydrated Parsley, Raising Agents (E450, E500 Stabiliser (E461), Black Pepper, Garlic Powder, Flavourings, Dextrose, Colour (E101)), Mozzarella Cheese (48%)(Milk) (contains Anti-Caking Agent(Potato Starch)).
Cheey Triangles Once 253, 153, 151, Tokener (2017), Floor (MesS), Rennet from microbiological Original (Cheese (Milk) (579), Water, Butter (Milk), Waster, Butter (Milk), Waster, Butter (Milk), Waster, Butter (Milk), Waster, Butter (Milk), Vestar, Butter (1840), Essay, Salary, Modified Maker Salary, Spirit Vineger, Acidity Regulator (Acetic Acid), Died Red Bell Pepper, Quinca, WHEAT Cluster, Paraly, Salary, Major Floor, Salary, Salary	Sweet Chill Dip	Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)
Cruthed Chilles, Salt, Preservative (Potassium Sorbrate), Colour (Papritis Extract) Halloumi Fries Halloumi Cheese (MILK) (67%) (Cows MILK, Sheeps MILK, Goats MILK, Minch, Sabiliser (1465)), Vegetable Oils (Rapeseed, Sunflower)- in varying proportions, Warer, Bratter (WHEAT Flour (with Calcium, Iron, Niscin, Thiramin), Modried Surviv, Marsin Pour, Massing Agents (1450, 1500), Destrose, Red Beil Papper, Quinoa, WHEAT Clutter, Parsley, Old (WHEAT Flour (with Calcium, Iron, Niscin, Thiramin), Salt) Sweet Chill Dip Wegan Southern Fried Nuggets Mini Com on the cob. Wegatable oil Spray Wegan Southern Fried Nuggets Wegan Southern Fried Nuggets Wegan Southern Fried Nuggets Stuffed Crust Dough Wegatable oil Spray Stuffed Crust Dough Supersect oil, Emulsifier Soya Lectihin (1322), Moro- and Diglycerides Faity Acid Stars (1471). Garlie Spray Weganable oil Spray	Cheesy Triangles	Processed cheese (Milk) (57%) [FDM (45%), Rennet from microbiological Origin] [Cheese (Milk) (65%), Water, Butter (Milk), Milk protein, Maize starch, Emulsifying salts (E452, E331), Salt, Thickener (E407)], Flour (Wheat, Maize), Water, Rapeseed oil, Modified maize starch, Salt, Milk protein (Milk), Yeast, Parsley, Raising agents (E450, E500),
Halloumi Fries WHAT Flour (with Calum) (Fr.) (200 xm MLK, Sheeps MLK, Goats MLK, Mint, Stablisser (Ed.)), Wegetable (Dis Rapesseed, Sunflower): In varying proportions, Water, Satt (WHEAT Flour (with Calcium, Iron, Niaor, Thiamin), Satifol States, Max Flour, Stablisser, Calcium, Challen, Stablisser, Calcium, Challen, Calcium Acetaler, Water, Natural Flavorone, Pea Fibre, Spices (Papilia, Fennel, Black Pepper), Raice Flour, Debtrose, Acid. Clinic Acid. Garlic Estract, Orion Oil. Com on the cob. Sweetcom. Suetcom. Suetc	Sweet Chill Dip	Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)
Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprila Estract) Vegan Southern Fried Nuggets Mycoprotein (SPS), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiaming, Alegas, Salt) Mycoprotein (SPS), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiaming, Alegas, Salt) Minimum, Vesat, Salt), Wheat Stark, Potato Portion, Wheat Gure, Selt Emrain Agents, Calcium Carbonate, Iron, Niacin, Thiaming, Alegas, Salt) Minimum, Vesat, Salt), Wheat Stark, Potator Portion, Wheat Gure, Potato Potato, Washing, Agents, Calcium Carbonate, Iron, Niacin, Thiaming, Agents, Calcium Carbonate, Iron, Niacin, Thiaming, Agents, Calcium, Carbonate, Iron, Niacin, Minimum, Vesat, Salt), Washing, Agents, Calcium, Carbonate, Iron, Niacin, Minimum, Agents, Calcium, Destroy, Acid; Citric Acid; Garic Estract, Onion Oi. Mini Corn on the cob Wegetable oil spray Stuffed Crust Dough Minimum, Washing,	Halloumi Fries	Halloumi Cheese (MILK) (67%) ((Cows MILK, Sheeps MILK, Goats MILK, Mint), Stabiliser (E461)), Vegetable Oils (Rapeseed, Sunflower)- in varying proportions, Water, Batti (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Modified Starch, Maize Flour, Raising Agents (E450, E500), Dextrose, Red Bell Pepper, Quinoa, WHEAT Gluten, Parsley)
Vegan Southern Fried Nugget Wegan Southern South S	Sweet Chill Dip	Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)
Corn on the cob Vegetable oil spray Suffed Crust Dough Agreeded oil, Emulsifier Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Suffed Crust Dough Agreeded oil Spray String Cheese for Crust Garlic Spread Agreeded oil Spray Suffed Crust Dough Agreeded oil Spray Suffed Crust Dough Agreeded oil Spray Suffed Crust Dough Agreeded oil Spray Agreeded oil	Vegan Southern Fried Nuggets	Mycoprotein (53%), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil, Breadcrumb (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine, Yeast, Salt), Wheat Starch, Potato Protein, Wheat Gluten, Salt, Firming Agents: Calcium Chloride, Calcium Acetate; Water, Natural Flavouring, Pea Fibre, Spices
Surfed Crust Dough	Carra an tha anh	
Stuffed Crust Dough Ingredients: WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapessed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Morand Diglycerides of Fatty Acids (£472e), Mono- and Diglycerides of Fatty Acids (£472e). Mono- and Diglycerides Fatty Acid Esters (£471). String Cheese for Crust Mozarella (Pasteurised Milk, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapessed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Favouring, Natural Colour (Beta Carotene), Galic Pur'es (128), Paralyel (15%), Acidity Regulator Citric Acid. may contain milk Natural Favouring, Natural Colour (Beta Carotene), Galic Pur'es (128), Paralyel (15%), Acidity Regulator Citric Acid. may contain milk Natural Favouring, Natural Colour (Beta Carotene), Galic Pur'es (128), Paralyel (15%), Acidity Regulator Citric Acid. may contain milk Natural Favouring, Natural Colour (Beta Carotene), Garlic Pur'es (15%), Acidity Regulator Citric Acid. May contain milk Natural Favouring, Natural Colour (Beta Carotene), Carotene, Salt, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids (Ester) (Tarotene), Acid (Ester) (Pasteurised Milk, Salt, Salter Cultures) Natural Favouring, Natural Colour (Beta Carotene), Carific Pur'es (12%), Paralyel (15%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch, Red Leicester (Pasteurised Milk, Salt, Starter Cultures) Sweet Chilli Loaded Cheesy Bite Bites Natural Favouring, Natural Colour (Beta Carotene), Carific Pur'es (12%), Paralyel (15%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch, Red Leicester (Pasteurised Milk, Salt, Starter Cultures) Sweet Chilli Loaded Cheesy Bite Bites Natural Favouring, Natural Colour (Beta Carotene), Carific Pur'es (12%), Paralyel (15%), Acidity Regulator Citric Acid. may		
Vegetable Oil Spray String Cheese for Crust Garlic Spread Mozzarella Pasteurised Milk, Salt, Cultures), Potato Starch Stuffed Crust Dough Wegetable Oil Spray String Cheese for Crust Stuffed Crust Dough Wegetable Oil Spray String Cheese for Crust Stuffed Crust Dough Wegetable Oil Spray String Cheese for Crust Stuffed Crust Dough Wegetable Oil Spray String Cheese for Crust Wegetable Oil Spray String Cheese Process Wegetable Oil Spray		<i>,</i>
Reduced Fat Spread Margarine (Vegetable Oils (Rapsesed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene), Garlic Purete (12%), Paralei (12%), Acidity Regulator Citric Acid. may contain milk Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapsesed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mor and Diglycerides of Fatty Acids (E472)e, Mono- and Diglycerides of Fatty Acids (E471), Flour Treatment Agent: Ascorbic Acid (E300). Wegetable Oil Spray String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapseseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids, Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene), Garlic Purete (12%), Paralei Nys, Acidity Regulator Citric Acid. may contain milk Triple Cheese Blend Stuffed Crust Dough Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapsesed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mor and Diglycerides of Fatty Acids (E472), Hour Treatment Agent: Ascorbic Acid (E300). Sweet Chill Loaded Cheesy Bite Bites Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapsesed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mor and Diglycerides of Fatty Acids (E471); Hour Treatment Agent: Ascorbic Acid (E300). Reduced Fat Spread Margarine (Vegetable Oils (Rapsesed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids, Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene), Garlic Purete (12%), Paraley (Ss), Acidity Regulator Citric Acid. may contain milk Triple Cheese Blend Suffed Crust Dough Wegetable Oil Spray String	Vegetable Oil Spray	and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Stuffed Crust Dough Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Morad Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter Cultures) Stuffed Crust Dough Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter Cultures) Sweet Chill Loaded Cheesy Bite Bites Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Moradol Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Rapeseed Oil, Emulsifier Soya Lecithin (E322), Mono- and Diglycerides of Fatty Acid Esters (E471). Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch, Spirit Vinegar, Acidity Regulator (Acid, May contain milk) Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste,		Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Vegetable Oil Spray Rapeseed oil, Emulsifier. Soya Lecithin (E322), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Vegetable Oil Spray Rapeseed oil, Emulsifier. Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Sters (E471). Stuffed Crust Dough Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch, Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Triple Cheese Blend Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter Cultures) Sweet Chill Loaded Cheesy Bite Bites Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Morand Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471). Flour Treatment Agent: Ascorbic Acid (E300). Vegetable Oil Spray Rapeseed Oil, Emulsifiers: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acids (E471). Flour Treatment Agent: Ascorbic Acid (E300). Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch, Natural Flavouring, Natural Colour (Beta Carotene), Garlic Purde (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Triple Cheese Blend Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Salt, Starter Cultures) Avatural Flavouring, Natural Colour (Beta Carotene), Garlic Purde (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch, Spirit Vinegar, A		,
String Cheese for Crust Garlic Spread Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Triple Cheese Blend Stuffed Crust Dough Vegetable Oil Spray String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter Cultures) Sweet Chili Loaded Cheesy Bite Bites Stuffed Crust Dough Vegetable Oil Spray String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids, (E472), Mono- and Di-Glycerides Fatty Acids (E472), Mono- and Di-Glycerides of Fatty Acids, Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Sturter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter Cultures) Sweet Chilli Siliced Roquito Peppers Red Roquito Pappers, Sugar, Moldified Maize Starch, Spritt Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract) Stuffed Crust Dough Vegetable Oil Spray String Cheese for Crust Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Morando Papper (Pappers) Laded Bacon Cheesy Bite Bites Laded Bacon Cheesy Bite Bites Stuffed Crust Dough Vegetable Oil Spray String Cheese for Crust Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), W		and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Triple Cheese Blend Stuffed Crust Dough Negetable Oil Spray Rapeseed Oil, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter Cultures) Sweet Chili Loaded Cheesy Bite Bites Stuffed Crust Dough Negetable Oil Spray Rapeseed Oil, Fundisfiers: Soya Lecthin (E322), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Rapeseed Oil, Emulsifier: Soya Lecthin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). String Cheese For Crust Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1,5%), Acidity Regulator Citric Acid. may contain milk Nozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter Cultures), Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract) Stuffed Crust Dough Vegetable Oil Spray String Cheese For Crust Garlic Spread Acid Red Red Red Cardeney, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract) Striffed Crust Dough Vegetable Oil Spray Red Red Roquitos WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed		
Suffed Crust Dough Stuffed Crust Dough Stuffed Crust Dough Stuffed Crust Dough Vegetable Oil Spray String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Starter Cultures) Sweet Chili Loaded Cheesy Bite Bites Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Morand Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Rapeseed oil, Emulsifiers Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures) Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract) Sliced Roquito Peppers Red Roquito ® Jalapeño Pepper, Sugar, Water, Vinegar Loaded Bacon Cheesy Bite Bites Stuffed Crust Dough Vegetable Oil Spray String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch) Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Star		Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Ingredients: WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Morand Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). String Cheese for Crust	Triple Cheese Blend	
And Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures) Sweet Chilli Sliced Roquito Peppers Red Roquito® Jalapeño Pepper, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract) Sliced Roquito Peppers Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar Loaded Bacon Cheesy Bite Bites Stuffed Crust Dough Vegetable Oil Spray Rapeseed Oil, Emulsifiers: Soya Lecithin (E322), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Rapeseed oil, Emulsifiers: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Rapeseed oil, Emulsifiers: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Rapeseed oil, Emulsifiers: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Rapeseed oil, Emulsifiers: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Rapeseed oil, Emulsifiers: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acids (E471); Flour Treatment A		
Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Garlic Spread Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter cultures) Sweet Chillie Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract) Sliced Roquito Peppers Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar Loaded Bacon Cheesy Bite Bites Stuffed Crust Dough Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Morand Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acid Esters (E471). String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter Cultures)	Stuffed Crust Dough	
Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i> Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter Cultures) Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract) Sliced Roquito Peppers Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar Loaded Bacon Cheesy Bite Bites Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Morand Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Vegetable Oil Spray Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). String Cheese for Crust Garlic Spread Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i> Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter Cultures)		Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Triple Cheese Blend Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter Cultures) Sweet Chilli Sweet Chilli Sliced Roquito Peppers Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar Loaded Bacon Cheesy Bite Bites Stuffed Crust Dough Vegetable Oil Spray Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides of Fatty Acid E471); Flour Treatment Agent: Ascorbic Acid (E300). Vegetable Oil Spray String Cheese for Crust Garlic Spread Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures, Potato Starch)	String Cheese for Crust	
Sait, Starter Cultures) Sweet Chilli Red Roquito Red Roquito Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crush Dough Red Roquito Starter Cultures) Red Red Roquito Red Roquito Red Red Roquito Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Starter Cultures) Loaded Bacon Cheesy Bite Bites Loaded Bacon Cheesy Bite Bit	•	Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk
Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract) Sliced Roquito Peppers Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar Loaded Bacon Cheesy Bite Bites Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Morand Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Vegetable Oil Spray Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures)	•	
Loaded Bacon Cheesy Bite Bites Stuffed Crust Dough		Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)
Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Morand Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). Vegetable Oil Spray Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter Cultures)	Sinced Roquito Peppers	
Vegetable Oil Spray String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures)	Stuffed Crust Dough	Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mo
String Cheese for Crust Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i> Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures)		
Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i> Triple Cheese Blend Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk Salt, Starter Cultures)		Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
Iripie Cheese Biend Salt, Starter Cultures)	Garlic Spread	Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk
Bacon Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water		

