



Resident Newsletter
CherryWood Village Portland, OR

December 2021
Volume 13, Number 9

Tribute to Joan Walborn



Competent, organized, efficient—words used to describe Joan Walborn, who died unexpectedly last August. As one resident, who worked with Joan on the CherryPit staff said, “Joan was the CherryPit!” With Joan’s

background in printing, it was natural for her to join the newsletter staff after moving to CherryWood. In 2014, she agreed to be Dick Lutz’s assistant editor and later became editor in 2016. Joan took on with enthusiasm the responsibility of making sure the resident-driven publication arrived at residents’ doors each month.

I didn’t have the pleasure of meeting Joan. In speaking with residents trying to learn more about her, it is clear she was a special person dedicated to making the CherryPit happen.

Whether new or old to CherryWood, I encourage you to become involved in the CherryPit newsletter however you are able to contribute. Continuing to share the stories and photos of our vibrant community is the best tribute I can think of to honor Joan’s memory and the contributions she made to the CherryPit over the years. With gratitude and appreciation, Rest In Peace Joan.

Mary Rix, Editor



From the President’s Desk

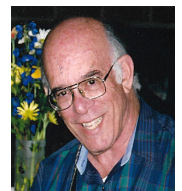
Welcome to the newest edition of the Cherry Pit (CP), our first issue since the most untimely loss of Joan Waldron. Joan, of course, was the editor for many years and made the CP a must read. And now many thanks to Mary Rix for stepping into Joan’s giant footprints as the new editor. Mary started off with a bang, distributing a survey that elicited many responses and a number of new volunteers to help with the publication. I look forward to all the innovations and important information.

I also want to thank all the Independent Living residents who contributed so generously to the Employee Appreciation Fund. Once again, we have met our goal of \$20,000, which will make our employees very happy. As of this writing no date has been set, but sometime in December the administration will host a holiday fest when we will distribute the gifts to the employees. We know they will be greatly appreciated by the staff members who contribute so much to our support and enjoyment.

You may have noticed a change at the front desk. Meadow Gray, who worked here first as security and then at the front desk, has left us. Her replacement is Travis Knutson. If you haven’t met him yet, stop by the front desk and introduce yourself.

Finally, the CherryWood Poker Group is looking for more resident players. This is a very low-key social game on the first and third Saturdays in the Board Room. Anyone interested in joining the game should contact me at 503-719-4748 or 1419ms@gmail.com.

By Mike Sands
Acting President



Meet Robert (Bob) Berger and David Ressler



David Ressler & Bob Berger

Bob and David moved into Wynridge 506 in September. They both really enjoy the activities available in CherryWood Village, using the gym and swimming pool as part of their fitness routines. Bob also loves to walk the quiet neighborhood streets around Cherry Park and ride his tricycle. His beloved motorcycle sits in the garage for now, waiting for a sunny day. This adventurous couple completed the 400-mile 1992 Cycle Oregon ride from Eugene to Medford via Crater Lake. Bob has recently joined the men's pool group, and both look forward to friendly get-togethers playing cards and board games.

The two men originated from the East Coast; Bob is from Pennsylvania and David from New Jersey. Bob graduated Penn State as an engineer, but soon found his interests lay more in sales and marketing. He then graduated the University of Oregon with a Masters in Business and his subsequent career was in technology. He and David met 30 years ago on the West Coast. David graduated from Rutgers as an engineer and enjoyed a long career in technology and graphic design. An accomplished musician, David played clarinet with the Oregon Symphonic Band for 25 years. One of his original compositions, the Nova March, was performed by the band, and Bob had a framed tribute made to celebrate the occasion.

They are both avid readers, focusing on historical fiction on their e-readers. In the past Bob has been a collector of—and something of an expert in—first editions of *real* books, which he describes as a dying hobby. Bob and David's beloved 14-year-old cat Terri is polydactyl (six toed), which gives her oversized paws. These are quite helpful as she struggles with some age-related balance issues.

Bob loves to bake, so if you are lucky enough to live in his Wynridge neighborhood, you may be blessed with gifts of his home-baked breads.

December's Multicultural Holidays

As the daylight in December grows shorter, the enduring symbol of LIGHT grows stronger. In Susan Howard's beautiful watercolor art, we see a star, lighted candles, and a hand-held lamp representing multicultural December celebrations.

HANUKKAH — This Festival of the Lights is an 8-day JEWISH celebration that commemorates the rededication of the historical Second Temple in Jerusalem long ago. A miraculous continuous burning (with a limited supply of oil), of lights occurred, that kept the Menorah's candles burning for 8 days. The current festival begins on the 25th Day of Kislev on the Hebrew calendar. This year, Hanukkah began on the evening of November 28 and will end the evening of December 6th. Gift exchanges and traditional Hanukkah foods, like potato pancakes (latkes), are shared.



