

Dietary Information Booklet

Please ask to speak with a manager if you need any further guidance

At Pizza Hut Restaurants, we offer a range of food and dining options to cater for your lifestyle choices - we call this 'Taste Freedom'. However, with freedom comes responsibility and your health and wellbeing is our number one priority.

We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, with the exception of our gluten free dishes that contain 20ppm or less of gluten, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy. Finally please note due to the seriousness of allergies and food intolerances our restaurant teams will not be able to help select dishes.

If you, or anyone with you today, has a food allergy, please check this booklet for information on the 14 allergens and the full list of ingredients.

From time to time, suppliers and items on our menu will change and this can result in a change of ingredients and potentially allergens. Please check before each visit.

Allergy data in the table has been derived from specifications obtained from the suppliers of the products. We have taken all reasonable steps to ensure that this table is accurate at the time of publishing (June 2025).

The Nut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

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FOOD ALLERGIES

If you, or anyone with you today has a food allergy please ask a member of the team for our Allergen Guide, or scan the QR code for the full Dietary Information Booklet. We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy.



| The '•' indicates that the allergen is contained and present in this item. | | | | | | | | | | | | | | | | | | | |
|--|---------------|----------------------|---|---------------------------|-------------|-----|------|------|-----|--------------------|------------------|---------|------------------------|--------|--------|---------|-------|---------|------|
| The 'o' means that this allergen is present in the manufacturing site/factory/supply chain, therefore our suppliers believe there is a risk that this allergen could cross-contaminate the food. | | | | | | | | | | | | | | | | | | | |
| Dish Name | Suitable for? | | | Cereals containing gluten | | | | Soya | Egg | Milk (e.g. cheese) | Fish / shellfish | Mollusc | Sulphites above 10 ppm | Sesame | Celery | Mustard | Lupin | Peanuts | Nuts |
| | Vegetarians | Vegans / Plant Based | Coeliacs (contains less than 20ppm of gluten) | Wheat | Barley | Rye | Oats | | | | | | | | | | | | |
| Sides | | | | | | | | | | | | | | | | | | | |
| Fries | Yes | No | No | • | | | | | | o | | | | | | | | | |
| Cheesy Fries | Yes | No | No | • | | | | | | • | | | | | | | | | |
| Onion Rings | Yes | No | No | • | | | | | | o | | | | | | | | | |
| Garlic Bread | Yes | No | No | • | | | | | o | o | | | | | | | | | |
| Garlic Bread with Cheese | Yes | No | No | • | | | | | o | • | | | | | | | | | |
| Mozzarella Sticks with a choice of dip, for dips see below | Yes | No | No | • | | | | | o | • | | | | | | o | | | |
| Cheesy Triangles with a choice of dip, for dips see below | Yes | No | No | • | | | | | | • | | | | | | | | | |
| Halloumi Fries with a choice of dip, for dips see below | Yes | No | No | • | | | | | | • | | | | | | | | | |
| Vegan Southern Fried Nuggets | Yes | Yes | No | • | | | | | | o | | | | | | | | | |
| Mini Corn on the Cob | Yes | Yes | Yes | | | | | • | | o | | | | | | | | | |
| Cheesy Bite Bites / Loaded Cheesy Bite Bites / Sweet Chilli Loaded Cheesy Bite Bites | Yes | No | No | • | | | | • | | • | | | | | | | | | |
| Loaded Smashburger Cheesy Bite Bites | No | No | No | • | • <20ppm | | | • | • | • | | | | | | • | | | |
| Loaded Bacon Cheesy Bite Bites | No | No | No | • | | | | • | | • | | | | | | | | | |
| Chicken Wings | No | No | Yes | | | | | | | o | | | | | | | | | |
| Chicken Bites | No | No | No | • | | | | • | | o | | | | | | | | | |
| Breaded Chicken Tenders | No | No | No | • | | | | | | o | | | | | • | | | o | |
| Hot Honey Breaded Chicken Tenders | No | No | No | • | | | | | | o | | | | | • | | | o | |
| Hot Honey Chicken Bites | No | No | No | • | | | | • | | o | | | | | | | | | |
| Hot Honey BBQ Chicken Wings | No | No | Yes | | | | | | | o | | | | | | | | | |
| Dips & Bits Station | | | | | | | | | | | | | | | | | | | |
| Heinz BBQ Sauce | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Heinz Tomato Ketchup | Yes | Yes | Yes | | | | | | | | | | | | • | | | | |
| BBQ Sauce | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Tomato Ketchup | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Chilli Flakes | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Dine-in Dip Pots | | | | | | | | | | | | | | | | | | | |
| Sour Cream | Yes | No | Yes | | | | | | • | • | | | | | | • | | | |
| Sweet Chilli | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Hot Honey | Yes | No | Yes | | | | | | | o | | | | | | | | | |
| Nacho Cheese Sauce Dip | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Burger Sauce Dip | Yes | No | Yes | | | | | | • | o | | | | | | • | | | |
| Cholula® Original Dip | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Takeaway Dip Pots | | | | | | | | | | | | | | | | | | | |
| Heinz Garlic Sauce Dip Pot | Yes | No | Yes | | | | | • | • | | | | | | • | • | | | |
| Heinz BBQ Sauce Dip Pot | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Heinz Sweet Chilli | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Salad Station | | | | | | | | | | | | | | | | | | | |
| Dressed Salad Lines | | | | | | | | | | | | | | | | | | | |
| Potato Salad | Yes | No | Yes | | | | | | • | | | | | | | • | | | |
| Coleslaw | Yes | No | Yes | | | | | | • | | | | | | | • | | | |
| Sweetcorn | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Diced Beetroot | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Jalapeños | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Roquito® Chilli Peppers | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Black Olives | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Fresh Salad Lines | | | | | | | | | | | | | | | | | | | |
| Carrots, Cherry Tomatoes, Cucumbers, Lettuce Mix, Peppers, Red Onions, Spinach, Rocket | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Dried Items | | | | | | | | | | | | | | | | | | | |
| Bacon Bits | Yes | Yes | No | • | • | | | | | | | | | | | | | | |
| Croutons | Yes | Yes | No | • | | | | | | | | | | | | | | | |
| Tortilla Chips | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Crispy Onions | Yes | Yes | No | • | | | | | | | | | | | | | | | |
| Sultanas | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Dressings & Dips | | | | | | | | | | | | | | | | | | | |
| Thousand Island Dressing | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Blue Cheese Dressing | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Garlic Mayonnaise | Yes | Yes | Yes | | | | | | | | | | | | | • | | | |
| Light Mayonnaise | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Ranch Dressing | Yes | Yes | Yes | | | | | | | | | | • | | | • | | | |
| Low Fat French Dressing | Yes | Yes | Yes | | | | | | | | | | | | | • | | | |
| Salsa | Yes | Yes | Yes | | | | | | | | | | | | • | | | | |
| Sour Cream | Yes | No | Yes | | | | | | • | • | | | | | | • | | | |

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| | Vegetarians | Vegans / Plant Based | Coeliacs (contains less than 20ppm of gluten) | Wheat | Barley | Rye | Oats | | | | | | | | | | | | |
| Pizza Builder | | | | | | | | | | | | | | | | | | | |
| Pizza Bases | | | | | | | | | | | | | | | | | | | |
| Original Pan | Yes | Yes | No | • | o | o | o | • | | o | | | | | | | | | |
| Handcrafted with Garlic Sprinkle | Yes | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Handcrafted without Garlic Sprinkle | Yes | Yes | No | • | o | o | o | • | | o | | | | | | | | | |
| Stuffed Crust | Yes | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Pepperoni Stuffed Crust | No | No | No | • | o | o | o | • | | • | | | | | | • | | | |
| Cheesy Bites | Yes | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Gluten Free | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Flatbread | Yes | Yes | No | • | o | o | o | • | | o | | | | | | | | | |
| Pizza Base Sauces | | | | | | | | | | | | | | | | | | | |
| Unseasoned Tomato (used on Gluten Free, Flatbread, Kids Pizzas) | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Seasoned Tomato (used on Handcrafted, Original Pan, Stuffed Crust, Cheesy Bites) | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| BBQ Sauce (For all Bases except Gluten Free) | Yes | Yes | No | • | • | | | • | | o | | | | | | | | | |
| BBQ Sauce (Gluten Free) (Only for Gluten Free Pizza Bases) | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Cheese | | | | | | | | | | | | | | | | | | | |
| Mozzarella | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Goats' Cheese | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Triple Cheese Blend | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Vegan Ch**se | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Pizza Toppings | | | | | | | | | | | | | | | | | | | |
| Chicken Breast | No | No | Yes | | | | | | | o | | | | | | | | | |
| Ham | No | No | Yes | | | | | | | o | | | | | | | | | |
| Pepperoni | No | No | Yes | | | | | | | o | | | | | | • | | | |
| Beef | No | No | Yes | | •<20ppm | | | • | | o | | | | | | | | | |
| Bacon | No | No | Yes | | | | | | | o | | | | | | | | | |
| Cup 'n' Crisp Pepperoni | No | No | Yes | | | | | • | | o | | | | | | • | | | |
| Spicy Pork | No | No | Yes | | | | | • | | o | | | | | | | | | |
| Spicy 'Nduja | No | No | Yes | | | | | | | o | | | | | | | | | |
| Black Olives | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Peppers | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Mushrooms | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Red Onions | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Caramelised Onions | Yes | Yes | Yes | | | | | | | o | | | • | | | | | | |
| Sweetcorn | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Cherry Tomatoes | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Pineapple | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Rocket | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Spinach | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Roquito® Chilli Peppers | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Jalapeños | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Green Chilli | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Gherkins | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Go Extra Cheesy (Add Triple Cheese - a blend of Mozzarella, Monterey Jack and Red Leicester) | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Spicy Chicken | No | No | Yes | | | | | | | o | | | | | | | | | |
| Spicy Cauliflower | Yes | Yes | Yes | | | | | • | | o | | | | | | | | | |
| Pizza drizzle finish | | | | | | | | | | | | | | | | | | | |
| Garlic Spread | Yes | No | Yes | | | | | | | o | | | | | | | | | |
| Dried Parsley | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| BBQ Drizzle (For all Bases except Gluten Free) | Yes | Yes | No | • | • | | | • | | o | | | | | | | | | |
| BBQ Drizzle (Gluten Free) (Only for Gluten Free Pizzas) | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Burger Sauce Drizzle | Yes | No | Yes | | | | | | • | • | | | | | | • | | | |
| Sour Cream Drizzle | Yes | No | Yes | | | | | | • | • | | | | | | • | | | |
| Balsamic Drizzle | Yes | Yes | Yes | | | | | | | o | | | • | | | | | | |
| Hot Honey Drizzle | Yes | No | Yes | | | | | | | o | | | | | | | | | |

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| | | | | | | | | | | | | | | | | | | | |
| Pizza Combinations (Tomato sauce base unless stated otherwise on the menu) | | | | | | | | | | | | | | | | | | | |
| Allergen Information for Pizza Combinations does not include Pizza Bases. Please see Pizza Base section and factor in the base you have chosen. | | | | | | | | | | | | | | | | | | | |
| BBQ Americano | No | No | Yes | | • | | | • | | • | | | | | | | | | |
| Beef Burger | No | No | Yes | | • | | | • | • | • | | | | | | • | | | |
| Breaded Chicken Burger | No | No | No | • | | | | | • | • | | | | | • | • | | o | |
| Chicken & Bacon Club | No | No | No | • | • | | | • | • | • | | | | | | • | | | |
| Chicken Sizzler | No | No | Yes | | | | | | | • | | | | | | | | | |
| Chicken Supreme | No | No | Yes | | | | | | | • | | | | | | | | | |
| Cholula® Chicken Sizzler | No | No | Yes | | | | | | | • | | | | | | | | | |
| Cholula® Cauliflower Sizzler | Yes | No | Yes | | | | | • | | • | | | | | | | | | |
| Farmhouse | No | No | Yes | | | | | | | • | | | | | | | | | |
| Hawaiian | No | No | Yes | | | | | | | • | | | | | | | | | |
| Hot Honey Pepperoni Feast | No | No | Yes | | | | | • | | • | | | | | | • | | | |
| Margherita | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Meat Feast | No | No | Yes | | • | | | • | | • | | | | | | • | | | |
| Meat Feast Sizzler | No | No | Yes | | • | | | • | | • | | | | | | • | | | |
| Pepperoni | No | No | Yes | | | | | | | • | | | | | | • | | | |
| Pepperoni Feast | No | No | Yes | | | | | • | | • | | | | | | • | | | |
| Supreme | No | No | Yes | | • | | | • | | • | | | | | | • | | | |
| The G.O.A.T. | Yes | No | Yes | | | | | | | • | | | • | | | | | | |
| The Spicy G.O.A.T. | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Veggie Burger | Yes | No | Yes | | | | | | • | • | | | | | | • | | | |
| Veggie Supreme | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Veggie Sizzler | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Vegan Margherita | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Vegan Veggie Supreme | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Vegan Veggie Sizzler | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Flatbread Combinations (Tomato sauce base unless stated otherwise on the menu) | | | | | | | | | | | | | | | | | | | |
| Virtuous Veg Flatbread | Yes | No | No | • | o | o | o | • | | • | | | • | | | | | | |
| Vegan Virtuous Veg Flatbread | Yes | Yes | No | • | o | o | o | • | | o | | | • | | | | | | |
| Chicken Delight Flatbread | No | No | No | • | o | o | o | • | • | • | | | | | | • | | | |
| The Little G.O.A.T. Flatbread | Yes | No | No | • | o | o | o | • | | • | | | • | | | | | | |
| BBQ Chicken 'N' Ham Flatbread | No | No | No | • | • | o | o | • | | • | | | | | | | | | |
| Cholula® Chicken Sizzler | No | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Cholula® Cauliflower Sizzler | Yes | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Melts | | | | | | | | | | | | | | | | | | | |
| Meat Feast Melt with a choice of dip, for dips see Dips & Bits section | No | No | No | • | • | o | o | • | | • | | | | | | • | | | |
| Pepperoni Melt with a choice of dip, for dips see Dips & Bits section | No | No | No | • | o | o | o | • | | • | | | | | | • | | | |
| BBQ Chicken Melt with a choice of dip, for dips see Dips & Bits section | No | No | No | • | • | o | o | • | | • | | | | | | | | | |
| Toasted Three Cheese Melt with a choice for dips see Dips & Bits section | Yes | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Fries (served with Melts for dine in) | Yes | No | No | • | | | | | | o | | | | | | | | | |
| Buffet Pizza | | | | | | | | | | | | | | | | | | | |
| Margherita | Yes | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Pepperoni | No | No | No | • | o | o | o | • | | • | | | | | | • | | | |
| BBQ Americano | No | No | No | • | • | o | o | • | | • | | | | | | | | | |
| Beef Burger | No | No | No | • | • | o | o | • | • | • | | | | | | • | | | |
| Veggie | Yes | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Veggie Hot | Yes | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Hawaiian | No | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Hot Honey Pepperoni Feast | No | No | No | • | o | o | o | • | | • | | | | | | • | | | |
| Classic Chicken | No | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Spicy Chicken | No | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Three Cheese & Caramelised Onion | Yes | No | No | • | o | o | o | • | | • | | | • | | | | | | |
| BBQ Beef & Onion | No | No | No | • | • | o | o | • | | • | | | | | | | | | |
| The G.O.A.T. | Yes | No | No | • | o | o | o | • | | • | | | • | | | | | | |
| Chicken Feast | No | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Pepperoni & Spicy 'Nduja | No | No | No | • | o | o | o | • | | • | | | | | | • | | | |
| The Spicy G.O.A.T. | Yes | No | No | • | o | o | o | • | | • | | | | | | | | | |

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| Chicken & Bacon Club | No | No | No | • | • | o | o | • | • | • | | | | | | | • | | |
| Chicken Fajita | No | No | No | • | o | o | o | • | • | • | | | | | | | • | | |
| Cholula® Chicken Sizzler | No | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Cholula® Cauliflower Sizzler | Yes | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Buffet Sides | | | | | | | | | | | | | | | | | | | |
| Garlic Breadsticks | Yes | Yes | No | • | o | o | o | • | | o | | | | | | | | | |
| Cheesy Garlic Breadsticks | Yes | No | No | • | o | o | o | • | | • | | | | | | | | | |
| Tomato Pasta | Yes | Yes | No | • | | | | • | | o | | | | | • | | | | |
| Four Cheese & Broccoli Pasta | Yes | No | No | • | | | | • | | • | | | | | | | | | |
| Pasta | | | | | | | | | | | | | | | | | | | |
| Lasagne | No | No | No | • | • | | | | • | • | | | | | | | | | |
| Classic Mac 'N' Cheese | Yes | No | No | • | • | | | | | • | | | | | | | • | | |
| Takeaway Mac 'N' Cheese | | | | | | | | | | | | | | | | | | | |
| Takeaway Mac 'N' Cheese | Yes | No | No | • | | | | | | • | | | | | | | • | | |
| Take Away Cholula® Chicken Macaroni Cheese | No | No | No | • | | | | | | • | | | | | | | • | | |
| Take Away Cholula® Cauliflower Macaroni Cheese | Yes | No | No | • | | | | • | | • | | | | | | | • | | |
| Mini & Mega Monster | | | | | | | | | | | | | | | | | | | |
| Pizza (with unseasoned tomato sauce) | | | | | | | | | | | | | | | | | | | |
| Original Pan base | Yes | Yes | No | • | o | o | o | • | | o | | | | | | | | | |
| Thin base | Yes | Yes | No | • | o | o | o | • | | o | | | | | | | | | |
| Gluten Free base | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Mozzarella | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Vegan Ch**se | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Chicken Breast | No | No | Yes | | | | | | | o | | | | | | | | | |
| Ham | No | No | Yes | | | | | | | o | | | | | | | | | |
| Pepperoni | No | No | Yes | | | | | | | o | | | | | | | • | | |
| Beef | No | No | Yes | | • <20ppm | | | • | | o | | | | | | | | | |
| Bacon | No | No | Yes | | | | | | | o | | | | | | | | | |
| Spicy Pork | No | No | Yes | | | | | • | | o | | | | | | | | | |
| Spicy 'Nduja | No | No | Yes | | | | | | | o | | | | | | | | | |
| Pork Sausage | No | No | No | • | | | | | | o | | | • | | | | | | |
| Black Olives | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Peppers | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Mushrooms | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Red Onions | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Caramelised Onions | Yes | Yes | Yes | | | | | | | o | | | • | | | | | | |
| Sweetcorn | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Cherry Tomatoes | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Pineapple | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Rocket | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Spinach | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Gherkins | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Roquito® Chilli Peppers | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Jalapenos | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Mains | | | | | | | | | | | | | | | | | | | |
| Spaghetti Bolognese | No | No | No | • | • | | | | | o | | | | | | | | | |
| Mac 'N' Cheese | Yes | No | No | • | • | | | | | • | | | | | | | • | | |
| Chicken 'N' Fries | No | No | No | • | | | | • | | o | | | | | • | | | o | |
| Vegan Southern Fried Nuggets 'N' Fries | Yes | No | No | • | | | | | | o | | | | | | | | | |
| Sides | | | | | | | | | | | | | | | | | | | |
| Fries | Yes | No | No | • | | | | | | o | | | | | | | | | |
| Onion Rings | Yes | No | No | • | | | | | | o | | | | | | | | | |
| Mini Corn on the Cob | Yes | Yes | Yes | | | | | • | | o | | | | | | | | | |
| Garlic Bread | Yes | No | No | • | | | | | o | o | | | | | | | | | |
| Drinks | | | | | | | | | | | | | | | | | | | |
| Milk | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Apple Juice / Orange Juice | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Fruit Shoots - All Flavours | Yes | Yes | Yes | Refer directly to the supplier - www.fruitshoot.com | | | | | | | | | | | | | | | |
| All fountain drinks contain a source of Phenylalanine. | | | | | | | | | | | | | | | | | | | |
| 7UP Zero / Pepsi Max / Diet Pepsi | Yes | No | Yes | Refer directly to the supplier - Pepsi - www.pepsi.co.uk, 7UP - www.7up.co.uk | | | | | | | | | | | | | | | |
| Tango Orange / Tango Apple | Yes | No | Yes | Refer directly to the supplier - www.tango.co.uk | | | | | | | | | | | | | | | |
| Robinsons Squash - All flavours | Yes | Yes | Yes | Refer directlv to the supplier - www.robinsonssquash.co.uk/our-products | | | | | | | | | | | | | | | |

FOOD ALLERGIES

If you, or anyone with you today has a food allergy please ask a member of the team for our Allergen Guide, or scan the QR code for the full Dietary Information Booklet. We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy.



