

Integrated Mental Health



Comprehensive mental healthcare to cover all your members' needs.

Teladoc Health is removing the barriers to better mental health by integrating our two mental health services. We make it easy for members seeking care to select and build ongoing relationships with licensed professionals—discreetly and conveniently, without the need for travel. Members with existing mental health conditions can have their diagnoses and treatment plans carefully reviewed by leading expert psychologists or psychiatrists. A personalized action plan is provided, and the help of a navigation coach can keep members on the right path. With Integrated Mental Health, you can be confident all of your members' needs are covered.

16M

Americans live with major depression

70%

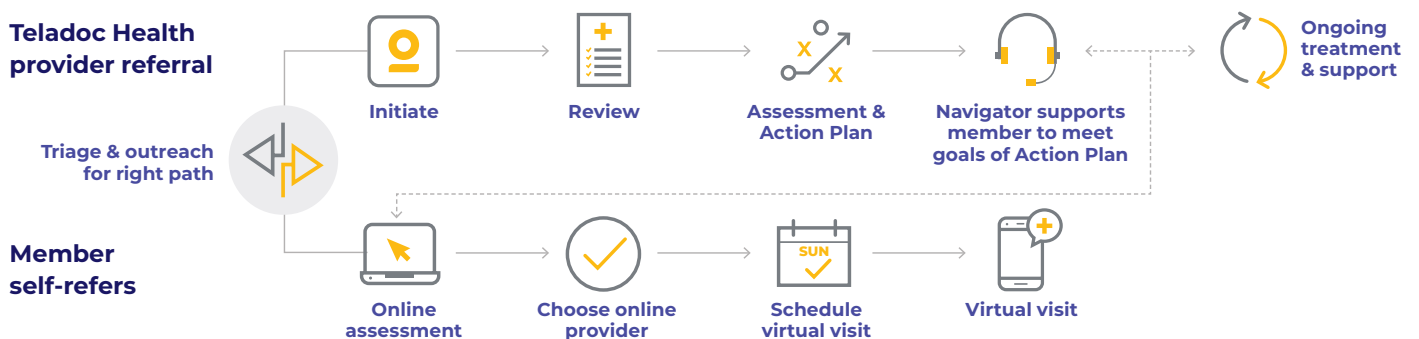
of mental health patients have a medical comorbidity

\$201B

spent annually on mental health in the U.S.

When individuals suffering from physical issues also have mental health conditions, their costs are two- to three-times greater than those without mental health concerns.

How Integrated Mental Health works



Benefits

A solution for everyone

By providing quality treatment and expert solutions, we address the broader needs of a population.

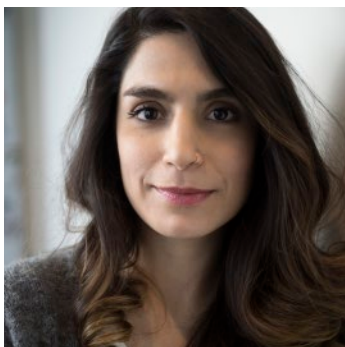
Engaging members

Teladoc Health engages members with a range of conditions, from acute mental health needs to complex co-morbidities.

Easy access

Our comprehensive solution makes it easier for members to access the help they need at any stage of their journey.

	Integrated	MH Care	MH Navigator
Diagnostic assessment	✓	✓	✓
Record collection	✓		✓
Expert recommendations and Action Plan	✓		✓
Navigation on Action Plan	✓		✓
Support/coaching of member	✓		✓
Coordination of care with PCP, specialists, etc.	✓	✓	✓
Therapy and psychiatric treatment services	✓	✓	
Prescriptions (treatment)	✓	✓	
Quality assurance program	✓	✓	✓



“As a working mom with two small children, finding ‘me’ time is almost impossible. So, having easy access to an amazing psychologist through Teladoc has been an invaluable benefit. At a time in my life when I really need the extra support, I’m grateful that Teladoc has come to the rescue!” **Ade O, health plan member**

LEARN MORE

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About Teladoc Health

Teladoc Health is the global virtual care leader, helping millions of people resolve their healthcare needs with confidence. Together with our clients and partners, we are continually modernizing the healthcare experience and making high-quality healthcare a reality for more people and organizations around the world.

