



2026

EASTER MEALS

INGREDIENTS, ALLERGENS & REHEATING GUIDE

**READY-TO-HEAT
EASTER HAM MEAL**

SERVES 8-10

**READY-TO-HEAT
EASTER HAM MEAL**

SERVES 4

**READY-TO-HEAT
EASTER PRIME RIB MEAL**

SERVES 2

**READY-TO-COOK
EASTER LAMB MEAL**

SERVES 2

**READY-TO-HEAT
EASTER BRUNCH**

SERVES 4





READY-TO-HEAT EASTER HAM MEAL

SERVES 8-10

MENU

Spiral Sliced Bone-In Honey Ham (9 lb)

White Cheddar Scalloped Potatoes (3.5 lb)

Honey Sage Carrots (2 lb)

Fresh Cored Pineapple (16 oz)

The Fresh Market Butter & Egg Dinner Rolls (12 ct)

Deluxe White Cake (7 in)

REHEATING INSTRUCTIONS

Spiral Sliced Bone-In Honey Ham

CONVENTIONAL OVEN: Preheat oven to 350°F. Remove ham from outer packaging. Place in roasting pan or rimmed baking dish and redistribute glaze evenly over the surface of the ham. Cover tightly with foil and bake for 10-12 minutes per pound.

White Cheddar Scalloped Potatoes

CONVENTIONAL OVEN: Preheat oven to 350°F. Remove potatoes from packaging into an oven-safe dish and cover with foil. Bake 45 minutes, remove foil and bake an additional 15 minutes. Cook to internal temperature of 165°F.

MICROWAVE: Remove potatoes from packaging into a microwave-safe dish and cover. Heat on high for 6-7 minutes. Cook to internal temperature of 165°F.

Honey Sage Carrots

CONVENTIONAL OVEN: Preheat to 350°F. Pull back one corner of film to vent and bake in oven for 20 minutes. Then remove from oven, remove the film completely, stir well, return to oven and bake for an additional 5 minutes. Season with Salt & Pepper to taste.

The Fresh Market Butter & Egg Dinner Rolls

Ready to eat. Heating instructions if desired.
CONVENTIONAL OVEN: Preheat oven to 350°F. Remove plastic overwrap and place tray of rolls directly on oven rack. Bake 7-10 minutes until warmed through.
MICROWAVE: Remove plastic overwrap and place tray of rolls in microwave. Cook for 30-45 seconds on high heat until warmed through. Add time in 10 second increments as needed.

INGREDIENTS & ALLERGENS

All products are prepared in an environment that uses peanuts, tree nuts, eggs, wheat, milk, soy, sesame, fish, shellfish and crustaceans.

SPIRAL SLICED BONE-IN HONEY HAM

INGREDIENTS: HAM, WATER, HONEY, SODIUM LACTATE, SALT, BROWN SUGAR, SODIUM PHOSPHATE, DEXTROSE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE, FLAVORINGS. GLAZED WITH: HONEY, SUGAR, GELATIN, BROWN SUGAR, CARAMEL COLOR.

WHITE CHEDDAR SCALLOPED POTATOES

INGREDIENTS: REDSKIN POTATOES, WATER, HEAVY CREAM (CREAM, MILK), SHREDDED WHITE AMERICAN CHEESE (AMERICAN CHEESE [(PASTEURIZED CULTURED MILK, SALT ENZYMES), WATER, SODIUM PHOSPHATE, CREAM, MILK FAT, SALT]), POWDERED CELLULOSE [TO PREVENT CAKING], NATAMYCIN [A NATURAL MOLD INHIBITOR]), SCALLIONS, SHARP WHITE CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), MODIFIED CORN STARCH, WHEAT FLOUR, BUTTER (PASTEURIZED CREAM, SALT), SALT, NATURAL BUTTER FLAVOR (WHEY POWDER, SALT, NATURAL FLAVOR), GARLIC (GARLIC, WATER, CITRIC ACID), SEA SALT, ONION POWDER, AUTOLYZED YEAST, DRIED YEAST, SPICES. **CONTAINS: MILK, WHEAT.**

HONEY SAGE CARROTS

INGREDIENTS: CARROTS, HONEY, CANOLA OIL, WATER, MODIFIED CORN STARCH, NATURAL BUTTER FLAVOR

(WHEY POWDER, SALT, NATURAL FLAVOR), MODIFIED TAPIOCA STARCH, SALT, SPICES. **CONTAINS: MILK. CONTAINS A BIOENGINEERED FOOD INGREDIENT.**

FRESH CORED PINEAPPLE

INGREDIENTS: PINEAPPLE.

