

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div><div></div><div><h1>January 2022</h1></div><div></div></div>							10:15am Hand Massages *One-on-Ones *Exercise/Fall Prevention **2:15pm Refreshments *Brain Gym; New Year Trivia *Color with Carrie/Happy New Year! 5:00pm Saturday Night Mystery Movie New Year's Day
10:00am Church Service with Chaplain Mick & Hymn Sing *Exercise/Short Stroll **2:15pm Tasty Treats *BINGO *Brain Gym/New Year Fill-In & "What Am I" #1 5:00pm Sunday Night Movie/Clue	9:45am Scenic Drive/Molalla *Exercise/Balloon Paddle **2:15pm Snack & Visit *Sing-a-Long *Game Time/Pokeno 5:00pm Monday Movie/Must Love Dogs National Choc Covered Cherry Day	10:15am Daily Chronicle *Exercise/Fall Prevention *One-on-Ones *Exercise/Volleyball **2:15pm Tea Time Refreshments *Sing-a-Long 5:00pm Tuesday Show; I Love Lucy *Evening Brain Gym; "What's New in 2022"	10:15am Manicures *One-on-Ones 1:30pm Exercise/Trainer Jen **2:15pm Snack Attack *Art Appreciation; Henri Rousseau 5:00pm Sarah's Mystery Movie *Evening Brain Gym/National Bird Day - Name that Bird & Trivia	10:15am Puzzle Time *Exercise/Fall Prevention *On-on-Ones *Exercise/Volley Ball **Tasty Treats *Music & Memories/Auld Lang Syne *Vocational; Dusting 5:00pm Evening Movie/Elvis in GI Blues *Evening Story Time	10:15am On This Day in History *One-on-Ones 1:30pm Exercise/Trainer Jen **2:15pm Happy Hour *History of Panama Canal *Game Time/Run the Numbers 5:00pm Friday Night Movie/Panama Canal PBS documentary Anniv. 1st passage Panama Canal	10:15am Hand Massages *Exercise/Ring Toss **2:15pm Refreshments *Spiritual Sing-a-long *Brain Gym; Elvis Word Search & Bio *Color with Carrie 5:00pm Saturday Night Movie/Elvis in Blue Hawaii Elvis's Birthday	
10:00am Church Service with Chaplain Mick & Hymn Sing *Exercise/Short Stroll **2:15pm Tasty Treats *BINGO *Brain Gym/Secret Word 5:00pm Sunday Night Movie/Elvis in Roustabout	9:45am Scenic Drive/Camas, WA *Exercise/Balloon Paddle **2:15pm Snack & Visit *Game Time/Pokeno *Vocational/Folding Laundry 5:00pm Monday Movie/Dear Prudence	10:15am Daily Chronicle *Exercise/Fall Prevention *One-on-Ones *Exercise/Stronger U Senior Fitness **2:15pm Tea Time Refreshments *Gentleman's Club; Great Cars 5:00pm Tuesday Show; I Love Lucy *Evening Brain Gym; "On Ice" visual puzzle	10:15am Manicures *One-on-Ones 1:30pm Exercise/Trainer Jen **2:15pm Snack Attack *Cooking; Marshmallow Snowman 5:00pm Sarah's Mystery Movie *Evening Brain Gym/Reminisce & Snow Sensory Experience	10:15am Puzzle Time *Exercise/Fall Prevention *On-on-Ones *Exercise/Volley Ball **Tasty Treats 2:30 Accordion Music with Phil Hall 5:00pm Evening Movie/We Bought a Zoo	10:15am On This Day in History *One-on-Ones 1:30pm Exercise/Trainer Jen **2:15pm Happy Hour *Game Time/Cover the Number 5:00pm Friday Night Movie/Mary Poppins *Mystery Hats Game HAT DAY	10:15am Hand Massages *Exercise/Bean Bag Toss **2:15pm Refreshments *Spiritual Sing-a-long *Brain Gym; Three of the Same *Color with Carrie 5:00pm Saturday Night Movie/Serendipity	