FOOD ALLERGIES

	Chicken Wings
Chicken Wings	Chicken, Sugar, Salt, Potato Starch, Dextrose, Maize Flour, Onion Powder, Fructose, Yeast Extract, Garlic Powder, Smoke Flavouring, Cornflour, Cayenne Pepper, Black Pepper Honey Powder, Paprika Extract, Rapeseed Oil, Flavouring, Cocoa Powder, Black Pepper Extract, Pimento Extract, Sage Extract, Sunflower Oil. Chicken Bites
Chicken Bites	Chicken, Wheat Flour, Rapeseed Oil, Water, Rice Starch, Salt, Dextrose, Stabilisers: E451, E450, E452; Wheat Gluten, Onion Powder, Black Pepper, Garlic Powder, Raising Agents: E341(i), E450(i); Yeast Extract, Modified Maize Starch, Sunflower Oil, Cayenne Pepper, Flavouring, Black Pepper Extract.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
	Hot Honey Chicken Wings Chicken, Sugar, Salt, Potato Starch, Dextrose, Maize Flour, Onion Powder, Fructose, Yeast Extract, Garlic Powder, Smoke Flavouring, Cornflour, Cayenne Pepper, Black Pepper
Chicken Wings	Honey Powder, Paprika Extract, Rapeseed Oil, Flavouring, Cocoa Powder, Black Pepper Extract, Pimento Extract, Sage Extract, Sunflower Oil.
Spicy Honey Drizzle Chilli Flakes	Honey (99.98%), Chilli Extract (0.02%) Crushed Chillies
Chicken Bites	Hot Honey Chicken Bites Chicken, Wheat Flour, Rapeseed Oil, Water, Rice Starch, Salt, Dextrose, Stabilisers: E451, E450, E452; Wheat Gluten, Onion Powder, Black Pepper, Garlic Powder, Raising Agents: E341(i), E450(i); Yeast Extract, Modified Maize Starch, Sunflower Oil, Cayenne Pepper, Flavouring, Black Pepper Extract.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Spicy Honey Drizzle Chilli Flakes	Honey (99.98%), Chilli Extract (0.02%) Crushed Chillies
Ciliii Flakes	Dips & Bits Station
Heinz BBQ Sauce	Tomato puree, spirit vinegar, sugar, molasses, water, modified cornflour, salt, spices, garlic, thickener (xanthan gum), smoke flavouring, flavourings
Heinz Tomato Ketchup	Tomatoes (148 g per 100 g ketchup), spirit vinegar, sugar, salt, spice and herb extracts (contains celery), spice
BBQ Sauce	Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Onion Powder, Preservative (Potassium Sorbate), Chilli Powder.
Tomato Ketchup	Water, Concentrated Tomato Purée, Sugar, Spirit Vinegar, Maize Starch, Salt, Seasoning [Maltodextrin, Salt, Spice Extract, Colour (Paprika Extract)], Spice Blend [Salt, Tomato Powder, Flavouring].
Chilli Flakes	Crushed Chillies
*	Dine In Dip Pots
Sour Cream	Rapeseed Oil, Water, Spirit Vinegar, Dextrose, EGG Yolk, Yoghurt Powder, Onion Powder, Salt, Chives, Acidity Regulator (Lactic Acid), MILK Protein, Stabilisers (Xanthan Gum Guar Gum), Modified Starch, Preservative (Potassium Sorbate), MUSTARD Flour, Calcium Disodium EDTA.
Sweet Chilli	Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract)
Hot Honey	Honey, Birds Eye Chilli Extract (0.2%), Guajillo Chilli Extract (0.06%) Fermented Red Cayenne Peppers (35%), Spirit Vinegar, Water, Salt, Garlic Powder.
Frank's RedHot®	Takeaway Dip Pots
Heinz Garlic Sauce Dip Pot	Refined Soya Oil, Water, Spirit Vinegar, Sugar, Garlic, Lemon Juice (from concentrate), Modified Starch, Egg Yolk, Salt, Garlic Juice, Shallots, Mustard Seeds, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Chives, Celery Juice, Onion, Garlic Extract, Spices, Flavouring, Antioxidant (Calcium Disodium EDTA).
Heinz BBQ Sauce Dip Pot	Tomato Purée, Spirit Vinegar, Sugar, Molasses, Water, Modified Starch, Salt, Spices, Garlic, Thickener: Xanthan Gum; Smoke Flavouring, Flavouring.
Heinz Sweet Chilli Dip Pot	Sugar, water, spirit vinegar, modified conflour, garlic, chillies, red peppers, tomato paste, salt, spice
·	Salad Station
	Dressed Salad Lines
Potato Salad	Potato (64%), Water, Rapeseed oil, Spirit vinegar, Sugar, White wine vinegar, Onion, Pasteurised liquid whole Egg , Salt, Chive, Stabilisers (Guar gum, Xanthan gum), Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice.
Coleslaw Sweetcorn	Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg , Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. Sweetcorn, Water
Diced Beetroot	Beetroot, Acetic Acid
Jalapeños	Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
	Fresh Salad Lines
Lettuce Mix	Iceberg and Cos Lettuce
Cherry Tomatoes Cucumber	Cherry Tomatoes Cucumbers
Mixed Peppers	Green Peppers, Red Peppers, Yellow Peppers
Red Onion	Red Onions
Shredded Carrot Spinach	Carrots Spinach
Rocket	Rocket Leaves
	Dried Items
Smoky Flavour Sprinkles (Bacon Bits)	Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Hydrolysed Vegetable Protein (Soya), Smoked Salt), Salt, Yeast.
Croutons	Wheat Flour, Vegetable Oil, Salt, Yeast
Tortilla Chips	Maize Flour (Corn); Sunflower Oil; Salt
Crispy Onions	Onion, Palm Oil, Wheat Flour, Salt
Sultanas	Sultanas Dressings & Dips
Thousand Island Dressing	Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Tomato Paste, White Wine Vinegar, Modified Starch, Salt, Gherkins, Dried Onion, Lemon Juice Concentrate, Preservative (Potassium Sorbate), Stabilisers (Xanthan Gum, Guar Gum), Acidity Regulator (Lactic Acid), Dried Red Pepper, Dried Garlic, Dried Parsley, Colour (Paprika Extract Natural Flavouring.
Blue Cheese Dressing	Rapeseed Oil, Water, Glucose-Fructose Syrup, White Wine Vinegar, Modified Starch, Salt, Natural Flavouring, Preservative (Potassium Sorbate), Dried Onion, Dried Garlic, Stabiliser (Xanthan Gum), Acidity Regulator (Lactic Acid), Dried Parsley.
Garlic Mayonnaise	Rapeseed Oil, Water, Spirit Vinegar, Glucose-Fructose Syrup, Salt, Garlic Powder, Modified Starch, Stabilisers (Xanthan Gum, Guar Gum), Preservative (Potassium Sorbate), Mustard Flour, Caramelised Sugar Syrup, Acidity Regulator (Lactic Acid).
Light Mayonnaise	Water, Rapeseed Oil (39%), Glucose-Fructose Syrup, Spirit Vinegar, Modified Starch, Salt, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Colour (Paprika Extract).
Ranch Dressing	Rapeseed Oil, Water, White Wine Vinegar, Glucose-Fructose Syrup, Dijon Mustard (Water, Mustard Seeds (29%), Spirit Vinegar, Salt, Acidity Regulator (Citric Acid), Preservative (Sodium Metabisulphite)), Modified Starch, Salt, Lemon Juice Concentrate, Dried Onion, Dried Garlic, Preservative (Potassium Sorbate), Cracked Black Pepper, Dried Parsley, Stabiliser (Xanthan Gum), Natural Flavouring.
Low Fat French Dressing	Water, Glucose-Fructose Syrup, White Wine Vinegar, Rapeseed Oil, Garlic Puree (Water, Dried Garlic, Acidity Regulator (Citric Acid)), Salt, Dijon Mustard (Water, Mustard Seed, Spirit Vinegar, Salt), Parsley, Stabilisers (Xanthan Gum, Guar Gum), Cracked Black Pepper, Dried Onion, Basil, Preservative (Potassium Sorbate), Caramelised Sugar Syrup, Acidity Regulator (Lactic Acid), White Pepper, Colour (Curcumin).
	Tomato Paste, Vegetables, Paprika, Onion, Water, Vinegar, Glucose-Fructose Syrup, Modified Starch, Salt, Herbs (Parsley, Oregano), Garlic, Spices, (Celery). Acid; Lactic Acid,

FOOD ALLERGIES

	Pizza Builder
	Pizza Bases
	Original Pan
Orginal Pan	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E190), Vegetable Rapeseed Oil, Salt, Premix: (Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)), Sugar, Flour Treatment Agent (ascorbic acid E300).
Soya Oil	100% Refined Soya Oil
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
PLEASE NOTE: THE	SOYA OIL USED ON OUR PAN DOUGH PIZZA BASE DOES NOT CONTAIN ANY SOYA. THE SOYA OIL IS 100% REFINED, THEREFORE IS NOT ALLERGENIC.
	NEW Handcrafted with Garlic Sprinkle
Handcrafted Dough	WHEAT Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Rice Flour, Dried WHEAT Sourdough, Dust Suppressant: Potato Starch, Sunflower Oil, WHEAT Flour, Thickener: Guar Gum; Flour Treatment Agent: Ascorbic Acid (E300).
Rice Cones	100% Rice. May contain gluten.
Vegetable Oil	Rapeseed Oil, Emulsifiers (Soy Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)).
Garlic Sprinkle	Maltodextrin, Cheese Powder (from Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
	NEW Handcrafted without Garlic Sprinkle
Handcrafted Dough	WHEAT Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Rice Flour, Dried WHEAT Sourdough, Dust Suppressant: Potato Starch, Sunflower Oil, WHEAT Flour, Thickener: Guar Gum; Flour Treatment Agent: Ascorbic Acid (E300).
Rice Cones	100% Rice. May contain gluten.
Vegetable Oil	Rapeseed Oil, Emulsifiers (Soy Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)).
	Stuffed Crust
Stuffed Crust Dough	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono- and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray Garlic Spread	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). Reduced rat Sprieda Wardshire (Vegetable Oils (Rapeseed Oil, Fall) Market, Sait, Emilsiphor- and Displayer (Notes Carden). Calif Durás (1394), Dargley (1894). Acidity Depulstor Citric Acid Towards (1894). Progress (1894) Acidity Depulstor Citric Acid Towards (1894). Progress (1894). (18
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
	Cheesy Bites
Stuffed Crust Dough	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono- and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
String Cheese for Crust	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
	Gluten Free
Gluten Free Dough	Gluten Free Blend (Tapioca Starch, Rice Flour, Maize Starch, Psyllium Husk Powder, Sugar, Buckwheat Flour, Thickeners (Xanthan Gum, Hydroxypropyl Methyl Cellulose), Salt), Water, Rapeseed Oil, Yeast, Pea Protein.
	Flatbread
Pan Dough	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E190), Vegetable Rapeseed Oil, Salt, Premix: {Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)}, Sugar, Flour Treatment Agent (ascorbic acid E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
	Pizza Base Sauces
Unseasoned Tomato Sauce (used on Gluten Free Bases, Flatbreads, Kids Pizza Bases)	Tomato Concentrate (Tomato Paste, Citric Acid).
Seasoned Tomato Sauce (used on Handcrafted, Original Pan, Stuffed Crust, Cheesy Bites)	Tomato Concentrate (Tomato Paste, Citric Acid), Sugar (White), Sugar, Herbs (Oregano, Basil, Marjoram, Thyme), Maltodextrin, Salt, Yeast Extract, Rapeseed Oil, Thickener (Guar Gum), Anti-Caking Agent (Silicon Dioxide).
BBQ Sauce (For all Bases except Gluten Free)	Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium). *Below 20ppm*
BBQ Sauce (Gluten Free) - Only for Gluten-Free Pizza Bases	Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Onion Powder, Preservative (Potassium Sorbate), Chilli Powder.
	Cheese
Mozzarella Cheese	Mozzarella with added starch (Mozzarella Cheese (Milk, Salt, Cultures), Potato Starch)
Goats' Cheese	Goat Milk, Salt, Lactic Culture, Coagulant, Ripening Culture
Triple Cheese Blend	Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures)
Vegan Ch**se	Water, Coconut Oil, Modified Starch, Starch, Sea Salt, Flavourings, Preservative: Sorbic Acid, Colour: B-Carotene, Vitamin B12.