| The '•' indicates that the allergen is contained and present in this item. | | | | | | | | | | | | | | | | | | | |
|--|---------------|----------------------|---|---|--------|-----|------|------|-----|--------------------|------------------|---------|------------------------|--------|--------|---------|-------|---------|------|
| The 'o' means that this allergen is present in the manufacturing site/factory/supply chain, therefore our suppliers believe there is a risk that this allergen could cross-contaminate the food. | | | | | | | | | | | | | | | | | | | |
| Dish Name | Suitable for? | | | Cereals containing gluten | | | | Soya | Egg | Milk (e.g. cheese) | Fish / shellfish | Mollusc | Sulphites above 10 ppm | Sesame | Celery | Mustard | Lupin | Peanuts | Nuts |
| | Vegetarians | Vegans / Plant Based | Coeliacs (contains less than 20ppm of gluten) | Wheat | Barley | Rye | Oats | | | | | | | | | | | | |
| Desserts | | | | | | | | | | | | | | | | | | | |
| Chocolate Brownie (Served with Vanilla Ice Cream and Chocolate Sauce) | Yes | No | Yes | | | | | • | • | • | | | | | | | | | o |
| Chilly Billy Apple & Blackcurrant Ice Lolly | Yes | Yes | Yes | | | | | | | | | | | | | | | | o |
| Mini Donuts with Raspberry Dip | Yes | No | No | • | | | • | • | • | • | | | | | | | | | |
| Mini Donuts with Chocolate Dip | Yes | No | No | • | | | • | • | • | • | | | | | | | | | |
| Ice Cream Factory | | | | | | | | | | | | | | | | | | | |
| Ice Cream Mix | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Raspberry Sauce | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Chocolate Sauce | Yes | No | Yes | | | | | • | | • | | | | | | | | | |
| Bubblegum Sauce | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Strawberry Crunch | Yes | No | Yes | | | | | | | o | | | | | | | | | |
| Milk Chocolate Beans | Yes | No | Yes | | | | | • | | • | | | | | | | | | |
| Milk Chocolate Chips | Yes | No | Yes | | | | | • | | • | | | | | | | | | |
| Gold Stars | Yes | No | Yes | | | | | o | | o | | | | | | | | | |
| Mixed Coloured Stars | Yes | Yes | Yes | | | | | | | o | | | | | | | | | |
| Mixed Chocolate Chips | Yes | No | Yes | | | | | • | | • | | | | | | | | | |
| Triple Chocolate Chunks | Yes | No | Yes | | | | | • | o | • | | | | | | | | | |
| Marshmallows | Yes | No | Yes | | | | | o | | o | | | | | | | | | |
| Gold Fudge | Yes | No | Yes | | | | | o | | • | | | | | | | | | |
| Hot Cookie Dough - All Sizes (Served with Vanilla Ice Cream and Sauce) | | | | | | | | | | | | | | | | | | | |
| Chocolate Chip Cookie Dough | Yes | No | No | • | | | | • | o | • | | | | | | | | | o |
| White Chocolate & Caramel Cookie Dough | Yes | No | No | • | | | | • | o | • | | | | | | | | | o |
| S'mores Cookie Dough | No | No | No | • | | | | • | o | • | | | | | | | | | o |
| Loaded Cookie Dough made with KitKat® | Yes | No | No | • | • | | | • | o | • | | | | | | | | | o |
| Loaded Cookie Dough made with ROLO® | Yes | No | No | • | | | | • | o | • | | | | | | | | | o |
| Desserts | | | | | | | | | | | | | | | | | | | |
| I Can't Believe It's Not Cheesecake | Yes | Yes | No | • | | | | • | o | o | | | o | | | | | | o |
| So Scoffable Biscoff® Cheesecake & Ice Cream | Yes | No | No | • | | | | • | o | • | | | • | | | | | | o |
| Chocolate Brownie & Ice Cream (Served with chocolate sauce) | Yes | No | Yes | | | | | • | • | • | | | | | | | | | o |
| Mini Donuts with Raspberry Dip | Yes | No | No | • | | | • | • | • | • | | | | | | | | | |
| Mini Donuts with Chocolate Dip | Yes | No | No | • | | | • | • | • | • | | | | | | | | | |
| Chilly Billy Apple & Blackcurrant Ice Lolly | Yes | Yes | Yes | | | | | | | | | | | | | | | | o |
| Dessert Additions | | | | | | | | | | | | | | | | | | | |
| Vanilla Ice Cream | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Take Away Vanilla Ice Cream | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Chocolate Sauce | Yes | No | Yes | | | | | • | | • | | | | | | | | | |
| Salted Caramel Sauce | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Drinks | | | | | | | | | | | | | | | | | | | |
| Soft Drinks | | | | | | | | | | | | | | | | | | | |
| All fountain drinks contain a source of Phenylalanine. | | | | | | | | | | | | | | | | | | | |
| 7UP Zero / Pepsi Max / Diet Pepsi | Yes | No | Yes | Refer directly to the supplier - Pepsi - www.pepsi.co.uk, 7UP - www.7up.co.uk | | | | | | | | | | | | | | | |
| Tango Orange / Tango Apple | Yes | No | Yes | Refer directly to the supplier - www.tango.co.uk | | | | | | | | | | | | | | | |
| Flavour Shots – Cherry/Vanilla/Lime/ Strawberry | Yes | No | Yes | • | <20ppm | | | | | | | | | | | | | | |
| Robinsons Squash - All Flavours | Yes | Yes | Yes | Refer directly to the supplier | | | | | | | | | | | | | | | |
| Belu Still / Sparkling Water | Yes | Yes | Yes | Refer directly to the supplier - Belu - www.belu.org | | | | | | | | | | | | | | | |
| Lipton Peach Ice Tea | Yes | Yes | Yes | Refer directly to the supplier - Lipton - www.liptonicedtea.com | | | | | | | | | | | | | | | |
| Bottle of Pepsi | Yes | Yes | Yes | Refer directly to the supplier - Pepsi - www.pepsi.co.uk | | | | | | | | | | | | | | | |
| Irr Bru | Yes | Yes | Yes | Refer directly to the supplier - A.G. Barr - www.agbarr.co.uk | | | | | | | | | | | | | | | |
| Apple Juice / Orange Juice | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| J20 - All Flavours | Yes | Yes | Yes | Refer directly to the supplier - J20 - www.j20.co.uk | | | | | | | | | | | | | | | |
| Gingerella | Yes | Yes | Yes | Refer directly to the supplier - Karma Cola - www.karmacola.co.uk | | | | | | | | | | | | | | | |
| Soda Folk – Cream Soda | Yes | Yes | Yes | Refer directly to the supplier - Soda Folk - www.sodafolk.com | | | | | | | | | | | | | | | |
| Bottle of 7UP Zero / Pepsi Max / Pepsi | Yes | Yes | Yes | Refer directly to the supplier - Pepsi - www.pepsi.co.uk, 7UP - www.7up.co.uk | | | | | | | | | | | | | | | |
| Bottle of Tango Orange | Yes | Yes | Yes | Refer directly to the supplier - www.tango.co.uk | | | | | | | | | | | | | | | |
| Bottle of Diet Pepsi | Yes | No | Yes | Refer directly to the supplier - Pepsi - www.pepsi.co.uk | | | | | | | | | | | | | | | |
| Hot Drinks | | | | | | | | | | | | | | | | | | | |
| Black Tea | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Tea with Milk | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Hot Chocolate | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Black Americano | Yes | Yes | Yes | | | | | | | | | | | | | | | | |
| Americano with Milk | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Caffe Latte | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Cappuccino | Yes | No | Yes | | | | | | | • | | | | | | | | | |
| Espresso Shot | Yes | Yes | Yes | | | | | | | | | | | | | | | | |

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| Dish Name | Suitable for? | | | Cereals containing gluten | | | | Soya | Egg | Milk (e.g. cheese) | Fish / shellfish | Mollusc | Sulphites above 10 ppm | Sesame | Celery | Mustard | Lupin | Peanuts | Nuts |
| | Vegetarians | Vegans / Plant Based | Celiacs (contains less than 20ppm of gluten) | Wheat | Barley | Rye | Oats | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | |
| Alcoholic Drinks | | | | | | | | | | | | | | | | | | | |
| NICE Wine Sauvignon / Pale Rosé / Merlot | Yes | Yes | Yes | Please see side of the wine can | | | | | | | | | | | | | | | |
| Pinot Grigio / Merlot / White Zinfandel | No | No | Yes | Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk | | | | | | | | | | | | | | | |
| Prosecco | No | No | Yes | Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk | | | | | | | | | | | | | | | |
| Budweiser | Yes | Yes | No | Refer directly to the supplier - Budweiser - www.budweiser.com/en/company/products/budweiser | | | | | | | | | | | | | | | |
| San Miguel | Yes | Yes | No | Refer directly to the supplier - San Miguel - www.sanmiguel.com | | | | | | | | | | | | | | | |
| BrewDog Punk IPA | Yes | Yes | No | Refer directly to the supplier - BrewDog - www.BrewDog.com | | | | | | | | | | | | | | | |
| Kopparberg Strawberry & Lime | Yes | Yes | Yes | Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/ | | | | | | | | | | | | | | | |
| Kopparberg Mixed Fruit Tropical | Yes | Yes | Yes | Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/ | | | | | | | | | | | | | | | |
| Bulmers | Yes | Yes | Yes | Refer directly to the supplier - Bulmers - www.bulmers.co.uk/nutritional-values | | | | | | | | | | | | | | | |
| Camden Pale Ale | Yes | Yes | No | Refer directly to the supplier - Camden Brewery - www.camdentownbrewery.com/ | | | | | | | | | | | | | | | |
| Magners | No | No | Yes | Refer directly to the supplier - Magners - www.magners.co.uk/ | | | | | | | | | | | | | | | |
| Alcohol Free | | | | | | | | | | | | | | | | | | | |
| Corona Cero | Yes | Yes | No | Refer directly to the supplier - Corona - www.coronaextra.co.uk/ | | | | | | | | | | | | | | | |

| INGREDIENT INFORMATION (updated June 2025) | |
|--|--|
| FOOD ALLERGIES | |
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| Sides | |
| Fries | |
| Fries | Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose. |
| Cheesy Fries | |
| Fries | Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose. |
| Cheese Sauce | Water, Cheese (pasteurized cow's MILK (EU), salt, starter culture, microbial rennet, colour: carotenes), Modified starch, Emulsifying salts (diphosphates, polyphosphates), Vegetable oil (palm oil), Yeast extract, salt, Dried red pepper, thickener: sodium alginate, preservative: potassium sorbate, dried jalapeno pepper, Colour (paprika extract, beta-caroten |
| Garlic Sprinkle | Maltodextrin, Cheese Powder (from Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). |
| Crispy Onions | Onion, Palm Oil, Wheat Flour, Salt |
| Onion Rings | |
| Onion Rings | Diced Onions (53%), Wheat flour, Vegetable oils (rapeseed, sunflower, in varying proportions), Gelling agent (E401), Salt, Yeast, Sugar, Flavouring (Paprika extract; Turmeric extract) |
| Garlic Bread | |
| Garlic Bread | Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Fat Spread (17%) [Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3% (Puree and Chopped), Yeast, Salt, Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains Wheat). May contain Soya and Milk. |
| Garlic Bread with Cheese | |
| Garlic Bread | Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Vegetable Fat Spread (17%) [Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)], Garlic (3% (Puree and Chopped), Yeast, Salt, Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains Wheat). May contain Soya and Milk. |
| Mozzarella Cheese (optional) | Mozzarella Cheese (Pasteurised Milk , Salt, Lactic Cultures), Potato Starch. |
| Mozzarella Sticks | |
| Mozzarella Sticks | Breading (52%) (Wheat Flour, Water, Sunflower Oil, Maize Starch, Salt, Yeast, Potato Flake, Dehydrated Onion, Pea Protein, Dehydrated Parsley, Raising Agents (E450, E500), Stabiliser (E461), Black Pepper, Garlic Powder, Flavourings, Dextrose, Colour (E101)), Mozzarella Cheese (48%) (Milk) (contains Anti-Caking Agent (Potato Starch)). |
| Cheesy Triangles | |
| Cheesy Triangles | Processed cheese (Milk) (57%) [FOM (45%), Rennet from microbiological Origin] [Cheese (Milk) (65%), Water, Butter (Milk), Milk protein, Maize starch, Emulsifying salts (E452, E331), Salt, Thickener (E407)], Flour (Wheat, Maize), Water, Rapeseed oil, Modified maize starch, Salt, Milk protein (Milk), Yeast, Parsley, Raising agents (E450, E500), Garlic powder, Onion powder. |
| Halloumi Fries | |
| Halloumi Fries | Halloumi Cheese (MILK) (67%) [(Cows MILK , Sheep's MILK , Goats MILK , Mint), Stabiliser (E461)], Vegetable Oils (Rapeseed, Sunflower)- in varying proportions, Water, Batter (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Modified Starch, Maize Flour, Raising Agents (E450, E500), Dextrose, Red Bell Pepper, Quinoa, WHEAT Gluten, Parsley), Rusk (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Salt) |
| Mini Corn on the cob | |
| Corn on the cob | Sweetcorn. |
| Vegetable oil spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Cheesy Bite Bites | |
| Stuffed Crust Dough | Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono- and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| String Cheese for Crust | Mozzarella (Pasteurised Milk , Salt, Cultures), Potato Starch |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| Loaded Sweet Chilli Cheesy Bite Bites | |
| Stuffed Crust Dough | Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono- and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| String Cheese for Crust | Mozzarella (Pasteurised Milk , Salt, Cultures), Potato Starch |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| Triple Cheese Blend | Mozzarella (Pasteurised Milk , Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk , Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk , Salt, Starter Cultures) |
| Sweet Chilli | Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract) |
| Sliced Roquito Peppers | Red Roquito® Jalapeno Pepper, Sugar, Water, Vinegar |
| Loaded Bacon Cheesy Bite Bites | |
| Stuffed Crust Dough | Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono- and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| String Cheese for Crust | Mozzarella (Pasteurised Milk , Salt, Cultures), Potato Starch |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| Triple Cheese Blend | Mozzarella (Pasteurised Milk , Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk , Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk , Salt, Starter Cultures) |
| Bacon | Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water |
| Loaded Smashburger Cheesy Bite Bites | |
| Stuffed Crust Dough | Ingredients: WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| String Cheese for Crust | Mozzarella (Pasteurised Milk , Salt, Cultures), Potato Starch |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| Triple Cheese Blend | Mozzarella (Pasteurised Milk , Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk , Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk , Salt, Starter Cultures) |
| Beef (with added Soya protein) | Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley® Malt Extract. *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free') |
| Red Onion | Red Onions |
| Gherkins | Gherkins, Water, Spirit Vinegar, Salt |
| Burger Sauce | Rapeseed Oil, Water, Sugar, EGG Yolk, Modified Maize Starch E1422, Tomato Paste, Salt, MUSTARD Flour, Acidity Regulator: E260, Spirit Vinegar, Paprika, Natural Dill Flavouring (Salt, Flavouring Preparation (Dill Extract)), Silicon Dioxide (E551), Horseradish Powder, Stabiliser: Xanthan Gum E415, Dried Onion, Natural Tarragon Flavouring with other Natural Flavourings (Salt, Flavouring Preparation (Tarragon Extract), Silicon Dioxide (E551)), Preservative: Potassium Sorbate E202, Natural Flavouring [Salt, Flavouring Preparations, Silicon Dioxide (E551), Propylene Glycol (E1520)], Natural Paprika Flavouring [Extractives of Paprika, Sunflower Oil], Lactic Acid E270, Cayenne Pepper, Black Pepper, Antioxidant: Calcium Disodium EDTA E385 |
| Chicken Wings | |
| Chicken Wings | Chicken, Sugar, Salt, Potato Starch, Dextrose, Maize Flour, Onion Powder, Fructose, Yeast Extract, Garlic Powder, Smoke Flavouring, Cornflour, Cayenne Pepper, Black Pepper, Honey Powder, Paprika Extract, Rapeseed Oil, Flavouring, Cocoa Powder, Black Pepper Extract, Pimento Extract, Sage Extract, Sunflower Oil. |
| Hot Honey Chicken Wings | |
| Chicken Wings | Chicken, Sugar, Salt, Potato Starch, Dextrose, Maize Flour, Onion Powder, Fructose, Yeast Extract, Garlic Powder, Smoke Flavouring, Cornflour, Cayenne Pepper, Black Pepper, Honey Powder, Paprika Extract, Rapeseed Oil, Flavouring, Cocoa Powder, Black Pepper Extract, Pimento Extract, Sage Extract, Sunflower Oil. |
| Spicy Honey Drizzle | Honey (99.98%), Chilli Extract (0.02%) |
| Chilli Flakes | Crushed Chillies |
| Breaded Chicken Tenders | |
| Chicken Strips | Chicken Inner Fillet (58%), Water, WHEAT Flour, Rice Flour, Breadcrumbs (WHEAT Flour, Dextrose, Fully Refined Soybean Oil, Salt, Yeast), WHEAT Starch, WHEAT Gluten, Fully Refined Soybean Oil, Salt, Garlic Powder, Maltodextrin, Yeast Extract (contains Salt), Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spices (Black Pepper, CELERY , Turmeric), Sugar, Onion Powder, Refined Sunflower Oil, Dextrose, Spice Extract (Black Pepper, Capsicum, CELERY), Acidity Regulator (Citric Acid), Vegetable Oils (Palm, Rice Bran), Modified Starches, Stabiliser (E451), Raising Agents (E450, E500). |
| Hot Honey Breaded Chicken Tenders | |
| Chicken Strips | Chicken Inner Fillet (58%), Water, WHEAT Flour, Rice Flour, Breadcrumbs (WHEAT Flour, Dextrose, Fully Refined Soybean Oil, Salt, Yeast), WHEAT Starch, WHEAT Gluten, Fully Refined Soybean Oil, Salt, Garlic Powder, Maltodextrin, Yeast Extract (contains Salt), Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spices (Black Pepper, CELERY , Turmeric), Sugar, Onion Powder, Refined Sunflower Oil, Dextrose, Spice Extract (Black Pepper, Capsicum, CELERY), Acidity Regulator (Citric Acid), Vegetable Oils (Palm, Rice Bran), Modified Starches, Stabiliser (E451), Raising Agents (E450, E500). |
| Spicy Honey Drizzle | Honey (99.98%), Chilli Extract (0.02%) |
| Chilli Flakes | Crushed Chillies |
| Takeaway Mac & Cheese | |
| Takeaway Mac & Cheese - Classic | |
| Mac 'N' Cheese (200g) | Water, Cooked Macaroni Pasta (36%) (Water, Durum WHEAT Semolina), Mature Cheddar Cheese (MILK) (10%), Single Cream (MILK), Adcrem (MILK Protein, Palm Oil, Lactose (MILK)), Modified Maize Starch, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Unsalted Butter (MILK), Salt, WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yellow MUSTARD Seeds, Ground White Pepper. |
| Mozzarella Cheese | Mozzarella Cheese (Pasteurised MILK , Salt, Lactic Cultures), Potato Starch. |
| Take Away Cholula® Chicken Macaroni Cheese | |
| Mac 'N' Cheese (200g) | Water, Cooked Macaroni Pasta (36%) (Water, Durum WHEAT Semolina), Mature Cheddar Cheese (MILK) (10%), Single Cream (MILK), Adcrem (MILK Protein, Palm Oil, Lactose (MILK)), Modified Maize Starch, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Unsalted Butter (MILK), Salt, WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yellow MUSTARD Seeds, Ground White Pepper. |

