







<b>Program Name</b>	<b>Calgary Corporate Challenge: 2024 Charity Challenge Opportunities</b>
<b>Charity Challenge Overview:</b>	<p>CCC’s annual Charity Challenge is an optional component of the September Games and is an opportunity for participating companies to promote philanthropy and goodwill by supporting our local charity partners through unique Giving Opportunities.</p> <p>Giving Opportunities are initiatives that are put forward by each of our charity partners. Companies can earn Special Event Points for each Giving Opportunity they complete.</p> <p>The Calgary Stampede recognizes the importance of supporting corporate social responsibility and giving back to the community.</p> <p>The Calgary Stampede is proud to support six charity-based organizations aligned with CCC. Each organization provides multiple options for participation individually.</p> <p>Please see below for details on those six organizations and what you can do support.</p>
	<p><i>Between Friends provides quality social, recreation, and development opportunities so that people with disabilities can connect, grow, and belong. Through our wide offerings, we aim to create safe and supportive environments for people with disabilities to engage with their peers, have fun and learn skills, not only in our programs but in the community as well!</i></p> <p><b>Option 1: Lunch and Learn</b></p> <p>Grab your colleagues and spend 30 minutes learning about what Between Friends is all about. The presentation includes some history as well as what makes Between Friends such a unique program in our community. We will also spend time discussing the importance of inclusion and how your corporation can take steps to be a more inclusive environment for all. Fun trivia questions will conclude this presentation to encourage participation from all involved.</p> <p>Between Friends Lunch and Learn</p> <p><b>Friday, September 13, 2024</b></p> <p>Noon - 12:30 p.m.</p> <p>Location: Via Teams</p> <p>Please email <a href="mailto:gcameron@calgarystampede.com">gcameron@calgarystampede.com</a> for the Teams meeting link.</p>
	<p><i>At the Calgary Drop-In Centre, we welcome adults at risk of or experiencing homelessness. Working collaboratively with community partners, we offer a broad spectrum of care including emergency shelter, health programs, and housing options – all geared to help people find their way home.</i></p> <p><b>Option 1: Serve Breakfast at the Emergency Shelter</b></p> <p><b>Option 2: Serve Dinner at the Emergency Shelter</b></p> <p><b>Option 3: Volunteer at the Donation Centre</b></p>

	<p>How to participate: To book a volunteer shift, you must first create a volunteer account <a href="#">here</a>.</p> <p>Once you have created an account, the volunteer shifts can be booked by through the following links:</p> <ul style="list-style-type: none"> <li>• <a href="#">Breakfast service</a></li> <li>• <a href="#">Dinner Service</a></li> <li>• <a href="#">Donation Centre</a></li> </ul> <p><b>Option 4: Buy &amp; Build IKEA Furniture</b></p> <p>Every year, the Calgary Drop-In Centre's Free Goods program provides thousands of individuals and families with access to household goods and furniture. Throughout the year, the Free Goods Program runs low on essential furniture items including tables and dressers. To help keep these items in stock, you can buy IKEA furniture and build it at our Donation Centre!</p> <p><b>How to participate:</b> A minimum of three dressers bought and built <b>or</b> three kitchen tables bought and built and put together on site at the Calgary Drop-In Center. If you would like to participate with a small team or as an individual, please email Gayle Cameron at <a href="mailto:gcameron@calgarystampede.com">gcameron@calgarystampede.com</a> for more information and/or to sign up.</p>
	<p><i>The Calgary Food Bank is the first line of emergency food support for families and individuals facing crisis. Once the food emergency is addressed, we refer food bank clients to our Community Partners. Our deep collaboration and food support with many other charitable organizations that address the root causes of food insecurity aligns with our mission to work with our community to fight hunger.</i></p> <p><b>Option:</b> Watch a short video showcasing some of the wonderful work the Calgary Food Bank can accomplish, due to the support of organizations and people like you. See the video <a href="#">here</a>.</p>
	<p><i>Heart and Stroke rally the best scientific minds around critical heart and brain issues – championing critical research to advance diagnosis and treatment, repair damaged hearts and minimize the debilitating effects of strokes.</i></p> <p><b>Option:</b> Learn more on the following topics to provide critical information to your corporate community and have the potential to help save the lives of colleagues, friends, and family during a medical emergency.</p> <ol style="list-style-type: none"> <li>1. <b>Topic 1: Women’s Heart &amp; Brain Health:</b> For more information, see <a href="#">here</a>.</li> <li>2. <b>Topic 2: Recognizing the signs of stroke – FAST:</b> For more information, see <a href="#">here</a>.</li> <li>3. <b>Topic 3: Learn how to do CPR or use an AED in under 90 seconds:</b> For more information, see <a href="#">here</a>.</li> </ol>
	<p><i>HomeFront is a Calgary based non-profit organization that works to support families impacted by domestic violence after charges have been laid and their case is entering the justice system. HomeFront works with clients to provide wrap-around support and resources as they navigate the court process and beyond.</i></p> <p><b>Option: Digital Domestic Violence Information Session</b></p> <p>Watch our training video webinar on domestic violence and learn the basics on how you can be an informed bystander. In this course, you will learn how to</p>

	<p>recognize domestic violence, how to support someone experiencing domestic violence, and resources available and ways you can make a difference.</p> <p>View the 7-minute webinar, <a href="#">here</a>.</p>
 <p>Ronald McDonald House Charities® Alberta</p>	<p><i>Ronald McDonald House Charities® Alberta supports families seeking vital medical treatment for their seriously sick or injured child. Our warm, compassionate Houses provide a home-away-from-home for families who need to travel for medical reasons. When those families are experiencing one of life's most difficult times, we offer them the gift of togetherness.</i></p> <p><b>Option: Hustle for the House Event</b></p> <p>Taking place on <b>Sunday, September 29</b>, register a team to participate in Hustle for the House, our family-friendly walk/run and festival!</p> <p>This year, we are excited to bring back a family-fun feel with activities and festival space hosted in the vibrant University District.</p> <p>Alternatively, connect your team's province-wide (and beyond) to walk, run, or stroll any distance virtually between September 20-29, 2024.</p> <p>To register a team to for the 10K, 5K, or 1K, see <a href="#">here</a>.</p> <p>*Please note there is a fee of \$38 for each participant.</p>