FOOD ALLERGIES

Chicken Breast	Pizza Toppings Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i)
Ham	Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250).
Pepperoni	Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid
	Starter Culture, Preservative (E250). Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar
Beef (with added Soya protein)	Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free')
Bacon	Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water Meat (Beef, Pork), Beef Fat, Soy Protein, Salt, Mustard Powder, Dextrose, Sunflower Oil, Spice Extracts, Colour (Paprika Extract), Onion Powder, Garlic Powder, Cayenne Chilli
Cup 'N' Crisp Pepperoni	Powder, Black Pepper, Lactic Acid Starter Culture, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). Made with 100g of beef & pork per 100g of finished product.
Spicy Pork	Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract.
Spicy 'Nduja	Pork, spices, jalapeno, salt (partly smoked), acid (E 575), rice starch, thickener (E 412), spice extracts, antioxidants (E 301, E 392), preservative (E 250). Made with 110 g pork policy finished product.
Black Olives	Water, Olives, Salt, Stabiliser (Ferrous Gluconate) Green peppers, Red Peppers, Yellow Peppers
Mixed Peppers Mushrooms	Green peppers, rea reppers, reliow reppers Mushrooms
Red Onion	Red Onion
Caramelised Onions	Red Onions, Balsamic vinegar Of Modena (Aceto balsamico di Modena I.G.P.:Wine vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224(Potassium Metabisulphite)), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains Sulphites.
Sweetcorn	Sweetcorn, Water, Salt
Cherry Tomatoes Pineapple	Cherry Tomatoes Pineapple, Pineapple Juice, Citric Acid.
Rocket	Rocket Leaves
Spinach	Spinach
Roquito® Chilli Peppers	Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar
Jalapeños	Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).
Green Chilli Fajita Seasoning	Green Chilli Chilli pepper (28%), spices and herbs (18%)(cumin, paprika, oregano, coriander leaf, cayenne pepper, cinnamon), salt, onion, garlic, sugar, lime juice powder, lemon juice
	powder, anti-caking agent (silicon dioxide), natural flavouring Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamine, Niacin), Palm Oil, Seasoning (Rusk (Contains Fortified Wheat Flour (Wheat Flour, Calcium Carbonate)
Smoky Flavour Sprinkles (Bacon Bits)	Iron, Thiamine, Niacin)), Flavourings (contains Soya, Barley), Colours (Beetroot Red, Paprika Extract, Plain Caramel), Yeast Extract Powder, Salt, Yeast Powder, Sugar, Barley Malt Flour, Hydrolysed Vegetable Protein (Soya), Smoked Salt), Salt, Yeast.
	Go Extra Cheesy
Triple Cheese Blend	Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey (E160b), Monterey (E160b), Monterey (E160b), Mon
	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate),
Garlic Spread	Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Dried Parsley	Parsley Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin
BBQ Drizzle (For all bases eccept Gluten Free)	Water, Tolliad Paste, Sugar, Spilit Villegar, Glucose-Fructose Syrup, Soy Sadde (Water, Soya Extract (Water, Soya Bears, Sair, Wheat Friodi (With Calcium, Bot), National (Witamin B1))], Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium). **Below 20ppm*
BBQ Drizzle (Only for Gluten Free Pizzas)	Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Onion Powder, Preservative (Potassium Sorbate), Chilli Powder.
Sour Cream Drizzle	Rapeseed Oil, Water, Spirit Vinegar, Dextrose, EGG Yolk, Yoghurt Powder, Onion Powder, Salt, Chives, Acidity Regulator (Lactic Acid), MILK Protein, Stabilisers (Xanthan Gun Guar Gum), Modified Starch, Preservative (Potassium Sorbate), MUSTARD Flour, Calcium Disodium EDTA.
Balsamic Drizzle	Balsamic Vinegar Of Modena (Aceto Balsamico di Modena I.G.P.:Wine Vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains Sulphites.
Frank's RedHot® Drizzle	Fermented Red Cayenne Peppers (35%), Spirit Vinegar, Water, Salt, Garlic Powder.
Hot Honey Drizzle	Honey, Birds Eye Chilli Extract (0.2%), Guajillo Chilli Extract (0.06%) Melts
	riverus Meat Feast Melt
Thin & Crispy Dough	Wheat flour, water, fully refined soybean oil, salt, yeast.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Mozzarella Cheese Pepperoni	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch. Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250).
Ham	Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250).
	Tork Edg, Water, Sur, Mounted Maize Start (E1422), Carageerian (E451), Stabilist (E451), Havouring, Smoke Havouring, Michael (E551), Heservative (E250).
Beef (with added Soya protein)	Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be
Beef (with added Soya protein) Spicy Pork (with added Soya	Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar
Beef (with added Soya protein)	Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free')
Beef (with added Soya protein) Spicy Pork (with added Soya protein)	Beef, Beef, Beef, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free') Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
Beef (with added Soya protein) Spicy Pork (with added Soya protein) Garlic Spread Garlic Sprinkle	Beef, Beef, Bat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free') Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). Pepperoni Melt
Beef (with added Soya protein) Spicy Pork (with added Soya protein) Garlic Spread Garlic Sprinkle Thin & Crispy Dough	Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free') Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). Pepperoni Melt Wheat flour, water, fully refined soybean oil, salt, yeast.
Beef (with added Soya protein) Spicy Pork (with added Soya protein) Garlic Spread Garlic Sprinkle	Beef, Beef, Bat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free') Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). Pepperoni Melt
Beef (with added Soya protein) Spicy Pork (with added Soya protein) Garlic Spread Garlic Sprinkle Thin & Crispy Dough Vegetable Oil Spray	Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free') Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). Pepperoni Melt Wheat flour, water, fully refined soybean oil, salt, yeast. Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).

FOOD ALLERGIES

Thin & Crispy Dough	BBQ Chicken Melt Wheat flour, water, fully refined soybean oil, salt, yeast.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
BBQ Sauce	Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract [Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))], Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring,
	Preservative (Potassium). *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free')
Mozzarella Cheese Chicken Breast	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch. Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i)
Red Onion	Red Onion
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Garlic Sprinkle	Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
This O City David	Toasted Three Cheese Melt
Thin & Crispy Dough Vegetable Oil Spray	Wheat flour, water, fully refined soybean oil, salt, yeast. Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Triple Cheese Blend	Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures).
String Cheese	Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Garlic Sprinkle	Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide).
	Fries (served with Melts for dine in) Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Ye
Fries	extract, Spice extracts (paprika, black pepper), Dextrose. Buffet Sides
	Garlic Breadsticks
Pan dough	Wheat flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Ag E300, Rayme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)], Sugar, Flour Treatment Agent (ascorbic acid E300).
Soya Oil	100% Refined Soya Oil
Garlic Spread Vegetable Oil Spray	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate) Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i> Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Dried Parsley	Nagleseed on, Endishier. 30ya Lectum (L322), Michio and Digiyeendes ratify Acid Esters (L471). Parsley Parsley
	Cheesy Breadsticks
Pan dough	Wheat flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent; E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Ag E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)], Sugar, Flour Treatment Agent (ascorbic acid E300).
Soya Oil	100% Refined Soya Oil
Garlic Spread	Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. <i>may contain milk</i>
Vegetable Oil Spray	Rapeseed oil, Emulsifier. Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Triple Cheese Blend	Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk
Dried Parsley	Salt, Starter Cultures) Parsley
Direct arsiey	Tomato Pasta
Tomato Pasta	Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, Celer White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
	Four Cheese & Broccoli Pasta Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (22%), Whole Pasteurised Milk, Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk) (3%), Spin (3%), Full Cream Milk Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (Milk Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's Milk),
our Cheese & Broccoli Pasta	Regato Cheese (Milk)) Cheddar Cheese Stock (Processed Cheese Powder (Milk) (Cheese (Milk), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (Milk), Ricotta Cheese (Milk), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Salt, Sunflower Oil, Orice (Dried Parsnip, Dried Parsnip, Dried Parsnip, Dried Parsnip, Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
	Pasta
	Lasagne
Lasagne	Water, Tomato, Beef (15%), Egg Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, Wheat Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Beef Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnips), Sunflower Oil, Starch, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Mace Powder, Nutmeg Powder), Herbs (Dried Parsley, Lovage Powder)), Basil, Stabilisers (Xanthan Gum, Guar Gum), Black Pepper, BARLEY Malt Extract.
Mozzarella Cheese	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch. Classic Mac & Cheese
Mac 'N' Cheese	Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK) (10%), Single Cream (MILK), Mozzarella Cheese (MILK) (2.5%), Solikimmed MILK Powder, Cheddar Cheese Flavour Base (Reconstituted Cheese (MILK), Whey Powder (MILK), Flavourings, Salt, Lactic acid, MUSTARD Flour), Modified Mai Starch, Full Fat Soft Cheese (MILK), Cream (MILK), Salt, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable Oils (Sunflower Oil, Rapeseed Oil), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turmeri Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Past Cloves, Ginger, Garlic, BARLEY Malt Extract), Garlic Puree, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder).
	Cloves, Giriger, Garrie, BARLLT Mark Extract, Garrie Fast Extract, Ground Black Fepper, Cayerine Fepper (Crimi Fowder, Faprika Fowder).

FOOD ALLERGIES

	Mini and Mega Monster
	Pizza (with unseasoned tomato sauce)
	Original Pan Base
Pan Dough	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent;E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)], Sugar, Flour Treatment Agent (ascorbic acid E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and diglycerides fatty acid esters (E471).
Unseasoned tomato sauce	Tomato Concentrate (Tomato Paste, Citric Acid).
	Thin Base
Pan dough	Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent;E491), Rapeseed Oil, Salt, Premix: [Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)], Sugar, Flour Treatment Agent (ascorbic acid E300).
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and diglycerides fatty acid esters (E471).
Unseasoned tomato sauce	Tomato Concentrate (Tomato Paste, Citric Acid).
	Gluten Free Base
Gluten Free dough	Gluten Free Blend (Tapioca Starch, Rice Flour, Maize Starch, Psyllium Husk Powder, Sugar, Buckwheat Flour, Thickeners (Xanthan Gum, Hydroxypropyl Methyl Cellulose), Salt), Water, Rapeseed Oil, Yeast, Pea Protein.
Unseasoned tomato sauce	Tomato Concentrate (Tomato Paste, Citric Acid).
	Cheese
Mozzarella Cheese	Mozzarella with added starch (Mozzarella Cheese (Milk, Salt, Cultures), Potato Starch)
Vegan Ch**se	Water, Coconut Oil, Modified Starch, Starch, Sea Salt, Flavourings, Preservative: Sorbic Acid, Colour: B-Carotene, Vitamin B12.
	Toppings
Chicken Breast	Chicken Breast (98%), Salt, Stabilisers (E450i, E450ii, E451i, E452i)
Ham	Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250).
Pepperoni	Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250).
Beef (with added Soya protein)	Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free')
Bacon (New Recipe)	Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water
Spicy Pork (with added Soya protein)	Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract.
Spicy 'Nduja	Pork, spices, jalapeno, salt (partly smoked), acid (E 575), rice starch, thickener (E 412), spice extracts, antioxidants (E 301, E 392), preservative (E 250). Made with 110 g pork pe 100 g finished product.
Black Olives	Water, Olives, Salt, Stabiliser (Ferrous Gluconate)
Peppers	Green peppers, Red Peppers, Yellow Peppers
Mushrooms	Mushrooms
Red Onion	Red Onion
Caramelised Onions	Red Onions, Balsamic vinegar Of Modena (Aceto balsamico di Modena I.G.P.:Wine vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224(Potassium Metabisulphite)), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains Sulphites.
Sweetcorn	Sweetcorn, Water, Salt
Cherry Tomatoes	Cherry Tomatoes
Pineapple	Pineapple, Pineapple Juice, Citric Acid.
Rocket	Rocket Leaves
Spinach	Spinach
Roquito® Chilli Peppers	Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar
	Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509).

