



# Starlight Spaces



Since 1990, Starlight has been transforming hospital spaces into state-of-the-art, interactive, and relaxing environments that can be enjoyed by children and their families. Starlight Spaces improve the psycho-social and emotional wellness of hospitalized kids, teens, and their families by providing a treatment-free space for play, social interaction, and meaningful activities. These playrooms, teen lounges, therapy gyms, healing gardens, and playgrounds offer a variety of diversions, including video games, computers, toys, crafts, music, and best of all, the company of other children.



Since 2003, over

**100** Starlight Spaces

have transformed the hospital experience for more than

**2.9 million** at

**90+** children's hospitals & pediatric units

in 26 states.



**Starlight will unveil 9 Starlight Spaces by the end of 2019 and 10 new Spaces for 2020.**



### Play

Having a central location for a variety of toys and games allow children to gather and engage in developmental, therapeutic, and medical play for self-expression and experience processing.



### Entertainment

The spaces create a positive experience by combating boredom, enriching choice, and reducing isolation.



### Comfort

A medical-free zone allows kids to feel a sense of security and ease in an otherwise stressful environment.



### Socialization

Patients and families have an opportunity to connect with each other, their visitors, and other families facing similar circumstances.



### Normalization

Environments are specially designed to give structure, familiarity, and security to an unfamiliar, overwhelming, and potentially scary place.



### Emotional Support

Fear and anxiety around environmental stressors are reduced when children are allowed a medical-free outlet for their emotions.



### Physical Therapy

Clinicians capitalize on motivational therapy by encouraging walks to and from the communal space.