



THE CHERRY PIT

Dick and Gwen Barry have enjoyed a life time of interesting travel and career experiences. They each spent their childhood in Midwestern states, with Dick in Ohio, and Gwen in Iowa. Then they each moved to California. By chance both were living in Culver City in fact, in the very same apartment building! So Dick met “the girl next door”.



After Gwen graduated from nurses' training, she worked at Los Angeles County Health Department and later at Ventura County Health Department. Having completed her career in Ventura as the Director of Public Health Outpatient Clinics and Jail Medical Services, she retired. Gwen continued being active, coordinating statewide workshops for public health nurses, boards and clinics. For a time, she volunteered at a library. Gwen enjoys reading, working on genealogy and travel.

They have two children, Mike and Dawn. Dawn lives in Portland.

Both Dick and Gwen enjoy traveling and have taken many cruise trips. They enjoy river cruises in Europe and ocean cruises.

Dick had several jobs during his life. While in high school he started out in a nearby roller rink as a skate boy. His job consisted of keeping the skates in working order along with clamping on and lacing up the patron's skates. Later he became a floor guard. That job lasted several years but ended one night when a tornado leveled the place. He graduated from high school in 1951 and went to work for a short time for Dow Chemical Company. Then, with his parents' help, he bought an old army bus and had it painted. This was the first bus company in the city but people did not use it so he quit that endeavor. His brother called him “the lone rider”. Dick's parents purchased a small bar and restaurant, so he helped out his parents until he tired of drunk farmers.

(continued on page 2)

His next venture was a transit job in Cleveland. From there a friend offered an opportunity for a trip to California. Once in California he stayed. While driving bus there he noticed all the L.A.P.D. motorcycle cops, a dream job he thought. He took a test for police officers in Santa Monica, staying there for thirty years. For eight of those years he was a motorcycle officer. Other years he worked as patrol officer, juvenile detective and school resource officer. In this position he presented safety programs that he regarded as “the perfect job for me”. Each year he would have a new program. One year he trained parrots to do amazing tricks for kids while getting the safety message across. Wouldn't you have loved to be in that class!

The “magic bug bit me hard” and on his off time Dick started doing magic shows in the area where he lived. He became a member of the Magic Castle in Hollywood and performed and lectured there professionally for 38 years. During some of his vacation time from the Police Dept. he performed magic on a number of cruise ships.

The commercial magic he creates is sold through a dealer in Fresno CA. If interested, log onto Hocus-pocus.com. Many of Dick's tricks can be seen on You Tube, under Dick Barry.

As I was finishing my interview, Dick with a deck of cards, asked me for my favorite card. Sure enough, he pulled that King of Hearts out of the deck.

Both Dick and Gwen have enjoyed a full and active life and continue to share their talents and friendship with residents of CherryWood. *Lauralee Ware, Orchards*

Editor's note: Since Spring 2018, Dick has been teaching an evolving group of fifteen or so residents a few magic tricks so we can baffle family, friends, and sometimes ourselves.



Many thanks: On behalf of all the dauntless, as well as the casual exercise buffs, we wish to express our heartfelt gratitude to the individuals who pitched in to keep us moving while fitness instructor Sheryl Hassett was off challenging the Caribbean: Helen Stanley, resident; Amber, personal trainer; Terry, Sheryl's longtime friend and fellow fitness instructor; Sheryl, for arranging for the substitutions in advance, and Brooke for her flexibility in sanctioning the revised schedule. *Bev Avidan, Wynridge*



Over the last 16 years I have had the pleasure of providing care to several thousand people and overseeing several thousand staff. This business model, known as senior housing, is a very intricate and delicate ecosystem. One of the significant reasons for this is because this is not just a business, but an intricate network of relationships. Each relationship carries the same amount of value to the consumer and the

provider. Unlike the general healthcare setting, we don't just see each other on or around appointments, but consistently for a multitude of reasons including physical, spiritual, nutritional and emotional needs. Further, I don't just try to hire the most professional proven employee, but also someone that can build, maintain and balance healthy relationships built on and around our mission and vision. With that said, miscommunication and lack of communication remains at the essence our grandest challenge. In order to combat this challenge, CherryWood remains vigilant to grow and improve how we communicate with you. We know where we fail and consistently review and adapt to the necessary changes. I would like all our residents to know that we are grateful for the graceful accountability and communication that we receive from you. Though the changes take time to invoke, please know that we are active in this effort. I tell my staff that if each of us can consciously move one grain of sand of change each day, then together we can build a mountain of change. It's my hope that residents and staff can continue to partner together and bring further advancement to effective communication campus wide. To partner with CherryWood on this, please be sure to update your emails at the VSG front desk or directly to Elizabeth Reining. We want to take further advantage of the wonderful advancements in technology to better meet your needs and expectations.

