



Starlight Spaces



Since 1990, Starlight has been transforming hospital spaces into state-of-the-art, interactive, and relaxing environments that can be enjoyed by children and their families. Starlight Spaces improve the psycho-social and emotional wellness of hospitalized kids, teens, and their families by providing a treatment-free space for play, social interaction, and meaningful activities. These playrooms, teen lounges, therapy gyms, healing gardens, and playgrounds offer a variety of diversions, including video games, computers, toys, crafts, music, and best of all, the company of other children.



Since 2003, over

100 Starlight Spaces

have transformed the hospital experience for more than

3.2 million children

at more than

90+ children's hospitals & pediatric units

in 27 states.



Starlight will unveil ten Starlight Spaces by the end of 2020.



Play

Having a central location for a variety of toys and games allow children to gather and engage in developmental, therapeutic, and medical play for self-expression and experience processing.



Entertainment

The spaces create a positive experience by combating boredom, enriching choice, and reducing isolation.



Comfort

A medical-free zone allows kids to feel a sense of security and ease in an otherwise stressful environment.



Socialization

Patients and families have an opportunity to connect with each other, their visitors, and other families facing similar circumstances.



Normalization

Environments are specially designed to give structure, familiarity, and security to an unfamiliar, overwhelming, and potentially scary place.



Emotional Support

Fear and anxiety around environmental stressors are reduced when children are allowed a medical-free outlet for their emotions.



Physical Therapy

Clinicians capitalize on motivational therapy by encouraging walks to and from the communal space.