FOOD ALLERGIES

	Mains
Spaghetti Bolognese	Bolognese Sauce (64%): Water, Tomato Passata, Minced Beef (19%), Onions, Carrots (7%), Tomato Puree, Modified Maize Starch, Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Beef Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnip), Sunflower Oil, Potato Starch, Spices (Garlic, Lovage, Nutmeg), Beef Powder, Caramelised Sugar, Flavouring), Brown Sugar, Wheat Flour (Wheat Four, Calcium Carbonate, Iron, Niacin, Thiamin), Sunflower Oil, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnips), Sunflower Oil, Spices (Turmeric, Pepper, Garlic, Mace, Nutmeg), Herbs (Parsley, Lovage)), Basil, Stabilisers (Xanthan Gum, Guar Gum), Barley Malt Extract, Black Pepper.
Mac 'N' Cheese	Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK) (10%), Single Cream (MILK), Mozzarella Cheese (MILK) (2.5%), Semi Skimmed MILK Powder, Cheddar Cheese Flavour Base (Reconstituted Cheese (MILK), Whey Powder (MILK), Flavourings, Salt, Lactic acid, MUSTARD Flour), Modified Maize Starch, Full Fat Soft Cheese (MILK), Cream (MILK), Salt, Stabiliser: Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable Oils (Sunflower Oil, Rapeseed Oil), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turmeric, Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcester Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Paste, Cloves, Ginger, Garlic, BARLEY Malt Extract), Garlic Puree, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder).
Mozzarella Cheese (with Mac 'n' Cheese)	Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch.
	Chicken 'N' Fries
Chicken Strips	Chicken Inner Fillet, Water, Wheat Flour, Rice Flour, Breadcrumb (Wheat Flour, Dextrose, Refined Soybean Oil*, Salt, Yeast), Wheat Starch, Wheat, Salt, Refined Soybean Oil*, Garlic Powder, Yeast Extract (contains Salt), Maltodextrin, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spices (Black Pepper, Celery, Turmeric), Onion Powder, Sugar, Dextrose, Refined Sunflower Oil, Spice Extract (Black Pepper, Capsicum, Celery), Acidity Regulator (Citric Acid). (*The Soyabean Oil used in this product is fully refined, therefore is not an allergen) May Contain Peanuts/ their derivatives.
Vegetable Oil Spray	Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Fries	Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
	Vegan Southern Fried Nuggets 'N' Fries
Vegan Southern Fried Nuggets	Mycoprotein (53%), Wheat Flour, (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil, Breadcrumb (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine, Yeast, Salt), Wheat Starch, Potato Protein, Wheat Gluten, Salt, Firming Agents: Calcium Chloride, Calcium Acetate; Water, Natural Flavouring, Pea Fibre, Spices (Paprika, Fennel, Black Pepper), Yeast Extract, Stabilisers: Carrageenan, Sodium Alginate; Black Pepper, Rice Flour, Dextrose, Acid: Citric Acid; Garlic Extract, Onion Oil.
Fries	Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
	Sides
Fries	Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose.
Onion Rings	Diced Onions (53%), Wheat flour, Vegetable oils (rapeseed, sunflower, in varying proportions), Gelling agent (E401), Salt, Yeast, Sugar, Flavouring (Paprika extract; Turmeric extract)
Mini Corn on the Cob (with Vegetable Oil Spray)	Sweetcorn. Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471).
Garlic Bread	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Fat Spread (17%) [Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3%) (Puree and Chopped), Yeast, Salt, Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains Wheat). May contain Soya and Milk.
	Drinks
Milk	100% Semi Skimmed Milk
Apple Juice	Apple Juice from Concentrate (100%)
Orange Juice Fruit Shoots - All flavours	Orange juice from concentrate (100%) Refer directly to the supplier- Fruit Shoot - www.fruitshoot.com/gb
Tango Orange/ Tango Apple/ 7Up Zero/ Pepsi Max/ Diet Pepsi	Refer directly to the supplier - Popsi - www.pepsi.co.uk/7up - www.7up.co.uk/
Flavour Shot - Cherry, Lime, Strawberry	Water, dextrin, flavourings, acid: citric acid, sweeteners: acesulfame K, sucralose, preservatives: potassium sorbate, sodium benzoate
Flavour Shot - Vanilla	Water, Natural Vanilla Flavouring with other Natural Flavourings, Sweeteners (Acesulfame K, Sucralose), Colour (Plain Caramel), Acid (Citric Acid), Preservative (Potassium Sorbate).
Robinsons Squash - All Flavours	Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk Kids Desserts
Chilly Billy Ice Lolly Blackcurrant & Apple	
	Kids Chocolate Brownie
Chocolate Brownie	Sugar, Pasteurised Free Range EGG, Milk Chocolate (17%) [Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)], Dark Chocolate (8%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Fat Reduced Cocoa Powder (3.7%), Raising Agents (E450, E501). May contain Nuts
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring.Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Chocolate Sauce (Rowse)	Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (Milk), Cocoa Liquor, Com Flour, Natural Vanilla Flavouring

FOOD ALLERGIES

	Ice Cream Factory
Ice Cream Mix	Skimmed Milk, Cream (10%) (Milk), Sugar, Fructose, Whey Powder (Milk), Emulsifier (E471), Stabilisers (E466, E412, E407, E401, E410), Flavouring, Salt Glucose syrup, water, raspberry puree from concentrate (10%), sugar, dextrose, modified starch, acidity regulators (citric acid, sodium citrates), colour (anthocyanins),
Raspberry Sauce	thickener (pectins), preservative (potassium sorbate), natural flavouring, natural raspberry flavouring with other natural flavourings
Chocolate Sauce	Glucose syrup, Sugar, Water, Sweetened condensed Milk, Couverture Milk chocolate (6 %) (Sugar, Cocoa butter, Whole Milk powder, Cocoa mass, Emulsifier (Soya lecithir Natural vanilla flavouring), Modified starch, Fat reduced cocoa powder, Preservative (Potassium sorbate), Natural flavouring.
Bubblegum Sauce	Sugar, Glucose Syrup, Water, Natural Flavouring, Colour : Anthocyanin (E163), Acid: Citric Acid, Preservative: Potassium Sorbate
Strawberry Crunch	Sugar, Glucose syrup, Water, Colour (E162), Natural flavouring, Coconut oil, Glazing agent (E901). Sugar, Cocoa butter, Whey powder (Milk), Fat-reduced cocoa powder, Whole Milk powder, Emulsifier (Soya lecithin), Glazing agents (Arabic gum, Carnauba wax, Bees wax
Milk Chocolate Beans	Colours (E101, E141, E160a, E162, E163, E171, E172).
Milk Chocolate Chips	Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, whey powder (Milk), Lactose (Milk), Emulsifier: Soya Lecithin; Flavouring.
Gold Stars	Sugar, Vegetable Oils (Coconut, Shea), Rice Flour, Water, Thickener (Sodium Carboxy Methyl Cellulose), Glazing Agents (Shellac, Acacia Gum), Anti Caking Agent (Potassiul Aluminum Silicate), Caramelised Sugar Syrup, Glucose Syrup, Flavouring, Colours (Iron Oxide and Hydroxides), Tapioca Starch, Safflower Concentrate.
Mixed Coloured Stars	Sugar, Palm Fat RSPO SG, Potato Starch, Rice Flour, Corn Starch, Colours: E163, E162, E160a, E100, E172; Natural Flavour
Mixed Chocolate Chips	White Chocolate Chips (50%) Sugar, Cocoa Butter, Whole Milk Powder, Lactose (Milk), Whey Powder (Milk), Emulsifier: Soya Lecithin (E322), Vanilla Extract.Dark Chcolate Chips (50%) Sugar, Vegetable Fat (Palm), Fat-Reduced Cocoa Powder, Emulsifiers: Soya Lecithin (E322) and Sorbitan Tristearate (E492), Natural Flavouring.
Mixed Chocolate Chunks	Milk Chocolate Chunks 34% - (Sugar, Whole Milk Powder, Cocoa Butter, Cocoa Mass, Emulsifier: (Soya); Flavouring) Dark Chocolate Chunks 33% - (Sugar, Cocoa Butter, Cocoa Mass, Emulsifier: (Soya); Flavouring) White Chocolate Chunks 33% - (Sugar, Whole Milk Powder, Cocoa Butter, Emulsifier: (Soya); Flavouring)
Marshmallows	Sugar, Glucose-fructose syrup, Water, Maize starch, Dextrose, Tapioca starch, Gelling agent: Carrageenan, Hydrolysed Rice protein, Natural flavouring, Colour: E162.
Gold Fudge	White Granulated Sugar, Sweetened Condensed Milk (Milk, Sugar), Fondant (Sugar, Glucose Syrup, Water), Glucose Syrup, Palm Oil, Salted Butter (Milk, Salt), Colour: Potassium Aluminium Silicate (E555), Iron Oxides and Hydroxides (E172), Natural Flavouring
	Hot Cookie Dough (All sizes served with Vanilla Ice Cream and Sauce) Chocolate Chip Cookie Dough
Chocolate Chip Cookie Dough	Wheat flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifi (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain Nuts and Egg.
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Chocolate Sauce (Rowse)	Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (Milcocoa Liquor, Corn Flour, Natural Vanilla Flavouring.
	White Chocolate & Caramel Cookie Dough
White Chocolate & Caramel Cookie Dough	Wheat flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, White Chocolate (12%) (Sugar, Cocoa butter, Whole MILK powder, Sweet whey powder (MILK), Lactose (MILK), MILK fat, Emulsifier (SOYA Lecithins), Natural vanilla flavouring, Glazing agent (Carnauba wax)), Water, Butterfat (MILK), Caramel pieces (8%) (Sugar, Glucose syrup, Condense MILK, Coconut oil, Butteroil (MILK), Natural flavouring, Glazing agent (Carnauba wax)), Water, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILI Salt, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain Nuts and Egg.
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xantha Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).
	Loaded Cookie Dough made with KitKat®
Chocolate Chip Cookie Dough	Wheat flour (WHEAT flour, Calcium carbonate, Iron; Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifi (SOYA lecithin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain Nuts and Egg.
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring.Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Nestlé KitKat® Sauce	Sugar, sunflower oil, skimmed MILK powder, biscuit granules 5% (sugar, WHEAT flour, vegetable oils (rapeseed, sunflower), lactose (MILK), MILK proteins, BARLEY malt extract, salt, raising agent (sodium bicarbonate), whey powder (MILK), anhydrous MILK fat, fat reduced-cocoa powder+ 3.8%, cocoa mass+ 3%, emulsifier (lecithins), salt, natural vanilla flavouring. May contain NUTS and SOYA.
Nestlé KitKat® Topping	wafer pieces [WHEAT flour, sugar, palm fat, WHEAT starch, emulsifier (SOYA lecithins), salt), sugar, cocoa butter, cocoa mass, skimmed MILK powder, whey powder produ [MILK), vegetable fats (palm, shea), butter oil (MILK), emulisifier (lecithins), natural vanilla flavouring. May contain TREE NUTS Apple Crumble Cookie Dough
	Wheat flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, White Chocolate (12%) (Sugar, Cocoa butter, Whole MILK powder, Sweet whey powder
White Chocolate & Caramel Cookie Dough	(MILK), Lactose (MILK), MILK fat, Emulsifier (SOYA Lecithins), Natural vanilla flavouring), Brown sugar, Butter (MILK), Caramel pieces (8%) (Sugar, Glucose syrup, Condense MILK, Coconut oil, Butteroil (MILK), Natural flavouring, Glazing agent (Carnauba wax)), Water, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILI Salt, Raising agent (Diphosphates, Sodium carbonates), Flavouring. May contain Nuts and Egg.
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring. Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xantha Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup).
Apple Compote	Apple, Sugar, Water, Modified Tapioca Starch, Lemon Juice Concentrate, Ground Cassia, Acidity Regulator (Citric Acid)
Crumble Topping	Wheat Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin), Granulated Sugar, Demerara Sugar (12%), Palm Oil, Rapeseed Oil, White Breadcrumb (Wheat Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin), Wheat Starch, Salt, Dextrose, Mono- and Di-glycerides of Fatty Acids, Rapeseed Oil), Dextrose

