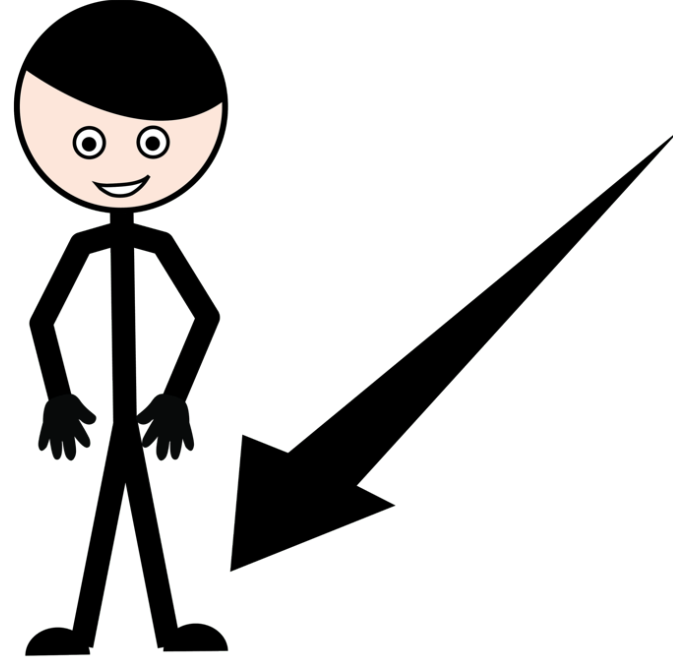
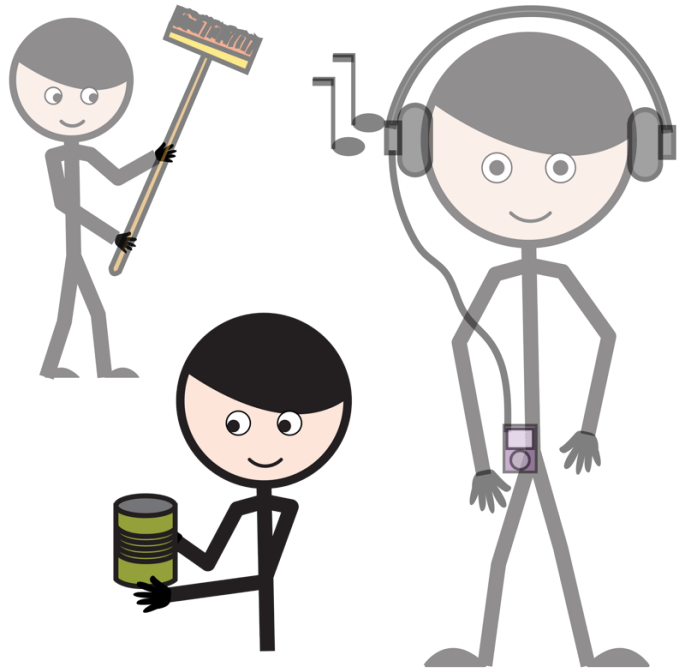
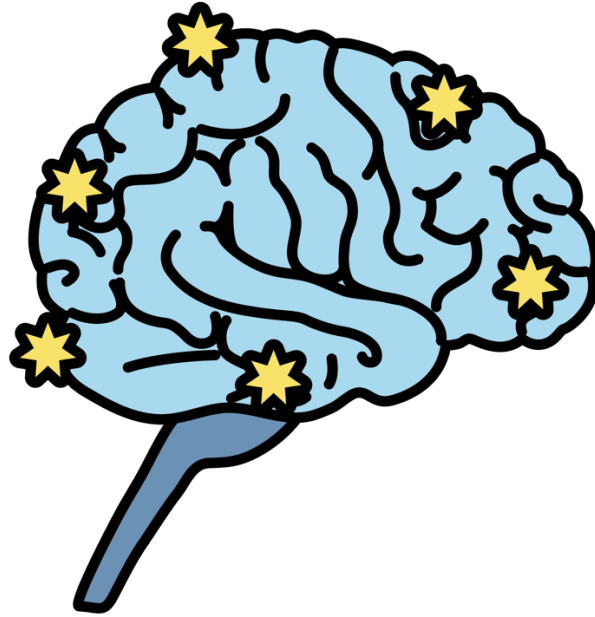