THE FRESH MARKET BUTTER & EGG DINNER ROLLS

INGREDIENTS: WHEAT FLOUR ENRICHED ([WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), MALTED BARLEY FLOUR), WATER, SUGAR, WHOLE FRESH EGGS, CANOLA OIL, YEAST, WHEAT GLUTEN, SALT, CALCIUM PROPIONATE, UNSALTED BUTTER (CREAM[MILK], NATURAL FLAVORING), NATURAL COLOR (WATER, ANNATTO EXTRACT AND TURMERIC EXTRACT), NATURAL PRESERVATIVE (ENRICHED WHEAT FLOUR [NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ENZYMES). **CONTAINS: EGG, MILK AND WHEAT.**

DELUXE WHITE CAKE

INGREDIENTS: SUGAR, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CREAM CHEESE (MILK, CREAM, CHEESE CULTURE, SALT, CAROB

BEAN GUM), MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO AND DIGLYCERIDES, ARTIFICIAL FLAVOR, ANNATTO EXTRACT, TO PRESERVE FRESHNESS (CALCIUM DISODIUM EDTA), VITAMIN A PALMITATE), VEGETABLE SHORTENING (PALM AND SOYBEAN OILS, MONO AND DIGLYCERIDES, POLYSORBATE 60), SOYBEAN OIL, EGGS, PALM AND PALM KERNEL OILS, CORN STARCH, WHITE CHOCOLATE CURLS (SUGAR, COCOA BUTTER, WHOLE MILK, WHEY, LACTOSE, SOY LECITHIN, NATURAL FLAVOR), CONTAINS LESS THAN 2 PERCENT OF THE FOLLOWING: EGG WHITES, MODIFIED TAPIOCA AND CORN STARCH, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), WHEAT STARCH, PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WHEY, MILK, SALT, DEXTROSE, NATURAL AND ARTIFICIAL FLAVOR, MONO AND DIGLYCERIDES, SOY LECITHIN, SODIUM CASEINATE, GUAR GUM, POLYSORBATE 60, XANTHAN GUM, SODIUM STEAROYL LACTYLATE, NATURAL FLAVOR, DEXTRIN, CONFECTIONER'S GLAZE, DISODIUM PHOSPHATE, CARNAUBA WAX, ASCORBIC ACID, CITRIC ACID. **CONTAINS: WHEAT, MILK, EGGS AND SOY.**



READY-TO-HEAT EASTER HAM MEAL SERVES 4

MENU

Boneless Sliced Ham (3.5 lb)

White Cheddar Scalloped Potatoes (1.75 lb)

Honey Sage Carrots (1 lb)

Fresh Pineapple Slices (12 oz)

The Fresh Market Butter & Egg Dinner Rolls (6 ct)

The Fresh Market Strawberry Bar Cake (18 oz)

REHEATING INSTRUCTIONS

Boneless Sliced Ham

CONVENTIONAL OVEN: Preheat oven to 350°F. Remove ham from outer packaging. Place in roasting pan or rimmed baking dish. Cover tightly with foil and bake for 10-12 minutes per pound.

White Cheddar Scalloped Potatoes

CONVENTIONAL OVEN: Preheat oven to 350°F. Remove potatoes from packaging into an oven-safe dish and cover with foil. Bake 45 minutes, remove foil and bake an additional 15 minutes. Cook to internal temperature of 165°F.

MICROWAVE: Remove potatoes from packaging into a microwave-safe dish and cover. Heat on high for 6-7 minutes. Cook to internal temperature of 165°F.

