

# School Readiness Pack

Get your child ready for school with the ultimate school readiness checklist and fun activities inside!



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#### PRESCHOOL READINESS CHECKLIST WITH ACTIVITIES

#### Social, physical, and emotional skills

Before starting school, your child should be able to do most of these.

	Social and emotional
	My child can use words to describe their feelings.
	My child can play with others, share, take turns, and manage their emotions.
	My child can show empathy and kindness to others.
••••	 Listening and communication
	My child can listen to and follow directions.
	My child can sit and listen to a story.
	My child is willing to ask and answer questions.
••••	 Fine motor and self-care
	My child can get dressed and put their shoes on.
	My child can use buttons and zips.
	My child can go to the toilet and wash their hands.
	My child can blow their nose and brush their teeth.
	My child will eat a pre-packed lunch and clean up after themselves.
	My child knows their full name, address, and date of birth.
•••••	 Gross motor skills
	My child can clap his/her hands, unscrew lids, and turn handles.
	My child can walk up and down stairs.
	My child can hop on one foot, jump, skip, and stand on one foot.
	My child can kick and throw and catch a ball.



#### PRESCHOOL READINESS CHECKLIST WITH ACTIVITIES

#### **Academic skills**

Before starting school, your child should be able to do most of these.

My child has an interest in books, can hold them, and turn the pages.  My child can talk about their favorite books and stories.	
My shild can name most or all of the letters of the alphabet	
My child can name most or all of the letters of the alphabet.	
My child knows the sounds that letters make.	
My child can recognize upper and lower case letters.	
Math	
My child can count to 10 or 20 or beyond.	
My child can count small groups of things.	
My child knows shapes, colors, and days of the week.	
My child knows terms such as morning, afternoon, night, yesterday,	
today, and tomorrow.	
My child can draw/copy circles, squares, and triangles.	
Learning tools	
My child can copy shapes and lines, write, and draw with a pencil and	d crayons.
My child knows how to use paints and a paintbrush.	
My child can cut out shapes using age-appropriate scissors.	
My child can use paste to glue together a picture.	
My child can use puzzles, counters, and other learning tools.	
My child knows how to tidy up and put things away.	



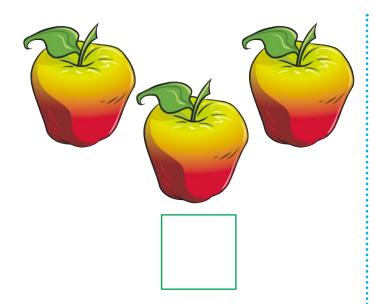
#### Letter recognition

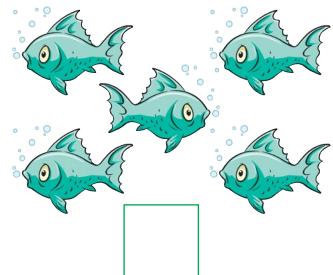


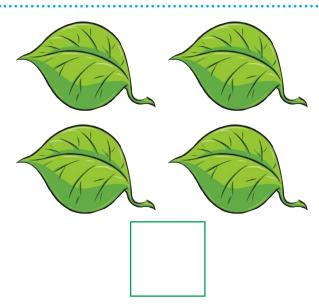


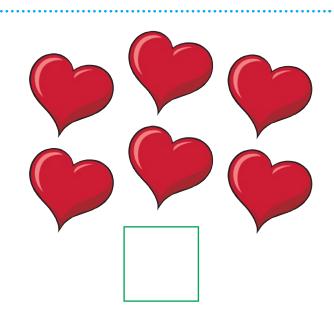


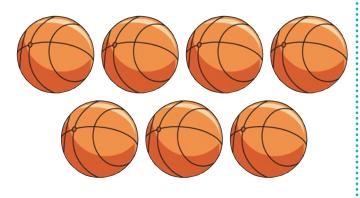
## How many?











