

**MAMMUT**

**MOUNTAIN  
DAYS**

**SCHEDULE**

# + FRI

01.09.23

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16:00 – 21:30 Check-in Infopoint - Base Camp

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18:00 – 20:30 Dinner Base Camp

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20:00 – 20:20 Official opening Base Camp | Alpine Arena

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20:20 – 20:55 **Film screening – Bravo Marcel** Base Camp | Alpine Arena  
Followed by Q&A with Yves and Claude Remy (renowned climbers and sons of Marcel Remy) and film producer Hannes Tell.

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20:55 – 21:30 **Film screening – GRIT** Base Camp | Alpine Arena  
Followed by Q&A with GRIT cast

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21:30 – 21:40 **Q&A – Climeworks – On the race to net zero** Base Camp | Alpine Arena

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22:00– 23:15 Live music Base Camp | Alpine Arena

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23:15 Lights out

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# o SAT

02.09.23

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06:00 – 09:00 Breakfast (and lunch collection) Base Camp

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07:10 – 17:00 Workshops and tours Täsch and Zermatt Valley

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13:00 – 18:00 Free time after workshops Zermatt valley / Base Camp

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14:30 – 15:15 Recovery session #1 Base Camp | Training Zone

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14:30 – 15:15 Pre-ski workout session #1 with Sybille Blanjean Base Camp | Training Zone

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15:30 – 16:15 Recovery session #2 Base Camp | Training Zone

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15:30 – 16:15 Pre-ski workout session #2 with Sybille Blanjean Base Camp | Training Zone

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15:30 – 17:30 Slackline workshop with Julien Roux Base Camp | Training Zone

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16:00 – 18:00 Custom chalk bag workshop Base Camp  
Design your own chalk bag – New chalk bag and equipment provided

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16:30 – 17:15 Recovery session #3 Base Camp | Training Zone

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# o SAT

02.09.23

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17:30 – 20:00 Dinner Base Camp

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19:30 – 20:20 Film screening –  
Exclusive – ClimbAid  
Lebanon documentary Base Camp | Alpine Arena

Followed by Q&A with climber Kathy Choong  
and ClimbAid founder Beat Baggenstos

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20:20 – 20:50 Film screening –  
Exclusive – Jérémie  
Heitz documentary Base Camp | Alpine Arena

Followed by Q&A with Jérémie Heitz

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21:15 – 02:00 Live music & DJ ZsuZsu  
// sponsored by Polartec Base Camp | Alpine Arena

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03.09.23

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06:00 – 09:00 Breakfast (and lunch collection) Base Camp

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07:10 – 17:00 Workshops and tours Täsch and Zermatt Valley

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13:00 – 17:00 Free time after workshops Zermatt valley / Base Camp

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17:00 Last check-out  
Festival area closed Base Camp

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