## Help support your patients through the cough season with



Supported by Class III Natural Health Product (NHP) applications, Zarbee's® products are formulated with scientifically backed medicinal ingredients such as honey, ivy leaf and elderberry.

Zarbee's® offers an age-specific range of cough and immunity solutions which are authorized for sale by Health Canada to provide cough relief and immune support.

## **Provide your patients with** effective cough relief

We use honey as the key ingredient in most of our Zarbee's® products.

Honey acts as a protective barrier in the throat to soothe sore throats and reduce coughs.



Soothe coughs, in your patients aged 12 months and up





## Age-specific cough and immunity solutions with ingredients suitable for baby bees to big bees











\*Rated the Best New Product for Baby & Children's Immunity/Cough & Cold by Canadians in a 2024 BrandSpark survey
The Best New Product Awards logo is a trademark of Best New Product Awards Inc., used under license.

#1 Pediatrician recommended cough syrup brand in the U.S. for babies & children 12 & under – now available in Canada - ProVoice Custom Healthcare Practitioner Survey, May 2023

This material is intended for healthcare practitioners only.

## We take great care in the purposeful selection of our ingredients

Our age-specific syrups are made for baby bees to big bees



6+ months

Infants & children
6 months-2 years:

Grape

3 mL taken once a day





12+ months

Peach & honey

Children 1–2 years:

3 mL taken 1–2 times a day





2+ years

Mixed berry

Children 2–12 years: 1 teaspoon (5 mL) taken 1–2 times a day









2+ years

Mixed berry

Children 2–12 years:

1 teaspoon (5 mL) taken twice a day









6+ years

Grape

Children 6-12 years:

1 teaspoon (5 mL) taken 1–2 times a day















**Honey:** Often called liquid gold, honey is a sweet substance stored in beehives after being produced from collected nectar. Honey helps to provide relief from coughs, and soothes dry, irritated throats.<sup>1,2</sup> It's also used as a natural sweetener.



**Zinc:** Zinc is an essential mineral that aids in immune function. It provides immune system support and helps in maintaining overall health.<sup>3,4</sup>



**Vitamin D:** Vitamin D is a fat-soluble vitamin which can be absorbed and stored in the body. It helps support immune system function.<sup>5</sup>



**English Ivy Leaf:** English Ivy is a woody, evergreen climbing plant native to Europe and Asia. As an extract, Ivy Leaf offers relief by helping to clear mucus when coughing.<sup>6</sup>



**Elderberry:** Nature's amazing dark purple berries, elderberries are native to Europe, Africa and parts of Asia. Elderberries are a great source of antioxidants, and are used in herbal medicine to help relieve symptoms of colds and flus.<sup>7</sup>



**B Vitamins:** The B vitamins are eight water-soluble vitamins that work together as co-enzymes to support multiple aspects of cellular function. Several of the B vitamins are intricately involved in the catabolic process of generating energy within cells, and inadequate intake in some or all of the B vitamins may have a negative impact on energy generation.<sup>8</sup>



**Turmeric:** Turmeric is an herb in the ginger family that's often used as a spice in cooking. Turmeric root extract contains curcumin, known for its antioxidant properties.<sup>9</sup>



Marshmallow Root: A perennial herb native to Europe and Western Asia, marshmallow root has been studied for its ability to support a healthy respiratory system.<sup>10</sup>

REFERENCES: 1. Samarghandian S, Farkhondeh T and F Samini. Honey and health: A review of recent clinical research. Pharmacognosy Res 2017;9:121–127.

2. Oduwole O, Udoh EE, Oyo-Ita A, et al. Honey for acute cough in children. Cochrane Database Syst Rev 2018;4:CD007094.

3. Gammoh NZ and L Rink. Zinc in infection and inflammation. Nutrients 2017;9:624.

4. Prasad AS. Zinc in human health: effect of zinc on immune cells. Mol Med 2008;14(5–6):353–357.

5. Rosendahl J, Valkama S, Holmlund-Suila E, et al. Effect of higher vs standard dosage of vitamin D3 supplementation on bone strength and infection in health; infants: a randomized clinical trial. JAMA Pediatr 2018;172:646–654.

6. Lang C, Röttger-Lüer P and C Staiger. A valuable option for the treatment of respiratory diseases: review on the clinical evidence of the ivy leaves dry extract EA 575®. Planta Med 2015;81:968–974.

7. Health Canada. Natural health products ingredients database. Accessed August 2023 at https://webprod.hc-sc.gc.ca/nhpid-bdipsn/atReq.do?atid=elder.sureau&lang=eng 8. Kennedy DO.

8. Vitamins and the brain: mechanisms, dose and efficacy — a review. Nutrients 2016;8(2):68.

9. Gupta SC, Patchva S and BB Aggarwal. Therapeutic roles of curcumin: lessons learned from clinical trials. AAPS J 2013;15:195–218.

10. Sutovska M, Nosalova G, Franova S, et al. The antitussive activity of polysaccharides from Althaea officinalis I, var. Robusta, Arctium lappa L., var. Herkules, and Prunus persica L., Batsch. Bratisl Lek Listy 2007;108:93–99.

Ingredient details are provided as general information and are not intended to be associated with any specific Zarbee's® products.