Every 30 seconds, a child is diagnosed with a serious illness or injury.
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A MESSAGE FROM

Dr. Cara Natterson, Board Chair

As a pediatrician, health educator, and mom, I have spent my life advocating for children. In the hospital and the office, and certainly under my own roof at home, that advocacy takes a local, one-on-one approach. But when I write and teach, the message is amplified. There is little that can compare to the feeling of impacting kids’ lives in each of these different ways.

My work with Starlight is the culmination of all of these: Starlight’s programs bring comfort, distraction, creativity and most of all happiness to individual kids in hospitals across the country and this, by extension, has a ripple effect on the people around them, the people who care for them, and even the larger world. It is a privilege to be part of this embodiment of advocacy.

As Starlight has grown over the past three and a half decades, its reach has never been greater. Neither has its need. Anyone who has ever spent time in a hospital knows how isolated, anxiety-provoking – even scary – the experience can feel. Starlight’s impact translates into improved experiences across the board: for patients, their families, health care providers, support staff, hospitals and health systems. By leveraging technology and entertainment to deliver happiness – particularly in our two newest programs, Starlight Gowns and Starlight Virtual Reality – we focus our energies where and when seriously ill kids need them.

The landscape of health care will certainly continue to evolve, as will the needs of sick children, but Starlight will always stay true to its mission of delivering happiness. Along with everyone at Starlight, I invite you to join us on our quest to provide every seriously ill child with a chance to enjoy the experience of being a kid... because sick kids are kids, too.
I joined Starlight on February 1, 2019 and I’m honored to be leading the organization through this next chapter of its growth and impact.

I know first-hand the impact Starlight can have on seriously ill children and their families: in 2018, my three-year-old niece – who is the same age as my daughter – was diagnosed with brain cancer. This moment changes a family forever, the fun and joy of being a kid is suddenly replaced by fear and uncertainty.

Brain surgery was quickly followed by seven months of the most aggressive form of chemotherapy a child that age can tolerate. Thankfully, she was treated and cared for by an incredible team of doctors, nurses, and child life specialists at Rady Children’s Hospital in San Diego.

Happiness is the most important aspect of a child’s life, and when illness or serious injury strikes, Starlight is there to deliver all of the things that make being a kid great, from video games, toys, and virtual reality to fun, laughter, and moments of joy where kids can just be kids.

Having co-founded and led the Movember Foundation as CEO from its beginnings in 2003 in Melbourne, Australia, to become one of the most innovative and impactful foundations in the world that has raised more than $1 billion, I know what it takes to build and transform an organization.

At Starlight, we are on a journey to make our brand a household name and to significantly grow our funding support so that we can have an even greater impact on more kids and families like mine and yours.

I thank you for your support, and I look forward to working with you to deliver more happiness to all seriously ill children across the country.
Every 30 seconds, a child is diagnosed with a serious illness or injury. These kids are often scared, lonely, and missing out on all of the things that make being a kid great.

That’s where Starlight comes in.

Starlight supports kids and families at more than 800 children’s hospitals and health care facilities in the US. We provide fun, state-of-the-art programs such as Starlight Virtual Reality, Starlight Hospital Wear, and Starlight Gaming to thousands of hospitalized kids, at no cost to our hospital partners.

Since 1982, Starlight has brought smiles to over 16 million seriously ill children and their families in all 50 states and Puerto Rico. That’s more than 35 years of delivering happiness to seriously ill kids – because a hospitalized kid is still a kid.
While doctors, nurses, and other hospital staff attend to the medical needs of kids with serious illnesses, Starlight steps in to improve the overall health of hospitalized kids by giving them a positive focus with opportunities to have fun.

Evidence shows that improving the mental and social well-being of patients can have a positive impact on their physical health. Starlight programs are carefully designed with the input of medical staff, child life professionals, and the world’s top media and technology companies to ensure they entertain, distract, and inspire seriously ill children and their families.

In 2018, thanks to the generous support of individuals, organizations, foundations, and corporate partners, we found new and exciting ways to deliver happiness to more seriously ill children and their families by expanding existing programs and introducing new ones, like Starlight Virtual Reality, to more than 800 children's hospitals and other health care facilities across the country.

“Happiness definitely impacts a patient’s experience. It also impacts a family when they see their child more comfortable, distracted after surgery. It makes an enormous difference, and we know their recovery is faster and smoother when we use Starlight Gaming consoles after surgery.”