Spiritual Disciplines



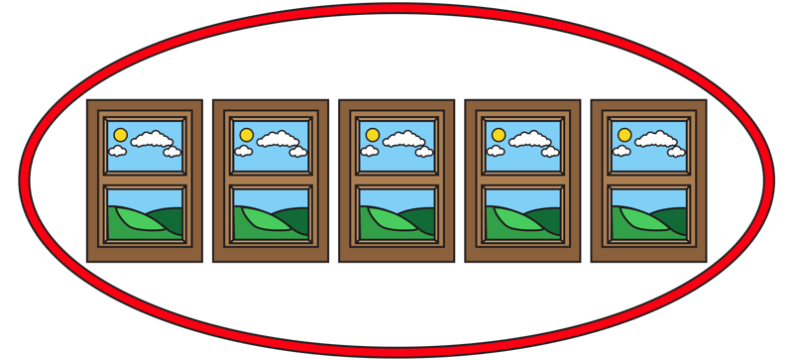
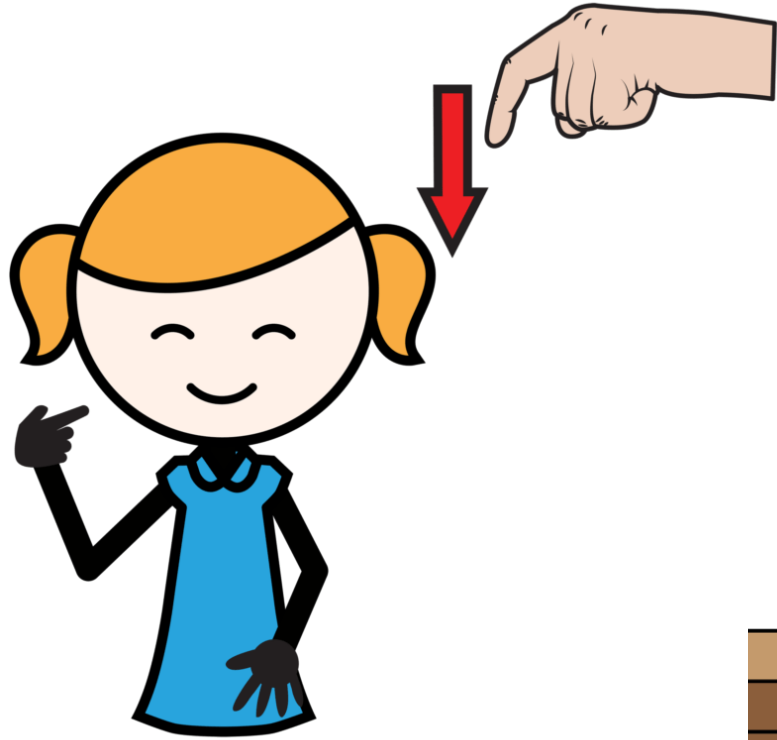
**Spiritual disciplines are activities that help us
grow closer to God.**



