

Resident Newsletter CherryWood Village Portland, OR May 2022 Volume 14, Number 5

Chef Values Feedback and Stories



Chef Adrian Mesa Alonso

As a young boy growing up in Havana, the seeds of Adrian's future came from his grandparents. The family lived three blocks from the beach where he and his grandfather caught and cleaned fish. Then as he watched his grandmother cook the meals, he peppered her with questions. She often prepared bowls of white rice topped with eggs cooked over easy alongside fried plantains. This simple meal remains his favorite comfort food. When he was around 20 years old, he decided to become a chef. As a result, he trained and worked at hotels and restaurants in South America, France, Spain, and the U.S. before coming to CherryWood Village almost 17 years ago.

Here he oversees a kitchen that prepares approximately 400 meals a day. This entails managing the crew, planning menus, purchasing and storing fresh and frozen foods, as well as making sure all the equipment is in good working order.

He says resident comment cards have helped the staff meet dietary needs regarding sugar, gluten and sodium. He loves visiting with residents, especially when they talk about their past. "Sharing that time with you is amazing," he says.

By Virginia Miller, Wynridge 403

Did you know the average number of meals served daily?

Daily Breakfast Average: 89 meals Daily Lunch Average: 150 meals Daily Dinner Average: 167 meals Total Daily Average: 406 meals



A Complementary Couple



Walter and Carol Lee Murray, Wynridge 401, moved to CherryWood Village just at the beginning of Covid restrictions. They had visited eight retirement communities in four states. CWV best met their qualifications: walking distance to an SDA church, nearby medical facilities, good public transportation, a major airport, and a large city with things to do.

Walter was born in Michigan and raised in Georgia. He earned a degree in math at college in Walla Walla, WA. Carol Lee was born in Maryland and attended college in Michigan where she earned a degree in elementary education. Walter's career was in software engineering in California. He worked 25 years at Hewlett-Packard and ten years for the State of California. Carol Lee taught school for three years and then worked as an accountant for 50 years.

They met when both were working in the same hospital. Walter was in the IT department assisting in solving computer problems. When those in the accounting department had questions, they sent Carol Lee because she had higher priority with the person in the IT department. ©

Walter and Carol Lee have been married 34 years and have a blended family with three sons and two granddaughters.

Carol Lee is an avid gardener having had garden plots at CWV two years. She often shares her fresh tomatoes with others on her floor. She enjoys doing jigsaw puzzles both on the table and on the computer.

Walter presently serves as treasurer of the CherryWood Residents Council. He has been generous in sharing his technical skills with neighboring residents confronting computer and cell phone problems.

Walter is an instrument-rated private pilot and Carol Lee is his fearless passenger. They have fond memories of flying up and down the West Coast in their Cessna 172. Walter is also active in CWV's chess club which meets on Tuesday afternoons and is gradually adding more enthusiasts as he teaches the game to others.

Both enjoy serving in their church with Carol Lee serving as treasurer for their California church for nine years and then Walter for the next four years. A testimony of their consistent Christian faith is evident on a wooden plaque above their hallway door: "As for me and my house, we will serve the Lord."

By Ben Ralston, Wynridge 411



Meet Will & Virginia Miller



Will and Virginia Miller came to Wynridge #403 last August from Hayden Island. They really like CherryWood Village with the friendly people here.

Will was born in Tulsa, Oklahoma and Virginia in St. Louis, Missouri, but they met and fell in love in Kansas City when both were studying for Master's degrees. Will graduated from the U.S. Military Academy, West Point, NY and spent twelve years in the army. Virginia had completed undergraduate studies in journalism. Since she was not prepared to be a military career wife, Will left military service. Virginia continued her career in journalism writing for school districts and newspapers with emphasis on education and gardening. They came to Oregon on their honeymoon, liked it, and stayed.

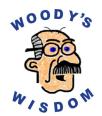
Virginia continued her career in journalism, writing for school districts and newspapers with emphasis on gardening. Will studied social psychology and transitioned into consulting work related to electric power, doing energy studies to facilitate



conservation of energy. He was fortunate to be in on the ground floor of this current need, traveling to small localities throughout the NW.

Virginia enjoys gardening and writing and editing for the CherryPit. She is looking forward to having a garden plot this year. They both love to read and enjoy family time with their two sons and three grandchildren who live in Portland.

By Ben Ralston, Wynridge 411



I've reached the age where my train of thought often leaves the station without me.

Not to brag or anything but I can forget what I'm doing while I'm doing it.

