<u> ተ</u>

Team tower

Having fun building and taking turns.

Skills we will be engaging

SOCIAL - Sharing, turn taking, laughing together.
EMOTIONAL - Excitement, anticipation, resilience.
COGNITIVE - Iterative building, measuring.
CREATIVE - Using bricks in different ways.
PHYSICAL- Movement, pushing the tower over.

Getting ready

- Aim for a time of the day that works for your family.
- Read the activity beforehand and get the materials ready.
- Feel free to adapt the activity to meet individual needs (e.g. avoid disliked colours or use a soft surface to reduce brick noise)
- Have a snack and a drink, a movement break and a quick trip to the toilet.

You will need

- A Baseplate or flat surface.
- As many bricks as you like.
- Something to measure the height of the tower; measuring tape, a chair or YOU!







How to play

- 01 Place a shared pile of bricks on a flat surface.
- 02 Explain "Let's take turns adding bricks to build a tower."
- 03 Ask your child "You choose a brick to start our tower."
- 04 You then say "now it's my turn to choose a brick."
- 05 **Keeping going** for as long as your child wants to or until you run out of bricks!
- 06 If it falls over, "that's okay, how can we make it stronger?"
- 07 When you have finished measure how tall the tower is.
- 08 Take a photo or **show** your tower to someone else.
- 09 **Make a noise!** Let your child knock the tower over and build again!





"Wow! Look how tall the tower is. Shall we measure it?"

Talk & play

- Take a few moments to watch what your child is doing. Notice and comment on what is happening.
- You might like to ask your child some questions while you play.



Go with the flow

If the activity doesn't go exactly to plan, or you do things differently to the way they are described in the instructions, then that's ok. Go with the flow, follow your child's lead and have fun!

Adapt the activity

Make it easier

- Use a single colour or size of brick.
- Start with just 4 or 5 bricks.

Including others

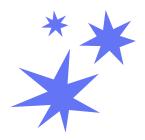


- Build in teams Adults vs Kids. The adults can only build with one hand.
- Add in more players and take it in turns to add bricks.

Let's do a challenge

- Count how many bricks high you have built.
- Start your build with the biggest/longest bricks you have and gradually add smaller and smaller bricks.
- Build the tower using bricks end on end instead of stacking the usual way.
- How high can you build in 10 minutes?
- Only use one hand to build with.





Signs of Success

Check-in with your child and see if they are having fun, you know your child best, and you'll recognise what fun looks like for them. Remember it's about everyone feeling happy and relaxed.

