

ALLERGEN & PREPARATION GUIDE



We know many of our valued Guests have varying degrees of food intolerances and allergies they deal with daily. To ensure you have a safe experience, please review the following information to assist you with selecting menu options that best fit your individual needs.

Innovation locations feature new and innovative menu items and additional allergens, fish, are present in these locations. Because of our reliance on suppliers for accurate information, shared cooking and preparation areas in our kitchens, and cooking procedures, **we cannot eliminate the risk of cross-contact or guarantee that any item is free of any allergen and no items are certified gluten-free, vegetarian or vegan.** For more information regarding the preparation of menu items, please visit Page 6.

Please note, Mac & Cheese now contains an additional allergen, egg.

Before placing your order, please inform your server if a person in you party has a food allergy. If you have further questions, please ask to speak to a Restaurant Manager. If you have specific questions about food allergies or sensitivities, we recommend that you contact your medical professional.

This guide is updated periodically; we suggest you check back each time you dine with us.

KEY:	PREPARATION	COMMON ALLERGENS									
• = Contains this allergen X = Risk of cross-contamination for all allergens due to cooking method and shared utensils.	FRIED (IN BEEF SHORTENING)	EGG	FISH	MILK	PEANUTS	SESAME	SHELLFISH	SOY*	TREE NUTS	WHEAT	GLUTEN
WINGS, SAUCES & DRY RUBS											
Boneless Wings	x		may contain							•	•
Traditional Wings	x		may contain							may contain	may contain
Boneless and Traditional Wings Combo	x	•	may contain							•	•
Cauliflower Wings	x		may contain							•	•
WING ACCOMPANIMENTS											
Carrots / Celery Sticks											
Bleu Cheese Dressing		•		•							
Ranch Dressing		•		•							
SIGNATURE SAUCES											
Asian Zing [®]								•		•	•
Blazin [™] Knockout											
Cajun - <i>limited time</i>		•									
Caribbean Jerk											
Golden Fire											
Honey BBQ											
Hot											
Jammin' Jalapeño											
Lemon Pepper		•									
Mango Habanero [™]											
Maple Chipotle - <i>limited time</i>											
Medium		•									
Orange Chicken								•		•	•
Original Buffalo				•				•			
Mild		•									
Nashville Hot											
Parmesan Garlic		•		•		•					
Sauce Sauce - <i>limited time</i>								•		•	•
Spicy Garlic		•									
Sweet BBQ											
Teriyaki								•		•	•
Thai Curry		•		•				•	Coconut	•	•
Wild [®]											

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DRY RUBS											
Buffalo Dry Rub				•							
Chipotle BBQ Dry Rub											
Desert Heat® Dry Rub											
Lemon Pepper Dry Rub											
Salt and Vinegar Dry Rub											
TENDERS All tenders are listed without french fries unless otherwise noted; see Sides and Substitutions for more allergen information. See Signature Sauces for sauce allergens.											
Hand-Breaded Chicken Tenders	x		may contain	•				•		•	•
Naked Chicken Tenders											
BAR FOOD											
Asian Zing® Cauliflower Wings	x	•	may contain	•				•		•	•
Buffalo Chicken Tots	x	•	may contain	•							
Cheddar Cheese Curds, with Southwestern Ranch Dressing	x	•	may contain	•						•	•
Chips & Dip Trio	x		may contain	•							
Chips & House-made Guacamole	x		may contain								
Chips & Salsa	x		may contain								
Everything Pretzel Knots, with Beer Cheese and Honey Mustard		•		•		•				•	•
Fried Pickles, with Southwestern Ranch Dressing	x	•	may contain	•						•	•
Hatch Queso with Chips	x		may contain	•							
Add Chili								•			
Add Guacamole											
House Sampler, w/ Boneless Wings, see Sauces/Dressings	x	•	may contain	•						•	•
House Sampler, w/ Traditional Wings, see Sauces/Dressings	x	•	may contain	•						•	•
Mozzarella Sticks, with Marinara	x		may contain	•						•	•
Onion Rings, with Southwestern Ranch Dressing	x	•	may contain	•						•	•
Ultimate Nachos	x		may contain	•							
Add Chili								•			
Add Chicken											
Add Guacamole											
BURGERS Protein substitutions are available upon request. All burgers are listed without french fries; see Sides and Substitutions for more allergen information.											
All-American Cheeseburger		•		•				•		•	•
All-American Bacon Cheeseburger - at select locations		•		•				•		•	•
Bacon Mac & Cheese Burger		•		•				•		•	•
Bacon Smashed Hatch Chile Burger		•		•				•		•	•
BBQ Bacon Burger - at select locations		•		•				•		•	•
Mushroom Swiss Burger		•		•		•		•		•	•
Southwestern Black Bean Burger		•		•				•		•	•
Triple Bacon Cheeseburger		•		•				•		•	•
PROTEIN OPTIONS											
Hamburger Patty											
Black Bean Burger Patty								•		•	•
Challah Bun								•		•	•
TOPPINGS											
American Cheese				•				•			
Bleu Cheese Crumbles				•							

