



# 30 Bricks

Being creative and making something using limited resources.

## Skills we will be engaging

- SOCIAL - Talking, listening, asking for help.
- EMOTIONAL - Happy, calm, resilience.
- COGNITIVE - Problem solving with limited resources.
- CREATIVE - Using bricks in new ways.
- PHYSICAL- Connecting bricks.

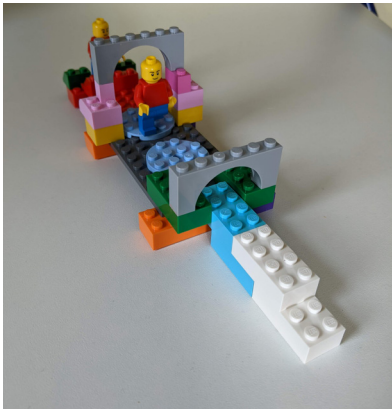
## You will need

- A lot of bricks, in many different shapes, colours, sizes and functions.
- Minifigures and a baseplate to build on, if available.

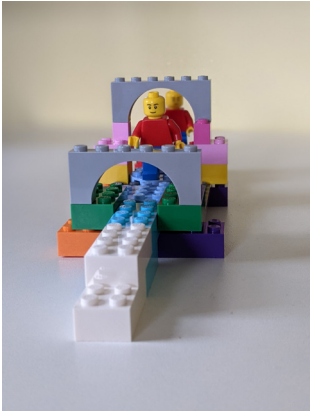


## Getting ready

- Aim for a time of the day that works for your family.
- Read the activity beforehand and get the materials ready.
- Feel free to adapt the activity to meet individual needs (e.g. avoid disliked colours or use a soft surface to reduce brick noise)
- Have a snack and a drink, a movement break and a quick trip to the toilet.

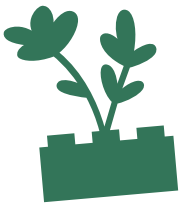


"It's an obstacle course for minifigures!"



## How to play

- Help your **child choose 30 different bricks** to build with.
- Use a **flat surface** or baseplate to build on.
- Ask your child **“what can you build just using these bricks?”**
- Let your **child start to play** with the bricks and see what develops.
- Watch what they are doing and join in if they are happy for you to do so.
- Ask your child to tell you about the build when they have finished.



# Ideas to help you join in



## Sit together

Talk to them about what they are building.



## Praise effort

*"What a great build only using a few bricks!"*



## Watch & comment

*"You choose some bricks for me to try to build with?"*



## Both build your own model

Build alongside your child and talk as you build.



## Offering help

Offer to help find bricks they need.



## Build together

Work together on the same model.



## Go with the flow

If the activity doesn't go exactly to plan, or you do things differently to the way they are described in the instructions, then that's ok. Go with the flow, follow your child's lead and have fun!

## Hints & tips

- **Let your child decide** what to build.
- Use **less bricks**.
- Start **building with your own set** of 30 bricks and see if it helps your child to start their build.
- On **pieces of paper** draw some pictures or write some words of their favourite things. Ask your child to choose one and then build.
- Only **use 1 colour** or type of brick to build with.
- **Pick a letter in the alphabet** and build something beginning with that letter.
- See **how fast** you can build the model.

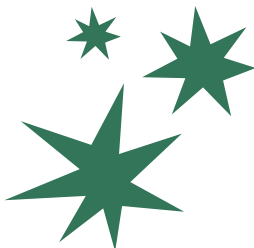
## After you've finished

- **Play** together with what you have built!
- **Celebrate** what you have made!
- Tell your child **how much you enjoyed it**, *"I loved building with you."*
- **Talk together** about your model. *"I really like the house we made! My favourite bit was using lots of colours for the walls! What bit did you like best?"*
- **Show your model** to someone else.
- Find somewhere to **display** the model or keep it safe
- **Share** your creations using the hashtag *#playincluded*.

## Including others



- Let your child choose some bricks for you to build something with.
- Add more players; each with their own set of 30 bricks.



## Signs of Success

Check-in with your child and see if they are having fun, you know your child best, and you'll recognise what fun looks like for them. Remember it's about everyone feeling happy and relaxed.