

Adult Education New Courses

September 2020 to June 2021



Early Bird Offer!
5% off tuition fees if you
enrol and pay in full by
4th September 2020



ENROL NOW! - Call 01273 546604

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TERM DATES 2020 - 2021

Autumn Term 2020

Term Starts Tuesday 1st September 2020
Half Term Mon 26th Oct to Fri 30th Oct
Term Ends Friday 18th December 2020
The college is closed for Open Evenings on Tuesday 20th & Wednesday 21st October.
No Adult Education classes will be held on these dates

Spring Term 2021

Term Starts Monday 4th January 2021
Half Term Mon 15th to Fri 19th Feb
Term Ends Thursday 1st April 2021

Summer Term 2021

Term Starts Monday 19th April 2021
Bank Holiday Monday 3rd May 2021
Half Term Mon 31st May to Fri 4th June
Term Ends Wednesday 14th July 2021

Welcome to Varndean College Adult and Community Learning 2020 -2021

Whether you wish to up-skill in order to secure a new job or are looking to learn a new skill, we have a course for you this Autumn.

Our popular counselling classes provide a pathway to become a qualified counsellor and we have a wide range of GCSEs including Maths, English, Biology, Italian & Spanish, to help you move forward in your career as well as Business skills, Social Media for Business and ESOL. We also offer progression routes in Childcare and Teaching Assistant courses.

We have a wide variety of leisure courses for those of you looking for a course to learn a new hobby or spice up your social life. Why not take up a new language, or craft or get fit with one of our many health and fitness classes?

We also offer courses as part of our Adult and Community Learning provision. Areas include Bevendean, Moulsecomb, Whitehawk & Woodingdean. Have a look on our website or ring our advice and guidance number 01273 546602 for a copy of our off-site brochure.

You can also contact our Learning and Participation Adviser if you require individual information, advice and guidance on courses, progression routes, volunteering or employment. Call Debra Mallard on 07749 357321 / 01273 546602 or email dem@varndean.ac.uk

Learning changes lives and it is never too late to up-skill or take up a new hobby.

So don't delay, enrol today!



Accredited Examination Courses

For GCSE Italian and Spanish courses see pages 11&12

Concessions are available on all GCSE Courses

English Level 1 & Level 2 Pre-GCSE - free for home students

Level 1 - improve your practical English communication skills through reading comprehension, writing transactional texts (e.g. letters and emails) and verbally in conversation and presentation. If you pass Level 1 in Reading, Writing and Speaking & Listening, you will be able to enrol on Level 2.

Level 2 - Further develop your skills and gain a more in-depth understanding of the language, creating a wider variety of texts, and using more sophisticated language.

	Level 1	Level 2
Code	X115	Y208
Duration	18 weeks	18 weeks
Start	17/09/2020	11/02/2021
Day	Thursday	Thursday
Time	6pm - 9pm	6pm - 9pm
Tutor	Clare Jaap	

GCSE English - £437 The fee is made up of £399 tuition and £38 exam fee.

This course is free for students who do not have this qualification at A*-C or Grade 4-9.

Enhance your reading, writing and spoken language skills. On this AQA GCSE 8700 English Language specification course learn to analyse writers' intentions and ideas as they are conveyed using a range of linguistic and structural features in fiction and non-fiction texts.

Learn to apply the same skills to your own writing, and to create narrative fiction (short stories and descriptive writing) and transactional texts. Assessment is made through two exams at the end of the course in June and a short Spoken Language presentation.

There will be a pre-course assessment to determine your English language level and to ascertain your suitability for the course.

Code	X116	X117
Duration	3 Terms	3 Terms
Start	15/09/2020	16/09/2020
Day	Tuesday	Wednesday
Time	6.30-9pm	6.30-9pm
Tutor	Clare Jaap	Clare Jaap



Maths Level 1 Pre-GCSE - free for home students

Do you want to improve your understanding of Maths?

This course will give you the confidence and help to gain a Level 1 Mathematics qualification which prepares you for progression to GCSE Maths.

Code	X123	Y209
Duration	22 weeks	22 weeks
Start	15/09/2020	13/01/2021
Day	Tuesday	Wednesday
Time	6-8:30pm	6-8:30pm
Tutor	Peter Dakin	

4 Qualification Courses

GCSE Maths - E440/E436 The fee is made up of £399 tuition and £41/£37 exam fee. **This course is free for students who do not have this qualification at A*-C or Grade 4-9.**

Our friendly, approachable and experienced staff will give you plenty of encouragement and support to succeed. There are 6 main topics: Number; Algebra; Ratio & Proportion; Rates of Change; Geometry; Probability & Statistics and examinations take place in May/June. You will be expected to study for a minimum of 4 hours per week at home.

Students will need to have achieved a Level 1 qualification in Maths to enrol and there will be an assessment at the start of the course to determine which level is suitable for you. Students who are not yet ready for Foundation GCSE Maths will be directed towards a Functional Skills qualification in Maths.

Students wishing to study for grades 5-7 (formerly C-A grades) must have a good standard of Maths already.

Code	X119 (Grades 1-5)	X120 (Grades 1-5)	X121 (Grades 5-7)
Duration	3 Terms	3 Terms	3 Terms
Start	16/09/2020	16/09/2020	24/09/2020
Day	Wednesday	Wednesday	Thursday
Time	2-4.30pm	6:15-8:45pm	6:30-9pm
Tutor	Amanda Brimble	Amanda Brimble	Martin Green



GCSE Biology - E436

The fee is made up of £399 tuition and £37 exam fee.

This course is suitable for mature students who need a GCSE Science qualification for entry to careers such as teacher training or midwifery.

Assessment is through examination in May/June.

Code	X122
Duration	3 Terms
Start	16/09/2019
Day	Wednesday
Time	6.30-9pm
Tutor	Paul Woodley

Counselling Courses

CPCAB Award in Introduction to Counselling Skills - E240

The fee is made up of £187 tuition and £53 registration fee.

Concessions are available on this course for students on work-related benefits.

No prior knowledge is required as this course introduces the initial skills and basic counselling concepts, which can be used in everyday life.