FOOD ALLERGIES

	I Can't Believe Its Not Cheesecake
Cheesecake	Biscuit Base (30%) [Fortified Wheat Flour, Calcium Carbonate, Iron, Thiamin, Niacin), Vegetable Oils (SG RSPO Palm, Rapeseed), Sugar, Invert Sugar Syrup, Raising Agents; E500ii, E503ii, Salt], Lotus Original Caramelised Biscuit Spread (23%) [Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm Oil From Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)], Non-Dairy Cream (16%) [Lentil Protein Preparation (Water, 1.1% Lentil Protein), Palm Fat, Rapeseed Oil, Sugar, Modified Corn Starch, Emulsifiers (Sunflower Lecithin, Sugar Esters of Fatty Acids, Mono-and Diglycerides of Fatty Acids), Stabilisers (Guar Gum, Locust Bean Gum), Natural Flavours, Salt, Colourant (Beta-Carotene).], Food Preparation With Coconut Oil (16%) [Water, Coconut Oil (23%), Starch, Sea Salt, Acidity Regulator: Glucono-Delta-Lactone, Flavourings, Olive Extract, Vitamin B12.], Sugar, Caramelised Biscuit (5%) [Wheat Flour, Sugar, Vegetable Oils (Palm (RSPO certified), Rapeseed), Candy Sugar Syrup, Raising Agent; E50 Soya Flour, Salt, Cinnamon], Starch, Partially Inverted Sugar Syrup, Tapioca Starch, Natural Vanilla Flavouring, Preservative(Potassium Sorbate (E202)). May contain Milk, Eggs, Sulphur Dioxide and Nuts.
	Biscuit Base (30%) [Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamin, Niacin), Vegetable Oils (SG RSPO Palm, Rapeseed), Sugar, Invert Sugar Syrup,
Cheesecake	Raising Agents; E500ii, E503ii, Saltj, Lotus Original Caramelised Biscuit Spread (23%) [Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm Oils From Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)], Non-Dairy Cream (16%) [Lentil Protein Preparation (Water, 1.1% Lentil Protein), Palm Fat, Rapeseed Oil, Sugar, Modified Corn Starch, Emulsifiers (Sunflower Lecithin, Sugar Esters of Fatty Acids, Mono-and Diglycerides of Fatty Acids), Stabilisers (Guar Gum, Locust Bean Gum), Natural Flavours, Salt, Colourant (Beta-Carotene).], Food Preparation With Coconut Oil (16%) [Water, Coconut Oil (23%), Starch, Sea Salt, Acidity Regulator: Glucono-Delta-Lactone, Flavourings, Olive Extract, Vitamin B12.], Sugar, Caramelised Biscuit (5%) [Wheat Flour, Sugar, Vegetable Oils (Palm (RSPO certified)), Rapeseed), Candy Sugar Syrup, Raising Agent; E50 Soya Flour, Salt, Cinnamon], Starch, Partially Inverted Sugar Syrup, Tapioca Starch, Natural Vanilla Flavouring, Preservative(Potassium Sorbate (E202)). May contain Milk, Eggs, Sulphur Dioxide and Nuts.
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring.Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xantha Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup). Chocolate Brownie
	Sugar, Pasteurised Free Range EGG, Milk Chocolate (17%) [Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring],
Chocolate Brownie	Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)], Dark Chocolate (8%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring], Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Fat Reduced Cocoa Powder (3.7%), Raising Agents (E450, E501). <i>May contain Nuts</i>
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Chocolate Sauce (Rowse)	Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (Mil Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring
Chilly Billy Ice Lolly Blackcurrant &	Chilly Billy Ice Lolly Blackcurrant & Apple
Apple	Apple juice (88%), Blackcurrant juice (11.75%), Stabiliser (carob gum) 0.25%, antioxidant (ascorbic acid). <i>may contain hazelnuts</i> Ice Cream
Vanilla Ice Cream	Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin).
Take Away Vanilla Ice Cream	Take Away Vanilla Ice Cream Whole Milk, Sugar, Double Cream (Milk), Buttermilk Powder, Emulsifier: Mono-& Diglycerides of Fatty Acids, Flavouring, Stabilisers: Sodium Alginate, Guar Gum, Colours: Curcumin, Annatto Norbixin, Plain Caramel. Sauces
Chocolate Sauce (Rowse)	Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (Mil Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring
Salted Caramel Sauce	Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xantha Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup). Drinks
	Soft Drinks
Tango Orange/ Tango Apple/ 7Up Zero/ Pepsi Max/ Diet Pepsi	Refer directly to the supplier - Pepsi - www.pepsi.co.uk/7up - www.7up.co.uk
Flavour Shot - Cherry, Lime, Strawberry	Water, dextrin, flavourings, acid: citric acid, sweeteners: acesulfame K, sucralose, preservatives: potassium sorbate, sodium benzoate
Flavour Shot - Vanilla	Water, Natural Vanilla Flavouring with other Natural Flavourings, Sweeteners (Acesulfame K, Sucralose), Colour (Plain Caramel), Acid (Citric Acid), Preservative (Potassium Sorbate).
Robinsons Squash - All Flavours	Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk Refer directly to the supplier - Belu - www.belu.com
Belu Still Water / Sparkling Water	2 11
Lipton Peach Iced Tea Bottle of Pepsi	Refer directly to the supplier - Lipton - www.liptonicedtea.com Refer directly to the supplier - Pepsi - www.pepsi.co.uk
Irn Bru Apple Juice	Refer directly to the supplier - Agbarr - www.agbarr.co.uk Apple Juice from Concentrate (100%)
Orange Juice	Orange juice from concentrate (100%)
J2O - all flavours Gingerella	Refer directly to the supplier - J20 - www.j20.co.uk Refer directly to the supplier - Karma Cola - www.karmacola.co.uk
Soda Folk - Cream Soda Bottle of 7Up Zero / Pepsi Max /	Refer directly to the supplier - Soda Folk - www.sodafolk.com Refer directly to the supplier - Pepsi - www.pepsi.co.uk/ 7up - www.7up.co.uk
Tango Orange / Pepsi Bottle of Diet Pepsi	Refer directly to the supplier - Pepsi - www.pepsi.co.uk
	Hot Drinks
Black Tea Tea with Milk	100% Black Tea 100% Black Tea, 100% Semi Skimmed Milk
Hot Chocolate	Sugar, Whey Powder (Milk), Low Fat Cocoa Powder, Skimmed Milk Powder, Acidity Regulator E331, Salt, Flavouring, Anti-Caking Agent E551.
Americano with Milk, Caffe Latte, Cappuccino	Roasted & Ground Coffee, 100% Semi Skimmed Milk
	Roasted & Ground Coffee Alcoholic Drinks
Pinot Grigio / Merlot / White Zinfandel	Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk/
Prosecco	Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk/
Budweiser San Miguel	Refer to label on bottle or directly to the supplier - Budweiser - www.budweiser.com/en/company/products/budweiser Refer directly to the supplier - San MIguel - www.sanmiguel.com
Brewdog Punk IPA	Refer directly to the supplier - Brewdog - www.BrewDog.com
Kopparberg Strawberry & Lime Kopparberg Mixed Fruit Tropical	Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/ Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/
Bulmer's	Refer directly to the supplier - Bulmer's - www.Bulmers.co.uk/nutritional-values Page 15