The easiest way to find something lost around the house is to buy a replacement.

Semper Fi Bob



Bob Eisenhart proudly arrived in my apartment wearing a big smile, his WWII cap and Honor Flight tee shirt. In tow was a copy of the American Legion magazine and four volumes of drawings and paintings done by Virgil Simon, Bob's brother-in-law. Bob was excited to tell me Virgil's story, but first I wanted to hear about Bob. More about Virgil later.

Bob, 98 years young, was born and raised in Burlington, IA. He attended Iowa State University studying chemistry and working at IA Ordnance Plant which made high explosives.

Upon returning home after Fall term, he learned the military had closed enlistments Dec. 16, 1942. Bob's work-a-around, with the help of his Dad, was to volunteer to serve and thus be able to select whatever branch he wanted. Bob chose the Marines and proudly served nearly three years!

But before leaving for basic training in

Norman, OK he married his HS sweetheart Helen. Their love affair would last 75 years until her passing in 2018.

Bob was stationed at Marine Corps Air Station Miramar in CA where he received celestial aerial navigation training. Following discharge, Bob went back to ISU and earned a BS in Chemical Technology in 1948. Over time, his job duties expanded to where he was head of seven different laboratories.

Bob and Helen moved to Wisconsin where he worked for Amron Corp., a company that was trying to make aluminum shells instead of brass to lighten the weight of ammunition. Later the couple moved to IL where Bob worked for the IL EPA for 16 years. He worked and went to night school earning a Master's in Environmental Science in 1984.

In 2007, Bob and Helen moved to OR and CherryWood Village became their home. Bob has lived in his current Greens 410 apartment ever since. He enjoys bingo, board games and bocce ball. Bob and Helen had two children, a son living in HI and a daughter now deceased.

And now about Virgil. Virgil Simon married Bob's sister, Joan. Virgil is 97 years old and currently living in Snowmass Village, CO. He is a talented artist sketching and painting his entire life.





Virgil Simon, Self-Portrait

Following basic training, Virgil and1,500 other recruits loaded onto a troop transport ship heading for the Philippine Islands. The ship, on its four-week journey, took a southern route crossing the Equator in order to avoid the Japanese submarines lurking in the Pacific searching for American ships to sink. The heat was oppressive.



To pass the time Virgil sketched daily life on the ship and later in Manila where he was stationed. Bob has four volumes of beautiful people and scenes Virgil sketched or painted.



The seal Virgil designed.

In July of 1945, while serving as a PFC in the U.S. Army, Virgil was asked to design and carve a stamp for use at the signing of the treaty between the United States with its Allies and Japan. The treaty was signed on the decks of the battleship USS Missouri (Mighty Mo) in Tokyo Bay on September 2, 1945. General Douglas MacArthur spoke briefly calling for justice, tolerance, and rebuilding. The surrender ceremony lasted a mere 23 minutes and then the Instrument of Surrender was signed using the seal Virgil had created. This treaty would end WWII.

In recognition of his work Virgil received an eleven-day pass in November to Camp John Jay, an armed forces retreat in Baguio, a beautiful town in the Luzon mountains.



Only one embossed copy of the seal remains. It was stamped on an envelope by Virgil as a test stamp of his work.

Thank you, Bob, for sharing Virgil's story about creating the WWII Treaty Seal.

By Mary Rix, Editor, CherryPit



Memorial Day Remember and Honor



"Boy, did she live!" Donna's own words a few days before passing.



Donna Winkler May 26, 1932–April 13, 2022 Royal Anne 209

My Mom's last days were filled with love, attention and extraordinary care from the staff at CherryWood. I apologize to the other Royal Anne residents if their needs were neglected in her last few days, because at times, it seemed like no other work could possibly get done there with all the attention and care my Mom received.

The last week or so was a veritable party with family trading stories and occasionally getting some response from Mom. And the parade of people from the staff was something to behold. They say one can hear up until death, so I'm sure Mom was enjoying it all.

My Mom was always proud of her CherryPit contributions. She would have celebrated her 90th birthday May 26th, so it's kind of cool she will be in the May edition.

By Mike Richmond One of Donna's four children

May the memories of Donna always be a blessing to those who knew and loved her.



