



ELEMENTARY DISCUSSION GUIDE

SPIRITUAL DISCIPLINES

DEFINITION:

Spiritual disciplines are activities that help us, with the Holy Spirit's help, grow closer to God.

SCRIPTURE MEMORY:

"I have hidden your word in my heart, so I might not sin against you." Psalm 119:11

When you have God's Word memorized, He can use it in your life even when you do not have your Bible with you.

1. Why do you think memorizing God's Word is important?
2. Do you have a verse memorized? What is a verse you would like to work on memorizing?

BIBLE STUDY:

"Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do."

Joshua 1:8

God's Word is full of amazing stories that teach us more about who He is. Read, ask questions, write down what you learn, and look for ways God can use His Word to change your life.

1. What are some of your favorite stories in the Bible to read?
2. What do you learn about God from those stories?

PRAYER:

"Don't worry about anything; instead pray about everything. Tell God what you need, and thank Him for all He has done."

Philippians 4:6

You can talk to God anytime about anything. Be honest with Him and take the time to listen to Him, too. You can pray to God by yourself or with your family and friends.

1. When and where can you pray?
2. What can you talk to God about?
3. Do you have a prayer request you can pray for right now? (Be sure to take time and pray for those requests.)

GIVING:

"You must each decide in your heart how much to give. And don't give reluctantly or in response to pressure. For God loves a person who gives cheerfully."

2 Corinthians 9:7

Look for the opportunities God will put in your path where you can share the time, talents, and treasures that the Lord has given you with others.

1. What are some of the things God has given you? (Think time, talents, and treasures)
2. How can you share those things with others?