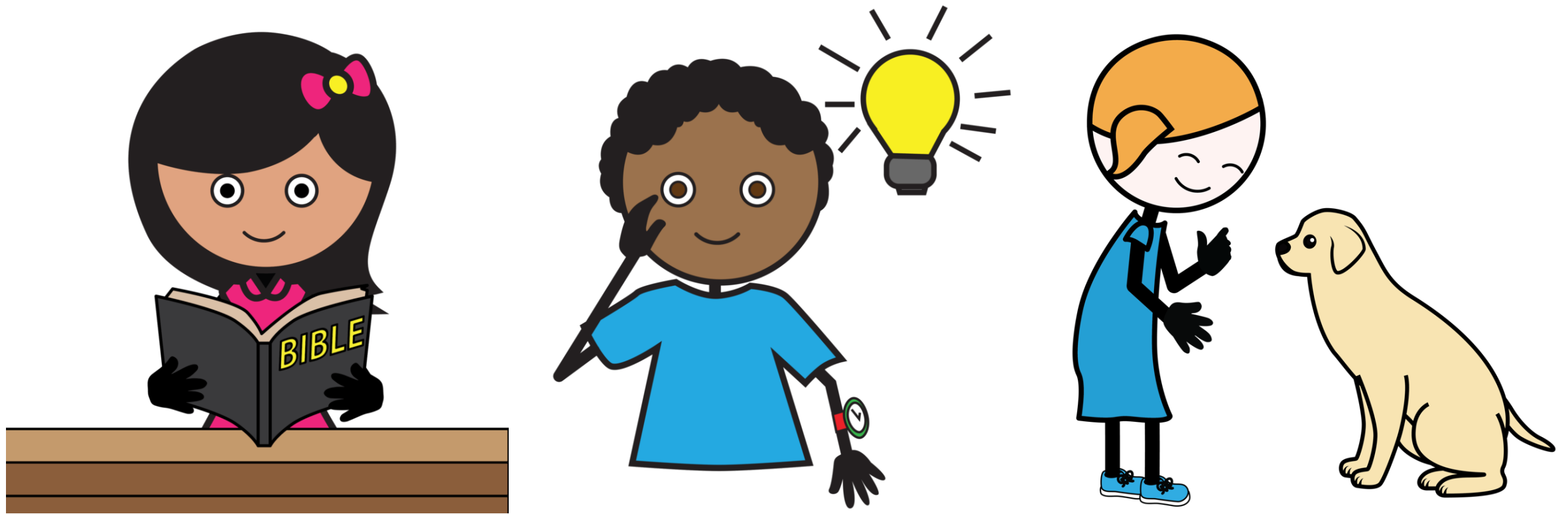
**We can know what God wants us to do
by memorizing His Word.**



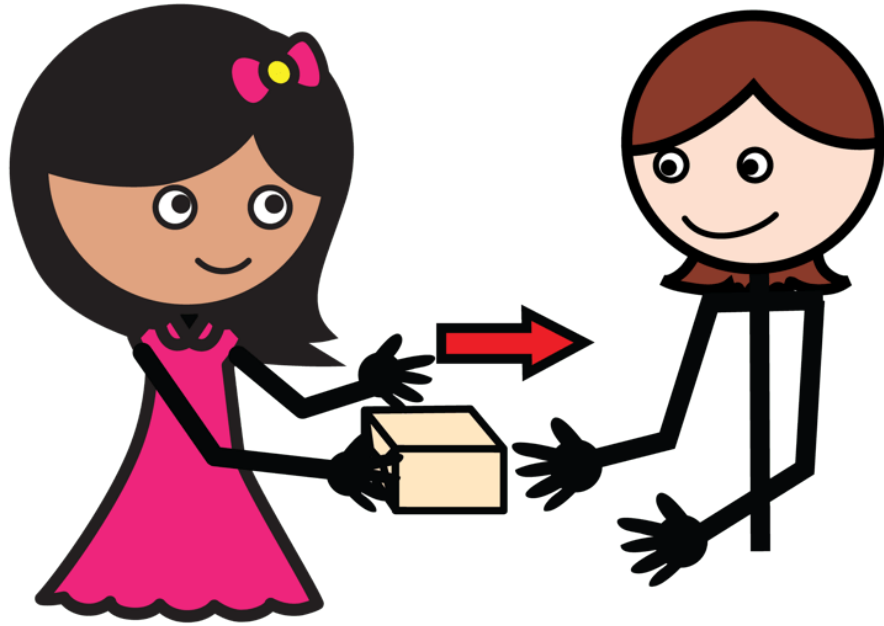
We put God's Word in our hearts so God can help us say no to sin.



