



# THE CHERRY PIT

## GREAT *unfulfilled* EXPECTATIONS



When **Fred and Anita Daniels** were ready to sell their Gresham home and move to a retirement facility, they did the usual research – location, amenities, cost, accommodations. Eventually they chose CherryWood because it had such a nice swimming pool. They moved here in 2015 but as yet have not been in the pool.

Fred, the firstborn in a family of two boys, was born in Butte, Montana; his father's work necessitated frequent moves and Fred attended the University of Idaho then graduated from Montana State U in Billings, MT with a BS in secondary education. In college he enrolled in the Naval ROTC which included, at one point, a trip to England. A beautiful Dresden china doll is displayed in their home – a gift 18-yr-old Fred bought for his mother there.

Anita was born in Gering, Nebraska, the middle child with an older and younger brother. When she was in sixth grade her family moved to Madison, Nebraska. After graduation from high school she worked in Norfolk as a billing clerk for an interstate wholesale grocery business for seven years, then moved to Billings, MT where she worked as a draftsman for Shell Oil Company. She enjoyed a group of young adults from local churches who met weekly for activities and there she met Fred, a student at the university. The attraction was mutual and after a year of getting to know each other, they were married in Billings, December 20, 1956.

A daughter was born there and when she was a year old, Fred had graduated and was looking for work. He had an interview with a high school in Waldport, OR, but on the way there they decided to stop in Gresham to visit his aunt and uncle. They suggested checking out a school here and after an interview with the principal at Centennial HS Fred was offered a job. He did visit Waldport, but decided on Centennial because he intended to further his education and there was more opportunity here in the metropolitan area. He took classes at PSU but eventually graduated from U of O with a master's degree in computer science education.

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A son, who now lives in Phoenix, AZ, completed their family and they now have four grandsons, two in Gresham and two in Phoenix.

Fred taught math and computer science at Centennial HS from 1961-1991. They attended Rockwood Methodist Church and lived in the same house for 53 years. Anita did a variety of things to supplement the income. She cared for teachers' children, ages infancy to five years in their home, and worked for a Lake Oswego specialty shop where among other things, she helped design and then sewed leather purses for the Rose Festival princesses. She has even designed and custom-made carrying cases for musical instruments, large and small.

Fred and Anita have enjoyed many cruises, including Mexico, Hawaii, the Caribbean and Baltic Seas.

Here at CherryWood Fred serves on the Environment Committee and assisted Dean Knox with the huge task of the Free for All. They are happy here and glad they chose CherryWood – but they still have not tried that marvelous pool!

*Shirley Eggiman, Greens*



**The next meeting of the FORUM**, the current affairs discussion group, will be on Monday, February 25<sup>th</sup> at 10am in the Boardroom. The topic for discussion is IMMIGRATION.



**MAGICIAN DICK BARRY'S magic class.** Join us at 2pm on Monday, March 18<sup>th</sup> in the Boardroom. Bring paper & pen for notes. OK to come and just watch, just don't tell.



**RESIDENTS:** Your copy of the "For Your Information, an Addendum to the Independent Living Residents Manual" for 2019 is available at the Front Desk upon request. It gives you the names and contact information for the current officers of the Board of Directors/Resident Council and committee chairpersons. Pick up your copy today!

The Board of Directors/Resident Council Minutes will now be posted in a notebook in the Library. The Town Hall minutes are posted on each bulletin board for your review. Please do not remove the documents from either location.

Judy Keiper, Secretary



For the last three years we have worked diligently together to partner with our residents and staff at CherryWood Village. I have found in my 16 years of serving in leadership positions, in the senior housing business, that the top down leadership mentality is alive and well. "Listen to me, because I know what's best for you!" I find this thinking selfish, old and worn out. How can we truly understand the expectations and needs of our employees and customers, unless we get among the weeds with them and live life.

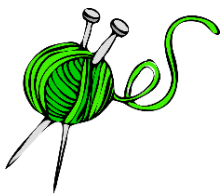
Living and working in a senior community is not an easy feat. This requires patience, humility, grace and most of all communication among many other necessary traits. Every day challenges spring up from any and all directions and these challenges deserve prompt answers and responses. I want to thank all those associated with CherryWood Village for their partnership in shaping this wonderful home and remaining patient and steadfast despite the daily curve balls.

If you have a question, solution, need or suggestion, please don't hesitate to reach out directly to me or my leadership team. We are here to listen and respond and look forward to being even better operators of this community, our mission and vision. As a wise man once wrote in the book of Proverbs "As iron sharpens iron, so one person sharpens another".

Sincerely,

Ole Lindbo

Senior Executive Director



The **Fiber Arts Group** meets the **second Wednesday** of each month at the east end of Wynridge near the skybridge to Gardens. We start at 2:30pm and go until 4:30pm. Come when you can and feel free to stay through the whole time, or leave when you want. ALL crafters are welcome, knitters, crocheters, needlepointers, felters, needle felters....

