

ELEMENTARY ACTIVITY GUIDE

CHARACTER TRAIT: HUMILITY

FINISH LINE: Humility helps us depend on God daily

SCRIPTURE: Ephesians 6:10-18
(Armor of God)

ACTIVITY 1: MEMORY VERSE GAME

OPTIONAL SUPPLIES: dry erase board, mirror, dry erase marker, post it notes, memory verse cards from week one

DIRECTIONS: One of the pieces of the armor of God is the sword of the Spirit, the Word of God. Take time this week to sharpen your sword and practice the memory verse. Write out the entire verse someplace everyone can see it. You could use the cards you made week one, write out the verse on post it notes, or use a dry erase board or mirror. After you've written it out, say the verse all together. Then start removing words from the verse. After you've removed 1-2 words, say it again. Keep repeating until all the words are gone but you can still say the verse from memory!

MEMORY VERSE: "Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your own interests, but take an interest in others, too." PHILIPPIANS 2:3-4

ACTIVITY 2: LESSON REVIEW GAME

SUPPLIES: you will find random items to represent the armor of God during this activity

DIRECTIONS: Everyone will get to assemble their own version of the armor of God using whatever you can find where you are. You can choose to do this one piece of armor at a time OR have everyone assemble their entire suit of armor at once. Challenge everyone to find unique things for each piece of armor if possible. (Example: don't use an actual belt for the belt of truth. Use a tie or scarf.) You could also choose to time yourselves and see how quickly you can all assemble your armor. If you have younger kids, you may want to go with them to help them pick out different items for their armor.

- Belt of truth
- Breastplate of righteousness
- Shoes of peace
- Shield of faith
- Helmet of salvation
- Sword of the Spirit

WRAP UP: After everyone is suited up, review what each piece of armor stands for and remind each other that we need to depend on God, who will give us His true armor, every day. Close your time together doing what Ephesians 6:18 says to do: pray!