

ELEMENTARY DISCUSSION GUIDE

CHARACTER TRAIT:

HUMILITY

DEFINITION:

Living with the right understanding of who God is, who I am, and who you are

MEMORY VERSE:

"Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your own interests, but take an interest in others, too." **PHILIPPIANS 2:3-4**

FINISH LINE:

Humility helps us depend on God daily

READ: EPHESIANS 6:10-18

WHAT DOES IT SAY?

(OBSERVATION)

1. Paul ended his letter to the Ephesians by reminding them to humbly depend on God daily. What instructions did he give in verse 10? *(Be strong in the Lord and in His mighty power.)*
2. What did Paul tell them to do in verses 10 and 13? *(Put on God's armor) Why? (To resist the enemy)*
3. What are the parts of God's armor we are told to put on for defense? *(Belt of truth, body armor or breastplate of righteousness, shoes of peace, shield of faith, helmet of salvation)*
4. Look at verse 17. What is the one weapon God gives us? *(The sword of the Spirit, God's Word)*
5. Reread verse 18. What does Paul say to do that helps us live with humility and depend on God? *(Pray) When? (All the time!)*

WHAT DOES IT MEAN?

(INTERPRETATION)

1. How do you think the enemy fights us? *(He tempts us to sin. He tries to get us to believe lies so we have the wrong understanding of God, ourselves, and others. He is the opposite of humble.)*
2. Who is more powerful, God or the enemy? *(God is! God is all-powerful but the enemy is not.)* Are you all-powerful? *(Nope.)*

WHY DOES IT MATTER?

(APPLICATION)

1. What do you think could happen if we were prideful and tried to fight the enemy or do everything on our own?
2. How can the sword of the Spirit, God's Word, help us in our daily battle? *(It reminds us what is true when we are tempted to believe lies about ourselves or others. It reminds us who God is and why we can depend on Him every single day.)*
3. What are things you can do every day to "put on God's armor" this week and show that you daily depend on God instead of yourself? *(pray, read the Bible, talk about God and His promises with others, remember and share the gospel, etc.)*