Bodhi Day on December 8th falls within the 30-day BUDDHIST observance of celebrating the day Siddhartha Gautama achieved “enlightenment” beneath the bodhi (fig) tree in Northern India. Values involving “The Middle Way” — “the Path of Moderation and Compassion” — are emphasized.

The CHRISTIAN faith celebrates CHRISTMAS on December 25th as the historical time of Christ's birth. The Star of Bethlehem drew pilgrims to the site of Jesus Christ's birth in Bethlehem in the country of Israel, long ago. Western cultures celebrate Christmas through social and family gatherings that include food, good cheer, decorated Christmas trees, Santa Clause (or Father Christmas), and gift exchanges. Christmas falls in Australia's summer, involving beach going or camping. They also celebrate “Boxing Day” (alms box for the poor) occurring on December 26th, often involving sports events.

KWANZA comes from “matunda ya kwanza” meaning “first fruits” in Swahili. This is a fairly recent version of different African harvest celebrations. December 31st is the chosen date, connected to an African feast called “Karamu”. African culture, special foods, drumming, and music, are shared during a 7-day period. Each night, one of the 7 candles on the Kinara are lit. These candles are symbols of seven principles and values in the African culture, which are discussed and honored.

Too little space to include all celebrations. No matter how you celebrate the holidays, we send our BEST WISHES to ALL.



Thank You

For every time you've been there for me when I needed you the most, for every smile you've brought to my heart, for every wise word of encouragement you've shared, I'm so thankful for the gift of you. Not only your get-well cards, but birthday cards, and Happy Birthday serenade at my apartment door too! Thanks so much for your thoughts and prayers; you raise kindness to an art!

Judy Keiper, Orchards 214



Helmi Birchfield
 Millie Marvel
 Joan Walborn
 Adrien Taylor
 Elizabeth "Betty" West
 Beverly Avidan



Moonlight and Snow

I think of all the beauty
 God has chosen to bestow,
 The fairest of His handiwork
 Is moonlight spilt on snow.
 Upon a mountain trail way,
 There are pine trees that I know,
 But somehow they are not the same,
 When dressed in moonlit snow.
 I speak in awesome whisper,
 Keeping voice and laughter low.
 There's magic in a winter night
 When moonlight walks with snow.
 God knew we'd long for beauty
 And to feel some inner glow;
 That's why He let our eyes behold
 His moonlight and His snow.

By Norma Jean Patterson,
 Cottage 1422-D

Did You Know?

Santa has a Workshop, So does CherryWood!

Our workshop is located in the garage of the Gardens. It's a must-see for residents who need space to do some hobby projects.

The shop houses a table saw, drill press, electric sander, chop saw, band saw, air compressor, wood lathe, and an assortment of hand tools that would make any handyman happy. Our shop even has a state-of-the-art sawdust recovery system.

To become a member and access this amazing shop contact Ron Meisner, at Wynridge 512. Phone him at 503-317-9911 or email ronmeisner@hotmail.com

After talking with Ron and signing a Workshop Rules and Hold Harmless agreement, you are given a personal key to enter at your convenience. There is no charge for residents to use the workshop and hours are at the convenience of members. However, there are limited workshop cabinets for storing personal project or supplies.

Also, residents can get help with tasks not included in CherryWood's maintenance projects, such as a minor furniture repair or small handyman tasks.

To request someone from the workshop crew to assist you, complete a workshop work order at the Front Desk. Residents are asked to pay the cost of any materials needed. Labor time is calculated and a donation for the work is accepted but not required.

Ron Meisner has recently taken over the task of managing the workshop from Bill Calder, Cottage 1302. *Thank you Bill* for all the years you faithfully and competently managed the CherryWood workshop.





Dining Services Committee Report...

Comment cards can be turned into the front desk, put in the box next to the front desk, or left in the black folder (receipt booklet). If you are concerned about someone reading your comments, please use the front desk or the box.

Dining services is currently understaffed so we ask for your patience in hiring and training new employees. Be as helpful as you can when ordering, remembering they will most likely not know your likes and dislikes as our more experienced servers do.

Remember, you can substitute a high carbohydrate for a less carbo side. The menu has a long list of substitutions.

Please don't give up on the recipes. I still have those that were given to me a month or so ago. You will hear more about this soon.