– Dr. Lisa S. Ipp, Chief of Pediatrics, Hospital for Special Surgery
excellence
& innovation

We strive to go beyond expectations, always seeking new and better ways to achieve our mission.
Starlight Virtual Reality is a state-of-the-art technology program that radically transforms the hospital experience for seriously ill children and their families. Starlight VR is the first general use VR program for hospitals that delivers happiness to children through 20+ pre-loaded, kid-friendly experiences to help distract them during difficult medical procedures or simply relax and have fun while they escape into a virtual world.

Starlight VR is an engaging intervention through a customized, hospital-ready headset that helps decrease anxiety and pain for children. It also provides dynamic content geared toward entertainment and distraction such as virtual snowball fights, immersive field trips to exotic locations, fun video games, and more. The content allows patients with limited mobility to sit up or lay down and control the game using a remote or their head.

In 2018, we delivered 908 Starlight VR headsets to more than 185 hospitals in the US.

Starlight VR is made possible thanks to generous support from our Founding Sponsor, The Walt Disney Company and Star Wars: Force for Change, Google, Lenovo, and Niagara Cares.

Special thanks to the CHARIOT (Childhood Anxiety Reduction through Innovation and Technology) team of Lucile Packard Children’s Hospital Stanford and our virtual reality program pilot partners at Cincinnati Children’s Hospital Medical Center, Children’s Hospital Colorado, Gillette Children’s Specialty Healthcare, and Texas Children’s Hospital.

In addition, thank you to The Najim Charitable Foundation and the Hermann Foundation for their generous grants funding virtual reality headsets in the San Antonio area and our other 800+ hospitals around the country.
Seven-year-old Grady, who was receiving physical therapy at Gillette Children’s Specialty Healthcare in Minnesota, was one of the first kids to try our program and said that it helped him escape the hospital. “I would sit on the very top level of a double-decker bus!” Grady told us. “It feels like you’re not in the hospital.”

“Anytime your kid doesn’t want to leave the hospital, you know the facility is doing something right. He loved Gillette and he loved Starlight Virtual Reality,” said Cary, Grady’s mom.

“Virtual reality has been a fantastic addition for our patients,” said Chantel Barney, Ph.D., a clinical scientist at Gillette Children’s Specialty Healthcare. “In some instances, we’ve been able to curb the anxiety and fears our kids typically experience during procedures such as blood draws, transfusions, wound cleanings, casting and more. It’s a wonderful distraction for kids and parents alike.”
Starlight Hospital Wear
Starlight Gowns are high-quality, soft, and colorful hospital gowns that deliver happiness to seriously ill children and their families. Starlight Gowns are specially manufactured to meet the needs of hospitalized kids with ties on the side (instead of down the back) for comfort and modesty, plastic snaps on each shoulder that allow for easy access and use during medical procedures, such as during MRIs or X-rays, and come in a variety of fun designs.

The transition from one’s own clothes to traditional hospital wear is one of the highest stress moments in a child’s hospital experience. Starlight Gowns are superior to regular hospital gowns because they are better at supporting both the functional needs of hospital staff and psychosocial and emotional needs of pediatric patients.

And best of all? Kids love to wear Starlight Gowns. Six-year-old Andrew faces 168 weeks of chemotherapy and his mom, Brenda, told us he hates the hospital gowns and she would have to bring pajamas for him to wear instead. “He loves the Starlight Gowns because they are as soft as his own pajamas,” she said.

In our third year of the program, we delivered 77,684 gowns, in more than 30 designs, to children in nearly 300 health care facilities.

Special thanks to our 2018 Starlight Hospital Wear corporate partners including The Walt Disney Company, Major League Baseball, Michaels Stores, Niagara Cares, the Joy in Childhood Foundation, Dave Koz & the Dave Koz Fan Network, The Casey Fund, Ole Henriksen, and Insomniac Games.

In addition, thank you to The Najim Charitable Foundation and the Hermann Foundation for their generous grants funding Starlight Gowns in the San Antonio area and our other 800+ hospitals around the country.
MEET JACK & EVERLY

Everly was born with congenital heart defects and needs a series of open heart surgeries. Already, she has spent more time in the hospital than most adults will ever have to in their lifetimes.

Big brother, Jack, designed a Starlight Gown for our first-ever “Design-A-Gown” contest inspired by his little sister, Everly. His winning design was red, with hearts and lots of glitter. Before her third open heart surgery – right before her first birthday – Everly was able to wear the custom-made gown designed by her brother. “As she came out of the fog of the anesthesia later in the evening after surgery she was pretty grumpy,” Lauren, Everly’s mom told us. “We put her in her gown and she immediately got a little better. And Jack loves the gown because the ties are down the side rather than the back, so ‘her butt doesn’t hang out!’”