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| Mozzarella Cheese | Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch. |
| Jalapenos | Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). |
| Roquito® Chilli Peppers | Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar |
| Cholula® | Water, Chilli Peppers (5%) (Arbol, Piquin), Salt, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Rice Flour, Spices, Apple Cider Vinegar, Natural Flavourings |
| Spicy Chicken | Chicken, Siracha seasoning (Sugar, Spices, Unmodified Starch Maize, Garlic Powder, Chili Powder, Red Bell Pepper, Onion Powder, Citric Acid (E 330), Colour (E160c), Chilli Extract, Stabiliser (E415), Flavouring, Lemon Oil), Potato Starch, Salt, Cayenne Chilli Powder, Stabilizers (E450v), E450(i), E451). |
| Take Away Cholula® Cauliflower Macaroni Cheese | |
| Mac 'N' Cheese (200g) | Water, Cooked Macaroni Pasta (36%) (Water, Durum WHEAT Semolina), Mature Cheddar Cheese (MILK) (10%), Single Cream (MILK), Adcrem (MILK Protein, Palm Oil, Lactose (MILK)), Modified Maize Starch, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Unsalted Butter (MILK), Salt, WHEAT Flour, WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yellow MUSTARD Seeds, Ground White Pepper. |
| Mozzarella Cheese | Mozzarella Cheese (Pasteurised MILK, Salt, Lactic Cultures), Potato Starch. |
| Jalapenos | Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). |
| Roquito® Chilli Peppers | Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar |
| Cholula® | Water, Chilli Peppers (5%) (Arbol, Piquin), Salt, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Rice Flour, Spices, Apple Cider Vinegar, Natural Flavourings |
| Spicy Cauliflower | Cauliflower, Vegetable Oil (rapeseed Oil or Sunflower Oil in various proportions), Tamary Gluten Free (Water, SOYA Beans, Salt, Alcohol), Rice Vinegar, Garlic Puree, Ginger Puree, Polenta, Red Chilli Puree, Red Pepper Powder, Cornflour, Salt. |
| Dips & Bits Station | |
| Heinz BBQ Sauce | Tomato puree, spirit vinegar, sugar, molasses, water, modified cornflour, salt, spices, garlic, thickener (xanthan gum), smoke flavouring, flavourings |
| Heinz Tomato Ketchup | Tomatoes (148 g per 100 g ketchup), spirit vinegar, sugar, salt, spice and herb extracts (contains celery), spice |
| Chilli Flakes | Crushed Chillies |
| Dine In Dip Pots | |
| Sour Cream | Rapeseed Oil, Water, Spirit Vinegar, Dextrose, EGG Yolk, Yoghurt Powder, Onion Powder, Salt, Chives, Acidity Regulator (Lactic Acid), MILK Protein, Stabilisers (Xanthan Gum, Guar Gum), Modified Starch, Preservative (Potassium Sorbate), MUSTARD Flour, Calcium Disodium EDTA. |
| Sweet Chilli | Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity Regulator (Acetic Acid), Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies, Salt, Preservative (Potassium Sorbate), Colour (Paprika Extract) |
| Hot Honey | Honey, Birds Eye Chilli Extract (0.2%), Guajillo Chilli Extract (0.06%) |
| Burger Sauce | Rapeseed Oil, Water, Sugar, EGG Yolk, Modified Maize Starch E1422, Tomato Paste, Salt, MUSTARD Flour, Acidity Regulator: E260, Spirit Vinegar, Paprika, Natural Dill Flavouring (Salt, Flavouring Preparation (Dill Extract), Silicon Dioxide (E551)), Horseradish Powder, Stabiliser: Xanthan Gum E415, Dried Onion, Natural Tarragon Flavouring with other Natural Flavourings (Salt, Flavouring Preparation (Tarragon Extract), Silicon Dioxide (E551)), Preservative: Potassium Sorbate E202, Natural Flavouring (Salt, Flavouring Preparations, Silicon Dioxide (E551)), Propylene Glycol (E1520), Natural Paprika Flavouring (Extractives of Paprika, Sunflower Oil), Lactic Acid E270, Cayenne Pepper, Black Pepper, Antioxidant: Water, Cheese (pasteurized cow's MILK (EU), salt, starter culture, microbial rennet, colour: carotenes), Modified starch, Emulsifying salts (diphosphates, polyphosphates), Vegetable oil (palm oil), Yeast extract, salt, Dried red pepper, thickener: sodium alginate, preservative: potassium sorbate, dried jalapeno pepper, colour (paprika extract), beta-carotene |
| Nacho Cheese | |
| Cholula® Dip | Water, Chilli Peppers (5%) (Arbol, Piquin), Salt, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Rice Flour, Spices, Apple Cider Vinegar, Natural Flavourings |
| Takeaway Dip Pots | |
| Heinz Garlic Sauce Dip Pot | Refined Soya Oil, Water, Spirit Vinegar, Sugar, Garlic, Lemon Juice (from concentrate), Modified Starch, Egg Yolk, Salt, Garlic Juice, Shallots, Mustard Seeds, Thickener (Xanthan Gum), Preservative (Potassium Sorbate), Chives, Celery Juice, Onion, Garlic Extract, Spices, Flavouring, Antioxidant (Calcium Disodium EDTA). |
| Heinz BBQ Sauce Dip Pot | Tomato Purée, Spirit Vinegar, Sugar, Molasses, Water, Modified Starch, Salt, Spices, Garlic, Thickener: Xanthan Gum; Smoke Flavouring, Flavouring. |
| Heinz Sweet Chilli Dip Pot | Sugar, water, spirit vinegar, modified cornflour, garlic, chillies, red peppers, tomato paste, salt, spice |
| Salad Station | |
| Dressed Salad Lines | |
| Potato Salad | Potato (64%), Water, Rapeseed oil, Spirit vinegar, Sugar, White wine vinegar, Onion, Pasteurised liquid whole Egg, Salt, Chive, Stabilisers (Guar gum, Xanthan gum), Cornflour, Mustard flour, Preservative (Potassium sorbate), Concentrated Lemon Juice. |
| Coleslaw | Cabbage (59%), Rapeseed oil, Water, Carrot (6%), White wine vinegar, Pasteurised liquid whole Egg, Sugar, Onion, Spirit vinegar, Salt, Stabilisers (Guar gum, Xanthan gum), Preservative (Potassium sorbate), Mustard flour, Concentrated lemon juice. |
| Sweetcorn | Sweetcorn, Water |
| Diced Beetroot | Beetroot, Acetic Acid |
| Jalapenos | Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). |
| Roquito® Chilli Peppers | Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar |
| Black Olives | Water, Olives, Salt, Stabiliser (Ferrous Gluconate) |
| Fresh Salad Lines | |
| Lettuce Mix | Iceberg and Cos Lettuce |
| Cherry Tomatoes | Cherry Tomatoes |
| Cucumber | Cucumbers |
| Mixed Peppers | Green Peppers, Red Peppers, Yellow Peppers |
| Red Onion | Red Onions |
| Shredded Carrot | Carrots |
| Spinach | Spinach |
| Rocket | Rocket Leaves |
| Dried Items | |
| Smoky Flavour Sprinkles (Bacon Bits) | WHEAT Flour (Contains Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Palm), Seasoning (Rusk [WHEAT Flour (Contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt], Sugar, WHEAT Maltodextrin, Yeast Powder, Yeast Extract Powder, Salt [Including Smoked Salt], Colours [Beetroot Extract, Paprika Extract], BARLEY Malt Flour, Natural Flavourings), Salt, Yeast. |
| Croutons | WHEAT Flour (Contains, Calcium Carbonate, Iron, Niacin, Thiamine), Vegetable Oil (Palm), Salt, Yeast. |
| Tortilla Chips | Maize Flour (Corn), Sunflower Oil, Salt |
| Crispy Onions | Onion, Palm Oil, Wheat Flour, Salt |
| Sultanas | Sultanas |
| Dressings & Dips | |
| Thousand Island Dressing | Water, Rapeseed Oil, Glucose-Fructose Syrup, Spirit Vinegar, Tomato Paste, White Wine Vinegar, Modified Starch, Salt, Gherkins, Dried Onion, Lemon Juice Concentrate, Preservative (Potassium Sorbate), Stabilisers (Xanthan Gum, Guar Gum), Acidity Regulator (Lactic Acid), Dried Red Pepper, Dried Garlic, Dried Parsley, Colour (Paprika Extract), Natural Flavouring. |
| Blue Cheese Dressing | Rapeseed Oil, Water, Glucose-Fructose Syrup, White Wine Vinegar, Modified Starch, Salt, Natural Flavouring, Preservative (Potassium Sorbate), Dried Onion, Dried Garlic, Stabiliser (Xanthan Gum), Acidity Regulator (Lactic Acid), Dried Parsley. |
| Garlic Mayonnaise | Rapeseed Oil, Water, Spirit Vinegar, Glucose-Fructose Syrup, Salt, Garlic Powder, Modified Starch, Stabilisers (Xanthan Gum, Guar Gum), Preservative (Potassium Sorbate), MUSTARD Flour, Caramelised Sugar Syrup, Acidity Regulator (Lactic Acid). |
| Light Mayonnaise | Water, Rapeseed Oil (39%), Glucose-Fructose Syrup, Spirit Vinegar, Modified Starch, Salt, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Colour (Paprika Extract). |
| Ranch Dressing | Rapeseed Oil, Water, White Wine Vinegar, Glucose-Fructose Syrup, Dijon Mustard (Water, Mustard Seeds (29%), Spirit Vinegar, Salt, Acidity Regulator (Citric Acid), Preservative (Sodium Metabisulphite)), Modified Starch, Salt, Lemon Juice Concentrate, Dried Onion, Dried Garlic, Preservative (Potassium Sorbate), Cracked Black Pepper, Dried Parsley, Stabiliser (Xanthan Gum), Natural Flavouring. |
| Low Fat French Dressing | Water, Glucose-Fructose Syrup, White Wine Vinegar, Rapeseed Oil, Garlic Puree (Water, Dried Garlic, Acidity Regulator (Citric Acid), Salt, Dijon Mustard (Water, Mustard Seed, Spirit Vinegar, Salt), Parsley, Stabilisers (Xanthan Gum, Guar Gum), Cracked Black Pepper, Dried Onion, Basil, Preservative (Potassium Sorbate), Caramelised Sugar Syrup, Acidity Regulator (Lactic Acid), White Pepper, Colour (Curcumin). |
| Salsa | Tomato Paste, Vegetables, Paprika, Onion, Water, Vinegar, Glucose-Fructose Syrup, Modified Starch, Salt, Herbs (Parsley, Oregano), Garlic, Spices, (Celery), Acid: Lactic Acid, Preservative, Potassium Sorbate, Sweetener, Saccharin. |
| Sour Cream | Rapeseed Oil, Water, Spirit Vinegar, Dextrose, EGG Yolk, Yoghurt Powder, Onion Powder, Salt, Chives, Acidity Regulator (Lactic Acid), MILK Protein, Stabilisers (Xanthan Gum, Guar Gum), Modified Starch, Preservative (Potassium Sorbate), MUSTARD Flour, Calcium Disodium EDTA. |
| Pizza Builder | |
| Pizza Bases | |
| Original Pan | |
| Original Pan | Wheat Flour, Water, Yeast : (Bakers Yeast, Rehydrating Agent: E190), Vegetable Rapeseed Oil, Salt, Premix : (Salt, Calcium Sulphate, Emulsifiers: E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)), Sugar, Flour Treatment Agent (ascorbic acid E300). |
| Pan Oil | Rapeseed Oil, Antifoaming Agent (E900) |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| PLEASE NOTE: THE SOYA OIL USED ON OUR PAN DOUGH PIZZA BASE DOES NOT CONTAIN ANY SOYA. THE SOYA OIL IS 100% REFINED, THEREFORE IS NOT ALLERGENIC. | |
| Handcrafted with Garlic Sprinkle | |
| Handcrafted Dough | WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Rice Flour, Dried WHEAT Sourdough, Dust Suppressant: Potato Starch, Sunflower Oil, WHEAT Flour; Thickener: Guar Gum; Flour Treatment Agent: Ascorbic Acid (E300). |
| Rice Cones | 100% Rice. May contain gluten. |
| Vegetable Oil | Rapeseed Oil, Emulsifiers (Soy Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)). |
| Garlic Sprinkle | Maltodextrin, Cheese Powder (from Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). |
| Handcrafted without Garlic Sprinkle | |
| Handcrafted Dough | WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Yeast, Rice Flour, Dried WHEAT Sourdough, Dust Suppressant: Potato Starch, Sunflower Oil, WHEAT Flour; Thickener: Guar Gum; Flour Treatment Agent: Ascorbic Acid (E300). |
| Rice Cones | 100% Rice. May contain gluten. |
| Vegetable Oil | Rapeseed Oil, Emulsifiers (Soy Lecithin (E322), Mono and Diglycerides Fatty Acid Esters (E471)). |
| Stuffed Crust | |
| Stuffed Crust Dough | WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono- and Diglycerides of Fatty Acids (E471), Flour Treatment Agent: Ascorbic Acid (E300). |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| String Cheese for Crust | Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch |
| Pepperoni Stuffed Crust | |
| Stuffed Crust Dough | WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono- and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471); Flour Treatment Agent: Ascorbic Acid (E300). |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |

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| String Cheese for Crust | Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch |
| Pepperoni | Pork Meat, Pork Fat, Salt, MUSTARD Powder, Dextrose, Flavouring, Smoke Flavouring, Rosemary Extract, Antioxidant (Sodium Ascorbate), Lactic Acid Starter Culture, Preservative (Sodium Nitrite). Made with 137g of pork per 100g of finished product |
| Cheesy Bites | |
| Stuffed Crust Dough | WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Rapeseed Oil, Salt, Emulsifiers: Diacetyl Tartaric Acid Ester of Mono- and Diglycerides of Fatty Acids (E472e), Mono- and Diglycerides of Fatty Acids (E471), Flour Treatment Agent: Ascorbic Acid (E300). |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Puree (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| String Cheese for Crust | Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch |
| Gluten Free | |
| Gluten Free Dough | Gluten Free Blend (Tapioca Starch, Rice Flour, Maize Starch, Psyllium Husk Powder, Sugar, Buckwheat Flour, Thickeners (Xanthan Gum, Hydroxypropyl Methyl Cellulose), Salt), Water, Rapeseed Oil, Yeast, Pea Protein. |
| Flatbread | |
| Pan Dough | Wheat Flour, Water, Yeast : (Bakers Yeast, Rehydrating Agent: E190), Vegetable Rapeseed Oil, Salt, Premix : (Salt, Calcium Sulphate, Emulsifiers: E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)), Sugar, Flour Treatment Agent (ascorbic acid E300). |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Pizza Base Sauces | |
| Unseasoned Tomato Sauce (used on Gluten Free Bases, Flatbreads, Kids Pizza Bases) | Tomato Concentrate (Tomato Paste, Citric Acid). |
| Seasoned Tomato Sauce (used on Handcrafted, Original Pan, Stuffed Crust, Cheesy Bites) | Tomato Concentrate (Tomato Paste, Citric Acid), Sugar (White), Sugar, Herbs (Oregano, Basil, Marjoram, Thyme), Maltodextrin, Salt, Yeast Extract, Rapeseed Oil, Thickener (Guar Gum), Anti-Caking Agent (Silicon Dioxide). |
| BBQ Sauce (For all Bases except Gluten Free) | Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract (Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))), Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring. |
| BBQ Sauce (gluten free) - Only for Gluten-Free Pizza Bases | Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Onion Powder, Preservative (Potassium Sorbate), Chilli Powder. |
| Cheese | |
| Mozzarella Cheese | Mozzarella with added starch (Mozzarella Cheese (Milk, Salt, Cultures), Potato Starch) |
| Goats' Cheese | Goat Milk, Salt, Lactic Culture, Coagulant, Ripening Culture |
| Triple Cheese Blend | Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures) |
| Vegan Ch*se | Water, Coconut Oil, Modified Starch, Starch, Sea Salt, Flavourings, Preservative: Sorbic Acid, Colour: B-Carotene, Vitamin B12. |
| Pizza Toppings | |
| Chicken Breast | Chicken Breast (98%), Salt, Stabilisers (E450i, E450iii, E451i, E452i) |
| Ham | Pork Leg, Water, Salt, Modified Maize Starch (E1422), Caragenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250). |
| Pepperoni | Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250). |
| Beef (with added Soya protein) | Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract. *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free') |
| Bacon | Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water. |
| Cup 'N' Crisp Pepperoni | Meat (Beef, Pork), Beef Fat, Soy Protein, Salt, Mustard Powder, Dextrose, Sunflower Oil, Spice Extracts, Colour (Paprika Extract), Onion Powder, Garlic Powder, Cayenne Chilli Powder, Black Pepper, Lactic Acid Starter Culture, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). Made with 100g of beef & pork per 100g of finished product. |
| Spicy Pork | Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract. |
| Spicy 'Nduja | Pork, spices, jalapeno, salt (partly smoked), acid (E 575), rice starch, thickener (E 412), spice extracts, antioxidants (E 301, E 392), preservative (E 250). Made with 110 g pork per 100 g finished product. |
| Black Olives | Water, Olives, Salt, Stabiliser (Ferrous Gluconate) |
| Mixed Peppers | Green peppers, Red Peppers, Yellow Peppers |
| Mushrooms | Mushrooms |
| Red Onion | Red Onion |
| Caramelised Onions | Red Onions, Balsamic vinegar Of Modena (Aceto balsamico di Modena I.G.P.-Wine vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224(Potassium Metabisulphite)), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains Sulphites. |
| Sweetcorn | Sweetcorn, Water, Salt |
| Cherry Tomatoes | Cherry Tomatoes |
| Pineapple | Pineapple, Pineapple Juice, Citric Acid. |
| Rocket | Rocket Leaves |
| Spinach | Spinach |
| Roquito® Chilli Peppers | Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar |
| Jalapenos | Jalapeno Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). |
| Gherkins | Gherkins, Water, Spirit Vinegar, Salt |
| Spicy Chicken | Chicken, Sriracha seasoning (Sugar, Spices, Unmodified Starch Maize, Garlic Powder, Chili Powder, Red Bell Pepper, Onion Powder, Citric Acid (E 330), Colour (E160c), Chilli Extract, Stabiliser (E415), Flavouring, Lemon Oil), Potato Starch, Salt, Cayenne Chilli Powder, Stabilisers (E450v, E450i, E451). |
| Spicy Cauliflower | Cauliflower, Vegetable Oil (rapeseed oil or sunflower oil in various proportions), Tamary Gluten Free (Water, SOYA Beans, Salt, Alcohol), Rice Vinegar, Garlic Puree, Ginger Puree, Polenta, Red Chilli Puree, Red Pepper Powder, Cornflour, Salt. |
| Go Extra Cheesy | |
| Triple Cheese Blend | Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures) |
| Pizza Drizzle Finish | |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| Dried Parsley | Parsley |
| BBQ Drizzle (For all bases except Gluten Free) | Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract (Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))), Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium) *Below 20ppm |
| BBQ Drizzle (Only for Gluten Free Pizzas) | Water, Concentrated Tomato Purée (19%), Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Ground Paprika, Colour (Plain Caramel), Smoke Flavouring, Dried Garlic, Onion Powder, Preservative (Potassium Sorbate), Chilli Powder. |
| Soy Cream Drizzle | Rapeseed Oil, Water, Spirit Vinegar, Dextrose, EGG Yolk, Yoghurt Powder, Onion Powder, Salt, Chives, Acidity Regulator (Lactic Acid), MILK Protein, Stabilisers (Xanthan Gum, Guar Gum), Modified Starch, Preservative (Potassium Sorbate), MUSTARD Flour, Calcium Disodium EDTA. |
| Balsamic Drizzle | Balsamic Vinegar Of Modena (Aceto Balsamico di Modena I.G.P.-Wine Vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains Sulphites. |
| Hot Honey Drizzle | Honey, Birds Eye Chilli Extract (0.2%), Guajillo Chilli Extract (0.06%) |
| Burger Sauce Drizzle | Rapeseed Oil, Water, Sugar, EGG Yolk, Modified Maize Starch E1422, Tomato Paste, Salt, MUSTARD Flour, Acidity Regulator: E260, Spirit Vinegar, Paprika, Natural Dill Flavouring (Salt, Flavouring Preparation (Dill Extract), Silicon Dioxide (E551)), Horseradish Powder, Stabiliser: Xanthan Gum E415, Dried Onion, Natural Tarragon Flavouring with other Natural Flavourings (Salt, Flavouring Preparation (Tarragon Extract), Silicon Dioxide (E551)), Preservative: Potassium Sorbate E202, Natural Flavouring (Salt, Flavouring Preparations, Silicon Dioxide (E551), Propylene Glycol (E1520)), Natural Paprika Flavouring (Extractives of Paprika, Sunflower Oil), Lactic Acid E270, Cayenne Pepper, Black Pepper, Antioxidant: Calcium Disodium EDTA E385. |
| Cholula® Drizzle | Water, Chilli Peppers (5%) (Arbol, Piquin), Salt, Acid (Acetic Acid), Stabiliser (Xanthan Gum), Rice Flour, Spices, Apple Cider Vinegar, Natural Flavourings |
| Melts | |
| Meat Feast Melt | |
| Thin & Crispy Dough | Wheat flour, water, fully refined soybean oil, salt, yeast. |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Mozzarella Cheese | Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch. |
| Pepperoni | Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250). |
| Ham | Pork Leg, Water, Salt, Modified Maize Starch (E1422), Caragenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250). |
| Beef (with added Soya protein) | Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley* Malt Extract. *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free') |
| Spicy Pork (with added Soya protein) | Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract. |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| Garlic Sprinkle | Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). |
| Pepperoni Melt | |
| Thin & Crispy Dough | Wheat flour, water, fully refined soybean oil, salt, yeast. |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Mozzarella Cheese | Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch. |
| Pepperoni | Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301)), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250). |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| Garlic Sprinkle | Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide). |
| BBQ Chicken Melt | |
| Thin & Crispy Dough | Wheat flour, water, fully refined soybean oil, salt, yeast. |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| BBQ Sauce | Water, Tomato Paste, Sugar, Spirit Vinegar, Glucose-Fructose Syrup, Soy Sauce (Water, Soya Extract (Water, Soya Beans, Salt, Wheat* Flour (With Calcium, Iron, Niacin (Vitamin B3), Thiamin (Vitamin B1))), Salt, Glucose, Spirit Vinegar, Barley* Malt Extract), Modified Maize Starch, Spices, Caramelised Sugar Syrup, Salt, Smoke Flavouring, Preservative (Potassium) *Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free') |
| Mozzarella Cheese | Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch. |