It allows progression to the Level 2 Certificate in Counselling Skills Course

Autumn	X108	15/09/2020	X109	16/09/2020
Spring	Y200	05/01/2021	Y201	06/01/2021
Summer	Z300	20/04/2021	Z301	21/04/2021
Day		Tuesday		Wednesday
Time		6-9pm		6-9pm
Duration		10 weeks		10 weeks

Level 2 Certificate in Counselling Skills - £592.

The fee is made up of £425 tuition and £167 exam fee.

Concessions are available on this course for students on work-related benefits.

A natural progression for students who have successfully completed an Introduction to Counselling course and wish to progress further. Learn counselling skills to help and support others in a voluntary or employed capacity.

Skills learnt can be used in a variety of roles in areas such as mental health, substance misuse, education, youth and community work and health and social care.

Autumn	X111	X112	X113
Duration	30 weeks	30 weeks	30 weeks
Start	15/09/2020	16/09/2020	17/09/2020
Day	Tuesday	Wednesday	Thursday
Time	6-9pm	6-9pm	6-9pm
Spring	Y202	Y203	Y204
Duration	23 weeks plus 3	Saturdays - 6th March, 8th May & 12th June 2021	
Start	05/01/2021	06/01/2021	07/01/2021
Day	Tuesday	Wednesday	Thursday
Time	6-9pm	6-9pm	6-9pm
Summer	Z304		
Duration	10 weeks plus 1 Saturday 8th May 2021		
Start	19/04/2021		
Day	Monday & Friday		
Time	1pm - 5pm		

Level 3 Certificate in Counselling Skills - £850

The fee is made up of £684 tuition and £166 exam fee. **There are no concessions on this course.** Advanced Learner loans are available (see page 22 for details)

The minimum age of entry for this qualification is 19 years. You will need to have completed the CPCAB Level 2 Certificate in Counselling Skills (or an equivalent) to enter this course.

Weekly sessions will allow learners to further develop their practical counselling skills for use at work or in a personal capacity, whilst at the same time giving them the opportunity to examine a number of theoretical counselling theories and models.

This qualification allows progression to the CPCAB Level 4 Diploma in Therapeutic Counselling skills.



Duration	30 weeks
Start	19/09/2019
Day	Thursday
Time	6pm - 9pm

6 Qualification Courses

Level 4 Diploma in Therapeutic Counselling Skills (2 years) – Year 1

£3,000

The fee is made up of £2,703 tuition and £297 exam fee per year. The course fee of £3,000 is payable in both Year 1 and Year 2 (£6,000 in total). **There are no concessions on this course.** Advanced Learner loans are available (see page 22 for details).

The Diploma is a 2-year course for those who wish to train to become a counsellor working in a counselling agency. Successful completion of this course will enable you to provide a therapeutic counselling service within the context of an agency's service framework. It also provides a pathway onto the Open University Foundation Degree in Counselling.

You must have previously achieved a Level 2 **and** a Level 3 Certificate in Counselling.

The course provides coherent vocational and professional counselling training; a competence based training which highlights the development of skilled practice via experiential learning; specific training for the role of counsellor in an agency; the opportunity to learn a range of therapeutic subjects within a core model of person-centred therapy.

All applicants will be interviewed and will be required to answer questions to demonstrate and assess their suitability before being accepted onto the course.

Duration	32 weeks (Year 1)
Start	17/09/2019
Day	Tuesday plus 3 Saturdays
Time	2:30-8:30pm
Saturdays	5th Dec 2020, 13th March 2021 & 12th June 2021

Childcare & Education

Level 1 Award in Working with Children - £295.00 The fee is made up of £252 tuition and £43 exam fee. **The course is free if you are unemployed and on a MTB.**

An introductory course to develop your knowledge and understanding of the needs of young children in a nursery, school or play setting. All students must have a paid or voluntary work placement for 2 hours a week and a DBS check, which is usually arranged by your placement provider. Assessment is portfolio based.

Code X132
Duration 11 weeks
Start 18/09/2020
Day Friday
Time 9:30am - 1:30pm
Tutor Sybille Barrett

Code Y206
Duration 15 weeks
Start 19/01/2021
Day Tuesday
Time 9:45am - 12:45pm
Tutor Michelle Sefton
Venue **Honeycroft Children's Centre,
St Barnabas Hall BN3 3WF**



Caring for Children Level 1 with ESOL Level 3 - £1,081 The fee is made up of £940 tuition and £141 exam fee. **The course is free if you are unemployed and on a MTB.**

This course will take place at Honeycroft Children's Centre, St Barnabas Hall, Sackville Road, Hove, BN3 3WF

A qualification designed to prepare students for a career in working with young children. Learn how to care for children in the home and community and the skills needed to care for a baby or young child.

In addition, there are units to support your own personal development and you will learn how to improve your English, take part in simple conversations and manage practical situations. You will be able to take an ESOL speaking and listening exam at the end of the course.

Code	X107
Duration	3 Terms
Start Day	16/09/2020 Wednesday
Time	9:30am - 1:30pm
Tutor	Martina Gilli

Caring for Children & Young People Level 2 - £672 The fee is made up of £600 tuition and £72 exam fee. **The course is free if you are unemployed and on a MTB.**

This qualification is suitable for people who are new to childcare and education and those who are volunteering in a nursery with a DBS check.

By providing a basic understanding of childcare and education, parenting and babysitting. It will help you to make informed choices about working with children and young people. Providing the knowledge and understanding of babies and young children from birth to 5 years with applied knowledge in the early years.

The course consists of topics on child development, health and safety including safeguarding and care routines for babies and young children.

Code	Y226
Duration	22 weeks
Start Day	08/01/2021 Friday
Time	9:30am - 3pm
Tutor	Michelle Sefton

Understanding Specific Learning Difficulties - £453 The fee is made up of £400 tuition and £53 exam fee. **The course is free if you are unemployed and on a MTB.**

A learning difficulty means that people find it harder to learn certain skills. This qualification will equip learners with knowledge of a range of specific learning difficulties. The course is aimed at learners looking to improve their understanding and awareness, especially those working in healthcare, social care and education.