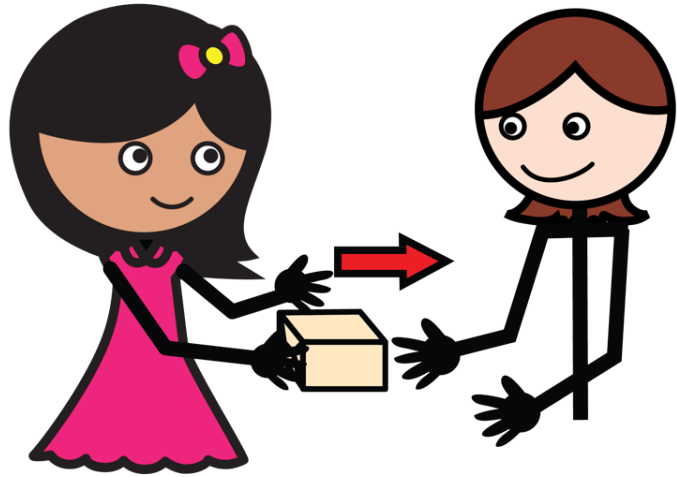
We can read God's Word every day.



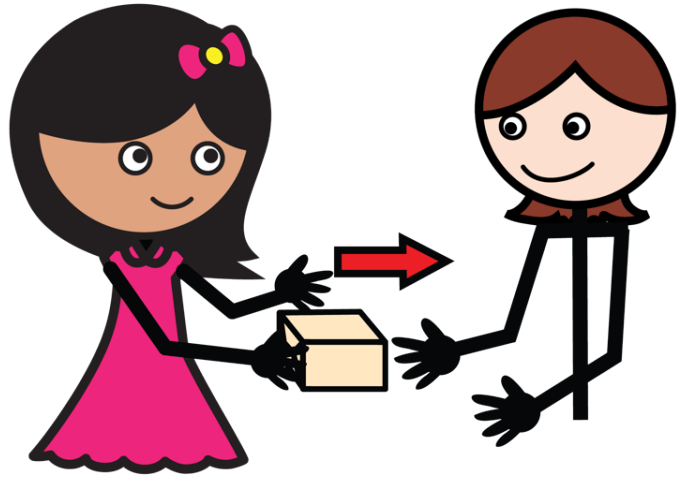
Reading God's Word helps us know God and obey Him.



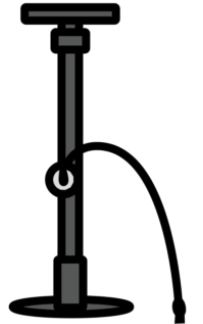
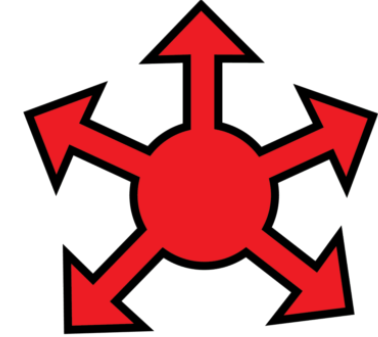
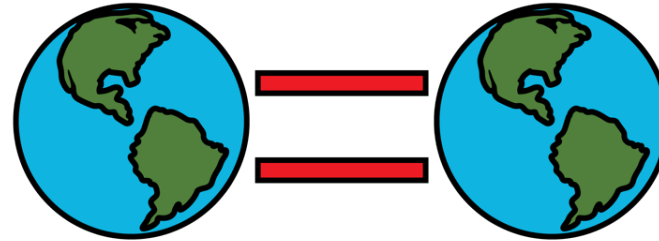
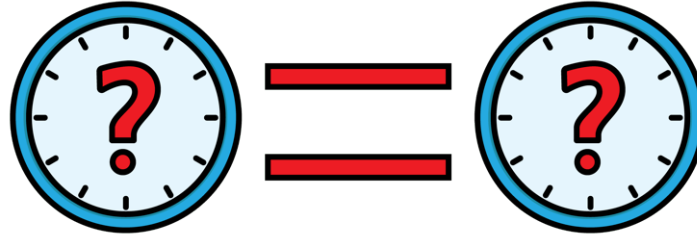
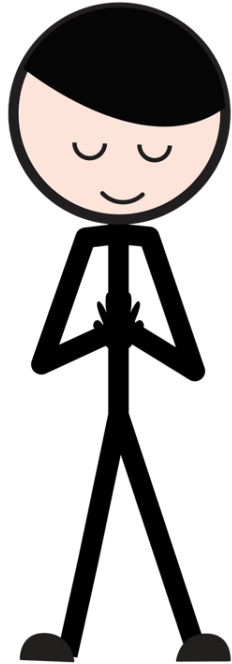
We can give to God and to others.



