



THE CHERRY PIT

“She was one heck of a troop”.



Judy Keiper

She was just one of those dedicated souls that backed up every one of her bosses 100 percent. This is what retired Sgt. Larry Ward said about Judy Keiper as she was retiring from working for 20 years as a secretary for the Gresham Police Department.

Born in Council Bluffs, IA, in 1939, Judy Addington graduated from Thomas Jefferson High School in 1957. She worked as a secretary for the telephone company in Council Bluffs before moving to Portland. Her first job in Portland was as a waitress at Yaw’s Top Notch restaurant. She earned her secretarial degree at Mt. Hood Community College while working as a waitress at Dunkin Donuts.

While Judy was skating at an ice rink, the PGE HR director approached her and offered her a job at PGE. After working as a secretary at PGE for almost 10 years, Judy left to work for the evangelist, Katherine Kuhlman. She traveled all over the US organizing Kuhlman’s services, one of which was in Portland.

Judy then took a secretarial job at the Salvation Army Church on Sandy Blvd. She was asked to start the Gresham service center in a store front. She started many of the Salvation Army programs in Gresham, including the Christmas bell ringing and a Little People’s Day Care for parents who wanted to have a couple of hours to do errands.

Next she went to work for the Portland Police Bureau and, when a job opened up, she moved to the Gresham police department in 1976. On her first night alone as a dispatcher in Gresham, a United Airlines plane crashed and she had to deal with sending out response units. In Gresham she worked her way up to administrative secretary, but her interest was in the investigation department, so she worked in that department until she retired.

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Her biggest contribution as a civilian police employee was helping to start the TIPS program which stands for Traumatic Incident Peer Support. Judy chaired the team which reported to the department chaplain and helped officers involved in shootings or who lost family members. She also helped start the Explorers Post for teenagers interested in law enforcement careers.

Judy retired in 1996, and a week later married the love of her life, Vernon Keiper. She instantly became a mother and grandmother to Vern's family. After a 17 day Caribbean honeymoon cruise, Judy began working part time at a travel agency. They travelled a lot throughout their marriage, including many cruises. For about 10 years, every winter, they travelled south to Arizona as snowbirds.

In 2013 they decided to make their lives easier and moved into CherryWood Village, Orchards 4th floor until Vernon needed additional care. They then moved into Royal Anne where they lived until Vernon's death on Easter Sunday, 2018. Judy then moved to an apartment on the second floor of Orchards.

Volunteering here at CherryWood has been a priority for Judy. She has been President and Secretary of the Resident Council, Chairman and Secretary of the Dining Services Committee, Secretary for the Environment and Preparedness Committee and Chairman of the Library Committee.

Like many of us, she misses the outings and other activities that Vitality provides.

Janet Sciolaro, Wynridge 208



95th

My gratitude and appreciation go out to all of the residents and staff who helped me celebrate a very memorable 95th Birthday. It was truly a very special day for me and I can't thank you enough for being a major part of the occasion.

CherryWood is the best - Go CherryWood!

Sincerely, Martha Mako





THE YELLOW BIRD SINGS

a novel

by Jennifer Rosner

A story about a Hebrew mother and daughter who were separated during World War II when Germany was eliminating the Jewish population in Poland. It tells of the struggling experience of both mother and daughter, and history of those times.

It is a book difficult to put down.

Lauralee Ware, Orchards



Chapel Services continue at 11 o'clock on Saturdays and Sundays. Please sign up at the front desk to reserve your seat.

Chaplain Mick

Chaplain's Corner: A newly appointed young minister was contacted by the local funeral director to hold a graveside service in a small country cemetery. Because the deceased had no friends or family left, there was to be no funeral, just the committal.

The pastor started to the cemetery early enough, but soon lost his way, causing him to arrive thirty minutes late. There was no hearse or funeral director in sight, just the workmen, sitting under a tree eating their lunches. Moving to the newly dug grave, the minister opened his prayer book and read the service over the vault lid that was in place. When he returned to his car, he heard one the workmen say, "Maybe we'd better tell him that's a septic tank."



