

Additional Resources for Unplanned Childlessness

Provided by Jody Day

Books

- Living the Life Unexpected, by Jody Day
- Dreaming of a Life Unlived by Yvonne John
- Set Boundaries Find Peace by Nedra Glover Tawwab
- The Baby Matrix by Laura Carroll

Videos

- Grief: A Study of Human Emotional Experience, University of York Lecture
- Social Plankton Why Single Non-Mothers are the Fuel of the Future, TEDx Talk
- The Lost Tribe of Childless Women, TEDx Talk

Websites

- [Gateway Women Website](#)
- [Childless Therapist Directory](#)
- [Lighthouse Women Support Network](#)