

PRESCHOOL ACTIVITY GUIDE

TODAY'S STORY: Sermon on the Mount (Matthew 6:19-34)

TEACHING TRUTH: God's people do not need to worry

ACTIVITY 1: STORY REVIEW – Birds and Flowers

SUPPLIES: None

1. Take your kids outside into the yard or walk to a nearby park.
2. Have them explore and encourage them to point out the flowers and the birds that they see.
3. Talk about how these flowers and birds are examples of what Jesus talked about with the people in our Bible story. Just as these birds and flowers do not worry because God takes care of them, we do not need to worry, either. We can trust God to care for us, just like He cares for the birds and flowers we see.
4. Pray together, thanking God that we do not need to worry because we know He will take care of us.

ACTIVITY 2: TEACHING TRUTH REVIEW – God's people do not need to worry

SUPPLIES: Drawstring bag, rocks

1. Take a drawstring bag and have your kid put it on his back.
2. Holding up a rock, ask him, "What are some things that you worry about?" As he shares, add those "worries" (rocks) inside the drawstring bag. Make sure it is not so many that the bag is too heavy for him to carry.
3. Ask him as he holds the bag of rocks, "How do you feel carrying all that worry? Is it heavy? Is it hard to move?"
4. Talk about how worries tend to weigh us down and keep us from being who God created us to be and from doing what God wants us to do. Remind him that we can trust God to take care of all of our worries.
5. Pray with your kid and encourage him to give all his worries to God. As you pray, remove the rocks from the drawstring bag.

ACTIVITY 3: MEMORY VERSE REVIEW – Matthew 22:37 & 39 – Rockstar

SUPPLIES: Memory verse song (on the Preschool Kids Kit page), something you can use as a microphone

1. Sit in a circle on the floor.
2. Give one person a fake microphone (spatula, hairbrush, ice cream scoop - be creative!)
3. Play the memory verse song and have the entire group sing along with the song. Whoever has the "microphone" gets to stand up in the center of the circle and be the Rockstar.
4. When the song is over, pass the microphone along to the next person.
5. Repeat until everyone has had a chance to be the Rock Star.