Key topics will include characteristics of ADHD, ADD, dyslexia and dyscalculia; how specific learning difficulties can affect children and adults in different ways; the importance of early diagnosis and the various assessment methods available to diagnose specific learning difficulties; how individuals can be supported to gain, start and continue with study and employment.

Code	Y225
Duration	13 weeks
Start Day	06/01/2021 Wednesday
Time	6pm - 9pm
Tutor	Claire Kite



8 Qualification Courses

Understanding Behaviour that Challenges - £453 The fee is made up of £400 tuition and £53 exam fee. **The course is free if you are unemployed and on a MTB.**

This course will take place at Honeycroft Children's Centre, St Barnabas Hall, Sackville Road, Hove, BN3 3WF

Challenging behaviour can be due to factors such as anxiety, neglect, abuse, learning disabilities and conditions like dementia. Many individuals have increasing levels of stress and uncertainty in their lives and understanding the causes of challenging behaviour is the first step towards finding ways to support individuals and manage their behaviour.

You will study the following units;

- | | | |
|--|-----------------|-----------------|
| • Understand Behaviour That Challenges | Code | X145 |
| • Understand How to Support Positive Behaviour | Duration | 10 weeks |
| • Understand the Importance of Effective Communication and the Management of Behaviour That Challenges | Start | 15/09/2020 |
| • Understand the Role of Reflection and Support for Those Involved in Incidents of Behaviour that Challenges | Day | Tuesday |
| | Time | 9:30am - 1:30pm |
| | Tutor | Michelle Sefton |

Level 2 Certificate in Supporting Teaching & Learning in Schools - £849

The fee is made up of £750 tuition and £99 exam fee **The course is free if you are unemployed and on a MTB.**

You will develop the skills and knowledge you will need to support teaching and learning in primary, secondary or special schools. The qualification is also suitable for people who wish to work as Learning Support or Special Educational Needs assistants.

Students must be at least 18 years old with GCSEs at grade 3 (D) to enrol and all students will require a DBS check and are expected to work or volunteer in a school for a minimum of 8 hours per week. You will also need a mentor in the workplace. The course is internally assessed by a range of methods.

Code	X106
Duration	3 Terms
Start	17/09/2020
Day	Thursday
Time	9:30am - 2:30pm
Tutor	Sybill Barrett

Level 3 Certificate in Supporting Teaching & Learning in Schools - £1,417

The fee is made up of £1,307 tuition and £110 exam fee. **There are no concessions on this course.** Advanced Learner loans are available (see page 22 for details).

Students must be at least 18 years old with GCSEs at grade 4/C, including Maths and English. You may be able to move directly to this qualification if you have already studied at Level 3.

This course is for anyone volunteering or working as a teaching assistant in a primary or secondary school who is either unqualified or wishes to move to a more senior role. You will develop the knowledge and skills needed when working directly with children or young people in primary, secondary or special schools.

All students will require a DBS check, are expected to work or volunteer in a school for a minimum of 8 hours per week and will need to have a mentor in the workplace. The course is internally assessed by a range of methods.

Code	X105
Duration	3 Terms
Start	16/09/2020
Day	Wednesday
Time	9:30am - 2:30pm
Tutor	Sybill Barrett

English for Speakers of Other Languages (ESOL)

The course is free if you are unemployed and on a MTB.

We offer daytime ESOL classes for students who do not have English as a first language and have come to live in England. Each ESOL course has 2 lessons a week from 10am to 12pm and all courses run for 3 terms, from September to June.

These courses will take place at the Brighthelm Centre, North Road, Brighton, BN1 1YD

If you are interested in ESOL courses, please phone 01273 546602 to arrange an interview, or come to Varndean College, Surrenden Road, Brighton, BN1 6WQ on **Thursday 3rd September 2020 between 10:00am and 12:00pm** to enrol.

ESOL Tutors: Julia Field & Deborah Mantuano

X157 ESOL Entry 1 - £572

(£512 tuition + £60 exam fee)

Start 15/09/2020
Days Tuesday & Friday

X161 ESOL Level 2 - £597

(£512 tuition + £85 exam fee)

Start 14/09/2020
Days Monday & Thursday

X158 ESOL Entry 2 - £577

(£512 tuition + £665 exam fee)

Start 14/09/2020
Days Monday & Wednesday

X159 ESOL Entry 3 - £582

(£512 tuition + £70 exam fee)

Start 17/09/2020
Days Wednesday & Thursday

X160 ESOL Level 1 - £592

(£512 tuition + £80 exam fee)

Start 15/09/2020
Days Tuesday & Friday



Languages

SPECIAL OFFER: TEN WEEK TASTER CLASSES - £99

Please note: the early bird discount is not available on 10 week taster courses.

Unable to commit to a full course? Try a 10 week taster with an option to top up to a full 26 week course. Enrol on one of our language courses in the normal way and attend classes with those committed to a full course, but your commitment ends after 10 weeks.

If you decide to continue with your course for the additional 16 weeks, contact us and pay a top-up fee of £140, plus the registration fee to continue seamlessly with your learning.

This option is not available on GCSE, A Level or Conversation courses.

Which Level Am I? - Have a look below and see which level you think you would feel comfortable in your chosen language.

If you are still unsure, call us on 01273 546602 and we will arrange for you to speak to our Languages advisor.

Students on Level 1, 2 and 3 courses will work towards an ABC Languages award. This will involve informal assessment through normal class activities. Your teacher will design these simple tasks based on what you have studied in class.

Level 1 (Beginners)

Join Level 1 if you are a complete beginner or if you wish to go over the basics again. Learn to take part in simple conversations and how to get by in practical situations.

Level 2 - Join Level 2 if you have completed a beginners course and can:

- Use basic greetings and basic vocabulary (e.g. numbers 1-10, days of the week)
- Ask and answer simple questions about yourself. (e.g. "I come from" ... "I have 3 children.")
- Encounter simple situations such as ordering food in a café, booking a hotel etc.

Build on your basic knowledge, learn some new structures and develop conversational skills.

Level 3 - Join Level 3 if you have completed two or three years of the language previously and wish to revise and consolidate structures which you have learnt before.