We manufactured 30,000 of Jack’s Starlight Gown design – plus 10,000 each of the two runners-up – and distributed them to our hospital partners across the US.

“And that’s what makes Starlight so special: they’ve thought of everything a kid and family needs to help us smile during long hospital stays,” Lauren said. “Because it may seem like a small thing to you, but a comfy, new Starlight Gown, or an hour playing video games on a Starlight Gaming console or having the chance to escape the hospital and explore the world in virtual reality... well, it’s absolutely priceless to us.”
Starlight Gaming delivers happiness to seriously ill children by providing them with hours of fun and distraction through their favorite Nintendo® video games and streaming movies and TV shows through Netflix and Hulu, right from the comfort of their hospital bed or in a playroom with a group of kids.

For more than 25 years, Starlight Gaming has provided millions of seriously ill children with hours of entertainment, distraction, and a much-needed sense of normalcy. Starlight Gaming consoles are specially manufactured by Nintendo to meet strict infection safety protocols for use in a hospital setting. Doctors, nurses, clinicians, and child life specialists are able to use a single gaming unit in a variety of settings, from the ER, to a playroom, to a treatment room, and even bedside for a pediatric patient in isolation.

Starlight kid Jayden was diagnosed in 2004 with bacterial meningitis that caused severe brain trauma, kidney and liver failure and right-side paralysis. “Living in hospitals, you have to make it fun,” Jayden’s dad, Andy explains. “Not only for my son, but when my daughter comes to visit. They both sit on the bed and play games together. It just makes it more comfortable and makes it more relaxing. The centers help them be kids.”

“After spending time on the Starlight Gaming console, kids forget about being sad, which is so important,” said Julie Helgren, CTRS, CBIS, Recreational Therapist at Rancho Los Amigos National Rehabilitation Center in Downey, Calif. “It also works on pain. Kids are able to play for two, sometimes three hours with no pain medication.”

In 2018, we delivered 285 Starlight Gaming consoles to children at 232 facilities in the US.

Special thanks to Nintendo of America for its generous support of Starlight Gaming, and to the thousands of Nintendo employees over the years who have volunteered their time to help design, build, ship, and provide technical support for the program.
caring

We are passionate, dedicated, and care deeply about our mission.
The kitchen allows patients and their families to learn to cook meals together and to help pediatric patients learn the skills they need to prepare healthy meals as part of their post-hospital life.

In this hands-on setting, kids feel like they’re playing while they’re learning. Take 14-year-old, Maddie, a Starlight kid who has limited use of her arms. Maddie mentioned she wanted to make breakfast for her mom’s birthday. At our custom-made rehab kitchen at La Rabida Children’s Hospital, occupational therapists were able to re-teach her how to use kitchen equipment.

“This is all about making things easy in preparation for things that are harder,” said Colleen Harper, Director of Rehab and Child Life, La Rabida Children’s Hospital in Chicago, Ill.

In 2018, Starlight funded, completed, or broke ground on ten new or renovated spaces at nine children’s hospitals or health care facilities in the US.

We found a new way to serve patients and their families in 2018 with the creation of a new, multi-purpose pediatric therapy kitchen at La Rabida Children’s Hospital in Chicago.

The kitchen allows patients and their families to learn to cook meals together and to help pediatric patients learn the skills they need to prepare healthy meals as part of their post-hospital life.

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Special thanks to the Joy In Childhood Foundation, Michaels Stores, and Niagara Cares for generously supporting this program in 2018.
Starlight Deliveries
Starlight Deliveries offer our more than 800+ hospital and health care facility partners an easy-to-use, free online platform where they can order items directly from our inventory of millions of dollars’ worth of donated toys, books, games, crafting materials, and other urgently needed products that deliver happiness to seriously ill children and their families.

Thanks to the generosity of our corporate partners, Starlight Deliveries ensure hospitals receive exactly the items they need, in precisely the quantities they can accommodate, just when they need them, and at no cost to the hospital. Starlight coordinates the delivery of these donated products through a custom and secure e-commerce platform where our registered hospital partners can view, select, or request items that are most useful and relevant for their patients and staff.

When Starlight kid Lucy underwent a heart transplant and spent months at Ann & Robert H. Lurie Children’s Hospital of Chicago, she always looked forward to her red wagon rides. “What Lucy liked most about the Radio Flyer wagon is that it allowed her to go out on ‘walks’ when she wasn’t strong enough to walk by herself,” said Betsy, Lucy’s mom.

