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The Fresh Market Is Hiring Now for the Biggest Food Holidays of the Year

GREENSBORO, NC – October 12, 2026 – With the holidays quickly approaching, [The Fresh Market, Inc.](https://www.thefreshmarket.net) is hiring additional Team Members now so its stores are ready. Full-time, part-time and seasonal jobs are open in every department, and hiring is ramping up.

Openings span every department, and include Lead and Specialist roles open to both current Team Members and outside candidates. A Lead backs up the Department Manager, and a Specialist is responsible for a specific area or function. Deli Specialists and Seafood Specialists are two of the biggest needed roles that stores are looking to fill.

Team Members receive a 30% discount at The Fresh Market, seasonal Team Members receive 20% and schedules are flexible. New Team Members train through a mix of computer-based learning and on-the-job training. Sampling the food is a perk of the job, so Team Members can tell guests what makes it delicious.

“Our guests appreciate when the team behind the counter knows and cares about the food,” said Revae Embs, Chief Human Resources Officer at The Fresh Market. “As we grow, we’re looking for people who share our passion for food and want to help create memorable experiences for our guests. We’re hiring now so new Team Members have time to learn before the holidays arrive, whether they’re looking for a seasonal opportunity or a place to grow their career in a full-time role”

Stores are currently hiring, with the heaviest hiring before Thanksgiving and a second push in early December. The most openings are in Richmond, Roanoke, Cincinnati, Virginia Beach, Tampa, Jacksonville, the Florida Panhandle, Charlotte, Lexington, Pittsburgh and Indianapolis, and across New England. In Southwest Florida, the Naples, South Naples, Bonita Springs and Fort Myers stores are hiring seasonal Team Members for roles that run through Easter.

Job seekers can apply now at jobs.thefreshmarket.com, or walk into any store and ask a member of store management about openings at that location.

About The Fresh Market, Inc.

The Fresh Market, Inc. is a specialty grocer dedicated to inspiring guests to discover the best in fresh foods, unique ingredients and convenient meal solutions. Rated by USA Today as one of America’s Best Customer Service Companies and recognized by USA Today’s 10Best Readers’ Choice Awards in multiple categories as well as by Newsweek as the “Best Specialty/Natural/Ethnic Grocer” for 2025, The Fresh Market operates more than 170 stores in



22 states and is a wholly owned subsidiary of Cencosud S.A (BCS: CENCOSUD). For more information, please visit www.thefreshmarket.com or follow the company on [Facebook](#), [Instagram](#), [Pinterest](#), [Youtube](#), [TikTok](#) and [X](#).