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|---------------------------------------|---|
| Chicken Breast | Chicken Breast (98%), Salt, Stabilisers (E450i, E450iii, E451i, E452i) |
| Red Onion | Red Onion |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| Garlic Sprinkle | Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide) |
| Toasted Three Cheese Melt | |
| Thin & Crispy Dough | Wheat flour, water, fully refined soybean oil, salt, yeast. |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Triple Cheese Blend | Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures) |
| String Cheese | Mozzarella (Pasteurised Milk, Salt, Cultures), Potato Starch |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| Garlic Sprinkle | Maltodextrin, Cheese Powder (From Milk), Salt, Vegetable Oil, Dried Garlic, Dried Parsley, Anti-Caking Agent (Silicon Dioxide) |
| Fries (served with Melts for dine in) | |
| Fries | Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450i, E500(i)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose |
| Buffet Sides | |
| Garlic Breadsticks | |
| Pan dough | Wheat flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent;E491), Rapeseed Oil, Salt, Premix: (Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)), Sugar, Flour Treatment Agent (ascorbic acid E300). |
| Pan Oil | Rapeseed Oil, Antifoaming Agent (E900) |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Dried Parsley | Parsley |
| Cheesy Garlic Breadsticks | |
| Pan dough | Wheat flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent;E491), Rapeseed Oil, Salt, Premix: (Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent |
| Pan Oil | Rapeseed Oil, Antifoaming Agent (E900) |
| Garlic Spread | Reduced Fat Spread Margarine (Vegetable Oils (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservative (Potassium Sorbate), Natural Flavouring, Natural Colour (Beta Carotene)), Garlic Purée (12%), Parsley (1.5%), Acidity Regulator Citric Acid. may contain milk |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Triple Cheese Blend | Mozzarella (Pasteurised Milk, Salt, Starter Cultures, Potato Starch), Red Leicester (Pasteurised Milk, Salt, Starter cultures, Annatto (E160b), Monterey Jack (Pasteurised Milk, Salt, Starter Cultures) |
| Dried Parsley | Parsley |
| Tomato Pasta | |
| Tomato Pasta | Cooked Penne Pasta (Water, Durum Wheat Semolina) (33%), Tomatoes (31%), Tomato Passata (12%), Onion, Tomato Puree, Sunflower Oil, Olive Oil, Water, Carrots, Celery, White Sugar, Garlic, Salt, Modified Maize Starch, Oregano, Black Pepper, Thyme |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Four Cheese & Broccoli Pasta | |
| Four Cheese & Broccoli Pasta | Water, Cooked Penne Pasta (Water, Durum Wheat Semolina) (22%), Whole Pasteurised Milk, Broccoli (5%), Single Cream (Milk), Mature Cheddar Cheese (Milk) (3%), Spinach (3%), Full Cream Milk Powder, Garden Peas (2%), Modified Maize Starch, Adcrem (Milk Protein, Palm Oil, Lactose), Cheese Crumb Mix (Pecorino Cheese (Sheep's Milk), Regato Cheese (Milk) Cheddar Cheese Stock (Processed Cheese Powder (Milk) (Cheese (Milk), Emulsifying Salt: (E339), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Mascarpone Cheese (Milk), Ricotta Cheese (Milk), Salt, Sunflower Oil, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetable (Dried Onion, Dried Parsnip, Dried Parsley), Sunflower Oil, Spices (Lovage Powder, Turmeric, Pepper Powder, Garlic Powder, Mace, Nutmeg), Lovage Extract), Garlic, Lemon Juice from Concentrate, Black Pepper |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Pasta | |
| Lasagne | |
| Lasagne | Water, Tomato, Beef (15%), Egg Pasta (Durum WHEAT Semolina, Water, EGG), Passata, Onion, Tomato Puree, Modified Maize Starch, Skimmed MILK Powder, Mature Cheddar Cheese (MILK), Full Fat Soft Cheese (MILK), Red Wine, Wheat Flour (WHEAT Flour, Iron, Calcium Carbonate, Niacin, Thiamin), Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Beef Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnips), Sunflower Oil, Starch, Spices (Garlic, Lovage Leaves, Nutmeg), Beef Meat Powder, Caramelised Sugar, Natural Roasted Onions Flavouring), Brown Sugar, Vegetable Oil (Sunflower Oil, Rapeseed Oil), Salt, Garlic Puree, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder, Mace Powder, Nutmeg Powder), Herbs (Dried Parsley, Lovage Powder)), Basil, Stabilisers (Xanthan Gum, Guar Gum), Black Pepper, BARLEY Malt Extract |
| Mozzarella Cheese | Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch. |
| Mac & Cheese | |
| Mac 'N' Cheese | Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK) (10%), Single Cream (MILK), Mozzarella Cheese (MILK) (2.5%), Semi Skimmed MILK Powder, Cheddar Cheese Flavour Base (Reconstituted Cheese (MILK), Whey Powder (MILK), Flavourings, Salt, Lactic acid, MUSTARD Flour), Modified Maize Starch, Full Fat Soft Cheese (MILK, Cream (MILK), Salt, Stabiliser, Locust Bean Gum, Preservative: Potassium Sorbate), Vegetable Oils (Sunflower Oil, Rapeseed Oil), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turmeric, Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcesters Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Paste, Cloves, Ginger, Garlic, BARLEY Malt Extract), Garlic Puree, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder). |
| Mozzarella Cheese | Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch. |
| Mini and Mega Monster | |
| Pizza (with unseasoned tomato sauce) | |
| Original Pan Base | |
| Pan Dough | Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent;E491), Rapeseed Oil, Salt, Premix: (Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)), Sugar, Flour Treatment Agent (ascorbic acid E300). |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and diglycerides fatty acid esters (E471). |
| Unseasoned tomato sauce | Tomato Concentrate (Tomato Paste, Citric Acid). |
| Thin Base | |
| Pan dough | Wheat Flour, Water, Yeast: (Bakers Yeast, Rehydrating Agent;E491), Rapeseed Oil, Salt, Premix: (Salt, Calcium Sulphate, Emulsifiers; E481, E472e, E471, Flour Treatment Agent E300, Enzyme (Alpha Amylase, Xylanase, Glucose Oxidase, Protease, Cellulase)), Sugar, Flour Treatment Agent (ascorbic acid E300). |
| Vegetable Oil Spray | Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and diglycerides fatty acid esters (E471). |
| Unseasoned tomato sauce | Tomato Concentrate (Tomato Paste, Citric Acid). |
| Gluten Free Base | |
| Gluten Free dough | Gluten Free Blend (Tapioca Starch, Rice Flour, Maize Starch, Psyllium Husk Powder, Sugar, Buckwheat Flour, Thickeners (Xanthan Gum, Hydroxypropyl Methyl Cellulose), Salt), Water, Rapeseed Oil, Yeast, Pea Protein. |
| Unseasoned tomato sauce | Tomato Concentrate (Tomato Paste, Citric Acid). |
| Cheese | |
| Mozzarella Cheese | Mozzarella with added starch (Mozzarella Cheese (Milk, Salt, Cultures), Potato Starch) |
| Vegan Ch*se | Water, Coconut Oil, Modified Starch, Starch, Sea Salt, Flavourings, Preservative: Sorbic Acid, Colour: B-Carotene, Vitamin B12. |
| Toppings | |
| Chicken Breast | Chicken Breast (98%), Salt, Stabilisers (E450i, E450iii, E451i, E452i) |
| Ham | Pork Leg, Water, Salt, Modified Maize Starch (E1422), Carageenan (E407), Stabiliser (E451), Flavouring, Smoke Flavouring, Antioxidant (E301), Preservative (E250). |
| Pepperoni | Meat (Pork, Beef), Beef Fat, Spice Blend (Mustard, Salt, Dextrose, Smoke Flavour, Spice Extracts (Contains Colour (E160c), Antioxidant (E301), Salt, Flavouring, Lactic Acid Starter Culture, Preservative (E250). |
| Beef (with added Soya protein) | Beef, Beef Fat, Water, Soya Protein, Seasoning (Modified Potato Starch, Salt, Dextrose, Yeast Extract, Spices, Stabiliser (E407), Garlic Powder, Onion Powder, Spirit Vinegar Solids, Acidity Regulator (E330), White Sugar, Flavouring, Spice Extract), Roasted Barley Malt Extract Below 20ppm (Foods that contain 20 parts per million or less can be labelled as 'gluten-free') |
| Bacon (New Recipe) | Pork (90%), Water, Salt, Smoke Flavourings, Stabilisers (E450, E451), antioxidant (E301), Preservative (E250). Formed from cuts of pork with added water |
| Spicy Pork (with added Soya protein) | Pork, Pork Fat, Water, Textured Soya Protein, Soya Protein, Salt, Spices, Sugar, Yeast Powder, Spice Extract. |
| Spicy 'Ndija | Pork, spices, jalapeno, salt (partly smoked), acid (E 575), rice starch, thickener (E 412), spice extracts, antioxidants (E 301, E 392), preservative (E 250). Made with 110 g pork per 100 g finished product. |
| Black Olives | Water, Olives, Salt, Stabiliser (Ferrous Gluconate) |
| Peppers | Green peppers, Red Peppers, Yellow Peppers |
| Mushrooms | Mushrooms |
| Red Onion | Red Onion |
| Caramelised Onions | Red Onions, Balsamic vinegar Of Modena (Aceto balsamico di Modena I.G.P.-Wine vinegar, Concentrated Grape Must, Caramel E-150d Preservative E-224(Potassium Metabisulphite)), Glucose Syrup, Sugar, Modified Corn Starch, Xanthan Gum Stabilizer. Contains Sulphites. |
| Sweetcorn | Sweetcorn, Water, Salt |
| Cherry Tomatoes | Cherry Tomatoes |
| Pineapple | Pineapple, Pineapple Juice, Citric Acid. |
| Rocket | Rocket Leaves |
| Spinach | Spinach |
| Roquito® Chilli Peppers | Red Roquito® Jalapeño Pepper, Sugar, Water, Vinegar |
| Jalapeños | Jalapeño Pepper, Water, Vinegar, Salt, Acetic Acid, Preservative (Potassium Sorbate E202), Firming Agent (Calcium Chloride E509). |
| Gherkins | Gherkins, Water, Spirit Vinegar, Salt |
| Spicy Chicken | Chicken, Sriracha seasoning (Sugar, Spices, Unmodified Starch Maize, Garlic Powder, Chilli Powder, Red Bell Pepper, Onion Powder, Citric Acid (E 330), Colour (E160c), Chilli Extract, Stabiliser (E415), Flavouring, Lemon Oil), Potato Starch, Salt, Cayenne Chilli Powder, Stabilizers (E450(i), E450(i), E451). |
| Spicy Cauliflower | Cauliflower, Vegetable Oil (rapeseed Oil or Sunflower Oil in various proportions), Tamary Gluten Free (Water, SOYA Beans, Salt, Alcohol), Rice Vinegar, Garlic Puree, Ginger Puree, Polenta, Red Chilli Puree, Red Pepper Powder, Cornflour, Salt. |
| Mains | |

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| Spaghetti Bolognese | Bolognese Sauce (64%): Water, Tomato Passata, Minced Beef (19%), Onions, Carrots (7%), Tomato Puree, Modified Maize Starch, Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Beef Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnips), Sunflower Oil, Potato Starch, Spices (Garlic, Lovage, Nutmeg), Beef Powder, Caramelised Sugar, Flavouring), Brown Sugar, Wheat Flour (Wheat Four, Calcium Carbonate, Iron, Niacin, Thiamin) , Sunflower Oil, Oregano, Salt, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnips), Sunflower Oil, Spices (Turmeric, Pepper, Garlic, Mace, Nutmeg), Herbs (Parsley, Lovage)), Basil, Stabilisers (Xanthan Gum, Guar Gum), Barley Malt Extract, Black Pepper . |
| Mac 'N' Cheese | Cooked Macaroni Pasta (37%) (Water, Durum WHEAT Semolina, Water, Mature Cheddar Cheese (MILK) (10%)), Single Cream (MILK) (1%), Mozzarella Cheese (MILK) (2.5%), Semi Skimmed MILK Powder, Cheddar Cheese Flavour Base (Reconstituted Cheese (MILK), Whey Powder (MILK), Flavourings, Salt, Lactic acid, MUSTARD Flour), Modified Maize Starch, Full Fat Soft Cheese (MILK , Cream (MILK), Salt, Stabiliser, Locust Bean Gum, Preservative (Potassium Sorbate), Vegetable Oils (Sunflower Oil, Rapeseed Oil), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turmeric, Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Vegetarian Worcesters Sauce (Water, White Vinegar, Sugar, Onion, Salt, Tamarind Paste, Cloves, Ginger, Garlic, BARLEY Malt Extract), Garlic Puree, Salt, Yeast Extract, Ground Black Pepper, Cayenne Pepper (Chilli Powder, Paprika Powder). |
| Mozzarella Cheese (with Mac 'n' Cheese) | Mozzarella Cheese (Pasteurised Milk, Salt, Lactic Cultures), Potato Starch. |
| Chicken 'N' Fries | |
| Chicken Strips | Chicken Inner Fillet (58%), Water, WHEAT Flour, Rice Flour, Breadcrumbs (WHEAT Flour, Dextrose, Fully Refined Soybean Oil, Salt, Yeast), WHEAT Starch, WHEAT Gluten, Fully Refined Soybean Oil, Salt, Garlic Powder, Maltodextrin, Yeast Extract (contains Salt), Raising Agents (Sodium Acid Phosphosphate, Sodium Bicarbonate), Spices (Black Pepper, CELERY , Turmeric), Sugar, Onion Powder, Refined Sunflower Oil, Dextrose, Spice Extract (Black Pepper, Capsicum, CELERY), Acidity Regulator (Citric Acid), Vegetable Oils (Palm, Rice Bran), Modified Starches, Stabiliser (E451), Raising Agents (E450, E500). |
| Fries | Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose. |
| Sides | |
| Fries | Potatoes, Sunflower oil, Wheat (Gluten) flour, Salt, Modified starch, Spices (black pepper, chilli pepper), Garlic powder, Onion powder, Raising agents (E450(i), E500(ii)), Yeast extract, Spice extracts (paprika, black pepper), Dextrose. |
| Onion Rings | Diced Onions (53%), Wheat flour, Vegetable oils (rapeseed, sunflower, in varying proportions), Gelling agent (E401), Salt, Yeast, Sugar, Flavouring (Paprika extract; Turmeric extract) |
| Mini Corn on the Cob (with Vegetable Oil Spray) | Sweetcorn, Rapeseed oil, Emulsifier: Soya Lecithin (E322), Mono- and Diglycerides Fatty Acid Esters (E471). |
| Garlic Bread | Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin) , Water, Vegetable Fat Spread (17%) (Vegetable Oils (Palm Oil, Rapeseed Oil), Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Flavouring, Colour (Carotenes)), Garlic (3%) (Puree and Chopped), Yeast, Salt, Oregano, Preservative (Calcium Propionate), Lemon Juice, Flour Treatment Agent (Ascorbic Acid), Enzymes (contains Wheat). May contain Soya and Milk . |
| Drinks | |
| Milk | 100% Semi Skimmed Milk |
| Apple Juice | Apple Juice from Concentrate (100%) |
| Orange Juice | Orange juice from concentrate (100%) |
| Fruit Shoots - All flavours | Refer directly to the supplier- Fruit Shoot - www.fruitshoot.com/gb |
| Tango Orange/ Tango Apple/ 7up Zero/ Pepsi Max/ Diet Pepsi | Refer directly to the supplier - Pepsi - www.pepsi.co.uk/7up - www.7up.co.uk/ |
| Flavour Shot - Cherry, Lime, Strawberry, Vanilla | Carbonated Water, Gluten Free Wheat Dextrin, Flavourings*, Sweeteners: Acesulfame K, Sucralose, Acid: Citric Acid, Preservatives: Potassium Sorbate, Sodium benzoate. Flavourings: Vanilla, Cherry, Lime or Strawberry |
| Robinsons Squash - All Flavours | Refer directly to the supplier - Robinsons - www.robinsonssquash.co.uk |
| Kids Desserts | |
| Chilly Billy Ice Lolly Blackcurrant & Apple | Apple juice (88%), Blackcurrant juice (11.75%), Stabiliser (carob gum) 0.25%, antioxidant (ascorbic acid), may contain hazelnuts |
| Kids Chocolate Brownie | |
| Chocolate Brownie | Sugar, Pasteurised Free Range EGG , Milk Chocolate (17%) (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)), Dark Chocolate (8%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Fat Reduced Cocoa Powder (3.7%), Raising Agents (E450, E501). May contain Nuts |
| Vanilla Ice Cream | Skimmed Milk, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin). |
| Chocolate Sauce (Rowse) | Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (MILK), Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring |
| Kids Mini Donuts | |
| Donuts | Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), White Sugar, Palm Oil, Water, Rapeseed Oil, Raising Agents (Disodium Diphosphate, Potassium Bicarbonate), Dried Skimmed MILK , SOYA Flour, Whey Powder (MILK), Dextrose, Dried EGG Yolk, Emulsifiers (SOYA Lecithin, Mono- and Diglycerides of Fatty Acid, Sodium Stearoyl-2-Lactylate), Cornflour, OAT Fibre, MILK Proteins. |
| Chocolate Sauce | Glucose syrup, Sugar, Water, Sweetened condensed Milk, Couverture Milk chocolate (6 %) (Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier (Soya lecitins), Natural vanilla flavouring), Modified starch, Fat reduced cocoa powder, Preservative (Potassium sorbate), Natural flavouring |
| Raspberry Sauce | Glucose syrup, water, raspberry puree from concentrate (10%), sugar, dextrose, modified starch, acidity regulators (citric acid, sodium citrates), colour (anthocyanins), thickener (pectins), preservative (potassium sorbate), natural flavouring, natural raspberry flavouring with other natural flavourings |
| Desserts | |
| Ice Cream Factory | |
| Ice Cream Mix | Skimmed Milk, Cream (10%) (MILK), Sugar, Fructose, Whey Powder (MILK), Emulsifier (E471), Stabilisers (E466, E412, E407, E401, E410), Flavouring, Salt |
| Raspberry Sauce | Glucose syrup, water, raspberry puree from concentrate (10%), sugar, dextrose, modified starch, acidity regulators (citric acid, sodium citrates), colour (anthocyanins), thickener (pectins), preservative (potassium sorbate), natural flavouring, natural raspberry flavouring with other natural flavourings |
| Chocolate Sauce | Glucose syrup, Sugar, Water, Sweetened condensed Milk, Couverture Milk chocolate (6 %) (Sugar, Cocoa butter, Whole MILK powder, Cocoa mass, Emulsifier (Soya lecitins), Natural vanilla flavouring), Modified starch, Fat reduced cocoa powder, Preservative (Potassium sorbate), Natural flavouring |
| Bubblegum Sauce | Sugar, Glucose Syrup, Water, Natural Flavouring, Colour : Anthocyanin (E163), Acid: Citric Acid, Preservative: Potassium Sorbate |
| Strawberry Crunch | Sugar, Glucose syrup, Water, Colour (E162), Natural flavouring, Coconut oil, Glazing agent (E901). |
| Milk Chocolate Beans | Sugar, Cocoa butter, Whey powder (MILK), Fat-reduced cocoa powder, Whole MILK powder, Emulsifier (Soya lecitin), Glazing agents (Arabic gum, Carnauba wax, Bees wax), Colours (E101, E141, E160a, E162, E163, E171, E172). |
| Milk Chocolate Chips | Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, whey powder (MILK), Lactose (MILK), Emulsifier: Soya Lecithin; Flavouring. |
| Gold Stars | Sugar, Vegetable Oils (Coconut, Shea), Rice Flour, Water, Thickener (Sodium Carboxy Methyl Cellulose), Glazing Agents (Shellac, Acacia Gum), Anti Caking Agent (Potassium Aluminium Silicate), Caramelised Sugar Syrup, Glucose Syrup, Flavouring, Colours (Iron Oxide and Hydroxides), Tapioca Starch, Safflower Concentrate. |
| Mixed Coloured Stars | Sugar, Palm Fat RSPO SG, Potato Starch, Rice Flour, Corn Starch, Colours: E163, E162, E160a, E100, E172; Natural Flavour |
| Milk Chocolate Chips | White Chocolate Chips (50%) Sugar, Cocoa Butter, Whole MILK Powder, Lactose (MILK), Whey Powder (MILK), Emulsifier: Soya Lecithin (E322), Vanilla Extract. Dark Chocolate Chips (50%) Sugar, Vegetable Fat (Palm), Fat-Reduced Cocoa Powder, Emulsifiers: Soya Lecithin (E322) and Sorbitan Tristearate (E492), Natural Flavouring. |
| Triple Chocolate Chunks | MILK Chocolate Chunks 34% - (Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Emulsifier: (Soya), Flavouring) Dark Chocolate Chunks 33% - (Sugar, Cocoa Butter, Cocoa Mass, Emulsifier: (Soya), Flavouring) White Chocolate Chunks 33% - (Sugar, Whole MILK Powder, Cocoa Butter, Emulsifier: (Soya), Flavouring) |
| Marshmallows | Sugar, Glucose-fructose syrup, Water, Maize starch, Dextrose, Tapioca starch, Gelling agent: Carrageenan, Hydrolysed Rice protein, Natural flavouring, Colour: E162. |
| Gold Fudge | White Granulated Sugar, Sweetened Condensed Milk (MILK , Sugar), Fondant (Sugar, Glucose Syrup, Water), Glucose Syrup, Palm Oil, Salted Butter (MILK , Salt), Colour: Potassium Aluminium Silicate (E555), Iron Oxides and Hydroxides (E172), Natural Flavouring |
| Hot Cookie Dough (All sizes served with Vanilla Ice Cream and Sauce) | |
| Chocolate Chip Cookie Dough | |
| Chocolate Chip Cookie Dough | Wheat flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecitin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring May contain Nuts and Eggs . |
| Vanilla Ice Cream | Skimmed Milk, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin). |
| Chocolate Sauce (Rowse) | Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (MILK), Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring. |
| White Chocolate & Caramel Cookie Dough | |
| White Chocolate & Caramel Cookie Dough | Wheat flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, White Chocolate (12%) (Sugar, Cocoa butter, Whole MILK powder, Sweet whey powder (MILK), Lactose (MILK), MILK fat, Emulsifier (SOYA Lecithins), Natural vanilla flavouring), Brown sugar, Butter (MILK), Caramel pieces (8%) (Sugar, Glucose syrup, Condensed MILK , Coconut oil, Butteroil (MILK), Natural flavouring, Glazing agent (Carnauba wax), Water, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Raising agent (Diphosphates, Sodium carbonates), Flavouring May contain Nuts and Eggs . |
| Vanilla Ice Cream | Skimmed Milk, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin). |
| Salted Caramel Sauce | Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (MILK), Modified Starch, Whole MILK Powder (MILK), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthan Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup). |
| Loaded Cookie Dough made with KitKat® | |
| Chocolate Chip Cookie Dough | Wheat flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecitin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring May contain Nuts and Eggs . |
| Vanilla Ice Cream | Skimmed Milk, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin). |
| Nestlé KitKat® Sauce | Sugar, sunflower oil, skimmed MILK powder, biscuit granules 5% (sugar, WHEAT flour, vegetable oils (rapeseed, sunflower), lactose (MILK), MILK proteins, BARLEY malt extract, salt, raising agent (sodium bicarbonate), whey powder (MILK), anhydrous MILK fat, fat reduced-cocoa powder + 3.8%, cocoa mass + 3%, emulsifier (lecithins), salt, natural vanilla flavouring. May contain NUTS and SOYA . |
| Nestlé KitKat® Topping | water pieces WHEAT flour, sugar, palm fat, WHEAT starch, emulsifier (SOYA lecitins), salt), sugar, cocoa butter, cocoa mass, skimmed MILK powder, whey powder product (MILK), vegetable fats (palm, shea), butter oil (MILK), emulsifier (lecithins), natural vanilla flavouring. May contain TREE NUTS |
| Loaded Cookie Dough made with Rolo® | |
| Chocolate Chip Cookie Dough | Wheat flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecitin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring May contain Nuts and Eggs . |
| Vanilla Ice Cream | Skimmed Milk, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin). |
| Salted Caramel Sauce | Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (MILK), Modified Starch, Whole MILK Powder (MILK), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthan Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup). |
| Nestlé ROL® Topping | Ingredients: sugar, glucose syrup, cocoa butter, MILK powders (whole and skimmed), cocoa mass, vegetable fats (palm, shea), invert sugar syrup, butterfat (from MILK), lactose and proteins from whey (from MILK), whey powder (from MILK), sweetened condensed skimmed MILK (skimmed MILK , sugar), emulsifier (lecithins), salt, flavouring. May contain GLUTEN . Important: Young children (less than 4 years) have limited chewing ability and could choke on small sweets. |
| S'mores Cookie Dough | |
| Chocolate Chip Cookie Dough | Wheat flour (WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamine), Sugar, Dark chocolate (21%) (Cocoa mass, Sugar, Cocoa butter, Fat reduced cocoa powder, Emulsifier (SOYA lecitin)), Butter (MILK), Maltodextrin, Butterfat (MILK), Vegetable oils (Palm oil, Rapeseed oil), Whey powder (MILK), Salt, Water, Raising agent (Diphosphates, Sodium carbonates), Flavouring May contain Nuts and Eggs . |
| Vanilla Ice Cream | Skimmed Milk, Whipping Cream (14%) (MILK), Sugar, Skimmed MILK Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin). |