Judy Batterson, Service Line Director, Women & Children’s Services, Pottstown Memorial Hospital said, “The comfort kits are so handy for all ages of children, the craft supplies keep them busy and their creativity is sometimes amazing. The parents really appreciate time to catch their breath while their child is provided the ‘quiet play’ opportunity.”

In 2018, we delivered $5.5 million in toys, books, games, Radio Flyer wagons, and other cool stuff kids love to almost 700 facilities in the US.

Special thanks to our 2018 Starlight Deliveries program donors including The Walt Disney Company and Michaels Stores.
We are motivated by a strong commitment to serving seriously ill children.
Thanks to the generous support of corporate partners, Starlight is able to deliver happiness to seriously ill children and their families. Whether it’s working with The Walt Disney Company to give children the comfort of their favorite Disney character through our Starlight Gown collaboration, or delivering fun through our 27-year Starlight Gaming program with Nintendo of America, our partners help us to deliver programs that are founded in sound research and focused on bringing entertainment, distraction, and inspiration to help sick kids heal faster.

A very special thank you to our major corporate partners in 2018.
teamwork

We are one team with one goal: to deliver happiness to seriously ill kids.
We're in this together and can all support Starlight kids, wherever we are and in whatever way we choose. We're incredibly grateful to our individual donors who raise money in creative ways to help Starlight deliver happiness to seriously ill children and their families.

Donations, big and small, help Starlight kids directly, whether it’s to fund the delivery of an individual Starlight Virtual Reality headset or to help bring a variety of Starlight programs to a facility in your own community.

Just $10 delivers happiness to 10 seriously ill children.
Donate today at starlight.org.
Thanks to Jayden, a Starlight ambassador who raised more than $5,000 from a scavenger hunt and an online birthday fundraiser so that seriously ill Starlight kids can have fun while they're hospitalized. The teenage YouTube star brought the fun herself, by spending a day playing games and arts and crafts at Dignity Health Northridge Hospital Medical Center. She even captured video of the fun day and shared it on her Youtube channel for her 690,000+ subscribers to see the brave Starlight kids she met.

Starlight ambassador and Star Wars voice actor, Stephen Stanton, enlisted the help of his online followers to raise enough funds for two Starlight Gaming consoles to be provided to seriously ill children at Dignity Health Northridge Hospital Medical Center, Calif. He encouraged his followers to make a donation to Starlight in return for a signed autograph. Thanks to his fandom and generosity, Starlight kids will enjoy these mobile entertainment units for years to come.

Thanks to Dave Koz, his generous family, and his incredible network of fans, Starlight was able to make a huge impact on seriously ill kids in 2018. Koz fans enjoyed great jazz and were able to support Starlight through a silent auction on two week-long cruises to the Baltic Sea. Starlight also created and released our first-ever artist inspired, music-themed Dave Koz & Friends Starlight Gown. He also rounded out the year with a fan fundraising campaign during his annual holiday tour across the US. In total, Dave and his fans have raised more than $1.1 million for Starlight. Thank you, Dave!
DONOR SPOTLIGHTS

Daisy Glazier

The power of youth! Starlight ambassador Daisy Glazier has raised more than $25,000 to deliver happiness to seriously ill kids. In 2018, she even donated her Bat Mitzvah. What a generous way to celebrate this important milestone! Daisy is a repeat ambassador: when she was just 12, she walked 25 miles – in the winter! – to donate a Starlight Gaming console.

Alan Swinhoe

Thanks to Alan Swinhoe for pedaling to help pediatric patients. Alan completed a cross-country solo journey across the US to raise funds and awareness for Starlight. That’s 10 weeks and 3,900 miles of commitment. When we asked him why he was raising awareness for Starlight, he simply said: “If my grandkids were ever hospitalized, I would love for them to have Starlight in their lives.” Ride on, Alan!

Rob Megennis

Thanks to professional race car driver Rob Megennis, who is racing for good and donating $2 for every lap he races in the Indy Lights Race. When he’s not on the race track, he’s spending time in the hospital with kids. “To see the kids’ faces light up as they try on my helmet, and to be able to share my love for racing with kids who aren’t having the best time in their lives, it is really such an amazing opportunity for me.” Rob says.
accountability

We are accountable to those we serve and our donors, as well as ourselves.
Thanks to the hard work and generosity of so many, 2018 was our most impactful year yet. We were able to raise more money, and deliver more happiness than ever before.