Honey Sage Carrots

CONVENTIONAL OVEN: Preheat to 350°F. Pull back one corner of film to vent and bake in oven for 20 minutes. Then remove from oven, remove the film completely, stir well, return to oven and bake for an additional 5 minutes. Season with Salt & Pepper to taste.

The Fresh Market Butter & Egg Dinner Rolls

Ready to eat. Heating instructions if desired.

CONVENTIONAL OVEN: Preheat oven to 350°F. Remove from packaging and wrap in foil. Bake 7-10 minutes until warmed through.

MICROWAVE: Remove packaging and place on microwave safe plate. Cook for 30-45 seconds on high heat until warmed through. Add time in 10 second increments as needed.

INGREDIENTS & ALLERGENS

All products are prepared in an environment that uses peanuts, tree nuts, eggs, wheat, milk, soy, sesame, fish, shellfish and crustaceans.

BONELESS SLICED HAM

INGREDIENTS: PORK CURED WITH WATER, FRUCTOSE, BROWN SUGAR, CONTAINS LESS THAN 2% OF SALT, FLAVORING (PROPYLENE GLYCOL, INVERT SUGAR, METHYL ALCOHOL, LACTIC ACID, NATURAL FLAVOR, CARAMEL COLOR), SPICES, POTASSIUM LACTATE, SODIUM LACTATE, SODIUM PHOSPHATES, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE.

WHITE CHEDDAR SCALLOPED POTATOES

INGREDIENTS: REDSKIN POTATOES, WATER, HEAVY CREAM (CREAM, MILK), SHREDDED WHITE AMERICAN CHEESE (AMERICAN CHEESE [PASTEURIZED CULTURED MILK, SALT ENZYMES], WATER, SODIUM PHOSPHATE, CREAM, MILK FAT, SALT), POWDERED CELLULOSE [TO PREVENT CAKING], NATAMYCIN [A NATURAL MOLD INHIBITOR], SCALLIONS, SHARP WHITE CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), MODIFIED CORN STARCH, WHEAT FLOUR, BUTTER (PASTEURIZED CREAM, SALT), SALT, NATURAL BUTTER FLAVOR (WHEY POWDER, SALT, NATURAL FLAVOR), GARLIC (GARLIC, WATER, CITRIC ACID), SEA SALT, ONION POWDER, AUTOLYZED YEAST, DRIED YEAST, SPICES. **CONTAINS: MILK, WHEAT.**

HONEY SAGE CARROTS

INGREDIENTS: CARROTS, HONEY, CANOLA OIL, WATER, MODIFIED CORN STARCH, NATURAL BUTTER FLAVOR (WHEY POWDER, SALT, NATURAL FLAVOR), MODIFIED TAPIOCA STARCH, SALT, SPICES. **CONTAINS: MILK. CONTAINS A BIOENGINEERED FOOD INGREDIENT.**

FRESH PINEAPPLE SLICES

INGREDIENTS: PINEAPPLE.

THE FRESH MARKET BUTTER & EGG DINNER ROLLS

INGREDIENTS: WHEAT FLOUR ENRICHED ([WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], MALTED BARLEY FLOUR), WATER, SUGAR, WHOLE FRESH EGGS, CANOLA OIL, YEAST, WHEAT GLUTEN, SALT, CALCIUM PROPIONATE, UNSALTED BUTTER (CREAM [MILK], NATURAL FLAVORING), NATURAL COLOR (WATER, ANNATTO EXTRACT AND TURMERIC EXTRACT), NATURAL PRESERVATIVE (ENRICHED WHEAT FLOUR [NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ENZYMES). **CONTAINS: EGG, MILK AND WHEAT.**

THE FRESH MARKET STRAWBERRY BAR CAKE

INGREDIENTS: BAR CAKE: WHIPPING CREAM (CREAM, MILK, CELLULOSE GEL, CARRAGEENAN, CELLULOSE GUM), SWEETENED STRAWBERRIES (STRAWBERRIES, SUGAR), SUGAR, WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), EGGS, CONFECTIONER'S SUGAR (SUGAR, CORN STARCH), CANOLA OIL, MODIFIED CORN STARCH, NONFAT DRY MILK, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE, CALCIUM SULFATE), MODIFIED TAPIOCA STARCH, ALGINATE BLEND (TETRASODIUM

