

PRESCHOOL ACTIVITY GUIDE

TODAY'S STORY: Jesus Calms the Storm

TEACHING TRUTH: Jesus has power over nature

ACTIVITY 1: TEACHING TRUTH REVIEW – Jesus has power over nature

SUPPLIES: Laundry basket, stuffed animals or dolls

1. Grab a laundry basket and several stuffed animals or dolls to help your child act out the story.
2. Have your child pretend to be Jesus asleep in the boat by curling up in the bottom of the basket. Place the stuffed animals around him and gently start to rock the basket as if it was on the waves. Rock the "boat" fast and make thunder noises.
3. Have your child wake up and calm the waves, just as Jesus did, by saying, "Peace! Be still!"
4. Talk about how the wind and waves obeyed Jesus and stopped because **Jesus has power over nature.**

ACTIVITY 2: STORY REVIEW – Follow Me

SUPPLIES: Clear plastic water bottle, water, blue food coloring, Styrofoam, tape

1. Give your child an empty plastic water bottle. Give him a piece of Styrofoam small enough to fit in the bottle to be the boat.
2. Help him fill his water bottle three fourths full of water. Put in some blue food coloring and screw the lid on securely. Shake the bottle until the food coloring mixes in with the water. Then open the bottle and drop the boat inside. Screw on the lid and tape it so it does not come loose.
3. Allow your child to shake the water bottle to create a "storm" just like the storm in the story. Then, allow the water to settle and watch the boat float to the top of the calm water.
4. Remind your child that Jesus was able to stop the storm because **Jesus has power over nature.**

ACTIVITY 2: MEMORY VERSE REVIEW – Psalm 139:14 – Musical Freeze

SUPPLIES: Memory verse song (on the Preschool Kids Kit page)

1. Explain that everyone is going to sing along with the song and move with the music however you tell them to move. (Examples: Swim like a fish, skip, dance, hop up and down, etc.)
2. Tell them that when you pause the song everyone needs to freeze and finish singing/saying the memory verse wherever the song left off.
3. After they finish the rest of the verse, give them a different animal to be and start playing the song wherever you left off.
4. Stop the song at various places and repeat the activity as many times as you want.