



Schroders Personal Wealth signs Time to Change Employer Pledge to help support mental health in the workplace

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Schroders Personal Wealth (SPW) has signed the Time to Change Employer Pledge to help raise awareness and promote a better understanding of mental health in the workplace.

Since 2009, Time to Change, run by charities Mind and Rethink Mental Illness, has been supporting employers to create a more open and understanding culture around mental health problems in the workplace, assisting employers to develop their workplace wellbeing interventions and action plans and providing a range of free resources, training and networking events.

By signing the pledge, SPW has committed to continue to change the way our business thinks and acts about mental health in the workplace and offer support and welfare advice to our colleagues.

Marietta Connery, People Director, Schroders Personal Wealth said:

“We are proud to be working with Time to Change and to be part of this initiative. Creating an open and reassuring environment that supports good mental health and employee wellbeing is a fundamental part of SPW’s culture.”

Signing the Time to Change pledge confirms our agreement that it’s time to change the perceptions and stereotypes held around mental health. If we can create an environment where this is accepted and understood we can start to break down the barriers and encourage open and honest conversations amongst our colleagues.”

Jo Loughran, Director of Time to Change said:

“We’re delighted to see Schroders Personal Wealth take the Time to Change Employers Pledge. By signing the pledge and promoting the wellbeing of all colleagues, they are demonstrating a real commitment to changing the way we all think and act about mental health in the workplace.”

“We know it can be hard to talk about mental health, which is why we work with employers to encourage staff at all levels to open up; to talk and to listen. Too many people with mental health problems are made to feel isolated, ashamed and worthless, but with the right support, those of us with mental health problems can recover and have equal opportunities in all areas of life. Everyone’s

attitude makes a difference and it's fantastic to see organisations like Schroders Personal Wealth taking the lead."

Ends

For further information, please contact:

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Notes to Editors

Schroders Personal Wealth is a joint venture between Lloyds Banking Group and Schroders – two of the UK's largest names in banking and asset management.

We were created to help more people across the UK benefit from financial advice. We have the advantage of solid foundations and a strong heritage. But we take a fresh, transparent and personal approach to financial planning.

We aim to provide clients with clarity and transparency in everything we do. This includes using technology to explain how long-term financial planning can add value to people's lives; to give people access to information about their financial wellbeing; and to communicate with their adviser when it's convenient for the client. Our heritage may be 400 years old, but our approach is built for the future.

For more information visit <https://www.spw.com/>

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Time to Change

Time to Change is a campaign to change how we all think and act about mental health problems, led by the charities Mind and Rethink Mental Illness. It is funded by the Department of Health, Comic Relief and the Big Lottery Fund. Set up to create a positive shift in public attitudes towards mental health problems, Time to Change supports communities, schools and workplaces to open up to mental health problems; to talk and to listen.

For more information go to www.time-to-change.org.uk