DIPHOSPHATE, SODIUM ALGINATE), XANTHAN GUM. **WHIPPED TOPPING:** WATER, VEGETABLE OIL (PALM, PALM KERNEL, COCONUT AND/OR COTTONSEED), SUGAR, CORN SYRUP, DEXTROSE, CONTAINS LESS THAN 2% OF THE FOLLOWING: SODIUM CASEINATE (A MILK DERIVATIVE), GUM ARABIC, CARBOHYDRATE GUM, NATURAL FLAVOR (CONTAINS MILK INGREDIENTS), SALT, XANTHAN GUM, RICE EXTRACT, COLORED WITH (BETA CAROTENE, WHITE CHOCOLATE TFM LOGO: SUGAR, COCOA BUTTER, NON-HYDROGENATED PALM KERNEL OIL WITH SOYA LECITHIN, WHOLE MILK POWDER, COLORS: TITANIUM DIOXIDE FD&C YELLOW NO. 5, LACTOSE, FD&C BLUE NO. 1, EMULSIFIERS: SOY LECITHIN, NON-HYDROGENATED PALM KERNEL AND PALM OIL, POLYGLYCEROL POLYRICINOLEATE, SORBITAN TRISTEARATE, NON-HYDROGENATED VEGETABLE OIL (COCONUT) NATURAL VANILLA, SKIMMED MILK POWDER. **GLAZE:** WATER, SUGAR, CORN SYRUP, PECTIN, CONTAINS 2% OR LESS OF THE FOLLOWING: CITRIC ACID, ARTIFICIAL FLAVOR, POTASSIUM SORBATE (PRESERVATIVE), SODIUM CITRATE, SODIUM METABISULFITE, PAPRIKA (COLOR), STRAWBERRIES. **CONTAINS MILK, WHEAT, EGGS AND SOY.**





READY-TO-HEAT EASTER PRIME RIB MEAL SERVES 2

MENU

- Fully Cooked Prime Rib (1.5 lb)
- Twice Baked Potatoes (2 ct)
- Honey Sage Carrots (1 lb)
- The Fresh Market Horseradish Aioli (7.5 oz)

REHEATING INSTRUCTIONS

Prime Rib

CONVENTIONAL OVEN: Preheat oven to 350°F. Place steaks onto a foil-lined sheet tray and cover with a piece of green leaf lettuce or damp paper towel. Place the sheet tray into the oven for 5-6 minutes or until heated to desired temperature.

MICROWAVE: Place steak on microwave-safe plate and cover with a piece of green leaf lettuce or damp paper towel and microwave for 1-1.5 minutes or until heated to desired temperature.

Twice Baked Potatoes

CONVENTIONAL OVEN: Pre-heat oven to 350°F. Remove from packaging and place in oven-safe baking dish. Heat for 20 minutes or until internal temperature is 165°F.

MICROWAVE: Place in microwave-safe dish. Heat on high for 2.5-3 minutes or until internal temperature is 165°F.

Honey Sage Carrots

CONVENTIONAL OVEN: Preheat to 350°F. Pull back one corner of film to vent and bake in oven for 20 minutes. Then remove from oven, remove the film completely, stir well, return to oven and bake for an additional 5 minutes. Season with Salt & Pepper to taste.

INGREDIENTS & ALLERGENS

All products are prepared in an environment that uses peanuts, tree nuts, eggs, wheat, milk, soy, sesame, fish, shellfish and crustaceans.

PRIME RIB

INGREDIENTS: BEEF, CONTAINS UP TO 10% OF A FLAVORING SOLUTION AND CARAMEL COLOR ADDED. COATED WITH: SALT, SUGAR, DEXTROSE, CARAMEL COLOR, GARLIC POWDER, ONION POWDER AND SPICES. SOLUTION: WATER, SODIUM PHOSPHATES, SUGAR, SALT AND FLAVORING.

