

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div></div><div>October 2021</div><div></div></div>						
<div>10:00am Church Service with Chaplain Mick</div> <div>*Exercise/Short Stroll</div> <div>**2:15pm Tasty Treats</div> <div>*Celebrate Fall Coloring</div> <div>*Brain Gym; Word Search Words that start with "O"</div> <div>5:00pm Sunday Night Movie</div> <div>3</div>	<div>ACTIVE AGING WEEK; Stronger U Senior Fitness Introduction</div> <div>9:45am Scenic Drive/Sauvie Island</div> <div>*Exercise/Stronger U Fitness Cardio</div> <div>**2:15pm Snack & Visit</div> <div>*Art Appreciation; Franz Marc</div> <div>*Game Time; Healthy Habits</div> <div>5:00pm Monday Movie</div> <div>4</div>	<div>ACTIVE AGING WEEK; Hydration & Hydration Stations</div> <div>10:00am Weekly Newsletter</div> <div>*One-on-Ones</div> <div>*Exercise/Balloon Volley Ball</div> <div>**2:15pm Make Infused Waters</div> <div>*Sensory; Autumn Experience</div> <div>5:00pm Tuesday Show; I Love Lucy</div> <div>*Evening Brain Gym; Aromatherapy</div> <div>5</div>	<div>ACTIVE AGING WEEK; Fall Prevention</div> <div>10:00am Safety Check</div> <div>*Craft; Walker Labels</div> <div>1:30pm Exercise with CWV Trainer Jen</div> <div>**2:15pm Snack Attack</div> <div>*Vocational; Flower Arranging</div> <div>*Game Time; "Name Ten..."</div> <div>5:00pm Evening Movie</div> <div>6</div>	<div>ACTIVE AGING WEEK; Laughter for Health</div> <div>10:00am Manicures</div> <div>*On-on-Ones</div> <div>*Exercise/Bollywood Laughter Yoga</div> <div>**Tasty Treats</div> <div>*Brain Gym; "Funny Bones"</div> <div>*Game Time; High Rollers</div> <div>5:00pm Evening Movie</div> <div>7</div>	<div>ACTIVE AGING WEEK; Strength Building</div> <div>10:00am On This Day in History</div> <div>*One-on-Ones</div> <div>1:30pm Exercise with CWV Trainer Jen</div> <div>**2:00pm Happy Hour</div> <div>*Craft; Water Bottle Weights</div> <div>*Sing-a-Long</div> <div>5:00pm Friday Night Movie</div> <div>8</div>	<div>10:00am Hand Massages</div> <div>*One-on-Ones</div> <div>*Exercise/Fall Prevention</div> <div>**2:15pm Refreshments</div> <div>*Puzzle Time</div> <div>*Color with Carrie</div> <div>5:00pm Saturday Night Movie</div> <div>9</div>
<div>10:00am Church Service with Chaplain Mick</div> <div>10:30am Hymn Sing-a-long</div> <div>*Exercise/Short Stroll</div> <div>**2:15pm Tasty Treats</div> <div>*Game Time; German Phrases</div> <div>*Brain Gym; What Would You Do?</div> <div>5:00pm Sunday Night Movie</div> <div>10</div>	<div>9:45am Scenic Drive/Mt. Tabor</div> <div>*Exercise/Stronger U Fitness Cardio</div> <div>**2:15pm Snack & Visit</div> <div>*Music Appreciation; Beethoven</div> <div>*Armchair Travel; Munich, Germany</div> <div>5:00pm Monday Movie</div> <div>11</div>	<div>10:00am Weekly Newsletter</div> <div>*One-on-Ones</div> <div>*Exercise/Paddle Ball</div> <div>**2:15pm Cooking Class; Fondue</div> <div>*Vocational; Washing Up</div> <div>5:00pm Tuesday Show; I Love Lucy</div> <div>*Evening Brain Gym; German Cities Word Search</div> <div>12</div>	<div>10:00am Money Sort</div> <div>*One-on-Ones</div> <div>1:30pm Exercise with CWV Trainer Jen</div> <div>**2:15pm Snack Attack</div> <div>*Craft; Pretzel Necklaces</div> <div>*Game Time; Joggin' Your Noggin</div> <div>5:00pm Evening Movie</div> <div>*Evening Brain Gym; Germany Trivia</div> <div>13</div>	<div>Oktoberfest</div> <div>10:00am Manicures</div> <div>*On-on-Ones</div> <div>*Exercise/Stronger U Fitness Stretch</div> <div>1:30pm Accordion Music with Phil</div> <div>**2:30pm Pretzels & "Beer"</div> <div>5:00pm Evening Movie</div> <div>14</div>	<div>10:00am On This Day in History</div> <div>*One-on-Ones</div> <div>1:30pm Exercise with CWV Trainer Jen</div> <div>**2:00pm Happy Hour</div> <div>*Music; Rhythm Instruments</div> <div>*Puzzle Time</div> <div>5:00pm Friday Night Movie</div> <div>15</div>	<div>10:00am Hand Massages</div> <div>*One-on-Ones</div> <div>*Exercise/Fall Prevention</div> <div>**2:15pm Refreshments</div> <div>*Reminisce</div> <div>*Color with Carrie</div> <div>5:00pm Saturday Night Movie</div> <div>16</div>