This class will also concentrate on building your confidence in the spoken language, whilst at the same time learning more about the country and it's culture. You should already be familiar with the present, past and future tenses in the language.

GCSE - Please do not choose this course unless you wish to sit the exam

All students will be asked to purchase the relevant textbook.

GCSE Courses will develop speaking, listening, reading and writing skills, vocabulary and grammar to enable effective communication in a range of practical situations.

You should have completed Levels 1 and 2 in the language and be familiar with the present, past and future tenses. Speaking skills are assessed by your teacher during the course and reading, writing and listening skills are assessed by examination in May/June.

Conversation

Develop your confidence in speaking and listening to the language through discussions on a range of topics including culture and current affairs. Discussions will often be based on texts from the internet and the press and on spoken materials, such as video clips and films.



French Level 1 - E231

Autumn X164
Duration 26 weeks
Start 22/09/2020
Day Tuesday
Time 7pm - 8.45pm
Tutor Martina Gilli
 £215 tuition & £16 ABC registration fee



French Holiday Taster E95

Summer Z335
Duration 8 weeks
Start 13/05/2021
Day Thursday
Time 7pm - 8:30pm
Tutor TBC

French Level 2 - E231

Autumn X167
Duration 26 weeks
Start 23/09/2019
Day Wednesday
Time 6:30pm - 8:15pm
Tutor Claire Péligray
 £215 tuition & £16 ABC registration fee



French Conversation E175

Autumn X127
Duration 20 weeks
Start 24/09/2020
Day Thursday
Time 6:30pm - 8:15pm
Tutor Morgan Lasalle

Italian Level 1 - E231

Autumn X129
Duration 26 weeks
Start 24/09/2020
Day Thursday
Time 7pm - 8.45pm
Tutor Martina Gilli
 £215 tuition & £16 ABC registration fee

Italian Level 1 - E140

Autumn Y239
Duration 16 weeks
Start 14/01/2021
Day Thursday
Time 7pm - 8:30pm
Tutor TBC

Italian Holiday Taster E95

Spring Z317
Duration 8 weeks
Start 20/05/2021
Day Thursday
Time 7pm - 8.30pm
Tutor Roberta Bonfa
Fee £95

Italian Level 2 - E231

Autumn X130
Duration 26 weeks
Start 24/09/2020
Day Thursday
Time 7pm - 8.45pm
Tutor Roberta Bonfa
 £215 tuition & £16 ABC registration fee

Italian Level 3 - E231

Spring X131
Duration 26 weeks
Start 24/09/2020
Day Thursday
Time 7pm - 8.45pm
Tutor Nicola Mazzoni
 £215 tuition & £16 ABC registration fee

GCSE Italian - E449

Autumn X118
Duration 3 Terms
Start 15/09/2020
Day Tuesday
Time 6:30pm - 9pm
Tutor Roberta Bonfa
£399 tuition & £50 exam fee

Italian Conversation - E195

Autumn X128
Duration 26 weeks
Start 24/09/2019
Day Thursday
Time 4:30pm - 6:45pm
Tutor Roberta Bonfa



Spanish Level 1 - E231

Autumn X152
Duration 26 weeks
Start 23/09/2020
Day Wednesday
Time 7pm - 8.45pm
Tutor Margarita Chamorro
£215 tuition and £16 ABC registration fee

Spanish Level 1 - E140

Spring Y240
Duration 16 weeks
Start 12/01/2021
Day Tuesday
Time 7pm - 8.30pm
Tutor Liz Penny

Spanish Holiday Taster E65

Summer Z333
Duration 6 weeks
Start 18/05/2021
Day Tuesday
Time 6:30pm - 8pm
Tutor Margarita Chamorro

Spanish Level 2 - E231

Autumn X153
Duration 26 weeks
Start 22/09/2020
Day Tuesday
Time 7pm - 8.45pm
Tutor Margarita Chamorro
£215 tuition and £16 ABC registration fee

Spanish Level 3 - E231

Autumn X169
Duration 26 weeks
Start 24/09/2020
Day Thursday
Time 7pm - 8:45pm
Tutor Liz Penny
£215 tuition and £16 exam fee

Spanish Level 4 - E175

Autumn X168
Duration 20 weeks
Start 23/09/2020
Day Wednesday
Time 7pm - 8:45pm
Tutor Liz Penny

GCSE Spanish - E437

Autumn X114
Duration 3 Terms
Start 17/09/2020
Day Thursday
Time 6:30pm - 9pm
Tutor Margarita Chamorro
£399 tuition and £38 exam fee

Beginners Mandarin - E110

Autumn X176
Duration 10 weeks
Start 24/09/2020
Day Tuesday
Time 6:30pm - 8pm
Tutor Xiaojuan Huang

Adobe Photoshop - £105

Learn new skills and gain confidence. Work with photographs to adjust colour and brightness, retouch imperfections, combine parts of different images together, work with layers and add text. Experience of using a computer and a mouse is required. You do not need any experience of Photoshop or have access to the package at home.



Autumn	X155	23/09/2020
Spring	Y232	13/01/2021
Summer	Z326	28/04/2021
Duration	8 weeks	
Day	Wednesday	
Time	6:30pm - 8:30pm	
Tutor	Rob MacDonald	

Creative Digital SLR Photography - £120

Refine your digital photography skills through a range of practical and theory workshops designed to expand your knowledge and understanding of digital work flow, camera functions, composition, editing, file management, digital printing and photo shoots.

You will need to have a digital SLR camera or a compact camera with full SLR capabilities and some computing skills.

Autumn	X147	24/09/2020
Spring	Y228	14/01/2021
Summer	Z322	29/04/2021
Duration	8 weeks	
Day	Thursday	
Time	7pm - 9pm	
Tutor	Richard Gaskill	

Advanced DSLR Photography - £120

A course is for people who are already comfortable using their DSLR in manual mode or who have completed the creative DSLR course and are looking to expand their skill set and take their photography to the next level.

Autumn	X175	22/09/2020
Spring	Y245	12/01/2021
Summer	Z339	22/06/2021
Duration	8 weeks	
Day	Tuesday	
Time	7pm - 9pm	
Tutor	Ezra Evans	

Black & White Darkroom Photography - £120

Suitable for beginners or more experienced photographers wanting access to wet darkroom processes. Shoot black & white film and learn how to process your negatives.

