What is the difference between cleaning and disinfecting?

Cleaning with detergent reduces the number of germs on surfaces. Detergents have a de-greasing agent that helps lift dirt and germs for easier removal, but no killing capacity.

Disinfecting kills germs on surfaces.

A combined detergent and disinfectant product helps lift and remove dirt and germs as well as killing any germs that are left on a surface.

Coronaviruses can survive on surfaces for many hours but are removed by cleaning and disinfection.

What should I consider when choosing a disinfectant?

Myth: All disinfectants are the same.

There are many different disinfectants available and many factors to consider when selecting and using a disinfectant: efficacy, ease of use, concentration of disinfectant, contact time, shelf life/stability, compatibility and health hazards.

Are disinfectants safe?

Myth: All disinfectants are equally safe.

Although this would be ideal, the unfortunate reality is that some disinfectant products may come with health and safety risks. For this reason, it’s important to always read the product label and safety data sheet to use disinfectants effectively and safely. Any hazards and risks associated with the disinfectant, for example what personal protective equipment to wear and safe disposal of the disinfectant, should be clearly identified and an appropriate risk assessment should be carried out in accordance with Management of Health and Safety at Work Regulations 1999.

Should I use sprays or wipes?

Myth: A wipe is less effective than spraying disinfectant.

Sprays have several drawbacks such as possible overspray, difficulty in covering surfaces (e.g. undersides of desks), disinfectant spray in the air that can subsequently be breathed in and some sprays may be flammable. In addition to your spray choice you also have to consider what cloth or towel you will use.

Wipes have many advantages over sprays. A wipe is a single-use product with no preparation required, simply use and dispose of it. They offer a convenient solution to apply the right amount of disinfectant to a surface. In addition, the physical action of wiping will help cover the surface evenly, ensuring that no spots are left behind. Wipes replace the need for multiple products and are popular as they are easy to use and reliable.
Can I use disinfectants on all surfaces?

Myth: All surfaces are the same.

Not all surfaces are the same, they could be woody, metal or plastic. Follow the manufacturer’s instructions for cleaning and disinfection of equipment particularly for electronics, such as tablets, touch screens, keyboards, and remote controls which may not recommend the use of alcohol-based products.

Are all wipes the same?

Myth: All wipes are the same.

The effectiveness of the wipe will depend upon several variables, including the effectiveness of the disinfectant formulation against a range of different germs and compatibility of the formulation with a wide variety of surfaces. Ideally, a product should have supporting clinical papers in addition to standard laboratory test results that indicate the wipes effectiveness in a real-world setting.

What will I be using Clinell Universal Wipes for?

Clinell Universal Wipes are a single-step detergent/disinfectant. They clean and disinfect in a single action so there is no need to pre-clean before their use, replacing the need for different types of wipes and surface cleaners.

You can use the Clinell Universal Wipes to clean and disinfect your surfaces. They provide a quick and easy solution for cleaning all the different surfaces frequently touched by multiple people, such as door handles, desks, phones, keyboards, computers, banisters and light switches. Clinell Universal Wipes are also alcohol free, so are suitable for a wide variety of surfaces.

What does contact time mean?

Myth: All wipes kill viruses at the same speed.

A contact time is the time needed to enable the disinfection to work. Different disinfectant wipes have different formulas, so the contact time may vary depending on the product. If a disinfectant claim is to kill 99.9% of Norovirus in 60 seconds, for it to work the surface needs to be visibly wet for a contact time of 60 seconds. It is important to let the surface dry naturally and not use a paper towel to dry the surface. Contact times of 10 minutes are unrealistic as you would have to keep the surface wet for 10 minutes.

What does transference mean?

Myth: It doesn’t matter how I use a wipe.

In reality it does as we often use the same wipe on multiple surfaces. Unfortunately, if you use one wipe on many surfaces, it is likely that you will just transfer germs from one surface area to another – this is known as transference.

How to use Clinell Universal Wipes

When it comes to surface cleaning, there are some simple steps that can help avoid transferring germs from one surface to another. We refer to them as the 6 Principles of Cleaning – these steps help to ensure we clean and disinfect surfaces properly.

- Wipe in an ‘S’ shaped pattern
- Work from top to bottom
- Wipe from clean to dirty
- Leave to air dry
- One wipe, one surface

Apply appropriate personal protective equipment before cleaning. Use a new wipe for each new surface, and don’t use the same wipe between surfaces.

After cleaning, dispose of the wipe into the appropriate waste bin, remove gloves and perform hand hygiene.

Disposal of wipes in the bin. Do not flush down the toilet.

Keep out of reach of children. Use biocides safely. Always read the label and product information before use.

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