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Cheddar Cheese				•							
Pepper Jack Cheese				•							
Swiss Cheese				•							
Grilled White Onions											
Sautéed Mushrooms											
Thick-Cut Bacon											
Bacon Aioli		•		•							
Hatch Chile Aioli		•									
Guacamole											
Mayo		•									
Ketchup											
Yellow Mustard											
SANDWICHES All sandwiches and tacos are listed without french fries; see Sides and Substitutions for more allergen information. See Signature Sauces for sauce allergens.											
Bacon Patty Melt		•		•		•		•		•	•
BLT Sandwich		•		•		•				•	•
Buffalo Ranch Chicken Sandwich	x	•	may contain	•						•	•
Classic Chicken Sandwich	x	•	may contain	•				•		•	•
Nashville Hot Chicken Sandwich	x	•	may contain	•				•		•	•
Southern Chicken Sandwich	x	•	may contain	•				•		•	•
PROTEIN OPTIONS											
Hand-Breaded Chicken Breast	x		may contain	•				•		•	•
TACOS											
Baja Crispy Fish Tacos	x	•	Haddock	•						•	•
Carolina BBO Chicken Tacos		•	may contain	•						•	•
Crispy Fried Chicken Tacos	x	•	may contain	•				•		•	•
Queso Beef Tacos			may contain	•						•	•
Sweet & Spicy Pork Tacos	x	•	may contain	•		•		•		•	•
PROTEIN OPTIONS											
Beer-Battered Fish	x		Haddock							•	•
Carnitas-Style Pork	x		may contain								
Hamburger Patty											
Hand-Breaded Chicken Tenders	x		may contain	•				•		•	•
Pulled Chicken											
SIDES & SUBSTITUTIONS											
Carrots & Celery, with Ranch Dressing		•		•							
Cheddar Cheese Curds, with Southwestern Ranch Dressing	x	•	may contain	•						•	•
Chips & Salsa	x	may contain									
French Fries	x		may contain								
Garden Side Salad				•							
Mac & Cheese		•		•						•	•
Onion Rings, with Southwestern Ranch Dressing	x	•	may contain	•						•	•
Potato Wedges	x		may contain	•						•	•
Rice (Hawaii only)											
Tots	x		may contain								
BIG SALADS & WRAPS All wraps are listed without chips and salsa unless otherwise noted; see Sides and Substitutions for more allergen information. See Signature Sauces for sauce allergens. All salads include dressing. Alternate dressings available upon request.											
Buffalo Ranch Chicken Wrap	x	•	may contain	•		may contain		may contain	may contain coconut	•	•

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Classic Chicken Wrap with Pulled Chicken, see Signature Sauces		may contain	may contain	•		may contain		may contain	may contain coconut	•	•
Classic Chicken Wrap with Boneless, see Signature Sauces	x	may contain	may contain	•		may contain		may contain	may contain coconut	•	•
Chicken Caesar Salad with Caesar Dressing		•	anchovy	•		may contain		may contain	may contain coconut	•	•
Crispy Buffalo Chicken Salad with Bleu Cheese Dressing	x	•	may contain	•				•		•	•
Grilled Buffalo Chicken Salad with Bleu Cheese Dressing		•	may contain	•		may contain		•	may contain coconut	may contain	may contain
Honey BBQ Chicken Salad		•		•						•	•
DRESSINGS											
Bleu Cheese Dressing		•		•							
Caesar Dressing		•	Anchovy	•							
Ranch Dressing		•		•							
Southwestern Ranch Dressing		•		•							
OPTIONAL TOPPINGS FOR FRENCH FRIES, POTATO WEDGES, OR TOTS											
Cheddar Jack Cheese				•							
Hatch Queso				•							
Chili								•			
Bacon Crumbles											
Buffalo Dry Rub				•							
Chipotle BBQ Dry Rub											
Desert Heat™ Dry Rub											
Lemon Pepper Dry Rub											
Salt & Vinegar Dry Rub											
KIDS All kids items are listed without French fries or low-fat milk. See Sides and Beverages below for more allergen information.											
Boneless Wings, see Signature Sauces	x		may contain							•	•
Cheeseburger				•				•		•	•
Hand-Breaded Chicken Tenders, see Signature Sauces	x		may contain	•				•		•	•
Mac & Cheese		•		•						•	•
Traditional Wings, see Signature Sauces	x		may contain							may contain	may contain
SIDES											
Carrots											
French Fries	x		may contain								
Mandarin Oranges											
SWEETS											
Cheesecake with Caramel Sauce		•		•				•	may contain	•	•
Chocolate Fudge Cake		•		•				•	may contain	•	•
Loaded Ice Cream	x		may contain	•				may contain	may contain	•	•
Ghiradelli® Chocolate Chunk Brownie		•		•				•		•	•
Triple Chocolate Chip Cookie		•		•				•		•	•
PARTY MENU See Signature Sauces and Dry Rubs for more allergen information.											
Baked Mac & Cheese		•		•						•	•
Boneless Wings, see Signature Sauces	x		may contain							•	•
Caesar Salad with Caesar Dressing		•	Anchovy	•						•	•
Chili con Queso with Chips	x		may contain	•				•			
Chips and Salsa	x		may contain								
Chips and House-made Guacamole	x		may contain								
Classic Chicken Wrap with Pulled Chicken, see Signature Sauces		may contain	may contain	•		may contain		may contain	may contain coconut	•	•