FOOD ALLERGIES

	nenu is provid	led as a g	juide. All οι	ır dishes are f	inished by I	hand, there	fore these	are appro	ximate	values o	nly.	
	Average Weight of Portion (g)	Energy per Portion (kcal)	Protein per Portion (g)	Carbohydrate per Portion (g)	Sugar per Portion (g)	Fat per Portion (g)	Saturated Fat per Portion (g)	Salt per Portion (g)				
Sides			1				1					
Fries	230	384	5.1	51	1.2	17	2.1	2.3				
Onion Rings	158	338	5.5	47	7.0	15	1.7	1.4				
Garlic Bread	120	360	9.0	47	3.4	14	4.3	0.84				
Garlic Bread with Cheese	181	530	20	49	4.6	27	12	1.7				
Mozzarella Sticks with Sweet Chilli Dip	198	501	18	56	22.5	22	9.0	2.9				
Cheesy Triangles with Sweet Chilli Dip	168	475	14	44	21.4	26	11	3.0				
Halloumi Fries with Sweet Chilli Dip	145	374	14	35	23.1	20	9	2.1				
Vegan Southern Fried Nuggets	120	248	12	18	0.6	13	1.0	1.1				
Mini Corn on the Cob	267	207	6.4	29	18	4.8	8.0	0.01				
Cheesy Bite Bites	240	534	24	75	2.2	15	6.2	2.1				
Loaded Cheesy Bite Bites	270	634	30	76	2.4	23	10	2.6				
Sweet Chilli Loaded Cheesy Bite Bites	297	669	30	85	9.8	23	10	2.7				
Loaded Bacon Cheesy Bite Bites	297	711	34	77	2.5	29	15	3.1				
BBQ Chicken Wings	121	247	24	6.7	4.4	14	3.4	2.0				
Hot Honey BBQ Chicken Wings	132	281	24	15	12.1	14	3	2.0				
Chicken Bites	158	359	22	30	0	16	1.7	1.6				
Hot Honey Chicken Bites	169	394	22	38	8.5	17	2	1.7				
Using DDO Cours	Dips & Bits		1 4	2.4	20			4				
Heinz BBQ Sauce	100	138	1	34	29	0	0	1				
Heinz Tomato Ketchup	100	102	1.5	23	23	0	0	2				
BBQ Sauce	100	119	1.5	27	22	0.4	0.1	1.2				
Tomato Ketchup	100	99	2.0	21	21	0.3	0.1	0.90				
Chilli Flakes	Dine In Di	3 n Dets	0.1	0.3	0.1	0.2	0	0				
C			0.64	2.6	2.0	27.7	2.0	0.41				
Sour Cream	45 60	266	0.64	3.6	2.8	27.7	2.0	0.41				
Sweet Chilli	60	98 197	0.16 0.30	24.2 49.2	48.6	0.30	0.0	0.34				
Hot Honey	50	13					0.12					
Frank's RedHot®	Takeaway I		1.25	0.9	0.2	0.3	0.1	4.2				
Heinz Garlic Sauce Dip Pot	25	89	0.2	2.0	1.1	9.0	1.4	0.35				
Heinz BBQ Sauce Dip Pot	25	29	0.2	6.4	5.0	0.1	0	0.33				
Heinz Sweet Chill Dip Pot	25	47	0.4	11.5	10.5	0.0	0.0	0.38				
*Nutritional values don't account for the dips chosen by the consur	ner. These value	s should be	e taken from	Tabletop Sauce	es' and added	to the produ	act nutrition	als.				
	Weight of Portion (g)	per Portion	Protein per Portion (g)	Carbohydrate per Portion (g)	Sugar per Portion (g)	Fat per Portion (g)	Saturated Fat per Portion (g)	Salt per Portion (g)				
	Portion (g)	per Portion (kcal)		per Portion			Fat per	Portion				
	Portion (g) Salad St	per Portion (kcal) ation		per Portion			Fat per	Portion				
Potato Salad	Portion (g) Salad St Dressed S	per Portion (kcal) ation	Portion (g)	per Portion (g)	Portion (g)	Portion (g)	Fat per Portion (g)	Portion (g)				
	Portion (g) Salad St Dressed 9	per Portion (kcal) ation Salads	Portion (g)	per Portion (g)	Portion (g)	Portion (g)	Fat per Portion (g) 0.49	Portion (g) 0.38				
Coleslaw	Portion (g) Salad St Dressed S	per Portion (kcal) ation	0.8 0.4	9.1 3.1	Portion (g)	Portion (g)	Fat per Portion (g)	Portion (g)				
Potato Salad Coleslaw Sweetcorn Diced Beetroot	Salad St Dressed S 63 50	per Portion (kcal) ation Salads 102 68	Portion (g)	per Portion (g)	1.7 2.4	6.7 5.9	Fat per Portion (g) 0.49 0.43	Portion (g) 0.38 0.07				
Coleslaw Sweetcorn	Salad St Dressed S 63 50 26	per Portion (kcal) ation Salads 102 68 20	0.8 0.4 0.70	9.1 3.1 3.5	1.7 2.4 0.93	6.7 5.9 0.4	Pat per Portion (g) 0.49 0.43 0.24	0.38 0.07 0.01				
Coleslaw Sweetcorn Diced Beetroot	Portion (g) Salad St Dressed St 63 50 26 24	per Portion (kcal) ation Salads 102 68 20 12 1	0.8 0.4 0.70 1.0	9.1 3.1 3.5 1.6	1.7 2.4 0.93 1.1	6.7 5.9 0.4 0.1	Pat per Portion (g) 0.49 0.43 0.24 0.07	Portion (g) 0.38 0.07 0.01 0.02				
Coleslaw Sweetcorn Diced Beetroot	Portion (g) Salad St Dressed 9 63 50 26 24 16	per Portion (kcal) ation Salads 102 68 20 12 1	0.8 0.4 0.70 1.0	9.1 3.1 3.5 1.6	1.7 2.4 0.93 1.1	6.7 5.9 0.4 0.1	Pat per Portion (g) 0.49 0.43 0.24 0.07	Portion (g) 0.38 0.07 0.01 0.02				
Coleslaw Sweetcorn Diced Beetroot Jalapenos	Portion (g) Salad St Dressed St 63 50 26 24 16 Fresh St 17 33	per Portion (kcal) ation Salads 102 68 20 12 1 alad	0.8 0.4 0.70 1.0 0.07	9.1 3.1 3.5 1.6 0.07	1.7 2.4 0.93 1.1 0	6.7 5.9 0.4 0.1	Pat per Portion (g) 0.49 0.43 0.24 0.07 0.03	0.38 0.07 0.01 0.02 0.48				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes	Portion (g) Salad St Dressed ! 63 50 26 24 16 Fresh S 17 33 35	per Portion (kcal) ation Salads 102 68 20 12 1 alad 2	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2	9.1 3.1 3.5 1.6 0.07	1.7 2.4 0.93 1.1 0	6.7 5.9 0.4 0.1 0 0 0.1	Pat per Portion (g) 0.49 0.43 0.24 0.07 0.03	0.38 0.07 0.01 0.02 0.48				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26	per Portion (kcal) ation Salads 102 68 20 12 1 alad 2 6 6 3 4	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5	6.7 5.9 0.4 0.1 0.1 0 0.1 0.1	0.49 0.43 0.24 0.07 0.03	0.38 0.07 0.01 0.02 0.48				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers	Portion (g) Salad St Dressed : 63 50 26 24 16 Fresh S 17 33 35 26 21	per Portion (kcal) ation Salads 102 68 20 12 1 alad 2 6 3	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.2 0.3	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2	6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0	0.49 0.43 0.24 0.07 0.03	Portion (g) 0.38 0.07 0.01 0.02 0.48 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18	per Portion (kcal) ation (salads 102 68 20 12 1 alad 2 6 6 3 4 8 8 9	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.2 0.3	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3	6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0	Fat per Portion (g) 0.49 0.43 0.24 0.07 0.03 0 0 0 0 0	Portion (g) 0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18	per Portion (kcal) ation 5alads 102 68 20 12 1 alad 2 6 6 3 4 4 8 9 9 4	0.8 0.4 0.70 1.0 0.07	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 0.1	0.49 0.43 0.24 0.07 0.03 0 0 0 0	0.38 0.07 0.01 0.02 0.48 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach	Portion (g) Salad St Dressed 1 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20	per Portion (kcal) ation Salads 102 68 20 12 1 alad 2 6 6 3 4 8 9 4 4	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.2 0.3	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3	6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0	Fat per Portion (g) 0.49 0.43 0.24 0.07 0.03 0 0 0 0 0	Portion (g) 0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Ialapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18	per Portion (kcal) ation Salads 102 68 20 12 1 alad 2 6 6 3 4 8 9 4 4	0.8 0.4 0.70 1.0 0.07	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 0.1	0.49 0.43 0.24 0.07 0.03 0 0 0 0	0.38 0.07 0.01 0.02 0.48 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Ialapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 Dried It	per Portion (kcal) ation (kcal) 102 68 20 12 1 alad 2 6 6 3 4 4 8 9 9 4 4 4 eems 69	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.3 0.1 0.5 0.7	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0.1 0 4.0	Pat per Portion (g) 0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0	0.38 0.07 0.01 0.02 0.48 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 Dried It	per Portion (kcal) ation (kcal) ation 5alads 20 12 1 alad 2 2 6 8 8 9 4 4 4 ems 69 31	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.3 0.1 0.5 0.7	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0 0.0	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 4.0 0.8	Sat per Portion (g) 0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0	0.38 0.07 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Islapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Tortilla Chips	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 Dried It 13 7	per Portion (kcal) ation (kcal) 102 68 20 12 1 alad 2 6 6 3 4 4 4 4 4 4 4 4 4 4 4 6 6 6 9 31 64 6 6 9 31 64 6 6 9 31 64	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.3 0.1 0.5 0.7	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1	1.7 2.4 0.93 1.1 0 0.5 0.6 0.6 2.3 0.0 0.0	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0 0.1 0 0.1 0 4.0 0.8 2.7	0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Ialapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Crottilla Chips Crispy Onions	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20 Dried It 13 7 13 6	per Portion (kcal) ation (kcal) 102 68 20 12 1 alad 2 6 6 3 4 4 8 9 9 4 4 4 ems 69 31 16 69 35	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.3 0.1 0.5 0.7 1.2 0.8 0.8	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0 0.0 0.5	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 4.0 0.8 2.7 2.6	0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Portion (g) 0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Ialapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Troutons Tortilla Chips Crispy Onions	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 Dried It 13 7 13 6 16	per Portion (kcal) ation (kcal) ation (kcal) ation alads 20 12 1 2 1 alad 2 2 6 8 8 9 4 4 9 9 4 4 9 1 1 1 1 1 1 1 1 1 1 1 1	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.3 0.1 0.5 0.7	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1	1.7 2.4 0.93 1.1 0 0.5 0.6 0.6 2.3 0.0 0.0	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0 0.1 0 0.1 0 4.0 0.8 2.7	0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Ialapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas	Portion (g) Salad St Dressed : 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 Dried It 13 7 13 6 Dressings	per Portion (kcal) ation (kcal) ation (kcal) 102 68 20 12 1 alad 2 6 8 8 9 4 4 4 ems 69 4 35 43 8 & Dips	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.3 0.1 0.5 0.7	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1 6.6 4.7 8.2 2.4	1.7 2.4 0.93 1.1 0 0 0.5 0.6 1.2 2.3 0.0 0.0 0.5	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0 0.1 0 0 0 0	0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Portion (g) 0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Ialapenos Lettuce Mix Cherry Tomatoes Lucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Crotilla Chips Crispy Onions Sultanas Thousand Island Dressing	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20 20 Dried It 13 7 13 6 16 Dressings 30	per Portion (kcal) ation (kcal) 102 68 20 12 1 alad 2 6 6 3 4 4 8 9 4 4 4 ems 69 31 64 35 43 8 Dips 80	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.3 0.1 0.5 0.7 1.2 0.8 0.8 0.4 0.4	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1 6.6 4.7 8.2 2.4 11	Portion (g) 1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0 0.0 0.5 0.1 0.2 0.5 11 1.5	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0 0.1 0 0.1 0 0.1 0 0.1 0 7.2	Pat per Portion (g) 0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0 1.9 0.4 0.3 1.3 0	Portion (g) 0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing Blue Cheese Dressing	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20 Dried It 13 7 13 6 16 Dressings	per Portion (kcal) ation (kcal) ation salads 20 12 12 1 alad 2 2 6 8 8 9 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.3 0.1 0.5 0.7	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1 6.6 4.7 8.2 2.4 11 3.4 5.2	Portion (g) 1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0 0.0 0.5 0.1 0.2 1.1 0.2 0.5 0.1 0.2 0.5 0.1 0.2 0.5 0.1 0.2 0.5 0.1 0.2 0.5 0.1	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 7.2 6.6 0 7.2	Pat per Portion (g) 0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Portion (g) 0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing Blue Cheese Dressing Garlic Mayonnaise	Portion (g) Salad St Dressed : 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 Dried It 13 7 13 6 Dressings 30 27 29	per Portion (kcal) ation (kcal) ation (kcal) ation alads 20 102 1 alad 2 6 8 8 9 9 4 4 4 4 8 8 9 9 4 4 4 4 8 8 8 9 9 4 4 8 8 8 9 9 4 8 8 9 9 9 9	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.2 0.3 0.1 0.5 0.7 1.2 0.8 0.8 0.4 0.4	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1 6.6 4.7 8.2 2.4 11 3.4 5.2 1.2	1.7 2.4 0.93 1.1 0 0 0.5 0.6 1.2 2.3 0.0 0.0 0.5 0.5 1.1 2.3 1.1 1.2 2.3 1.1 1.2 2.3 1.1 1.2 2.3 1.1 1.2 2.3 1.1 1.2 2.3 1.1 1.2 2.3 1.1 1.2 2.3 1.1 1.2 1.2 1.2 1.2 1.2 1.2 1.2 1.2 1.2	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0 0.1 0 0 0.1 0 0 0 0 0 1 0 0 7.2 11 13	O.49	Portion (g) 0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Croutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing Blue Cheese Dressing Garlic Mayonnaise Light Mayonnaise	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20 20 Dried It 13 7 13 6 Dressings 30 27 29 34	per Portion (kcal) ation (kcal) 102 68 20 12 1 alad 2 6 6 3 4 4 8 9 4 4 4 8 9 4 4 4 8 8 0 19 8 8 0 125 125 125 127 138	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.3 0.1 0.5 0.7 1.2 0.8 0.8 0.4 0.4 0.4 0.5 0.7	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1 6.6 4.7 8.2 2.4 11 3.4 5.2 1.2 4.3	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0 0.0 0.5 0.1 0.2 1.1 0.2 1.2 2.3 1.1 0.0 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 7.2 11 13 13	Fat per Portion (g) 0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Portion (g) 0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix Cherry Tomatoes Cucumber Mixed Peppers Red Onion Shredded Carrot Spinach Rocket Bacon Bits Groutons Tortilla Chips Crispy Onions Sultanas Thousand Island Dressing Blue Cheese Dressing Garlic Mayonnaise Light Mayonnaise Ranch Dressing	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 Dried It 13 7 13 6 Dressings 30 27 29 34 31	per Portion (kcal) ation (kcal) ation (kcal) ation 3 lads 20 12 12 1 alad 2 2 6 8 8 9 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.3 0.1 0.5 0.7 1.2 0.8 0.8 0.4 0.4 0.4 0.4 0.4 0.4	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1 6.6 4.7 8.2 2.4 11 3.4 5.2 1.2 4.3	Portion (g) 1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0 0.0 0.5 0.1 0.2 1.0 0.0 1.5 0.1 0.2 0.5 11	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 7.2 11 13 15	Name	Portion (g) 0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
Coleslaw Sweetcorn Diced Beetroot Jalapenos Lettuce Mix	Portion (g) Salad St Dressed 9 63 50 26 24 16 Fresh S 17 33 35 26 21 18 20 20 20 Dried It 13 7 13 6 Dressings 30 27 29 34	per Portion (kcal) ation (kcal) 102 68 20 12 1 alad 2 6 6 3 4 4 8 9 4 4 4 8 9 4 4 4 8 8 0 19 8 8 0 125 125 125 127 138	0.8 0.4 0.70 1.0 0.07 0.1 0.2 0.2 0.3 0.1 0.5 0.7 1.2 0.8 0.8 0.4 0.4 0.4 0.5 0.7	9.1 3.1 3.5 1.6 0.07 0.2 1.0 0.5 0.7 1.7 2.3 0.0 0.1 6.6 4.7 8.2 2.4 11 3.4 5.2 1.2 4.3	1.7 2.4 0.93 1.1 0 0.2 1.0 0.5 0.6 1.2 2.3 0.0 0.0 0.5 0.1 0.2 1.1 0.2 1.2 2.3 1.1 0.0 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5 0.5	Portion (g) 6.7 5.9 0.4 0.1 0.1 0 0.1 0 0.1 0 0.1 0 0.1 0 7.2 11 13 13	Fat per Portion (g) 0.49 0.43 0.24 0.07 0.03 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Portion (g) 0.38 0.07 0.01 0.02 0.48 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				

FOOD ALLERGIES

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy.

The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only. Number Carbohydra Saturate Weight of Energy per Protein per Sugar per Fat per Salt per of Slices d Fat per te per Slice Pizza (g) Slice (kcal) Slice (g) Slice (g) Slice (g) Slice(g) per Pizza Pizza Pepperoni Individual Pan (9") 400 0.8 0.77 810 398 272 161 Sharing Pan (13") 29 18 4.1 6.4 0.84 Individual Handcrafted (11") 6.9 2.0 1.4 2.0 Sharing Handcrafted (14") 704 213 9.2 24 8.7 3.6 1.1 Individual Handcrafted (14") Sharing Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 394 698 158 210 18 8.6 1.0 Individual Stuffed Crust (11") Sharing Stuffed Crust (14") Cheesy Bites (14") Gluten Free (9" Square) 912 291 164 1.3 0.70 14 30 20 13 7.1 5.9 2.6 Pepperoni Feas Individual Pan (9") 45 214 310 0.98 8.8 18 29 18 24 18 12 16 Sharing Pan (13") 9.3 12.0 7.7 Individual Handcrafted (11") 450 194 8.6 1.05 Sharing Handcrafted (14")
Individual Handcrafted (11") WITHOUT Garlic Sprinkle 785 2.1 1.4 0.90 721 568 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 10 Individual Stuffed Crust (11") Sharing Stuffed Crust (14") 935 305 30 2.7 14 5.8 Cheesy Bites (14") 935 305 30 5.8 Gluten Free (9" Square) 197 6.1 9.9 0.90 & Spicy Peppe Individual Pan (9") 9.0 13 0.9 463 934 18 29 11.9 17 4.0 1.00 Sharing Pan (13") Individual Handcrafted (11") 461 8.8 18 9.6 1.1 5.1 Sharing Handcrafted (14")
Individual Handcrafted (11") WITHOUT Garlic Sprinkle 828 457 267 195 9.5 13.3 0.99 18 8.7 264 274 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 822 11.8 613 2.0 Individual Stuffed Crust (11") 13 14 1.3 Sharing Stuffed Crust (14") 1036 345 345 30 30 17 7.4 7.4 1.7 17 1036 Cheesy Bites (14") Gluten Free (9" Square) 414 201 6.3 1.6 10.3 3.6 0.94 Spicy GOA The Individual Pan (9") Sharing Pan (13") 498 996 204 298 0.74 1.1 8.5 12 3.8 4.8 9.2 Individual Handcrafted (11") 496 183 8.3 11 21 28 4.4 5.6 6.9 3 5 0.8 Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic Sprinkle 492 180 8.2 4.4 6.8 3.5 0.73 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 884 10.9 27 236 5.5 4.9 9.1 4.7 1.0 Individual Stuffed Crust (11") 26 648 6.0 1.0 1098 Sharing Stuffed Crust (14") 13 6.3 Cheesy Bites (14") Gluten Free (9" Square) 6.3 4.6 1098 34 23 186 Chicken & Bacon Club Individual Pan (9") 9.1 0.81 Sharing Pan (13") Individual Handcrafted (11") 1110 14 31 20 2.4 5.0 528 1004 8.8 9.9 0.9 Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic Sprinkle 13 9.8 272 203 26 19 4.5 8.8 0.80 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Individual Stuffed Crust (11") 998 269 12.1 14 26 25 3.1 12.8 14 4.5 1.1 680 282 5 9 1212 350 3.9 17 17 6.8 Sharing Stuffed Crust (14") 1.4 Cheesy Bites (14") 17 6.8 1.4 en Fajita Individual Pan (9") 535 1083 216 316 2.4 3.6 8.6 0.81 Sharing Pan (13") 4.0 533 977 3.0 4.4 8.8 0.9 Individual Handcrafted (11") 196 8.4 20 Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic Sprinkle 529 971 193 8.3 8.7 0.81 11.4 11.2 3.5 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 254 273 26 25 4.3 1.0 Individual Stuffed Crust (11") 3.5 5.0 685 1.1 118 Sharing Stuffed Crust (14") 335 199 Cheesy Bites (14") 1185 15 9.5 0.75 Gluten Free (9" Square) 486 5.9 3.2 awaiian Individual Pan (9") 456 166 7.6 19 6.4 0.77 2.0 Sharing Pan (13") Individual Handcrafted (11") 936 454 249 158 30 21 2.8 9.0 4.6 1.2 Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic Sprinkle 830 450 6.0 4.0 2.4 1.8 0.77 10 7.3 28 19 4.0 3.5 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Individual Stuffed Crust (11") 9.8 824 187 25 2.2 1.0 606 24 2.9 8.4 4.2 1038 1038 268 Sharing Stuffed Crust (14") 4.2 9.1 9.1 4.2 4.5 407 Chick Gluten Free (9" Square) 149 4.9 4.8 0.70 en Suprer Individual Pan (9") 168 8. 6.3 8.9 0.62 Sharing Pan (13") Individual Handcrafted (11") 14 492 931 8.4 4.1 Sharing Handcrafted (14") Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 197 12 24 2.6 1.1 488 925 145 194 18 24 1.8 4.0 0.99 8.4 0.91 Individual Stuffed Crust (11") 23 30 30 Sharing Stuffed Crust (14") 1139 1.1 Cheesy Bites (14") 1139 4.5 Gluten Free (9" Square) 445 151 20 1.9 4.7 1.9 0.56

FOOD ALLERGIES

Sharing Stuffed Crust (14")

Cheesy Bites (14") Gluten Free (9" Square)

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy.