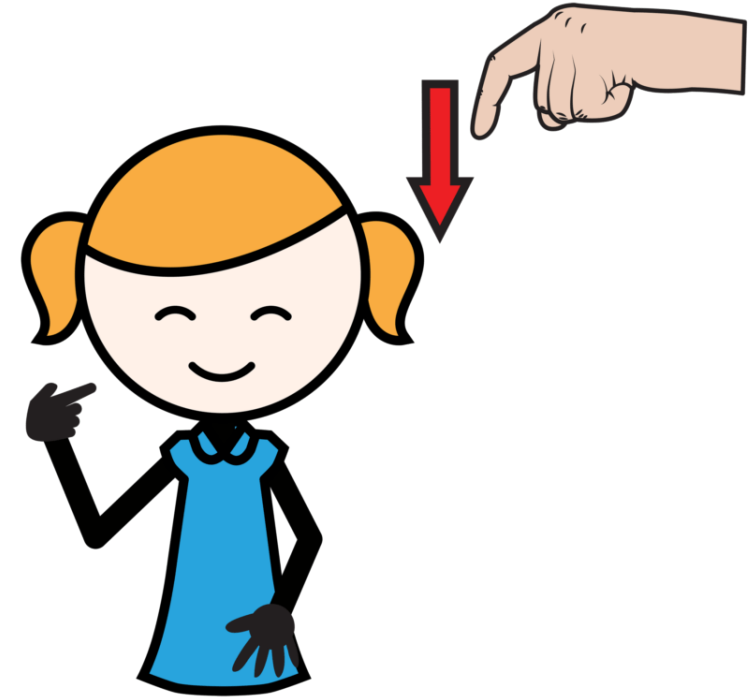
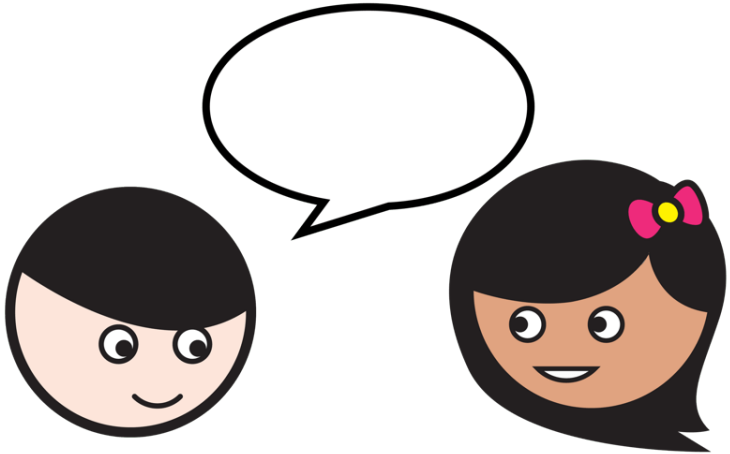
We can give to God and others by sharing what we have.