Sincerely,
Ole Lindbo



BOOK REVIEW

Anything is Possible

By Elizabeth Strout

This is a series of independent but related short stories about people who mostly grew up in the same little rural Illinois town as the two main characters in Strout's previous novel, My Name is Lucy Barton. The result is mixed; some stories are like "Lucy Barton", simple, deep, implicitly written, others are more explicit, and thus more superficial.

But overall, the stories compare very favorably to the highly rated earlier novel. Elizabeth Strout, at her best, has a deceptively easy to read writing style that often shows deep insight into her characters and the events portrayed. Her best work illustrates the saying, "Less is more."

Anything is Possible follows in the style of Strout's Pulitzer Prize winning Olive Kitteridge.

Dick Sakurai, Gardens 210



Is it just me, or does time really fly faster during this season? I know that your Preparedness Committee has been more than busy.

Bill Winkler completed his Fire Safety & Preparedness trainings at all the buildings last month. They were well received and he even got praised by a retired fire fighter for his delivery of the events.

We have been blessed with many new residents and this is a good time for the cycle to begin again. So, sometime in early February or shortly after, he will be again starting the process and will present to one floor of the Gardens, Wynridge, Greens, and Orchards each month.

As always, if you can't make the event that is scheduled for your floor, you can come to another training scheduled for your building. Family members are encouraged to attend and are always welcome. Notices will go out by email and/or delivered to your door. And the cookies and coffee are always available.

Here comes a word of caution -- the Environment Committee let us know that the Fire Marshal has asked that we do not put natural wreaths or trees on our outside doors and shelves. They are seen as a fire hazard, although you can have them **inside** your own apartment. Please no rugs, or other items that will not fit under your outside shelf, on the floor.

Wishing all of you a happy and safe Holiday Season.

Donna Winkler - Gardens 101

503 281 6613



SPOOKTACULAR LADIES

For the Royal Anne Halloween Parade, Sileen Soni, center, provided Indian apparel to Melissa Weissberg and Deanne Wahlstrom.

FYI, Mel has written a memoir, is a Harvard grad and avid horseback rider. Sileen was an experimental and clinical psychologist for many years.

Deanne was an occupational therapist.



From President Judy:

It has been a whirlwind of two years, years that brought a lot of challenges but also a lot of joy. This is my opportunity to tell everyone thanks for the support, especially this past six months. No one can be a success all alone and for that I want to appreciate ALL of YOU, residents and staff! I plan to stay involved and am already thinking about what I want to do during 2019. Besides being secretary of our Resident Council, there are many other avenues I want to pursue.

Bill Winkler is “looking forward to serving CherryWood in the capacity of president in 2019. We will all get to see what great things will grow from all of us.” The rest of the board members are Claudio Lima, vice-president; Mary Ellen Gardner, treasurer; Judy Keiper, secretary; Gene Berry, work shop chair; Bob Glass, dining services chair; Bill Calder, environment chair; Alice Marks, library chair; and Karl Brower, Vitality representative.

The VSG Dining Room was closed on Christmas Eve at 2:00 p.m. On Christmas day dining room service was cancelled. Box dinners were available and picked up between 11:00 a.m. and 2:00 p.m.

Please, when you fill out a comment card, complete the **entire card** for our evaluation report. This is the only way we have to know how we are doing with our service, food, how it is heated, how long you have to wait, and any comments you may want to add. Thanks!



THE FORUM is the name of the new Current Affairs Discussion Group. The winner of the naming contest was Shirley Eggiman. The first meeting of THE FORUM will be at 10 am, Monday, January 28, 2019 in the Board Room. The topic to be discussed is Homelessness. The focus will be on listening to the views of others and all will be welcome to voice their views.

NEW: QUILTING IN THE GARDENS. *Actually it's for quilters, sewers, crafters, knitters, etc.* This group was formed by several resident quilters who want to quilt and talk and talk and quilt. It will meet on the 2nd and 4th Fridays of the month in the second floor lobby of the Gardens, 10 am to 4 pm. We look forward to meeting and talking. For additional information, email Georgia Ball, jjball31@hotmail.com or call Karen Black, 503-679-2182.