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| Chocolate Sauce (Rowse) | Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (Milk), Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring. |
| Marshmallows | Glucose Syrup, Sugar, Dextrose, Water, Humectant: Sorbitol Syrup, Gelatine, Fruit and Plant Concentrates: Beetroot Safflower, Flavouring |
| I Can't Believe It's Not Cheesecake | |
| Cheesecake | Biscuit Base (30%) (Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamin, Niacin), Vegetable Oils (SG RSPO Palm, Rapeseed), Sugar, Invert Sugar Syrup, Raising Agents: E500i, E503ii, Salt), Lotus Original Caramelised Biscuit Spread (23%) (Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm Oil From Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)), Non-Dairy Cream (16%) (Lentil Protein Preparation (Water, 1.1% Lentil Protein), Palm Fat, Rapeseed Oil, Sugar, Modified Corn Starch, Emulsifiers (Sunflower Lecithin, Sugar Esters of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Stabilisers (Guar Gum, Locust Bean Gum), Natural Flavours, Salt, Colourant (Beta-Carotene)), Food Preparation With Coconut Oil (16%) (Water, Coconut Oil (23%), Starch, Sea Salt, Acidity Regulator: Glucono-Delta-Lactone, Flavourings, Olive Extract, Vitamin B12), Sugar, Caramelised Biscuit (5%) (Wheat Flour, Sugar, Vegetable Oils (Palm (RSPO certified), Rapeseed), Candy Sugar Syrup, Raising Agent: E500, Soya Flour, Salt, Cinnamon), Starch, Partially Inverted Sugar Syrup, Tapioca Starch, Natural Vanilla Flavouring, Preservative(Potassium Sorbate (E202)). May contain Milk, Eggs, Sulphur Dioxide and Nuts. |
| So Scoffable Biscoff® Cheesecake & Ice Cream | |
| Cheesecake | Biscuit Base (30%) (Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Thiamin, Niacin), Vegetable Oils (SG RSPO Palm, Rapeseed), Sugar, Invert Sugar Syrup, Raising Agents: E500i, E503ii, Salt), Lotus Original Caramelised Biscuit Spread (23%) (Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm Oil From Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)), Non-Dairy Cream (16%) (Lentil Protein Preparation (Water, 1.1% Lentil Protein), Palm Fat, Rapeseed Oil, Sugar, Modified Corn Starch, Emulsifiers (Sunflower Lecithin, Sugar Esters of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Stabilisers (Guar Gum, Locust Bean Gum), Natural Flavours, Salt, Colourant (Beta-Carotene)), Food Preparation With Coconut Oil (16%) (Water, Coconut Oil (23%), Starch, Sea Salt, Acidity Regulator: Glucono-Delta-Lactone, Flavourings, Olive Extract, Vitamin B12), Sugar, Caramelised Biscuit (5%) (Wheat Flour, Sugar, Vegetable Oils (Palm (RSPO certified), Rapeseed), Candy Sugar Syrup, Raising Agent: E500, Soya Flour, Salt, Cinnamon), Starch, Partially Inverted Sugar Syrup, Tapioca Starch, Natural Vanilla Flavouring, Preservative(Potassium Sorbate (E202)). May contain Milk, Eggs, Sulphur Dioxide and Nuts. |
| Vanilla Ice Cream | Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring/Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours |
| Salted Caramel Sauce | Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthan Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup). |
| Chocolate Brownie | |
| Chocolate Brownie | Sugar, Pasteurised Free Range EGG, Milk Chocolate (17%) (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)), Dark Chocolate (8%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Fat Reduced Cocoa Powder (3.7%), Raising Agents (E450, E501). May contain Nuts |
| Vanilla Ice Cream | Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin). |
| Chocolate Sauce (Rowse) | Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (Milk), Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring |
| Mini Donuts | |
| Donuts | Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), White Sugar, Palm Oil, Water, Rapeseed Oil, Raising Agents (Disodium Diphosphate, Potassium Bicarbonate), Dried Skimmed MILK, SOYA Flour, Whey Powder (MILK), Dextrose, Dried EGG Yolk, Emulsifiers (SOYA Lecithin, Mono- and Diglycerides of Fatty Acid, Sodium Stearyl-2-Lactylate), Cornflour, OAT Fibre, MILK Proteins |
| Chocolate Sauce | Glucose syrup, Sugar, Water, Sweetened condensed Milk, Couverture Milk chocolate (6 %) (Sugar, Cocoa butter, Whole Milk powder, Cocoa mass, Emulsifier (Soya lecithins), Natural vanilla flavouring), Modified starch, Fat reduced cocoa powder, Preservative (Potassium sorbate), Natural flavouring. |
| Raspberry Sauce | Glucose syrup, water, raspberry puree from concentrate (10%), sugar, dextrose, modified starch, acidity regulators (citric acid, sodium citrates), colour (anthocyanins), thickener (pectins), preservative (potassium sorbate), natural flavouring, natural raspberry flavouring with other natural flavourings |
| Chilly Billy Ice Lolly Blackcurrant & Apple | |
| Chilly Billy Ice Lolly Blackcurrant & Apple | Apple juice (88%), Blackcurrant juice (11.75%), Stabiliser (carob gum) 0.25%, antioxidant (ascorbic acid). may contain hazelnuts |
| Ice Cream | |
| Vanilla Ice Cream | Skimmed Milk, Whipping Cream (14%) (Milk), Sugar, Skimmed Milk Powder, Dried Glucose Syrup, Emulsifier (Mono- and Diglycerides of Fatty Acids), Stabilisers (Carob Gum, Guar Gum, Xanthan Gum, Carrageenan), Natural Flavouring, Water, Skimmed Milk Powder (MILK), Whey Powder (MILK), Sugar, Palm Oil, Dextrose, Stabilisers (Guar Gum, Carrageenan, Locust Bean Gum), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Natural Colours (Annatto, Curcumin). |
| Take Away Vanilla Ice Cream | |
| Take Away Vanilla Ice Cream | Whole Milk, Sugar, Double Cream (Milk), Buttermilk Powder, Emulsifier: Mono- & Diglycerides of Fatty Acids, Flavouring, Stabilisers: Sodium Alginate, Guar Gum, Colours: Curcumin, Annatto Norbixin, Plain Caramel. |
| Sauces | |
| Chocolate Sauce (Rowse) | Glucose Syrup, Water, Belgian Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Liquor, Emulsifier: Soya Lecithin, Natural Vanilla Extract), Single Cream (Milk), Cocoa Liquor, Corn Flour, Natural Vanilla Flavouring |
| Salted Caramel Sauce | Water, sugar, Dextrose, Oligofructose, Dark Muscovado Sugar, Butter (Milk), Modified Starch, Whole Milk Powder (Milk), Salt, Vegetable Oil, Stabilisers (Guar Gum, Xanthan Gum), Cane Molasses, Preservative (Potassium Sorbate), Flavouring (Caramelised Sugar Syrup). |
| Drinks | |
| Soft Drinks | |
| Tango Orange/ Tango Apple/ 7Up Zero/ Pepsi Max/ Diet Pepsi | Refer directly to the supplier - Pepsi - www.pepsi.co.uk/7up - www.7up.co.uk |
| Flavour Shot - Cherry, Lime, Strawberry, Vanilla | Carbonated Water, Gluten Free Wheat Dextrin, Flavourings*, Sweeteners: Acesulfame K, Sucralose, Acid: Citric Acid, Preservatives: Potassium Sorbate, Sodium benzoate. Flavourings: Vanilla, Cherry, Lime or Strawberry |
| Robinsons Squash - All Flavours | Refer directly to the supplier - Robinsons - www.robinsonsquash.co.uk |
| Belu Still Water / Sparkling Water | Refer directly to the supplier - Belu - www.belu.com |
| Lipton Peach Iced Tea | Refer directly to the supplier - Lipton - www.liptonicedtea.com |
| Bottle of Pepsi | Refer directly to the supplier - Pepsi - www.pepsi.co.uk |
| Im Bru | Refer directly to the supplier - Agbarr - www.agbarr.co.uk |
| Apple Juice | Apple Juice from Concentrate (100%) |
| Orange Juice | Orange juice from concentrate (100%) |
| J20 - all flavours | Refer directly to the supplier - J20 - www.j20.co.uk |
| Bottle of 7Up Zero / Pepsi Max / Tango Orange / Pepsi | Refer directly to the supplier - Pepsi - www.pepsi.co.uk/7up - www.7up.co.uk |
| Bottle of Diet Pepsi | Refer directly to the supplier - Pepsi - www.pepsi.co.uk |
| Hot Drinks | |
| Black Tea | 100% Black Tea |
| Tea with Milk | 100% Black Tea, 100% Semi Skimmed Milk |
| Hot Chocolate | Sugar, Whey Powder (Milk), Low Fat Cocoa Powder, Skimmed Milk Powder, Acidity Regulator E331, Salt, Flavouring, Anti-Caking Agent E551. |
| Americano with Milk, Caffe Latte, Cappuccino | Roasted & Ground Coffee, 100% Semi Skimmed Milk |
| Black Americano, Espresso Shot | Roasted & Ground Coffee |
| Alcoholic Drinks | |
| Pinot Grigio / Merlot / White Zinfandel | Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk/ |
| Nice Wine | Refer to label on can or directly to the supplier - Nice Drinks - www.nice-drinks.co.uk/ |
| Prosecco | Refer directly to the supplier - Matthew Clark - www.matthewclark.co.uk/ |
| Budweiser | Refer to label on bottle or directly to the supplier - Budweiser - www.budweiser.com/en/company/products/budweiser |
| San Miguel | Refer directly to the supplier - San Miguel - www.sanmiguel.com |
| Brewdog Punk IPA | Refer directly to the supplier - Brewdog - www.BrewDog.com |
| Kopparberg Strawberry & Lime | Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/ |
| Kopparberg Mixed Fruit Tropical | Refer directly to the supplier - Kopparberg - www.kopparberg.co.uk/faqs/ |
| Bulmer's | Refer directly to the supplier - Bulmer's - www.Bulmers.co.uk/nutritional-values |

| NUTRITION INFORMATION (updated June 2025) | | | | | | | | | | |
|--|-------------------------------|----------------------------|-------------------------|------------------------------|----------------------------|---------------------|-------------------------------|-----------------------------|--------------------|--|
| FOOD ALLERGIES | | | | | | | | | | |
| We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy. | | | | | | | | | | |
| The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only. | | | | | | | | | | |
| | Average Weight of Portion (g) | Energy per Portion (kcal) | Protein per Portion (g) | Carbohydrate per Portion (g) | Sugar per Portion (g) | Fat per Portion (g) | Saturated Fat per Portion (g) | Salt per Portion (g) | | |
| Sides | | | | | | | | | | |
| Fries | 230 | 384 | 5.1 | 51 | 1.2 | 17 | 2.1 | 2.3 | | |
| Cheesy Fries | 375 | 686 | 13.8 | 75 | 3.1 | 35 | 10.4 | 5.6 | | |
| Onion Rings | 158 | 338 | 5.5 | 47 | 7.0 | 15 | 1.7 | 1.4 | | |
| Garlic Bread | 120 | 360 | 9.0 | 47 | 3.4 | 14 | 4.3 | 0.84 | | |
| Garlic Bread with Cheese | 181 | 530 | 20 | 49 | 4.6 | 27 | 12 | 1.7 | | |
| CheesyTriangles | 198 | 377 | 14 | 20 | 1 | 26 | 11 | 3 | | |
| Hallooam Fries | 85 | 275 | 14 | 11 | 3 | 20 | 9 | 2 | | |
| Mini Corn on the Cob | 267 | 207 | 6.4 | 29 | 18 | 4.8 | 0.8 | 0.01 | | |
| Cheesy Bite Bites | 240 | 534 | 24 | 75 | 2.2 | 15 | 6.2 | 2.1 | | |
| Loaded Sweet Chili Cheesy Bite Bites | 297 | 669 | 30 | 85 | 9.8 | 23 | 10 | 2.7 | | |
| Loaded Bacon Cheesy Bite Bites | 297 | 711 | 34 | 77 | 2.5 | 29 | 15 | 3.1 | | |
| Loaded Smashburger Cheesy Bite Bites | 358 | 776 | 36.2 | 86 | 9.6 | 31 | 13.0 | 3.7 | | |
| BBQ Chicken Wings | 121 | 247 | 24 | 6.7 | 4.4 | 14 | 3.4 | 2.0 | | |
| Hot Honey BBQ Chicken Wings | 152 | 281 | 24 | 15 | 12.1 | 14 | 3 | 2.0 | | |
| Breaded Chicken Tenderers | 175 | 354 | 28.4 | 30 | 0.9 | 13 | 2.5 | 1.5 | | |
| Hot Honey Breaded Chicken Tenderers | 197 | 454 | 28.6 | 43 | 13.9 | 18 | 2.8 | 1.5 | | |
| Take Away Macaroni Cheese | | | | | | | | | | |
| Take Away Macaroni Cheese - Classic | 230 | 396 | 16.5 | 42 | 3.9 | 19 | 10.0 | 1.4 | | |
| Take Away Choula® Chicken Macaroni Cheese | 314 | 461 | 24.7 | 48 | 6.9 | 20 | 10.3 | 3.2 | | |
| Take Away Choula® Cauliflower Macaroni Cheese | 314 | 449 | 17.7 | 48 | 7.1 | 21 | 10.3 | 3.3 | | |
| Dips & Bits Station | | | | | | | | | | |
| Heinz BBQ Sauce | 100 | 138 | 1 | 34 | 29 | 0 | 0 | 1 | | |
| Heinz Tomato Ketchup | 100 | 102 | 1 | 23 | 23 | 0 | 0 | 2 | | |
| Chili Flakes | 1 | 3 | 0.1 | 0.3 | 0.1 | 0.2 | 0 | 0 | | |
| Dine In Dip Pots | | | | | | | | | | |
| Sour Cream | 45 | 266 | 0.64 | 3.6 | 2.8 | 27.7 | 2.0 | 0.41 | | |
| Sweet Chili | 60 | 98 | 0.16 | 24.2 | 20.3 | 0 | 0.0 | 0.34 | | |
| Hot Honey | 60 | 197 | 0.30 | 49.2 | 48.6 | 0.30 | 0.12 | 0.02 | | |
| Burger Sauce | 50 | 207 | 0.9 | 7 | 4.5 | 20 | 1.7 | 1.1 | | |
| Nacho Cheese | 50 | 89 | 5.2 | 2 | 0.3 | 7 | 4.6 | 1.5 | | |
| Choula® Original Dip | 45 | 10 | 0.3 | 1 | 0.3 | 0 | 0.1 | 2.3 | | |
| Takeaway Dip Pots | | | | | | | | | | |
| Heinz Garlic Sauce Dip Pot | 25 | 89 | 0.2 | 2.0 | 1.1 | 9.0 | 1.4 | 0.35 | | |
| Heinz BBQ Sauce Dip Pot | 25 | 29 | 0.4 | 6.4 | 5.0 | 6.1 | 0 | 0.24 | | |
| Heinz Sweet Chili Dip Pot | 25 | 47 | 0.1 | 11.5 | 10.5 | 0.0 | 0.0 | 0.38 | | |
| *Nutritional values don't account for the dips chosen by the consumer. These values should be taken from the labels. Always read added to the product nutritional info. | | | | | | | | | | |
| | Weight of Portion (g) | Energy per Portion (kcal) | Protein per Portion (g) | Carbohydrate per Portion (g) | Sugar per Portion (g) | Fat per Portion (g) | Saturated Fat per Portion (g) | Salt per Portion (g) | | |
| Salad Station | | | | | | | | | | |
| Dressed Salads | | | | | | | | | | |
| Potato Salad | 63 | 102 | 0.8 | 9.1 | 1.7 | 6.7 | 0.49 | 0.38 | | |
| Coleslaw | 50 | 68 | 0.4 | 3.1 | 2.4 | 5.9 | 0.43 | 0.07 | | |
| Sweetcorn | 26 | 20 | 0.70 | 3.5 | 0.93 | 0.4 | 0.34 | 0.01 | | |
| Diced Beetroot | 24 | 12 | 1.0 | 1.6 | 1.1 | 0.1 | 0.07 | 0.02 | | |
| Jalapenos | 16 | 1 | 0.07 | 0.07 | 0 | 0.1 | 0.03 | 0.48 | | |
| Roquito® Chili Peppers | 16 | 14 | 0.11 | 3.34 | 3 | 0 | 0 | 0 | | |
| Black Olives | 15 | 21 | 0.14 | 0.11 | 0 | 2.1 | 0.21 | 0.14 | | |
| Fresh Salad | | | | | | | | | | |
| Lettuce Mix | 17 | 2 | 0.1 | 0.2 | 0.2 | 0 | 0 | 0 | | |
| Cherry Tomatoes | 33 | 6 | 0.2 | 1.0 | 1.0 | 0.1 | 0 | 0 | | |
| Cucumber | 35 | 3 | 0.2 | 0.5 | 0.5 | 0 | 0 | 0 | | |
| Mixed Peppers | 26 | 4 | 0.2 | 0.7 | 0.6 | 0.1 | 0 | 0 | | |
| Red Onion | 21 | 8 | 0.3 | 1.7 | 1.2 | 0 | 0 | 0 | | |
| Shredded Carrot | 18 | 9 | 0.1 | 2.3 | 2.3 | 0 | 0 | 0 | | |
| Spinach | 20 | 4 | 0.5 | 0.0 | 0.0 | 0.1 | 0 | 0 | | |
| Rocket | 20 | 4 | 0.7 | 0.1 | 0.0 | 0 | 0 | 0 | | |
| Dried Items | | | | | | | | | | |
| Bacon Bits | 13 | 70 | 1.2 | 7.7 | 0.3 | 3.8 | 1.7 | 0.33 | | |
| CROUTONS | 7 | 33 | 0.8 | 5.0 | 0.1 | 1.1 | 0.5 | 0.16 | | |
| Tortilla Chips | 13 | 64 | 0.8 | 8.2 | 0.2 | 2.7 | 0.3 | 0.09 | | |
| Crispy Onions | 6 | 35 | 0.4 | 2.4 | 0.5 | 2.6 | 1.3 | 0.07 | | |
| Sultanas | 16 | 43 | 0.4 | 11 | 11 | 0 | 0 | 0 | | |
| Dressings & Dips | | | | | | | | | | |
| Thousand Island Dressing | 30 | 80 | 0.21 | 3.4 | 1.5 | 7.2 | 0.9 | 0.37 | | |
| Blue Cheese Dressing | 27 | 125 | 0.35 | 5.2 | 2.1 | 11 | 4.2 | 0.36 | | |
| Garlic Mayonnaise | 29 | 127 | 0.58 | 1.2 | 0.5 | 13 | 1.8 | 0.31 | | |
| Light Mayonnaise | 34 | 138 | 0.24 | 4.3 | 2.0 | 13 | 1.8 | 0.44 | | |
| Ranch Dressing | 31 | 145 | 0.74 | 2.0 | 1.3 | 15 | 1.6 | 0.33 | | |
| Low Fat French Dressing | 22 | 18 | 0.18 | 3.1 | 1.9 | 0.6 | 0.4 | 0.27 | | |
| Salsa | 33 | 20 | 0.36 | 4.3 | 2.6 | 0 | 0 | 0.53 | | |
| Sour Cream | 30 | 177 | 0.43 | 2.4 | 1.8 | 18 | 1 | 0.27 | | |
| FOOD ALLERGIES | | | | | | | | | | |
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| Pizza | | | | | | | | | | |
| Pepperoni | | | | | | | | | | |
| Individual Pan (9") | 400 | 6 | 181 | 7.2 | 18 | 0.8 | 8.7 | 2.9 | 0.77 | |
| Sharing Pan (13") | 810 | 8 | 272 | 11 | 29 | 1.2 | 12 | 4.1 | 1.2 | |
| Individual Handcrafted (11") | 398 | 6 | 161 | 6.9 | 18 | 1.5 | 6.4 | 2.6 | 0.84 | |
| Sharing Handcrafted (14") | 704 | 8 | 213 | 9.2 | 24 | 2.0 | 8.7 | 3.6 | 1.1 | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 394 | 6 | 158 | 6.9 | 18 | 1.4 | 6.3 | 2.6 | 0.76 | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 696 | 8 | 210 | 9.2 | 23 | 2.0 | 8.6 | 3.5 | 1.0 | |
| Individual Stuffed Crust (11") | 550 | 6 | 238 | 12 | 23 | 2.0 | 11 | 5.1 | 1.1 | |
| Individual Pepperoni Stuffed Crust (11") | 584 | 6 | 265 | 13 | 23 | 2.0 | 13 | 6.0 | 1.3 | |
| Sharing Stuffed Crust (14") | 912 | 8 | 291 | 14 | 30 | 2.7 | 13 | 5.9 | 1.3 | |
| Sharing Pepperoni Stuffed Crust (14") | 953 | 8 | 315 | 15 | 30 | 2.7 | 15 | 6.7 | 1.5 | |
| Cheesy Bites (14") | 912 | 8 | 291 | 14 | 30 | 2.7 | 13 | 5.9 | 1.3 | |
| Gluten Free (9" Square) | 351 | 6 | 164 | 4.5 | 20 | 1.6 | 7.1 | 2.6 | 0.70 | |
| Pepperoni Feast | | | | | | | | | | |
| Individual Pan (9") | 452 | 6 | 214 | 8.8 | 18 | 0.91 | 12 | 3.8 | 0.98 | |
| Sharing Pan (13") | 891 | 8 | 310 | 13 | 29 | 1.3 | 16 | 5.1 | 1.4 | |
| Individual Handcrafted (11") | 450 | 6 | 194 | 8.6 | 18 | 1.5 | 9.3 | 3.5 | 1.05 | |
| Sharing Handcrafted (14") | 785 | 8 | 252 | 12 | 24 | 2.1 | 12.0 | 4.6 | 1.4 | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 412 | 6 | 172 | 7.4 | 18 | 1.4 | 7.7 | 2.7 | 0.90 | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 721 | 8 | 224 | 10 | 23 | 2.0 | 10 | 3.5 | 1.2 | |
| Individual Stuffed Crust (11") | 568 | 6 | 252 | 12 | 23 | 2.0 | 12 | 5.2 | 1.2 | |
| Individual Pepperoni Stuffed Crust (11") | 602 | 6 | 279 | 13 | 23 | 2.0 | 14 | 6.1 | 1.4 | |