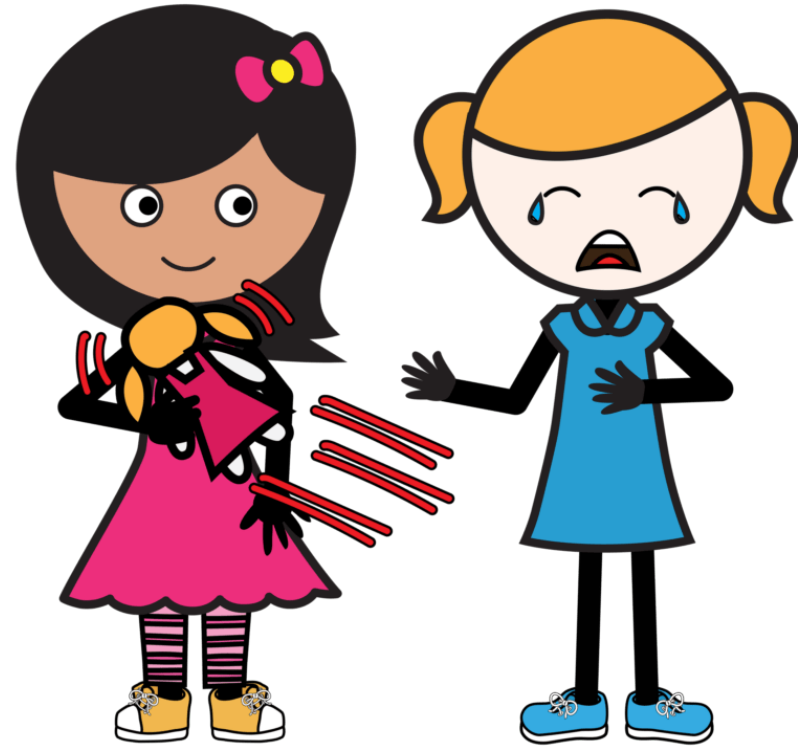
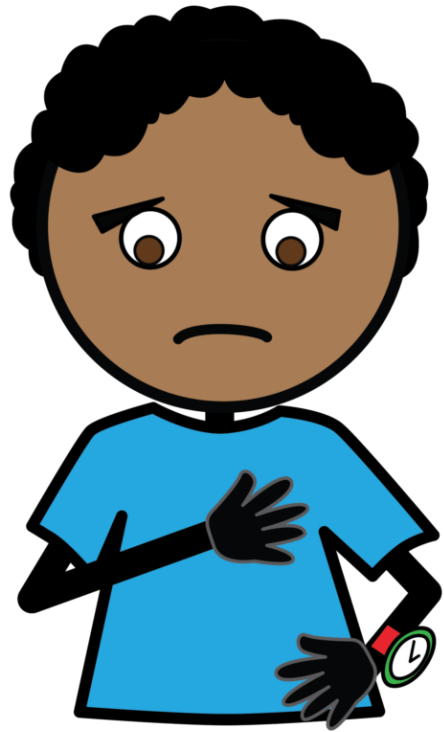
We can give to God and others by sharing our talents.



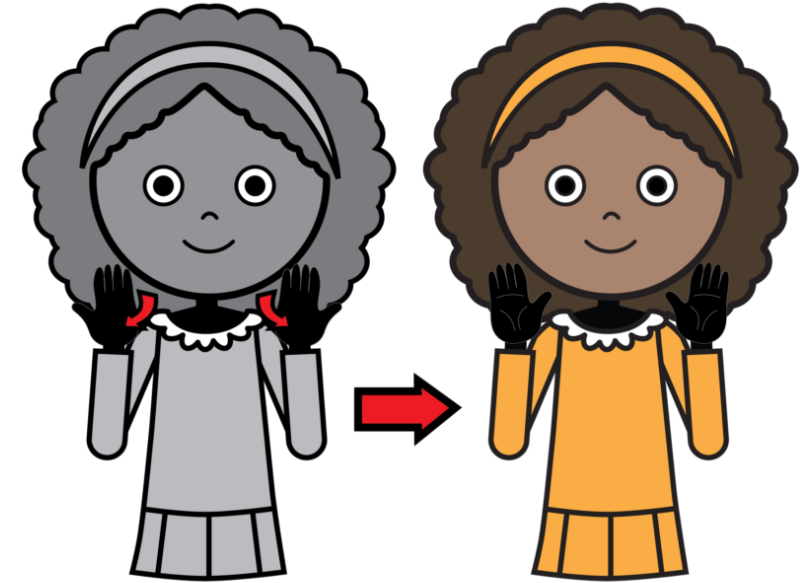
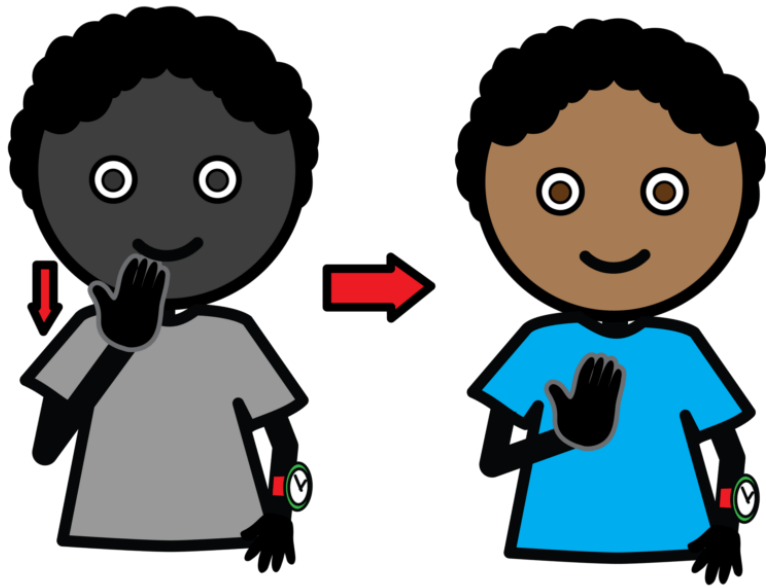
**We can pray and talk to God
anytime, anywhere, about anything!**