*Donna Winkler, Gardens 101, 503-281-6613*



## MULTNOMAH COUNTY LIBRARY

This is a reminder that the Multnomah County Library comes to CherryWood the first Thursday of each month. They are in the Community Room from 1:30 to 2:15pm and bring a selection of regular print and large print books, movies and audio books.

**PLEASE REMEMBER** these books need to be returned to the Multnomah County Library when they are here on the first Thursday of the month. **DO NOT** leave them in the CherryWood Library. They are checked out to you, and you need to check them back in on the first Thursday of the month.

*Anne Warner, Library*

## Five Things You Never Knew About Your Cell Phone

(shared by Barbara Nika, Orchards)

For folks with cell phones, this is good information to have with you. There are a few things that can be done in times of grave emergencies. Your mobile phone can actually be a life saver or an emergency tool for survival. Check out the things that you can do with it: *(check your instruction manual because your brand might use different codes)*

**FIRST:** Emergency: The Emergency Number worldwide for Mobiles is 112. If you find yourself out of the coverage area of your mobile network and there is an emergency, dial 112 and the mobile will search any existing network to establish the emergency number for you, and interestingly this number 112 can be dialed even if the keypad is locked. Try it out.

**SECOND:** Have you locked your keys in the car? Does your car have remote keyless entry? This may come in handy someday. Good reason to own a cell phone: If you lock your keys in the car and the spare keys are at home, call someone at home on their cell phone from your cell phone. Hold your cell phone about a foot from your car door and have the person at your home press the unlock button, holding it near the mobile phone on their end. Your car will unlock. Saves someone from having to drive your keys to you. Distance is no object You could be hundreds of miles away, and if you can reach someone who has the other "remote" for your car, you can unlock the doors (or the trunk).

### **THIRD:** Hidden Battery Power

Imagine your cell battery is very low. To activate, press the keys \*3370# Your cell will restart with this reserve and the instrument will show a 50% increase in battery. This reserve will get charged when you charge your cell next time.

**FOURTH:** How to disable a STOLEN mobile phone? To check your Mobile phone's serial number, key in the following digits on your phone: \*#06#. A 15 digit code will appear on the screen. This number is unique to your handset. Write it down and keep it somewhere safe. When your phone gets stolen, you can phone your service provider and give them this code. They will then be able to block your handset so even if the thief changes the SIM card, your phone will be totally useless. You probably won't get your phone back, but at least you know that whoever stole it can't use/sell it either. If everybody does this, there would be no point in people stealing mobile phones.

**FIFTH:** *To be concluded next month.....*

**From President Bill Winkler:**

When something goes wrong, most folks ask, “Who’s to blame?” My belief has always been that THAT question simply gets in the way of asking, “How can I (we) fix this?” If we want THAT (the thing that went wrong) to not happen again, the first question doesn’t help. A common variation of the “blaming” question is to say, “Somebody else is supposed to do that.” Of course we leave unsaid the add-on phrase, “and I blame them (the somebody else) for not doing it.” Aw, c’mon. Here are some things, instead of blaming, we CAN do:

- Observe quiet times (10pm to 7am). Even when others don’t, “do it anyway,” to quote Mother Theresa.
  - Say “Hello” to someone you don’t recognize (and those you do). Even when others don’t, do it anyway.
  - Don’t “Should” on yourself. (The 11th Commandment)
  - Pay attention to the Recycling Posters to make our efforts for Earth work better. Even when you see that others don’t or won’t, do it anyway.
  - Use the gym/dining room/excursions/puzzles to keep yourselves involved. Even when others scoff at you, do it anyway.
  - Join a Committee in CherryWood. Lots are available. Even if you are capable of doing half a job, join your neighbor who can do some other half.
  - When life makes you choose between being right or being kind, choose kind. Now, that’s a tough one. Resolve to just do it. And when you (or I) stumble, ask the 2nd question, and resolve again.
  - If some small bit of trash is bothering you, pick it up and throw it away. Then it’s done.
  - And a zillion more ideas. You have probably been thinking of them, so DO ‘em.
- There; that’s a start of things each can do. Got some more ideas? Give ‘em to me; there are going to be more President’s comments in future Cherry Pits, so . . .

**ITEMS NEEDED BY PACS (Portland Adventist Community Service)**

Toilet paper, toothpaste, toothbrushes, shampoo, soap  
and cartons for 12 or 18 eggs.

Contributions may be left outside Chaplain Mick’s office door.



**BOOK REVIEW****Collapse**

by Jared Diamond

This book is a serious study of how and why cultures collapse. Perhaps best known of the several disappearing cultures the author deals with are Easter Island and the Mayan Culture. He cites numerous factors: including deforestation, climate change, hostile neighbors, lack of friendly neighbors, and poor solutions to societal problems. Of course, these and other factors vary greatly from one culture to another.

Towards the end of COLLAPSE the author focuses on societies that are in decline. To my surprise, Australia was his primary example! He cites, among other factors, the extensive deforestation, the poor soil, the lack of water, and the stupid solutions to problems. One problem that sounds familiar to us is the fact that they built several dams on one of their main rivers, thus ruining their fishing industry. It should be pointed out that this book was copyrighted in 2005 and Australia may have improved their problem-solving since then.

