

STARLIGHT PROGRAMS

# Starlight Toy Deliveries

Starlight Toy Deliveries provide a sense of relief for hospitalized children through what kids love most – play!

Play enables kids to bring elements of their everyday lives into the hospital setting. Play through Starlight Toy Deliveries bring happiness to children by helping them create a sense of normalcy and routine, which reduces anxiety and improves mood. By playing with hospital staff or family, Starlight Toy Deliveries also encourage positive social connections that allow children to process their experiences and express their emotions.

Starlight delivers these products to more than 500 hospitals across the US each year at no cost, thanks to the generosity of our corporate partners, individual donors, foundations, and other groups and organizations.

**In 2023, 1,105,029 toys, games, books, arts, and crafts were delivered to hospitalized kids at the 700+ hospital and medical facilities we partner with across the U.S.**



*Bringing happiness to our pediatric patients through comfort gifts often reduces their fear of being in a medical environment and helps them be more receptive to necessary medical treatment.*

– Pat Kirkland, Manager, Family Support Services,  
Wolfson Children's Hospital



**Entertainment:** Toys, books, movies, and arts & crafts provide children a sense of relief from stressful situations through enjoyable, relaxing activities.



**Play:** Playing with toys has a high therapeutic value and can help children learn and adapt to the hospital setting.



**Emotional Support:** Playing with toys enables children to have outlet for their emotions and help ease fears and anxiety around treatments, conditions, and environmental stressors.



**Normalization:** Access to books, toys, and games brings children closer to what is familiar and reconnects them to their home life.

