



LITTLE FLYERS



ALLERGIES?

Please scan the QR code or speak to a member of the team if you have a question about allergens. Please do ask us on every visit, as we may occasionally need to change our products and recipes. We use shared equipment to prepare our food and beverages, therefore we cannot guarantee they are allergen free. This includes NGCI, vegetarian and plant-based products that may come into contact with eggs and dairy. Our bakery products may contain traces of nuts, peanuts and food additives that could affect children.



LITTLE FLYERS

BREAKFAST

SERVED UNTIL 11AM

CROISSANT WITH BUTTER & PRESERVES (V) 537 kcal **4.50**

LITTLE FLYERS BREAKFAST 5.45

Sausage or bacon with 'Heinz' baked beans and scrambled 'Havensfield' eggs

480 kcal (bacon), 484 kcal (sausage)

Add seeded sourdough & butter 394 kcal **4.50**

**SCRAMBLED 'HAVENSFIELD' EGGS ON
SEEDED SOURDOUGH BREAD** (V) 423 kcal **5.25**

ALL DAY

SERVED AFTER 11AM

MAINS

**SAUSAGES, HOME-MADE POTATO WEDGES
& 'HEINZ' BAKED BEANS** 499 kcal **6.50**

SPAGHETTI BOLOGNESE 289 kcal **6.50**

LITTLE CRUDITÉ & DIPS (V) **6.50**

Carrot and cucumber sticks, tomato wedges and chunks of 'Sussex Charmer' cheese served with houmous and smashed avocado dips and a piece of flatbread 483 kcal

DESSERTS

**TWO SCOOPS OF 'BEECHDEAN' FARMHOUSE
VANILLA ICE CREAM** (V) 231 kcal **2.00**

DRINKS

'Folkington's' Orange Juice 250ml **4.00**

'Folkington's' Cloudy Apple Juice 250ml **4.00**

'Folkington's' Pineapple Juice 250ml **4.00**

'Folkington's' Pink Lemonade 250ml **4.00**

Milk 180 kcal **2.00**

(V) = VEGETARIAN*

A discretionary service charge of 12.5% will be added to your bill