

SPIRITUAL DISCIPLINES

Spiritual disciplines are activities that help us, with the Holy Spirit's help, grow closer to God. God has given us many different disciplines to practice. Here are four we can work on together this year.

SCRIPTURE MEMORY



"I have hidden your word in my heart, so I might not sin against you." Psalm 119:11

When we have God's Word memorized, He can use it in our lives even when we don't have our bibles with us. Challenge your family and friends to learn each month's memory verse with you!

PRAYER



"Don't worry about anything; instead pray about everything. Tell God what you need, and thank Him for all He has done." Philippians 4:6

You can talk to God anytime about anything! Be honest and take the time to listen to Him, too. Take time to pray and talk to God by yourself and also with your family and friends.

BIBLE STUDY



"Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do." Joshua 1:8

God's Word is full of amazing stories that teach us more about who He is. Read, ask questions, write down what you learn, and look for ways God can use His Word to change your life.

GIVING



"You must each decide in your heart how much to give. And don't give reluctantly or in response to pressure. For God loves a person who gives cheerfully." 2 Corinthians 9:7

Look for the opportunities God will put in your path where you can share the time, talents, and treasures that the Lord has given you with others.