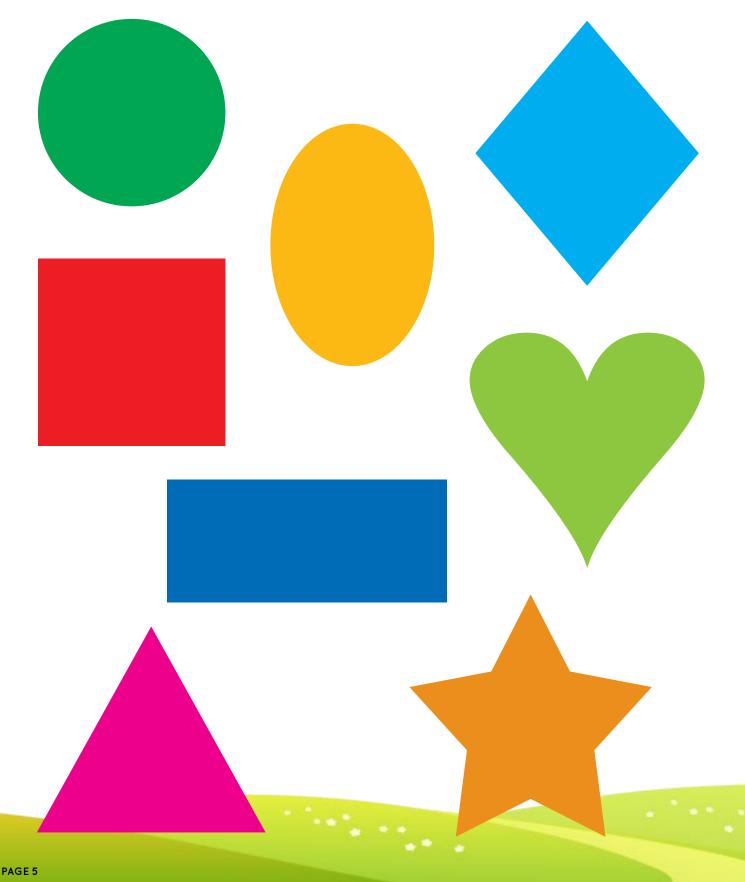






# **Shapes**

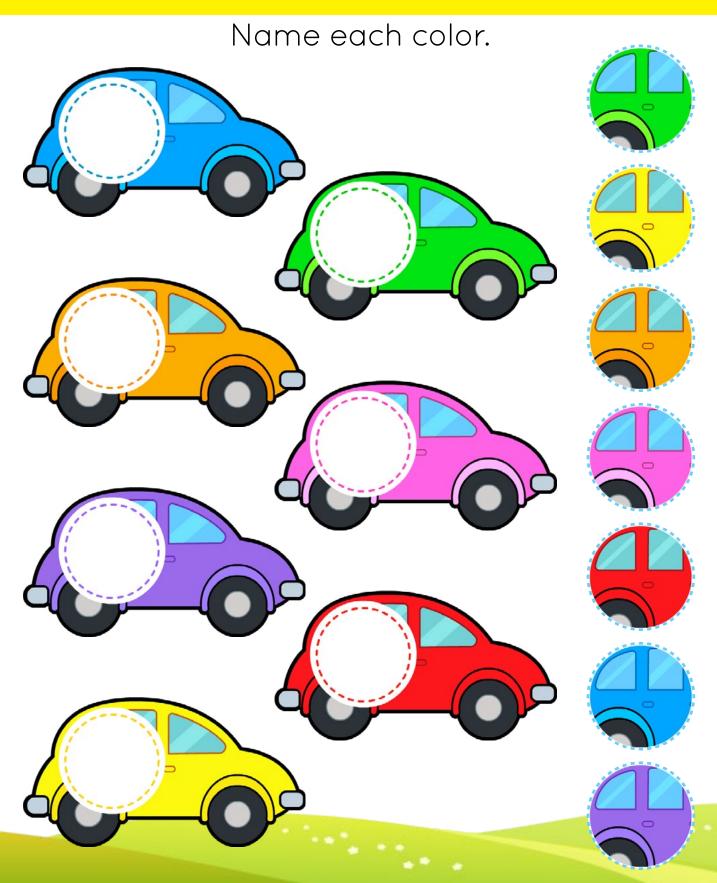
Name these shapes.





