



Building a set together

Have fun, building a set with instructions.

Skills we will be engaging

SOCIAL — Describing, talking, listening.

EMOTIONAL — Feeling calm, having fun.

COGNITIVE — Following instructions.

CREATIVE — Imaginative play, new problem solving.

PHYSICAL — Connecting bricks.

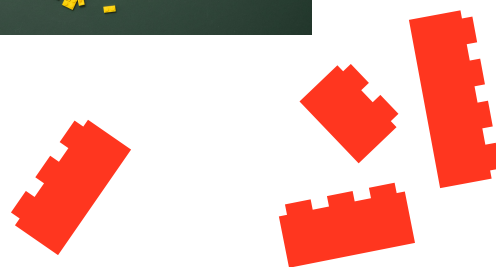
You will need

- A complete LEGO® set, including the instructions.
- A tray or box to put the pieces on to keep them all together.



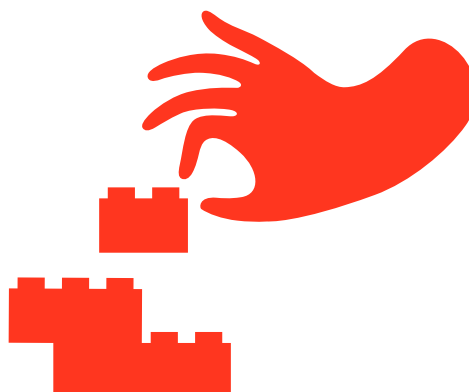
Getting ready

- Aim for a time of the day that works for your family.
- Read the activity beforehand and get the materials ready.
- Feel free to adapt the activity to meet individual needs (e.g. avoid disliked colours or use a soft surface to reduce brick noise)
- Have a snack and a drink, a movement break and a quick trip to the toilet.



How to play

- 01 Make sure you **both see the instructions**.
- 02 Let your child start building, **watch** what they are doing, and **join in** if they are happy for you to.



PLAY
INCLUDED

Ideas to help you join in



Sit together

Talk to them about what they are building.



Praise effort

"Wow, you kept trying with that fiddly piece!"



Watch & comment

"Now you're on step 5"
"That minifigure looks really cool!"



Both build your own set

Build alongside your child and talk as you build.



Offering help

Offer your help to find bricks they need.



Build together

Work together on the same model, taking turns.



Go with the flow

If the activity doesn't go exactly to plan, or you do things differently to the way they are described in the instructions, then that's ok. Go with the flow, follow your child's lead and have fun!

Hints & tips

- **Choose a small set** that your child can finish in the time available.
- **Let your child choose** a set they get excited about building.
- **Talk about the model;** what can it do, what special features does it have, which bit do you like the best?
- If you run out of time, **make a note** of what step you got to and keep the model somewhere safe. Plan a time to finish it together.

Including others



- Take turns to find the pieces for each step or build.
- The children could both build their own models, and show them to each other at the end, and play together with them.

After you've finished

- **Play** with what you have made.
- **Celebrate!** Tell your child how much you enjoyed it, *"I loved building with you."*
- Tell your child **what you like** about the model, *"The wheels are so cool!"*
- **Ask your child** what they like about the model.
- **Show the model** to someone else.
- Find somewhere to **display** the model or keep it safe.
- **Share** your creations using the hashtag *#playincluded.*



Signs of Success

Check-in with your child and see if they are having fun, you know your child best, and you'll recognise what fun looks like for them. Remember it's about everyone feeling happy and relaxed.