The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only Number Carbohydra Saturate Weight of Energy per Protein per Fat per Sugar per Salt per of Slices d Fat per te per Slice Pizza (q) Slice (kcal) Slice (g) Slice (g) Slice (g) Slice(g) per Pizza at Feast Individual Pan (9") 468 197 9.2 19 9.3 0.90 Sharing Pan (13") 970 303 14 30 14 Individual Handcrafted (11") 0.97 466 176 9.0 19 864 Sharing Handcrafted (14") 244 2.4 Individual Handcrafted (11") WITHOUT Garlic Sprinkle 462 174 8.9 18 1.6 6.9 2.8 0.89 858 618 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 24 24 1.3 Individual Stuffed Crust (11") 5.4 Sharing Stuffed Crust (14") Cheesy Bites (14") 1072 1072 14 14 Gluten Free (9" Square) 419 180 6.5 20 1.8 7.7 2.9 0.83 preme 3.2 4.7 Individual Pan (9") 489 199 8.5 19 1.2 9.8 0.83 1003 Sharing Pan (13") 304 1.9 14 487 897 ndividual Handcrafted (11") 178 8. 19 0.9 245 2. 11 Sharing Handcrafted (14") 25 Individual Handcrafted (11") WITHOUT Garlic Sprinkle 483 176 8 2 19 1.8 74 29 0.82 891 242 255 323 10.5 4.1 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 25 24 1.1 Individual Stuffed Crust (11") 639 1105 13 12 14 5.4 1.1 Sharing Stuffed Crust (14") 6.5 Cheesy Bites (14") Gluten Free (9" Square) 3.3 1.4 0.77 31 20 14 8.1 BBQ American Individual Pan (9") 508 191 9.4 2.4 1054 499 950 Sharing Pan (13") Individual Handcrafted (11") 14.6 33 21 28 10.5 4.8 4.5 6.6 1.28 Sharing Handcrafted (14") 233 14.3 495 944 ndividual Handcrafted (11") WITHOUT Garlic Sprinkle 0.82 2.1 4.4 14.2 1.19 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 230 6.5 651 1156 26 9.1 14 19 311 34 5.2 5.0 1.5 Sharing Stuffed Crust (14") Cheesy Bites (14") 1156 10.5 0.75 Gluten Free (9" Square) 459 6.6 eggie 162 245 6.3 8.8 488 0.58 0.89 Individual Pan (9") 19 6.4 Sharing Pan (13") 1019 9.6 31 Individual Handcrafted (11") 486 141 6.1 19 4.0 0.64 Sharing Handcrafted (14") 913 186 8 1 26 3.2 5.1 2 1 0.82 Individual Handcrafted (11") WITHOUT Garlic Sprinkle 0.56 0.73 482 139 6.1 19 3.9 5.0 1.6 907 638 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 183 8.0 25 24 Individual Stuffed Crust (11") 218 11 2.6 8.3 4.2 0.86 1121 1121 9.0 1.0 Sharing Stuffed Crust (14") Cheesy Bites (14") Gluten Free (9" Square) 439 108 16 0.39 3.5 argherita 398 796 Individual Pan (9") 169 7.0 18 0.9 0.64 2.7 3.5 Sharing Pan (13") 250 10 29 10 0.96 6.8 8.7 Individual Handcrafted (11") 394 149 18 1.6 5 1 0.71 690 6.4 3.0 0.90 Sharing Handcrafted (14") Individual Handcrafted (14") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 392 684 548 5.0 6.3 9.4 2.3 3.0 146 6.7 8.7 18 1.5 0.63 188 225 23 23 0.81 Individual Stuffed Crust (11") 4.8 0.93 898 898 Sharing Stuffed Crust (14") 269 269 10 10 1.1 30 30 15 Cheesy Bites (14") Gluten Free (9" Square) 0.43 The G.O.A.T Individual Pan (9") 517 184 7.8 0.67 Sharing Pan (13") 1088 281 11.0 4.3 1.03 33 21 28 20 Individual Handcrafted (11") 515 982 7.3 9.8 5.5 7.3 5.4 0.74 222 161 Sharing Handcrafted (14") 1.0 ndividual Handcrafted (11") WITHOUT Garlic Sprinkle 0.66 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle 976 9. 28 5.6 4.1 0.89 Individual Stuffed Crust (11") 667 241 12 26 9.8 5.2 0.97 1190 Sharing Stuffed Crust (14") 300 14 6.0 34 6.7 1.2 6.7 11 1.2 Cheesy Bites (14") Gluten Free (9" Square) 1190 300 126 34 17 6.0 3.6 468 Ve Supre Individual Pan (9") 162 19 1.4 6.8 0.59 6.2 2.0 Sharing Pan (13") 1011 491 241 30 2.1 2.7 1.7 0.9 Individual Handcrafted (11") 5.9 4.5 Sharing Handcrafted (14") 905 182 25 18 2.9 0.8 Individual Handcrafted (11") WITHOUT Garlic Sprinkle 487 2.0 4.4 0.59 139 179 5.9 7.7 Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Individual Stuffed Crust (11") 899 54 2 1 0.8 643 24 4.2 0.9

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FOOD ALLERGIES

	enu is provid	led as a d	uide. All ou	r disnes are t	inished hv h	nand, there	fore these	are annr	oximate	values only	·.	
The below nutritional information for our me		Number			Carbohydra			Saturate		- and co only		
	Weight of	of Slices	Energy per	Protein per	te per Slice	Sugar per	Fat per	d Fat per	Salt per			
	Pizza (g)	per Pizza	Slice (kcal)	Slice (g)	(g)	Slice (g)	Slice (g)	Slice (g)	Slice(g)			
		gie Sizzler										
Individual Pan (9")	461	6	160	6.1	19	2.0	6.3	2.0	0.68			
Sharing Pan (13") Individual Handcrafted (11")	948 459	8	241 140	9 5.9	31 20	3.1 2.6	9 4.0	2.7 1.7	1.0 0.7			
Sharing Handcrafted (14")	842	8	182	8	26	3.9	5	2.1	1.0			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	455	6	137	5.9	19	2.6	3.9	1.6	0.67			
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	836	8	179	7.7	25	3.8	5.0	2.1	0.9			
Individual Stuffed Crust (11") Sharing Stuffed Crust (14")	611 1050	6 8	217 260	11 12	24 32	3.1 4.5	8	4.2 4.5	1.0 1.2			
Cheesy Bites (14")	1050	8	260	12	32	4.5	9	4.5	1.2			
Gluten Free (9" Square)	412	6	143	3.4	21	2.7	4.7	1.6	0.61			
		Feast Sizzl									T	
Individual Pan (9") Sharing Pan (13")	480 1000	6 8	193 298	8.9 14	19 30	1.1 1.6	9.0	3.1 4.5	0.97 1.5			
Individual Handcrafted (11")	478	6	172	8.6	19	1.7	6.7	2.7	1.0			
Sharing Handcrafted (14")	894	8	239	12	25	2.4	10	4.0	1.5			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	474	6	170	8.6	18	1.6	6.6	2.7	0.96			
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	888	8	236	12.3	24	2.4	9.7	4.0	1.4			
Individual Stuffed Crust (11") Sharing Stuffed Crust (14")	630 1102	6 8	249 317	13 17	24 31	2.2 3.1	11 14	5.2 6.3	1.3 1.6			
Cheesy Bites (14")	1102	8	317	17	31	3.1	14	6.3	1.6			
Gluten Free (9" Square)	431	6	176	6.1	20	1.8	7.4	2.7	0.90			
		rmhouse		-								
Individual Pan (9") Sharing Pan (13")	439 884	6 8	162 242	7.6 11	18 29	0.9 1.3	6.4 8.9	2.0	0.78 1.1			
Individual Handcrafted (11")	437	6	142	7.4	18	1.6	8.9 4.1	1.7	0.85			
Sharing Handcrafted (14")	778	8	183	9.6	24	2.1	5.2	2.2	1.1			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	433	6	139	7.3	18	1.5	4.0	1.7	0.77			
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	772	8	180	10	23	2.1	5.1	2.2	1.0			
Individual Stuffed Crust (11") Sharing Stuffed Crust (14")	589 986	6 8	219 261	12 14	23 30	2.1	8.4 9.1	4.2 4.5	1.1			
Cheesy Bites (14")	986	8	261	14	30	2.8	9.1	4.5	1.3			
Gluten Free (9" Square)	390	6	145	4.9	20	1.7	4.8	1.7	0.72			
	\A/=:= =+ = f	Number	F	Destrie	Carbohydra	C	F-4	Saturate	C-14			
	Weight of Pizza (g)	of Slices	Energy per Slice (kcal)	Protein per Slice (g)	te per Slice	Sugar per Slice (g)	Fat per Slice (g)	d Fat per	Salt per Slice(g)			
		per Pizza	Siree (iteal)	Since (g)	(g)	5cc (g)	Since (g)	Slice (g)	Silec(g)			
		gan Pizzas n Margheri	ta									
Individual Pan (9")	380	6	163	4.0	20	0.6	7.1	3.6	0.68			
Sharing Pan (13")	732	8	231	6.3	31	0.9	8.8	3.8	0.92			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	374	6	140	3.7	20	1.2	4.7	3.2	0.68			
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	620	8	169	4.8	25	1.6	5.0	3.3	0.84			
Gluten Free (9" Square)	331 Vea	6 Jan Veggie	146	1.3	22	1.3	5.5	3.2	0.65			
Individual Pan (9")	476	6	158	4.3	21	1.3	6.1	2.6	0.61			
Sharing Pan (13")	1013	8	245	6.9	33	2.1	9.1	3.9	0.94			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	470	6	135	4.0	21	1.9	3.8	2.2	0.59			
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)	901 427	8	183 141	5.4 1.6	28 22	2.8	5.3 4.5	3.3 2.3	0.84			
Giuterriee (5° Square)		eggie Supr		1.0	- 22	2.1	4.5	2.5	0.55			
Individual Pan (9")	481	6	157	4.2	20	1.2	6.4	2.4	0.60			
Sharing Pan (13")	1005	8	240	6.7	32	2.0	9.2	3.6	0.92			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle	475 893	6 8	134 178	3.9	20 27	1.8	4.1	2.1	0.60			
Sharing Handcrafted (14") WITHOUT Garlic Sprinkle Gluten Free (9" Square)	432	6	140	5.1 1.5	22	2.7	5.4 4.8	3.1 2.1	0.80			
		Veggie Sizz										
Individual Pan (9")	449	6	155	4.2	21	1.8	5.9	2.4	0.69			
Sharing Pan (13")	942	8	240	6.7	33	2.9	8.7	3.6	1.07			
Individual Handcrafted (11") WITHOUT Garlic Sprinkle Sharing Handcrafted (14") WITHOUT Garlic Sprinkle	443 830	8	132 178	3.9 5.1	21 28	2.4 3.6	3.5 4.9	2.1 3.0	0.68			
						٥.٠						
Giuten Free (9" Square)	400	6	138	1.5	22	2.6	4.3	2.1	0.62			
Giuten Free (9" Square)	400	6		1.5		2.6			0.62			
Giuten Free (9" Square)	400 Average			1.5 Carbohydrate		2.6 Fat per	Saturated	Salt per	0.62			
Gluten Free (9" Square)	400 Average Weight of	6 Energy per Portion	138	1.5 Carbohydrate per Portion	22		Saturated Fat per	Salt per Portion	0.62			
Giuten Free (9" Square)	400 Average Weight of Portion (g)	6 Energy per Portion (kcal)	138 Protein per	1.5 Carbohydrate	22 Sugar per	Fat per	Saturated	Salt per	0.62			
	Average Weight of Portion (g)	6 Energy per Portion (kcal)	138 Protein per Portion (g)	1.5 Carbohydrate per Portion (g)	Sugar per Portion (g)	Fat per Portion (g)	Saturated Fat per Portion (g)	Salt per Portion (g)	0.62			
Chicken Delight Flatbread	Average Weight of Portion (g) Flatbre	6 Energy per Portion (kcal) ads 499	Protein per Portion (g)	1.5 Carbohydrate per Portion (g)	Sugar per Portion (g)	Fat per Portion (g)	Saturated Fat per Portion (g)	Salt per Portion (g)	0.62			
Chicken Delight Flatbread The Little G.O.A.T Flatbread	Average Weight of Portion (g)	6 Energy per Portion (kcal)	138 Protein per Portion (g)	1.5 Carbohydrate per Portion (g)	Sugar per Portion (g)	Fat per Portion (g)	Saturated Fat per Portion (g)	Salt per Portion (g)	0.62			
Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread	400 Average Weight of Portion (g) Flatbre 289 295 301 289	6 Energy per Portion (kcal) ads 499 492 439 401	Protein per Portion (g) 27 24 20 13	1.5 Carbohydrate per Portion (g) 60 62 60 65	22 Sugar per Portion (g) 6.0 6.3 6.7 6.0	Fat per Portion (g) 19 16 12 8.9	Saturated Fat per Portion (g) 5.5 8 5.2 6.4	Salt per Portion (g) 1.9 2.0 2.7 2.8	0.62			
Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread	400 Average Weight of Portion (g) Flatbre 289 295 301 289 285	6 Energy per Portion (kcal) ads 499 492 439 401 499	Protein per Portion (g) 27 24 20	1.5 Carbohydrate per Portion (g) 60 62 60	22 Sugar per Portion (g) 6.0 6.3 6.7	Fat per Portion (g) 19 16 12	Saturated Fat per Portion (g) 5.5 8 5.2	Salt per Portion (g) 1.9 2.0 2.7	0.62			
Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread	Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt	6 Energy per Portion (kcal) ads 499 492 492 401 499 s	Protein per Portion (g) 27 24 20 13 33	1.5 Carbohydrate per Portion (g) 60 62 60 65 61	22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0	Fat per Portion (g) 19 16 12 8.9 16	Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9	Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7	0.62			
Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt	400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277	6 Energy per Portion (kcal) ads 499 492 439 401 499 s 749	138 Protein per Portion (g) 27 24 20 13 33	1.5 Carbohydrate per Portion (g) 60 62 60 65 61	22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0	Fat per Portion (g) 19 16 12 8.9 16	Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9	Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7	0.62			
Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt	Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt	6 Energy per Portion (kcal) ads 499 492 492 401 499 s	Protein per Portion (g) 27 24 20 13 33	1.5 Carbohydrate per Portion (g) 60 62 60 65 61	22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0	Fat per Portion (g) 19 16 12 8.9 16	Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9	Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7	0.62			
Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt	400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326 328	6 Energy per Portion (kcal) ads 499 492 439 401 499 s 749 771 704 898	138 Protein per Portion (g) 27 24 20 13 33 31 37	1.5 Carbohydrate per Portion (g) 60 62 60 65 61	22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 5.3 6.1	Fat per Portion (g) 19 16 12 8.9 16	Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9	Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7 4.5 4.9	0.62			
Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt BBQ Chicken Melt	400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326	6 Energy per Portion (kcal) ads 499 492 439 401 499 5 5 749 771 704 898	138 Protein per Portion (g) 27 24 20 13 33 31 37 34	1.5 Carbohydrate per Portion (g) 60 62 60 65 61 68 70 84	22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 5.3 6.1 19	Fat per Portion (g) 19 16 12 8.9 16 38 38 25	Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9 17 16 12	Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7 4.5 4.9	0.62			
Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt BBQ Chicken Melt	400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326 328 Main	6 Energy per Portion (kcal) ads 499 492 439 401 499 5 749 771 704 898 s Energy	138 Protein per Portion (g) 27 24 20 13 33 31 31 37 34 42	1.5 Carbohydrate per Portion (g) 60 62 60 65 61 68 70 84 71 Carbohydrate	22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 5.3 6.1 19 4.8	Fat per Portion (g) 19 16 12 8.9 16 38 38 25 49	Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9 17 16 12 24 Saturated	Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7 4.5 4.9 5.0 Salt per	0.62			
Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt BBQ Chicken Melt	400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326 328 Average Weight of	6 Energy per Portion (kcal) ads 499 492 439 401 499 5 749 771 704 898 ss Energy per	138 Protein per Portion (g) 27 24 20 13 33 31 37 34 42 Protein per	1.5 Carbohydrate per Portion (g) 60 62 60 65 61 68 70 84 71 Carbohydrate per Portion	22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 5.3 6.1 19 4.8	Fat per Portion (g) 19 16 12 8.9 16 38 38 25 49	Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9 17 16 12 24 Saturated Fat per	Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7 4.5 4.9 4.0 5.0 Salt per Portion	0.62			
Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt BBQ Chicken Melt	400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326 328 Main	6 Energy per Portion (kcal) ads 499 492 439 401 499 5 749 771 704 898 s Energy	138 Protein per Portion (g) 27 24 20 13 33 31 31 37 34 42	1.5 Carbohydrate per Portion (g) 60 62 60 65 61 68 70 84 71 Carbohydrate	22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 5.3 6.1 19 4.8	Fat per Portion (g) 19 16 12 8.9 16 38 38 25 49	Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9 17 16 12 24 Saturated	Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7 4.5 4.9 5.0 Salt per	0.62			
Chicken Delight Flatbread The Little G.O.A.T Flatbread Virtuous Veg Flatbread Vegan Virtuous Veg Flatbread BBQ Chicken 'N' Ham Flatbread Pepperoni Melt Meat Feast Melt BBQ Chicken Melt	400 Average Weight of Portion (g) Flatbre 289 295 301 289 285 Melt 277 312 326 328 Average Weight of	6 Energy per Portion (kcal) ads 499 492 439 401 499 5 749 771 704 898 Energy per Portion	138 Protein per Portion (g) 27 24 20 13 33 31 37 34 42 Protein per	1.5 Carbohydrate per Portion (g) 60 62 60 65 61 68 70 84 71 Carbohydrate per Portion	22 Sugar per Portion (g) 6.0 6.3 6.7 6.0 6.0 5.3 6.1 19 4.8	Fat per Portion (g) 19 16 12 8.9 16 38 38 25 49	Saturated Fat per Portion (g) 5.5 8 5.2 6.4 5.9 17 16 12 24 Saturated Fat per	Salt per Portion (g) 1.9 2.0 2.7 2.8 2.7 4.5 4.9 4.0 5.0 Salt per Portion	0.62			