10:00am Church Service with Chaplain Mick & Hymn Sing *Exercise/Short Stroll **2:15pm National Fig Newton Day *BINGO *Brain Gym/Ethel Merman Biography 5:00pm Sunday Night Movie/There's No Business Like Show Business	9:45am Scenic Drive/Canby Ferry *Exercise/Balloon Paddle **2:15pm Snack & Visit *Craft/Make a Thank You surprise for our Maintenance Crew *Biography/Martin Luther King Jr 5:00pm Monday Movie/Selma Lord Selma Martin Luther King Jr. Day	10:15am Daily Chronicle *Exercise/Fall Prevention *One-on-Ones *Exercise/Stronger U Senior Fitness **2:15pm Tea Time Refreshments *Vocational/Flower Arranging 5:00pm Tuesday Show; I Love Lucy *Evening Brain Gym/What Am I? Appreciate Maintenance Staff Day!	10:15am Manicures *One-on-Ones 1:30pm Exercise/Trainer Jen **2:15pm National Popcorn Day Sensory Experience *January Resident Forum 5:00pm Sarah's Mystery Movie *Evening Brain Gym/"Can You Picture This" Winter Fun	10:15am Puzzle Time *Exercise/Fall Prevention *On-on-Ones *Exercise/Volley Ball **Tasty Treats *Crafting/Snow Storm in a Bottle 5:00pm Evening Movie/Overboard	10:15am On This Day in History *One-on-Ones 1:30pm Exercise/Trainer Jen **2:15pm Happy Hour *Game Time/Cover the Number *Vocational/Washing Up 5:00pm Friday Night Movie/Take Me Home, The John Denver Story *Evening Activity/Science Riddles	10:15am Hand Massages *Exercise/Ring Toss **2:15pm Refreshments *Spiritual Sing-a-long *Brain Gym; White Board "What's the Buzz" *Color with Carrie 5:00pm Saturday Night Movie/Funny Girl	
10:00am Church Service with Chaplain Mick & Hymn Sing *Exercise/Short Stroll **2:15pm Tasty Treats *BINGO *Brain Gym/Finish the Phrase 5:00pm Sunday Night Movie/Uncle Nino	9:45am Scenic Drive/Sauvie Island *Exercise/Balloon Paddle **2:15pm Snack & Visit *Gentleman's Club; NFL Great Plays *Game Time/Pokeno 5:00pm Monday Movie/The Sons of Katie Elder	10:15am Daily Chronicle *Exercise/Fall Prevention *One-on-Ones *Exercise/Stronger U Senior Fitness 2:30pm Piano Concert with Ted Horowitz 5:00pm Tuesday Show; I Love Lucy *Evening Brain Gym/Secret Quote	10:15am Manicures *One-on-Ones 1:30pm Exercise/Trainer Jen **2:15pm Snack Attack *Resident Food Forum with Chef Mac *Game Time/"Oh Beans" sort & trivia 5:00pm Sarah's Mystery Movie *Evening Brain Gym/Armchair Detective "Winter Storm"	10:15am Puzzle Time *Exercise/Fall Prevention *On-on-Ones *Exercise/Volley Ball **Tasty Treats *Music Appreciation; Mozart *Art Experience; Watercolor Expressions 5:00pm Evening Movie/Fried Green Tomatoes *Evening Word Search	10:15am On This Day in History *One-on-Ones 1:30pm Exercise/Trainer Jen **2:15pm Happy Hour *Game Time/Staff Show & Tell 5:00pm Friday Night Movie/Around the World in 80 Days *Evening Activity/EZ Music Trivia Have Fun At Work Day!	10:15am Hand Massages *Exercise/Bean Bag Toss **2:15pm Refreshments *Spiritual Sing-a-long *Puzzle Time *Color with Carrie 5:00pm Saturday Night Movie/The Winter Stallion National Puzzle Day	
10:00am Church Service with Chaplain Mick & Hymn Sing *Exercise/Short Stroll **2:15pm Tasty Treats *BINGO 5:00pm Sunday Night Movie/Safe Harbor	9:45am Scenic Drive/Dodge Park *Exercise/Balloon Paddle **2:15pm Snack & Visit *Gentleman's Club; Love to Fish *Craft Time; Collaborative Paper Quilt 5:00pm Monday Movie/Surviving the Wild Inspire Your Heart with ART!	<div><div></div><div><div>*Unscheduled Activities</div><div>**Snack and Hydration</div><div>Note; All activity programs are subject to change</div></div></div> <div><div></div></div>					