Meetings in January are Friday, January 11 and Friday, January 25, 2019.

Chaplain's Corner

Do You Know Your Hymns?

Dentist's Hymn	Crown Him with Many Crowns
Weatherman's Hymn	There Shall be Showers of Blessings
Contractor's Hymn	The Church's One Foundation
Tailor's Hymn	Holy, Holy, Holy
Golfer's Hymn	There's a Green Hill Far Away
Politician's Hymn	Standing on the Promises
Optometrist's Hymn	Open My Eyes That I Might See
IRS Agent's Hymn	I Surrender All
Gossip's Hymn	Pass It On
Electrician's Hymn	Send the Light
Shopper's Hymn	Sweet Bye and Bye
Realtor's Hymn	I've Got a Mansion Just Over the Hilltop
Massage Therapist's Hymn	He Touched Me

AND a few hymns for those who speed on the highway:

55 mph	God Will Take Care of You
75 mph	Nearer My God To Thee
85 mph	This World Is Not My Home
95 mph	Lord, I'm Coming Home
100 mph	Precious Memories

Give me a sense of humor, Lord, Give me the grace to see a joke,
To get some humor out of life, And pass it on to other folks.



Smart DriverTEK program will be on January 14 at 1pm. This is not the six hour program for insurance reduction, but a 90-minute class on the new vehicle technologies. AARP has stated that for now the class is free, but there is limited seating and you must register beforehand. Call Chaplain Mick at 503-706-0612 to register or find out more about the class.



WOODY'S WISDOM

Never lie in bed at night asking yourself questions
you can't answer!

CLASSIFIED ADS

NEEDED – Items for the Cherry Pit. Poetry and prose pieces written by residents are encouraged. Hand them in at the Front Desk and ask that they be placed in the Cherry Pit wall file. B.J. Nichols wants the original drawings and Martha McMinn can use book reviews. Leave classified ads, stories under 400 words, letters, brief recipes, jokes, puzzles, etc. for Joan Walborn.

Deadline for ads for the February issue is 3pm, Monday, January 21st.

Distribution date for the February issue of Cherry Pit is January 25th.

ITEMS NEEDED BY PACS (Portland Adventist Community Service)

Toilet paper, toothpaste, toothbrushes, shampoo, soap
and cartons for 12 or 18 eggs.

Contributions may be left outside Chaplain Mick's office door.



MAGICIAN DICK BARRY magic class. Join us at 2pm on Monday January 21st in the Boardroom. Bring paper & pen for notes.
OK to come and just watch, just don't tell.

SUPER SEAMS seamstress Iris is not available from now to about February 15th. She will let us know when she is back in the shop, ready for business again.

Attention Ladies: Information about the **CherryWood Red Hat Society** can be picked up at the front CWV desk.

The Adventist Hospital Volunteer Department needs your older magazines to put in the waiting rooms and Doctors' offices for people to read. After you are finished with your magazines just place them in the marked box inside the Vitality Center. Please don't tear the label off; the hospital Volunteer Office will put another label over your address so it will be covered. Thank you. For any questions call Forrest and Susan Robertson, 209-573-3009.

Wanted: Recliner lift chair. Mel Stearns Orchards 319, phone 503-254-0948.

Want to purchase a used car from a CherryWood resident. Preferably Toyota, Nissan or Honda. 971-319-6227.

CWV T- shirt Spirit Days are January 10th & 25th.

WELCOME, NEW RESIDENTS

Jeanne Burke, Wynridge 303
Les & Nina Howett, Orchards 504
Paul Konsterlie, Royale Anne 103
William Rippey, Cottage 1506A
Margaret Schimel, Parkview 209
Rosemayne Thompson, Gardens 103

IN MEMORIAM

Clyde Henderson, former resident
Lorrie Luton, Orchards 208
Kathy Manley, Royal Anne 223

CHERRY PIT Staff

Joan Walborn, Editor
Karen Arendt, Proofreader
Shirley Eggiman, Reporter
Martha McMinn, Book Reviewer
B.J. Nichols, Art Editor

The purpose of the Cherry Pit
is to get news to the residents,
furnish some entertainment,
provide little-known facts of
CherryWood, and have fun.

Deadline for ads for next issue is
3pm on 3rd Monday of the month.

*The pit is the heart
of the cherry.*