| Sharing Stuffed Crust (14") | 935 | 8 | 305 | 14 | 30 | 2.7 | 14 | 5.8 | 1.5 | | | | | | | | |
|--|---------------------|----------------------------|-------------------------|-----------------------|----------------------------|---------------------|-------------------|-----------------------------|--------------------|--|--|--|--|--|--|--|--|
| Sharing Pepperoni Stuffed Crust (14") | 976 | 8 | 329 | 15 | 30 | 2.7 | 16 | 6.7 | 1.6 | | | | | | | | |
| Cheesy Bites (14") | 935 | 8 | 305 | 14 | 30 | 2.7 | 14 | 5.8 | 1.5 | | | | | | | | |
| Gluten Free (9" Square) | 403 | 6 | 197 | 6.1 | 20 | 1.7 | 9.9 | 3.5 | 0.90 | | | | | | | | |
| Pepperoni & Spicy Mduja | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 463 | 6 | 216 | 9.0 | 18 | 0.9 | 11.9 | 4.0 | 1.00 | | | | | | | | |
| Sharing Pan (13") | 934 | 8 | 326 | 13 | 29 | 1.3 | 17 | 5.6 | 1.5 | | | | | | | | |
| Individual Handcrafted (11") | 461 | 6 | 197 | 8.8 | 18 | 1.5 | 9.6 | 3.7 | 1.1 | | | | | | | | |
| Sharing Handcrafted (14") | 828 | 8 | 267 | 12 | 24 | 2.1 | 13 | 5.1 | 1.5 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 457 | 6 | 195 | 8.7 | 18 | 1.5 | 9.5 | 3.6 | 0.99 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 822 | 8 | 264 | 11.8 | 23 | 2.0 | 13.3 | 5.1 | 1.4 | | | | | | | | |
| Individual Stuffed Crust (11") | 613 | 6 | 274 | 13 | 23 | 2.0 | 14 | 6.2 | 1.3 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 647 | 6 | 301 | 15 | 23 | 2.1 | 16 | 7.1 | 1.5 | | | | | | | | |
| Sharing Stuffed Crust (14") | 1036 | 8 | 345 | 17 | 30 | 2.7 | 17 | 7.4 | 1.7 | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 1077 | 8 | 369 | 18 | 30 | 2.8 | 20 | 8.2 | 1.8 | | | | | | | | |
| Cheesy Bites (14") | 1036 | 8 | 345 | 17 | 30 | 2.7 | 17 | 7.4 | 1.7 | | | | | | | | |
| Gluten Free (9" Square) | 414 | 6 | 201 | 6.3 | 20 | 1.6 | 10.3 | 3.6 | 0.94 | | | | | | | | |
| The Spicy GOAT | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 496 | 6 | 204 | 8.5 | 21 | 3.8 | 9.2 | 3.8 | 0.74 | | | | | | | | |
| Sharing Pan (13") | 996 | 8 | 298 | 12 | 33 | 4.8 | 13 | 5.3 | 1.1 | | | | | | | | |
| Individual Handcrafted (11") | 496 | 6 | 183 | 8.3 | 21 | 4.4 | 6.9 | 3.5 | 0.8 | | | | | | | | |
| Sharing Handcrafted (14") | 890 | 8 | 239 | 11 | 28 | 5.6 | 9 | 4.7 | 1.0 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 492 | 6 | 180 | 8.2 | 21 | 4.4 | 6.8 | 3.5 | 0.79 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 884 | 8 | 236 | 10.9 | 27 | 5.5 | 9.1 | 4.7 | 1.0 | | | | | | | | |
| Individual Stuffed Crust (11") | 648 | 6 | 260 | 13 | 26 | 4.9 | 11 | 6.0 | 1.0 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 682 | 6 | 287 | 14 | 26 | 5.0 | 14 | 6.9 | 1.2 | | | | | | | | |
| Sharing Stuffed Crust (14") | 1098 | 8 | 317 | 16 | 34 | 6.3 | 13 | 7.0 | 1.2 | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 1139 | 8 | 341 | 17 | 34 | 6.3 | 15 | 7.9 | 1.4 | | | | | | | | |
| Cheesy Bites (14") | 1098 | 8 | 317 | 16 | 34 | 6.3 | 13 | 7.0 | 1.2 | | | | | | | | |
| Gluten Free (9" Square) | 449 | 6 | 186 | 5.8 | 23 | 4.6 | 7.6 | 3.5 | 0.67 | | | | | | | | |
| FOOD ALLERGIES | | | | | | | | | | | | | | | | | |
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| | Weight of Pizza (g) | Number of Slices per Pizza | Energy per Slice (kcal) | Protein per Slice (g) | Carbohydrate per Slice (g) | Sugar per Slice (g) | Fat per Slice (g) | Saturated Fat per Slice (g) | Salt per Slice (g) | | | | | | | | |
| Chicken & Bacon Club | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 530 | 6 | 226 | 9.1 | 20 | 1.5 | 12.2 | 3.7 | 0.81 | | | | | | | | |
| Sharing Pan (13") | 1110 | 8 | 331 | 14 | 31 | 2.4 | 17 | 5.0 | 1.2 | | | | | | | | |
| Individual Handcrafted (11") | 528 | 6 | 206 | 8.8 | 20 | 2.2 | 9.9 | 3.4 | 0.9 | | | | | | | | |
| Sharing Handcrafted (14") | 1004 | 8 | 272 | 12 | 26 | 3.2 | 13 | 4.5 | 1.2 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 524 | 6 | 203 | 8.8 | 19 | 2.1 | 9.8 | 3.3 | 0.80 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 998 | 8 | 269 | 12.1 | 26 | 3.1 | 12.8 | 4.5 | 1.1 | | | | | | | | |
| Individual Stuffed Crust (11") | 680 | 6 | 282 | 14 | 25 | 2.7 | 14 | 5.9 | 1.1 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 714 | 6 | 309 | 15 | 25 | 2.7 | 17 | 6.8 | 1.3 | | | | | | | | |
| Sharing Stuffed Crust (14") | 1212 | 8 | 350 | 17 | 32 | 3.9 | 17 | 6.8 | 1.4 | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 1253 | 8 | 374 | 18 | 32 | 3.9 | 19 | 7.6 | 1.5 | | | | | | | | |
| Cheesy Bites (14") | 1212 | 8 | 350 | 17 | 32 | 3.9 | 17 | 6.8 | 1.4 | | | | | | | | |
| Chicken Fajita | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 535 | 6 | 216 | 8.6 | 20 | 2.4 | 11.1 | 3.0 | 0.81 | | | | | | | | |
| Sharing Pan (13") | 1063 | 8 | 316 | 13 | 32 | 3.6 | 15 | 4.0 | 1.2 | | | | | | | | |
| Individual Handcrafted (11") | 533 | 6 | 196 | 8.4 | 20 | 3.0 | 8.8 | 2.7 | 0.9 | | | | | | | | |
| Sharing Handcrafted (14") | 977 | 8 | 257 | 11 | 27 | 4.4 | 11 | 3.5 | 1.1 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 529 | 6 | 193 | 8.3 | 20 | 3.0 | 8.7 | 2.7 | 0.81 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 971 | 8 | 254 | 11.4 | 26 | 4.3 | 11.2 | 3.5 | 1.0 | | | | | | | | |
| Individual Stuffed Crust (11") | 685 | 6 | 273 | 13 | 25 | 3.5 | 13 | 5.2 | 1.1 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 719 | 6 | 299 | 14 | 25 | 3.6 | 16 | 6.1 | 1.3 | | | | | | | | |
| Sharing Stuffed Crust (14") | 1185 | 8 | 335 | 16 | 33 | 5.0 | 15 | 5.8 | 1.3 | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 1226 | 8 | 359 | 17 | 33 | 5.1 | 17 | 6.6 | 1.5 | | | | | | | | |
| Cheesy Bites (14") | 1185 | 8 | 335 | 16 | 33 | 5.0 | 15 | 5.8 | 1.3 | | | | | | | | |
| Gluten Free (9" Square) | 486 | 6 | 199 | 5.9 | 22 | 3.2 | 9.5 | 2.7 | 0.75 | | | | | | | | |
| Hawaiian | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 456 | 6 | 166 | 7.6 | 19 | 1.7 | 6.4 | 2.0 | 0.77 | | | | | | | | |
| Sharing Pan (13") | 936 | 8 | 249 | 11 | 30 | 2.8 | 9.0 | 2.7 | 1.2 | | | | | | | | |
| Individual Handcrafted (11") | 454 | 6 | 158 | 7.6 | 21 | 2.6 | 4.6 | 1.8 | 1.2 | | | | | | | | |
| Sharing Handcrafted (14") | 830 | 8 | 211 | 10 | 28 | 4.0 | 6.0 | 2.4 | 1.8 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 450 | 6 | 142 | 7.3 | 19 | 2.3 | 4.0 | 1.7 | 0.77 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 824 | 8 | 187 | 9.8 | 25 | 3.5 | 5.1 | 2.2 | 1.0 | | | | | | | | |
| Individual Stuffed Crust (11") | 606 | 6 | 222 | 12 | 24 | 2.9 | 8.4 | 4.2 | 1.1 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 640 | 6 | 249 | 13 | 24 | 2.9 | 11 | 5.1 | 1.3 | | | | | | | | |
| Sharing Stuffed Crust (14") | 1098 | 8 | 268 | 15 | 31 | 4.2 | 9.1 | 4.5 | 1.3 | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 1079 | 8 | 262 | 16 | 31 | 4.3 | 11 | 5.4 | 1.5 | | | | | | | | |
| Cheesy Bites (14") | 1058 | 8 | 266 | 15 | 31 | 4.2 | 9.1 | 4.5 | 1.3 | | | | | | | | |
| Gluten Free (9" Square) | 407 | 6 | 149 | 4.9 | 20 | 2.5 | 4.8 | 1.7 | 0.70 | | | | | | | | |
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| Chicken Supreme | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 494 | 6 | 168 | 8.7 | 19 | 1.2 | 6.3 | 2.0 | 0.62 | | | | | | | | |
| Sharing Pan (13") | 1037 | 8 | 256 | 14 | 29 | 1.8 | 8.9 | 2.7 | 1.0 | | | | | | | | |
| Individual Handcrafted (11") | 482 | 6 | 148 | 8.4 | 19 | 1.8 | 4.1 | 1.7 | 0.69 | | | | | | | | |
| Sharing Handcrafted (14") | 931 | 8 | 197 | 12 | 24 | 2.6 | 5.2 | 2.2 | 1.1 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 488 | 6 | 145 | 8.4 | 18 | 1.8 | 4.0 | 1.7 | 0.61 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 925 | 8 | 194 | 12 | 24 | 2.6 | 5.1 | 2.2 | 0.99 | | | | | | | | |
| Individual Stuffed Crust (11") | 644 | 6 | 224 | 13 | 23 | 2.3 | 8.4 | 4.2 | 0.91 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 678 | 6 | 251 | 14 | 24 | 2.4 | 11 | 5.1 | 1.1 | | | | | | | | |
| Sharing Stuffed Crust (14") | 1139 | 8 | 275 | 17 | 30 | 3.3 | 9.1 | 4.5 | 1.1 | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 1180 | 8 | 299 | 18 | 30 | 3.3 | 11 | 5.3 | 1.3 | | | | | | | | |
| Cheesy Bites (14") | 1139 | 8 | 275 | 17 | 30 | 3.3 | 9.1 | 4.5 | 1.1 | | | | | | | | |
| Gluten Free (9" Square) | 445 | 6 | 151 | 6 | 20 | 1.9 | 4.7 | 1.9 | 0.56 | | | | | | | | |
| Meat Feast | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 468 | 6 | 197 | 9.2 | 19 | 1.1 | 9.3 | 3.2 | 0.90 | | | | | | | | |
| Sharing Pan (13") | 970 | 8 | 303 | 14 | 30 | 1.6 | 14 | 4.7 | 1.4 | | | | | | | | |
| Individual Handcrafted (11") | 466 | 6 | 176 | 9.0 | 19 | 1.7 | 7.0 | 2.9 | 0.97 | | | | | | | | |
| Sharing Handcrafted (14") | 864 | 8 | 244 | 13 | 25 | 2.4 | 10 | 4.2 | 1.4 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 462 | 6 | 174 | 8.9 | 18 | 1.6 | 6.9 | 2.8 | 0.89 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 858 | 8 | 241 | 13 | 24 | 2.4 | 10 | 4.1 | 1.3 | | | | | | | | |
| Individual Stuffed Crust (11") | 618 | 6 | 253 | 14 | 24 | 2.2 | 11 | 5.4 | 1.2 | | | | | | | | |