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Classic Chicken Wrap with Boneless, see Signature Sauces	x	may contain	may contain	•		may contain		•	may contain coconut	•	•
Everything Pretzel Knots, with Beer Cheese and Honey Mustard		•		•						•	•
Hand-Breaded Chicken Tenders, see Signature Sauces	x		may contain	•				•		•	•
Hatch Queso with Chips	x		may contain	•							
Naked Chicken Tenders, Signature Sauces											
Party Sampler	x	•	may contain	•						•	•
Potato Wedges	x		may contain	•						•	•
Traditional Wings, see Signature Sauces	x		may contain							may contain	may contain
BEVERAGES											
SPIRIT-FREE											
Black Cherry Limeade											
Passion Fruit Nojito											
Red Bull® Watermelon Punch											
Strawberry Lemonade											
SODAS & MORE											
Diet Pepsi®											
Dr Pepper®											
Mountain Dew®											
Mtn Dew Legend™											
Pepsi®											
Pepsi Zero®											
Starry™											
Tropicana® Lemonade											
Tropicana® Pink Lemonade											
Fresh Brewed Lipton® Unsweetened Iced Tea											
Sweet Tea											
Lipton Brisk® Iced Tea											
Coffee											
Aquafina® Bottled Water											
Mug® Root Beer Bottle											
bubly™ sparkling water											
Lowfat Milk - at select locations				•							
Chocolate Milk - at select locations				•							
Apple Juice - at select locations											
Orange Juice - at select locations											
MIXERS											
Q Ginger Beer											
Q Tonic											
Q Club Soda											
Red Bull®											
Red Bull® Sugarfree											
COCKTAILS, WINE & BEER											
B-Dubs Bloody Mary - at select locations											
Black Cherry Mezgarita											
Blue Long Island Iced Tea											
Blue Watermelon Cooler											
Bourbon Pineapple Punch - at select locations											

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Bourbon Old Fashioned - at select locations												
Buffalo Trace Old Fashioned - at select locations												
House Margarita												
Mango Habanero Margarita												
Modelo Michelada												
Patrón Margarita												
Pineapple Mojito												
Red Bull® Sunrise												
Spiked Cherry Limeade												
Spiked Peach Lemonade												
Strawberry Margarita												
Tito's® Spiked Lemonade												
Top Shelf Long Island Ice Tea												
Tropical Margarita												
WINE												
Chateau St. Michelle, Chardonnay												
Darkhorse, Rose												
Ecco Domani, Pinot Grigio												
Josh Cellars, Cabernet Sauvignon												
La Marca, Prosecco												
Mark West, Pinot Noir												
BEER & CIDER												
Beer (rotating)										.	.	
Cider (rotating)												

PREPARATION OF MENU ITEMS

Normal kitchen operations often involve shared cooking, preparation areas and tools; for that reason the possibility and risk exists for allergen-containing food items to come in contact with other food products.

FOR EXAMPLE:

- We do not use separate fryers; due to this use of shared fryers there is the potential for allergen cross-contact between fried foods.
- Our Traditional, Boneless and Cauliflower Wings are fried then sauced or seasoned in the same bowls.
- We grill many items that contain allergens, therefore cross-contact may occur during the grilling process.

Beer-battered fish is now featured in a taco at the Innovation Locations. We do not use separate fryers, therefore there is potential for allergen cross-contact between fried foods and the fried fish. Also, the fish is sliced, therefore introducing potential for cross-contact with other items within the same area of the kitchen, including wraps and salads.

Buffalo Wild Wings® has received allergen information from our approved manufacturers and does not guarantee its accuracy other than as compiled. It is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, recipe revisions and/or preparation techniques. Some menu offerings may vary by restaurant and may not be available at all locations; test products, test recipes, limited time offers, or regional items may not be included.

Beef shortening is used to fry products. Refer to the FRIED column under PREPARATION for indication of what products are fried in beef shortening.

The soybean oil used in some of the Buffalo Wild Wing® sauces, dressings and products is a highly refined oil unless otherwise specified. Highly refined soybean oil does not demonstrate a significant hazard to allergic individuals and therefore it is not listed as an allergen. This is confirmed by the FDA and USDA in their allergen specifications. Please note that although soybean oil is listed as an ingredient in these products, highly refined oil is not considered an allergen.