Judy Keiper,
Dining Services Committee Chair



August

Barbara and Ben Hordes, Orchards 423
David and Pamela Daniels, Cottage 10822
Don McConnell, Orchards 209
Geraldine Avery, Orchards 222
Lorena Roles, Royal Anne 201
Patricia Baker, Orchards 211
Virginia and William Miller, Wynridge 403
Charles and Lois Smith, Orchards 329
Lovella Hansen, Orchards 320

September

Carl & Jeanine Johnson, Greens 404
David and Diane Nadeau, Gardens 206
Tauney Torrey, Cottage 1518-A
Scott Brinton, Wynridge 207
Bob & Dave Ressler, Wynridge 506
Edgar Rynerson, Orchards 307
Ruth Johnson, Gardens 110
Ingeborg Lenzer, Wynridge 202

October

Arlene Scott, Wynridge 509
Gene & Janet Domke, Orchards 226
John & Bernice Marcoules, Greens 310
Maudie Cheney, Orchards 306
Audrey Sorg, Royal Anne 151
Patricia Barker, Royal Anne 131
Sandy Ottman, Royal Anne 117
Wendell & Betsey White, Orchards 509



August

Elaine Walter
Norma Doyle
Fred Sakaguchi
Duane and Gisela Ray
Jane Graham

September

Dorothy Blume
Jane Palmer
Sara Salzberg
Nancy and Bob Crew
Judy Schmitt
Evelyn Kay

October

Beverlee Taub
Judith Burnham
Fred & Kay Pelzer
Hertha Comm

You all have Ambassadors

The Cottages and each floor of every building at CherryWood has a volunteer ambassador dedicated to help orient newcomers to what's available here. For instance, there is TouchTown, Channel 1971 on your TV or as a downloadable community app, with up-to-date information on daily activities, dining menus, and general announcements. If you want help downloading TouchTown app, contact Vitality for assistance.

Ambassadors may provide a printed copy of resident directory, available anytime at the front desk for the asking. Questions about how to pick up or have meals delivered, report maintenance issues, or make guest room reservations are all under the purview of our ambassadors.

As the new chair of the ambassador committee, I'm notified of all incoming residents. I then ask the assigned ambassador to contact new residents within the first two weeks of their arrival and help them navigate the amenities here.

Soon each floor will have the name and apartment number posted on the bulletin board near each elevator. Cottage residents will have individual notices delivered to them.

Remember, ambassador services aren't limited to newcomers. They are here to help us all.



Current Ambassadors

Lois Freeman, Cottage 1506-B
Janice Miller, Cottage 1506-A
Louise Varley, Gardens 107
Elaine Grove, Gardens 204
Dick Lutz, Greens 207
Kathleen Copeland, Greens 303
Martha Mako, Greens 411
Naomi Patchin, Greens 507
Sylvia Bates, Orchards 215
Renee Ulloa, Orchards 314
Beverly Bach, Orchards 403
Susan Robertson, Orchards 501
Janet Sciolaro, Wynridge 208
Betty Hanner, Wynridge 310
Ben Ralston, Wynridge 411
Mary Ellen Gardner, Wynridge 502



Louise Calder
Chair, Ambassador Committee
Cottages 1302

From the Other Side

We made it! What used to be just “the other side” has taken on a voice of its own. No longer are we the step-child of CWV, but a working, active community with our own Ombudsman to help us steer the course and bring our needs and opinions out into an Open Forum.

We will begin holding monthly meetings starting Wednesday, December 15th at 11am in the Community Room.

Watch for this column each month and watch us thrive.
Donna Winkler- Resident, Royal Anne Assisted Living

Up for Grabs (Swap or Sell items)

Free lift chair - brown, large, completely operational. 8-10 years old. Never needed repair. The chair is 31” deep, 38” wide and seat is 23” deep. Call Marilyn Taylor, 971-754-4943



Hello there!



My heart is full of gratitude for all the help and support I have had this past month since volunteering to be the next CherryPit editor. I've been asked a number of times if I have writing, editing, or publishing experience. The answer is no. I am a retired RN, so please be patient with me.

Why did I volunteer? The answer is simple. Like many of you, I have missed the CherryPit the last three months and believe the shared resident-generated communication brings our community closer together. This is your newsletter and you responded.

Over forty residents have provided some type of assistance in making this issue a reality. There are too many names to list, but you will learn more about them in the future. Idea generators, interviewers, writers, artists, computer graphics, photographers, proofreaders, folders, and distributors all helped make the CherryPit arrive at your door.

Thanks again for all your help putting my first issue of the CherryPit to bed.

Mary Rix, Editor
Greens 201
Email: mary.rix@comcast.net

Deadline for all CherryPit content for next issue is Wed. Dec. 15th at 3pm. Articles limited to 250 words. Turn material into Front Desk in envelope marked “CherryPit – Attn: Mary Rix” or email mary.rix@comcast.net.

