HOUSE



BEACH DIST.

Welcome to HOUSE. We are a sweat and social movement. A unique collective concept of four studios under one roof. Your HOUSE is a reflection of your individual style and experience – you get out what you put in. At HOUSE you'll feel like family – supported to reach your personal best and unleash your inner athlete, all while restoring a sense of balance. This philosophy extends to both our employees and our guests. We are looking for natural-born leaders to help build HOUSE.

This is about your body and your story. But together, this is our HOUSE and our journey.

We are looking for confident, globally minded instructors and team members who will bring their best self to HOUSE every single day.

HOUSE Concepts is an equal opportunity employer. All information will be kept confidential according to EEO guidelines. Applicants with disabilities requiring assistance with the application process may be entitled to a reasonable accommodation in accordance with applicable law. If you need assistance, please contact <u>hello@houseconcepts.com</u>

PRIVATE TRAINER

As a Private Trainer at HOUSE you are responsible for guiding clients along on their fitness journeys. We are looking for a vibrant, passionate, and wellness-oriented candidate that will help our clients reach for their personal best, unleash their inner athlete, and balance their mind, body and soul.

What you will do:

- Conduct private training sessions and fitness assessments
- Establish and maintain a client base
- Provide a high level of personalized attention to clients
- Maintain knowledge of and/or participation in all House offerings
- Instruct and demonstrate to clients on the proper use of equipment and exercise techniques which may include operating equipment and dynamically moving weight up to 50 pounds
- Provide the best quality client service
- Regular and consistent availability and attendance
- Attend Private Training and other team meetings as needed
- Other duties as assigned
- Must be available minimum 20/hr per week
- Preferred availability weekdays from 6am-10am/4pm-8pm and weekends
- Provide feedback to management
- Maintain the HOUSE aesthetic, atmosphere, and culture

What we need from you:

- Current nationally recognized Personal Training certification (preferred)
- CPR/AED certification
- 1-3 yrs of previous Private Training experience (preferred)
- Excellent verbal and written communication skills
- Possess honesty and personal integrity
- Excel in time management, organizational and follow-up skills
- Reliable, professional, computer literate, energetic, and friendly
- Post secondary educational training in Kinesiology an asset

Part-time hours: 20 per week Job Types: Full-time, Part-time, Contract