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**FOR IMMEDIATE RELEASE**

## **VyStar Earns Platinum Award for Employee Wellness from First Coast Worksite Wellness Council**

**JACKSONVILLE, FL** — VyStar Credit Union has been recognized once again by the First Coast Worksite Wellness Council (FCWWC) as a leader in workplace wellness, receiving the 2025 Healthiest Companies Platinum Award Winner. This marks the sixth time VyStar has received this top honor, underscoring its commitment to creating a workplace that prioritizes employee health and well-being.

“At VyStar, we believe one of our greatest assets is our people – and their health and wellness matters” said VyStar Chief Human Resources Officer Kwanza Humphrey. “We know that happy and healthy employees are crucial to the important work we do every day - in serving our members, our communities, our families and each other which is why we've put such a focus on further cultivating our wellness culture, providing tools to help our employees take care of themselves as a whole person; elevating the mind, body and spirit!”

VyStar Platinum recognition reflects its best-in-class wellness approach, offering robust programs with measurable results. From mental health resources to physical wellness incentives, VyStar ensures its employees are equipped to thrive both at work and in life.

VyStar’s comprehensive wellness program includes: Paid time off for annual wellness exams, quarterly wellness challenges, exercise tracker incentives and holistic support that includes social, career, and financial programs. These initiatives reflect a commitment to fostering healthy habits and helping every member of the VyStar family live a long, healthy, and fulfilled life.

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### **About VyStar Credit Union**

*VyStar Credit Union is the second-largest credit union headquartered in Florida, with 78 full-service branches across Florida and Georgia, 1 million members and assets of over \$14 billion. VyStar is the top mortgage lender in Northeast Florida and a major employer in the region with over 2,300 employees across the communities it serves. VyStar membership is open to everyone who lives or works in the 49 contiguous counties of Central to North Florida, 29 Georgia counties, and past and present military members and their families all over the world. VyStar members have access to 55,000 surcharge free ATMs worldwide. For more information, visit [vystarcu.org](http://vystarcu.org), and follow us on [Facebook](#), [Instagram](#), [X \(Twitter\)](#), and [LinkedIn](#).*