<div>10:00am Church Service with Chaplain Mick</div> <div>10:30am Hymn Sing-a-long</div> <div>*Exercise/Short Stroll</div> <div>**2:15pm Tasty Treats</div> <div>*Brain Gym; What Am I?</div> <div>5:00pm Sunday Night Movie</div> <div>Happy Birthday Rossie H.!</div> <div>17</div>	<div>9:45am Scenic Drive/Washington Park</div> <div>*Exercise/Noodle Ball</div> <div>**2:15pm Snack & Visit</div> <div>*Game Time; BINGO</div> <div>*Vocational; File & Sort</div> <div>5:00pm Monday Movie</div> <div>18</div>	<div>10:00am Weekly Newsletter</div> <div>*One-on-Ones</div> <div>*Exercise/Balloon Volleyball</div> <div>**2:15pm Tea Time Refreshments</div> <div>*Game Time; Yahtzee</div> <div>*Vocational; Folding Linens</div> <div>5:00pm Tuesday Show; I Love Lucy</div> <div>*Evening Brain Gym; October Trivia</div> <div>19</div>	<div>10:00am Music of the Past</div> <div>*One-on-Ones</div> <div>1:30pm Exercise with CWV Trainer Jen</div> <div>**2:15pm Snack Attack</div> <div>*Vocational; Flower Arranging</div> <div>*Game Time; Scrabble Tiles</div> <div>5:00pm Evening Movie</div> <div>*Evening Brain Gym; Riddles & Rhymes</div> <div>20</div>	<div>10:00am Resident Meeting</div> <div>*On-on-Ones</div> <div>*Exercise/Stronger U Fitness Strength</div> <div>**New Resident Name Tag Social</div> <div>*Craft; Pumpkin Painting</div> <div>*Sing-a-Long</div> <div>5:00pm Evening Movie</div> <div>21</div>	<div>10:00am On This Day in History</div> <div>*One-on-Ones</div> <div>1:30pm Exercise with CWV Trainer Jen</div> <div>**2:00pm Happy Hour</div> <div>*Game Time; Cover the Number</div> <div>*Puzzle Time</div> <div>5:00pm Friday Night Movie</div> <div>22</div>	<div>10:00am Hand Massages</div> <div>*One-on-Ones</div> <div>*Exercise/Fall Prevention</div> <div>**2:15pm Refreshments</div> <div>*Puzzle Time</div> <div>*Color with Carrie</div> <div>5:00pm Saturday Night Movie</div> <div>23</div>
<div>10:00am Church Service with Chaplain Mick</div> <div>10:30am Hymn Sing-a-long</div> <div>*Exercise/Short Stroll</div> <div>**2:15pm Tasty Treats</div> <div>*Brain Gym; Armchair Detective</div> <div>*Halloween Mystery Picture</div> <div>5:00pm Sunday Night Movie</div> <div>24</div>	<div>9:45am Scenic Drive/Mclver Park</div> <div>*Exercise/Stronger U Fitness Cardio</div> <div>*Men's Group; Game & Snack</div> <div>**2:15pm Snack & Visit</div> <div>*Game Time; BOO! Double "OO"</div> <div>*Art Appreciation; Paul Klee</div> <div>5:00pm Monday Movie</div> <div>25</div>	<div>10:00am Weekly Newsletter</div> <div>*Exercise/Pumpkin Toss</div> <div>**2:15pm Tea Time Refreshments</div> <div>*Game Time; Pokeno</div> <div>*Vocational; Sweep & Dust</div> <div>5:00pm Tuesday Show; I Love Lucy</div> <div>*Evening Brain Gym; Halloween Then & Now Reminisce</div> <div>26</div>	<div>10:00am Resident Food Forum</div> <div>*One-on-Ones</div> <div>1:30pm Exercise with CWV Trainer Jen</div> <div>**2:15pm Snack Attack</div> <div>*Craft; Crazy Glasses</div> <div>*Game Time; Halloween Trivia</div> <div>5:00pm Evening Movie</div> <div>*Evening Brain Gym; Mad Science</div> <div>27</div>	<div>Costume Day!</div> <div>10:30am Napoleon the Alpaca Visits!</div> <div>*On-on-Ones</div> <div>*Exercise/Witchy Ring Toss & Monster Mash Dance</div> <div>HALLOWEEN PARTY & TREATS!</div> <div>5:00pm Evening Movie</div> <div>28</div>	<div>10:00am On This Day in History</div> <div>*One-on-Ones</div> <div>1:30pm Exercise with CWV Trainer Jen</div> <div>*Exercise/Stronger U Fitness Stretch</div> <div>**2:00pm Hot Cider/pumpkin treat</div> <div>*Brain Gym; Pumpkin Match Game</div> <div>*Sing-a-Long</div> <div>5:00pm Friday Night Movie</div> <div>29</div>	<div>10:00am Hand Massages</div> <div>*One-on-Ones</div> <div>*Exercise/Fall Prevention</div> <div>**2:15pm Refreshments</div> <div>*Stories for the Soul</div> <div>*Color with Carrie</div> <div>5:00pm Saturday Night Movie</div> <div>30</div>
<div>Costume Day!</div> <div>10:00am Church Service with Chaplain Mick</div> <div>10:30am Hymn Sing-a-long</div> <div>*Exercise/Short Stroll</div> <div>**2:15pm Spooky Treats</div> <div>*Halloween Games</div> <div>5:00pm Sunday Movie</div> <div>HAPPY HALLOWEEN!</div> <div>31</div>	<div><div></div><div>Parkview Memory Care at CherryWood Village</div><div>10721 SE Cherry Blossom Dr., Portland, OR 97216</div><div>"Enhancing lives and celebrating the excitement of living!"</div><div><div>*Unscheduled Activities</div><div>**Snack & Hydration</div></div><div>Note; All activity programs are subject to change</div><div></div></div>					