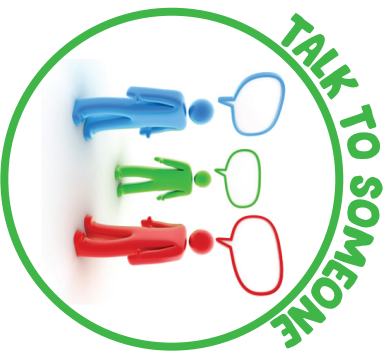
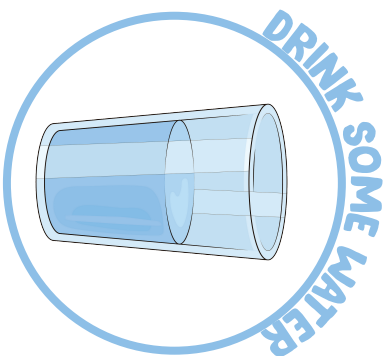


CALMING CHOICES



HOW DO YOU FEEL??



HAPPY



ANGRY



CONFUSED



LOVED



DISGUSTED



ANXIOUS



SICK



FUNNY



LONELY



DISAPPOINTED



SAD



WORRIED



EXCITED



ANNOYED



AFRAID



TIRED



NERVOUS



AMAZED



SILLY



STRESSED



EMBARRASSED



JEALOUS



FRUSTRATED



SCARED



SURPRISED



INSECURE



HURT



CONTENT



MAD



THANKFUL