| | | | | | | | | | | | | | | | | | | | |
|--|---------------------|----------------------------|-------------------------|-----------------------|----------------------------|---------------------|-------------------|-----------------------------|-------------------|--|--|--|--|--|--|--|--|--|--|
| Individual Handcrafted (11") | 487 | 6 | 178 | 8.2 | 19 | 1.8 | 7.5 | 2.9 | 0.9 | | | | | | | | | | |
| Sharing Handcrafted (14") | 897 | 8 | 245 | 12 | 25 | 2.7 | 11 | 4.2 | 1.2 | | | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 483 | 6 | 176 | 8.2 | 19 | 1.8 | 7.4 | 2.9 | 0.82 | | | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 891 | 8 | 242 | 11.7 | 25 | 2.6 | 10.5 | 4.1 | 1.1 | | | | | | | | | | |
| Individual Stuffed Crust (11") | 639 | 6 | 255 | 13 | 24 | 2.3 | 12 | 5.4 | 1.1 | | | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 673 | 6 | 282 | 14 | 24 | 2.4 | 14 | 6.3 | 1.3 | | | | | | | | | | |
| Sharing Stuffed Crust (14") | 1105 | 8 | 323 | 16 | 31 | 3.3 | 14 | 6.5 | 1.4 | | | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 1146 | 8 | 347 | 17 | 31 | 3.3 | 17 | 7.3 | 1.6 | | | | | | | | | | |
| Cheesy Bites (14") | 1105 | 8 | 323 | 16 | 31 | 3.3 | 14 | 6.5 | 1.4 | | | | | | | | | | |
| Gluten Free (9" Square) | 440 | 6 | 182 | 5.8 | 20 | 2.0 | 8.1 | 2.9 | 0.77 | | | | | | | | | | |
| BBQ Americano | | | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 508 | 6 | 191 | 9.4 | 21 | 2.4 | 7.5 | 2.7 | 0.79 | | | | | | | | | | |
| Sharing Pan (13") | 1054 | 8 | 289 | 14.6 | 33 | 3.7 | 10.5 | 3.6 | 1.20 | | | | | | | | | | |
| Individual Handcrafted (11") | 499 | 6 | 168 | 9.6 | 21 | 2.5 | 4.8 | 2.0 | 0.90 | | | | | | | | | | |
| Sharing Handcrafted (14") | 950 | 8 | 233 | 14.3 | 28 | 4.5 | 6.6 | 2.7 | 1.28 | | | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 495 | 6 | 166 | 9.5 | 20 | 2.1 | 4.7 | 1.9 | 0.82 | | | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 944 | 8 | 230 | 14.2 | 27 | 4.4 | 6.5 | 2.7 | 1.19 | | | | | | | | | | |
| Individual Stuffed Crust (11") | 651 | 6 | 245 | 14 | 26 | 3.6 | 9.1 | 4.4 | 1.12 | | | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 685 | 6 | 272 | 15 | 26 | 3.6 | 12 | 5.4 | 1.3 | | | | | | | | | | |
| Sharing Stuffed Crust (14") | 1156 | 8 | 311 | 19 | 34 | 5.2 | 10.5 | 5.0 | 1.5 | | | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 1197 | 8 | 335 | 20 | 34 | 5.2 | 13 | 5.9 | 1.7 | | | | | | | | | | |
| Cheesy Bites (14") | 1156 | 8 | 311 | 19 | 34 | 5.2 | 10.5 | 5.0 | 1.5 | | | | | | | | | | |
| Gluten Free (9" Square) | 459 | 6 | 175 | 6.6 | 23 | 3.4 | 5.9 | 2.4 | 0.75 | | | | | | | | | | |
| FOOD ALLERGIES | | | | | | | | | | | | | | | | | | | |
| We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy. | | | | | | | | | | | | | | | | | | | |
| The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only. | | | | | | | | | | | | | | | | | | | |
| | Weight of Pizza (g) | Number of Slices per Pizza | Energy per Slice (kcal) | Protein per Slice (g) | Carbohydrate per Slice (g) | Sugar per Slice (g) | Fat per Slice (g) | Saturated Fat per Slice (g) | Salt per Slice(g) | | | | | | | | | | |
| Veggie | | | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 488 | 6 | 162 | 6.4 | 19 | 1.5 | 6.3 | 2.0 | 0.58 | | | | | | | | | | |
| Sharing Pan (13") | 1019 | 8 | 245 | 9.6 | 31 | 2.4 | 8.8 | 2.7 | 0.89 | | | | | | | | | | |
| Individual Handcrafted (11") | 486 | 6 | 141 | 6.1 | 19 | 2.1 | 4.0 | 1.7 | 0.64 | | | | | | | | | | |
| Sharing Handcrafted (14") | 913 | 8 | 186 | 8.1 | 26 | 3.2 | 5.1 | 2.1 | 0.82 | | | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 482 | 6 | 139 | 6.1 | 19 | 2.1 | 3.9 | 1.6 | 0.56 | | | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 907 | 8 | 183 | 8.0 | 25 | 3.1 | 5.0 | 2.1 | 0.73 | | | | | | | | | | |
| Individual Stuffed Crust (11") | 638 | 6 | 218 | 11 | 24 | 2.6 | 8.3 | 4.2 | 0.86 | | | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 672 | 6 | 245 | 12 | 24 | 2.7 | 11 | 5.1 | 1.1 | | | | | | | | | | |
| Sharing Stuffed Crust (14") | 1121 | 8 | 263 | 13 | 32 | 3.8 | 9.0 | 4.5 | 1.0 | | | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 1162 | 8 | 288 | 14 | 32 | 3.9 | 11 | 5.3 | 1.2 | | | | | | | | | | |
| Cheesy Bites (14") | 1121 | 8 | 263 | 13 | 32 | 3.8 | 9.0 | 4.5 | 1.0 | | | | | | | | | | |
| Gluten Free (9" Square) | 439 | 6 | 108 | 2.7 | 16 | 1.7 | 3.5 | 1.2 | 0.39 | | | | | | | | | | |
| Margherita | | | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 398 | 6 | 169 | 7.0 | 18 | 0.9 | 7.4 | 2.7 | 0.64 | | | | | | | | | | |
| Sharing Pan (13") | 796 | 8 | 250 | 10 | 29 | 1.3 | 10 | 3.5 | 0.96 | | | | | | | | | | |
| Individual Handcrafted (11") | 394 | 6 | 149 | 6.8 | 18 | 1.6 | 5.1 | 2.3 | 0.71 | | | | | | | | | | |
| Sharing Handcrafted (14") | 690 | 8 | 191 | 8.7 | 24 | 2.1 | 6.4 | 3.0 | 0.90 | | | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 392 | 6 | 146 | 6.7 | 18 | 1.5 | 5.0 | 2.3 | 0.63 | | | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 684 | 8 | 188 | 8.7 | 23 | 2.1 | 6.3 | 3.0 | 0.81 | | | | | | | | | | |
| Individual Stuffed Crust (11") | 548 | 6 | 225 | 11 | 23 | 2.1 | 9.4 | 4.8 | 0.93 | | | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 582 | 6 | 252 | 13 | 23 | 2.1 | 12 | 5.8 | 1.1 | | | | | | | | | | |
| Sharing Stuffed Crust (14") | 898 | 8 | 269 | 13 | 30 | 2.8 | 10 | 5.3 | 1.1 | | | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 939 | 8 | 293 | 14 | 30 | 2.8 | 13 | 6.2 | 1.3 | | | | | | | | | | |
| Cheesy Bites (14") | 898 | 8 | 269 | 13 | 30 | 2.8 | 10 | 5.3 | 1.1 | | | | | | | | | | |
| Gluten Free (9" Square) | 349 | 6 | 114 | 3.2 | 15 | 1.3 | 4.3 | 1.8 | 0.43 | | | | | | | | | | |
| The G.O.A.T | | | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 517 | 6 | 184 | 7.5 | 21 | 3.0 | 7.8 | 3.0 | 0.67 | | | | | | | | | | |
| Sharing Pan (13") | 1088 | 8 | 281 | 11.3 | 33 | 5.3 | 11.0 | 4.3 | 1.03 | | | | | | | | | | |
| Individual Handcrafted (11") | 515 | 6 | 164 | 7.3 | 21 | 3.6 | 5.5 | 2.7 | 0.74 | | | | | | | | | | |
| Sharing Handcrafted (14") | 982 | 8 | 222 | 9.8 | 28 | 5.7 | 7.3 | 3.7 | 1.0 | | | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 511 | 6 | 161 | 7.2 | 20 | 3.5 | 5.4 | 2.7 | 0.66 | | | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 976 | 8 | 219 | 9.7 | 28 | 5.6 | 7.2 | 3.7 | 0.89 | | | | | | | | | | |
| Individual Stuffed Crust (11") | 667 | 6 | 241 | 12 | 26 | 4.1 | 9.8 | 5.2 | 0.97 | | | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 701 | 6 | 268 | 13 | 26 | 4.1 | 12 | 6.1 | 1.2 | | | | | | | | | | |
| Sharing Stuffed Crust (14") | 1190 | 8 | 300 | 14 | 34 | 6.7 | 11 | 6.0 | 1.2 | | | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 1231 | 8 | 324 | 15 | 35 | 6.7 | 13 | 6.9 | 1.4 | | | | | | | | | | |
| Cheesy Bites (14") | 1190 | 8 | 300 | 14 | 34 | 6.7 | 11 | 6.0 | 1.2 | | | | | | | | | | |
| Gluten Free (9" Square) | 468 | 6 | 126 | 3.6 | 17 | 2.8 | 4.6 | 2 | 0.46 | | | | | | | | | | |
| FOOD ALLERGIES | | | | | | | | | | | | | | | | | | | |
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| The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only. | | | | | | | | | | | | | | | | | | | |
| | Weight of Pizza (g) | Number of Slices per Pizza | Energy per Slice (kcal) | Protein per Slice (g) | Carbohydrate per Slice (g) | Sugar per Slice (g) | Fat per Slice (g) | Saturated Fat per Slice (g) | Salt per Slice(g) | | | | | | | | | | |
| Veggie Supreme | | | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 493 | 6 | 162 | 6.2 | 19 | 1.4 | 6.8 | 2.0 | 0.59 | | | | | | | | | | |
| Sharing Pan (13") | 1011 | 8 | 241 | 9 | 30 | 2.1 | 9 | 2.7 | 0.9 | | | | | | | | | | |
| Individual Handcrafted (11") | 491 | 6 | 142 | 5.9 | 19 | 2.0 | 4.5 | 1.7 | 0.7 | | | | | | | | | | |
| Sharing Handcrafted (14") | 905 | 8 | 182 | 8 | 25 | 2.9 | 6 | 2.2 | 0.8 | | | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 487 | 6 | 139 | 5.9 | 18 | 2.0 | 4.4 | 1.7 | 0.59 | | | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 899 | 8 | 179 | 7.7 | 24 | 2.9 | 5.4 | 2.1 | 0.8 | | | | | | | | | | |
| Individual Stuffed Crust (11") | 643 | 6 | 219 | 11 | 24 | 2.5 | 9 | 4.2 | 0.9 | | | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 677 | 6 | 245 | 12 | 24 | 2.5 | 11 | 5.1 | 1.1 | | | | | | | | | | |
| Sharing Stuffed Crust (14") | 1113 | 8 | 260 | 12 | 31 | 3.6 | 9 | 4.5 | 1.0 | | | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 1154 | 8 | 284 | 13 | 31 | 3.6 | 12 | 5.3 | 1.2 | | | | | | | | | | |
| Cheesy Bites (14") | 1113 | 8 | 260 | 12 | 31 | 3.6 | 9 | 4.5 | 1.0 | | | | | | | | | | |
| Gluten Free (9" Square) | 444 | 6 | 145 | 3.4 | 20 | 2.1 | 5.2 | 1.7 | 0.53 | | | | | | | | | | |
| Veggie Sizzler | | | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 461 | 6 | 160 | 6.1 | 19 | 2.0 | 6.3 | 2.0 | 0.68 | | | | | | | | | | |
| Sharing Pan (13") | 948 | 8 | 241 | 9 | 31 | 3.1 | 9 | 2.7 | 1.0 | | | | | | | | | | |
| Individual Handcrafted (11") | 459 | 6 | 140 | 5.9 | 20 | 2.6 | 4.0 | 1.7 | 0.7 | | | | | | | | | | |
| Sharing Handcrafted (14") | 842 | 8 | 182 | 8 | 26 | 3.9 | 5 | 2.1 | 1.0 | | | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 455 | 6 | 137 | 5.9 | 19 | 2.6 | 3.9 | 1.6 | 0.67 | | | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 836 | 8 | 179 | 7.7 | 25 | 3.8 | 5.0 | 2.1 | 0.9 | | | | | | | | | | |
| Individual Stuffed Crust (11") | 611 | 6 | 217 | 11 | 24 | 3.1 | 8 | 4.2 | 1.0 | | | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 645 | 6 | 243 | 12 | 24 | 3.1 | 11 | 5.1 | 1.2 | | | | | | | | | | |
| Sharing Stuffed Crust (14") | 1050 | 8 | 260 | 12 | 32 | 4.5 | 9 | 4.5 | 1.2 | | | | | | | | | | |
| Sharing Pepperoni Stuffed Crust (14") | 1091 | 8 | 284 | 13 | 32 | 4.5 | 11 | 5.3 | 1.4 | | | | | | | | | | |
| Cheesy Bites (14") | 1050 | 8 | 260 | 12 | 32 | 4.5 | 9 | 4.5 | 1.2 | | | | | | | | | | |
| Gluten Free (9" Square) | 412 | 6 | 143 | 3.4 | 21 | 2.7 | 4.7 | 1.6 | 0.61 | | | | | | | | | | |
| Meat Feast Sizzler | | | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 480 | 6 | 193 | 8.9 | 19 | 1.1 | 9.0 | 3.1 | 0.97 | | | | | | | | | | |
| Sharing Pan (13") | 1000 | 8 | 298 | 14 | 30 | 1.6 | 13 | 4.5 | 1.5 | | | | | | | | | | |
| Individual Handcrafted (11") | 476 | 6 | 172 | 8.6 | 19 | 1.7 | 6.7 | 2.7 | 1.0 | | | | | | | | | | |
| Sharing Handcrafted (14") | 894 | 8 | 239 | 12 | 25 | 2.4 | 10 | 4.0 | 1.5 | | | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Spr | | | | | | | | | | | | | | | | | | | |

| | | | | | | | | | | | | | | | | | |
|--|---------------------|----------------------------|-------------------------|-----------------------|----------------------------|---------------------|-------------------|-----------------------------|-------------------|--|--|--|--|--|--|--|--|
| Individual Pepperoni Stuffed Crust (11") | 664 | 6 | 276 | 14 | 24 | 2.2 | 13 | 6.2 | 1.5 | | | | | | | | |
| Sharing Stuffed Crust (14") | 1102 | 8 | 317 | 17 | 31 | 3.1 | 14 | 6.3 | 1.6 | | | | | | | | |
| Sharing Pepperson Stuffed Crust (14") | 1143 | 8 | 341 | 18 | 31 | 3.1 | 16 | 7.1 | 1.8 | | | | | | | | |
| Cheesy Bites (14") | 1102 | 8 | 317 | 17 | 31 | 3.1 | 14 | 6.3 | 1.6 | | | | | | | | |
| Gluten Free (9" Square) | 431 | 6 | 176 | 6.1 | 20 | 1.8 | 7.4 | 2.7 | 0.90 | | | | | | | | |
| Chicken Sizzler | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 466 | 6 | 164 | 7.3 | 19 | 1.9 | 6.3 | 1.8 | 0.71 | | | | | | | | |
| Sharing Pan (13") | 965 | 8 | 248 | 11.2 | 30 | 3.0 | 8.8 | 2.4 | 1.08 | | | | | | | | |
| Individual Handcrafted (11") | 464 | 6 | 145 | 7.2 | 19 | 2.4 | 4.1 | 1.7 | 0.79 | | | | | | | | |
| Sharing Handcrafted (14") | 859 | 8 | 192 | 9.9 | 26 | 3.6 | 5.2 | 2.2 | 1.06 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 460 | 6 | 143 | 7.1 | 19 | 2.4 | 4.0 | 1.7 | 0.71 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 853 | 8 | 189 | 9.8 | 25 | 3.5 | 5.1 | 2.2 | 0.97 | | | | | | | | |
| Individual Stuffed Crust (11") | 616 | 6 | 222 | 11.8 | 24 | 2.9 | 8.4 | 4.2 | 1.02 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 639 | 6 | 240 | 12.6 | 24 | 3.0 | 10.0 | 4.8 | 1.15 | | | | | | | | |
| Sharing Stuffed Crust (14") | 1067 | 8 | 270 | 14.6 | 32 | 4.3 | 9.1 | 4.5 | 1.26 | | | | | | | | |
| Sharing Pepperson Stuffed Crust (14") | 1101 | 8 | 290 | 15.4 | 32 | 4.3 | 10.9 | 5.2 | 1.41 | | | | | | | | |
| Cheesy Bites (14") | 1073 | 8 | 273 | 14.6 | 32 | 4.3 | 9.2 | 4.5 | 1.35 | | | | | | | | |
| Gluten Free (9" Square) | 417 | 6 | 149 | 4.7 | 21 | 2.6 | 4.7 | 1.7 | 0.65 | | | | | | | | |
| FOOD ALLERGIES | | | | | | | | | | | | | | | | | |
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| The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only. | | | | | | | | | | | | | | | | | |
| | Weight of Pizza (g) | Number of Slices per Pizza | Energy per Slice (kcal) | Protein per Slice (g) | Carbohydrate per Slice (g) | Sugar per Slice (g) | Fat per Slice (g) | Saturated Fat per Slice (g) | Salt per Slice(g) | | | | | | | | |
| Farmhouse | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 439 | 6 | 162 | 7.6 | 18 | 0.9 | 6.4 | 2.0 | 0.78 | | | | | | | | |
| Sharing Pan (13") | 884 | 8 | 242 | 11 | 29 | 1.3 | 8.9 | 2.7 | 1.1 | | | | | | | | |
| Individual Handcrafted (11") | 437 | 6 | 142 | 7.4 | 18 | 1.6 | 4.1 | 1.7 | 0.85 | | | | | | | | |
| Sharing Handcrafted (14") | 778 | 8 | 183 | 9.6 | 24 | 2.1 | 5.2 | 2.2 | 1.1 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 433 | 6 | 139 | 7.3 | 18 | 1.5 | 4.0 | 1.7 | 0.77 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 772 | 8 | 180 | 10 | 23 | 2.1 | 5.1 | 2.2 | 1.0 | | | | | | | | |
| Individual Stuffed Crust (11") | 589 | 6 | 219 | 12 | 23 | 2.1 | 8.4 | 4.2 | 1.1 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 623 | 6 | 245 | 13 | 23 | 2.1 | 11 | 5.1 | 1.3 | | | | | | | | |
| Sharing Stuffed Crust (14") | 986 | 8 | 261 | 14 | 30 | 2.8 | 9.1 | 4.5 | 1.3 | | | | | | | | |
| Sharing Pepperson Stuffed Crust (14") | 1027 | 8 | 285 | 15 | 30 | 2.8 | 11 | 5.3 | 1.5 | | | | | | | | |
| Cheesy Bites (14") | 986 | 8 | 261 | 14 | 30 | 2.8 | 9.1 | 4.5 | 1.3 | | | | | | | | |
| Gluten Free (9" Square) | 390 | 6 | 145 | 4.9 | 20 | 1.7 | 4.8 | 1.7 | 0.72 | | | | | | | | |
| Hot Honey Pepperoni Feast | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 443 | 6 | 193 | 7.2 | 20 | 2.9 | 9.0 | 2.6 | 0.92 | | | | | | | | |
| Sharing Pan (13") | 879 | 8 | 280 | 11 | 31 | 3.3 | 12 | 3.5 | 1.3 | | | | | | | | |
| Individual Handcrafted (11") | 441 | 6 | 172 | 7.0 | 20 | 3.5 | 6.7 | 2.3 | 1.00 | | | | | | | | |
| Sharing Handcrafted (14") | 773 | 8 | 220 | 9.1 | 26 | 4.1 | 8.6 | 3.0 | 1.3 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 437 | 6 | 169 | 7.0 | 20 | 3.5 | 6.6 | 2.3 | 0.92 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 767 | 8 | 217 | 9.1 | 25 | 4.1 | 8.5 | 2.9 | 1.2 | | | | | | | | |
| Individual Stuffed Crust (11") | 589 | 6 | 249 | 12 | 25 | 4.0 | 11.0 | 4.8 | 1.2 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 627 | 6 | 276 | 13 | 25 | 4.1 | 13 | 5.7 | 1.4 | | | | | | | | |
| Sharing Stuffed Crust (14") | 981 | 8 | 298 | 14 | 32 | 4.8 | 13 | 5.3 | 1.5 | | | | | | | | |
| Sharing Pepperson Stuffed Crust (14") | 1022 | 8 | 322 | 15 | 32 | 4.8 | 15 | 6.1 | 1.7 | | | | | | | | |
| Cheesy Bites (14") | 981 | 8 | 298 | 14 | 32 | 4.8 | 13 | 5.3 | 1.5 | | | | | | | | |
| Gluten Free (9" Square) | 394 | 6 | 176 | 4.5 | 22 | 3.7 | 7.4 | 2.3 | 0.86 | | | | | | | | |
| FOOD ALLERGIES | | | | | | | | | | | | | | | | | |
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| Beef Burger | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 510 | 6 | 208 | 8.0 | 19 | 1.9 | 10.7 | 3.1 | 0.91 | | | | | | | | |
| Sharing Pan (13") | 1029 | 8 | 299 | 11.9 | 30 | 2.6 | 14.1 | 4.2 | 1.32 | | | | | | | | |
| Individual Handcrafted (11") | 508 | 6 | 189 | 7.9 | 20 | 2.4 | 8.5 | 3.0 | 0.99 | | | | | | | | |
| Sharing Handcrafted (14") | 923 | 8 | 243 | 10.7 | 26 | 3.2 | 10.5 | 4.0 | 1.30 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 504 | 6 | 187 | 7.9 | 19 | 2.3 | 8.4 | 3.0 | 0.91 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 917 | 8 | 240 | 10.6 | 25 | 3.2 | 10.4 | 3.9 | 1.21 | | | | | | | | |
| Individual Stuffed Crust (11") | 660 | 6 | 266 | 12.6 | 25 | 2.9 | 12.8 | 5.5 | 1.21 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 683 | 6 | 284 | 13.3 | 25 | 2.9 | 14.4 | 6.1 | 1.35 | | | | | | | | |
| Sharing Stuffed Crust (14") | 1131 | 8 | 321 | 15.4 | 32 | 3.9 | 14.4 | 6.3 | 1.50 | | | | | | | | |
| Sharing Pepperson Stuffed Crust (14") | 1165 | 8 | 341 | 16.2 | 32 | 3.9 | 16.2 | 7.0 | 1.65 | | | | | | | | |
| Cheesy Bites (14") | 1137 | 8 | 324 | 15.4 | 32 | 4.0 | 14.5 | 6.3 | 1.59 | | | | | | | | |
| Gluten Free (9" Square) | 461 | 6 | 193 | 5.4 | 21 | 2.5 | 9.2 | 3.0 | 0.85 | | | | | | | | |
| Breaded Chicken Burger | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 551 | 6 | 219 | 9.0 | 21 | 1.8 | 10.7 | 2.9 | 0.99 | | | | | | | | |
| Sharing Pan (13") | 1067 | 8 | 304 | 12.5 | 32 | 2.5 | 13.6 | 3.8 | 1.31 | | | | | | | | |
| Individual Handcrafted (11") | 549 | 6 | 201 | 8.9 | 21 | 2.3 | 8.6 | 2.8 | 1.02 | | | | | | | | |
| Sharing Handcrafted (14") | 961 | 8 | 248 | 11.2 | 28 | 3.1 | 10.0 | 3.5 | 1.29 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 545 | 6 | 198 | 8.8 | 21 | 2.3 | 8.5 | 2.8 | 0.94 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 955 | 8 | 245 | 11.2 | 27 | 3.0 | 9.9 | 3.5 | 1.20 | | | | | | | | |
| Individual Stuffed Crust (11") | 701 | 6 | 278 | 13.6 | 26 | 2.8 | 12.9 | 5.3 | 1.24 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 724 | 6 | 296 | 14.3 | 26 | 2.9 | 14.5 | 5.9 | 1.38 | | | | | | | | |
| Sharing Stuffed Crust (14") | 1169 | 8 | 326 | 15.9 | 33 | 3.8 | 13.9 | 5.8 | 1.49 | | | | | | | | |
| Sharing Pepperson Stuffed Crust (14") | 1203 | 8 | 346 | 16.7 | 34 | 3.8 | 15.7 | 6.5 | 1.64 | | | | | | | | |
| Cheesy Bites (14") | 1175 | 8 | 329 | 16.0 | 34 | 3.8 | 14.0 | 5.9 | 1.58 | | | | | | | | |
| Veggie Burger | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 502 | 6 | 196 | 7.2 | 19 | 1.8 | 9.9 | 2.8 | 0.84 | | | | | | | | |
| Sharing Pan (13") | 1012 | 8 | 278 | 10.4 | 30 | 2.5 | 12.7 | 3.6 | 1.20 | | | | | | | | |
| Individual Handcrafted (11") | 500 | 6 | 178 | 7.0 | 20 | 2.3 | 7.7 | 2.6 | 0.92 | | | | | | | | |
| Sharing Handcrafted (14") | 906 | 8 | 222 | 9.1 | 25 | 3.1 | 9.1 | 3.3 | 1.18 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 496 | 6 | 175 | 7.0 | 19 | 2.2 | 7.6 | 2.6 | 0.84 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 900 | 8 | 219 | 9.1 | 25 | 3.0 | 9.0 | 3.3 | 1.09 | | | | | | | | |
| Individual Stuffed Crust (11") | 652 | 6 | 254 | 11.7 | 24 | 2.8 | 12.0 | 5.1 | 1.14 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 675 | 6 | 272 | 12.5 | 24 | 2.8 | 13.6 | 5.7 | 1.28 | | | | | | | | |
| Sharing Stuffed Crust (14") | 1114 | 8 | 300 | 13.8 | 31 | 3.7 | 13.0 | 5.6 | 1.38 | | | | | | | | |
| Sharing Pepperson Stuffed Crust (14") | 1148 | 8 | 320 | 14.7 | 31 | 3.7 | 14.8 | 6.3 | 1.53 | | | | | | | | |
| Cheesy Bites (14") | 1120 | 8 | 303 | 13.9 | 32 | 3.8 | 13.1 | 5.7 | 1.47 | | | | | | | | |
| Gluten Free (9" Square) | 453 | 6 | 181 | 4.6 | 21 | 2.4 | 8.4 | 2.6 | 0.78 | | | | | | | | |
| Cholula® Chicken Sizzler | | | | | | | | | | | | | | | | | |
| Individual Pan (9") | 515 | 6 | 165 | 7.3 | 19 | 1.8 | 6.3 | 1.8 | 1.03 | | | | | | | | |
| Sharing Pan (13") | 1033 | 8 | 247 | 10.9 | 30 | 2.8 | 8.8 | 2.4 | 1.42 | | | | | | | | |
| Individual Handcrafted (11") | 513 | 6 | 147 | 7.2 | 20 | 2.3 | 4.1 | 1.7 | 1.11 | | | | | | | | |
| Sharing Handcrafted (14") | 929 | 8 | 192 | 9.6 | 26 | 3.4 | 5.2 | 2.2 | 1.40 | | | | | | | | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 509 | 6 | 144 | 7.1 | 19 | 2.3 | 4.0 | 1.7 | 1.03 | | | | | | | | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 923 | 8 | 189 | 9.6 | 25 | 3.4 | 5.1 | 2.2 | 1.37 | | | | | | | | |
| Individual Stuffed Crust (11") | 665 | 6 | 223 | 11.9 | 24 | 2.8 | 8.4 | 4.2 | 1.33 | | | | | | | | |
| Individual Pepperoni Stuffed Crust (11") | 699 | 6 | 254 | 12.9 | 26 | 3.6 | 10.9 | 5.2 | 1.56 | | | | | | | | |
| Sharing Stuffed Crust (14") | 1135 | 8 | 273 | 14.6 | 31 | 4.1 | 9.6 | 4.9 | 1.61 | | | | | | | | |
| Sharing Pepperson Stuffed Crust (14") | 1176 | 8 | 300 | 15.2 | 34 | 5.2 | 11.4 | 5.4 | 1.83 | | | | | | | | |
| Cheesy Bites (14") | 1135 | 8 | 270 | 14.3 | 32 | 4.1 | 9.1 | 4.5 | 1.59 | | | | | | | | |
| Gluten Free (9" Square) | 466 | 6 | 150 | 4.7 | 21 | 2.5 | 4.8 | 1.7 | 0.97 | | | | | | | | |

