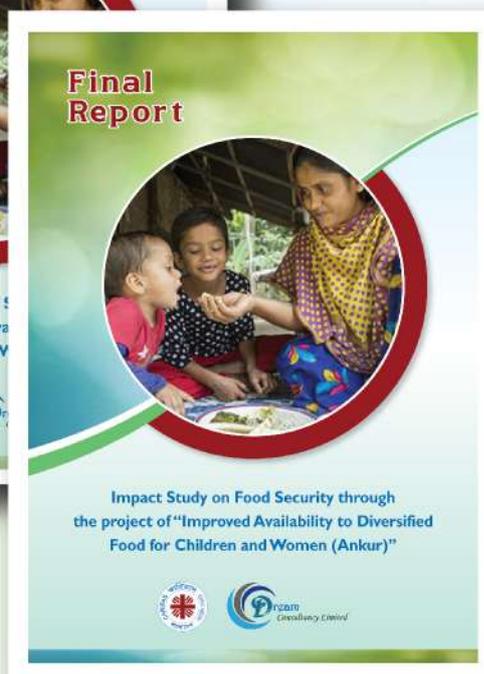
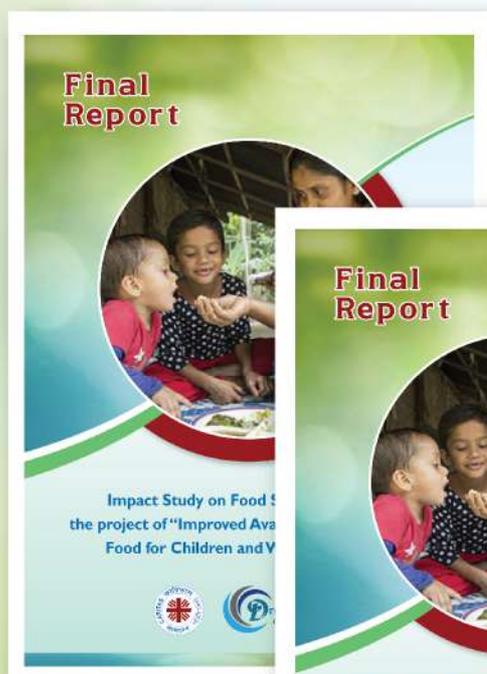


# CASE STORY



## Arju Begum: A Beacon of Care and Empowerment through Daycare Leadership

Arju Begum is both a guardian and the head of her family. She is 29 years old and has a family of five members. Her husband works out of home. Despite managing various household responsibilities, she has become a successful guardian at a daycare center under the Caritas project. She takes care of around 20 children and their mothers. The mothers fully trust her while the children affectionately see her as their second mother.

Interestingly, Arju Begum also has her own child, who is a beneficiary of another daycare center in the same area. She successfully manages another daycare center while her child is cared for at one daycare center.

Inspired by the facilities and trust offered at her child's daycare, Arju Begum has built a successful daycare center herself. Her dedication, sincerity, and responsibilities have earned her great praise and trust from Dipamondita Chakma, who is responsible for monitoring the daycare center.

Arju Begum appreciates the opportunities provided by Caritas and believes that children would grow up with proper care, affection, and nurturing if every area had similar daycare centers. Their parents could focus on their



“ I appreciate the opportunities provided by Caritas and firmly believe that children would grow up with proper care, affection, and nurturing if every area had similar daycare centers. This would allow parents like me to focus on their work without worry ”

Arju Begum, Chattogram

## Jobeda Begum: From Aspiration to Achievement with Caritas Support



**M**y name is Jobeda Begum. I am a housewife. I actively participate in various social meetings held by Caritas in Tayabpur. I have received financial support from Caritas to improve my livelihood.

Through these meetings, I have learned many new things that I didn't know before. The best thing is, I always wanted to do gardening, but I couldn't because I didn't have proper training. After receiving training from Caritas, I started a small garden near my house. This garden not only fulfills my family's needs but also allows me to sell produce in the market. This has helped me overcome many financial problems in my family.

I am very happy that our country has such a wonderful organization. Thank you to everyone involved with this organization for supporting ordinary people like us.

