

Whole-person virtual care solutions for Medicare



We understand the unique needs of members 65 and over

70%

OF OLDER ADULTS LIVE WITH AT LEAST TWO CHRONIC CONDITIONS¹

30%

OF 65-YEAR-OLDS WITHOUT HYPERTENSION WILL DEVELOP IT BY THE AGE OF 70²

25%

OF AMERICANS 65+ LIVE WITH DIABETES³

46%

OF ADULTS 65+ SAID CORONAVIRUS HAS HAD A NEGATIVE IMPACT ON THEIR MENTAL HEALTH⁴

We believe in empowering all people everywhere to live healthier lives by transforming the healthcare experience. That's especially true of the people we support in vulnerable communities, like those covered by Medicare.

We provide comprehensive whole-person virtual care solutions to help Medicare health plans:

- Reduce the cost of chronic disease
- Optimize the site of care
- Realize clinical value and improve quality measures
- Deliver an exceptional member experience

Scalable, integrated virtual care solutions

Working with some of the largest and most innovative Medicare Advantage plans in the country, our solutions are a core component of plan offerings and span the entire member health journey:

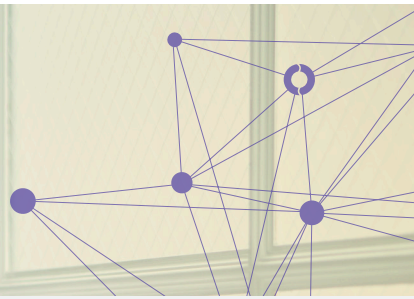
General Medical

Mental Health

Virtual Care

Chronic Condition Management

- Hypertension
- Diabetes Management
- Weight Management
- Diabetes Prevention



+58 average member Net Promoter Score among 65+ members⁶

Strong study and survey results

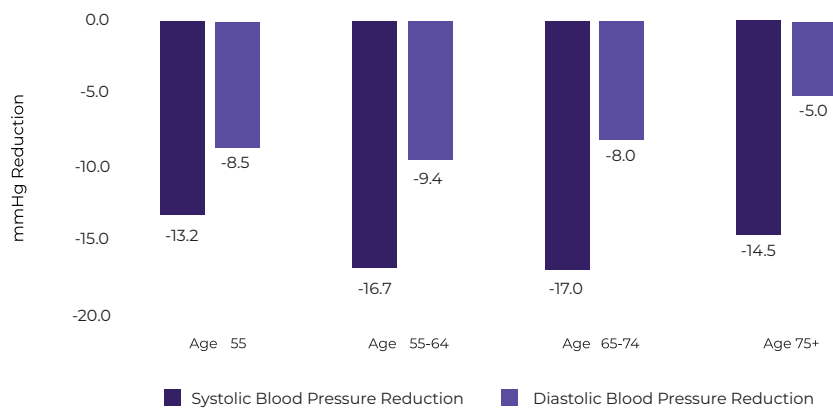
An average 17 mmHg systolic blood pressure reduction for 65-74-year-old members that started in Stage 2 Hypertension (>140/90)⁵

14.6% decline in medical costs relative to expected costs for members living with type 2 diabetes and an elevated HbA1c (≥ 8%) at baseline.⁸

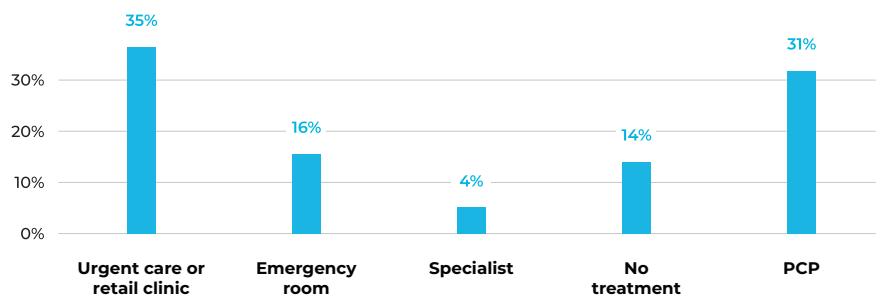
42% of Mental Health visits at Teladoc Health by members on Medicare would have resulted in treatment not being sought if not for Teladoc Health.⁷

28.8% increase in medication-adherent diabetes members (proportion of days covered >80%)⁸

Average blood pressure reduction at 1 year for those members starting in Stage 2 hypertension (>140/90)



Where Medicare members would have sought care without Teladoc Health General Medical visit



¹National Council on Aging

²THE LIFETIME BURDEN OF CHRONIC DISEASE AMONG THE ELDERLY. PMC 2019 Feb 22.

³Centers for Disease Control and Prevention

⁴Kaiser Family Foundation

⁵Teladoc Health, Comparing Blood Pressure Reduction for Members Stratified by Age and Engagement Pattern (Data on file DS-6908)

⁶Internal data of average results across all 65+ membership PM12729.A

⁷Internal data from Virtual Care's Essential Role for Medicare and Medicaid

⁸Teladoc Health study of Medicare Advantage members (Data on file DS-5642)

LEARN MORE: TeladocHealth.com | engage@teladochealth.com

About Teladoc Health: Teladoc Health is transforming the healthcare experience and empowering people everywhere to live healthier lives. Recognized as the world leader in whole-person virtual care, Teladoc Health leverages more than a decade of expertise and data-driven insights to meet the growing virtual care needs of consumers and healthcare professionals.