In 2018, we raised: $17.2MM in total

Net Assets:
$10.4MM 2018
$7.2MM 2017

**Allocation of Expenses:**
- Management & General 5% / $791,928
- Fundraising 6% / $817,896
- Program Delivery 89% / $12,782,190

**Investment by Program:**
- Spaces 6% / $798,406
- Gaming 7% / $897,198
- Deliveries 49% / $6,306,771
- Hospital Wear 24% / $2,993,979
- Virtual Reality 14% / $1,785,837
Our Awards

2018 Visionary Award
ENTERTAINMENT SOFTWARE ASSOCIATION

2018 Best Contest or Promotion Award
SHORTY SOCIAL GOOD AWARDS
"DESIGN-A-GOWN" CAMPAIGN

2018 Honorable Mention Social Responsibility Campaign/Initiative
PRNEWS’ NONPROFIT AWARDS
"DESIGN-A-GOWN" CAMPAIGN

2018 Silver Award Online/Interactive Campaign
AMERICAN ADVERTISING AWARDS
LOS ANGELES
"DESIGN-A-GOWN" CAMPAIGN

2018 TOP-RATED NONPROFIT

CHARITY NAVIGATOR
Four Star Charity

GREATNONPROFITS
2018 TOP-RATED

SEAL OF TRANSPARENCY
GOLD
GUIDESTAR

CHARITY WATCH TOP-RATED

PRNEWS’ NONPROFIT AWARDS
"DESIGN-A-GOWN" CAMPAIGN
integrity

We do what we say we will do to make a positive change for seriously ill children and their families.
Starlight Children’s Foundation is a registered 501(c)(3) public charity. Starlight is committed to best governance practices, including transparency, accountability, and responsible financial management in the conduct of its affairs.

The activities and affairs of Starlight are conducted under the direction and oversight of its Board of Directors. The Board is skills-based, with members collectively bringing a wide range of expertise and experience.

The CEO is appointed by and reports directly to the Board. The CEO is responsible for managing the overall operations and resources of Starlight in order to have the greatest positive impact on seriously ill children and their families.
Board Committees

Board Committees focus on key areas of governance and report directly to the Board of Directors. These committees include:

**Executive Committee**
- Acts in a consultative capacity for the CEO
- Reviews, deliberates upon and decides matters of significance
- Handles time sensitive matters that may need speedy action
- Collaborates with CEO in preparation of Board meeting calendar and agendas

**Finance Committee**
- Provides financial oversight
- Reviews financial statements prepared by management for integrity and timeliness
- Collaborates with management to develop and approve operating and cash flow budgets
- Monitors adherence to budgets
- Formulates and recommends for adoption by the Board Starlight’s investment and reserve policy and oversees compliance with these policies

**Compensation Committee**
- Recommends to the Board the compensation of the CEO and CFO to assure that such compensation is just and reasonable
- Oversees implementation of Starlight’s compensation policy

**Audit Committee**
- Monitors Starlight’s system of internal controls
- Recommends to the Board selection of Starlight’s independent auditors
- Specifies the scope of external audits
- Supervises Starlight’s internal and external audits

**Nominations & Governance Committee**
- Determines the skills and qualities needed on the Board
- Evaluates, recruits and nominates prospective directors for election by the Board
- Takes lead in evaluating the performance of directors
Our Board

BOARD CHAIR
Dr. Cara Natterson, MD

VICE CHAIR, NOMINATIONS & GOVERNANCE COMMITTEE CHAIR
John Rosenberg

FINANCE COMMITTEE CHAIR
Troy Young

SECRETARY
Eric Grodan

AUDIT COMMITTEE CHAIR
Carol Savoie

COMPENSATION COMMITTEE CHAIR
Russ Cashdan

HENRY FIELDS

ZAIN HABBOO

DAVID HASPEL

CHRIS HELFRICH

MARVIN LEVY

ROGER SHIFFMAN

JOHN SIMONE

CO-FOUNDER

PETER SAMUELSON

CHAIRMAN EMERITUS

STEVEN SPIELBERG

2018 Annual Report
The Constellation consists of generous people who have previously served Starlight as Directors, or in other prominent capacities, or significantly support Starlight’s mission.

Howard Davine  
Brian Gott  
David Hoberman  

Warren Kornblum  
Mel Marks, MD  
Kevin Mayer  

Hannah Minghella  
Brandon Phillips, MD  
Gary Rachelefsky, MD

Glenn Ross  
Ron Leibow  

(POSTHUMOUS)  
General H. Norman Schwarzkopf
Thank you for your support.
Delivering happiness to more than 16 million seriously ill children in the US since 1982.