FOOD ALLERGIES

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy.

The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only Carbohydra Saturate Number Weight of Energy per Protein per Sugar per Fat per Salt per of Slices te per Slice d Fat per Slice (g) Slice (g) Slice (g) Slice(g) Pizza (g) Slice (kcal) per Pizza (g) Slice (g) Buffet Pizzas Margherita Individual Pan (9") 398 169 7.0 0.9 7.4 0.64 18 2.7 10 250 149 0.96 Sharing Pan (13" 796 29 18 10 5.1 Individual Handcrafted (11") pperoni 400 181 18 0.8 8.7 2.9 0.77 Individual Pan (9") 810 398 4.1 2.6 Sharing Pan (13") 272 161 11 6.9 29 18 Individual Handcrafted (11") **BBQ** American 508 1054 191 289 2.4 3.7 2.1 0.79 Individual Pan (9") 7.5 Sharing Pan (13") 14.6 Individual Handcrafted (11") 9.6 0.90 'eggie Individual Pan (9") 488 6.4 10.7 6.3 10.0 0.58 19 35 1019 Sharing Pan (13") Individual Handcrafted (11") 486 141 4.0 0.64 eggie Hot Individual Pan (9") 471 6.1 19 1.4 6.2 0.68 Sharing Pan (13" 236 134 9.2 5.8 30 18 1.9 8.7 3.8 1.6 Individual Handcrafted (11") 465 0.68 waiian 1.7 2.8 6.4 9.0 2.0 Individual Pan (9") 456 166 7.6 11 19 30 0.77 936 249 Sharing Pan (13") 1.2 Individual Handcrafted (11") 454 158 7.6 21 4.6 1.8 Classic Chicker Individual Pan (9") Sharing Pan (13") 463 162 74 19 1.2 6.3 8.8 2.0 0.59 11.4 Individual Handcrafted (11") 457 139 18 1.8 3.9 1.6 0.57 Chicken Individual Pan (9") Sharing Pan (13") 461 161 19 1.2 6.3 2.0 0.70 10.8 1.8 8.8 29 20 242 Individual Handcrafted (11") 458 142 1.3 3.6 0.82 Onion ree Cheese Carame Individual Pan (9") 7.2 21 3.4 2.8 0.66 274 160 10.5 10.6 0.98 0.65 Sharing Pan (13") Individual Handcrafted (11") 6.9 BBQ & On 173 261 6.9 10.5 7.0 10.0 Individual Pan (9") Sharing Pan (13") Individual Handcrafted (11") 426 150 6.6 3.0 4.6 2.0 0.69 6 The G.O.A.T Individual Pan (9") 184 0.67 Sharing Pan (13") 1088 11.3 33 21 5.3 3.6 Individual Handcrafted (11") 0.74 515 164 7.3 5.5 Nduja 218 & Spicy Individual Pan (9") 9.0 18 0.9 11.9 1.00 4.0 934 326 197 17 9.6 1.5 Sharing Pan (13" 13 8.8 29 18 Individual Handcrafted (11") 461 1.5 The Spicy GOA 498 204 9.2 Individual Pan (9") 8.5 0.74 3.8 Sharing Pan (13") 996 298 33 21 4.8 13 1.1 183 Individual Handcrafted (11") Chicken & Bacon Club Individual Pan (9") 9.1 226 20 1.5 2.4 12.2 17 3.7 5.0 0.81 Sharing Pan (13") 14 31 Individual Handcrafted (11") 8.8 20 9.9 0.9 528 206 Chicken Fajita 535 8.6 0.81 Individual Pan (9") 32 Sharing Pan (13") 1083 316 13 3.6 4.0 20 8.8 Individual Handcrafted (11") 0.9 Average E Buffet Sides Energy Protein per Carbohydrate Sugar per Fat per Saturated Salt per **Buffet Pasta** 2.9 0.6 0.34 Tomato Pasta 100 2.3 12 4.6 97 105 4.2 11 2.6 4.6 2.4 0.61 Four Cheese & Broccoli Pasta Garlic Bre dsticks Garlic Breadsticks - Large 20.1 57 1.7 0 2.1 1.6 0.4 0.17 Garlic Breadsticks - Small 0.16 eadstick eesy Gar Cheesy Garlic Breadsticks - Large Cheesy Garlic Breadsticks - Small 93 8.0 81 7.6 0.1 4.2 27.5 3.2 1.6 0.29 Protein per Carbohydrate Fat pe Salt per Sugar per

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Onion Rings
Mini Corn on the Cob 0.43 3.0 Semi Skimmed Milk 101 94 3.4 2.0 225 230 10 21 0.25 Kids Orange Juice Kids Apple Juice 230 104 0 25 25 0 0 0 Robinsons Squash - Orange 0.05 5 0 0 0 Robinsons Squash - Apple & Blackcurrant 230 0 Ω 0.07 Desserts

Desserts											
Chilly Billy Blackcurrant & Apple Ice Lolly	80	30	0.2	7.6	7.6	0.1	< 0.1	0			
Kids Chocolate Brownie	145	404	5.4	50	43	20	9.3	0.11			
Ice Cream Factory											
Our Food Team have worked hard to develop the perfect recipe for your Ice Cream Creation! The following nutritional information is based on our recommended portions.											
Kids Ice Cream Factory											
	Average	Energy		Carbohydrate	Sugar per	Fat per	Sat Fat per				
Typical portion Ice Cream	129	151	4.3	18	17	6.6	4.6	0.27			
Typical portion Choc Sauce	8	24	0.1	5.4	4.5	0.2	0.1	0			
Toppings(3)	22	99	0.8	17	16	3.6	2.2	0.10			
TOTAL	159	274	5.2	40	38	10	7.0	0.37			
	Adults Ice Cre			1							
Typical portion Ice Cream	221	259	7.3	31	31	29	8.0	0.46			
Typical portion Choc Sauce	8	24	0.1	5.4	4.5	0.2	0.1	0			
Toppings(3)	22	99	0.8	17	16	3.6	2.2	0.10			
TOTAL	251	382	8.2	54	52	33	10	0.56			
Per 100g											
Ice Cream Builder Ice Cream		117	3.3	14	13	5.1	3.6	0.21			
Raspberry Sauce		249	0.1	62	43	0.4	0.2	0.04			
Chocolate Sauce		297	1.4	67	56	2.6	1.6	0.03			
Bubblegum Sauce		290	0.0	72	50	0.0	0.0	0.01			
Strawberry Crunch		397	0	98	98	1.7	1.6	0			
Milk Chocolate Chips		523	6.7	60	59	28	17	0.17			
Mixed Chocolate Chips		530	3.8	64	62	28	21	0.12			
Milk Chocolate Beans		464	2.5	76	75	16	9.8	0.10			
Gold Stars		437	1.1	84	79	10	6.4	0.10			
Mixed Coloured Stars			0.3	93	83	5.1	2.6	0.01			
Mixed Chocolate Chunks		539	6.3	59	57	30.4	18.6	0.12			
Marshmallows		323	0.5	79	71	0.5	0.1	0.12			
Gold Fudge		399	1.5	71	60	12.2	6.3	0.02			
							•				

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