TWICE BAKED POTATOES

INGREDIENTS: POTATO (POTATOES, WHOLE MILK, HEAVY CREAM [CREAM(MILK), FAT FREE MILK], BUTTER [SWEET CREAM (MILK), SALT], SOUR CREAM [PASTEURIZED CULTURED CREAM (MILK), NON-FAT MILK POWDER, ENZYMES], CHEESE POWDER [CHEDDAR CHEESE (PASTEURIZED MILK, SALT, CHEESE CULTURES, ENZYMES), WHEY, BUTTERMILK, SALT], SALT, GARLIC, ONION POWDER, BLACK PEPPER, XANTHAN GUM, NISIN PREPARATION [SALT, NISIN {A NATURAL ANTIMICROBIAL}], CHEDDAR CHEESE (PASTEURIZED

MILK, SALT, RENNET, ENZYMES) AND CHIVES.
CONTAINS: MILK.

HONEY SAGE CARROTS

INGREDIENTS: CARROTS, HONEY, CANOLA OIL, WATER, MODIFIED CORN STARCH, NATURAL BUTTER FLAVOR (WHEY POWDER, SALT, NATURAL FLAVOR), MODIFIED TAPIOCA STARCH, SALT, SPICES. **CONTAINS: MILK. CONTAINS A BIOENGINEERED FOOD INGREDIENT.**

THE FRESH MARKET HORSE RADISH AIOLI

INGREDIENTS AND ALLERGENS PRINTED ON LABEL.



READY-TO-COOK EASTER LAMB MEAL SERVES 2

MENU

Unseasoned or Seasoned
French Cut Rack of Lamb
(Avg. 28 oz)

Mascarpone Whipped
Potatoes With Rosemary (1 lb)

Honey Sage Carrots (1 lb)

The Fresh Market
Tiramisu (2 ct, 4 oz ea)

REHEATING INSTRUCTIONS

Rack of Lamb

CONVENTIONAL OVEN: Preheat oven to 400°F. Heat 1 tbsp extra virgin olive oil* in a large oven-safe skillet over medium-high. Season each side of lamb liberally with salt and pepper* (skip this step if you are using seasoned rack of lamb). Place lamb (meaty-side down) in skillet and sear until browned, about 3 minutes, then flip. Transfer skillet to oven and roast until instant-read thermometer inserted into center of lamb reads 120-125°F for medium-rare, about 15-20 minutes. Let stand 5 minutes. Slice rack of lamb between bones and serve.

Mascarpone Whipped Potatoes With Rosemary

CONVENTIONAL OVEN: Preheat oven to 350°F. Remove potatoes from packaging and into an oven-safe dish and cover with foil. Bake 35-40 minutes or until internal temperature reaches 165°F.

MICROWAVE: Remove potatoes from packaging into a microwave-safe container and cover with lid or plastic wrap. Heat 2 minutes on high. Stir potatoes, then heat an additional 1-2 minutes until warmed through and internal temperature reaches 165°F.

Honey Sage Carrots

CONVENTIONAL OVEN: Preheat to 350°F. Pull back one corner of film to vent and bake in oven for 20 minutes. Then remove from oven, remove the film completely, stir well, return to oven and bake for an additional 5 minutes. Season with Salt & Pepper to taste.

**Product not included in the Lamb Meal for 2.*

INGREDIENTS & ALLERGENS

All products are prepared in an environment that uses peanuts, tree nuts, eggs, wheat, milk, soy, sesame, fish, shellfish and crustaceans.

UNSEASONED FRENCH CUT RACK OF LAMB

INGREDIENTS: LAMB.

SEASONED FRENCH CUT RACK OF LAMB

INGREDIENTS: LAMB, MINCED GARLIC (GARLIC, WATER, PHOSPHORIC ACID), PEPPER BLEND (BUTCHER CUT PEPPER, HUDSON VALLEY SALT, NIGELLA SEEDS, TURBINADO SUGAR, GREEN AND RED BELL PEPPERS, PAPRIKA, GROUND BLACK PEPPER, GRANULATED ONION).