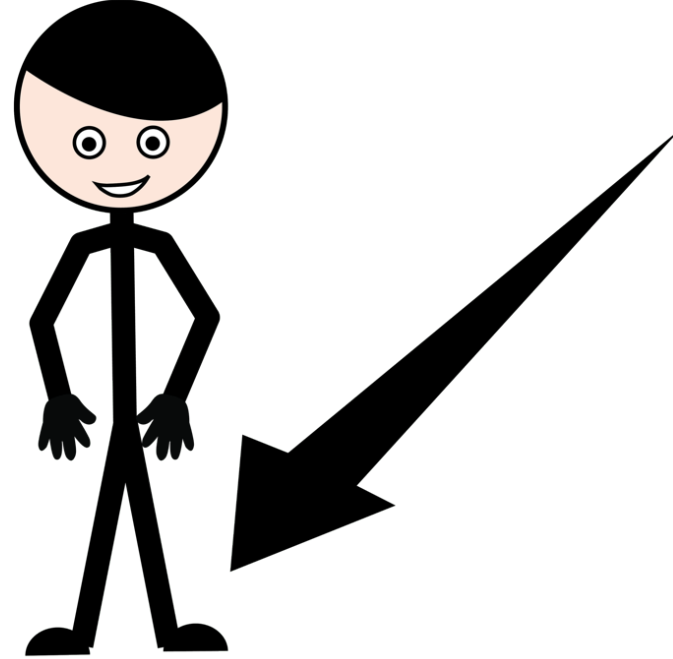
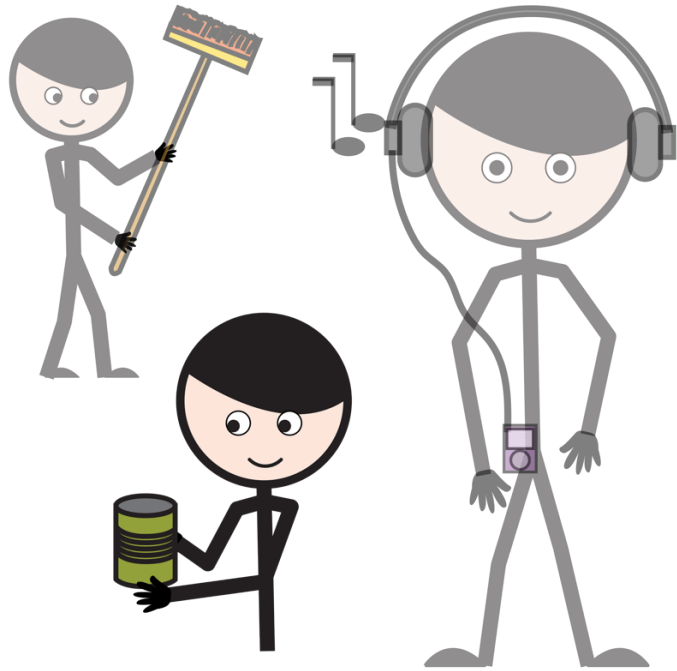
We can tell God what we need.



We can say sorry for bad things we have done.



We thank God for everything He has done for us.



Spiritual disciplines are activities that help us grow closer to God.