No darkroom experience is necessary, but you must bring your own 35mm SLR film camera. **All chemicals, photographic paper and one film will be provided at a cost of £25 payable at the first lesson.**

Autumn	X156	22/09/2020
Spring	Y233	12/01/2021
Duration	5 weeks	
Day	Tuesday	
Time	6pm - 9pm	
Tutor	Rob MacDonald	

Summer	Z327	22/06/2021
Duration	4 weeks	
Day	Tuesday	
Time	5:30pm - 9pm	
Tutor	Rob MacDonald	

14 Photography

Alternative Photography - £120

An alternative way to create photographic images using scientific methods from the 1800's. Learn how to make Cyanotype, Anthotype, Albumen and Salt prints as well as your own pinhole camera. All techniques learned on the course can be recreated at home with no specialist equipment.

Autumn	X174	23/09/2020
Spring	Y244	13/01/2021
Summer	Z338	28/04/2021
Duration	8 weeks	
Day	Wednesday	
Time	7pm - 9pm	
Tutor	Ezra Evans	

Business Courses

Social Media for Business - £95

An ideal course if you are setting up your own business or need to update your digital marketing skills. Look at building a robust social media plan, including developing your brand online, creating content, choosing appropriate tools, channels and resources as well as evaluating your success.

Autumn	X173	22/09/2020
Spring	Y243	12/01/2021
Summer	Z337	27/04/2021
Duration	7 weeks	
Day	Tuesday	
Time	7pm - 9pm	
Tutor	Louise Gilbert	

Business Skills - £125

A practical and interactive course ideal for anyone thinking about setting up their own small business. This course covers a wide range of topics that can impact your business and helps you to understand and relate them to your own business venture/idea.

Autumn	X166	23/09/2020
Spring	Y238	13/01/2021
Summer	Z332	28/04/2021
Duration	10 weeks	
Day	Wednesday	
Time	7pm - 9pm	
Tutor	Jasmin Bollen	

Arts & Crafts

No concessions are available on these courses

Oil Painting - £68

Learn about colour mixing, composition, usage of palette knives, application of glazing and colour blending to paint flowers, landscape and still life.

Spring	Y231	13/01/2021
Summer	Z325	16/06/2021
Duration	5 weeks	
Day	Wednesday	
Time	7pm - 9pm	
Tutor	Edyta Was	

Acrylic & Collage - £68

Use acrylic paint and any kind of collage to create 2D and 3D masterpieces using mixed media with acrylic and collage.

A list of materials to collect will be given at the start of the course. Some collage materials will be provided.

Autumn	X124	
Duration	5 weeks	
Start	05/11/2020	
Day	Thursday	
Time	7pm - 9pm	
Tutor	Caroline Marsland	



Watercolour Painting Courses

Watercolour Painting - £68

A £7 charge will be made for materials at the first lesson.

Landscapes - Learn how to paint skies, water, fields and trees to produce beautiful landscapes.

Portraiture - Learn to build up layers and how to use artistic licence in your representation of the sitter.

Still Life - Use colour theory to create the effect of mood. Try more experimental techniques using salt, cling film and spray.

Landscapes	X125	24/09/2020
Portraiture	Y212	14/01/2021
Still Life	Z307	06/05/2021
Duration	5 weeks	
Day	Thursday	
Time	7pm - 9pm	
Tutor	Caroline Marsland	



Acrylic Painting Courses

Portraiture - £110

Learn how to measure proportions, paint light and shadow; build the structure of the face to capture character; paint features; hair; skin tones and colour mix to paint portraits with impact.

Landscapes - £110

We will look at composition, tone, colour mixing, simplification and mood. Instruction will be given on skies, water, fields, trees and landscapes using a variety of techniques.

The Impressionists - £68

Learn about tonal values; brushwork; broken colour; colour mixing; colour theory. Methods of Impressionists such as Monet, Morisot, Manet, Degas and Renoir, will be demonstrated.

Seascapes - £80

Learn to express your personal response to the seascape. Demonstrations will be given on skies, sea, rocks, figures, buildings and boats, plus a special session on the West Pier.

Portraiture	X126	8 weeks	22/09/2020
Landscapes	Y210	8 weeks	12/01/2021
Seascapes	Z305	6 weeks	08/06/2021
Day	Tuesday		
Time	7pm - 9pm		
Tutor	Caroline Marsland		

Impressionists	Y211		
Duration	5 weeks		
Start	04/03/2021		
Day	Thursday		
Time	7pm - 9pm		
Tutor	Caroline Marsland		



Drawing For Beginners - E68

Break down still life objects into shapes, using hatching and cross hatching to achieve drama with tonal values in pencil and charcoal.

Summer	Z306
Duration	5 weeks
Start	17/06/2021
Day	Thursday
Time	7pm - 9pm
Tutor	Caroline Marsland

Drawing Techniques - E68

Learn techniques from contour drawing, sfumato, shading, cross-hatching and blending. Draw from still life, photographs and from nature.

Autumn	X154
Duration	5 weeks
Start	23/09/2020
Day	Wednesday
Time	7pm - 9pm
Tutor	Edyta Was



Lino Printing with Chine-colle - E75

An introduction into the art of Lino cuts, printing and Chine-colle. You will make multiple prints to take home with you at the end of the course.

Spring	Y236	12/01/2021
Summer	Z330	08/06/2021
Duration	5 weeks	
Day	Tuesday	
Time	7pm - 9pm	
Tutor	Maia Eden	



Mosaics - E75

Learn how to make a beautiful Mosaic house number, mirror or picture, whilst learning about ancient and modern Mosaicists.

Autumn	X162	23/09/2020
Spring	Y235	13/01/2021
Summer	Z329	16/06/2021
Duration	5 weeks	
Day	Wednesday	
Time	7pm - 9pm	
Tutor	Maia Eden	

Revamp A Lamp - E75

Learn the art of revamping a lamp inspired by the colours of Mexico and Frida Khalo. Participants will take home a beautiful, unique and colourful lamp.