Editor's Note: We are seeking a resident who would be interested in joining our small Cherry Pit staff. We would like to add a reporter who enjoys meeting other residents, interviewing them and writing their stories for publication. This would require a few hours a month or just occasionally. The job description is flexible. See Joan Walborn or another staff member if interested.

DO YOU KNOW how the buildings in **CherryWood Village** were named?

Gardens – The part of the land that would be a great garden spot.

Wynridge – The ridge next to the building and the winds that come.

(this was named last and they had a difficult time coming up with a name.)

Greens – The building is next to what became the golf greens.

Orchards – At the time, an orchard was across the street.

Royal Anne – Was named by Wendell White after the Royal Anne cherry.

The name **CherryWood Village** was chosen after a contest entered by employees of Generations, this facility, and the Portland Adventist Hospital. An employee from the hospital won a trip to Salishan for the name.

shared by Betty Williams.

Parkview Memory Care – The very first Generations family community opened in 1943 and was named Parkview. So now, several Generation communities with a memory care unit use the same name: Parkview Memory Care.

Affects of Winter

The leaves are down.

The street is clean

It's amazing how neatness
has changed the scene.

As the east wind blows

And the branches dance

They all seem active at a glance.

Nancy Conwell



WOODY'S WISDOM

Age 60 might be the new 40,
but 9:00 is the new midnight.

From the desk of Mike Sands, Acting President:

You will notice that this article is not being written by our President. Claudio has taken a temporary leave of absence to take care of some medical problems. We all hope that he has a speedy recovery and quickly returns to his duties.

I want to express the appreciation of the Resident Council to all of the Independent Living residents who contributed to the Employee Appreciation Fund. This year we faced a new challenge as we were unable to accept contributions from Assisted Living and Memory Care residents and their families. The Independent residents stepped up and matched last year's contributions so that our dedicated staff members could receive our appreciation of their great service. Thank you all.

The Resident Council is in need of a new Secretary. Diana Fell and her husband Ken have moved back to New York State to be closer to family. The Secretary will take notes at the monthly Resident Council meetings (and the Town Halls, when they recommence) and then prepare the minutes of the meetings. Some prior secretarial experience will be helpful. Any interested resident should contact Judy Keiper, our acting secretary, at 503-703-7789 or email her at jkeiper2@comcast.net.

Finally, a note from Claudio : It is important to recognize the sacrifices and the resilience that CWV residents endured during the past 10 months but stay-at-home orders and social distancing made it even more challenging.

The Covid-19 crisis created emerging and unprecedented questions. There were no previous playbooks or case studies for guidance and no proven strategies for success. During this time the coronavirus has shaken our communities – claiming the lives of over 300,000 Americans and sickening over 8 million more plus damaging the economy. Luckily science efforts helped in identifying and developing not only one but multiple vaccines over record time to fend off this scrooge that affected us worldwide. Thanks to science there are tools now to combat this pandemic. But there are people with fears about this vaccine that must be overcome. It contains no virus or fetal tissue and cannot cause Covid-19. The vaccine will not lead to a positive test result and no quarantine is required. Also, it will not change your DNA. Taking the vaccine is much better than being infected with the coronavirus and developing Covid-19.

The Covid-19 vaccine program went through rigorous testing for safety that seemed quick only because of new technology, not because it was rushed.

Vaccines will not prevent Covid-19, only vaccination will. If there is no contra-indication, please choose to be vaccinated. Meanwhile, until this pandemic is controlled, continue to wear masks, social distancing and hand hygiene.

Claudio Lima



WE DID IT! WE DID IT! Wow!

On Monday January 18th at approximately 9:30 a.m. the first Covid-19 for C-Hall was given to the first resident who lives in the first apartment, A nurse, named Ron, who administered the inoculation was a volunteer from another village like ours and was accompanied by our very own Alejandra, who normally works the front desk on the weekends; she was also volunteering her time. The entire second floor received the vaccine at the same time. It was a tricky thing to pull off.

The vaccine could only be out for a total of six hours according to protocol. The first floor got their vaccine at the same time and in the same manner.

