HITHES

LONDON BAR & EATERY

BREAKFAST MENU

Served until 11am

Inspired by London's vibrant food scene, celebrating cuisines and cultures from the four corners of the city



LONDON BAR & EATE

FANCY A TIPPLE?

Bloody Mary 14 Aperol Spritz 14 Glass of Prosecco 175ml 11.49 Mimosa 12 Espresso Martini 15 Passionfruit Martini 15 Check out the drinks menu for our full range of hot & cold drinks as well as beer, wine, spirits and cocktails.

THE BIG CITY BREAKFAST 17.5

Back bacon, Cumberland sausages, two fried eggs, chargrilled tomatoes, flat mushroom, bubble & squeak and baked beans *937 kcal*

Add toast: white 359 kcal, seeded 394 kcal or NGCI 294 kcal 4

THE GARDEN BREAKFAST (PB) (NGCI) 15.5

Chargrilled tomatoes, mushrooms, bubble & squeak, baked beans, sauteed greens and smashed avocado *343 kcal*

Add fried egg (V) 113 kcal 2 Add toast: white 359 kcal, seeded 394 kcal or NGCI 294 kcal 4

BREAKFAST NAAN 🌶 14.5

Garlic & coriander naan with streaky bacon, chilli fried egg, chilli and coriander yoghurt, mango chutney and pea shoots *812 kcal*

CRUSHED AVOCADO, POACHED EGGS & EDAMAME ON TOAST (V) 13

Smashed avocado and edamame beans, two poached eggs on seeded sourdough, drizzled with harissa lemon oil *585 kcal*

Add two streaky bacon rashers 139 kcal 4

Add H. Forman & Son smoked salmon 92 kcal 4

Ask to swap to NGCI bread Go plant-based: remove egg (PB)



ALL OF OUR EGGS ARE FREE-RANGE

TURKISH-STYLE EGGS 14

Poached eggs with harissa lemon chilli oil, garlic yoghurt topped with sumac, served with flatbread 441 kcal

Ask to swap to NGCI bread

BACON SANDWICH 9.5

Streaky bacon on sourdough and our signature Virgin Mary ketchup *811 kcal* Add fried egg (V) *113 kcal* **2** Add two sausages *279 kcal* **4**

SMOKED SALMON & EGGS 16.5

H. Forman & Son smoked salmon and scrambled eggs served with a Paul Rhodes bagel *723 kcal* Ask to swap to NGCI bread

BREAKFAST WAFFLE (V) 11.5

Waffle topped with lemon infused whipped cream, fruit compote, our homemade seed brittle, meringue, maple syrup and corn flakes *858 kcal*

BREAKFAST SMOOTHIE BOWL (PB) (NGCI) 9.25

Coconut yoghurt, fruit compote and maple syrup, topped with fresh berries and our homemade seed brittle *489 kcal*

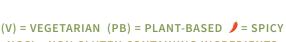
SOURDOUGH, BUTTER & JAM (V) 4.95

Choose from white *545 kcal*, seeded *580 kcal* or NGCI *480 kcal*

Ask to swap to marmalade or Marmite



Simply scan the code



NGCI = NON GLUTEN CONTAINING INGREDIENTS

Adults need around 2000 kcal a day



*We have partnered with Klimato to understand the carbon footprint of our recipes. Having a 'low carbon footprint' means that the footprint of the dish is less than 0.9kg CO2e per 400g serving. Find out more by visiting www.klimato.com.

Please speak to a member of the team if you have a question about allergens. Please do ask us on every visit, as we may occasionally need to change our products and recipes. We use shared equipment to prepare our food and beverages, therefore we cannot guarantee they are allergen free. This includes NGCI, vegetarian and plantbased products that may come into contact with eggs and dairy. Our bakery products may contain traces of nuts, peanuts and food additives that might affect attention in children.