| FOOD ALLERGIES | | | | | | | | | | |
|--|-------------------------------|----------------------------|-------------------------|------------------------------|----------------------------|---------------------|-------------------------------|-----------------------------|--------------------|--|
| We cook up a storm, preparing all of our delicious food in the same place where different allergens (such as milk) are present. While prepared with care, we can't guarantee your food will be allergen free, even after removing specific items on request. Whilst our vegan items have vegan recipes, due to risk of cross-contamination they may contain dairy. | | | | | | | | | | |
| The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only. | | | | | | | | | | |
| | Weight of Pizza (g) | Number of Slices per Pizza | Energy per Slice (kcal) | Protein per Slice (g) | Carbohydrate per Slice (g) | Sugar per Slice (g) | Fat per Slice (g) | Saturated Fat per Slice (g) | Salt per Slice (g) | |
| Cholula® Cauliflower Sizzler | | | | | | | | | | |
| Individual Pan (9") | 515 | 6 | 163 | 6.2 | 19 | 1.9 | 6.6 | 1.8 | 1.04 | |
| Sharing Pan (13") | 1033 | 8 | 244 | 9.2 | 30 | 2.8 | 9.2 | 2.4 | 1.44 | |
| Individual Handcrafted (11") | 513 | 6 | 144 | 6.0 | 20 | 2.4 | 4.4 | 1.7 | 1.12 | |
| Sharing Handcrafted (14") | 909 | 8 | 189 | 7.9 | 26 | 3.5 | 5.6 | 2.2 | 1.42 | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 509 | 6 | 142 | 6.0 | 19 | 2.3 | 4.3 | 1.7 | 1.04 | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 903 | 8 | 186 | 7.6 | 25 | 3.4 | 5.5 | 2.2 | 1.39 | |
| Individual Stuffed Crust (11") | 665 | 6 | 221 | 10.7 | 24 | 2.9 | 8.7 | 4.2 | 1.35 | |
| Individual Pepperoni Stuffed Crust (11") | 699 | 6 | 252 | 11.7 | 26 | 3.6 | 11.2 | 5.2 | 1.58 | |
| Sharing Stuffed Crust (14") | 1135 | 8 | 270 | 12.8 | 31 | 4.1 | 10.2 | 4.9 | 1.63 | |
| Sharing Pepperoni Stuffed Crust (14") | 1176 | 8 | 297 | 13.5 | 33 | 5.3 | 11.8 | 5.4 | 1.85 | |
| Cheesy Bites (14") | 1135 | 8 | 266 | 12.6 | 32 | 4.1 | 9.5 | 4.5 | 1.62 | |
| Gluten Free (9" Square) | 466 | 6 | 148 | 3.6 | 21 | 2.5 | 5.0 | 1.7 | 0.99 | |
| Vegan Pizzas | | | | | | | | | | |
| Vegan Margherita | | | | | | | | | | |
| Individual Pan (9") | 380 | 6 | 163 | 4.0 | 20 | 0.6 | 7.1 | 3.6 | 0.68 | |
| Sharing Pan (13") | 732 | 8 | 231 | 6.3 | 31 | 0.9 | 8.8 | 3.8 | 0.92 | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 374 | 6 | 140 | 3.7 | 20 | 1.2 | 4.7 | 3.2 | 0.68 | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 620 | 8 | 169 | 4.8 | 25 | 1.6 | 5.0 | 3.3 | 0.84 | |
| Gluten Free (9" Square) | 331 | 6 | 146 | 1.3 | 22 | 1.3 | 5.5 | 3.2 | 0.65 | |
| Vegan Veggie | | | | | | | | | | |
| Individual Pan (9") | 476 | 6 | 158 | 4.3 | 21 | 1.3 | 6.1 | 2.6 | 0.61 | |
| Sharing Pan (13") | 1013 | 8 | 245 | 6.9 | 33 | 2.1 | 9.1 | 3.9 | 0.94 | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 470 | 6 | 135 | 4.0 | 21 | 1.9 | 3.8 | 2.2 | 0.59 | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 901 | 8 | 183 | 5.4 | 28 | 2.8 | 5.3 | 3.3 | 0.84 | |
| Gluten Free (9" Square) | 427 | 6 | 141 | 1.6 | 22 | 2.1 | 4.5 | 2.3 | 0.55 | |
| Vegan Veggie Supreme | | | | | | | | | | |
| Individual Pan (9") | 481 | 6 | 157 | 4.2 | 20 | 1.2 | 6.4 | 2.4 | 0.60 | |
| Sharing Pan (13") | 1005 | 8 | 240 | 6.7 | 32 | 2.0 | 9.2 | 3.6 | 0.92 | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 475 | 6 | 134 | 3.9 | 20 | 1.8 | 4.1 | 2.1 | 0.60 | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 893 | 8 | 178 | 5.1 | 27 | 2.7 | 5.4 | 3.1 | 0.80 | |
| Gluten Free (9" Square) | 432 | 6 | 140 | 1.5 | 22 | 2.0 | 4.8 | 2.1 | 0.54 | |
| Vegan Veggie Sizzler | | | | | | | | | | |
| Individual Pan (9") | 449 | 6 | 155 | 4.2 | 21 | 1.8 | 5.9 | 2.4 | 0.69 | |
| Sharing Pan (13") | 942 | 8 | 240 | 6.7 | 33 | 2.9 | 8.7 | 3.6 | 1.07 | |
| Individual Handcrafted (11") WITHOUT Garlic Sprinkle | 443 | 6 | 132 | 3.9 | 21 | 2.4 | 3.5 | 2.1 | 0.68 | |
| Sharing Handcrafted (14") WITHOUT Garlic Sprinkle | 830 | 8 | 178 | 5.1 | 28 | 3.6 | 4.9 | 3.0 | 0.95 | |
| Gluten Free (9" Square) | 400 | 6 | 138 | 1.5 | 22 | 2.6 | 4.3 | 2.1 | 0.62 | |
| | Average Weight of Portion (g) | Energy per Portion (kcal) | Protein per Portion (g) | Carbohydrate per Portion (g) | Sugar per Portion (g) | Fat per Portion (g) | Saturated Fat per Portion (g) | Salt per Portion (g) | | |
| Flatbreads | | | | | | | | | | |
| Chicken Delight Flatbread | 289 | 499 | 27 | 60 | 6.0 | 19 | 5.5 | 1.9 | | |
| The Little G.O.A.T Flatbread | 295 | 492 | 24 | 62 | 6.3 | 16 | 8 | 2.0 | | |
| Virtuous Veg Flatbread | 301 | 439 | 20 | 60 | 6.7 | 12 | 5.2 | 2.7 | | |
| Vegan Virtuous Veg Flatbread | 289 | 401 | 13 | 65 | 6.0 | 8.9 | 6.4 | 2.8 | | |
| BBQ Chicken 'N' Ham Flatbread | 285 | 499 | 33 | 61 | 6.0 | 16 | 5.9 | 2.7 | | |
| Cholula® Chicken Sizzler | 343 | 484 | 27 | 64 | 9.0 | 12 | 5.1 | 3.5 | | |
| Cholula® Cauliflower Sizzler | 343 | 472 | 20 | 64 | 9.2 | 14 | 5.1 | 3.6 | | |
| Melts | | | | | | | | | | |
| Pepperoni Melt | 277 | 749 | 31 | 68 | 5.3 | 38 | 17 | 4.5 | | |
| Meat Feast Melt | 312 | 771 | 37 | 70 | 6.1 | 38 | 16 | 4.9 | | |
| BBQ Chicken Melt | 326 | 704 | 34 | 84 | 19 | 25 | 12 | 4.0 | | |
| Toasted 3 Cheese Melt | 328 | 698 | 42 | 71 | | 48 | 49 | 24 | 5.0 | |
| FOOD ALLERGIES | | | | | | | | | | |
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| The below nutritional information for our menu is provided as a guide. All our dishes are finished by hand, therefore these are approximate values only. | | | | | | | | | | |
| | Average Weight of Portion (g) | Energy per Portion (kcal) | Protein per Portion (g) | Carbohydrate per Portion (g) | Sugar per Portion (g) | Fat per Portion (g) | Saturated Fat per Portion (g) | Salt per Portion (g) | | |
| Mains | | | | | | | | | | |
| Lasagne | 416 | 552 | 29 | 43 | 11 | 29 | 13 | 2.9 | | |
| Classic Mac 'N' Cheese | 460 | 811 | 38 | 86 | 10 | 38 | 22 | 3.8 | | |
| | Weight of Pizza (g) | Number of Slices per Pizza | Energy per Slice (kcal) | Protein per Slice (g) | Carbohydrate per Slice (g) | Sugar per Slice (g) | Fat per Slice (g) | Saturated Fat per Slice (g) | Salt per Slice (g) | |
| Buffet Pizzas | | | | | | | | | | |
| Margherita | | | | | | | | | | |
| Individual Pan (9") | 398 | 6 | 169 | 7.0 | 18 | 0.9 | 7.4 | 2.7 | 0.64 | |
| Sharing Pan (13") | 796 | 8 | 250 | 10 | 29 | 1.3 | 10 | 3.5 | 0.96 | |
| Individual Handcrafted (11") | 394 | 6 | 149 | 6.8 | 18 | 1.6 | 5.1 | 2.3 | 0.71 | |
| Pepperoni | | | | | | | | | | |
| Individual Pan (9") | 400 | 6 | 181 | 7.2 | 18 | 0.8 | 8.7 | 2.9 | 0.77 | |
| Sharing Pan (13") | 810 | 8 | 272 | 11 | 29 | 1.2 | 12 | 4.1 | 1.2 | |
| Individual Handcrafted (11") | 398 | 6 | 161 | 6.9 | 18 | 1.5 | 6.4 | 2.6 | 0.84 | |
| BBQ Americano | | | | | | | | | | |
| Individual Pan (9") | 508 | 6 | 191 | 9.4 | 21 | 2.4 | 7.5 | 2.7 | 0.79 | |
| Sharing Pan (13") | 1054 | 8 | 289 | 14.6 | 33 | 3.7 | 10.5 | 3.6 | 1.20 | |
| Individual Handcrafted (11") | 499 | 6 | 166 | 9.6 | 21 | 2.1 | 4.8 | 2.0 | 0.90 | |
| Veggie | | | | | | | | | | |
| Individual Pan (9") | 488 | 6 | 162 | 6.4 | 19 | 1.5 | 6.3 | 2.0 | 0.58 | |
| Sharing Pan (13") | 1019 | 8 | 275 | 10.7 | 35 | 2.7 | 10.0 | 3.5 | 1.00 | |
| Individual Handcrafted (11") | 486 | 6 | 141 | 6.1 | 19 | 2.1 | 4.0 | 1.7 | 0.64 | |
| Veggie Hot | | | | | | | | | | |
| Individual Pan (9") | 471 | 6 | 157 | 6.1 | 19 | 1.4 | 6.2 | 2.0 | 0.68 | |
| Sharing Pan (13") | 977 | 8 | 236 | 9.2 | 30 | 2.1 | 8.7 | 2.7 | 1.03 | |
| Individual Handcrafted (11") | 465 | 6 | 134 | 5.8 | 18 | 1.9 | 3.8 | 1.6 | 0.68 | |
| Hawaiian | | | | | | | | | | |
| Individual Pan (9") | 456 | 6 | 166 | 7.6 | 19 | 1.7 | 6.4 | 2.0 | 0.77 | |
| Sharing Pan (13") | 936 | 8 | 249 | 11 | 30 | 2.8 | 9.0 | 2.7 | 1.2 | |
| Individual Handcrafted (11") | 454 | 6 | 158 | 7.6 | 21 | 2.6 | 4.6 | 1.8 | 1.2 | |
| Classic Chicken | | | | | | | | | | |
| Individual Pan (9") | 463 | 6 | 162 | 7.4 | 19 | 1.2 | 6.3 | 2.0 | 0.99 | |
| Sharing Pan (13") | 965 | 8 | 245 | 11.4 | 29 | 1.8 | 8.8 | 2.7 | 0.89 | |
| Individual Handcrafted (11") | 457 | 6 | 139 | 7.1 | 18 | 1.8 | 3.9 | 1.6 | 0.57 | |
| Spicy Chicken | | | | | | | | | | |
| Individual Pan (9") | 461 | 6 | 161 | 7.2 | 19 | 1.2 | 6.3 | 2.0 | 0.70 | |
| Sharing Pan (13") | 948 | 8 | 242 | 10.8 | 29 | 1.8 | 8.8 | 2.7 | 1.06 | |
| Individual Handcrafted (11") | 458 | 6 | 142 | 7.2 | 20 | 1.3 | 3.6 | 1.7 | 0.82 | |
| Three Cheese & Caramelised Onion | | | | | | | | | | |
| Individual Pan (9") | 458 | 6 | 183 | 7.2 | 21 | 3.4 | 7.7 | 2.8 | 0.66 | |
| Sharing Pan (13") | 936 | 8 | 274 | 10.5 | 33 | 5.6 | 10.6 | 3.7 | 0.98 | |
| Individual Handcrafted (11") | 452 | 6 | 160 | 6.9 | 20 | 3.9 | 5.3 | 2.4 | 0.65 | |
| BBQ Beef & Onion | | | | | | | | | | |
| Individual Pan (9") | 429 | 6 | 173 | 6.9 | 20 | 2.4 | 7.0 | 2.3 | 0.70 | |

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| Bubblegum Sauce | 290 | 0.0 | 72 | 50 | 0.0 | 0.0 | 0.01 | | | | | | | | | | | | |
|--|-------------------------------|---------------------------|-------------------------|------------------------------|-----------------------|---------------------|-------------------------------|----------------------|--|--|--|--|--|--|--|--|--|--|--|
| Strawberry Crunch | 397 | 0 | 98 | 98 | 1.7 | 1.6 | 0 | | | | | | | | | | | | |
| Milk Chocolate Chips | 523 | 6.7 | 60 | 59 | 28 | 17 | 0.17 | | | | | | | | | | | | |
| Mixed Chocolate Chips | 530 | 3.8 | 64 | 62 | 28 | 21 | 0.12 | | | | | | | | | | | | |
| Milk Chocolate Beans | 464 | 2.5 | 76 | 75 | 16 | 9.8 | 0.10 | | | | | | | | | | | | |
| Gold Stars | 437 | 1.1 | 84 | 79 | 10 | 6.4 | 0.10 | | | | | | | | | | | | |
| Mixed Coloured Stars | 421 | 0.3 | 93 | 83 | 5.1 | 2.6 | 0.01 | | | | | | | | | | | | |
| Mixed Chocolate Chunks | 539 | 6.3 | 59 | 57 | 30.4 | 18.6 | 0.12 | | | | | | | | | | | | |
| Marshmallows | 323 | 0.5 | 79 | 71 | 0.5 | 0.1 | 0.12 | | | | | | | | | | | | |
| Gold Fudge | 399 | 1.5 | 71 | 62 | 12.2 | 6.3 | 0.02 | | | | | | | | | | | | |
| FOOD ALLERGIES | | | | | | | | | | | | | | | | | | | |
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| | Average weight of Portion (g) | Energy per Portion (kcal) | Protein per Portion (g) | Carbohydrate per Portion (g) | Sugar per Portion (g) | Fat per Portion (g) | Saturated Fat per Portion (g) | Salt per Portion (g) | | | | | | | | | | | |
| Desserts | | | | | | | | | | | | | | | | | | | |
| Hot Cookie Dough (served with a scoop of ice cream & drizzle of sauce for all) | | | | | | | | | | | | | | | | | | | |
| White Chocolate & Caramel Cookie Dough | 196 | 609 | 6.7 | 89 | 60 | 25 | 14 | 1.1 | | | | | | | | | | | |
| Chocolate Chip Cookie Dough | 196 | 628 | 7.9 | 88 | 55 | 27 | 15 | 1.1 | | | | | | | | | | | |
| Loaded Cookie Dough made with KitKat® | 201 | 675 | 7.3 | 86 | 57 | 32 | 16 | 0.75 | | | | | | | | | | | |
| Loaded Cookie Dough made with Rolo® | 212 | 690 | 8.2 | 97 | 66 | 30 | 17 | 1.2 | | | | | | | | | | | |
| S'mores Cookie Dough | 222 | 713 | 7.9 | 107 | 72.9 | 27 | 14.1 | 0.7 | | | | | | | | | | | |
| Takeaway Cookie Dough (served with Take Away Ice Cream Tub & a Pintle of Sauce) | | | | | | | | | | | | | | | | | | | |
| White Chocolate & Caramel Cookie Dough | 175 | 586 | 6.8 | 83 | 53 | 25 | 14 | 1.1 | | | | | | | | | | | |
| Chocolate Chip Cookie Dough | 175 | 604 | 7.9 | 82 | 48 | 27 | 15 | 1.1 | | | | | | | | | | | |
| Loaded Cookie Dough made with KitKat® | 183 | 594 | 6.2 | 76 | 46 | 28 | 14 | 0.78 | | | | | | | | | | | |
| Loaded Cookie Dough made with Rolo® | 178 | 615 | 7.2 | 88 | 56 | 26 | 15 | 1.23 | | | | | | | | | | | |
| S'mores Cookie Dough | 181 | 648 | 6.7 | 98 | 64.1 | 24 | 12.7 | 0.8 | | | | | | | | | | | |
| Desserts | | | | | | | | | | | | | | | | | | | |
| I Can't Believe It's Not Cheesecake | 107 | 468 | 2.9 | 48 | 25 | 30 | 12 | 0.57 | | | | | | | | | | | |
| So Scoffable Biscoff® Cheesecake & Ice Cream | 208 | 645 | 5.4 | 74 | 51 | 36 | 15 | 0.81 | | | | | | | | | | | |
| Hot Chocolate Brownie (served with ice cream & sauce) | 189 | 618 | 7.9 | 72 | 62 | 32 | 15 | 3.00 | | | | | | | | | | | |
| Take Away Hot Chocolate Brownie (served with ice cream & sauce) | 168 | 595 | 7.9 | 66 | 56 | 33 | 15 | 0.20 | | | | | | | | | | | |
| Mini Donuts with Chocolate Sauce | 131 | 479 | 5.0 | 72 | 40.8 | 19 | 8.3 | 0.3 | | | | | | | | | | | |
| Mini Donuts with Raspberry Sauce | 131 | 462 | 4.5 | 71 | 39.5 | 18 | 8.0 | 0.3 | | | | | | | | | | | |
| Take Away Mini Donuts with Chocolate Sauce | 128 | 507 | 6.1 | 66 | 33.0 | 24 | 10.7 | 0.4 | | | | | | | | | | | |
| Take Away Mini Donuts with Raspberry Sauce | 128 | 500 | 6.0 | 65 | 32.4 | 24 | 10.5 | 0.4 | | | | | | | | | | | |
| Chilly Billy Blackcurrent & Apple Ice Lolly | 80 | 30 | 0.2 | 7.6 | 7.6 | 0.1 | <0.1 | 0 | | | | | | | | | | | |
| Additional Take Away Vanilla Ice Cream Tub | 65 | 118 | 2.5 | 12 | 12 | 6.5 | 3.8 | 0.09 | | | | | | | | | | | |
| Additional Scoop Vanilla Ice Cream | 86 | 141 | 2.5 | 19 | 19 | 6.5 | 3.2 | 0.03 | | | | | | | | | | | |
| Additional Chocolate Sauce | 15 | 48 | 0.4 | 9.2 | 6.0 | 1.1 | 0.7 | 0 | | | | | | | | | | | |
| Additional Salted Caramel Sauce | 15 | 37 | 0 | 7.7 | 7.5 | 0.5 | 0.2 | 0.20 | | | | | | | | | | | |