



Social-Distancing Daily Schedule:

6—8AM—Breakfast Delivery

9:30—11:00AM Exercise Classes on Touchtown

— classes vary by intensity and ability level. You can expect things like qigong, tai chi, chair yoga, chair dancing, stretching routines, cardio routines (seated & standing), dance fitness , etc.

11—12:30 Lunch Delivery

1:00 Art Class on Touchtown—varies by medium.

- Expect sketching, colored pencil, or watercolor demonstrations & lessons

2:00 Ballet, Opera, or Theatre Production on Touchtown

4 or 5PM—Music on Touchtown

- Expect some kind of music performance, usually (but not always!) classical music

6:00PM—Movie on Touchtown

9:00PM—Peaceful Music w/ Nature Scenery on Touchtown

***Tuesdays & Thursdays - Cherry Delight Café On-the-Go—See Touchtown for more information!**

***Thursdays & Sundays - Outdoor Mini-Golf Tournaments (weather permitting)**