MASCARPONE WHIPPED POTATOES WITH ROSEMARY

INGREDIENTS: YUKON GOLD POTATOES (YUKON GOLD POTATOES, WHOLE MILK, BUTTER [SWEET CREAM {MILK}, SALT] SALT, NATURAL FLAVOR, NISIN PREPARATION {SALT, NISIN (A NATURAL ANTIMICROBIAL)}), MASCARPONE CHEESE (PASTEURIZED CREAM, ACIDITY CORRECTOR, CITRIC ACID, AND RENNET), ROSEMARY.
CONTAINS: MILK.

HONEY SAGE CARROTS

INGREDIENTS: CARROTS, HONEY, CANOLA OIL, WATER, MODIFIED CORN STARCH, NATURAL BUTTER FLAVOR (WHEY POWDER, SALT, NATURAL FLAVOR), MODIFIED TAPIOCA STARCH, SALT,

SPICES. CONTAINS: MILK. CONTAINS A BIOENGINEERED FOOD INGREDIENT.

TIRAMISU

INGREDIENTS: MASCAPONE (PASTEURIZED CREAM, CITRIC ACID), PASTEURIZED CREAM, PASTEURIZED EGGS, CANE SUGAR, LADYFINGERS (UNBROMATED AND UNBLEACHED WHEAT FLOUR, SUGAR, PASTEURIZED EGGS, GLUCOSE SYRUP, BAKING POWDER [AMMONIUM BICARBONATE, SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHAT], NATURAL FLAVORINGS), ESPRESSO COFFEE, LIQUERS, ALKALIZED COCOA POWDER. WHIPPED TOPPING: WATER, PALM KERNEL AND PALM OIL, SUGAR, CORN SYRUP, DEXTROSE, CONTAINS LESS THAN 2 PERCENT OF THE FOLLOWING: SODIUM CASEINATE (A MILK DERIVATIVE), GUM ARABIC, CARBOHYDRATE GUM, SALT, NATURAL FLAVOR (CONTAINS MILK INGREDIENTS), RICE EXTRACT, XANTHAN GUM, COLORED WITH BETA CAROTENE. CHOCOLATE SHAVINGS: COCOA MASS, SUGAR, COCOA BUTTER, MILKFAT, SOYA LECITHIN, NATURAL VANILLA. **CONTAINS: MILK, EGGS, WHEAT, SOY.**



READY-TO-HEAT EASTER BRUNCH

SERVES 4

MENU

Quiche Lorraine, Broccoli
Cheddar Quiche or Spinach
Tomato Quiche (24 oz)
Tropical Fruit (24 oz)
Blueberry Muffins (4 ct)

REHEATING INSTRUCTIONS

Quiche

CONVENTIONAL OVEN: Preheat oven to 350°F. Remove quiche from packaging and place on sheet pan. Place in center of preheated oven and bake for 35 minutes, until quiche is a light golden brown or until internal temperature reaches 165°F.

MICROWAVE HEATING NOT RECOMMENDED.

INGREDIENTS & ALLERGENS

All products are prepared in an environment that uses peanuts, tree nuts, eggs, wheat, milk, soy, sesame, fish, shellfish and crustaceans.

QUICHE LORRAINE

INGREDIENTS AND ALLERGENS PRINTED ON LABEL.

BROCCOLI CHEDDAR QUICHE

INGREDIENTS AND ALLERGENS PRINTED ON LABEL.

SPINACH TOMATO QUICHE

INGREDIENTS AND ALLERGENS PRINTED ON LABEL.

TROPICAL FRUIT

INGREDIENTS: PINEAPPLE, BLUEBERRIES, CANTALOUPE, HONEYDEW, STRAWBERRIES, KIWI AND RED GRAPES.

BLUEBERRY MUFFINS

INGREDIENTS: BLEACHED WHEAT FLOUR, SUGAR, WATER, BLUEBERRIES, EGGS, SOYBEAN OIL, MODIFIED FOOD STARCH, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), NATURAL FLAVOR, DAIRY WHEY (MILK), SALT, MONO AND DIGLYCERIDES, XANTHAN GUM, ENZYME.
CONTAINS: WHEAT, EGG, AND MILK.