Autumn	X163
Duration	5 weeks
Start	22/09/2020
Day	Tuesday
Time	7pm - 9pm
Tutor	Maia Eden

Flower Arranging for All - E65

Create beautiful arrangements in a variety of styles with guidance from your tutor. Please bring along scissors and secateurs. Bring your own flowers weekly (approx £5). Any sundries can be purchased from the tutor on the evening.

Autumn	X137
Duration	5 weeks
Start	04/11/2020
Day	Tuesday
Time	7pm - 9pm
Tutor	Nina Tucknott

Introduction to Crystals - £75

Learn all about these wonderful natural gemstones and how to use them for the benefit of yourself and your friends and family. The course also covers meditation, dowsing, the chakra system and aura and how to balance and clear these areas using crystals.

Autumn	X170	24/09/2020
Spring	Y241	14/01/2021
Summer	Z334	06/05/2021
Duration	5 weeks	
Day	Thursday	
Time	7pm - 9pm	
Tutor	Tracy Handley	

General Interest

No concessions are available on these courses

Grow Your Garden - £75

This gardening course will help you care for your garden with confidence. You will learn how to propagate plants, how to cope with weeds and pests, easy pruning techniques and choosing the correct plants for your garden.

Autumn	X165	Tuesday	22/09/2020
Spring	Y237	Thursday	25/02/2021
Summer	Z331	Tuesday	27/04/2021
Duration	6 weeks		
Day	Thursday		
Time	7-9pm		
Tutor	Sue Craske		

A course sprinkled with time saving and green gardening tips.

Bridge Courses

Students who wish to join the continuation classes in January or April should have knowledge of the game.

Beginners - £110

Bridge is an excellent mind game. Meet new friends through this lively social game. This beginners course is of great benefit if you are looking to play with a circle of friends or to join a club, giving sound basics to the game.

Autumn	X135	22/09/2020
Spring	Y216	12/01/2021
Summer	Z311	27/04/2021
Duration	10 weeks	
Day	Tuesday	
Time	7pm - 9pm	
Tutor	Monica Watts	

Intermediate - £110

This course is for students wishing to improve their game and understand the many conventions, such as, scoring with sacrifice bidding; different hand patterns; slam conventions and bidding; signals and best leads; reverse suit bidding; 4th suit forcing.

Autumn	X136	23/09/2020
Spring	Y217	13/01/2021
Summer	Z320	28/04/2021
Duration	10 weeks	
Day	Wednesday	
Time	7pm - 9pm	
Tutor	Monica Watts	

Creative Writing - £110

Write stories, poetry and about your own experiences and life. You'll do writing exercises, learn about the craft of writing by reading published authors and share your own writing in a supportive environment in order to understand it's strengths and how you can improve what you write.

Autumn	X144	23/09/2020
Spring	Y224	13/01/2021
Summer	Z319	28/04/2021
Duration	10 weeks	
Day	Wednesday	
Time	7pm - 9pm	
Tutor	Rachel Shorer	

This course is a fun way to explore your creativity, exercise your imagination and enjoy literature in the company of a group of like-minded people. Whether you have been writing for years, daydreaming about writing that book or haven't picked up a pen since school, this course will get the ink flowing!

No concessions are available on these courses**Learn to Sing in Harmony - £90**

Beginners choral singing course for those who are interested in choral singing of various styles, want to know how to sing in parts and for those getting back in to part singing. Learn to hold a part and sing with others in harmony, in a variety of genres.

Autumn	X150	24/09/2020
Spring	Y230	14/01/2021
Summer	Z324	29/04/2021
Duration	10 weeks	
Day	Thursday	
Time	7pm - 8:30pm	
Tutor	Naomi Lee Schulke	

**Relax & Sing - £90**

Come and sing just for fun. No performance, no difficult parts, no stress! Different song each week, covering a wide variety of styles all designed to lift the spirits and release endorphins. The perfect place to learn songs as a group, unwind and make new friends.

Autumn	X149	22/09/2020
Spring	Y229	12/01/2021
Summer	Z323	27/04/2021
Duration	10 weeks	
Day	Tuesday	
Time	7pm - 8:30pm	
Tutor	Naomi Lee Schulke	

Guitar Playing for Beginners - £95

The course will cover the basic skills of playing, reading music and song accompaniment and is based on classical guitar technique, but other styles are welcomed. Students will be helped to develop their playing in their preferred direction with individual attention in addition to whole group playing.

Please note that the January course is a continuation course for students who have already attended the autumn course, or have a basic knowledge of music notation and some elementary guitar playing experience.

Autumn	X146	23/09/2020
Spring	Y227	13/01/2021
Summer	Z321	28/04/2021
Duration	8 weeks	
Day	Wednesday	
Time	7pm - 9pm	
Tutor	Vic Ellis	

Health & Personal Development**No concessions are available on these courses****Dance Into Fitness - £70**

A fun and rhythmic style of low impact aerobic exercise. It will tone, strengthen and shape your body whilst burning calories.

Exercise to the music with easy to follow steps. This is a complete exercise class with warm up, cardio exercise and mat work. No need to be a dancer to enjoy the class, this is a class for fun and fitness!

Please bring a mat.

Autumn	X139	22/09/2020
Spring	Y219	12/01/2021
Summer	Z313	27/04/2021
Duration	10 weeks	
Day	Tuesday	
Time	6pm - 7pm	
Tutor	Susan Schiano di Collella	

Pilates - £80

Improve your posture, strength, co-ordination and flexibility. The course includes a beneficial relaxation section at the end of each session. Suitable for all. Please bring a mat and be prepared to work in bare feet.

Autumn	X133	22/09/2020
Spring	Y213	12/01/2021
Summer	Z308	27/04/2021
Duration	10 weeks	
Day	Tuesday	
Time	7:05pm - 8:20pm	
Tutor	Susan Schiano di Collela	



Legs, Bums & Tums - £70

A fun, full body aerobic workout which burns fat and builds muscles that will tone your core, bum and thighs. This is a course that will allow you to go at your own pace.

