

# Virtual nursing is flipping the script on nurse retention

Our virtual nursing solution is having a positive impact on some of the biggest challenges facing hospitals and health systems today.



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We have a shortage of nurses.
[Virtual nursing] is the way to cure that shortage of nurses—and our health system. AONL 2023 virtual nursing session panelist and Teladoc Health partner

Virtual nursing is the fastest-growing segment of virtual care—and one of the top trends in overall care delivery.

VIRTUAL NURSING IS EXPECTED TO GROW OVER 2X IN 2023 ALONE

31%

13%

plan to have virtual nursing infrastructure in place and serving patients by the end of the year<sup>1</sup>

of U.S. hospitals and health systems already had an operational virtual nursing unit at the start of 2023<sup>1</sup> AS AN EARLY INNOVATOR IN VIRTUAL NURSING, WE'RE HELPING MANY PROVIDER ORGANIZATIONS SUCCESSFULLY MAKE THE TRANSFORMATION TO THIS INNOVATIVE MODEL

#### Client-reported benefits include:

Lower nurse attrition ——
and more effective recruiting

Higher job satisfaction

for both virtual and floor nurses

**Improved coverage** 

across hard-to-staff locations

Enhanced patient satisfaction — and reduced average length of stay (ALOS)

- Improved metrics including hours per patient day (HPPD), HCAHPS and NPS

Increased utilization

for current virtual care services and infrastructure

**Better well-being** 

through our digital mental health support for nurses

**Increased referrals** 

to units with virtual nursing



### Virtual nursing helps our partners achieve meaningful results



One partner

## suspended recruiting

for its virtual nursing positions because it was overwhelmed with qualified applicants. A 30-bed observation unit returned an average of



5.5 hours per day

to its bedside nursing staff by integrating virtual nurses.

One partner experienced a

73% reduction

in turnover rates for registered nurses on the virtual unit

reduction
in turnover rates for
all employees on the

virtual unit

Another partner was able to give



Back to the bedside team in a single shift with a virtual nurse



Numerous partners have credited virtual nursing programs with helping them attain

## higher NPS and HCAHPS scores.

#### VIRTUAL NURSING IS THE NATURAL NEXT STEP IN INNOVATION

Contact us to learn how we can help.

 $^1$ Teladoc Health 2022 Telehealth Benchmark Survey Report, January, 2023.

<sup>2</sup>Teladoc Health platform data

## Why our solution matters (in their own words)



Our nurses want the [virtual nursing] program to stay because it has really helped with their workflow and job satisfaction. AONL 2023 virtual nursing session panelist and Teladoc Health partner



We need to innovate how the work is performed, for the benefit of the caregivers themselves and our communities. Assistant VP of human resources for a multistate health system and Teladoc Health partner



The virtual nursing model speaks for itself and sells itself for getting RNs to apply for the position. Senior clinical program manager at a multi-state health system



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**About Teladoc Health:** Teladoc Health is empowering all people everywhere to live healthier lives by transforming the healthcare experience. Recognized as the world leader in whole-person virtual care, Teladoc Health leverages clinical expertise, advanced technology and actionable data insights to meet the evolving needs of consumers and healthcare professionals.

