

ALLERGEN + INGREDIENT DETAIL

Made in a facility that doesn't handle peanuts or tree nuts, though cross-contact with peanuts or tree nuts can still occur at other points

● Contains **ALLERGEN** ● **DIET** Contains Compliant Ingredients

GROCERY	Wheat	Milk	Soy	Eggs	Tree Nuts	Sesame	Peanuts	Fish	Shellfish	Vegan	Vegetarian	Certified Gluten Free	Certified Kosher	No Added Oil
DIPS + SPREADS														
Crazy Feta®		●									●	●		
Everything Bagel Labneh		●				●					●	●		●
Harissa										●	●	●		
Organic Traditional Hummus						●				●	●	●	●	●
Roasted Eggplant Dip										●	●	●		
Roasted Red Pepper Hummus						●				●	●	●	●	●
Spicy Hummus						●				●	●	●	●	
Spicy Labneh		●									●	●		●
Traditional Hummus						●				●	●	●	●	●
Tzatziki		●									●	●		●
DRESSINGS														
Green Harissa										●	●	●		
Greek Vinaigrette											●	●		
Lemon Herb Tahini						●				●	●	●		●
Spicy Lime Tahini						●				●	●	●		
Yogurt Dill		●									●	●		●

CAVA

Foods

Nutritional Information

Ingredient availability may vary by location.

Nutritional information is based on 1 serving (2 tbsp/28g/30mL) of each item

GROCERY (perserving)	Cal.	Cal. fromFat	Total Fat (g)	Sat. Fat (g)	Trans. fat (g)	Chol. (mg)	Sodium (mg)	Carb. (g)	Fiber (g)	Sugar (g)	Protein (g)
DIPS + SPREADS											
Crazy Feta®	70	70	8	3	0	10	220	1	0	0	3
Everything Bagel Labneh	60	45	5	3.5	0	15	85	2	0	1	1
Harissa	70	55	6	1	0	0	250	5	1	2	1
Organic Traditional Hummus	45	25	2.5	0	0	0	115	4	1	0	2
Roasted Eggplant Dip	50	40	4.5	3	0	0	170	2	1	0	0
Roasted Red Pepper Hummus	30	10	1	0	0	0	150	4	1	1	1
Spicy Hummus	50	30	3.5	0	0	0	135	4	1	0	2
Spicy Labneh	50	45	5	3.5	0	0	180	3	0	1	1
Traditional Hummus	45	25	2.5	0	0	0	115	4	1	0	2
Tzatziki	35	25	2.5	1.5	0	10	60	1	0	1	2
DRESSINGS											
Green Harissa	90	80	9	1.5	0	0	150	1	0	0	0
Greek Vinaigrette	150	145	16	2.5	0	0	300	1	0	0	0
Lemon Herb Tahini	70	55	6	1	0	0	140	4	2	0	2
Spicy Lime Tahini	90	70	8	1	0	0	95	4	1	0	2
Yogurt Dill	30	20	2	1	0	5	45	2	0	1	2