Autumn	X134	23/09/2020
Spring	Y214	13/01/2021
Summer	Z309	28/04/2021
Duration	10 weeks	
Day	Wednesday	
Time	5:35pm - 6:35pm	
Tutor	Victoria Hearn	

Circuit Training - £70

A fun workout where participants move from station to station and perform a variety of exercises. The class is set to music and is a full body workout that focuses on conditioning, strength, power and speed. This class is perfect for those looking to tone up, lose weight or improve their overall fitness.

Autumn	X138	23/09/2020
Spring	Y218	13/01/2021
Summer	Z312	28/04/2021
Duration	10 weeks	
Day	Wednesday	
Time	6.40pm - 7.40pm	
Tutor	Victoria Hearn	

Self Defence - £85

Develop emotional, psychological skills and physical skills for staying safe. Explore fear management, situational awareness, confrontational management and self protection tools.

Why learn Self Defence? Some basic knowledge and skills can keep you safe. It's a valuable life skill and helps prepare for contingencies that life may throw at us. Develop Gross-Motor-Skill tactics that are highly functional & robust under pressure and stress of real world assaults. Anyone

Autumn	X148	23/09/2020
Spring	Y234	13/01/2021
Summer	Z328	28/04/2021
Duration	6 weeks	
Day	Wednesday	
Time	6:30pm - 8:30pm	
Tutor	Zeb Glover	

Tai Chi - £75

A gentle low impact exercise suitable for all ages and body types. Release tension, boost energy levels, improve flexibility, coordination and balance. Cover the main principles of Tai Chi and will learn energy exercises (Qi Gong- 'chee gung') to warm up and to maximise the benefits of the Tai Chi workout. Suitable for beginners as well as those with more experience.

Autumn	X140	24/09/2020
Spring	Y220	14/01/2021
Summer	Z314	29/04/2021
Duration	10 weeks	
Day	Thursday	
Time	7pm - 8pm	
Tutor	Matt Ward	

Yoga for All - £80

Scaravelli inspired yoga is gentle, but dynamic offering the opportunity to connect more deeply with your body and mind, noticing your breath and movement. It aims to open up the space inside to allow more freedom of the body.

There is an emphasis on posture and addressing physical injuries. Classes begin with grounding, followed by postures and ending in deeper relaxation meditating. Please bring a mat and be prepared to work in bare feet.

Time	5:45pm -7pm	7:15pm -8pm
Autumn	22/09/2020	X142 X143
Spring	12/01/2021	Y222 Y223
Summer	27/04/2021	Z316 Z318
Duration	10 weeks	
Day	Tuesday	
Tutor	Alex Golding	

Meditation - £75

Explore a range of meditation techniques to support health and well-being. Suitable for all levels of experience. Participants will understand what meditation is and is not; develop an understanding of the benefits of meditation for mental, physical and emotional health and well-being; develop confidence in engaging in a range of meditation techniques; plan for meditation practice outside the classes.

Autumn	X135	22/09/2020
Spring	Y215	12/01/2021
Summer	Z310	27/04/2021
Duration	10 weeks	
Day	Tuesday	
Time	7pm - 8pm	
Tutor	Frankie Stanton	

An Introduction to Indian Head Massage - £75

Learn techniques on the upper back; shoulders; neck; upper arms; head/scalp and face and look at the benefits and the effects of massage.

Students, through practical massage experience, will have the chance to both give and receive treatments.

Autumn	X141	23/09/2020
Spring	Y221	13/01/2021
Summer	Z315	28/04/2021
Duration	5 weeks	
Day	Wednesday	
Time	7pm - 9pm	
Tutor	Yasmin Valli	

Reflexology - £105

A natural, holistic therapy that promotes health, healing and well-being. A gentle therapy to relieve the stresses of everyday life, as well as helping a range of health conditions. Learn to do a full basic treatment. Suitable for all. Please bring a cushion and a towel. Learners will practise on each other.

Autumn	X171	23/09/2020
Summer	Z336	05/05/2021
Duration	8 weeks	
Day	Wednesday	
Time	7pm - 9pm	
Tutor	Valerie Ingram	

Thai Yoga Massage - £105

Thai Yoga Massage is a powerful form of energy re-balancing & physical massage. It combines hatha yoga techniques & the spiritual commitment of working with loving kindness and has its roots in Thailand and India. You will learn several techniques on how best to administer this massage. This course covers all areas of the body including the legs, stomach, chest and hands.

Autumn	X172	24/09/2020
Duration	6 weeks	
Day	Thursday	
Time	6pm - 9pm	
Tutor	Yasmin Valli	

Please note that the students will work in pairs.

How to Enrol for one of our Courses

Details of our courses are on our website at www.varndean.ac.uk

Please BOOK EARLY! Don't wait until the last minute to enrol as you may find the course is full or that we have had to cancel it due to low enrolment numbers!

For Qualification Courses

If you are interested in a qualification course, please contact us on 01273 546602 or via email at commed@varndean.ac.uk. We will need to ensure that you are applying for the most suitable course for you and will give you advice and guidance.

You will need to complete an enrolment form and provide appropriate benefit or proof of age evidence on enrolment if you wish to claim concessions (see the Financial Information section on Page 22 for further details).

Please note that for Counselling and Childcare & Education courses there are specific enrolment forms, which are available on our website.

For All Other Courses

You can enrol in the following ways:

Online

Visit our website www.varndean.ac.uk and select the course you wish to enrol on.

By Telephone

Call 01273 546604 Mon-Thurs 8:30am-4:30pm or Fri 8:30am-4pm. Please have your debit/credit card ready.

By Completing the Enrolment Form

Complete the Enrolment Form attached to this brochure, or download it from our website and

- post it to Admissions, Varndean College, Surrenden Road, Brighton, BN1 6WQ
- email your completed form to study@varndean.ac.uk
- deliver it in person by visiting the Registry office at the college - Monday to Thursday 8:30am-4:30pm or Friday 8:30am-4:00pm

Full payment should be sent with your enrolment and can be made in cash, by cheque, payable to Varndean College, or by debit/credit card.