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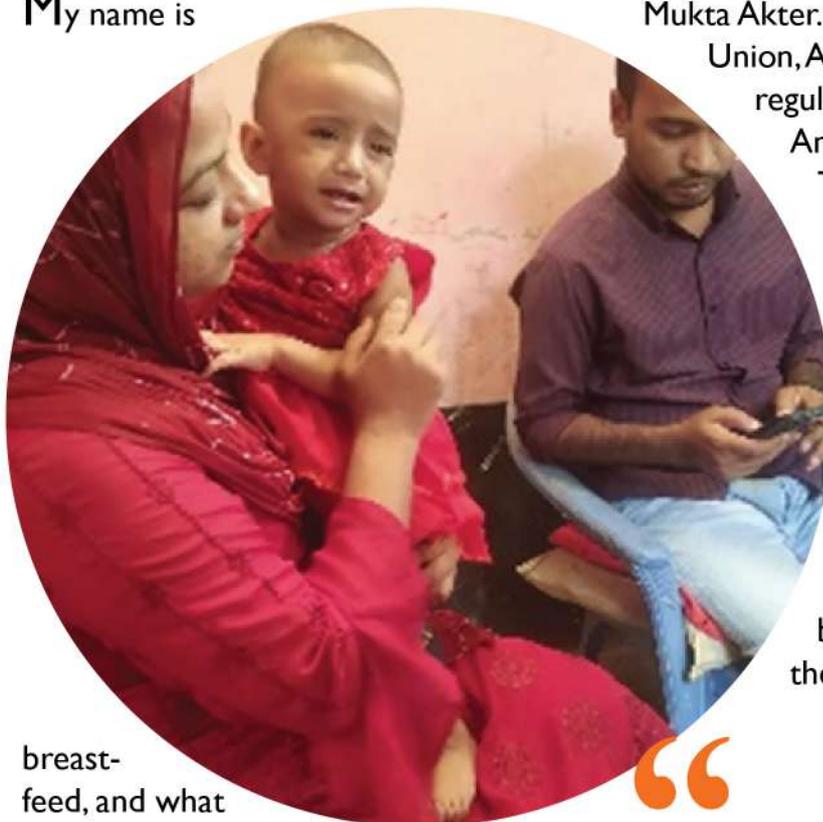
After receiving training from Caritas, I started a small garden near my house. This garden not only fulfills my family's needs but also allows me to sell produce in the market, helping me overcome many financial problems

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**Jobeda Begum, Savar**

# Mukta Akter: Transforming Lives Through Health Awareness

My name is



Mukta Akter. I live in Bhadair, Dhamsona Union, Ashulia Upazila. I have been a regular member of the Caritas Ankur Project for a long time. Through this organization, I have gained knowledge about health and awareness-related topics.

I have learned how to take care of a pregnant mother, what kind of nutritious food she should eat, and how often she should go for health checkups. After childbirth, I learned when to feed the baby colostrum, how long to

breast-feed, and what kind of food to introduce after six months.

Through the health seminars of the Caritas Ankur Project, I also learned how to prepare and eat food properly, how to cut and cook vegetables, and the importance of washing hands with soap after using the toilet.

I believe that participating in the various seminars of the Ankur Project helps gain health knowledge, which leads to a healthier life.



**I believe that participating in the various seminars of the Ankur Project helps gain health knowledge, which leads to a healthier life**

Mukta Akter, Ashulia, Savar



## Atiya Parvin: Transforming Lives Through Daycare Excellence

I am Atiya Parvin, a homemaker aged 40. My family consists of four members, and my husband works as a butcher. Despite my busy household responsibilities, I have become a successful guardian at a Mother Day Care Center under the Caritas project. I look after three children and their mothers through the training provided by



the day care. These children even call me their "second mother." Their mothers fully trust me and feel completely at ease with my care.

Interestingly, I didn't know how to properly clean or cut vegetables or cook at the right temperature before. But now I have learned all these skills.

"Noticing the facilities and the trust that the day care offers to guardians, I was inspired to successfully run a day care center myself." Mousumi, who is in charge of monitoring the day care, highly praises my dedication, sincerity, and work. She has expressed her utmost trust and satisfaction with me.

Atiya Parvin also shared her satisfaction with Caritas and its facilities. She believes that establishing such day care centers in every area would allow children to grow up with proper care, love, and affection, while their parents could focus on their work without any worries.

On a personal note, I pray for and wish Atiya Apa all the best for her continued success.



Noticing the facilities and the trust that the day care offers to guardians, I was inspired to successfully run a day care center myself. Establishing such centers in every area would allow children to grow up with proper care, love, and affection, while their parents could focus on their work without any worries



Atiya Parvin, Ashulia, Savar

## Atiya Parvin: Transforming Lives Through Daycare Excellence

My name is Saleha Begum. I live in Kathgara, Ashulia Upazila. Through various seminars of the Caritas Ankur Project, I have gained knowledge on different topics. I learned many things about health from this project.

Before, I did not know much about cleanliness. Now, I have learned how to maintain the quality and nutrition of food. I also learned the importance of washing hands with soap after using the toilet.

Earlier, I was unemployed. Thanks to the Caritas Ankur Project, I received a sewing machine and can now contribute to the income of my 5-member family. In the future, with more financial support from the Ankur Project, we hope to improve our financial condition even more.

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Thanks to the Caritas Ankur Project, I received a sewing machine and can now contribute to the income of my 5-member family, striving for a brighter future

Saleha Begum, Ashulia, Savar

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