This is a well-written, thought provoking scholarly work that I found fascinating.

*Dick Lutz, Greens*



**Residents**, do you have relatives and/or other guests that come from out-of-town to visit you? And all CherryWood guest rooms are reserved? Try this:

A very spacious and beautiful basement AirBandB where no luxury amenities have been spared, sleeps up to four, and is within short and easy driving distance of CWV. Its name is Mid-Mod Prescott Pad and is available at:

[www.airbnb.com/rooms/18603330](http://www.airbnb.com/rooms/18603330)

Owner Bryn Farci is the daughter of Mac & Murrel McDougal who live in The Greens.

**WOODY'S WISDOM**

I miss the days when everything worked  
with just an "ON" and "OFF" switch.

## CLASSIFIED ADS

**NEEDED** – Items for the Cherry Pit. Poetry and prose pieces written by residents are encouraged. Hand them in at the Front Desk and ask that they be placed in the Cherry Pit wall file. B.J. Nichols wants the original drawings and Martha McMinn can use book reviews. Leave classified ads, stories under 400 words, letters, brief recipes, jokes, puzzles, etc. for Joan Walborn.

Deadline for ads for the April issue is 3pm, Monday, March 20<sup>th</sup>.

**Distribution date for the April issue of Cherry Pit is March 29<sup>th</sup>.**

One of the **CherryWood poker players** has moved and we are in need of another player.



This is a low-key social fun filled game. We meet on the first and third Saturdays of every month from 1:30 to 4pm in the Board Room. Anyone interested in playing, please call Mike Sands at 503-719-4748.

**WANTED-BAND MEMBERS** – The small but faithful band would like others to join them. Band rehearsals are every other week on



Tuesday at 2:30pm in the chapel. The band performs monthly



on Fridays at 7pm in the chapel and on special occasions in the Royal Anne dining room. All instrumentalists are welcome. The music is easy to play. Speak to Chaplain Mick Turner who is the band leader.

**The Adventist Hospital Volunteer Department** needs your older magazines to put in the waiting rooms and Doctors' offices for people to read. After you are finished with your magazines just place them in the marked box inside the Vitality Center. Please don't tear the label off; the hospital Volunteer Office will put another label over your address so it will be covered. Thank you. For any questions call Forrest and Susan Robertson, 209-573-3009.

**Want to purchase a used car** from a CherryWood resident. Preferably Toyota, Nissan or Honda. 971-319-6227.

**LOST – A BOOK OF VIOLIN PARTS FOR BEETHOVEN PIANO TRIOS**

**Bound with blue cover.** Probably lost somewhere in the Chapel, Dining Room or Greens. It is very valuable to Sue Goodman, 503-208-3060.

**PRIDE SCOOTER FOR SALE –\$500** - Call Suzan – 503-351-6766.

**CWV T- shirt Spirit Days are March 8<sup>th</sup> & 22<sup>nd</sup>.**

**WELCOME, NEW RESIDENTS**

Jeanne Burke, Wynridge 207

John Etzel, Parkview 219

Henry Kawata, Parkview 217

Luke Lee, Royal Anne 243

**IN MEMORIAM**

Hazel Ballinger, Royal Anne 115

Toni Chevis, Parkview 205

Nita Martin, Cottage 1614A

Don Post, Royal Anne 144

Phyllis "Sweetie" Smith, Pkview 117

Edie Thornes, Royal Anne 210

Kathy Tomassi, Greens 310

**CHERRY PIT  
Staff**

Joan Walborn, Editor

Karen Arendt, Proofreader

Shirley Eggiman, Reporter

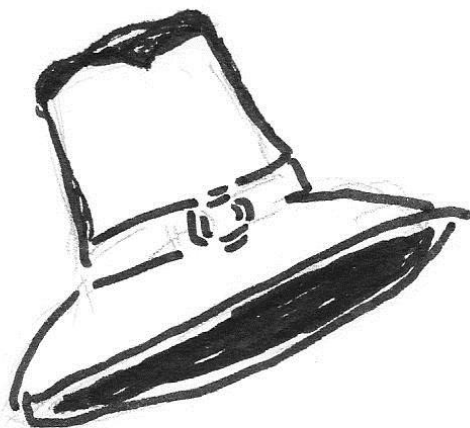
Martha McMinn, Book Reviewer

B.J. Nichols, Art Editor

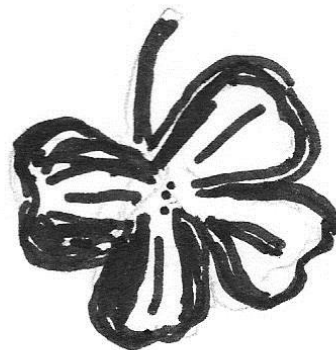
The purpose of the Cherry Pit  
is to get news to the residents,  
furnish some entertainment,  
provide little-known facts of  
CherryWood, and have fun.

Deadline for ads for next issue is  
3pm on 3rd Monday of the month.

*The pit is the heart  
of the cherry.*



HAPPY ST. PATRICK'S  
DAY



2/28/19