Please read the following information carefully:

- We do not send out acknowledgements of bookings
- You should assume your enrolment has been accepted unless you are contacted by us
- Tuition and examination fees are due on enrolment
- No refunds are given once a course has started

Financial and Fees Information

Please note that all fees and concessionary rates are correct at time of publication, but may be subject to change. **Please contact the Registry on 01273 546604 for further information, unless stated otherwise.**

Concessionary Fees

If you are studying an accredited course at Entry Level, Level 1 or Level 2 you may be eligible for a concessionary fee, if you fall into one of the following categories and are:

- Claiming Job Seekers Allowance/Employment Support Allowance or Universal Credit
- Unemployed and in receipt of a means tested benefit and wish to up-skill to enter employment. (You will need to complete a self-declaration form)
- Earning less than £16, 009.50

You will need to provide evidence of your means tested benefit or proof of age (passport/ driving licence), which must be dated within three months of the course start date.

Learner Support Fund

If you are studying an accredited course and are in receipt of a means tested benefit, or on a low income, you may apply to the Learning Support Fund for help with travel and childcare costs. You may also be able to get help with tuition fees if you are working, but on a low income. You will need to complete additional forms and must provide appropriate evidence to support your application. Please contact Adult Education on 01273 546602 for further information.

Paying in Instalments

If your course costs more than £200 you may apply to pay in three instalments. You will need to complete and sign an instalment form. The first payment will be taken immediately, followed by a further payment at the start of the course and a final payment 2 months later. Please note that a handling charge of 10% of the course fee (up to a maximum of £30) is added to all instalment payments. **You will still be liable for the full cost of the course if you leave the course prior to all instalments being paid.**

19+ Advanced Learning Loans for Level 3/4 Qualifications

Students over 19 years old who wish to study a level 3 or 4 course (CACHE, Counselling) may apply for an Advanced Learning Loan from the UK Government. The minimum loan amount is £300 and loans do not have to be repaid until your income exceeds £25,725 per year. For further information visit www.gov.uk/advancedlearningloans. If you decide to fund all or part of your course in this way please advise us of this on enrolment or on your application form.

Non - EU Students

If you come from a country outside of the European Union, examination courses will be priced differently from the fees shown in this brochure. You may need to provide your passport or Home Office papers to see if you are eligible to pay the same fees as EU learners.

Course Cancellations

Courses may not run if enrolments do not meet the minimum numbers required.

Refunds - No refunds are given once a course has started

If a course is cancelled by the college you will receive a full refund of all fees paid. If you decide to cancel your enrolment before the class starts your payment will be refunded less a 20% administration charge (up to a maximum of £50).

If you decide to cancel your enrolment for a Saturday workshop less than 72 hours before the class, your payment will be refunded less an 20% administration charge. All refunds will be processed within 14 working days.

Gift Vouchers

Why not give your loved one or a friend a Varndean Adult Education gift voucher for their birthday or Christmas. These can use this towards a course of their choice. Prospective learners must be 16 or over.

Please contact the Adult Education office on 01273 546602 or e-mail commed@varndean.ac.uk for more information.

Further Information

First Class

On the day or evening of your first class, please come to the main reception to be shown to your classroom.

Class Cancellation

If we have to cancel a class due to staff illness, weather or other reasons, you will be contacted via text or email. There will also be notification if the College is closed on our website www.varndean.ac.uk and our Facebook and Twitter pages.

Refreshments

Cold drinks will be available to purchase from the canteen vending machines. In the evenings at Varndean College the canteen is open from 5.30pm for hot drinks and snacks.

Damage

Varndean College cannot be held responsible for loss or damage to cars or other property brought onto the premises. Such property is brought entirely at your own risk.

Who Can Attend Anyone aged 16+.

Smoking Smoking is not allowed on the premises.

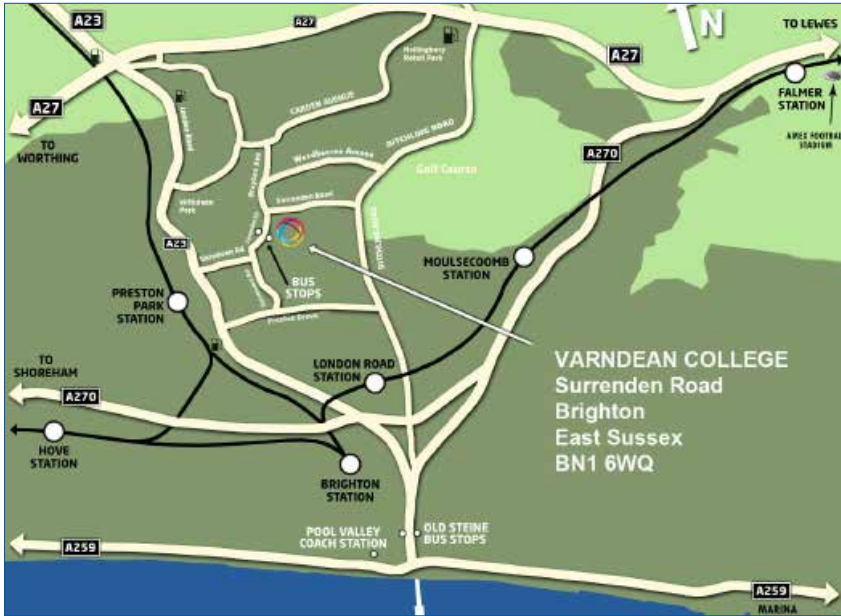
Conditions of Enrolment

Varndean College reserves the right to amend the provision of courses or their content in light of changing circumstances. Courses may be cancelled if enrolments do not meet minimum number requirements. Fee payments are processed on receipt of enrolment, but will only be refunded if a course is cancelled.

All courses are attended at your own risk. You should speak to your GP if you are unsure about your health for a particular course. **You must notify your course tutor of any health conditions you may have prior to embarking on an exercise class.**

How to Find Us

The 5B bus service stops directly outside the College. Alternatively there is free street parking and parking on site (evenings only). **Please note there is no student parking on site during the daytimes.**



Would you like to host an International Student?

Hosting an international student gives you the opportunity to share your home and gain some extra income, whilst at the same time learn about new cultures, broaden your horizons and even learn a new language!

We need host families throughout the year

To find out more details email: international@varndean.ac.uk Tel: 01273 508011