# **Colors**

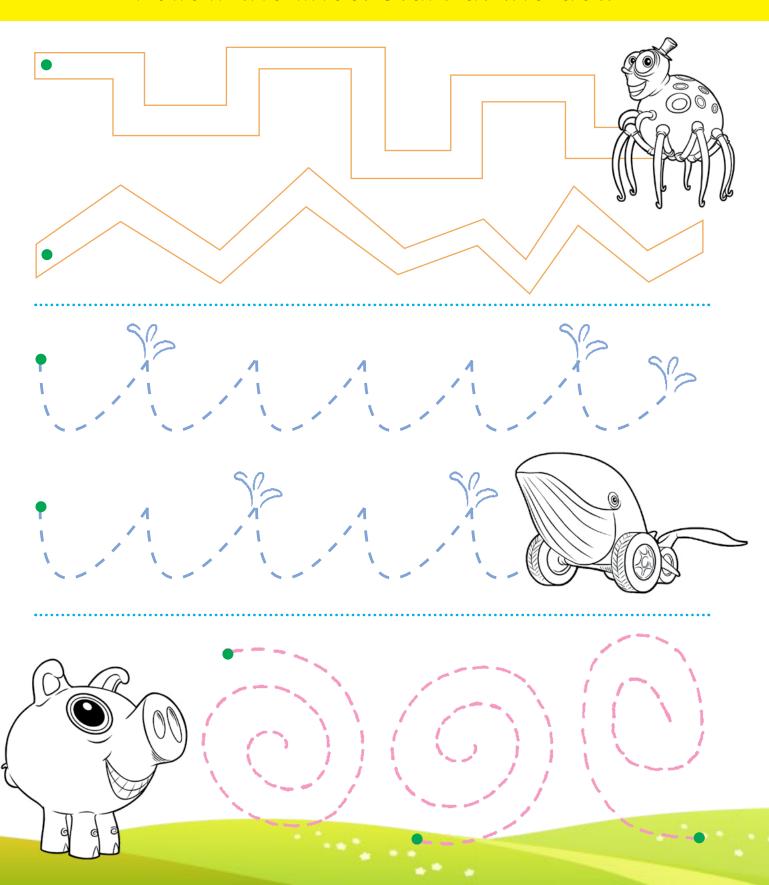
Cut out the circles and match to a car.





### **Pre-writing practice – lines**

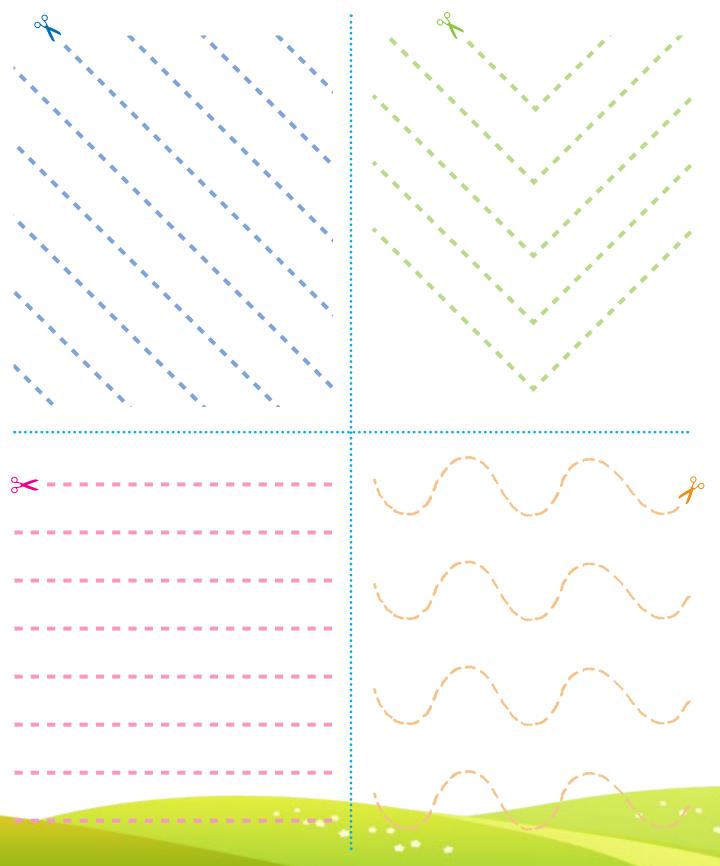
Follow the lines. Start at the dot.





## **Scissor practice**

Trace first and then cut.





NAME

#### knows these skills

#### Circle each one your child knows.

#### Capital letters

What is the name of each letter?

ABCDEFG HIJKLMN OPQRSTU V W X Y Z

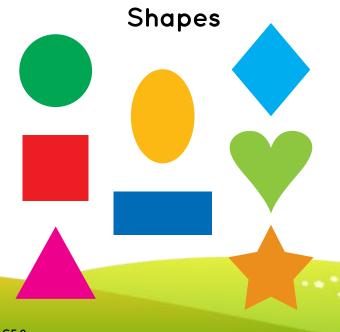
#### Lower case letters

What is the name of each letter?

abcdefg hijklmn opąrstu w x y z

What is the letter sound?

Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz



# Colors

#### **Numbers**



# Are you ready for school?





l am dressed.



I put on my shoes.



l ate my breakfast.



I brushed my teeth.



My face is clean, my hair is tidy.





I packed my bag.