Move Ins

Patti Glover – Orchards 224 Ester Rucker – Orchards 316 Charlotte Frances – Gardens 210 Lana Thornton and Marc Johnson – Cottage 1602 D Lynne Schmidt – Greens 208 Earline Holt – Royal Anne 144



Moved Out

Marvin Doering – Wynridge 311 Sue Sundsted – Wynridge 404 Bill and Louise Calder – Cottages 1302 Pat Baker – Orchards 211 Margaret Boling – Royal Anne 222



Transfers

Jill Bills – Orchards 205 to Royal Anne 227 Donna and Gale Lasko – Gardens 112 to Royal Anne 116



Sunny Schurr – Greens 409 Ruth Anne Evans – Royal Anne 102 Lynn Skejl – Royal Anne 111 Donna Winkler – Royal Anne 209

Willing to Serve on a Committee?

During the New Resident Orientation, a question was asked how a person could be involved in our committees. We currently have three vacancies we are trying to fill.



Environmental Committee has two openings:

- 1. One person from either the 2nd or 3rd floor of the Greens willing to check both floors as well as the immediate outside of the building*.
- 2. One person from the 1st Floor of the Gardens to check that floor and immediate outside area of the Gardens building.

*Checking the outside of the building involves checking for garage lights out, malfunctioning sprinklers or other water leaks, and any other environmental issues needing to be addressed by our maintenance department. An information packet is available for you to review.

We also have an opening on our **Emergency Preparedness Committee** for a committee chair. If preparing for an emergency is one of your interests, we need you! The previous chairperson of this committee moved to the mid-west several months ago. Being prepared for any emergency here at CWV is so important. If you are interested in any of these positions, please call or text Judy Keiper at 503.703.7789 or e-mail to jkeiper2@comcast.net.



May 2 – Nora Waggoner 101y, RA 206 May 10 – May Kambara 83y, Gardens 212

Up for Grabs

Do you have TOO MANY PLASTIC BAGS from the dining room or grocery shopping? I NEED them for the soiled kitty litter. Contact: Carol Knox, Orchards 505 Ph: 971-319-6227

For Sale: Yamaka & Harmony guitars. \$100 each. Western books by Louis Lamour, Zane Grey, Max Brand and others. \$0.50 each. Contact Geneva Gannon, Orchards 406. Ph: 503-760-6429

For Sale: Royal blue ruffle sleeve dress 1X. Black leather ³/₄ length winter coat with hood. Size L. Bomber style dark brown jacket w/ hood. Loden green ³/₄ length wool jacket w/ hood. Size 7. Ballerina Leopard shoes–Size 8 ¹/₂. Gold ballerina slipper shoes–Size 7 ¹/₂. All items are \$15 each. Contact Dianne Nadeau, Gardens 206. Ph: 971-229-1041

Check out bulletin board in Community Room to see ads with photos of items.



From the President's Desk

As we walk the skywalk or eat in the dining room we are often serenaded by piped-in music. I often wonder who selects this music and whether it reflects the preferences of our residents. This month I thought I would try to find out by taking a survey. Below you will find ten genres of music. If you wish to participate in the survey, mark your favorite with a 1, your second favorite with a 2, etc. Make a copy or cut out the survey and turn it in at the front desk by May 9. I will tabulate the results and publish them in the June CherryPit, as well as turning in the results to management.

| Blues |
|-----------------|
| Classical |
| Country |
| Easy Listening |
| Golden Oldies |
| Heavy Metal |
| Нір Нор |
| Jazz |
| Popular |
| Rap |
| Rock |
| Romance |
| Swing, Big Band |

By Mike Sands President



Mother's Day Tribute

Celebrating all kinds of mothers. To every person who nurtures and encourages, listens to and leads, lifts up, bends low, sacrifices much, and shows up for a child–You are amazing, you are loved and you make a difference. Thank You

Honoring Pat Morton, 94y, Orchards 311 who responded to last month's request to who had the most children and grandchildren. Pat Has:

> 5 Children (2 deceased) 2 Step-children 15 Grandchildren 2 Step-Grandchildren 15 Great Grandchildren and 2 Step Great Grandchildren

100 years or older? Turning 100 this year? Please contact me. I want to write about centurions living at CherryWood. Who would you like to know more about? If you would like to be included in June birthday or anniversary celebrations submit your name, date and number of years. **Deadline for all CherryPit content for June issue is May 15th.** Submit all content in an envelope marked "CherryPit–Attn: Mary Rix" to the Front Desk.

Thanks to Susan Howard, Greens 204, for her spring artwork this issue. Heartfelt♥thanks to all who make the CherryPit newsletter possible. Mary Rix, Editor, Greens 201 – Email: mary.rix@comcast.net