I'm not sure who was more apprehensive, our Vitality Staff people who were in charge of helping people get seated and ready, or us, the residents. The staff dressed in capes and Hero outfits. They kept helping late-comers, found space for them and got them to answer some questions. Remember the consent forms we filled out prior to the event?

Ron, the nurse, had to go over every question in that document to make certain it was the same person sitting in front of him.

I must confess, that I was as conflicted as any of us. Not knowing what to expect and then finding myself in the event for sure, I decided to not look, so I looked at the others who were already sitting in their chairs and being monitored, while the goodie bags of sweets and treats were passed out to us all.

Like all the rest of the residents who did take the vaccine, this was **not the first injection of my life, and Ron had a calm and reassuring manner and I turned my trust over to him. Then he prepared the area with antiseptic and gave me the vaccine.** Ron had me in a Bandida before I could turn my head back to look at him. And then he went on to the next resident. The second and FINAL ONE, for those of us who took the first shot, will be in three weeks. Not all residents took advantage of the opportunity of the first dose. It is my hope that after reading this, they will reassess their reasons and go to one of the other clinics.

Yes, we will still have to wear masks for the protection of others, and once we are done with the second shot, we will still be wise to stay close to home, because there are still a lot of people out there who are still dealing negatively with the mask issue. My own son is a surgeon and he had to get the vaccine from the hospital where he does his surgeries and the hospital took on their entire staffs.

All the residents who took the vaccine are the real **TRUE HEROS . They are the ones who have been remaining their apartment for at best, 20+ hours a day, but as long as 23 hours a day.** If you have not received it yet, you can change your mind and sign up for the next clinic. Please do.

Donna Winkler - Royal Anne resident

NEEDED – Items for the Cherry Pit. Any poetry, prose pieces fewer than 400 words, classified ads, stories, letters, recipes, jokes, puzzles, etc. must include your name and telephone number in case we need additional information. Hand items in at the Front Desk and ask that they be forwarded to Editor Joan Walborn. Deadline for small ads for the March issue is 3pm Wednesday, February 17th.

The Chess Club welcomes new members of all playing strengths, from beginner through grandmaster. If it's been years since you played, or if you've never learned the moves and would just like an introduction to chess in a friendly COVID safe environment, come join us. We meet every Tuesday at 3pm in the Greens 2nd floor elevator lobby.



For more information, contact Walter Murray at 916-801-9927.

I have a year's supply of Cooking Light
Magazines to give away. Super recipes!
Call 503-775-7674 and ask for Phyllis.

FOR SALE – TENA Pull ups – XL \$10 • TENA Diapers – L & XL \$10 •
TENA Overnight Pads - 48 per package \$15 • New Washable Chucks \$10. •
MARY 503-830-6882 (corrected number)

FOR SALE – Ethan Allen Townsend Recliner. Leather wine color with protection plan
– Like new - \$400 or best offer.

Becky Mc Gowan, Gardens 205 503-206-5807

FOR SALE or DONATION: I have moved from a cottage to a one bedroom apt. in the Greens and find I have too much stuff.

I own one of the highest quality Castle Spinning Wheels, made by Schacht Spindle Co. Inc. It has less than a two ft. square footprint, made from oak with several extras: Skein winder, ball winder, AND a large amount of cleaned roving wool ready to spin; Gray, brown and a little white. Best offer or best suggestion where/who to donate this valuable Craft package would be appreciated.

Value new is over \$2,000, now....used gently and begging for a new home.

Susan Howard 503-658-8599

CWV T-shirt Spirit Days are February 10th & 25th

WELCOME NEW RESIDENTS

Steve Andersen, Royal Anne 145

Bob Crew & Nancy Wideman,
Orchards 308

Beverly Granato, Royal Anne 143

**CHERRY PIT
Staff**

Joan Walborn, Editor
Karen Arendt, Proofreader
Susan Howard, Art Editor
Clara La Marche, Reporter
Janet Sciolaro, Reporter

The purpose of the Cherry Pit
is to get news to the residents,
furnish some entertainment,
provide little-known facts of
CherryWood, and have fun.

Deadline for ads for the next issue
is 3pm on 4th Monday of the month.

*The pit is the heart
of the cherry.*

