

Comprehensive whole-person virtual care



- One vendor to offer a full spectrum of services for a more unified member experience
- Proven clinical outcomes and world-class member satisfaction
- Personalized, actionable and timely support across physical and mental health programs
- · A dedicated client success team to educate members and drive utilization

Healthcare happens everywhere these days. That's why Teladoc Health offers a comprehensive suite of services—from wellness and prevention to acute care to complex healthcare needs and chronic condition management—from one convenient platform.

The first step in any healthcare journey

Through our award-winning telehealth services, members with a broad array of health challenges can be diagnosed, treated and prescribed medication if necessary, whenever and wherever they need it. Plus, our Livongo chronic condition management programs empower people to better manage their long-term health through behavior change tools, expert health coaching and personalized plans for reaching health goals.



Teladoc telehealth services:

- · General Medical
- $\cdot \, \mathsf{Dermatology}$
- · Neck and Back Care
- Nutrition
- · Sexual Health
- · Tobacco Cessation
- · Caregiving

Livongo chronic condition programs:

- · Diabetes Management
- · Hypertension Management
- · Diabetes Prevention
- · Weight Management
- · Mental Health
- · Whole-Person Solutions for managing multiple chronic conditions
- · Chronic Kidney Disease*
- · Congestive Heart Failure*

*Launching in 2021

These programs deliver improved member health and well-being measures that in turn drive reduced healthcare costs.

ZZ

People have become dependent on this virtual benefit. We have had so much positive feedback that we know we will always have this option available.

Bryn Seay, benefits manager, American Heart Association Satisfaction





Clinical outcomes¹

DIABETES

0.8 pt

AVERAGE HBA1C REDUCTION

HYPERTENSION

10 mmHg

AVERAGE SYSTOLIC BLOOD PRESSURE REDUCTION

Cost savings

\$472

AVERAGE CLAIMS SAVINGS PER VISIT \$131

DIABETES SOLUTION PER PARTICIPANT, PER MONTH MEDICAL SAVINGS²

¹Data from 2019 S1. ²Data on file (DS-3S47).



About Teladoc Health: Teladoc Health is transforming the healthcare experience and empowering people everywhere to live healthier lives. Recognized as the world leader in whole-person virtual care, Teladoc Health leverages more than a decade of expertise and data-driven insights to meet the growing virtual care needs of consumers and healthcare professionals.

